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ESTADUAL DE LONDRINA

TIAGO HENRIQUE ZANINELLI

**EXPLORANDO A TERAPÊUTICA DA RESOLUÇÃO DO
PROCESSO INFLAMATÓRIO NA ARTRITE GOTOSA:
EFEITO ANALGÉSICO DA RESOLVINA D1, UM MEDIADOR
LIPÍDICO PRÓ-RESOLUÇÃO, E DO TPPU, UM INIBIDOR DE
EPÓXIDO-HIDROLASE SOLÚVEL EM CAMUNDONGOS**

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Tese de doutorado apresentada ao programa de pós-graduação em Patologia Experimental da Universidade Estadual de Londrina, como requisito parcial à obtenção do título de Doutor em Patologia Experimental.

Orientador: Prof. Dr. Waldiceu Aparecido Verri Junior

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Londrina, 28 de novembro de 2022.

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Epígrafe

"A ciência é mais que um corpo de conhecimento, é uma forma de pensar, uma forma cética de interrogar o universo, com pleno conhecimento da falibilidade humana."

Carl Sagan, Entrevista de lançamento do livro O Mundo Assombrado pelos Demônios, 1996

ZANINELLI, Tiago Henrique. **EXPLORANDO A TERAPÊUTICA DA RESOLUÇÃO DO PROCESSO INFLAMATÓRIO NA ARTRITE GOTOSA: EFEITO ANALGÉSICO DA RESOLVINA D1, UM MEDIADOR LIPÍDICO PRÓ-RESOLUÇÃO, E DO TPPU, UM INIBIDOR DE EPÓXIDO-HIDROLASE SOLÚVEL EM CAMUNDONGOS.** 2022. 314 páginas. Tese de doutorado (Patologia Experimental) – Universidade Estadual de Londrina, Londrina, 2022.

RESUMO

A resolução da inflamação é um processo ativo e altamente regulado por mediadores lipídicos pró-resolução (SPMs). SPMs são lipídeos derivados dos ácidos graxos ômega-3 ou ômega-6, os quais são divididos em quatro principais famílias “lipoxinas, resolvinas, maresinas e protectinas”. Na presente tese, inicialmente buscamos estabelecer uma relação dos níveis de SPMs e as características clínicas de doenças reumáticas. Por meio de um artigo de revisão discutimos a relação entre os níveis endógenos de SPMs e os sinais e sintomas de doenças reumáticas intermitentes, como a artrite reumatoide e gotosa. Baixos níveis de SPMs estão relacionados com uma percepção elevada da dor, por exemplo. Ademais elencamos os estudos pré-clínicos demonstrando os efeitos farmacológicos dos SPMs, e a importância dos SPMs para o monitoramento da eficácia de drogas modificadoras de doenças (DMARDs) que são potentes aliadas no tratamento e controle da progressão de doenças reumáticas. Por fim, vislumbramos quatro possíveis abordagens terapêuticas utilizando SPMs para o tratamento de artrites. Nos demais trabalhos investigamos os efeitos da Resolvina D1 (RvD1) e do inibidor de epóxido-hidrolase solúvel (sEH), TPPU, em um modelo de artrite gotosa induzido por cristais de urato monossódico (MSU, estímulo intra-articular no joelho) em camundongos Swiss. A gota afeta aproximadamente 10% da população mundial e é caracterizada por ataques agudos intercalados por fases assintomáticas. Dor articular excruciante, recrutamento de leucócitos e edema são os principais sintomas, e os mais desafiadores no tratamento. As terapias disponíveis para o tratamento da gota comumente oferecem efeitos colaterais severos, alto custo, e eficácia analgésica limitada em muitos pacientes. Portanto além de contribuir na investigação dos efeitos e mecanismos de ação de novos fármacos para modulação dos sinais e sintomas, baseados na literatura atualizamos os mecanismos patofisiológicos da artrite gotosa, assim como as novas perspectivas para o tratamento dessa doença em uma segunda revisão. Em nosso segundo artigo pautamos a discussão na lacuna existente entre uma vasta quantidade de dados pré-clínicos e a medicina translacional, além de revisamos os efeitos benéficos de produtos naturais, drogas com múltiplos alvos e os SPMs como perspectivas futuras no controle da doença. Os dois artigos de revisão reiteram que o papel dos SPMs para doenças reumáticas e a necessidade no desenvolvimento de novas terapias. Portanto para o terceiro artigo, os camundongos foram tratados com RvD1 em dois protocolos experimentais, utilizando duas vias de administração (intraperitoneal [i.p.] e intratecal [i.t.]). A dose e o tempo de pré-tratamento foram selecionados baseado nos dados de redução da hiperalgesia mecânica (versão

eletrônica dos filamentos do von Frey) e edema articular (paquímetro). O efeito analgésico da dose de 3 ng (72 horas antes do estímulo) foram confirmados pela distribuição do peso das patas traseiras do animal (ensaio com o *Static weight bearing*), um método não reflexivo de análise de dor. Dessa forma, a dose de 3 ng e pré-tratamento de 72 horas foram selecionados para os próximos experimentos. Tratamentos com RvD1 local (i.t.) ou sistêmico (i.p.) reduziram o recrutamento de leucócitos (contagem no lavado articular) e os níveis de IL-1 β no tecido articular por ELISA. Em cultura de macrófagos derivados da medula óssea, o tratamento *in vitro* com RvD1 reduziu a fosforilação e translocação do fator de transcrição NF- κ B para o núcleo, diminuiu a expressão da molécula adaptadora ASC e a maturação da citocina pró-inflamatória IL-1 β avaliados por imunofluorescência e ELISA, respectivamente. Estes resultados demonstram que a RvD1 bloqueia a ativação de macrófagos, que são células chave na fisiopatologia da doença. Além disso, nós demonstramos que o tratamento i.t. com RvD1 reduz a expressão de mRNA para canais iônicos (Trpv1 e Nav1.8) e neuropeptídeos (substância P e Cgrp) no gânglio da raiz dorsal (DRG) através do RT-qPCR. RvD1 também reduz a ativação de neurônios peptidérgicos (CGRP+) no DRG, e bloqueia a liberação de CGRP *in vitro* (determinado por EIA, em cultura de neurônios do DRG) e *in vivo* (por imunofluorescência). Por fim, nós também demonstramos que o CGRP aumenta a fagocitose de cristais de MSU por macrófagos, e conseqüente aumenta os níveis de IL-1 β maturada, fenômenos que são reduzidos com o tratamento com RvD1. Portanto, neste estudo, além de demonstrar o importante efeito farmacológico da RvD1, nós também revelamos um mecanismo neuroimune nunca estudado na artrite gotosa. Em conclusão, nossos achados sugerem que RvD1 é um forte candidato para o controle da dor e inflamação na artrite gotosa, e que a comunicação entre nociceptor e células imunes são também alvo para abordagens terapêuticas. Para o quarto artigo nos propusemos a investigar os efeitos farmacológicos do inibidor de epóxido-hidrolase solúvel (sEH), TPPU, no mesmo modelo experimental. Durante o metabolismo do ácido araquidônico, via citocromo P450, são originados os ácidos epoxieicosatrienoicos (EETs) que exercem atividade protetiva e são moléculas precursoras na geração de SPMs, como a lipoxina A4, por exemplo. Embora esses mediadores apresentem atividades biológicas protetivas eles são rapidamente metabolizados em compostos não ativos através da ação de epóxi hidrolases solúveis (sEH). Portanto, utilizando o tratamento com TPPU, é possível avaliar indiretamente os efeitos endógenos dos EETs na dor induzida por cristais de MSU. Neste estudo demonstramos que o tratamento com TPPU reduz a hiperalgesia mecânica (versão eletrônica dos filamentos do von Frey) e térmica (placa quente e Hargreaves), edema (paquímetro), e restabelece as mudanças na distribuição de peso nos membros traseiros (ensaio com o *Static weight bearing*), indicando que o TPPU reduz a dor e inflamação na artrite gotosa. Em conclusão, neste trabalho demonstramos o papel analgésico de duas moléculas explorando a resolução do processo inflamatório. Além disso, desvendamos um eixo de comunicação neuroimune na artrite gotosa, contribuindo na compreensão de novos mecanismos fisiopatológicos e novos alvos terapêuticos.

Palavras-chave: RvD1, interação neuroimune, CGRP, TPPU, IL-1 β , specialized pro-resolving mediators (SPMs), ácido epóxi-eicosatrienóico (EETs).

ZANINELLI, Tiago Henrique. **EXPLORING THE THERAPEUTIC OF RESOLUTION OF THE INFLAMMATORY PROCESS IN GUTY ARTHRITIS: ANALGESTIC EFFECT OF RESOLVIN D1, A SPECIALIZED PRO-RESOLVING MEDIATOR, AND OF TPPU, A SOLUBLE EPOXIDE HYDROLASE INHIBITOR IN MICE.** 2022. 314pages. Doctoral thesis (Experimental Pathology) – Londrina State University, Londrina, 2022

ABSTRACT

Inflammation resolution is an active and highly regulated process orchestrated by specialized pro-resolving mediators (SPMs). SPMs are lipid mediators derived from omega-3 or omega-6 fatty acids, which are divided into four major families: lipoxins, resolvins, maresins, and protectins. In the present thesis, at first, we seek to establish the relationship between the levels of SPMs and the clinical characteristics of rheumatic diseases. Through a review article, we discussed the relationship between endogenous levels of SPMs and the signs and symptoms of intermittent rheumatic diseases, such as rheumatoid and gouty arthritis. Low levels of SPMs are related to a increased perception of pain, for example. Another objective of this review was to list pre-clinical studies demonstrating the pharmacological effects of SPMs, in addition to addressing the importance of those mediators for monitoring the effectiveness of disease-modifying drugs (DMARDs) that are potent allies in the treatment and control of the progression of rheumatic disease. For this review article, we envision four possible therapeutic approaches using SPMs for the treatment of arthritis. For our next studies we focus to investigate the effects of Resolvin D1 (RvD1) and the soluble epoxide hydrolase (sEH) inhibitor, TPPU, in a model of monosodium urate crystals (MSU)-induced gouty arthritis (intra-articular stimulus in the knee) in swiss mice. Gout affects approximately 10% of the world's population and is characterized by acute attacks (gout flares) interspersed with asymptomatic phases. Excruciating joint pain and swelling are the main symptoms, and the most challenging to treat. The therapies available for the treatment of gout commonly offer severe side effects, high cost, and limited analgesic efficacy for many patients. Therefore, in addition to contributing to the investigation of effects and mechanisms of action of new, based on the literature, we update the pathophysiological mechanisms of gouty arthritis, as well as discussed future perspectives for the treatment of this disease in a second review. In our second study, we focus the discussion on the existing gap between a vast amount of preclinical data and translational medicine, in addition to reviewing the beneficial effects of natural products, multi-targeted drugs and SPMs in disease control. This two review articles reiterate the role of SPMs for rheumatic diseases and the need in the development of new therapies. So for the third article, mice were treated with RvD1 in two experimental protocols, using two routes of administration (intraperitoneal [i.p.] and intrathecal [i.t.]). The pretreatment dose and time were selected based on data on mechanical hyperalgesia (electronic version of von Frey filaments) and joint edema (caliper rule). The analgesic effect of the 3 ng dose (72 hours before MSU stimulus) was confirmed by changes in rear member weight distribution (determined by Static weight bearing assay), a non-reflective method of pain analysis. Therefore, the dose of 3 ng and the pretreatment of 72 hours were selected for the next experiments. Treatments with local (i.t.) or systemic (i.p.) RvD1 reduced leukocyte recruitment (joint lavage count) and IL-1 β levels in joint tissue by ELISA. In cultured bone marrow-derived macrophages, *in vitro* treatment with RvD1 reduced the phosphorylation and translocation of the

transcription factor NF- κ B to the nucleus, decreased the expression of the ASC adapter molecule and the maturation of the pro-inflammatory cytokine IL-1 β assessed by immunofluorescence and ELISA, respectively. These results demonstrate that RvD1 blocks the activation of macrophages, which are key cells in the pathophysiology of the disease. Furthermore, we demonstrate that the i.t. treatment with RvD1 reduces mRNA expression for ion channels (Trpv1 and Nav1.8) and neuropeptides (substance P and Cgrp) in the dorsal root ganglion (DRG) analysed by. RvD1 also reduces the activation of peptidergic neurons (CGRP+) in the DRG, and blocks the release of CGRP *in vitro* (determined by EIA, in DRG neuron culture) and *in vivo* (by immunofluorescence). Finally, we also demonstrated that CGRP increases the phagocytosis of MSU crystals by macrophages, and consequently increases the levels of matured IL-1 β , phenomena that are reduced by RvD1. Therefore, in this study, in addition to demonstrating the important pharmacological effect of RvD1, we also unveiled an hitherto unknown neuroimmune mechanism in gouty arthritis. In conclusion, our findings suggest that RvD1 is a strong candidate for the control of pain and inflammation in gouty arthritis, and that communication between nociceptor and immune cells are also targeted with this therapeutic approach. For the third article we aimed to investigate the pharmacological effects of the soluble epoxide hydrolase inhibitor (sEHi), TPPU, in the same experimental model. During the metabolism of arachidonic acid, via cytochrome P450, epoxyeicosatrienoic acids (EETs) are originated, which exert protective effects and are precursor molecules in the generation of SPMs, such as lipoxin A4, for example. Although these mediators have protective biological activities, they are rapidly metabolized into non-active compounds through the action of soluble epoxy hydrolases (sEH). Therefore, using TPPU treatment, it is possible to indirectly assess the endogenous effects of EETs in MSU-induced pain i. In this study we demonstrate that TPPU treatment reduces mechanical (electronic version of von Frey filaments) and thermal (hot plate and Hargreaves) hyperalgesia, edema (caliper), and restores changes in rear member weight distribution (Static weight bearing assay), indicating that TPPU reduces pain and inflammation in gouty arthritis. In conclusion, in this work we demonstrate the analgesic role of two molecules exploring the therapeutics of the resolution of the inflammatory process. In addition, we also unravel a neuroimmune communication axis in gouty arthritis, contributing to the understanding of new pathophysiological mechanisms of the disease and establishing new therapeutic targets.

Keywords: RvD1, neuroimmune interaction, CGRP, TPPU, IL-1 β , specialized pro-resolving mediators (SPMs), epoxy-eicosatrienoic acid (EETs).

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LISTA DE ABREVIATURAS E SIGLAS

AIES	Anti-inflamatório esteroidal
AINES	Anti-inflamatório não esteroidal
AKT	Proteína kinase B
ALX/FPR2	Receptor de peptídeo formilado 2
ASC	Proteína adaptadora de CARD
ATP	Adenosina trifosfato
BMDM	Macrófagos derivados da medula óssea
CFA	Adjuvante completo de Freund
CGRP	Peptídeo relacionado ao gene da calcitonina
CXCL1	Ligante CXC 1
CXCL2	Ligante CXC 2
CXCR2	Receptor de quimiocina CXC 2
DAMP	Padrão molecular associado ao dano
DHA	Ácido docosahexaenoico
EPA	Ácido eicosapentaenoico
ERO	Espécie reativa de oxigênio
FFA	Ácido graxo livre de cadeia longa
fMLP	Peptídeo formilado
FoxO3a	Proteína Forkhead box O3
GM-CSF	Fator estimulador de colônias de granulócitos e macrófagos
GPR32	Receptor associado a proteína G 32
ICAM-1	Molécula de adesão intercelular-1
I κ B α	Inibidor de NF- κ B alpha
IL	Interleucina
INF- γ	Interferon-gamma
LPS	Lipopolissacarídeo
LTB ₄	Leucotrieno B ₄
SPM	Mediador lipídico pró-resolução
mRNA	RNA mensageiro
MSU	Urato monossódico
Nav1.8	Canal iônico voltagem dependente de sódio
Nek7	Kinase 7 relacionada a NIMA

NET	Armadilhas extracelulares de neutrófilos
NF-κB	Fator nuclear kappa B
NLR	Receptor semelhante a NOD
NLRP3	NLR família pyrin domínio contendo 3
PAMP	Padrões moleculares associados a patógenos
PGE ₂	Prostaglandina E ₂
PI3K	Fosfatidilinositol Kinase-3
PKA	Proteína kinase A
PKC	Proteína kinase C
PPAR-γ	Receptor ativado por proliferador de peroxisoma-gamma
PRR	Receptores de reconhecimento de padrão
RLR	Receptor semelhante a Rig
RvD1	Resolvina D1
TLR	Receptor semelhante a Toll
TNF-α	Fator de necrose tumoral-alpha
TRPA1	Receptor de Potencial Transitório Subfamília A, membro 1
TRPV1	Receptor de Potencial Transitório Subfamília V, membro 1
TRPV3	Receptor de Potencial Transitório Subfamília V, membro 3
TRPV4	Receptor de Potencial Transitório Subfamília V, membro 4

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1 INTRODUÇÃO

O processo inflamatório está presente ativamente em nosso cotidiano, desde um simples corte com papel, uma espinha, em resposta a um alérgeno, ou no processo fisiopatológico de inúmeras doenças. Mediadores lipídicos, quimiocinas, citocinas, e células imunes orquestram o processo culminando no aparecimento de seus sinais e sintomas. Embora primeiramente descrito por Aulus Cornelius Celsus no primeiro século d.C. os sinais cardinais da inflamação – calor, vermelhidão, edema, e dor – tiveram seus primeiros registros entre 2700 e 1500 a.C (ROCHA E SILVA, 1994). Muito estudiosos contribuíram para o entendimento causal do processo , os benefícios para proteção do hospedeiro (MADERNA; GODSON, 2009), mecanismos compensatórios e fatores reguladores para a limitação da resposta (LAWRENCE; WILLOUGHBY; GILROY, 2002; BUCKLEY; GILROY; SERHAN, 2014). No entendimento contemporâneo, a inflamação é dividida em fases – iniciação, fase vascular, fase celular, e resolução do processo inflamatório – as quais propiciam, em condições fisiológicas, a restauração da homeostase tecidual. Dentre os fatores regulatórios estão os mediadores lipídicos pro-resolução (*Specialized pro-resolving mediators*, SPMs) e a descrição do papel dessas moléculas na resolução do processo inflamatório (LEVY et al., 2001).

O processo de resolução da inflamação que outrora era compreendido como um efeito da redução dos mediadores pró-inflamatórios (MLPI) no tecido, atualmente é descrito como um processo ativo e altamente regulado pelos SPMs (LEVY et al., 2001; BUCKLEY; GILROY; SERHAN, 2014; CHIANG; SERHA, 2020). A compreensão do papel anti-inflamatório e analgésico desses mediadores (FATTORI et al., 2020), possibilitou a exploração terapêutica do processo de resolução e o uso dos SPMs no tratamento de sinais e sintomas de doenças inflamatórias e neuropatias. Nesse sentido, o primeiro trabalho dessa tese (item 3.1) publicado no periódico *Frontiers in Physiology* (ZANINELLI; FATTORI; VERRI, 2021), teve como objetivo revisar a relação entre os níveis de SPMs e os sinais e sintomas de doenças reumáticas. Além disso, demonstramos os efeitos com tratamento exógeno com SPMs em modelos animais de artrite, ou o papel isolado *in vitro* no contexto das doenças reumáticas. Nesse trabalho também exploramos como explorar o processo de resolução da inflamação para o desenvolvimento de novas terapias. Este

1 trabalho contribuiu diretamente para o desenvolvimento dos demais artigos científicos
2 apresentados nessa tese (itens 3.2 e 3.3), nos quais avaliamos o processo de resolução
3 da inflamação em um modelo experimental de artrite gotosa em camundongos.

4 A artrite gotosa (AG) ou gota, é caracterizada pela inflamação das articulações
5 pela deposição de cristais de urato monossódico (MSU). A etiologia da doença tem como
6 principais componentes hábitos alimentares ricos em carne vermelha e cerveja, e o
7 desequilíbrio no metabolismo do ácido úrico (SO; MARTINON, 2017). Esses fatores
8 levam a um quadro de hiperuricemia que culmina na precipitação de cristais de MSU no
9 tecido articular e periarticular. Células residentes – sinoviócitos – reconhecem e
10 fagocitam os cristais de MSU, iniciando um intenso processo inflamatório dependente da
11 ativação do inflamassoma NLRP3 e a maturação de IL-1 β (MARTINON et al., 2006). Os
12 sinais clínicos da AG são caracterizados por edema e vermelhidão da articulação e dor
13 excruciante (MARTINON et al., 2006). As terapias atuais para AG não são totalmente
14 eficazes em reduzir a dor além de apresentar inúmeros efeitos colaterais, e alto custo no
15 caso de imunobiológicos (SO; MARTINON, 2017). Desta forma existe uma lacuna
16 terapêutica no controle da dor articular associada à AG. Fazendo-se necessário uma
17 constante busca por novas terapias que sejam eficazes em reduzir este principal sintoma,
18 a dor.

19 Tendo em vista a relação do processo de resolução da inflamação e sua
20 importância para os sinais e sintomas de doenças reumáticas, a presente tese teve como
21 objetivo geral investigarmos os efeitos e mecanismos de ação do SPM Resolvina D1
22 (RvD1), e do inibidor de epóxido-hidrolase solúvel (sEHi), N-[1-(1-oxopropyl)-4-
23 piperidiny]-N'-[4-(trifluoromethoxy)phenyl]-urea (TPPU) na artrite gotosa em
24 camundongos. Especificamente, os objetivos foram investigar 1) os efeitos analgésicos
25 e anti-inflamatórios incluindo a produção da interleucina (IL)-1 β para ambas as moléculas,
26 2) avaliar os efeitos da RvD1 na ativação de macrófagos e neurônios CGRP⁺ e TRPV1⁺,
27 e 3) elucidar o papel do neuropeptídeo CGRP na fagocitose e maturação da IL-1 β em
28 macrófagos *in vitro*. Nosso esforços originaram dois trabalhos, um já publicado no
29 periódico *British Journal of Pharmacology* (ZANINELLI et al., 2022) e outro trabalho ainda
30 em andamento, ambos descritos nos itens 3.2 e 3.3 desta tese, respectivamente.

2 REVISÃO DA LITERATURA

2.1 INFLAMAÇÃO

Atualmente a inflamação é caracterizada como uma resposta apropriada para a defesa do hospedeiro e a manutenção da homeostase tecidual (MADERNA; GODSON, 2009). Este processo essencial e conservado evolutivamente está presente em nosso cotidiano e na fisiopatologia de inúmeras doenças infecciosas e não-infecciosas. Historicamente, os primeiros relatos de sinais e sintomas da inflamação datam de 2700 e 1500 a.C. nas civilizações egípcias. Formalmente, os sinais cardinais da inflamação foram documentados pelo romano Aulus Cornelius Celsus apenas no primeiro século d.C. (ROCHA E SILVA, 1994). Celsus postulou que a inflamação é acompanhada dos sinais cardinais vermelhidão (*rubor*), calor, edema (*tumor*), e dor (*dolor*). Os sinais cardinais que foram primeiramente documentados por Aulus Cornelius Celsus no primeiro século d.C. Posteriormente, no século XVIII, John Hunter, inspirado nas definições de Celsus, postulou que “a inflamação não é uma doença, mas uma resposta inespecífica que tem um efeito salutar ao hospedeiro” (HUNTER, 2007). No século XIX, a perda de função (*functio laesa*) foi postulada como o quinto sinal cardinal por Rudolf Virchow (SCHMIDT; WEBER, 2006). De fato, a exacerbação do processo inflamatório pode levar a destruição de tecidos, fibrose e a eventual perda de função do órgão afetado (MADERNA; GODSON, 2009). Importaneamente, todos os fatos históricos e estudiosos contribuíram para a atual definição de inflamação e suas consequências.

Felizmente, em contrapartida a exacerbação, mecanismos compensatórios e fatores reguladores também foram selecionados evolutivamente, garantindo através da produção de citocinas anti-inflamatórias e moléculas resolutivas a limitação da resposta (LAWRENCE; WILLOUGHBY; GILROY, 2002; SERHAN; CHIANG; DALLI, 2015). As fases do processo inflamatório são divididas em iniciação, fase vascular, fase celular e resolução. Desta forma em um contexto não patológico, a resolução do processo inflamatório é uma fase ativa e altamente regulada que culmina na restauração da homeostase tecidual. Os mediadores responsáveis e o entendimento contemporâneo deste processo serão abordados em detalhes nos próximos tópicos.

1 Em linhas gerais, a inflamação se inicia através do reconhecimento de padrões
2 através do reconhecimento de padrões moleculares associados a patógenos (PAMPs)
3 ou padrões moleculares associados ao dano (DAMPs) aos receptores de reconhecimento
4 do padrão (PRRs), como por exemplo os receptores semelhantes a Toll (TLRs), a Nod
5 (NLR) e a Rig (RLR), presentes em células imune inatas residentes, principalmente
6 macrófagos e mastócitos (MEDZHITOV, 2008; TAKEUCHI; AKIRA, 2010). Esta interação
7 desencadeia uma sequência de sinais intracelulares que culminam na ativação e
8 translocação do Fator Nuclear Kappa B (NF- κ B) para o núcleo (IWASAKI; MEDZHITOV,
9 2010; TAKEUCHI; AKIRA, 2010). Em consequência, ocorre a expressão de citocinas pro-
10 inflamatórias (interleucina-1 β [IL-1 β], fator de necrose tumore- α [TNF- α]), citocina anti-
11 inflamatória (interleucina-10 [IL-10]), quimiocinas (Ligante de quimiocina CXC 1 [CXCL1]
12 e ligante de quimiocina CXC 2 [CXCL2]), mediadores lipídios pró-inflamatórios
13 (prostaglandina E₂ [PGE₂] e leucotrieno B₄ [LTB₄]) e endotelina-1 que amplificam o
14 processo inflamatório (CUNHA; FERREIRA, 1986; FERREIRA; ROMITELLI; DE NUCCI,
15 1989; RIBEIRO et al., 1997; VERRI et al., 2006; GUERRERO et al., 2008).

16 Os eventos vasculares da inflamação consistem no aumento do fluxo sanguíneo
17 seguido pelo aumento do extravasamento de líquidos e permeabilidade endotelial. Esses
18 eventos são mediados por aminas vasoativas como histamina e serotonina. Estes
19 eventos acarretam modificações hemodinâmicas e a ativação endotelial, que contribuem
20 para guiar precisamente os neutrófilos para o foco inflamatório. Os mecanismos
21 envolvidos na migração e ativação de neutrófilos foram intensamente estudados na
22 última década. Este processo depende da característica do estímulo (PAMP ou DAMP)
23 e segue uma cascata temporal, espacial e hierárquica de mediadores (MCDONALD et
24 al., 2012; SREERAMKUMAR et al., 2014). Por exemplo, em um modelo de inflamação
25 estéril, os neutrófilos são guiados pelos sinusóides hepáticos pela interação da integrina
26 Mac-1 expressa em neutrófilos com a ICAM-1 do endotélio (MCDONALD et al., 2012).
27 Por outro lado, a adesão e o recrutamento de neutrófilos por um estímulo não estéril,
28 neste caso *Escherichia coli*, é dependente de CD44 e não Mac-1 (MCDONALD et al.,
29 2012). Posteriormente a diapedese, a atração e direcionamento dos neutrófilos para o
30 foco inflamatório respeita um gradiente espacial de moléculas quimioatraentes, como por
31 exemplo peptídeos formilados (fMLP), proteínas do sistema complemento (C5a), e

1 moléculas adjacentes provenientes do endotélio vascular ativado como como
2 interleucina-18 (IL-8) e leucotrieno B₄ (LTB₄) (CAMPBELL; FOXMAN; BUTCHER, 1997;
3 FOXMAN; CAMPBELL; BUTCHER, 1997). O microambiente inflamatório estimula a
4 expressão do FoxO3a, o qual aumenta a longevidade dos neutrófilos através da
5 supressão do promotor de FasL (ligante de Fas) no neutrófilo, além de promover a
6 ativação do fator nuclear kappa B (NF-κB), expressão de citocinas pro-inflamatórias e de
7 espécies reativas de oxigênio (JONSSON; ALLEN; PENG, 2005; WRIGHT et al., 2010).

8 Nas últimas décadas muitos estudos desmistificaram o paradigma dos
9 mecanismos da resolução do processo inflamatório. Antes disso, esse processo era
10 considerado passivo e dependente da abundância de mediadores pró-inflamatórios nos
11 tecidos. A partir da compreensão contemporânea, a resolução da inflamação é um
12 processo ativo, cronológico, e orquestrados por SPMs (SERHAN, 2014; CHIANG;
13 SERHA, 2020). No foco inflamatório, a presença de neutrófilos apoptóticos e níveis
14 elevados de PGE₂ induzem a troca de classe (*class switch*) da produção de MLPI para
15 síntese de SPMs (LEVY et al., 2001). Importaneamente, a síntese dos SPMs, em grande
16 parte é realizada por enzimas que também catalisam a formação de MLPI. O aumento
17 dos níveis de SPMs no foco inflamatório induz a ativação de macrófagos não flogísticos
18 e a eferocitose de corpos apoptóticos de neutrófilos a fim de restabelecer a homeostase
19 tecidual (SERHAN, 2014). O papel endógeno e os efeitos farmacológicos dos SPMs
20 serão revisados mais profundamente em um próximo tópico. Ademais, o item 3.1 desta
21 tese apresenta um artigo de revisão acerca do tema.

2.2 DOR INFLAMATÓRIA E INTERAÇÃO NEUROIMUNE

De acordo com a Associação Internacional para o Estudo da Dor (IASP) a dor é definida como *“uma experiência sensorial e emocional desagradável associada ou semelhante àquela associada a dano tecidual real ou potencial”*. Embora desagradável, o processo de percepção doloroso, ou nocicepção, é extremamente conservado evolutivamente em várias espécies. Possuir a capacidade de sentir dor confere ao organismo a capacidade de autopreservação. Desta forma, sentir dor é essencial para a identificação de situações que possam causar danos, ou controlar aqueles já existentes, garantindo assim a autopreservação do indivíduo. No entanto, sensações nociceptivas agudas (dor patológica) e, principalmente as prolongadas (dor crônica) reduzem significativamente a qualidade de vida. Nesse sentido, existe uma forte correlação entre a persistência de dor como um fator de risco para pensamentos depressivos e comportamentos suicidas (CALATI et al., 2015). Portanto, é imprescindível determinar os mecanismos fisiológicos da transmissão da dor e compreender o papel não-sensorial dos neurônios nociceptores na fisiopatologia de doenças. Esses avanços possibilitam o desenvolvimento de novas terapias e a busca de novos alvos para o controle da dor patológica.

A icônica ilustração do menino próximo a fogueira de René Descartes no livro *“Treatise of Man”* (1964) demonstrou o entendimento da fisiologia da dor no mundo moderno. Neste, Descartes propunha que o fogo induz a ativação de fibras em regiões periféricas para posterior transmissão para o cérebro. O reconhecimento dessa informação leva por vez à retirada do membro do fogo. Na concepção de Descartes, a dor era uma consequência da ativação linear periférica para o cérebro (MOAYEDI; DAVIS, 2013). Embora incompleta, esta concepção não estava errada. Acontece que a percepção da dor, além de envolver mecanismos fisiológicos complexos, depende das experiências e perfil emocional de cada indivíduo. Portanto, o limiar nociceptivo pode variar de acordo experiências emocionais passadas, estado de humor e atenção (BUSHNELL; ČEKO; LOW, 2013) e expectativas em relação à intensidade do estímulo (WIECH et al., 2014).

Contudo, as definições mais recentes da fisiologia da dor consistem na sensibilização

1 periférica de nociceptores, sensibilização espinal, plasticidade neural e mudança de
2 fenótipo de células do sistema imune (MOGIL; YU; BASBAUM, 2000; WOOLF; SALTER,
3 2000; SCHOLZ; WOOLF, 2002; REICHLING; LEVINE, 2009). Este processo envolve a
4 transdução, condução, transmissão e percepção dos estímulos nódicos. A partir da
5 sensibilização periférica por um estímulo nociceptivo desencadeia um mecanismo
6 ascendente que consiste na despolarização de nociceptores de primeira ordem e a
7 condução do impulso nervoso até o corno da raiz dorsal da medula espinal, ou até o
8 núcleo trigeminal. Nesta região, por meio de neurotransmissores excitatórios, ocorre a
9 transmissão da informação para nociceptores de segunda ordem. Por fim, a percepção e
10 o fornecimento da informação referente ao estímulo inicial, através de sinapses no córtex
11 somatosensorial, sobre a localização e intensidade do estímulo. Outras projeções
12 nervosas contribuem para o componente emocional do processo doloroso, que fazem
13 sinapse na região da amígdala (BASBAUM et al., 2009; BRAZ et al., 2014).

14 Existe uma grande gama de estímulos nocivos que podem ativar nociceptores. Na dor
15 inflamatória, por exemplo, neurônios periféricos são ativados por moléculas pro-
16 inflamatórias. Dentre elas podemos destacar citocinas (IL-1 β , TNF- α), quimiocinas,
17 mediadores lipídicos pro-inflamatórios (LTB₄, PGE₂), adenosina trifosfato (ATP), e
18 proteínas do sistema complemento (MOGIL; YU; BASBAUM, 2000; WOOLF; SALTER,
19 2000; SCHOLZ; WOOLF, 2002; VERRI et al., 2006; GUERRERO et al., 2008; BRAZ et
20 al., 2014).

21 Importaneamente, a presença de neutrófilos no local da inflamação é um denominador
22 comum para na dor inflamatória (CUNHA et al., 2008). Perante um estímulo nocivo, a
23 ativação de neutrófilos leva a produção de uma cascata de citocinas pró-inflamatórias
24 que inclui a IL-1 β , TNF- α e IL-33 (VERRI et al., 2006), seguindo essa cascata de citocinas
25 pro-inflamatórias a liberação de PGE₂ e aminas simpáticas. Atuando em receptores
26 específicos, esses mediadores inflamatórios como a PGE₂, histamina e citocinas são os
27 principais responsáveis pela redução do limiar de ativação neuronal e pela produção de
28 sensibilização periférica (PINHO-RIBEIRO; VERRI; CHIU, 2017). Esta cascata de
29 citocinas é iniciada pela liberação da alarmina IL-33 (ZARPELON et al., 2013)
30 estimulando a produção sequencial de TNF- α →IL-6→IL-1 β → PGE₂, por vez, TNF-
31 α →CXCL1→IL-1 β → aminas vasoativas (CUNHA et al., 2005; VERRI et al., 2006). Estas

1 moléculas, ao se ligarem aos respectivos receptores ativam proteínas kinases (PKA e
2 PKC), que por vez, fosforilam canais iônicos (TRPV1, TRPA1 e Nav1.8). A entrada de
3 íons de Na⁺ e Ca²⁺ reduzem o potencial de ativação dos neurônios, levando a
4 sensibilização e ativação (despolarização - *firing*) (SCHOLZ; WOOLF, 2002; BRAZ et al.,
5 2014) Scholz e Woolf, 2002; Braz et al., 2014).

6 Embora os nociceptores tenham como principal papel a percepção e transmissão da
7 informação dolorosa, o entendimento contemporâneo mostrou que suas funções
8 extrapolam seu papel primário. De fato, os nociceptores expressam receptores de
9 reconhecimento de padrão (PRRs – TLR 2, 3, 4 e 7; e NLR) e são capazes de ser ativados
10 na presença de DAMPs ou PAMPs (LIU et al., 2010; QI et al., 2011). Neurônios TRPV1+
11 do DRG também expressão receptores FcγRI e FcγRIIb, os quais a partir do
12 reconhecimento de imunocomplexo de colágeno tipo 2, são responsáveis por aumentar
13 a excitabilidade neuronal e liberação do neuropetídeo (*p. ex.*, CGRP) para produzir dor
14 (BERSELLINI FARINOTTI et al., 2019). Proteínas do sistema complemento, como o C5a,
15 também participam na ativação direta de neurônios durante a inflamação (TING et al.,
16 2008). Neste trabalho também foi demonstrado que a dor induzida pelo C5a não é
17 dependente da produção de citocinas, mas sim da presença de neutrófilos no local da
18 inflamação (TING et al., 2008). Recentemente, também foi descrito que o quimioterápico
19 paclitaxel induz dor neuropática periférica através da sinalização via C5aR1 em
20 neurônios, demonstrando um importante alvo para o tratamento desse sintoma
21 (BRANDOLINI et al., 2022). Moléculas provenientes de células mortas como ATP e fMLP,
22 também induzem a ativação direta de neurônios.

23 Além dos mediadores supracitados, os nociceptores também reconhecem produtos
24 derivados de patógenos (CHIU et al., 2013; BLAKE et al., 2018; PINHO-RIBEIRO et al.,
25 2018; LAI et al., 2019). Por exemplo componentes bacterianos como a estreptolisina S
26 (PINHO-RIBEIRO et al., 2018), a α-hemolisina (CHIU et al., 2013), e componentes
27 fúngicos como a β-glucana (MARUYAMA et al., 2017) ativam neurônios nociceptores,
28 induzindo a dor e a liberação de neuropeptídeos. Dentre os neuropeptídeos vale citar o
29 CGRP, substância P (SP), e peptídeo vasoativo intestinal (VIP). Essas moléculas atuam
30 diretamente em células da imunidade inata, regulando a resposta do hospedeiro à um
31 patógeno. Por exemplo, a estreptolisina S liberada durante a infecção por *Streptococcus*

1 *pyogenes* na pele de camundongos, diretamente ativa os neurônios nociceptores e
2 induzem a liberação de CGRP (PINHO-RIBEIRO et al., 2018). Por vez, CGRP sinaliza
3 através do receptor RAMP1 em neutrófilos, reduzindo a atividade bactericida e piorando
4 a infecção. Ademais, a utilização de antagonistas do receptor RAMP1, aplicação de
5 toxina botulínica, ou a depleção de neurônios TRPV1⁺ - uso de animais nocautes
6 condicionais para neurônios TRPV1⁺ - reduzem ou eliminam a infecção (PINHO-RIBEIRO
7 et al., 2018). Por outro lado, em um modelo de infecção intestinal por *Salmonella enterica*
8 *serovar Typhimurium*, o bloqueio dos nociceptores piora a infecção, demonstrando um
9 efeito opositor ao observado anteriormente (LAI et al., 2020). Além disso, outro estudo
10 demonstrou que a ativação de nociceptores TRPV1⁺ é suficiente para iniciar uma
11 resposta imune antecipatória na ausência de outros estímulos inflamatórios (COHEN et
12 al., 2019). Portanto, o componente neuroimune de neurônios nociceptores tem um
13 importante papel modulatório na resposta imune. Tendo em vista que os níveis de CGRP
14 estão elevados no líquido sinovial de pacientes com artrite gotosa (HERNANZ et al.,
15 1993), e levando em consideração as interações neuroimunes, no trabalho publicado na
16 *British Journal of Pharmacology* (item 3.2), nos investigamos o efeito do neuropeptídeo
17 CGRP na fagocitose de cristais de MSU e na produção da citocina IL-1 β em macrófagos
18 derivados da medula óssea (BMDM) *in vitro*. Neste estudo foi observado que o CGRP
19 aumenta a fagocitose de cristais e consequentemente os níveis de IL-1b liberados no
20 sobrenadante (ZANINELLI et al., 2022). Portanto, estabelecendo pela primeira vez, um
21 potencial eixo neuroimune na progressão de sinais e sintomas da gota artrite, a qual terá
22 sua fisiopatologia descrita a seguir.

2.3 ARTRITE GOTOSA

A artrite gotosa (AG) é uma doença inflamatória intermitente que afeta cerca de 10% da população, sendo mais homens que mulheres (KUO et al., 2015). Essa doença é considerada uma das condições agudas mais dolorosas que os seres humanos podem experimentar (MARTINON et al., 2006). Historicamente, as primeiras descrições foram realizadas por civilizações egípcias e datam do ano 2640 a.C, onde essa condição foi nomeada *podagra* (NUKI; SIMKIN, 2006). Um século mais tarde, Hipócrates descreveu a podagra como a “artrite dos ricos” ou “doença de reis”, pelo fato de o aparecimento dos sintomas estarem relacionados com os hábitos alimentares fartos da época (NUKI; SIMKIN, 2006). No século III d.C., Galeno descreveu o tophus, no entanto, sem saber que se tratava do acúmulo de ácido úrico e cristais de urato monossódio. No século XIII d.C., o monge dominicano Randolphus de Bocking nomeou a doença gota, do latim gutta. Seus motivos foram baseados na concepção medieval, de que um organismo em equilíbrio possuía quatro humores, através do desequilíbrio, um dos humores se deslocava para as articulações, gerando os sintomas da doença (Nuki e Simkin, 2006). A definição do agente etiológico da doença, como sendo os cristais de urato monossódico (MSU) ocorreu apenas na década de 1960. Em um ato audacioso, Faires e MacCarty, injetaram 20mg de MSU em suas próprias articulações. Conforme esperado, após algumas horas ambos desenvolveram os sintomas (FAIRES; MCCARTY, 1962; RAGAB; ELSHAHALY; BARDIN, 2017).

Atualmente a AG é classificada como uma doença inflamatória prototípica, que se desenvolve pela ativação do sistema imune inato (SO; MARTINON, 2017). O agente causador são os cristais de MSU, precipitados nas articulações e tecidos periarticulares (DALBETH; HASKARD, 2005). A precipitação se dá pelo desequilíbrio no metabolismo do ácido úrico, o que gera o acúmulo dessa substância no sangue, uma condição chamada de hiperuricemia (níveis de urato plasmáticos > 7 mg/L). Clinicamente, a doença é caracterizada por episódios agudos de inflamação articular intercalado por períodos não-inflamatórios de durações variáveis (SO; MARTINON, 2017). Embora seja uma doença autolimitante, com resolução em até 10 dias, múltiplos episódios da fase aguda (*ataques*) podem gerar sérios danos articulares, incluindo degradação de cartilagens e ossos (SCHLESINGER; THIELE, 2010).

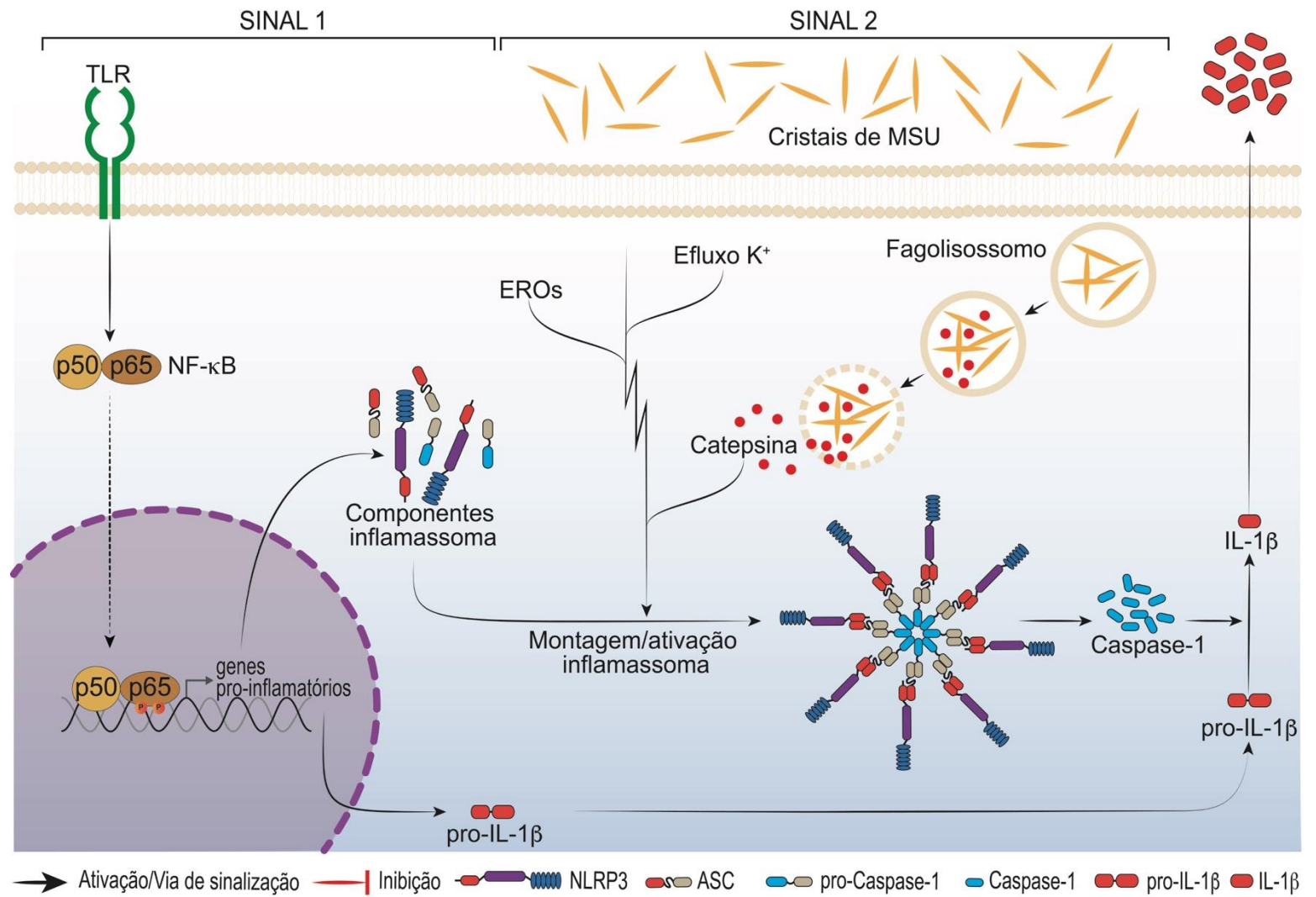
1 A fisiopatologia da gota tem como principais componentes o
2 inflamassoma NLRP3 e sua participação na maturação da citocina pro-inflamatória IL-1 β
3 (MARTINON et al., 2006; AMARAL et al., 2012). A montagem e ativação do inflamassoma
4 NLRP3 consiste em dois sinais ou estímulos independentes. O primeiro sinal, sinal 1,
5 controla a expressão de todos os componentes necessários para montagem e ativação
6 do inflamassoma (NLRP3, ASC e por-CASPASE-1) e o produto a substrato da
7 CASPASE-1 ativada, pro-IL-1 β (MARTINON et al., 2006). A expressão de todos estes
8 componentes são dependentes do fator NF- κ B e as suas vias de sinalização.
9 Fisiologicamente a origem do sinal 1 não é bem estabelecida, mas é associada à ativação
10 de receptores TLR (LIU-BRYAN et al., 2005). Dentre os possíveis candidatos se
11 destacam: ácidos graxos livres de cadeia longa (FFAs) (JOOSTEN et al., 2010), fator
12 estimulante de colônias de granulócitos-macrófagos (GM-CSF) (AN et al., 2014), as
13 proteínas endógenas ligantes de TLR, S100A8 e S100A9 (HOLZINGER et al., 2014), e
14 proteína C5a do complemento (AN et al., 2014; KHAMENEH et al., 2017). Além desses
15 ligantes, a própria IL-1 β participa na ativação, estabelecendo um “loop” de auto
16 amplificação (SO; MARTINON, 2017). A **figura 1** ilustra a fisiopatologia da artrite gotosa.

17 O sinal 2, consiste na ativação do inflamassoma NLRP3. Este sinal mais
18 específico propicia a clivagem da pró-CASPASE-1 em CASPASE-1 que, uma vez ativa,
19 cliva a pró-IL-1 β em IL-1 β madura (Martinon et al., 2006). Os mecanismos pelos quais a
20 ativação do NLRP3 ocorre também não são inteiramente compreendidos. No entanto,
21 sugere-se que a ativação do NLRP3 ocorre pela perturbação do equilíbrio iônico celular
22 provocadas pelos cristais de MSU (PÉTRILLI et al., 2007; YARON et al., 2015),
23 consequente liberação de EROs provenientes das mitocôndrias, o que evoca a ativação
24 da kinase Nek7. Nestas condições, Nek7 se liga diretamente ao NLRP3 ativando-o (HE
25 et al., 2016; SCHMID-BURGK et al., 2016; SHI et al., 2016). Interessantemente, a
26 ativação do inflamassoma por cristais de MSU também é associada ao rompimento do
27 fagolisossomo e a liberação de seu conteúdo no espaço citosólico (MARTINON et al.,
28 2006; DUEWELL et al., 2010). Catepsina B e L induzem a ativação do NLRP3 (DUEWELL
29 et al., 2010) (**Figura 1**).

30 O reconhecimento e fagocitose de cristais de MSU por macrófagos
31 residentes (sinoviócitos) induzem a liberação de citocinas. No caso da AG, a IL-1 β é uma

1 citocina chave na fisiopatologia da doença e responsável por desencadear a resposta
2 inflamatória em diversos tipos celulares (DINARELLO, 2009). O recrutamento de
3 neutrófilos é um marcador das doenças reumáticas (FATTORI; AMARAL; VERRI JR.,
4 2016) e de fato são o tipo celular predominante no líquido sinovial de pacientes durante
5 os ataques inflamatórios da gota (MITROULIS; KAMBAS; RITIS, 2013). Essas células
6 contribuem para a produção de IL-1 β e LTB4 no foco inflamatório (AMARAL et al., 2012),
7 o reconhecimento dos cristais de MSU por neutrófilos induz a degranulação (POPA-NITA
8 et al., 2007) e a formação de armadilhas extracelulares (NETs - Neutrophils Extracellular
9 Traps), processo denominado NETose (MITROULIS et al., 2011). Em conjunto, esses
10 fatores contribuem para a amplificação da resposta inflamatória, aumentando a ativação
11 do NF- κ B e produção de citocinas pró-inflamatórias.

Figura 1 – Fisiopatologia da artrite gotosa.



Fonte: adaptado de Zaninelli 2018.

1
2 O principal sintoma da gota é a dor. Durante os ataques de AG as dores
3 excruciantes estão associadas a mecanismos de dor inflamatória, nos quais as citocinas
4 pró-inflamatórias, em especial a IL-1 β , sensibilizam nociceptores culminando no fenótipo
5 altamente doloroso. Importaneamente, as funções dos neutrófilos vão além do aumento
6 da resposta inflamatória neste contexto. Esta célula com papel duplo, através da
7 formação de NETs (SCHAUER et al., 2014) limitam a progressão da doença e iniciam o
8 processo resolutivo da AG. Além disso, a expressão da proteína anexina-1, potente
9 inibidora da fosfolipase A2, exerce importante papel na limitação da inflamação e na
10 promoção da resolução (PERRETTI; D'ACQUISTO, 2009). Ela exerce importante papel
11 na troca de classe de mediadores pró-inflamatórios para pró-resolutivos (LEVY et al.,
12 2001). Tema que será revisado com mais detalhe no próximo tópico.

13 O tratamento da gota consiste principalmente em terapias que visam reduzir os
14 níveis plasmáticos de urato e controlar os ataques agudos. No entanto, o principal motivo
15 que leva os pacientes a procurar auxílio médico são os episódios de dor intensa (REES;
16 HUI; DOHERTY, 2014). Basicamente, o controle dos episódios agudos consistem no uso
17 de anti-inflamatórios esteroidais, não-esteroidais, colchicina e agentes biológicos (SO;
18 MARTINON, 2017). O efeito da colchicina em desestabilizar os microtúbulos tem papel
19 fundamental como inibidor da montagem do inflamassoma, impedindo a maturação da
20 IL-1 β e sua liberação (MARTINON et al., 2006). Recentemente, o controle dos sintomas
21 também pode ser atingido com agentes biológicos que tem como alvo a IL-1 β . Anticorpos
22 contra IL-1 β (Canakinumab) e proteínas recombinantes antagonista do receptor do
23 receptor IL-1R (Anakinra) estão disponíveis no mercado (SO; MARTINON, 2017).
24 Infelizmente, os medicamentos propostos para o tratamento e controle dos ataques
25 agudos não são seguros para pacientes comorbidades (AINEs), usualmente geram
26 efeitos colaterais (AINEs, AIEs e colchicina), apresentam custo elevado (agentes
27 biológicos), além de não possuírem efeito analgésico satisfatório (REES; HUI;
28 DOHERTY, 2014). Desta forma, existe uma constante necessidade do desenvolvimento
29 de novas terapias que tenham como alvo a inibição da dor, principalmente para garantir
30 melhor qualidade de vida àqueles que são acometidos pela AG. Por isso, o principal
31 objetivo dessa tese foi explorar o processo de resolução da inflamação para obter novos

- 1 possíveis candidatos para o tratamento da dor induzida por cristais de MSU. Para isso,
- 2 avaliamos os efeitos e mecanismos de ação da Resolvina D1 um mediador lipídico pro-
- 3 resolução, e do inibidor de sEH, TPPU, na AG em camundongos.

2.4 MEDIADORES LIPÍDICOS PRÓ-RESOLUÇÃO

Conforme mencionado anteriormente, a compreensão contemporânea da resolução do processo inflamatório é pautada na ação de mediadores pro-resolutivos especializados (*specialized pro-resolving mediators*, SPMs). Essas moléculas, orquestram de maneira ativa e temporal a resolução da inflamação, restaurando a homeostase tecidual. Desde a primeira descrição sobre a troca de classe de mediadores lipídicos na resolução da inflamação (LEVY et al., 2001), os conhecimentos a cerca dos efeitos biológicos estão em constante evolução. Através da análise de exudados inflamatórios as lipoxinas foram as primeiras a serem descritas (SERHAN, 2004). Posteriormente as resolvinas, protectinas, e maresinas foram incluídas às principais famílias de mediadores (SERHAN, 2014).

Esses mediadores são biossintetizados pela ação de enzimas lipoxigenases (LOX), cicloxigenases (COX) acetiladas pela aspirina, ou por enzimas do citocromo P450, que agem sobre metabólitos dos ácidos graxos ômega-3 e ômega 6. A **Figura 2** resume o mecanismo de síntese dos SPMs e suas principais famílias (HONG et al., 2003; CHIANG; SERHA, 2020). A partir do ácido araquidônico, derivado do ômega-6, as lipoxinas A4 e B4 (LxA4, LxB4) são sintetizadas pela ação de lipoxigenases. Quando acetilada pela aspirina a enzima COX produz o epímero 15-epi-LxA4, também conhecida como *aspirin-triggered* (AT-)LxA4. Por outro lado, enzimas do citocromo P450 catabolizam a formação de ácidos epoxieicosatrienoicos (EET). Os ácidos graxos essenciais do ômega-3, como ácido eicosapentaenóico (EPA) e ácido docosaexaenóico (DHA) também são matéria prima para as demais famílias de SPM. Por exemplo, as resolvinas (Rv) da série D (RvD) são derivadas do DHA, assim como maresinas e protectinas (SERHAN, 2014; CHIANG; SERHA, 2020). Enquanto as Rv da série E, são derivadas do EPA (**Figura 2**). Estudos recentes demonstraram as resolvinas da série T, também derivadas do DHA (CHIANG et al., 2022). Um denominador comum de todos esses mediadores é a ativação de macrófagos não-flogísticos. Estes macrófagos irão realizar a eferocitose dos corpos apoptóticos de neutrófilos e induzirão os sinais da resolução do processo inflamatório. Processos estes que incluem a redução de citocinas pró-inflamatórias, retirada dos neutrófilos da superfície epitelial, fagocitose dos neutrófilos em apoptose e a

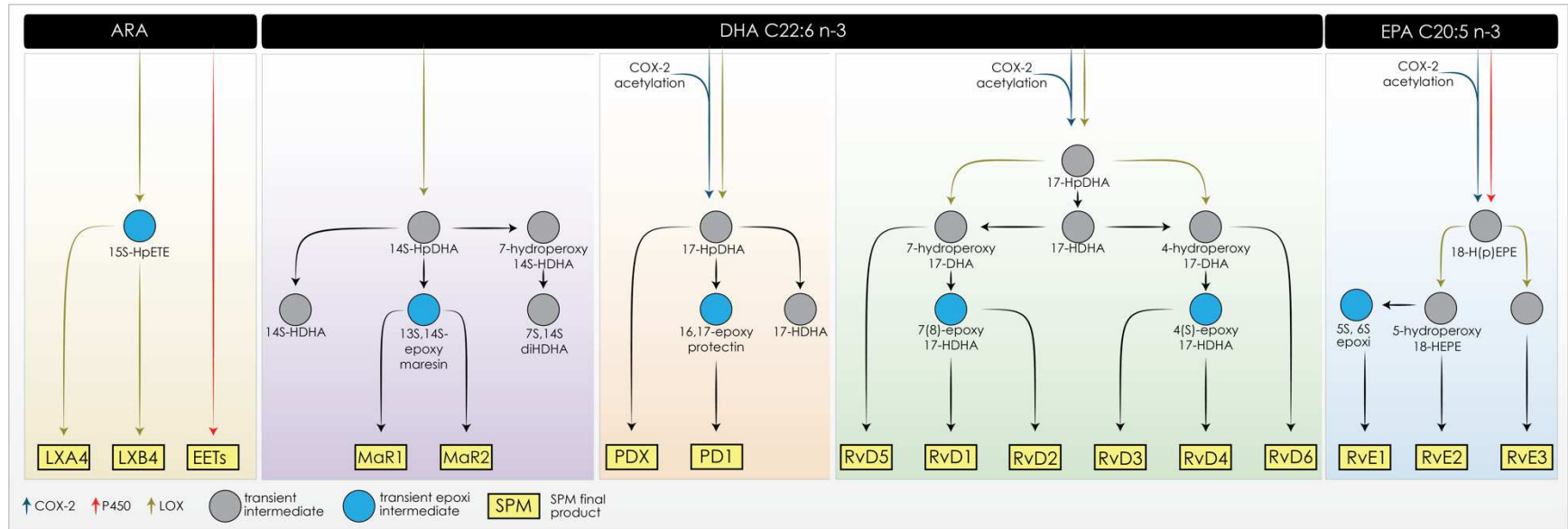
1 remoção dos debris inflamatórios e infecciosos (SERHAN, 2014).

2 Em adição às características analgésicas, anti-inflamatórias e resolutivas, os
3 SPMs não possuem atividade imunossupressora, o que coloca essas moléculas como
4 fortes candidatas a testes clínicos. De fato, a Resolvina E1, derivada do EPA, atingiu a
5 clínica como RX-10045® para testes no tratamento da síndrome dos olhos ressecados.
6 Os pacientes apresentaram melhora significativa na condição de maneira dose-
7 dependente (Clinicaltrials.gov identificação NCT00799552) (LEE, 2012; NORLING;
8 PERRETTI, 2013). Além disso, embora os SPMs tenham uma meia-vida extremamente
9 curta (AURSNES et al., 2015), eles apresentam um efeito biológico duradouro, na faixa
10 de dias (RECCHIUTI; SERHAN, 2012; FATTORI et al., 2019; ZANINELLI et al., 2022),
11 demonstrando mecanismos secundários à interação SPM-receptor.

12 Em linhas gerais, os SPMs desempenham seus efeitos biológico, incluindo
13 analgesia, agindo como agonistas, agonistas alostéricos ou inibidores (FATTORI et al.,
14 2020). Além disso, existe uma relação bem estabelecida entre os níveis dos SPMs em
15 tecidos com os sinais e sintomas de doenças reumáticas, demonstrando o importante
16 papel desses mediadores no bem-estar e qualidade de vida. Por outro lado ainda, esses
17 importantes dados em conjunto com os achados científicos nessa tese, indicam que
18 explorar o processo de resolução da inflamação pode ser uma alternativa terapêutica
19 para inúmeras doenças (ZANINELLI; FATTORI; VERRI, 2021).

20 Portanto, o conjunto de dados acerca do efeito protetivo desses mediadores e o
21 fato que os eles apresentam atividade terapêutica na faixa de pictogramas, encorajam e
22 dão suporte para o uso de outros SPMs isolados em testes clínicos. Nos próximos tópicos
23 serão revisados a biologia do SPM Resolvina D1 e do sEH_i TPPU, para fundamentar o
24 racional para o desenvolvimento dos trabalhos incluídos nessa tese.

Figure 2 – Biossíntese de SPMs e EETs a partir das moléculas provenientes do metabolismo dos ácidos graxos do ômega-6 e ômega 3.



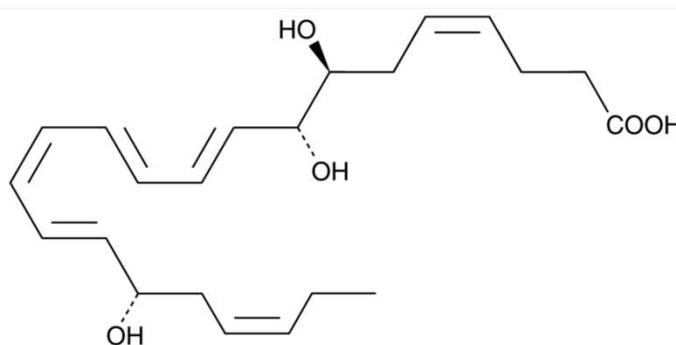
Fonte: adaptado de Fattori *et. al.*, 2022 (FATTORI *et al.*, 2022)

1 2.5 RESOLVINA D1

2

3 A Resolvina D1 (ácido 7S, 8R, 17S-tri-hidroxi-4Z, 9E, 11E, 13Z, 15E, 19Z-
4 docosahexaenóico, RvD1[**Figura 3**]) é sintetizada fisiologicamente pela ação de 15-
5 lipoxigenase, 5-lipoxigenase e hidrolase na molécula de DHA (**Figura 4**) (SERHAN;
6 PETASIS, 2011). Portanto, este SPM faz parte da família das Resolvinas da série D.
7 A RvD1 foi isolada de exsudatos inflamatórios na fase resolutive decorrentes da
8 inflamação aguda em ambos roedores e humanos (SERHAN et al., 2000, 2002a;
9 HONG et al., 2003). O efeito biológico da RvD1 é obtido principalmente a partir da
10 interação com seus receptores associados a proteína G (GPCR), em murinos o
11 receptor da LXA₄ (ALX/FPR2), e em humanos o GPR32 (MCQUALTER et al., 2010).
12 O papel fisiológico endógeno da RvD1 e outros SPMs são essenciais para o processo
13 resolutive e controle da inflamação. Por exemplo, em um modelo de inflamação
14 induzido por LPS na glândula submandibular de camundongos, animais nocaute para
15 ALX/FPR2 apresentam maior degradação tecidual quando comparada à animais
16 selvagens (*i.e.*, aqueles com receptor funcional) (WANG et al., 2016). Portanto,
17 embora os mecanismos pelos quais a RvD1 age não são totalmente conhecidos, é
18 racional investigar o papel exógeno dessa molécula no controle dos sinais e sintomas
19 de doenças de caráter inflamatório.

20 **Figura 3** – Estrutura química da RvD1.



21

22 **Fonte:** PubChem.

23

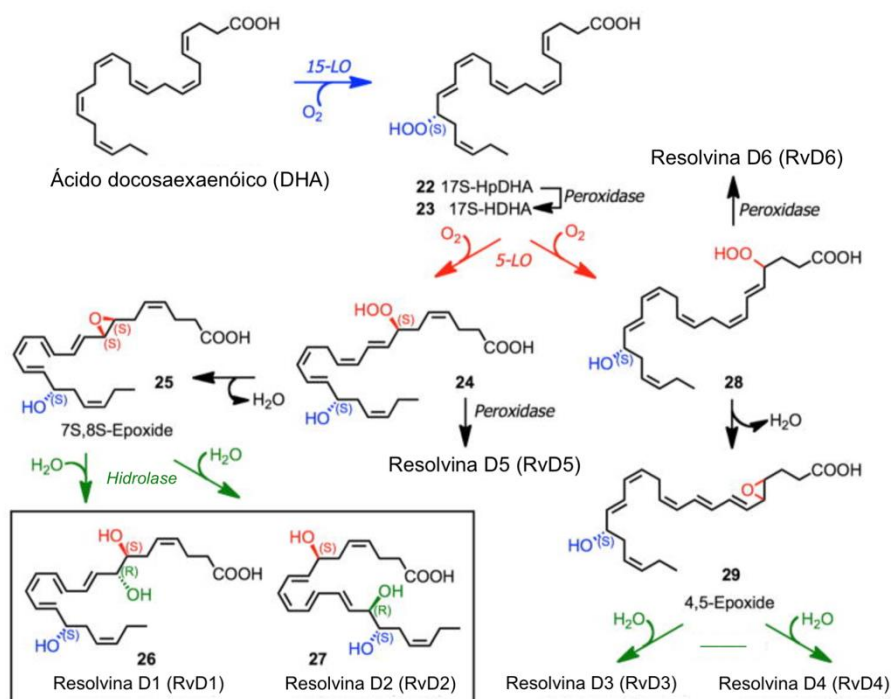
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1 **Figure 4 – Biossíntese da RvD1.**

2

3 **Fonte:** Adaptado de *Serhan e Petasis, 2011*

4

5

6 Em modelos de inflamação aguda, tratamentos exógenos com a
 7 RvD1 apresentam efeitos analgésicos e anti-inflamatórios. Os efeitos anti-
 8 inflamatórios compreendem a regulação da função de macrófagos (DUFFIELD et al.,
 9 2006), inibem o recrutamento neutrofílico (SERHAN et al., 2002b; RECCHIUTI et al.,
 10 2011; ZANINELLI et al., 2022) e proteção renal contra danos induzidos pela isquemia
 11 e reperfusão (DUFFIELD et al., 2006). RvD1 também tem efeito sobre a ativação do
 12 NF-κB através de diferentes vias de sinalização, este fato confere a este SPM grande
 13 parte de suas propriedades anti-inflamatórias. De fato, em modelo de miocardite
 14 induzida por isquemia-reperfusão, o tratamento com RvD1 inibe a via PI3K/AKT e
 15 impede a ativação do NF-κB, contribuindo assim para a redução da lesão cardíaca
 16 (GILBERT et al., 2015). Neste contexto, o artigo 2 dessa tese (item 3.2) demonstrou
 17 que o tratamento *in vivo* com RvD1 reduz a fosforilação do NF-κB em neurônios
 18 nociceptores do gânglio da raiz dorsal em um modelo de gota artrite em camundongos
 19 (ZANINELLI et al., 2022). Além disso, o tratamento *in vitro* em macrófagos derivados
 20 da medula óssea (BMDM) reduziu a fosforilação e translocação desse fator nuclear
 21 para o núcleo, acarretando a redução da expressão da proteína adaptadora ASC,
 componente essencial do inflamassoma NLRP3 (ZANINELLI et al., 2022). Outro

1 mecanismo do efeito da RvD1 sob a ativação do NF- κ B está relacionado ao eixo de
2 sinalização PPAR- γ /NF- κ B (LIAO et al., 2012). Este mecanismo foi descrito em um
3 modelo animal de inflamação pulmonar induzido por LPS. Neste contexto, o papel da
4 RvD1 em diminuir o dano tecidual foi revertido a partir da administração do inibidor
5 PPAR- γ (GW9662). Além do mais, a ativação de PPAR- γ , neste contexto, acarretou a
6 diminuição da degradação de I κ B α , mecanismo responsável pela diminuição da
7 ativação de NF- κ B (LIAO et al., 2012). A ativação de PPAR- γ também tem como efeito
8 a diminuição da hiperalgesia por vias subjacentes. Desta forma, um dos mecanismos
9 da RvD1 em reduzir a dor inflamatória pode ser dependente da via PPAR- γ /NF- κ B.

10 Com relação aos efeitos analgésicos desse mediador, os mecanismos
11 pelos quais a dor é reduzida podem estar relacionados a ações dependentes das
12 características anti-inflamatórias ou diretamente na inibição da sensibilização de
13 neurônios nociceptores. A RvD1 mostrou ser efetora na redução da dor inflamatória
14 induzida por estímulos nócicos como carragenina, CFA e PGE2 (XU et al., 2010;
15 PARK et al., 2011; XU; JI, 2011). Importaneamente, a RvD1 não interfere na percepção
16 normal da dor. Por outro lado, o tratamento com RvD1 também reduz a ativação de
17 canais iônicos TRPA1, TRPV3 e TRPV4 em fibras nociceptivas perante seus
18 respectivos agonistas, em estudos de influxo de Ca²⁺ *in vitro* (BANG et al., 2010). De
19 forma similar, no mesmo estudo, RvD1 reduziu a hiperalgesia mecânica e alodinia
20 induzidas por estímulos inflamatórios *in vivo* (BANG et al., 2010). Além da ativação
21 neuronal, nessa tese foi demonstrado que a RvD1 também reduz a liberação do
22 neuropeptídeo CGRP *in vivo* e *in vitro*, demonstrando um importante papel na
23 modulação de interações neuroimunes (ZANINELLI et al., 2022). Mais efeitos
24 analgésicos e anti-inflamatórios da RvD1 foram revisados minuciosamente em outros
25 trabalhos (FATTORI et al., 2020; ZANINELLI; FATTORI; VERRI, 2021).

26 Outra importante característica dos SPMs é o efeito analgésico
27 prolongado, um mecanismo que sugere tempo-dependência (HUANG et al., 2011;
28 FATTORI et al., 2018; ZANINELLI et al., 2022). No caso da RvD1, em um modelo de
29 dor pós-operatória induzida por incisão cirúrgica na pata de camundongos, um
30 tratamento intratecal (administração que consiste na injeção de substâncias no canal
31 raquidiano, diretamente no espaço subaracnóide, entre as vértebras) com RvD1
32 induziu um período de analgesia de 10 dias (HUANG et al., 2011). Os dados
33 apresentados no artigo 2 (item 3.2), corroboram com esse estudo, no qual o pré-
34 tratamento intratecal com RvD1, 72hrs antes do estímulo com MSU foi mais eficaz em

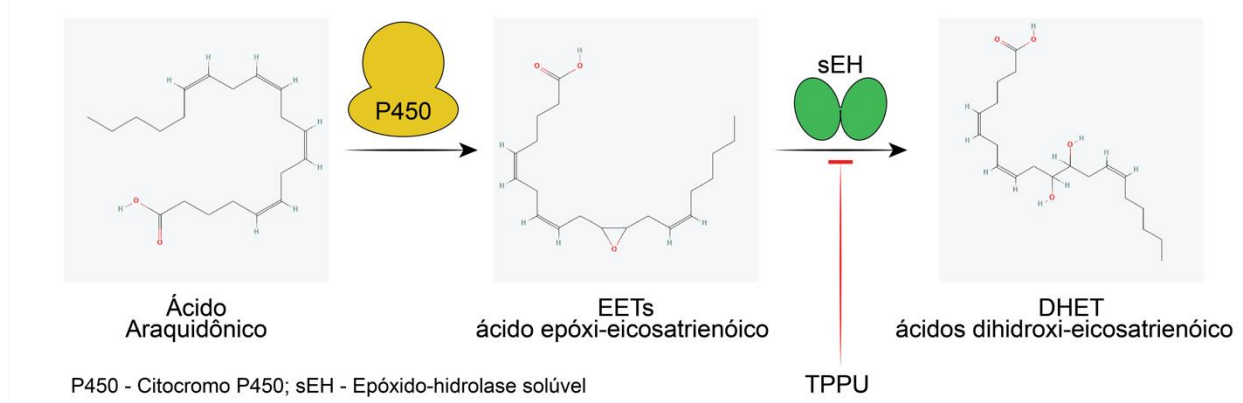
1 reduzir a dor induzida por cristais de MSU (ZANINELLI et al., 2022).
2 Interessantemente, estudos farmacocinéticos com a RvD1 demonstraram que após a
3 administração intravenosa (i.v.) a meia vida desse mediador é e 4.77 horas em
4 camundongo, e indetectáveis após 8 horas (YELLEPEDDI et al., 2021). Por outro lado,
5 em 5 minutos os níveis desse SPM já tinha atingido os tecidos, nesse caso a glândula
6 salivar submandibular (YELLEPEDDI et al., 2021). De maneira similar o SPM
7 Maresina 1 (MaR1) apresentou um efeito analgésico de 5 dias com um único
8 tratamento intratecal em um modelo de inflamação induzido por adjuvante completo
9 de Freund (CFA) (FATTORI et al., 2018). Todos esses dados dão suporte para
10 mecanismos analgésicos secundários, por exemplo, modificações nos perfis de
11 expressão, que culminam nos efeitos observados. Portanto, conferindo aos SPMs
12 mais uma vantagem para o tratamento de doenças inflamatórias.

13 De forma geral, é evidente o potencial da RvD1 em controlar a inflamação e
14 coordenar o processo resolutivo (WANG et al., 2016) e analgesia (BANG et al., 2010).
15 Portanto, racionalmente nos propusemos a avaliar a eficácia da RvD1 neste modelo
16 de AG induzida por cristais de MSU *in vivo* e em *in vitro*.

2.6 TPPU

O metabolismo do ácido araquidônico (AA), perante estímulos inflamatórios, é realizado por três vias principais: a via prostaglandina-endoperóxido sintase/ciclooxigenase (PTGS/COX), a via lipoxigenase (LOX), e a via do citocromo P450 (CYP). As vias da ciclooxigenase (COX) e lipoxigenase (LOX), com exceção da formação das lipoxinas e AT-lipoxina A4, em grande parte biossintetizam mediadores pró-inflamatórios, enquanto a cascata do citocromo P450 produz tanto metabolitos pró-inflamatórios (WILLIAMS et al., 2010), quanto anti-inflamatórios (IMIG, 2012; SPECTOR; KIM, 2015). Dentre os produtos desta via estão os ácidos epóxi-eicosatrienóicos (EET [5,6-EET, 8,9-EET, 11,12-EET, e 14,15-EET]) (**Figure 5**) com atividades biológicas anti-inflamatórias (IMIG, 2012; GUAN et al., 2015). No entanto, todos os EET são rapidamente metabolizados em ácidos dihidroxi-eicosatrienóico (DHET) menos ativos pela epóxi hidrolase solúvel (sEH) (WANG; DUBOIS, 2012). Desta forma, o papel anti-inflamatório dos EETs, como a redução da ativação de NF- κ B e o aumento da expressão da molécula VCAM – 1 (NODE et al., 1999; CHIAMVIMONVAT et al., 2007), foram demonstrados através da utilização de inibidores de epóxi hidrolase solúvel (sEHi) (AN et al., 2021). Apesar do potente perfil anti-inflamatório dos metabolitos, esta via não tem sido explorada como um alvo farmacêutico (MARNETT, 2009; HAEGGSTRÖM et al., 2010).

Figura 5 - Biossíntese dos EETs via citocromo P450.

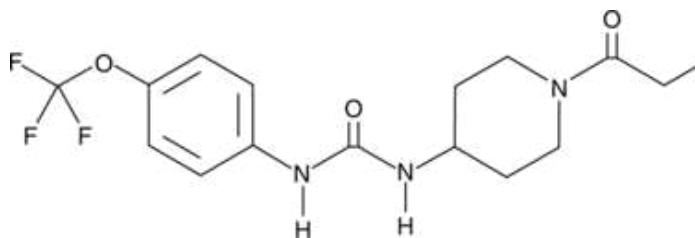


Fonte: o próprio autor.

Diante disso, Rose e colaboradores (2010) desenvolveram e patentearam um composto inibidor de enzimas epóxi hidrolases solúveis, o TPPU (1-

1 trifluoromethoxyphenyl-3-[1-propionylpiperidin- 4-yl] urea [**Figura 7**]), (ROSE et al.,
2 2010). De fato, a administração do TPPU reduziu a reabsorção óssea induzida por
3 periodontopatógenos (TRINDADE-DA-SILVA et al., 2017). Esses resultados também
4 foram observados em animais nocaute para sEH (sEH-/-). Além disso, estudos para
5 avaliação da farmacocinética, toxicologia e farmacodinâmica deste composto em
6 diferentes animais (roedores, galináceos e primatas) mostrando-se seguros para uso
7 (TSAI et al., 2010; ULU et al., 2012). Ademais, este composto também foi testado em
8 diferentes modelos pré-clínicos apresentando atividade analgésica, anti-inflamatória
9 e protetiva (SASSO et al., 2015; TRINDADE-DA-SILVA et al., 2017, 2020; LUO et al.,
10 2020; TEIXEIRA et al., 2020). O TPPU também foi capaz de diminuir significativamente
11 o comportamento relacionado com a dor em função da expressiva supressão dos
12 marcadores de estresse do reticulo endoplasmático após 30 min da sua administração
13 (INCEOGLU et al., 2015).

14

15 **Figura 6** – Estrutura química do TPPU.

16

17 **Fonte:** PubChem

18

19 Contudo, todas essas evidências apontam que o TPPU pode ser
20 eficaz em reduzir a dor e inflamação induzida por cristais de urato monossódico.
21 Portanto, o terceiro artigo desta tese (item 3.3) investigou os efeitos do tratamento
22 com TPPU no modelo de gota em camundongos.

1 3 METODOLOGIA, RESULTADOS E DISCUSSÃO

2 Os resultados obtidos que fazem parte dessa tese estão descritos em 4 artigos
3 científicos, sendo que 2 deles já estão publicados, 1 está submetido e 1 está em
4 andamento. Dentre os artigos publicados, 1 foi publicado em periódico Qualis A1 e 1
5 em Qualis A2. O artigo demonstrando o efeito da RvD1 na artrite gotosa (3.3) foi
6 classificado em 2º Lugar no 24º Prêmio José Ribeiro do Valle da Sociedade Brasileira
7 de Farmacologia e Terapêutica Experimental (SBFTE).

8

9 3.1 HARNESSING INFLAMMATION RESOLUTION IN ARTHRITIS: CURRENT UNDERSTANDING OF
10 SPECIALIZED PRO-RESOLVING LIPID MEDIATORS' CONTRIBUTION TO ARTHRITIS
11 PHYSIOPATHOLOGY AND FUTURE PERSPECTIVES. (DOI: 10.3389/fphys.2021.729134,
12 PMID: 34539449). PUBLICADO NO PERIÓDICO INTERNACIONAL *FRONTIERS IN PHYSIOLOGY*
13 (FI: 4.134, QUALIS A2, ANEXO I)

14

15 3.3 NEW DRUG TARGETS FOR THE TREATMENT OF GOUT: WHAT'S NEW? SUBMETIDO NO
16 PERIÓDICO INTERNACIONAL EXPERT OPINION ON THERAPEUTIC TARGETS (FI: 6.797, QUALIS
17 A1, ANEXO II).

18

19 3.3 RVD1 DISRUPTS NOCICEPTOR NEURON AND MACROPHAGE ACTIVATION, AND
20 NEUROIMMUNE COMMUNICATION REDUCING PAIN AND INFLAMMATION IN GOUTY ARTHRITIS IN
21 MICE. (DOI: : 10.1111/bph.15897, PMID: 35716378) PUBLICADO NO PERIÓDICO
22 INTERNACIONAL *BRITISH JOURNAL OF PHARMACOLOGY* (FI: 9.473, QUALIS A1, ANEXO III)

23

24 3.4 INHIBITION OF SOLUBLE EPOXIDE HYDROLASE WITH TPPU AMELIORATES MSU-
25 INDUCED PAIN IN A MOUSE MODEL OF GOUTY ARTHRITIS. ARTIGO EM ANDAMENTO.

26

1 *Review*

2 **3.1 Harnessing inflammation resolution in arthritis: current**
3 **understanding of specialized pro-resolving lipid mediators'**
4 **contribution to arthritis physiopathology and future**
5 **perspectives**

6

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22

1 *Abstract*

2 The concept behind the resolution of inflammation has changed in the past decades from a
3 passive to an active process, which reflects in novel avenues to understand and control
4 inflammation-driven diseases. The time-dependent and active process of resolution phase is
5 orchestrated by the endogenous biosynthesis of specialized pro-resolving lipid mediators
6 (SPMs). Inflammation and its resolution are two forces in rheumatic diseases that affect
7 millions of people worldwide with pain as the most common experienced symptom. The
8 pathophysiological role of SPMs in arthritis has been demonstrated in pre-clinical and clinical
9 studies (no clinical trials yet), which highlight their active orchestration of disease control. The
10 endogenous roles of SPMs also give rise to the opportunity of envisaging these molecules as
11 novel candidates to improve the life quality of rheumatic diseases patients. Herein, we discuss
12 the current understanding of SPMs endogenous roles in arthritis as pro-resolutive, protective,
13 and immunoresolvent lipids.

14

15 **Keywords**

16 rheumatic diseases; DMARDs; SPMs; rheumatoid arthritis; osteoarthritis

17

1 **1. Introduction**

2 Rheumatic diseases, represented by varied forms of arthritis and other musculoskeletal
3 disorders, affect millions of people around the world. Rheumatoid arthritis (RA), osteoarthritis
4 (OA), septic arthritis, and gouty arthritis are some examples of this painful group of diseases
5 [1] and the focus of this review. Historically, pain in rheumatic disease is mostly attributed to
6 tissue damage mainly due to neutrophil recruitment during the active phase of the diseases [2].
7 These immune cells are equipped with a vast arsenal of molecules that are released with the
8 aim of protecting the host during infections, for example, but at the same time cause
9 inflammation and pain. The release of pro-inflammatory cytokines such as TNF- α , IL-1 β , IL-
10 33, and the process of NETosis are widely known to aggravate arthritis disease status and pain
11 [2]. Recent evidence also suggests that antibody immunocomplex activates nociceptors. By
12 acting on Fc γ RI and Fc γ RIIb receptors expressed by mouse TRPV1⁺ dorsal root ganglion
13 (DRG) neurons, these immunocomplexes induce the release of neuropeptide and activation of
14 nociceptors to produce pain [3].

15 Arthritis, in their different forms, are traditionally regarded as a life-long disease. As for
16 diabetes, hypertension, and certain forms of cancer, current therapies for arthritis focus on
17 disease control as cure still seems out of reach. Therefore, life-long treatment to control the
18 inflammatory process is required to effectively prevent further cartilage and bone destruction.
19 To the date, disease-modifying anti-rheumatic drugs (DMARDs) are one the current choice
20 (alone or in combination) for the treatment of different types of arthritis [14; 15]. DMARDs
21 can be categorized into conventional synthetic (cs) DMARDs (e.g. methotrexate), biologic (b)
22 DMARDs (anakinra, etanercept) and, most recently introduced, targeted synthetic (ts)
23 DMARDs [Janus Kinase (JAK) inhibitor] [16]. While many patients experience good disease
24 control with DMARDs, a fraction of patients continues to experience significant pain even with
25 low disease activity [17; 18] or in remission [19]. In addition, typical side effects such as
26 increase susceptibility to infections, development of adaptive immunity against the biological
27 agents [2; 14; 15], relapse of active disease, and the concomitant increase of joint pain are not
28 uncommon [20]. Infectious arthritis are treated with a combination of broad-spectrum antibiotic
29 with corticosteroids, immunobiological agents, or opioids for pain management, which might
30 facilitate pathogen spread due to immunosuppression [21; 22; 23]. The high cost and wide range
31 of side effects of these drugs frequently restricts their usage, which highlights this unmet need
32 of new compounds to treat arthritis.

33 Exogenous administration of different SPMs at low doses has been shown effectiveness
34 at treating pain and infection in experimental models [28; 29; 30]. In oppose to the current

1 clinically active drugs for arthritis treatment, SPMs present long lasting analgesic and anti-
2 inflammatory effects and are not immunosuppressive compounds [28; 29; 30]. This
3 characteristic of SPMs of blocking pain without immunosuppression rendered the term
4 “immunoresolvent” to this class of molecules. Therefore, we review pre-clinical and clinical
5 data involving SPMs in arthritis as well as the potential outcomes of this knowledge to arthritis
6 therapeutics.

7

8 **1.1 Specialized pro-resolving lipid mediators (SPMs) and resolution of inflammation**

9 While it is commonly attributed to Hippocrates the use of willow bark to treat the signs
10 of inflammation around 400 Before Common Era (BCE), it is known that the use of willow
11 extracts dates from around 4000 BCE by ancient civilization such as the Assyrians [24]. From
12 then, to the total organic synthesis of salicylic acid (1850s), and later to the acetylation of
13 salicylic acid (1900s), aspirin remains one of the most used drugs [24]. Part of that is attributed
14 to the seminal discoveries of Prof Sergio H. Ferreira and Sir John R. Vane in the field of
15 pharmacology by showing how aspirin works and why it reduces inflammation and
16 inflammatory pain [25; 26; 27]. Drug discovery to treat inflammation and pain, therefore,
17 mainly focused on mimicking aspirin mechanism of action giving rise to the COX-blockers.
18 However, COX-2 acetylation by aspirin changes the activity of this enzyme leading to the
19 production of specialized pro-resolving lipid mediators (SPMs), which are responsible, in part,
20 for the anti-inflammatory and analgesic mechanisms of aspirin. This knowledge makes clear
21 now that stimulation of endogenous pathways involved in the resolution of inflammation can
22 lead to a new road for drug discovery.

23 The resolution of inflammation is controlled by a time-dependent mechanism of SPM
24 production [31; 32]. A seminal study using an air-pouch model of inflammation induced by
25 TNF- α shows the occurrence of a biosynthetic shift from pro-inflammatory to pro-resolving
26 lipid mediators [31]. This work demonstrates that an increase of lipoxin A₄ (LXA₄) levels
27 correlates with the reduction in PGE₂ production, neutrophil recruitment, and consequently, the
28 resolution of inflammation [31]. SPMs are divided into four main families: the LX, the maresin
29 (MaR), the resolvin (Rv), and the protectin (PD) [28; 33; 34]. Endogenous biosynthesis of
30 SPMs depends on the action of different enzymes to convert arachidonic acid (AA),
31 eicosapentaenoic acid (EPA), docosapentaenoic acid (DPA), or docosahexaenoic acid (DHA)
32 into distinct molecule within the different SPM classes [28; 29; 30]. The biological effects of
33 SPMs are receptor-dependent and occurs via the activation of specific G protein-couple
34 receptors. The receptors and expressing cellular types are summarized in **Table 1**. The

1 pharmacology of SPMs has been widely explored since several studies demonstrate these
2 molecules might produce an enduring effect. Treatment with LXA₄ 72h before stimulus
3 increases the efficacy of this mediator against skin damage induced by ultraviolet B radiation.
4 For RvD1, when treatment is performed before the development of tactile allodynia, RvD1
5 produces 30 days of analgesic effect in opposed to its limited analgesic effect with treatment at
6 later time points provide limited analgesia [35]. MaR1, on the other hand, upon a single
7 treatment, displays five days of analgesic effect when treatment is performed before stimulus
8 with CFA and three days of analgesia when treatment is performed 24h after the stimulus [36].
9 In corroboration to our study, Allen and colleagues demonstrated that MaR1 presents 14 days
10 of analgesia after repeated treatments [37]. These sets of data show that isolated SPMs
11 demonstrate time-dependent and long-term efficacy even upon single treatment, which might
12 be useful for the treatment of inflammatory diseases.

13 Further studies focusing on the immune cell side of the resolution, show that the initial
14 production of SPMs are followed by the recruitment of a distinct subpopulation of pro-resolving
15 macrophages, which correlates with the resolution of inflammation [32]. This was demonstrated
16 using the self-resolving model of peritonitis induced by zymosan (1 mg, ip) [32]. Subsequent
17 studies using the same self-resolving model of peritonitis induced by zymosan (but now using
18 0.1 mg, ip) by Derek Gilroy's group, shed light on the role and phenotype of these pro-resolving
19 macrophages [38; 39; 40]. These cells possess a unique phenotype that is controlled by cAMP
20 while sharing some markers with M1 macrophages such as iNOS and COX-2 [38].
21 Transcriptomic analysis reveals that, while the resolution was also achieved after injection of
22 10 mg of zymosan, a higher number of M1-like macrophages without the acquisition of the pro-
23 resolving phenotype were generated when compared to stimulus with 0.1 mg of zymosan [39].
24 These results might indicate that hyperinflammatory states possibly compromise host response
25 against subsequent injury and complete resolution [39]. Subsequent analysis 60 days after
26 injection of zymosan (0.1 mg, ip) shows that resolving inflammation changes the immune cell
27 landscape of the peritoneal cavity. This new immune cell landscape provides a more rapid and
28 effective response against secondary tissue injury, indicating the existence of a possible tissue
29 memory mediated by pro-resolving macrophages [40]. Therefore, in addition to the production
30 of SPMs, complete resolution might be only achieved after this third phase of leukocyte
31 recruitment that is mainly dominated by tissue memory-generating macrophages [38; 39; 40].

1 **Table 1** – SPMs and their receptors

SPM Family	SPM	Receptor	Cell type	References
Lipoxins	LXA ₄ AT-LXA ₄		ALX/FPR2 – macrophage, neutrophil, lymphocyte, natural killer, ILC2.	[106]
	RvD1 AT-RvD1	GPR32 ALX/FPR ₂	GPR32 – macrophage, neutrophil, and lymphocyte.	[107]
Resolvins	D-series RvD2	GPR18	Macrophage, neutrophil, neurons, and astrocytes	[108; 109]
	RvD3	ALX/FPR ₂	Macrophage, neutrophil, lymphocytes, natural killer, ILC2.	[48]
	RvD5	GPR101	Macrophages, neutrophils and monocytes.	[82]
E-series	RvE1 RvE2	ChemR23	Macrophage, dendritic cell, natural killer, ILC2, and neurons.	[110; 111; 112]
	Protectins	PD1/NPD1	GPR37	Macrophage and Neutrophil
Maresins	MaR1	LGR6	macrophage and neutrophil	[84]

2 SPMs, Specialized pro-resolving mediators; LXA₄, Lipoxin A₄; AT-LXA₄, aspirin-triggered lipoxin
3 A₄; RvD1, resolvin D1; AT-RvD1, aspirin-triggered resolvin D1; GRP32, G Protein-Coupled Receptor
4 32; ALX/FPR₂, G-protein coupled formyl peptide receptor 2; ILC2, type 2 innate lymphoid cells; RvD2,
5 resolvin D2; GPR18, G Protein-Coupled Receptor 18; RvD3, resolvin D3; RvD5, resolvin D5; GRP101,
6 G Protein-Coupled Receptor 101; RvE1, resolvin E1; RvE2, resolvin E2; ChemR23, Chemerin Receptor
7 23; PD1, protectin D1; NPD1, neuroprotectin D1; GRP37, G Protein-Coupled Receptor 37; MaR1,
8 maresin 1; LGR6, leucine rich repeat containing G protein-coupled receptor 6.

9

10

11 **2. SPM levels and arthritis status**12 *2.1. SPM levels and arthritis status in humans*

13 In this section, we discuss the profile and role of SPMs in arthritis. Figures 1 and 2, and
14 **Table 2** summarize our discussion. Despite the common sense of arthritis patients' abilities to
15 predict weather changes, the balance between pro-inflammatory and SPMs could be closely
16 related to this phenotype. Previous studies have shown that the deficiency of 12/15-
17 lipoxigenase, a key enzyme in the synthesis of SPMs, are related to worsened outcome in an
18 arthritis model of K/BxN serum transfer in mice [41]. In corroboration, the overexpression of
19 15-lipoxigenase reduces inflammation, tissue damage, and increases SPM levels [42]. Those

1 evidence contributed to the advances in lipidomic research in the last decade, and useful
2 methodologies have been placed to identify and determine levels of lipid mediators in serum or
3 synovial fluid, paving new paths towards understanding its physiological role [43]. In fact, the
4 development of enzyme immunoassay [44] and the application of LC-MS/MS [43] for SPM or
5 their precursors detection were key steps for the understanding of the role and temporal
6 profiling of lipids in diseases in humans and rodents. They might be also used to stratify patients
7 in different phases of disease or even be used as predictive for drug responsiveness. A recent
8 study highlights that plasma levels of SMP are a potential biomarker for DMARD
9 responsiveness in patients with RA [45]. It was found, using supervised machine-learning
10 methodologies, that increased levels of RvD4, 10S,17S-diHDPA, 15R-LXA₄, and MaR1 are
11 linked to DMARD (methotrexate, mono or co-therapy) responsiveness in RA patients. If
12 confirmed in a larger clinical study (the comparison in that study was conducted by assessing
13 36 DMARD responders vs 26 non-responders), these results might provide important insights
14 for clinicians in terms of disease activity, therapy choice and efficacy [45].

15 Compelling evidence have shown, in fact, that there is a sharp edge between arthritis
16 disease status and lipid mediator levels [44; 46; 47; 48; 49] (**Table 2**). A disbalance in SPMs
17 correlates with the disease aggressiveness or pathogenesis, indicating SPMs might control
18 disease status [48]. In patients with active RA, lower plasma levels of MaR1 are found when
19 compared to patients with inactive RA or the healthy control [46]. Similarly, the levels of RvD1
20 are decreased in the serum of RA patients and negatively correlated with the connective tissue
21 growth factor (CTGF), which have increased levels in RA patients [47]. In a lipidomic study,
22 serum levels of SPMs are disrupted in patients with RA when compared to healthy controls,
23 levels of RvD3, RvD4, RvE3, 15-epi-LXA₄ (AT- LXA₄), and PGD₂ in healthy controls are
24 increased, whereas in RA patients higher TxB₂ levels were found [48]. This set of data indicate
25 that higher levels of circulating SPMs are found in healthy controls when compared to RA
26 patients (Figure 1). In the synovial fluid, however, patients with osteoarthritis (OA, usually used
27 as negative controls in studies with RA patients) have lower levels of SPMs or pro-resolving
28 precursors when compared to RA patients [44]. Specifically, lower levels of LXA₄, AT-LXA₄,
29 ALX/FPR2 mRNA, and 15-LOX, were observed in comparison to RA patients [44]. Of interest,
30 no healthy subjects were considered in that study and despite patients under treatment were
31 considered, no drastic medication influences were noted [44]. In a similar comparison study, in
32 spite of RA patients have higher levels of SPMs (PD1, LXA₄, and LXB₄) when compared to
33 OA, the levels of LTB₄, and LTB₅ were also higher in RA patients [49]. Furthermore, patients
34 under treatment with NSAIDs, in particular loxoprofen, have higher levels of PGE₂ in

1 comparison to patients taking celecoxib [49]. These data indicate that while circulating SPM
2 levels are reduced in RA patients (when compared to healthy controls), in the inflammatory
3 foci (joint synovial fluid) higher levels of these lipid mediators can be found (when compared
4 to OA patients) (Figure 1).

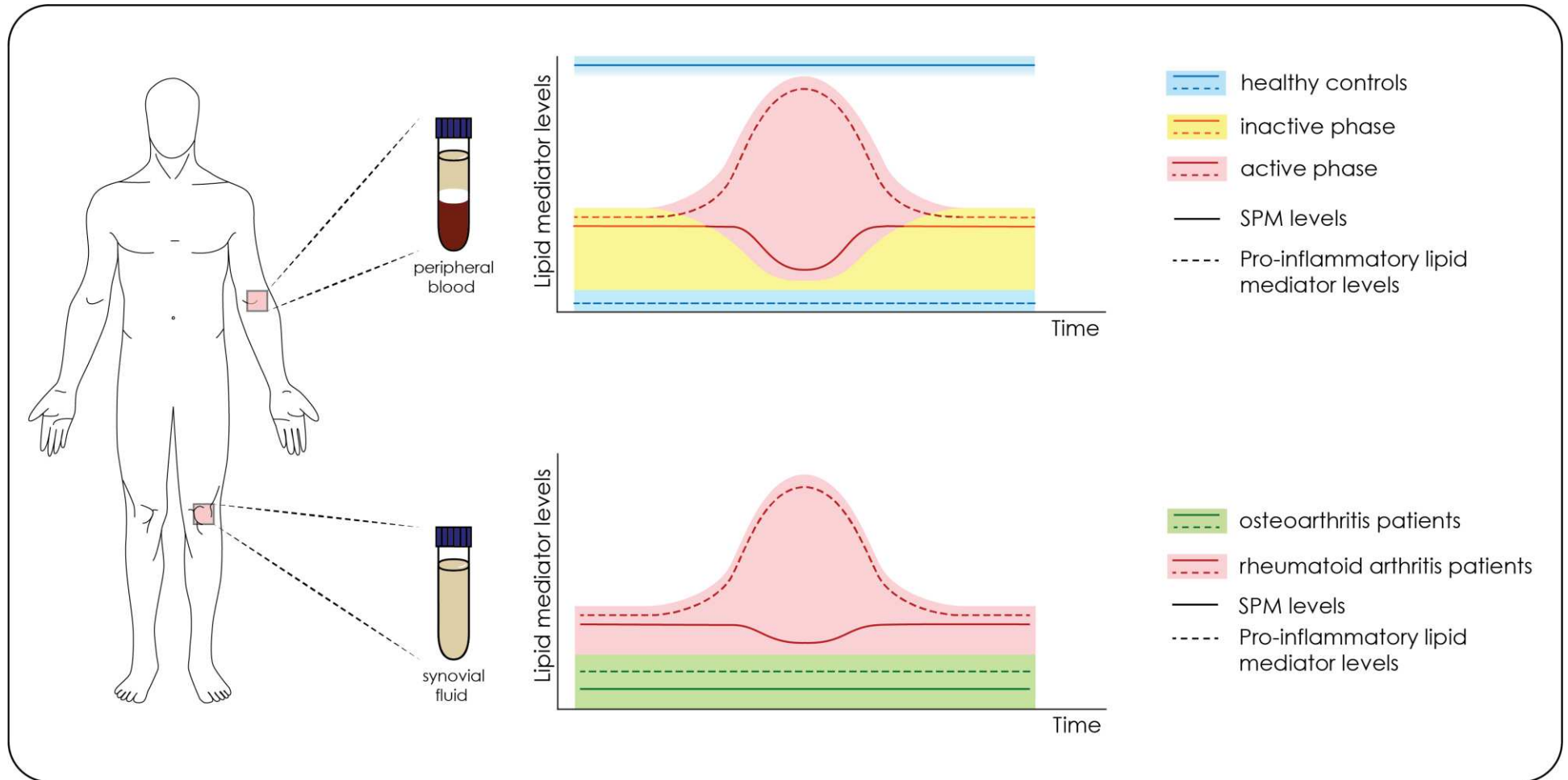
5 Importantly, not only the levels of SPMs are effective in reducing disease symptoms,
6 but also the precursors of those molecules might be related to analgesic and anti-inflammatory
7 outcome. In a cohort study, higher levels of 17-HDHA is negatively correlated to thermic pain
8 in patients with OA and healthy controls, whereas there are no changes in E- or D-series SPM
9 levels [50]. These shed light in the fact that the whole metabolism of polyunsaturated fatty acids
10 and their metabolites play a crucial role in the disease establishment, progression, and control.
11 For instance, in patients with different forms of arthritis the supplementation with n-3 long
12 chain polyunsaturated fatty acids (n-3FA) increases the levels of SPM, which negatively
13 correlates with pain score [51]. This strong evidence demonstrates the endogenous role of SPMs
14 and the importance of these mediators to arthritis. However, there are still several limitations
15 regarding to temporal determination of SPMs in the disease course in human patients.

1 **Table 2** – SPM and other lipid mediator levels in patients with arthritis and healthy subjects

Disease	<i>n</i>	Medication	Sample	Method	SPM measured	Observations	References
Rheumatoid arthritis	HC – 30 RA – 30	-	Serum	UPLC-MS/MS	MaR1	Patients with active RA have lower levels of MaR1 than healthy controls, or patients with inactive arthritis.	[46]
	HC – 30 RA – 30	-	Serum	UPLC-MS/MS	RvD1	RA patients have lower levels of RvD1 in the serum compared to healthy controls. RvD1 levels is negatively correlated to connective tissue growth factor, which is elevated in the serum of RA patients.	[47]
	HC – 3 RA – 3	-	Serum	LC-MS/MS	Lipidomic	RA patients have a disruption in SPM levels. Lower levels of RvD3, RvD4, RvE3, AT- LXA ₄ , and PGD ₂ , and high levels of TxB ₂ .	[48]
Rheumatoid Arthritis/ Osteoarthritis	RA – 30	Prednisolone (90%) NSAIDs (83%) Aspirin (13%)	Synovial fluid	ELISA	LXA ₄ , 15-epi- LXA ₄ , PGE ₂ , and LTB ₄	OA patients have lower levels of LXA ₄ , 15-epi-LXA ₄ , mRNA expression of ALX/FPR2, and 15-LOX, compared to RA patients.	[44]
	OA - 15	Prednisolone (0%) NSAIDs (6%) Aspirin (1%) Statin (1%)					
	RA – 18	NSAIDs (27%) Prednisolone (50%) Other (23%)	Synovial fluid	ESI-MS	Lipidomic	OA patients have lower levels of PD1, LXA ₄ , and LXB ₄ . RA patients show higher levels of LTB ₄ , and LTB ₅ . Patients under treatment with NSAIDs, in particular Loxoprofen	[49]
	OA – 26	NSAIDs (70%)					

		Acetaminophen (30%)					have higher levels of PGE ₂ when compared to patients taking celecoxib.
Osteoarthritis	HC – 52 OA – 62	-	Serum	LC-MS/MS	Lipidomic	No changes in E-series and D-series SPMs between groups. Thermic pain is associated with the levels of the precursor 17-HDHA.	[50]

- 1 17-HDHA, 17-hydroxy docosahexaenoic acid; AT-LXA₄, aspirin-triggered lipoxin A₄; ELSA, enzyme-linked immunosorbent assay; ESI-MS,
- 2 electrospray ionization-tandem mass spectrometry; HC, Healthy control; LC-MS/MS, liquid chromatography– tandem mass spectrometry; 15-
- 3 LOX, 15-lipoxygenase; LTB₄, leukotriene B₄, LXB₄, lipoxin B₄; MaR1, maresin 1; NSAIDs, non-steroidal anti-inflammatory drugs; OA,
- 4 osteoarthritis; PD1, protectin D1; PGD₂, prostaglandin D₂, PGE₂, prostaglandin E₂, RA: Rheumatoid arthritis; RvD1, resolvin D1, RvD3, resolvin
- 5 D3; RvD4, resolvin D4; RvE3, resolvin E3; UPLC-MS/MS, ultra-performance liquid chromatography-tandem mass spectrometry.



1

2 **Figure 1. Fluctuation in the levels of SPMs and pro-inflammatory mediators in human samples of serum and synovial fluid.** Schematic
 3 representation of the fluctuation in the levels of lipid mediators according to the authors' interpretation. In serum samples of healthy controls (in

1 blue), there are high levels of SPMs and low levels of pro-inflammatory mediators. In arthritic patients, the levels of SPM fluctuate according to
2 the disease phase, which varies between inactive (yellow) and active (red). In the synovial fluid (bottom panel), the levels of SPMs are higher in
3 RA patients (red) in comparison to osteoarthritis patients (green). In contrast, the levels of pro-inflammatory mediators are also higher in RA
4 patients, especially in the active phase.

2.2. SPM levels and arthritis status in mice

There are several models (acute and chronic) used to study the pathogenesis of arthritis as well as the mechanisms of novel anti-inflammatory and anti-rheumatic compounds. **Table 3** summarizes the best-known models to study different forms of arthritis with the human symptomatic features phenocopied by them. Serum-transfer of K/BxN mice induces polyarthritis with a T- and B cell-independent component and a major role of neutrophils [4]. This mouse strain expresses the T cell receptor (TCR) transgene KRN and MHC class II molecule A(g7) and spontaneously develop inflammatory arthritis alongside high titers of autoantibodies to glucose-6-phosphate isomerase [4]. Transfer of serum or anti-glucose-6-phosphate isomerase antibodies from K/BxN mice into wild-type mice induces polyarthritis [4]. By contrast, active immunization induces adaptive immunity responsible to the development of polyarthritis in collagen-induced arthritis (CIA) model, which is initiated through intradermal immunization with type II collagen emulsified in complete Freund's adjuvant (CFA) [5; 6]. Another polyarthritis model, the collagen antibody-induced arthritis (CAIA) model is induced by the passive transfer of antibodies, in this case a cocktail of monoclonal antibodies that are directed against conserved autoantigenic epitopes in type II collagen, followed by injection of LPS [6; 7]. The antigen-induced arthritis (AIA) model is another one that is induced by an immunization of the animal. Ovalbumin or, mainly, methylated bovine serum albumin (mBSA) mixed in CFA are the most frequently used antigens. Monoarthritis is induced after a local challenge (usually the knee joint is chosen) with the same antigen [8; 9]. Septic arthritis is highly aggressive and with rapidly progression type of infectious arthritis. *Staphylococcus aureus* is the most common causative agent of septic arthritis. Knee joint injection of *S. aureus* induces chronic pain and extensive joint damage and can be used to study this type of infectious arthritis [10; 11]. Intravenous injection of the bacteria is also used to induce transient bacteremia or sepsis with a percentage of animals developing septic arthritis [12; 13]. However, the induction of sepsis due to systemic bacterial injection might be a confounder for studying the analgesic effect of new compounds.

In mice, a temporal regulation of lipid mediators was also recently established [48]. This study demonstrates the resolution phase lipid class switch, and more importantly, the role of the SPMs in arthritis resolution and regulation [48] (Figure 2). In the K/BxN RA model, local joint inflammation starts after the second serum injection, and is accompanied with joint leukocyte recruitment, redness, and edema. Because this is a self-resolving model, 11 days after serum challenge, the resolution phase starts with the reduction of inflammation and clinical score [48]. Lipidomic analysis reveals that after challenge, an increase in pro-inflammatory

1 eicosanoids and concomitant decrease in most SPMs is observed [48]. In fact, as clinical
 2 manifestation starts, the levels of PGE₂, PGD₂, TXB₂, and LTB₄ increases in the paw tissue.
 3 Interestingly, 16 days after challenge, a robust lipid mediator class switch restores the levels of
 4 SPMs found in the naïve animals, healthy controls. In the resolution phase, D-series Rv (such
 5 as RvD1, RvD2, RvD3 and RvD4), MaR1, and PD1, have their levels restored [48]. Moreover,
 6 a second K/BxN serum challenge disrupts resolution phase, maintains the clinical score, and
 7 levels of pro-inflammatory lipid mediators, limiting the temporal class switch and delaying
 8 resolution (Figure 2).

9 In conclusion, pre-clinical and clinical data (**Table 2**) demonstrate that the fluctuation
 10 in SPMs levels has an inverse correlation to arthritis status and associated symptoms. Therefore,
 11 boosting SPM levels might be a potential approach for the treatments of rheumatic diseases.

12
 13 **Table 3** – Animal models of arthritis

Duratio n	Model	Stimulus (route)/Previous immunization	Mono or polyarthritis	Human phenocopied symptoms	Reference s
Acute	Gout	MSU crystals (intra-articular, knee joint)	Monoarthritis	Increased pro- inflammatory cytokine production in the knee joint	[115]
	Zymosa n	Zymosan (intra- articular, knee joint)	Monoarthritis	Synovial inflammation Pain	[116]
	LPS	LPS (intra- articular, knee joint)	Monoarthritis		[117; 118]
Chronic	AIA	mBSA (intra- articular, knee joint)/immuniza tion with CFA	Monoarthritis	Adaptive and innate component Cartilage destruction Increased cytokine production in the knee joint Synovial inflammation	[3; 9]
	CAIA	Cocktail of monoclonal antibodies (intravenous)	Polyarthritis	Adaptive and innate component Antibodies against cartilage epitopes Cartilage destruction Chronic synovial inflammation	[7; 119]

			Increased cytokine production in the knee joint	
CIA	Type II collagen (intravenous)/immunization with CFA	Polyarthritis	Adaptive immune component Antibodies against Bone and cartilage destruction Chronic synovial inflammation Joint-specific epitopes Synovial inflammation	[5; 120]
K/BxN	Serum transfer containing anti-GPI antibodies (intraperitoneal)	Polyarthritis	Cartilage and bone destruction Innate component Pain Synovial inflammation	[4; 121]
Prosthesis-related	TiO ₂ (intra-articular, knee joint)	Monoarthritis	Cartilage destruction Increased cytokine production in the knee joint Innate component Pain Synovial inflammation	[122]
Septic arthritis	<i>Staphylococcus aureus</i> (intra-articular, knee joint)	Monoarthritis	Bacterial growth and spread Cartilage and bone destruction	[10]
	<i>Staphylococcus aureus</i> (intravenous)	Polyarthritis	Chronic synovial inflammation Pain Synovial inflammation	[12; 13; 123]

1 AIA, adjuvant-induced arthritis; CAIA, collagen antibody-induced arthritis; CFA, complete
2 Freund adjuvant; CIA, collagen-induced arthritis, LPS, lipopolysaccharide; MSU, monosodium
3 urate; TiO₂, titanium dioxide.

4

5 **3. Endogenous SPM's role and levels in arthritis guiding possible therapeutic**
6 **approaches**

1 The contemporary understanding of the inflammation resolution process transformed the
2 field and opened novel avenues to a diverse niche of therapeutic possibilities. Also, The
3 publication of web-based resource named as Atlas of Inflammation Resolution [52] is also an
4 important step toward elucidating the process during the resolution process. This website
5 provides a molecular interaction map that allows users to visualize molecular pathways relevant
6 to inflammation and its resolution. These tools might allow a better understanding of the
7 resolution process and the potential uses and properties of SPMs. The endogenous SPMs play
8 important roles in the course of rheumatic diseases, as described above. Endogenous SPMs are
9 effective in limiting inflammation, protecting joint damage, therefore decreasing arthritis pain.
10 In fact, supplementation with omega-3 fatty acids or SPM precursors have shown efficacy in
11 clinical trials [30]. Altogether, those facts elicited the possibilities of SPM exogenous
12 administration in therapeutic approaches. In fact, there were attempts to test clinically the role
13 of RvE1 in the dry eye syndrome (clinicaltrials.gov identifier: NCT01675570, NCT00799552).
14 Despite the completion of the clinical studies, up to this point, no final results were published.
15 Focusing on pain, a major symptom in rheumatic conditions, evidence have shown that SPMs
16 can block nociceptor activation, hence decreasing pain (revised [30; 36; 37]).

17 Although peripheral inflammation fluctuates between asymptomatic and symptomatic
18 periods, the pain is still commonly persistent between those phases [37]. In the K/BxN-induced
19 self-resolving rheumatoid arthritis model, even after resolution of joint inflammation, pain is
20 persistent [37; 53]. By establishing the lipid profile in the dorsal root ganglia (DRG) neurons
21 (where the cell body of joint-innervated nociceptors are located), Allen and colleagues show
22 that after arthritis resolution there is a decrease in the levels of MaR1 in the DRG. This is
23 followed by M1 macrophage infiltration in the DRG and cytokine production (IL-1 β and TNF- α)
24 leading to neuronal activation and hyperalgesia. Treatment with MaR1 reduces mechanical
25 hyperalgesia, DRG M1 macrophage infiltration, and decreases cytokine expression in a
26 receptor-dependent manner [37]. Similarly, persistent hyperalgesia is also observed after
27 diseases resolution in the animal model of mBSA antigen-induced monoarthritis [54]. This
28 phenotype is due to elevated levels of TNF- α in the knee joint-innervated DRG, which might
29 possibly be modulated by pro-resolving molecules. Although limited, the literature supports the
30 important role of endogenous SPMs in the control of arthritis. Furthermore, these findings
31 suggest the use of SPMs in therapeutic approaches, and its suitability for the development of
32 novel treatments to arthritis (Figure 2). Thus, in this section, we focus on preclinical data
33 showing the endogenous physiopathological role and therapeutic potential of SPMs in arthritis-

1 driven inflammation and pain. The pro-resolving properties are described based in the precursor
2 molecule, *i.e.*, AA, DPA, DHA, or EPA. **Table 4** summarizes our discussion.

3 4 3.1. AA-derived SPMs

5
6 The AA is rapidly correlated to inflammation and fever. However, under the action of
7 different enzymes, AA is metabolized in lipids with anti-inflammatory, analgesic, and pro-
8 resolutive proprieties, such as, epoxyeicosatrienoic acids (EETs) [55], prostaglandin D₂
9 (PGD₂), 15deoxy- $\Delta^{12,14}$ -prostaglandin J₂ (15d-PGJ₂), and lipoxins.

10 EETs are precursors for several SPMs [56], including lipoxins. Administration of 14,15-
11 EET inhibits bone resorption and osteoclastogenesis in ovariectomy-induced bone loss in rats.
12 In addition, treatment with it decreases RANKL:OPG ratio and inflammatory cytokine. *In vitro*,
13 14,15-EET treatment in RAW264.7 and bone marrow mononuclear cells, suppresses RANKL-
14 induced osteoclast differentiation, and reduces the activation of several osteoclastogenesis
15 pathways. Altogether, the data points to this lipid as possible therapeutic strategy for osteoclast-
16 related disorders, such as arthritis [57].

17 In spite the potent effects, ETTs are rapidly metabolized by soluble epoxy hydrolase
18 (sEH) in ineffective molecules. Considering the instability of the compound, a therapeutic
19 approach relaying in the use of soluble epoxy hydrolase inhibitors (sEHi), which potentialize
20 endogenous ETT effects and SPM synthesis, can be useful. Interestingly, the administration of
21 ETT, or sEHi have similar effects in suppressing RANKL-induced osteoclast [57]. In dogs with
22 self-occurring osteoarthritis, pain was reduced upon administration of the sEHi EC1728 [58].
23 In addition, the administration of a mixture of EETs to canine chondrocytes increases cell
24 viability and reduces IL-6 and TNF- α expression. In another study, the effects of daily treatment
25 with the sEHi 1-trifluoromethoxyphenyl-3-(1-propionylpiperidin-4-yl) urea (TPPU)
26 ameliorates mechanical hyperalgesia, edema, histopathological score, and cartilage destruction
27 in the CIA model. In addition, the administration of TPPU reduces Th1- and Th17-related pro-
28 inflammatory cytokines, while increasing Treg cells cytokine profile expression [59],
29 demonstrating the therapeutic potential and immunoresolvent proprieties of ETTs in arthritis.

30 Downstream AA metabolization, prostanoids are a major group comprehending for
31 example, prostaglandin E₂ (PGE₂), prostaglandin D₂ (PGD₂), and its degradation product, the
32 15-deoxy- $\Delta^{12,14}$ -PGJ₂ (15d-PGJ₂). PGD₂ has been described to have a complex role in
33 inflammation, with pro- and anti-inflammatory effects in differences circumstances [60]. In a
34 model of CIA, the levels of PGD₂ increase in a time-dependent manner, accompanied by the

1 increase in the expression levels of its metabolism enzymes (hematopoietic PGD synthase
2 and lipocalin-type PGD synthase), and its receptors (PD1 and PD) [61]. In corroboration, the
3 administration of PD1 antagonist (MK0524) augments arthritis incidence and severity,
4 increases levels of IL-1 β , CXCL-1, and PGE₂, whereas reduces the levels of IL-10. On the other
5 hand, the administration of PGD₂, or PD1 agonist (BW245C) significantly reduce arthritis
6 incidence, inflammation response and joint damage, indicating the contribution of anti-
7 inflammatory AA metabolites to the control of pain.

8 15d-PGJ₂ is a natural and potent agonist of peroxisome proliferator-activated receptor
9 γ (PPAR γ) and is well described to have anti-inflammatory actions [62; 63]. In the arthritis
10 perspective, 15d-PGJ₂ ameliorates the outcome of CIA in rats by decreasing paw volume,
11 arthritis score, mononuclear cell infiltration, and pannus invasion [64]. In a similar study, the
12 cyclopentenone administration also reduces CIA clinical, histopathological and radiographic
13 scores, edema, and CIA-induced lipid peroxidation [65]. In human synovial fibroblast, the
14 treatment with 15d-PGJ₂ reduces TNF- α -induced matrix metalloproteinase-13 expression in
15 culture. While an agonist of PPAR γ the lipid inhibits NF- κ B translocation to nucleus in a
16 PPAR γ -independent manner by acting on IKK activation, indicating it can promote anti-
17 inflammatory effect by targeting multi-pathways [66]. In human osteoarthritic chondrocytes,
18 treatment with 15d-PGJ₂ blocks PGE₂ production with a milder effect on COX-2 expression.
19 Interestingly, in the presence of 15d-PGJ₂ independent of a COX-2 inducer, the enzyme levels
20 are increased [67]. Interestingly, pharmaceutical formulation with 15d-PGJ₂ have proven to be
21 even more effective [68; 69; 70; 71]. Nanocapsules loaded with 15d-PGJ₂ ameliorate MSU-
22 induced pain and inflammation in a model of gouty arthritis. The treatment reduces mechanical
23 hyperalgesia, edema, leucocyte recruitment to the knee joint, pro-inflammatory cytokines, and
24 oxidative stress. The effects were all PPAR γ -dependent [68]. These data support that 15d-PGJ₂
25 resolves inflammation by acting in different pathways in relevant cells in the context of arthritis.

26 The lipoxins are the first described SPMs [72], and the first lipid mediators of the
27 endogenous anti-inflammatory and resolutive machinery [73]. In fact, in a model of CIA, the
28 levels of Lipoxin A₄ (LXA₄) increase according to diseases progression achieving its peak on
29 the resolution phase onset [74]. Although, endogenous levels are important, the treatment with
30 LXA₄ has a protective effect in a model of zymosan-induced arthritis [75]. Local treatment with
31 LXA₄ reduces edema and leucocyte recruitment in a receptor-dependent manner as treatment
32 with BOC-1, an ALX/FPR2 receptor antagonist, abrogates LXA₄ effects. In addition, treatment
33 with BML-111, a potent ALX/FPR2 agonist, also decreases immune cell recruitment to the

1 knee joint [75; 76]. Complementarily, the administration of aspirin increases the levels of
2 lipoxins (*i.e.*, AT-LXA₄), thus reducing the inflammation also in a receptor-dependent fashion.
3 The potent anti-inflammatory and analgesic effects of AA-derived SPMs and their receptor-
4 mediated action allows the development of new formulations and novel drug candidates for the
5 control of arthritis symptoms and progression.

6 In conclusion, AA-derived SPMs include EETs, prostaglandins, and lipoxins, have been
7 shown to have pro-resolving effects in arthritic-related psychopathological events, by
8 decreasing inflammation, cytokine and chemokine levels, osteoclast activation, bone
9 degradation, and importantly reducing arthritis-related pain.

11 3.2. DPA/DHA-derived SPMs

12 The D-serie lipid mediators comprehend Rvs, MaRs, and PDs, which have been shown
13 to act in the reduction of inflammation, activation of non-phlogistic macrophages, or direct
14 blockage of neuronal activity [77]. In arthritis, the effect of RvD1, AT-RvD1, RvD3, RvD5,
15 and MaR1 were tested in animal models.

16 In arthritis, the persistent inflammation could lead to extended joint destruction, bone
17 resorption, and function loss [78]. As such, the relevance of RvD1, an agonist of GPR32 and
18 ALX/FPR, was primarily described by its *in vitro* action in human osteoarthritic chondrocytes
19 [79]. Treatment with it suppresses IL-1 β -induced expression of COX-2, inducible nitric oxide
20 synthase (iNOS) and metalloproteinase-13 (MMP-13), which results in lower levels of PGE₂
21 and nitric oxide (NO) production accompanied by the reduction in of NF- κ B-p65, p38/MAPK,
22 and JNK phosphorylation [79]. In addition to act reducing inflammation, RvD1 also reduces 4-
23 hydroxynonenal (HNE)-induced apoptosis, suppressing caspase-3 activation and lactate
24 dehydrogenase (LDH) release and increases Bcl2, AKT, and GSH [79]. RvD1 reduces the
25 differentiation of macrophages in osteoclasts inhibiting the expression of tartrate resistant acid
26 phosphatase (TRAP) and cathepsin-K [80]. Treatment with it also decreases the expression of
27 inflammatory molecules such as, TNF- α , RANK, and PGE₂, and increases IL-10 [80]. In
28 summary, the data indicate that *in vitro* experiments in the context of arthritis, RvD1 reduces
29 inflammatory pathways while increase anti-apoptotic ones, giving confidence for a novel *in*
30 *vivo* therapeutic approach.

31 *In vivo*, RvD1 reduces CIA clinical score, inflammation, bone and joint destructions
32 [80] while other study show that this SPM reduces angiogenesis and decreases the expression
33 of connective tissue growth factor (CTGF), and levels of IL-6, TNF- α , and IL-1 β [47; 80].

1 Using fibroblast-like synoviocyte culture, treatment with RvD1 lowers the levels of CTGF and
2 reduces the cellular proliferation. Mechanistically, RvD1 upregulates the expression of
3 miRNA-146a-5p, which was proven to decrease the levels of inflammatory molecules and
4 CTGF, *in vivo* and *in vitro* via the inhibition of STAT3 activation [47]. Altogether, this data
5 shed light in the protective effect of RvD1 to arthritis progression and related bone disorders
6 [80]. The systemic delivery of aspirin-triggered analog, AT-RvD1, or 17(R)-RvD1 is also
7 described to reduced CFA-induced arthritis hyperalgesia and cytokines expression (TNF- α and
8 IL-1 β) [81].

9 RvD3 is another GPR32 and ALX/FPR agonist that is also described to resolve
10 preclinical arthritis [48]. In the K/BxN arthritis model, treatment with RvD3 decreases the
11 arthritis clinical score, edema, and leucocyte recruitment. Importantly, the exogenous
12 administration, was also effective to reduce the levels of LTB₄, PGE₂, PGD₂, PGF_{2 α} , TXB₂,
13 and 8-iso-PGF_{2 α} . In animals lacking ALX/FPR2/3 receptor, the effects of RvD3 were
14 abolished, indicating its effects are dependent on that receptor [48]. Similarly, RvD5 reduces
15 prostaglandin and LTB₄ levels and improves arthritis clinical score, edema and weight loss, by
16 signaling via its receptor GPR101 in the K/BxN model [82]. However, an important point
17 regarding RvD5 is the demonstration of its lack of analgesic effect in female mouse [83] .
18 Considering the higher incidence of rheumatoid arthritis in women, treatment with RvD5 would
19 have this drawback compared to other analgesic SPMs.

20 Compelling evidence have shown that MaR1, an agonist of LGR6 receptor [84], have
21 analgesic, anti-inflammatory, and neuroprotective proprieties [36; 85; 86; 87]. In the K/BxN
22 model, lower endogenous levels of MaR1 in the DRG correlates with persistent mechanical
23 hyperalgesia and systemic delivery of it, either before or after the clinical signs of self-
24 resolution, significantly reduces mechanical hyperalgesia [37]. In addition, MaR1 inhibits
25 macrophage recruitment to the DRG and reduces the population of M1 macrophages,
26 contributing to pain reduction [37]. Regarding its effect on neurons, previous work of our group
27 demonstrated that MaR1 reduces CGRP release in cultured DRG and TRPV1 activation-
28 induced calcium influx *in vivo* [36]. By this neuronal regulation, intrathecal treatment with
29 MaR1 reduces the peripheral recruitment of inflammatory neutrophils and macrophages,
30 reducing in addition to pain, peripheral inflammation [36]. In corroboration, Allen and
31 colleagues demonstrated that MaR1 also reduces calcium influx induced by capsaicin (TRPV1
32 agonist) in a GPCR-dependent manner and CGRP release [37]. In another study, CIA-associate
33 clinical score and cytokine profile were abrogated with MaR1 treatment [46]. The

1 administration of MaR1 reduces the levels of TNF- α , IL- β , IL-6, IFN- γ , IL-17, and increases
2 the levels of IL-10 and TGF- β . Further, the number of Th17 cells were reduced, whereas the
3 number of Treg cells were increase with the treatment. There are strong evidence that RA
4 patients have increased number of Th17 cells and decreased proportion of Treg cells [88; 89].
5 The unbalance in Treg/Th17 ratio contributes to triggering autoimmunity and inducing
6 inflammation [88]. In terms of mechanism, treatment with MaR1 induces the overexpression
7 of miR-21, which increases Treg cell number and restore Treg/Th17 balance, therefore
8 improving disease outcome [46].

9 In addition to the isolated D-serie SPMs biologic activity, here reviewed, metabolomic
10 pathways also generate pro-resolving sulfido-conjugates, which are effective in elicit pro-
11 resolving phagocyte functions and tissue regeneration [90; 91; 92; 93]. Despite the effect that
12 MaRs-, PDs-, or Rvs-conjugates in tissue regenerations (CTR) were not explored in rheumatic
13 diseases, this recent described branch of pro-resolving mediators might add to novel approaches
14 for the treatment of arthritis, enlarging clinical perspectives of these classes.

15 In summary, the presented pre-clinical data highlight the important endogenous role of
16 D-serie Rvs, MaRs, and PDs in the control of arthritis symptoms. The current literature
17 demonstrates a series of protective effects, in which the SPMs orchestrate the resolution of the
18 inflammatory process, by decreasing the expression and/or release of pro-inflammatory
19 cytokines, chemokines, and lipid mediators. Furthermore, *in vitro* or *in vivo* treatment diminish
20 the differentiation and activation of osteoclasts, which decrease bone degradation. Combined,
21 the pro-resolutive, protective, immunoresolvent and analgesic properties of D-serie SPMs
22 improve the overall disease outcome.

23 24 3.3. EPA-derived SPMs

25 The E-serie resolvins include RvE1, RvE2, and RvE3. While their anti-inflammatory
26 effects have been demonstrated in models of asthma [94], atherogenesis [95], and dry eye
27 syndrome [96], and analgesic effects in models of inflammatory pain [97]; these mediators have
28 not been tested in rheumatic disease models. *In vitro*, however, treatment with RvE1 suppresses
29 RANK-L-induced RAW264.7 differentiation in osteoclasts, reduces the expression of
30 osteoclast-related genes, and decreases the process of bone reabsorption. Furthermore, RvE1
31 inhibits IL-17-induced expression of RANK-L, COX-2, and PGE₂ synthesis. These data
32 indicate that RvE1 act on pathways that interfere with osteoclast differentiation and bone
33 reabsorption, which might indicate that E-serie Rv could be effective in reducing arthritis

1 symptoms. However, it remains to be determined whether *in vivo* effects during arthritis are
2 observed with any of the RvE.

3

4 **4. Conclusions and future perspectives**

5 Focusing on the therapeutic point of view, we envision at least 4 different SPM-based
6 therapeutic approaches based on their pathophysiological roles in arthritis: **1)** Development of
7 more stable SPM analogues. BML-111 (a LXA4 analog) and benzo-diacetylenic-17R-RvD1-
8 methyl ester (RvD1 analog) are examples that we can highlight. These compounds are the
9 agonists of ALX/FPR2 and GPR32, respectively. BML-111 has demonstrated activity in two
10 different models of arthritis [76] and therefore the development of novel and stabler analogues
11 might help overcome the issue of SPM half-life. RX-10045 is an example that reached clinical
12 trials. RX-10045 is a pro-drug for a RvE1 analogue that has been tested for dry eye syndrome.
13 **2)** Development of pharmaceutical formulations to improve the effect of SPMs or their
14 analogues. Since SPM can be rapidly metabolized, the development of systems aiming at
15 protecting or enabling targeted delivery of SPM might be useful. For instance, SPM-loaded
16 nano capsules or ectosomes in addition to the use of polymeric nanoparticles might help
17 overcome this issue. For instance, 17(R)-RvD1- or a lipoxin analogue (benzo-LXA4)-loaded
18 ectosomes accelerates wound healing and reduces CFA-induced temporomandibular joint [98].
19 Another example is the utilization of an engineered polymeric nanoparticle containing the Ac2-
20 26 (an ANXA1 mimetic peptide). This system has demonstrated efficacy by promoting wound
21 repair in a model of colitis [99]. **3)** Development of pro-resolving small molecules. Given SPM
22 receptors are G protein-coupled receptors (GPCRs), the discovery of novel orthosteric agonists
23 (binds to the same site as the endogenous ligand), positive allosteric modulators (binds to a
24 different site and increases the activity of the endogenous ligand), or small molecules with the
25 ability of inducing biased agonism (activates a specific signaling pathway of a given GPCR)
26 are also interesting and promising alternative for stimulating resolution pathways. **4)**
27 Development of SPM catabolism blockers. Like monoamine oxidase inhibitor (MAOI) drugs
28 used for depression and in some cases chronic pain, the discovery of compounds with the ability
29 of targeting enzymes that promote SPM catabolism might be useful to increase endogenous or
30 exogenous SPM availability and thereby their effect. As we discussed above, evidence supports
31 that disease severity correlates with low levels of SPMs, thus, enhancing their levels might be
32 a manner of improving patient well-being by enhancing endogenous SPMs levels.

33 Interestingly, SPMs might be also useful for infectious arthritis. If not by bactericidal
34 effect *per se*, SPMs stimulate the phagocytosis and clearance of different pathogens. For

1 instance, RvD1 synergizes with ciprofloxacin to promote the non-phlogistic phagocytosis of
2 *Pseudomonas aeruginosa* during lung infection [100] and against *Escherichia coli* [101].
3 Similarly, other SPMs such as RvD2 [102], MaR1 [103], or PDX [104] decrease local and
4 systemic bacterial burden, which leads to increased survival in model of sepsis. These effects
5 could be helpful because: **i)** new resistant mechanisms are constantly being developed by
6 microorganisms, and therefore, compounds that block pain and actively fight infection are
7 likely to be more effective. **ii)** Some antibiotics, such as the β -lactam, induce bacteriolysis
8 releasing LPS and LTA that can induce post-infectious sequelae due persistent activation of
9 immune cells [105]. Therefore, in addition to block pain, SPMs enhance bacterial clearance,
10 lower antibiotic requirements, and shorten resolution time interval [101]. These effects can
11 contribute to reduce antibiotic resistance and post-infectious sequelae.

12 Concluding, in the past decades, the advent of SPM characterization allowed the
13 establishment of their pivotal endogenous role in different disease status and symptomatology.
14 There are pre-clinical and clinical evidence that arthritis initiation, symptoms development, and
15 its resolution line up well with the fluctuation in endogenous SPMs levels in a manner that low
16 levels of SPMs correlate with disease severity. In turn, using the reverse approach, treatment
17 with/replenishing/diminishing the metabolism of AA-, DHA/DPA-derived SPMs was
18 demonstrated to improve overall disease outcome, effectively reducing inflammation, pain, and
19 bone destruction. Those lipids reprogram immune cells, block neuronal activity, or modulate
20 the host response, without compromising the immune system or offering undesired side effects.
21 Thus, the understanding of SPMs endogenous roles in arthritis has open novel venues for better
22 understanding the disease itself, therapeutic approaches, and monitoring disease activity and
23 treatment efficacy

Table 4 – Pre-clinical effects of SPMs in rheumatic conditions

Mediator	Species	Model/Stimulus	Dose or concentration	Route	Outcome	Reference
AA	Mouse	Ovariectomy-induced bone loss	17 mg/kg	i.p.	Inhibits osteoclastogenesis and bone loss. Decreases RANKL:OPG ratio and inflammatory cytokines	[57]
	<i>in vitro</i> – Raw264.7 macrophages	RANKL	2 μ M	-	Suppresses osteoclast differentiation, phosphorylation of NF-kB, ERK, and JNK. Prevents the production of reactive oxygen species.	
	EC1728 (sEHi – EET indirect)	Dog	Self-occurring arthritis	5 mg/kg	p.o.	
	<i>in vitro</i> – canine chondrocytes	IL-1 β	0.4 μ g/mL	-	Increases cell viability and decreases levels of TNF-a and IL-6.	[58]

TPPU (sEHi – EET indirect)	Mouse	CIA	10 mg/kg	p.o.	Ameliorates hyperalgesia, histopathological score, and cartilage destruction. Decreases Th1- and Th17-related cytokine levels and increases Treg-related ones.	[59]
PGD ₂	Mouse	CIA	0.6 mg/kg	i.pl.	Reduces immune cell infiltration, bone erosion, and arthritis incidence.	[61]
	Rat	CIA	10 µg/kg	i.p.	Decreases paw volume, arthritis score, mononuclear cell infiltration, and pannus invasion.	[64]
15d-PGJ ₂	Mouse	CIA	30 µg/kg	i.p.	Decreases clinical, histopathological and radiographic scores, edema, and lipid peroxidation.	[65]
	<i>in vitro</i> – human synovial fibroblasts	TNF-α	1-3 µM	-	Reduces MMP-13 expression and NF-kB activation.	[66]

		<i>in vitro</i> – human osteoarthritic chondrocytes	IL-1 β	10 μ M	-	Blocks PGE ₂ synthesis, and partially reduces the expression of COX-2.	[67]
	15d-PGJ2 nanocapsule	Mouse	Gouty arthritis/MSU crystals	30 ug/kg	s.c.	Reduces mechanical hyperalgesia, edema, leucocyte recruitment, oxidative stress, pro-inflammatory cytokines, and mRNA expression of NLRP3 inflammasome components. Increases levels of IL-10.	[68]
		<i>in vitro</i> – bone marrow-derived macrophages.	MSU crystal	3 μ M	-	Decreases IL-1 β release.	
	LXA ₄	Mouse	Zymosan-induced	20 ng	i.a.	Reduces edema and leucocyte recruitment.	[75]
DPA/DHA	RvD1	<i>in vitro</i> – human	IL-1 β	10 μ M	-	Suppress COX-2, iNOS, and MMP-13 expression. Reduces PGE2 and NO levels.	[79]

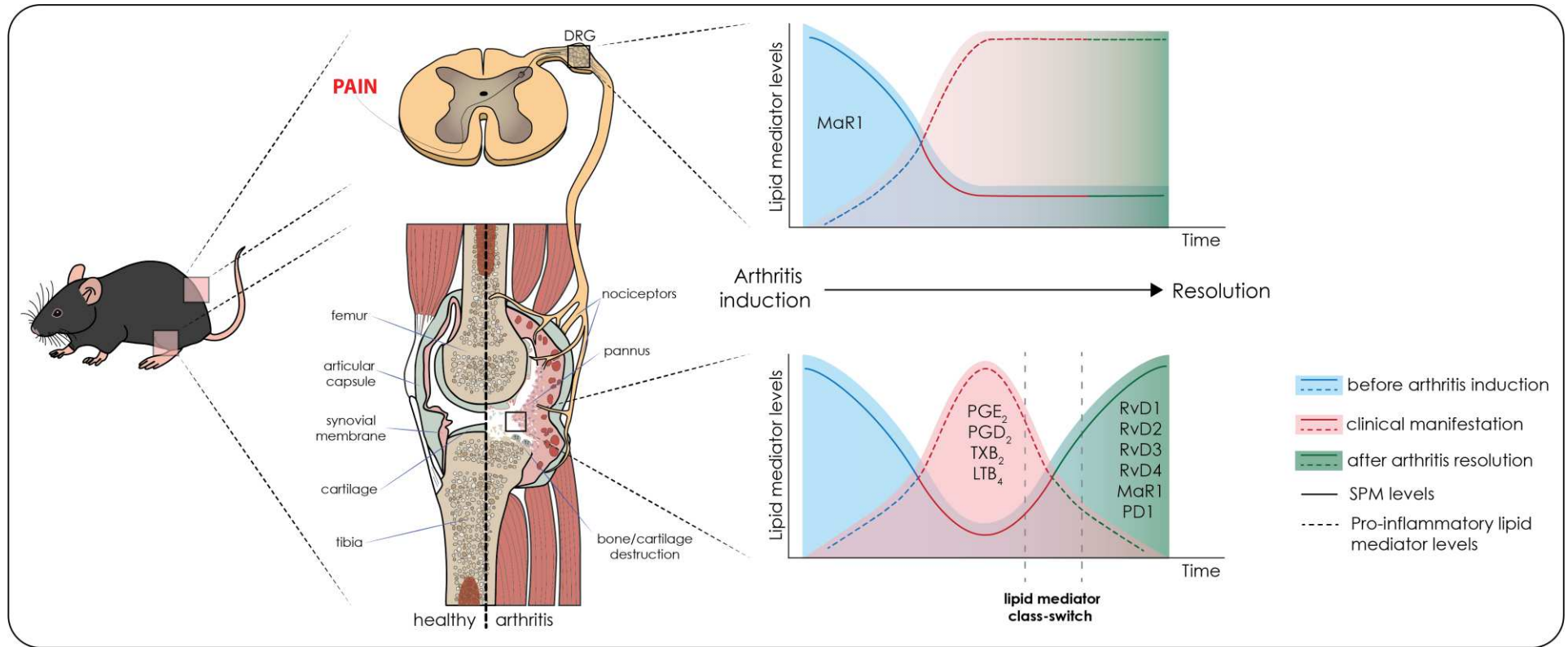
osteoarthritic chondrocytes.	HNE	10 μ M	-	Reduces apoptosis, caspase-3 activation and lactate LDH release. Increases the levels of Bcl2, AKT, and GSH.	
Mouse	CIA	100 ng	i.v.	Decreases angiogenesis and CTGF levels. Increases miRNA-146a-5p expression.	
<i>in vitro</i> – fibroblast-like synoviocyte	-	100 nM	-	Decreases the expression of pro-inflammatory cytokines and CTGF by upregulating the expression of miRNA-146a-5p and inhibiting STAT3 activation.	[47]
Mouse	CIA	500 ng	i.p.	Attenuates clinical score, cartilage degradation, and bone resorption. Decreases synovial proliferation, serum markers of cartilage and bone damage, and inflammatory mediators.	[80]
<i>In vitro</i> – Raw264.7	LPS M-CSF	500 nM	-	Reduces osteoclast differentiation, expression of	

		RANK-L			inflammatory mediators, and bone erosion.	
AT-RvD1	Rat	CFA-induced arthritis	100 ng	i.p.	Decreases mechanical hyperalgesia and levels of pro-inflammatory cytokines (TNF- α and IL-1 β).	[81]
RvD3	Mouse	K/BxN serum	100 ng	i.p.	Decreases arthritis clinical score, edema, and leucocyte recruitment. Reduces local eicosanoid levels (e.g. LTB ₄ , PGE ₂ , and TXB ₂) in an ALX/FPR2-dependent manner.	[48]
RvD5	Mouse	K/BxN serum	150 ng	i.p.	Reduces arthritis clinical score, edema, arthritis-induced weight loss, and levels of prostaglandin and LTB ₄ . The effects were dependent of GPR101 receptor.	[82]
MaR1	Mouse	K/BxN serum	100 ng	i.p.	Attenuates mechanical hypersensitivity; reduces	[37]

						monocyte/macrophage infiltration in the DRG.
						Reduces arthritis clinical score, and pro-inflammatory cytokine levels (TNF- α , IL- β , IL-6, IFN- γ , IL-17A). Increases levels of IL-10, TGF- β , and miR-21. Regulates Treg/Th17 balance.
	Mouse		CIA	100 ng	i.v.	[46]
EPA	RvE1	<i>in vitro</i> – Raw264.7	RANKL	100 nM	-	Reduces osteoclast differentiation, bone resorption, and expression of osteoclast-related genes. Decreases IL-17-induced expression of RANKL, COX-2 mRNA, and synthesis of PGE ₂ .
						[124]

1 AA, arachidonic acid; AKT, protein kinase B; AT-RvD1, aspirin-triggered Resolvin D1; Bcl2, B-cell lymphoma 2; EET, epoxyeicosatrienoic acid;
2 15d-PGJ₂, 15-deoxy-delta-12,14-prostaglandin J₂; CIA, collagen-induced arthritis; COX-2, cyclooxygenase-2; CTGF, connective tissue growth
3 factor; DHA, docosahexaenoic Acid; DPA, docosapentaenoic acid; DRG, dorsal root ganglia; ERK, extracellular-signal-regulated kinase; GSH,
4 reduced glutathione; HNE, 4-hydroxy-2-nonenal; i.a., intra-articular; i.p., intraperitoneal; i.pl., intraplantar; i.v. intravenous; IFN- γ , interferon-
5 gamma; IL-10, interleukin-10; IL-17, interleukin-17; IL-1 β , interleukin-1 β ; IL-6, interleukin-6; iNOS, inducible nitric oxide synthase; JNK, c-Jun
6 N-terminal kinase; LDH, lactate dehydrogenase; LPS, lipopolysaccharide; LTB₄, leukotriene B₄; M-CSF, macrophage colony-stimulating factor;
7 MaR1, maresin 1; MMP-13, matrix metalloproteinase-13; MSU, monosodium urate; NF- κ B, nuclear factor- κ B; NLRP3, NLR Family Pyrin

1 Domain Containing 3; NO, nitric oxide; OPG, osteoprotegerin; p.o., per oral; PGD₂, prostaglandin D₂; PGE₂, prostaglandin E₂; RANKL, receptor
 2 activator of nuclear factor-kappa B ligand; RvD1, resolvin D1, RvD3, resolvin D3; RvD5, resolvin D5; RvE1, resolvin E1; s.c., subcutaneously;
 3 sEHi, soluble epoxy hydrolase; STAT3, signal transducer and activator of transcription 3; TGF-β, transforming growth factor beta; TNF-α, tumor
 4 necrosis factor-α; TPPU, N-[1-(1-oxopropyl)-4-piperidiny]-N'-[4-(trifluoromethoxy)phenyl]-urea; TXB₂, thromboxane B₂.
 5



6
 7 **Figure 2. Pre-clinical levels of lipid mediators and their correlation with arthritis status.** Schematic representation of the fluctuation in the
 8 levels of lipid mediators, *i.e.* pro-inflammatory lipid mediators and SPMs, in arthritis initiation, resolution, and associated pain in the K/BxN-
 9 induced arthritis model. The time-dependent resolution process is singular and tissue-specific; therefore, there is a variation in the resolution

1 between the joint and DRG. In the joint, the inflammatory events lead to an increase in pro-inflammatory lipid mediators and decrease in SPM
2 levels. In the resolution phase, the lipid class switch supports the inflammation resolution and restore the levels of SPMs ([Arnardottir, Dalli,
3 Norling, Colas, Perretti & Serhan, 2016](#)). While the joint has the health status restored, in the DRG, the class switch does not occur at the same
4 pace, and the imbalance between pro-inflammatory mediators and SPMs in the dorsal root ganglia (DRG) result in persistent pain ([Allen et al.,
5 2020](#)).

6 **Author contributions**

7 All Authors contributed significantly to the writing and conception of this review article as well
8 as approved the final version of the manuscript.

9

10 **Declaration of Competing Interest**

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456

457 *Review*

458 **3.2 New drug targets for the treatment of gout: What's new?**

459

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477 **Abstract**

478 **Introduction:** Gout arthritis (GA) is an intermittent inflammatory disease affecting approximately
479 10% of worldwide population. Symptomatic phases (acute flares) are timely spaced by
480 asymptomatic periods. During acute attack, redness, joint swelling, limited movement, and
481 excruciating pain are common symptoms. However, the currently available therapies are not fully
482 effective in reduce symptoms and offered numerous side effects. Therefore, unveiling new drug
483 targets and effector molecules are required in developing novel GA therapeutics.

484 **Areas covered:** This review discusses the pathophysiological mechanisms of GA and explore
485 potential pharmacological targets to ameliorate disease outcome. In addition, we listed promising
486 pre-clinical studies demonstrating effector molecules with therapeutical potential. Among those
487 we emphasized the importance of natural products, including traditional Chinese medicine
488 formulas, and their multitarget mechanisms of action.

489 **Expert opinion:** In our search, we observed that there is a massive gap between the pre-clinical
490 and clinical knowledge. Only a minority (4.4%) of clinical trials aimed to intervene applying
491 natural products, or current hot targets described herein. In this sense, we envisage four
492 possibilities for GA therapeutics, which includes the repurposing of existing therapies, ALX/FPR2
493 agonism for improvement in disease outcome, the use of multitarget drugs (*e.g.*, natural products),
494 and targeting the neuroinflammatory component of GA.

495

496 **Key words:** natural products, specialized pro-resolving lipid mediators, drug repurposing,
497 multitargeting drug.

498 Highlights

499

- 500 • Current therapies for GA are not fully effective in control its symptom.
- 501 • The side-effects of available drugs are associated to the treatment discontinuance or are
502 not safe for patients with comorbidity.
- 503 • There is a huge gap in translational studies from pre-clinical to clinical research.
- 504 • In this review we highlight 15 mechanisms-based drug targets for GA prevention,
505 incidence, and treatment.
- 506 • Lipid mediator production and signaling are effective targets for GA therapeutics:
507 blockage of pro-inflammatory mediators and endogenous production of specialized
508 pro-resolving mediators (SPMs) or pharmacological treatment restore tissue
509 homeostasis in MSU-induced animal models of GA.
- 510 • Natural products with antioxidant and multitarget mechanisms are highly effective in
511 ameliorate MSU-induced GA in pre-clinical studies, thus are suitable candidates for
512 drug development or repurposing.

513 **1. Introduction**

514 Gouty arthritis (GA) is an inflammatory disease that affects approximately 10% of worldwide
515 population [1]. Diet habits and unbalanced metabolism of purines are triggers for hyperuricemia
516 (*e.g.*, increased plasma levels of uric acid). In this condition, saturation of uric acid leads to the
517 formation of monosodium urate crystals (MSU) deposits in the articular cavities and periarticular
518 tissues, and their sensing by the immune system [2]. The recognition of MSU crystals by resident
519 immune cells triggers an acute inflammatory crises (gout flare) accompanied by heat, redness,
520 joint swelling, limited movement, and, most importantly, excruciating and debilitating pain [3].

521 The first reports on GA were made by the Egyptian civilizations and dated from 2,640 b.C.
522 Although the vast majority of GA pathophysiological mechanism was described in the XXI
523 century [4], disease management is yet a great challenge. Although MSU crystals induce a self-
524 limited inflammation, this acute condition can become chronic, and may lead to the formation of
525 gouty tophi, massive MSU crystals formations that can reach sizes to be visualized without the
526 need of a microscope. By chronic stimulation of the immune system, there is induction of changes
527 in the cellular profile leading to the formation of giant cells derived from the fusion of macrophages
528 as usual in granulomas [5]. In fact, a fully effective therapeutic approach is one of the biggest
529 challenges in this millenary disease.

530 The complexity of GA pathophysiological mechanisms, at the same time it offers several
531 targets for drug development also trickers the outcome response with undesired side effects and
532 poor analgesic phenotype. Currently, the preventive management of GA lays on diet habits and
533 control of uric acid levels. During acute flares, non-steroidal anti-inflammatory drugs (NSAIDs),
534 steroidal anti-inflammatory drugs (SAIDs), and colchicine are often prescribed. More recently,
535 GA patients also may take advantage of immunotherapies, such as anti-IL-1 β humanized
536 antibodies or IL-1 receptor antagonist (IL-1ra). However, as most of the pharmacological
537 approaches, those therapies also have limited efficacy accompanied by significant side effects, and
538 high costs in the case of immunobiologicals. Therefore, the focus of this review is to discuss the
539 current pre-clinical scenario for GA therapies and list novel drug targets for this old disease.

540 2. Current knowledge on gout arthritis pathophysiology

541
542 Uric acid is a weak acid formed at the last steps of the purine metabolism. Under physiological
543 pH, uric acid is ionized and presented in the form of urate. The elevation of the serum uric acid
544 level above 6.8 mg/dL (pathological threshold of hyperuricemia) promotes the formation and
545 deposition of MSU crystals in tissues [6]. The most common cause of hyperuricemia in patients
546 with GA is the renal underexcretion, decreasing two-thirds of the urate excretion, or extrarenal
547 underexcretion, responsible for the remained urate excretion [7]. About 10% of the urate filtered
548 by the kidneys is excreted, the other 90% are reabsorbed through specific anion transporters, such
549 as resorptive urate-anion exchangers (URAT1/SLC22A12, OAT4/SLC22A11,
550 OAT10/SLC22A3) and resorptive urate transporter (GLUT9/SLC2A9) [8].

551 Most hyperuricemic patients remain asymptomatic and don't develop gout [9]. Previous
552 studies have already shown the correlation of genetic factors related to the function of transporters
553 with the development of GA. For instance, dysfunctional variants of renal urate transporter
554 URAT1/SLC22A12 have been described to have protective actions and decrease susceptibility to
555 GA [10]. Thirteen single nucleotide polymorphisms (SNPs) in genes of urate transporters
556 (ABCG2, SLC2A9, SLC22A11, GCKR, MEPE, PPM1K-DT, LOC105377323, and ADH1B)
557 were identified as predictors for the progression of hyperuricemia to GA, demonstrating the
558 participation of urate transporters in the GA pathophysiology [11].

559 In the context of hyperuricemia, the formation and deposition of MSU crystals in tissues is
560 dependent on several factors that could interfere with the solubility and local concentration of
561 urate, such as low temperatures, pH, concentration of water and cations, and components of the
562 extracellular matrix (i.e., proteoglycans, collagens) [12]. The presence of these factors explains the
563 deposition of crystals in peripheral joints, such as the metatarsophalangeal joint and osteoarthritic
564 joints [12]. Temperature also influences the activation of the inflammasome. Lower temperatures
565 (i.e., peripheral joints) favor the release of IL-1 β and GA development [13].

566 After formation and deposition of MSU crystals in the synovial fluid, it is phagocytosed by
567 resident mononuclear phagocytes (e.g., synoviocyte) triggering the production of reactive oxygen
568 species (ROS) and reactive nitrogen species (RNS) [5]. In addition to activate inflammasomal
569 NLRP3, the response to MSU crystals can also induces cytotoxicity, inflammation, and cellular
570 necrosis, such as the process of necroptosis [5]. In this case, crystal-induced cell necrosis is

571 mediated by the receptor-interacting protein kinase-3 (RIPK3) and the pseudokinase mixed-
572 lineage kinase domain-like (MLKL), which together form a necrosome complex that interacts with
573 mitochondrial membranes, leading to cell death [14]. Necrotic cells also amplify the local
574 inflammatory response by releasing DAMPs (*i.e.*, ATP, histones, alarmins, and IL-1 α) [5], which
575 bind to pattern recognition receptors (PRR), such as toll-like receptor (TLRs) and purine and
576 purinergic receptors (e.g., P2X7R), leading to further activation of the immune system [5].

577 The hallmark mechanism of GA is the assembly and activation of the NLRP3 inflammasome
578 upon MSU crystals phagocytosed by macrophages. The NLRP3 machinery is a multi-protein
579 complex that responds to danger signals, such as, mitochondrial ROS, potassium efflux, and
580 lysosomal proteins [5,15]. The assembly and activation of the inflammasome is divided into two
581 steps; the priming (signal 1) and the activation (signal 2), which ensures the specificity of the
582 response [4,16]. During the priming, the cell activates the downstream signaling pathway of NF-
583 κ B and promotes the expression of all functional components necessary for the assembly and
584 activation of the NLRP3 inflammasome, which occurs upon signal 2 [16]. NLRP3 inflammasome
585 composition includes NLRP3, an adaptor protein ASC, and pro-caspase-1 [16]. Pro-caspase-1 is
586 then activated in CASPASE-1 promoting proteolytic cleavage of pro-IL-1 β in biologically active
587 IL-1 β [5].

588 In GA, the priming is dependent on the activation of TLRs, especially TLR2 and TLR4 [4].
589 The role of these receptors may be due to the involvement of endogenous ligands (such as proteins
590 S100A8/ S100A9, and long chain free fatty acids) in preparing immune cells to producing pro-IL-
591 1 β [17,18]. Previous studies have demonstrated the activity of cold-inducible RNA-binding protein
592 (CIRP) in activating signal 1 in human neutrophils. CIRP is an endogenous molecule with pro-
593 inflammatory properties released during cellular stress situations [19]. For instance, neutrophils
594 pre-treated with CIRP produce IL-1 β in response to MSU stimulation, indicating that this protein
595 may also act as a signal 1, by increasing the expression levels of pro-IL-1 β , collaborating to
596 inflammasome assembly and release of active IL-1 β in response to MSU crystals [19].

597 The inflammasome activation occurs from the interaction of MSU crystals with the plasma
598 membrane of competent cells, and this signal is necessary for aggregation and polymerization of
599 the components of the inflammasome and release of IL-1 β . This interaction promotes a cellular
600 response that is poorly understood, but which includes the efflux of potassium and calcium through
601 ionic channels, and mitochondrial perturbations that lead to the production and release of ROS

602 [20,21]. Activating factors such as Nek7, a member of the Ser/Thr kinases (Nek) family related
603 mammalian to NIMA [22]. Nek7 promotes NLRP3 oligomerization and inflammasome assembly,
604 which is composed by the NLRP3 [16].

605 GA pathology is intimately connected to the release of IL-1 β , which orchestrates the
606 development of acute inflammatory episodes promoting vasodilation and neutrophil recruitment
607 [16]. The recruitment of neutrophils into the inflammatory microenvironment contributes to the
608 production and release of more pro-inflammatory cytokines and chemokines (*i.e.*, IL-8, IL-6 and
609 CXCL8), ROS, and lipidic mediators such as PGE₂ and LTB₄ [2,23]. It is also known that MSU
610 crystals induce neutrophils to produce and release neutrophil extracellular traps (NETs) [24],
611 leading to the death of these cells and contributing to the amplification of necroinflammation in
612 acute cases of the disease [5]. Furthermore, IL-1 β release results in the activation of varied cell
613 types via IL-1 receptor (IL-1R), and also contribute to the production of other pro-inflammatory
614 cytokines and chemokines, as well as the activation of pro-inflammatory transcription factors (*i.e.*,
615 NF- κ B and JNK) (SO; MARTINON, 2017).

616 In addition to IL-1 β , the participation of other cytokines in GA pathophysiology, such as
617 IL-33 and IL-17, has also been demonstrated. High levels of IL-33 are found in the synovial fluid
618 of GA patients [23]. IL-33 is a member of the IL-1 family that, upon release, acts as a cytokine
619 activating the ST2 receptors, promoting leukocytes recruitment in rheumatic diseases [25], and
620 foment immune response activation in GA [26]. The major mechanisms of IL-33 in GA is through
621 the enhancement of pro-inflammatory cytokines release by macrophages, specially IL-1 β [23].
622 Similarly, studies have also shown an increase in serum levels of IL-17 at the beginning of acute
623 GA flares, due to T-cell activation, which contributes to the development of the disease [27]. IL-
624 17 is a pro-inflammatory cytokine produced by T helper 17 (Th17) cells, playing an important role
625 in exacerbating autoimmune diseases, such as rheumatoid arthritis [28].

626 Both the abundant recruitment of neutrophils and the production of pro-inflammatory
627 mediators (*i.e.*, PGE₂, bradykinin, cytokines, substance P) sensitize and activate nociceptor
628 neurons, playing an important role in the development of excruciating pain, as reported by GA
629 patients [29–31]. MSU crystals do not directly activates sensory nociceptor neurons, however, its
630 deposition in the joint cavities and the cell-dependent inflammatory response induce pain [31]. In
631 this process, pro-inflammatory mediators, especially IL-1 β , sensitize nociceptor sensory neurons
632 causing the release and activation of cytokines, prostanoids, kinins, complement system

633 components, and neuropeptides that contribute to the development of pain. In fact, IL-1 β can also
634 act directly on nociceptors through neural receptors such as IL-1R1, and transient receptor
635 potential (TRP) family members such as vanilloid subtype 1 (TRPV1) and ankyrin 1 (TRPA1)
636 [31].

637 For instance, TRPV1 activation causes depolarization of the nociceptors and subsequent
638 release of neuropeptides, contributing to the production of nociceptive and edematogenic
639 responses in response to the stimulus with MSU [32]. TRPA1 is also expressed in peptidergic
640 sensory fibers, and is activated by ROS compounds (*i.e.*, H₂O₂). In fact, MSU crystals increase
641 H₂O₂ production, thus promoting the activation of TRPA1 channels, contributing to pain response
642 [33].

643 Although much have evolved in the understanding of GA pathophysiology, a massive gap is
644 still present in its treatment. Current treatments for GA were reviewed elsewhere [34–37].
645 Nevertheless, the control of uric acid serum levels is crucial to avoid acute flares or disease
646 aggravation over time generating chronic inflammation. Chronic cases of the disease are
647 characterized by the presence of chronic gouty synovitis, structural joint damage and the presence
648 of gouty tophi [9]. The gouty tophi consists of a nucleus where the MSU crystals are compacted,
649 a surrounding cell coronal zone and an external fibrovascular zone, representing a chronic
650 granulomatous inflammation [9]. Cells that participate in the innate and adaptive immunity, such
651 as multinucleated giant cells, and pro-inflammatory cytokines (*i.e.*, IL-1 β , TNF- α , TGF- β 1) are
652 also present in the chronic phase of GA [38]. Nevertheless, in all scenarios of the disease, the
653 control of excruciating pain is still an unmet need. **Figure 1** pictures the GA pathophysiology.

654 **3. Mechanism-based targeting of gout arthritis pathology**

655
656 The GA pathophysiological mechanism is plenished of components, going beyond of IL-1 β
657 system. Although the broad spectrum of involved components and signaling pathways limit pain
658 management, it also increases the possibility for drug targets. In addition, it might also indicate
659 that GA therapeutics should consider the use of multiple drug targets or drugs that have multiple
660 mechanisms of action. Thus, in this topic we focus to discuss and list some potential novel drug
661 candidates organized by their mechanism of action. The intention is to discuss potential candidates
662 considering their mechanism of action and not to provide an exhaustive list of drugs that act by
663 each mechanism since there is a limitation of citations as per journal style. We will also base our
664 discussion on the following types of approaches antagonism, agonism, or neutralization, for the
665 control of hypouricemia, pain, and inflammation in pre-clinical settings. Tables 1 – 15 summarize
666 our discussion.

667

668 **3.1. Inducers of the uric acid exporter ABCG2**

669

670 Studies have shown that ATP-binding cassette subfamily G member 2 (ABCG2), a higher-
671 capacity urate exporter, play a fundamental role in hyperuricemia and gout susceptibility, what is
672 presumed to be used as managers of GA pathophysiology. Loss-of-function mutations in this
673 protein are related to GA development, through disturbances in urinary, biliary, and fecal excretion
674 mechanisms [39–41]. For instance, SNP in rs72552713 gene was previously demonstrated to be
675 distinct in gouty arthritis patients and control individuals, with the allele T related with an increased
676 risk of gout by carriers [42]. In pediatric patients with early onset of hyperuricemia/gout, genetic
677 dysregulated ABCG2 variant was demonstrated to be a crucial risk familial factor component for
678 the disease [43,44]. Additionally, single nucleotide polymorphisms in ABCG2 rs2231142 can
679 predict nephrolithiasis and chronic kidney disease is Asian man [41]. Therefore, ABCG2
680 transporters are promising target candidates for GA treatment. **Table 1** brings details of the studies
681 cited in our briefly discussion.

682

683 **3.2. Modulators of phagocytosis and autophagy**

684

685 Recognition and phagocytosis of MSU crystals is an essential event of GA. This process leads
686 to the formation of phagolysosome that aim to particulate and inactivate crystals [45]. However,
687 due to the shape and physical characteristics, MSU crystals are not digested, to the contrary, they
688 cause the rupture of phagolysosomes and drive the inflammatory response since cathepsins are
689 sensed by and activate NLRP3 inflammasome assembling resulting in IL-1 β and IL-18 maturation
690 and release [4]. In fact, the reduction in crystals phagocytosis decreases NLRP3 inflammasome
691 activation, IL-1 β maturation [46]. A clinical study also demonstrated that the levels of pro-
692 inflammatory mediators, including IL-1 β and IL-18, are correlated with crystal phagocytosis index
693 in samples of synovial fluid (SF) from patients with GA [47].

694 In an *in vitro* study with normal human osteoblasts, the phagocytosis of MSU crystals triggers
695 – not only the activation of the inflammasome NLRP3 – but also the activation of a NLRP3-
696 dependent autophagy mechanism [48]. Differently from professional phagocytes (*e.g.*
697 macrophages) the engulfment of MSU microcrystals by osteoblast causes autophagy, which
698 although dependent on NLRP3, is not associate to the inflammasome-dependent production of IL-
699 1 β , thus ameliorating the inflammatory response [48]. Therefore, autophagy is a well conserved
700 mechanism – dependent on phagocytosis – to the complete removal of particles without
701 exacerbating the production of pro-inflammatory mediators [45,48]. Nevertheless, in the GA
702 context, the phagocytosis followed by autophagy are not effective in eliminate the particles [48].

703 Unfortunately, although very effective in GA, systemic or chronic blockage of phagocytosis
704 might be a double-edged sword. Those mechanisms are also important for tissue homeostasis,
705 including immune response and pathogens killing. Therefore, the schedule of treatment, dose, and
706 application route should be carefully determined to avoid susceptibility to infections. There are
707 compounds whose activity depends on reducing phagocytosis or inducing autophagy in GA (**Table**
708 **2**). Nevertheless, all the compounds discussed in this topic have been described to have multitarget
709 mechanisms including effects in the modulation of phagocytosis or autophagy. Thus, allowing the
710 development, repurposing, or supplementation to reduce GA flares.

711

712

713 **3.3. Inhibitors of ATP signaling and purinergic receptors**

714

715 The inflammatory response is often associated to cell damage and the release of danger-
716 associate molecular patten (DAMP). For instance, during the formation of extracellular traps ATP,
717 HMGB1, histones, and genetic material are expose to the extracellular inflammatory milieu.
718 During this process, ATP, and other DAMPs signals via specific receptor to foment inflammation.
719 Importantly, ATP signaling via purinergic receptor P2X ligand-gated ion channel 7 (P2X7R) also
720 culminates in the activation of NLRP3 inflammasome and IL-1 β maturation, a signaling pathway
721 shared with MSU-induced inflammation. In fact, during GA, ATP signaling via P2X7R seems to
722 synergistically induce the production of IL-1 β , since extracellular ATP changes might also
723 contribute to disease initiation and maintenance [49]. In a culture of blood monocytes-derived
724 macrophages obtained from gout patients, MSU crystals or ATP induced the release of IL-1 β when
725 compared to non-treated cells [50]. However, combined treatment with MSU and ATP enhances
726 in approximately 10-fold the release of IL-1 β [50]. In a model of MSU-induced GA in rats, the
727 administration of ATP in combination with MSU crystal accelerates the development of acute gout
728 symptoms, parameters that were decreased with pre-treatment with BBG treatment, a P2X7R
729 antagonist [51]. Moreover, ATP increase the release of pro-inflammatory cytokines and decrease
730 the Treg/Th17 ratio, exacerbating inflammation [51].

731 In humans, the gene that codifies P2X7R is described to have several SNP. Those
732 polymorphisms are, in some cases, associated to a spontaneous increase in IL-1 β release [52].
733 Patients with two or more SNP in the gene loci rs1653624 and rs7958316, presented higher
734 propension to develop GA [53]. Corroborating these results, in a rat model of self-occurring GA,
735 MSU and ATP are synergistic related to polymorphisms in a allele of P2X7R gene, which increase
736 the susceptibility to disease development [50]. Those compelling evidence not only shed light in
737 the synergetic role of P2X7R in GA, but also a potential drug target for the disease therapeutics.
738 **Table 2** also summarizes the molecules candidates for ATP receptor antagonists.

739

740 **3.4. Modulators of mitochondrial damage and mitophagy**

741
742 Mitophagy characterizes a process in which cells selectively remove injured mitochondria via
743 the specific sequestration and engulfment of this organelle, and subsequent degradation by
744 lysosomal activity [54,55]. It is a fundamental process for mediating cell survival and viability in
745 response to both stress conditions and regular physiological processes, aiming to reinstate

746 homeostasis [55]. This cellular phenomenon is triggered by the upstream effector of NLRP3
747 activation, mitochondrial oxidative stress, ROS generation, or in case of mitochondrial damaged
748 mitophagy is often in place [56]. In fact, mitophagy represents a critical process for the retainment
749 of the NLRP3 inflammasome activation in macrophages via p62 signaling [56,57].

750 In experimental models of GA, the investigation about whether the induction of mitophagy is
751 beneficial for GA treatment has been observed in some studies. For instance, the polyphenols
752 resveratrol [58] and curcumin [59], and the iridoid monoterpenoid loganin [60], were described to
753 reduce NLRP3 inflammasome activation, and the levels of IL-1 β /IL-18, by mechanisms also
754 related to the modulation of mitochondrial damage and mitophagy. The detailed mechanism and
755 experimental conditions are summarized in **Table 2**. In summary, those reports suggest that
756 mitochondrial distress participates in GA pathogenesis, and it is a targetable phenomenon, because
757 it contributes to NLRP3 assemble and IL-1 β production. In addition, resveratrol, curcumin, and
758 loganin are promising candidates to treat GA symptoms via mitochondrial protective effects.

759

760 **3.5. Inhibitors of inflammasome NLRP3**

761

762 The inflammasome NLRP3 represents a crucial mechanism of GA physiopathology, and each
763 of its components – NLRP3, caspase-1, and the adaptor molecule ASC – have pivotal roles in IL-
764 1 β maturation, which explain they are also drug targets for GA therapeutics. In this section, we
765 will review studies that described the inhibition of the NLRP3 to limit GA pathology.

766

767 **3.5.1. NLRP3**

768

769 The NLRP3 is the primary molecule for sensing and triggering the inflammasome
770 molecular platform assembly to maturate pro-IL-1 β and pro-IL-18. However, inhibiting NLRP3
771 is, by far, not the only approach to reduce inflammasome activity. Targeting NF- κ B activation has
772 also consequences such as preventing the induction of NLRP3 expression, and the components of
773 NLRP3 inflammasome. We have listed molecules that target this important molecular mechanism
774 in GA, as per inhibition of NF- κ B and impairment of NLRP3 expression, or the reduction in
775 NLRP3 and other components of this inflammasome (**Table 3**).

776

777 **3.5.2. ASC-speck**

778

779 NLRP3 inflammasome assembly requires the adapter protein apoptosis associated speck-like
780 protein containing a CARD (ASC) [4,61]. ASC oligomerization provides the generation of large
781 intracellular protein scaffold, creating a unique structure called ASC “speck” [62]. After
782 inflammasome NLRP3 activation, ASC protein polymerization contributes to the inflammatory
783 activity and is fundamental to pro-caspase-1 recruitment and further cleavage in its active form,
784 CASPASE-1 [63]. Therefore, targeting ASC expression or its assembling might contribute to GA
785 outcome. **Table 3** curates molecules that inhibit ASC-speck formation, ASC mRNA expression,
786 NLRP3 and ASC interaction, and upstream molecules involved in NLRP3 activation such as
787 TRAF1 (tumor necrosis factor receptor associated factor 1) in vitro or in MSU murine GA.

788

789 **3.5.3. Caspase-1**

790 IL-1 β maturation depends on CASPASE-1 proteolytic activity [4]. Therefore, targeting
791 CASPASE-1 is also a key to novel therapeutic approaches for GA. In the pre-clinical scenario
792 impairment of CASPASE-1 activity has been described to improve GA outcome [64,65].
793 Currently, the described approaches consist on the inhibition of its proteolytic activity and the
794 impairment of pro-caspase-1 interaction with NLRP3-associated components [64,65].
795 Specifically, there are molecules – listed in **Table 3** – that block CASPASE-1 activity by bidding in
796 the active pocket [64,65]. In addition, this specificity contributes not only to protein function but
797 also to CASPASE-1 interaction with other components and signaling pathways [64,65]. For
798 instance, the inhibition of CASPASE-1 activity by the small molecule NSC697923, suppressed
799 NF- κ B activation, blocked the interaction between receptor interacting protein-2 and pro-caspase-
800 1, thereby impairing NLRP3 priming and MSU-induced edema and IL-1b release [65]. Therefore,
801 blocking CASPASE-1 activity may involve the impairment of other processes necessary for
802 NLRP3 inflammasome activity.

803

804 **3.6. Inhibitors of cytokines, complement system, Toll-like receptor 4 (TLR4) and related**

805 **signaling pathways**

806

807 Neutrophil recruitment to joint cavity and periarticular tissue is a hallmark of GA [61].
808 Neutrophil recruitment in GA depends on the production of chemotactic cytokines [61]. In fact,
809 pharmacological treatment with DF2162 [61] or reparixin [66], allosteric antagonists of CXCR2
810 and CXCR1/2, respectively, and the selectin inhibitor, fucoidin [61] reduce neutrophil influx to
811 the knee joint cavity in models of GA. In addition to neutrophils, macrophages also contribute to
812 GA pathology. During GA, levels of macrophage migration inhibitory factor (MIF) are increased
813 in the synovial fluid of patients and in MSU-induced GA in mice. Those levels correlate positively
814 with IL-1 β levels in patients, [66]. Administration of recombinant MIF (rMIF) triggers the
815 expression of IL-1 β mRNA, which increases leukocytes recruitment, IL-1 β and CXCL1
816 production, and histological changes in a similar manner to MSU-induced GA [66]. MIF knockout,
817 pharmacological inhibition ((S,R)-3-(4-hydroxyphenyl)-4,5-dihydro-5-isoxazole acetic acid), or
818 antibody neutralization reduced all observed events [66]. Thus, demonstrating that MIF is a drug
819 target to reduce leukocytes recruitment and IL-1 β expression in GA.

820 Similarly, the level of the cytokine/alarmin IL-33 is described to be elevated in the synovial
821 fluid of patients with GA and correlates significantly with the number of total leukocytes and
822 neutrophils, in comparison to synovial fluid samples of osteoarthritis patients [23]. IL-33 has been
823 demonstrated to orchestrate the recruitment of neutrophils in other rheumatic diseases such as
824 rheumatoid arthritis [67]. The knockout of IL-33 receptor (ST2) decreased MSU-induced
825 inflammation, leukocyte recruitment, and pain [23]. Moreover, functionally, IL-33 potentiates the
826 maturation of IL-1 β in BMDM cells culture [23]. Mechanistically this also might indicate that
827 anti-IL-33 therapies (e.g., Itepekimab) or blockers for ligand-receptor signaling might be
828 repurposed to GA treatment, however pre-clinical and clinical studies are required.

829 Other cytokines, such as IL-17A, also contribute to GA pathophysiology. In fact, there are
830 Th17 cells in the MSU inflammatory milieu and treatment with anti-IL-17A monoclonal antibody
831 reduced MSU-induced joint inflammation [68]. These findings suggest that repurposing of IL-17
832 humanized monoclonal antibodies, such as secukinumab, used for the treatment of psoriasis and
833 psoriatic arthritis, might also be beneficial for GA patients.

834 Importantly, proteins from the complement system also participates in MSU-induced
835 inflammation in mice [69]. In a culture of peritoneal macrophages, the proteins C3a and C5a
836 increase in a concentration-dependent manner the release of IL-1 β in comparison to LPS-primed
837 cells, therefore suggesting a priming-like effect [69,70]. In fact, MSU crystals rapidly induce the

838 activation of complement system and increase the levels of C3a and C5a in mice peritoneal
839 exsudates [69]. C5a contributes to the increase in ROS production, which drives the expression of
840 NLRP3 components and IL-1 β maturation upon MSU stimulus [69]. Therefore, targeting the
841 complement system might be an important approach for GA therapeutics.

842 The production of IL-1 β and the inflammatory response caused by MSU crystals is also
843 dependent on TLR4, which guides downstream signaling to MSU-induced inflammation and pain.
844 For instance, TLR4 signaling can be blocked by lipopolysaccharide from *Rhodobacter*
845 *sphaeroides* (LPS-RS). Inhibition of spleen tyrosine kinase (SYK) with OXSI 2 also reduced the
846 release IL-1 β leading to the reduction of pain and inflammation in GA [71]. In another study,
847 Phosphoinositide-3 kinase gamma (PI3K γ) inhibition or knockout, reduced MSU-induced
848 inflammation, and pain [72], indicating a relevant role in gout arthritis pathophysiology. However,
849 considering the complex involvement of PI3K γ in several signaling process, potential side effects
850 upon chronic treatment should be considered. For instance, it has been shown that the analgesic
851 drug morphine activates PI3K γ in the DRG neurons to inhibit nociceptive neurons activation [73].
852 As endogenous opioids and other drugs such as diclofenac and dipyronne likely share a PI3K γ -
853 dependent mechanism [74,75], it is uncertain the extend that PI3K γ inhibition would have over
854 endogenous analgesic mechanisms. **Table 3** summarizes our discussion.

855

856 **3.7. Regulatory T lymphocyte (T_{reg})**

857

858 As mentioned earlier, adaptive immunity cells such as Th17 cells are relevant in GA pathology.
859 Tregs also represent a specialized group of T cells with the attribution of suppressing the immune
860 response, aiming homeostasis and self-tolerance. Tregs induced by B cells (Treg-of-B cells) is a
861 distinct Foxp3⁺ subpopulation active in inflammatory conditions. During *in vitro* settings, Treg-of-
862 B cells blocked the activation of NLRP3 inflammasome induced by MSU or ATP in macrophages,
863 and consequently, inhibited caspase-1 activation and IL-1 β production. Moreover, in a mouse
864 model of air pouch gouty inflammation, Treg-of-B reduced the influx of inflammatory cells, as
865 well as cytokine and chemokine production, therefore suggesting this subset of regulatory immune
866 cell represents a potential target for gouty arthritis control [76]

867

868 **3.8. Inducers of Nrf2 activation**

869
870 The activation of Nrf2-antioxidant responsive elements (ARE) transcriptional signaling confers
871 protective effects for cells through the induction of detoxification pathways and ROS elimination,
872 which ultimately, leads to a well-known anti-oxidant, anti-inflammatory, and analgesic effects.
873 Thus, the modulation of this pathways can render control of GA. Activation of Nrf2 orchestrated
874 resolution of GA by inhibiting MSU-induced articular edema, leukocytes recruitment, NLRP3
875 activation and increased the expression of antioxidant molecules, such as heme oxygenase-1 [77–
876 79]. **Table 3** details the experimental conditions and possible drugs targeting this pathway.

877

878 **3.9. Inducers of protein kinase A (PKA)**

879

880 PKA belongs to a family of enzymes whose activity is dependent on the cellular levels of cyclic
881 adenosine monophosphate (cAMP). PKA is characterized as a serine protein kinase that
882 phosphorylates serine and threonine (Ser/Thr) residues on its targets [80]. Regarding NLRP3
883 inflammasome activity, PKA is known to phosphorylate Ser/Thr residue, leading to NLRP3
884 ubiquitination and consequently, the suppression of NLRP3 activation [81,82]. Furthermore, the
885 PKA inhibitor, H89, favors NLRP3 inflammasome assembly and activation [82]. This result
886 suggests that PKA induction might be a potential target to treat NLRP3-dependent inflammatory
887 diseases. Example of PKA inducer can be found at **Table 4**.

888

889 **3.10. miRNAs and circRNAs**

890

891 Micro RNAs (miRNAs) are short non-coding RNA molecules that play important roles in
892 controlling gene expression. miRNAs are effective in modulating gene expression via mRNA
893 interaction, mRNA degradation, or translational repression [83]. Studies have evaluated the effects
894 of miRNA as therapeutical tools in experimental models of GA. For instance, miR-223-3p is
895 described to possess immunomodulatory and anti-inflammatory properties, and its dysregulated
896 expressions is related to infection [84] and rheumatic diseases [85]. It was demonstrated that miR-
897 223-3p can inhibit NLRP3 inflammasome activation and IL-1 β release in rodent macrophages [86]
898 and neutrophils [87]. In MSU-induced GA, miR-223-3p is downregulated in joint samples of rats

899 [88]. In addition, in fibroblast-like synoviocytes (FLS), treatment with miR-223-3p reduces
900 NLRP3, caspase-1, and IL-1 β at mRNA and protein levels [88].

901 Similarly, circular RNAs (circRNAs) represents a type of single-stranded RNA that forms
902 covalently closed continuous loop and are also related to transcriptional regulation [89]. For
903 instance, the levels of circHIPK3 have been shown to be increased in synovial fluid mononuclear
904 cells (SFMCs) from gouty arthritis patients and in MSU-stimulated THP-1 cells [90]. Increases in
905 circHIPK3 contributes to inflammation by sponging miRNA-192 and miRNA-561, which in turn
906 results in the promotion of toll-like receptor 4 (TLR4) and NLRP3 signaling [90]. Interestingly,
907 genetic deletion of CircHIPK3 reverted gouty arthritis in mice [90]. Altogether, these data
908 highlight the therapeutic potential of miRNA and circRNA modulation for the treatment of GA.
909 Examples of miRNA and circRNA that are active in GA or that activity has not been tested yet in
910 GA can be found at **Table 4**.

911

912 **3.11. Mediators and molecules regulating inflammation resolution**

913

914 The contemporary comprehension of resolution of inflammation has attributed to pro-
915 resolving lipid mediators an important function, and the fact that these molecules have analgesic,
916 anti-inflammatory, and pro-resolutive properties shed light in therapeutic approaches [91–93].
917 15d-PGJ2 is a cyclopentenone prostaglandin with peroxisome proliferator-activated receptor-
918 gamma (PPAR- γ) dependent and independent signaling mechanisms with pro-resolution effects
919 [94]. The treatment with 15d-PGJ2-loaded nanocapsules inhibited MSU-induced joint mechanical
920 hyperalgesia, edema, leukocyte recruitment, and oxidative stress in a PPAR- γ -dependent manner
921 [95].

922 Other pro-inflammatory mediators, such as leukotriene B4 (LTB₄), were described to be
923 involved in MSU-induced nociception [61]. Blocking 5-LOX activity with the five-lipoxygenase
924 activating protein inhibitor MK886, reduced mechanical hyperalgesia, neutrophil recruitment, and
925 the levels of IL-1 β and CXCL1, indicating a lipid mediator related nociception mechanism [61].
926 Similarly, the same effects were obtained by treating mice with LTB₄ receptor (BLT1) antagonist,
927 CP105696 [61]. Moreover, in vitro, CP105696 treatment reduces both LTB₄- and MSU-induced
928 ROS production [61]. 5-LOX is also important for the synthesis of specialized pro-resolving
929 mediators (SPMs), which have been described to exert anti-inflammatory and analgesic proprieties

930 in experimental gouty arthritis [96]. In the context of resolution pharmacology, Annexin A1 signals
931 through ALX/FPR2, a G protein-coupled receptor (G-PCR), which has the SPM LXA₄ and RvD1
932 as agonists. The treatment with the AnxA1-active N-terminal peptide (Ac₂₋₂₆), reduced MSU-
933 induced inflammation in the knee joint [97]. In addition, synthetic LXA₄ mimetics (sLXms), AT-
934 01-KG, also agonist of ALX/FPR2 reduced MSU-induced associated inflammation [98]. These
935 data indicated that the resolution process of inflammation might be an effective target via
936 ALX/FPR₂ [96–98]. Therefore, in summary targeting 5-LOX can reduce gout inflammation.
937 However, it must be verified in clinical settings whether this approach will interfere with the
938 endogenous production of pro-resolution lipid mediators and the extend that this will affect the
939 effectiveness of treatment. At least by exogenous administration, SPM such as LXA₄ and RvD1
940 reduce gout inflammation and pain [96–98]. **Table 4** summarizes the detailed mechanisms and
941 experimental settings.

942

943 **3.12. Targeting neuroinflammation and neuro-immune communication**

944

945 The recognition and phagocytosis of MSU crystal by resident cells is fundamental to trigger
946 GA. Despite colchicine partially inhibits this phenomenon, treatment is accompanied with severe
947 gastrointestinal side-effect [99]. The neuropeptide calcitonin gene-related peptide (CGRP), which
948 is abundant in the synovial fluid of GA patients [100] was observed to enhance crystal
949 phagocytosis and IL-1 β maturation [96]. Quite interestingly, resolving D1 (RvD1), a SPM,
950 disrupted nociceptor neuron activation and CGRP release *in vivo* and *in vitro*, thus, RvD1 blocked
951 CGRP-induced enhancement of MSU crystals phagocytosis and IL-1 β release. These results reveal
952 that RvD1 can inhibit neuro-immune communication to reduce GA [96]. This study also sheds
953 light that anti-CGRP therapies available for the treatment of migraine (*e.g.*, atogepant, erenumab,
954 eptinezumab, fremanezumab, and galcanezumab) or its receptor antagonism (*e.g.*, rimegepant),
955 might be repurposed for GA treatment, however complementary studies are yet necessary.

956 Another possible targetable approach is by modulating nociceptor neuron activation. TRP
957 channels are well known to participate in GA pathophysiology contributing to edema and pain
958 [32,71,101,102]. In fact, blockade of TRPA1, TRPV1, and TRPV4 resulted in overall reduction in
959 MSU-triggered disease [32,101,102]. The blockade of TRPA1 by HC-030031 reduced disease
960 outcome and the expression of TRPA1 and TRPV1 in DRG neurons [101]. Similarly, TRPV1

961 antagonism with SB366791 also results in analgesic effect and the reduction of inflammatory
962 markers [71,103]. This pharmacological approach is in line with the detection of increased TRPV1
963 in the DRGs of gout arthritis rats compared to negative controls indicating a gain of function of
964 this channel [32,103]. In addition, GSK219, a TRPV4 antagonist was described to reduced GA-
965 related symptoms in mice [102]. On the other hand, neuronal hyperpolarization is another possible
966 approach [104]. Treatment with Retigabine and Flupirtine, agonists of the potassium channel
967 family Kv7/M (potassium channels family) reduced mechanical and thermal hyperalgesia [104].
968 Another analgesic mechanism related to neuronal hyperpolarization is dependent on neuronal
969 production of NO followed by activation of cGMP/PKG/ATP-sensitive K⁺ channels signaling
970 pathway [105]. In fact, in a study the effects of an NO donor were tested in mice [106]. The NO
971 donor administration decreased primary afferent neuronal activation, articular mechanical
972 hyperalgesia and knee joint edema [106]. Treatment also reduced leukocyte recruitment, oxidative
973 stress, NF-κB activation, and the production of pro-inflammatory cytokine [106]. These
974 mechanisms are detailed in **Table 4**. In summary, neuroimmune interactions and neuronal
975 modulation might also be pursued in the treatment of GA.

976

977 **3.13. Antioxidants and multitarget drugs**

978

979 Natural products such as flavonoids, polyphenols, terpenoids and sesquiterpene lactones are
980 well known compounds with pronounced anti-inflammatory and analgesic actions in different
981 experimental conditions [107,108], including GA. In **Table 5** we list the compounds and their
982 detailed mechanisms of action in GA signs and symptoms. In general, the outcome observed in
983 experimental mice models upon treatment with antioxidants are multiples mechanisms
984 culminating in symptoms improvement.

985 Flavonoids present antioxidant proprieties by reducing oxidative stress [79,109–112] and by
986 increasing endogenous antioxidant systems, *e.g.* increase in glutathione levels [79,109,110].
987 Among the effects, reduction in leukocytes recruitment to joint tissue [79,109,110,113,114],
988 blockade of NF-κB activation [79,110,114], decrease in mRNA expression and protein levels of
989 chemokines and cytokines, especially IL-1β [79,110,113,114] are often observed. In addition to
990 the shared mechanisms, the analgesic, antioxidant, anti-inflammatory effects of the flavonoid
991 quercetin were blocked by opioid antagonist, naloxone [109]. In this sense, quercetin exert its

992 analgesic effects in a similar mechanism as opioids [109]. Moreover, flavonoids have a low
993 toxicity profile and also exert effects in downregulated hyperuricemia [115].

994 The triterpenoids are other class of natural products that have been described to exert anti-
995 gouty effects. Mechanistically those compounds on the inhibition of leukocytes recruitment [115],
996 paw edema [115], and reduced the levels of pro-inflammatory cytokines [116]. Sesquiterpene
997 lactones are abundant in plant extracts and have anti-inflammatory and analgesic proprieties [117].
998 In fact, experimental GA mice present treated with sesquiterpenoids have been described to also
999 inhibited leukocyte recruitment to the synovial tissue [118,119] and improve GA signs in rodents
1000 [120,121]. Particularly, the sesquiterpene lactone budelein A, reduced MSU crystal phagocytosis,
1001 decreased NF- κ B activation, and NLRP3 inflammasome-dependent IL-1 β maturation,
1002 contributing to inhibit a crucial pathophysiological step in gout [119]. Isoquinoline alkaloids are
1003 also natural products belonging to the family of phytochemicals [122]. In a model of GA in mice,
1004 isoquinone alkaloid treatment reduced MSU-induced pain, edema, leukocyte recruitment, and the
1005 production of pro-inflammatory cytokines [121]. In addition, *in vitro* (RAW 264.7
1006 macrophages)/*vivo* data also evidenced that this compound exerts its anti-GA properties by
1007 targeting ROS-NLRP3-ASC speck-capsase-1 signaling and inducing antioxidant enzymes [121].
1008 Thus, revealing its various mechanisms and targets to counteracts the GA pathology.

1009 Plants extracts, such as from *Coffea arabica* and *Lychnophora pinaster* were described to have
1010 analgesic proprieties in GA [115][123] [124], by targeting leukocyte recruitment, cytokine
1011 production (*i.e.*, IL-1 β and TNF- α) [123,124]. Importantly different organic fractions from
1012 *Lychnophora pinaster* have an additional mechanism, regulating hyperuricemia by inhibiting
1013 xanthine oxidase (XOD) activity [115]. Therefore, those and other natural products and plant
1014 extracts (Table 14) should be further considered as potential candidates to gouty therapeutics.

1015 The protein phosphatase A2 (PPA2) mediates a wide range of cellular activity, including GA
1016 [112]. In BMDM cells, MSU or nigericin stimulation reduced the expression of PPA2, while the
1017 anti-hyperuricemic drug febuxostat and the PPA2 activator fingolimod phosphatase restored PPA2
1018 levels [112]. Changes in expression levels were accompanied by inhibition of leukocyte
1019 recruitment and IL-1 β production, whereas increased the recruitment of anti-inflammatory non-
1020 classical monocytes [112]. These effects were mechanistically attributed to the inhibitory activity
1021 of PPA2 upon xanthine oxidase-derived ROS in M1 macrophages [112]. Therefore, this study

1022 highlights that PPA2 participates in GA pathophysiology, and its activation (e.g., using
1023 fingolimod), might be a promisor multi target drug for GA treatment.

1024 The inflammatory milieu in gout arthritis is also composed by kinins and angiotensin II, which
1025 are described to be involved in pain perception and inflammation in several diseases. They have a
1026 common step in their synthesis/metabolism since the angiotensin converting enzyme that converts
1027 angiotensin I in angiotensin II, degrades bradykinin [125,126]. In a model of MSU-induced gout
1028 in rats antagonism of kinin receptor B1, reduced pain behavior and edema [127]. In another study,
1029 the antagonism of Angiotensin receptor type 2 (AT₂R) ameliorates gout arthritis outcome in mice,
1030 reducing pain, edema, leukocyte recruitment [128]. Therefore, the anti-inflammatory effects of
1031 kinin receptor B1 and AT₂R antagonists might be further explored as multitarget drugs in gout
1032 arthritis therapeutics.

1033

1034 **3.14. Traditional Chinese medicine (TCM)**

1035

1036 Herbal formulas comprehend the base of TMC. Despite TCM and herbal extracts have shared
1037 multitarget mechanism with antioxidant molecules (Table 14), we have designated this section to
1038 reinforce the cultural importance of TCM and its effects in in experimental GA. The herbal
1039 formulas, experiment details, and mechanisms are listed in **Table 5**. In summary, centenary TCM
1040 herbal formulas have been described to exert protective effects by reducing hypouricemia [129–
1041 131]. In addition, most formulas are described to reduce leukocytes recruitment [129,130,132–
1042 134], the levels of pro-inflammatory lipid mediators (*i.e.* PGE₂ and LTB₄), and production of pro-
1043 inflammatory cytokines (*i.e.* IL-1 β , IL-6, and TNF- α) [129,130,134].

1044

1045 **3.15. Gout and Gut microbiota**

1046

1047 In the past decade, significant progression was made towards understanding the effects and
1048 roles of gut microbiota in health and disease. Most importantly, how dysbiosis might interfere in
1049 disease initiation or outcome. In a study with two independent cohorts analyzing 1392 subjects,
1050 microbiota dysbiosis is associated with increased serum levels of urate [135]. In particular, the
1051 increase levels are observed with low relative abundances of genus *Coprococcus*, demonstrating a
1052 direct effect of gut microbiota in disease propension [135]. In addition, microbiota dysbiosis in

1053 GA patients is also associated with enriched function on carbohydrate metabolism but a lower
1054 potential for purine metabolism, increasing the susceptibility to higher urate plasma levels and GA
1055 occurrence [136].

1056 Importantly, the influence in urate levels gut microbiota is also associated to individual response
1057 to urate-lowering therapies [137]. A cohort study analyzed stool samples from health and GA
1058 patients [137]. The study also divided GA patients in two groups, those that respond to urate-
1059 lowering therapy (febuxostat), and patients with uncontrolled urate levels even under febuxostat
1060 treatment [137]. The study demonstrated, using 16S rRNA gene-based microbiota analysis, that
1061 the diversity gut microbiota was reduced in GA patients compared to health controls [137].
1062 Furthermore, this difference was more accentuated in patients that do not respond to urate-
1063 lowering therapies [137]. Corroborating these data, in another cohort study, patients treated with
1064 febuxostat have more diversity and increased potential for purine metabolism [136]. To the
1065 contrary, oral administration of colchicine also induces gut microbiota dysbiosis in mice [138].
1066 These results associated to functional metagenomics predictions and exploration functional
1067 biomarkers indicate that modulation of gut microbiome may also serve as a tool to treat and predict
1068 responsiveness of patients to the treatment and drug efficacy [136,137,139]. **Table 5** lists the
1069 influence of microbiota products to GA outcome and possible therapeutic approaches using
1070 microbiota enrichment (probiotics administration) for the control of hyperuricemia [140,141].
1071 Therefore, the current literature supports that gut microbiota might be modulated biologically or
1072 pharmacologically to improve organism responses to inflammatory diseases, including GA.

1073 4. Conclusions

1074 The present review discusses the current knowledge on gout arthritis disease mechanisms
1075 and treatments under pre-clinical investigation. This scenario allows to identify disease
1076 mechanisms indicating novel potential targets to develop gout arthritis treatments. Novel
1077 treatments are needed on the basis of molecules that present lessened side effects or other types of
1078 side effect, which allows selecting the treatment drug that is the most adequate to the co-
1079 morbidities of a specific patient. Lowering the treatment cost is also relevant since biologicals are
1080 effective, but the cost is too high. Drugs that target the signaling pathways involved in IL-1 β
1081 maturation and are not biologicals, could represent a great advance for the patients. Effectively,
1082 just a low number of patients can afford an anti-IL-1 β treatment that costs around \$250,000 (USD)
1083 per year and is considered to have the lower cost-effectiveness acceptability probability [142].
1084 Higher efficacy is also desirable since the gout inflammation is not well-controlled in most cases
1085 and in the acute flares. In fact, the management of acute flares needs improvement since the patient
1086 feels excruciating pain that is not fully controlled. Considering this rationale, we sieve the literature
1087 to present the current targets for drug development as well as some examples of molecules with
1088 promising activity against the disease mechanisms of gout arthritis. **Figure 2** depicts the GA
1089 signaling pathways that are targeted by mechanism-specific drug groups (bold numbers) discussed
1090 herein.

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5. Expert Opinion

Since GA first reports more than 2,000 b.C. and until today, the humanity has struggle to control its symptoms and impacts in life quality. It is not that there are not available therapies, but the lack in fully active anti-inflammatory and analgesic therapies during GA flares, or the innumeros undesired side effects discourage patients' adherence to treatment. Unfortunately, GA therapeutics are yet an echoing question. An echo questioning what is new, how should it be improved, and how patients could beneficiate from more effective therapies? One important point is that patient's response to treatment vary, which means a portion of patients report reasonable analgesic effects from currently available therapies. However, even with heterogeneity of population, most therapies offer undesired side effects (*e.g.*, colchicine), are expensive (*e.g.*, immunobiologicals), upon chronic usage might induce toxicity (*e.g.*, NSAIDs), or interfere in the immune system response (*e.g.*, SAIDs, immunobiologicals). Therefore, we focused on discussing GA pathophysiological mechanisms that might be used for drug targeting, and reviewed pre-clinical data from promising drug candidates in GA treatment based on their mechanisms of action.

In the big picture in this review, we explored dozens of published studies demonstrating mechanisms of action and pharmacological proprieties of molecules from varied classes with analgesic, anti-inflammatory, and antioxidant activity in experimental models of GA in rodents (Table 1 - 5). In comparison, using "gout flare" as search parameter in the clinicaltrials.gov platform, resulted in only 67 studies listed. From those, 36 trials with completed status have canakinumab, anakinra, and riloncept (*i.e.*, drugs targeting IL-1 β signaling), and alternatives to colchicine delivery as the most used interventions. Targeting IL-1 β would be a promising approach in GA since it has been demonstrated initially in pre-clinical settings showing the role of NLRP3 inflammasome in IL-1 β maturation and disease [4]. Only 4.4% of listed clinical trials aimed to intervene with natural products, or current hot targets described herein. Thus, clinical trials and pre-clinical research are not entirely aligned with each other. The massive gap between pre-clinical discovery and the clinical studies it is still an issue to GA therapeutic development and novel pharmacological approaches. Nevertheless, our review brought several drug targets and drug candidates that might contribute to the future of GA treatment. More importantly, our approach aimed at highlighting promising mechanisms of action or targets in GA to allow the rational development of novel molecules.

1 Despite of the challenges in GA treatment, according to our review, herein we envisage
2 novel possibilities and drug targets. Among possibilities we highlight the I) repurposing of
3 existing therapies; II) ALX/FPR2 agonism for improvement in disease outcome; III) the use of
4 multitarget drugs; and IV) targeting the neuroinflammatory component of GA. GA
5 pathophysiology, specifically gout flare, is dependent of several components that contribute to
6 disease development and symptoms. Among those components, crystal precipitation and
7 phagocytosis, NF- κ B activation, NLRP3 inflammasome engagement, IL-1 β release [4] and
8 neutrophils recruitment [61].

9 Discussing those possibilities, the approach I would involve seeking for drugs that are not
10 used for gout treatment, but that have been shown to present potential as anti-inflammatory
11 drugs with low side effects or side effects different from the current therapies, *i.e.* drugs that
12 inhibit phagocytosis, NF- κ B activation, and IL-1 β pathway (Tables 2, 5-8). The approach II is
13 related to stimulating the resolution of inflammation that is induced by annexin A1 and SPMs
14 (*e.g.*, LXA4 and RvD1), both agonists of the ALX/FPR2 receptor. As described above,
15 activating these receptors will have varied beneficial consequences in GA disease such as
16 inhibition of neutrophil recruitment, cell profile modulation, and reducing NF- κ B activation
17 [96–98]. The potential drug candidates are summarized in Table 4.

18 Approach III considers the use of multitarget molecules (Table 5). For instance, natural
19 products that are described to reduce GA parameters by targeting varied inflammatory pathways
20 (Table 3, 5). In our experience, flavonoids are promising molecules, which are antioxidants as
21 per their chemical structure [107,108]. However, evidence also supports that they inhibit NF-
22 κ B activation, in some cases by directly interacting with it or binding to some cytokines
23 preventing their actions. Hesperidin methyl-chalcone (HMC) has analgesic and anti-
24 inflammatory effects [79]. HMC in combination with another flavonoid, diosmin, is approved
25 for the treatment of certain blood vessel problems and hemorrhoids. In fact, there are clinical
26 trials testing this combination for other diseases, such as metabolic syndrome and diabetic
27 neuropathy (clinicaltrials.gov NCT05243238), in which combined treatment improved disease
28 outcome [143]. This combination has also been evaluated for treatment of COVID-19
29 (clinicaltrials.gov NCT04452799). Therefore, both pre-clinical and clinical evidence suggest
30 the use of HMC for the treatment of GA. Furthermore, the discussed pre-clinical data also have
31 highlighted other flavonoids, terpenes, and herbal extracts with analgesic and anti-
32 inflammatory propriety that would be the leading point to develop novel therapeutical
33 approaches (Table 5). Sesquiterpene lactones are known to reduce NF- κ B activation. However,

1 in addition to that, budlein A also reduces the phagocytosis of MSU crystals [119]. Thus,
2 budlein A likely interferes with signals 1 and 2 of the GA pathology [119]. The multitarget
3 drugs do not need to abolish a single pathway to be pharmacologically active, and this is an
4 advantage since physiological process can continue. The opposite occurs with single target
5 drugs such as NSAIDs that need to inhibit at least 80% of COX activity to be pharmacologically
6 active.

7 Discussing the approach IV. During gout flares, CGRP levels are increased in the
8 synovial fluid [100]. Recently, our group demonstrated that CGRP enhance MSU phagocytosis
9 and IL-1 β release by macrophages. Despite the SPM RvD1 reduced CGRP enhancement of
10 MSU crystal phagocytosis and IL-1 β maturation, this study shed light in the possibility to target
11 CGRP in gout arthritis [96]. It is known that CGRP plays an important role in migraine.
12 Moreover, there are several anti-CGRP humanized antibodies FDA approved and commercially
13 available, such as atogepant, erenumab, eptinezumab, fremanezumab, and galcanezumab.
14 Although those immunobiologicals present considerable analgesic effects, they also fit in the
15 scope of expensive medications. In this sense, Rimegepant, an orally available CGRP receptor
16 (RAMP1) antagonist might overcome the high costs of immunobiologicals and the need of
17 assisted delivery since it is orally available and therefore, different from other anti-CGRP
18 therapies (intravenous).

19 These are some potential approaches to evolve the field based on what has been shown in
20 terms of disease pathophysiological mechanisms and targets, offering approaches to improve
21 the rationale for medication prescription. Chinese herbal medicine has also been used for the
22 treatment of GA and we highlighted some pre-clinical data (Table 5). To expand those
23 ethnopharmacological knowledge, there is need of further proof-of-concept evidence and
24 randomized controlled clinical trials. The use of other plant extracts that have been used in folk
25 medicine is still a potential approach. However, isolating and identifying active compounds
26 seems to be a more updated approach for the most part of the biomedical field since the
27 composition would be fixed as well as the adverse side effects. Altogether, the current data
28 support that there is much to advance in GA treatment, and this review discusses some
29 possibilities of how to evolve in this regard.

30

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3

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5 All authors contributed significantly to the writing and conception of this review article
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7

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9

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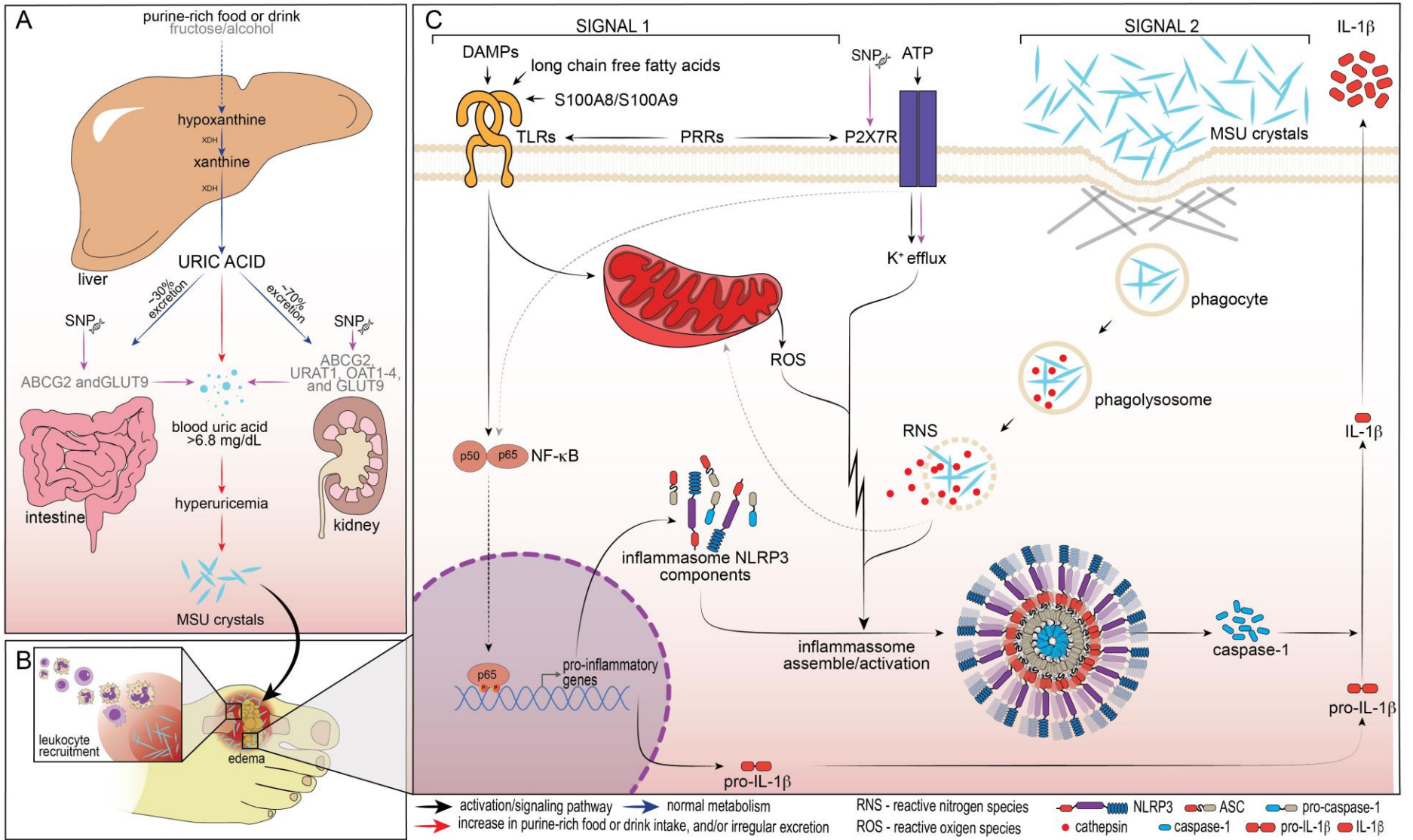
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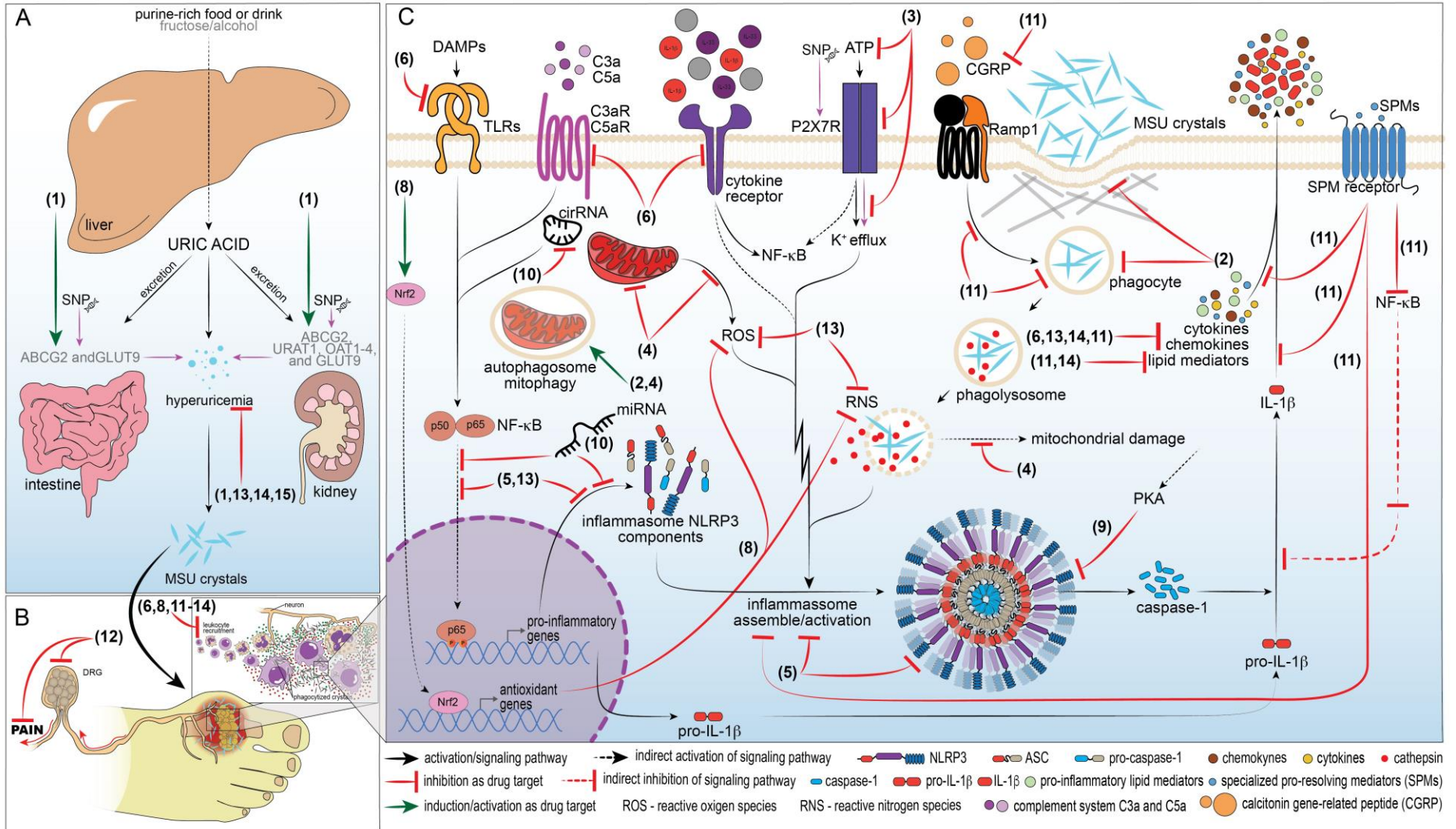
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- 5



1 **Figure 1. Schematic representation of GA causes, symptoms, and pathophysiological mechanism.** (A) normal metabolism (blue arrows) of
2 purine rich food or drink occurs in the liver and the product, uric acid, is excreted by the intestine and kidneys. Increase in purine-rich food or drink
3 intake and/or irregular excretion, results in higher levels of uric acid in the blood, causing hyperuricemia. In the blood concentrations of uric acid
4 above 6.8 mg/dL saturates and precipitates in the articular and periarticular tissue in the form of MSU crystals. (B) The precipitated MSU crystals
5 induce inflammation, leukocytes recruitment, edema, and pain, classical symptoms of GA. (C) In the joint tissue, resident macrophages
6 (synoviocyte) are naturally activated by endogenous proteins (S100A8/A9), long chain free fatty acids, or danger associated molecular patterns
7 (DAMPs) (Signal 1) by toll-like and purinergic receptors, leading to NF- κ B activation and the expression of pro-inflammatory genes. Among
8 expressed genes are the components from the inflammasome NLRP3 (NLRP3, ASC, pro-caspase-1, and pro-IL-1 β), cytokines, and chemokines.
9 MSU crystals are recognized and phagocytize, which triggers phagolysosome rupture, due to its physical proprieties, cathepsin release, oxidative
10 stress, and receptor-triggered potassium efflux, culminating in the assemble and activation of NLRP3 inflammasome machinery. The NLRP3
11 inflammasome catabolizes the cleavage of pro-caspase-1 to active caspase-1, resulting in pro-IL-1 β activation and release. IL-1 β is a key cytokine
12 in GA, which with other cytokines, chemokines, and lipid mediators, play an important role in the disease symptoms and progression. Pink arrows
13 points to single nucleotide polymorphism (SNP) that contribute to disease onset and progression

1



2

1 **Figure 2. GA signaling pathways that are targeted by mechanism-specific drug groups (bold numbers).** Green arrows indicate potential drug
2 targets that induction leads to GA diseases status improvement. Red arrows indicate potential drug targets that by inhibition/blockage improve GA
3 outcome. Each arrow is accompanied by bold numbers corresponding to the mechanism-specific drug target, that are described as follows: **(1)**
4 **Inducers of the uric acid exporter ABCG2, (2) Modulators of phagocytosis and autophagy, (3) Inhibitors of ATP signaling and purinergic receptors,**
5 **(4) Modulators of mitochondrial damage and mitophagy, (5) Inhibitors of NLRP3, ASC-speck, or Caspase-1, (6) Inhibitors of cytokines,**
6 **complement system, Toll-like receptor 4 (TLR4) and related signaling pathways, (8) Inducers of Nrf2 and antioxidants, (9) Inducers of protein**
7 **kinase A (PKA), (10) miRNAs and circRNAs, (11) Mediators and molecules regulating inflammation resolution, (12) Targeting neuroinflammation**
8 **and neuro-immune communication, (13) Antioxidants and multitarget drugs, and (14) Traditional Chinese medicine (TCM).** Tables 2-5 summarize
9 described effective molecules in modulate the target mechanism. Pink arrows points to single nucleotide polymorphism (SNP) that contribute to
10 disease onset and progression.

Table 1 – Inducers of uric acid exporters ABCG2

Condition	Study	Observed Outcome	Reference
ABCG2 Q141K variants (<i>rs2231142</i> and <i>rs10011796</i>)	Evaluated the association of ABCG2 exporters allele polymorphism and GA susceptibility.	Presence of the allele Q141K (<i>rs2231142</i>) and the genotype <i>rs10011796</i> increases the GA risk in patients with hyperuricemia in 21.5-fold in Polynesians and 2.6-fold in Europeans. The allele 141K increases GA flares frequency in Polynesian.	[39]
Familiar GA and mutations in ABCG2	Investigated the polymorphism variants in ABCG2 exporters and early familiar hyperuricemia and GA onset in a European family.	Non-synonymous allelic variants of ABCG2—c.34G>A (p.V12 M) and c.725T>C (p.I242T, a novel variant) are related to the development of early onset of hyperuricemia/gout in a European pedigree.	[43]
ABCG2 SNP and GA comorbidities association	Evaluated the association between ABCG2 SNP <i>rs2231142</i> affecting common comorbidities	There is a strong association between ABCG2 SNP <i>rs2231142</i> and GA comorbidities including nephrolithiasis and chronic kidney disease.	[41]
ABCG2 mutation and pediatric hypouricemia/GA	Investigated the dysfunctional variants of ABCG2 (SNP <i>rs2231142</i>) on hyperuricemia and gout in pediatric-onset patients.	The common (p.V12M, p.Q141K) and three very rare (p.K360del, p.T421A, p.T434M) allelic ABCG2 variants were detected in the study. Those variants are associated with early-onset GA and hyperuricemia. Patients with those mutations have affected first degree relatives (<i>i.e.</i> , with hyperuricemia/GA).	[44]
ABCG2 mutation in a Vietnamese cohort	Assessed the relationship between polymorphisms in ABCG2 and SLC22A12 and gout susceptibility	The SNP <i>rs72552713</i> (ABCG2) and <i>rs11231825</i> (SLC22A12) are associated with GA in the Vietnamese population.	[42]
Drug targets for ABCG2 transporters	Reviewed possible drug targets for activation of ABCG2 transporters and their potential drugs for GA treatment.	In summary, the potential drug targets are listed with their respective drugs between bracts. The transcription factors: PPAR γ (pioglitazone, rosiglitazone); PPAR α (clofibrate, gemfibrozil); Nrf2 (Fumarate esters, sulphoraphane, astemizole); AhR (omeprazole, carbidopa); and DNA methyltransferases: DNMT1 (Laccaic acid, epigallocatechin-3-gallate)	[40]

1 GA – Gout Arthritis; SNP – single nucleotide polymorphism; PPAR – peroxisome proliferator-activated receptor; NRF2 – nuclear factor erythroid 2-related factor 2; AhR,
2 aryl hydrocarbon receptor; DNMT1, DNA methyltransferase 1

Table 2 - Modulators of phagocytosis and autophagy, Inhibitors of ATP signaling and purinergic receptors, and Modulators of mitochondrial damage and mitophagy

Drug target	Compound	Animal	Dose/concentration and Administration Route	Observed Outcome	Reference
Modulators of phagocytosis and autophagy	Resolvin D1 (RvD1)	Mouse BMDM	100 ng/mL (<i>in vitro</i>)	Reduces the phagocytosis index of MSU crystal accompanied by the decrease in NF- κ B activation and IL-1 β levels in the culture supernatant	[96]
	Budlein-A	Mice	10 mg/kg, p.o.	Reduces the phagocytosis index of MSU crystals in neutrophils and macrophages recruited to the knee joint.	[119]
	Taxifolin	Mice	100 mg/kg 200 mg/kg	Upregulates phagocytosis of MSU crystals and induces autophagy by increasing the expression of the autophagy-related protein LC3. Taxifolin decreases IL-1 β production and the levels of Caspase-1 and HMGB1. In this case increase in phagocytosis followed by autophagy ameliorates GA in mice.	[144]
	Natural Adrenocorticotrophic Hormone (ACTH)	Mice <i>in vitro</i>	2.5 U/mL 1.25-2.5 \times 10 ⁻⁴ U/mL	Reduces edema and joint inflammation. Inhibits phagocytosis of MSU and latex beads in THP-1 cells, converts M1 to M2 macrophages as per iNos/Arginase 1 ration, and downregulates ROS production in macrophages.	[145]

IL-37	<i>in vitro</i>	10 ng/mL (recombinant)	Shapes macrophages into a 'silent' non-inflammatory phagocytic cell, promotes MSU phagocytosis, decrease cytokines production via GSK-3 β modulation. in IL-37 non-inflammatory phagocytosis.	[146]
3 β ,23-Dihydroxy-12-ene-28-ursolic Acid	<i>In vitro</i>	5 μ M	Reduces the expression of NLRP3, pro-caspase-1, CASPASE-1, pro-IL-1 β , and IL-1 β at protein level. Decreases NLRP3-associated ROS production via AKT-mTOR-Dependent upregulation of autophagy-related proteins (<i>i.e.</i> , LC3 and p62).	[147]

Inhibitors of ATP signaling and purinergic receptors	Mutation	Sample	Condition	Observed Outcome	Reference
Brilliant Blue G (BBG)		Rat	50 mg/kg, i.v.	Treatment significantly reduced the severity of acute gouty arthritis.	[51]
1-palmitoyl-2-linoleoyl-3-acetyl-rac-glycerol		Mice	250 mg/kg, p.o.	Reduces edema and neutrophil recruitment <i>in vivo</i> and <i>in vitro</i> . Moreover, reduces the intracellular endosomal trafficking of P2Y6 purinergic receptors.	[148]
Z1456467176		Mice	1, 10, 50, and 100 μ M (<i>in vitro</i>)	Inhibited ATP-induced activation of the NLRP3, caspase-1, and IL-1 β .	[149]
non-synonymous SNP and gout		Human cohort	One or more SNP in the loci <i>rs1653624</i> and <i>rs7958316</i>	Increases APT synergic response and increases propensity to develop GA.	[53]
non-synonymous SNP and gout		Rat – self occurring GA model	SNP in an allele of P2X7R gene	Increase MSU and ATP synergistic action (in only 30% of injected rats). The SNP	[50].

increases the susceptibility to disease development.

Modulators of mitochondrial damage and mitophagy

Resveratrol	Rat	50 mg/kg, p.o.	Improves gait score and reduces MSU-induced synovitis. In MSU-induced peritonitis, resveratrol reduces neutrophil recruitment, IL-1 β and IL-18 levels, and increases macrophage recruitment to the peritoneal cavity. <i>In vitro</i> , reduces IL-1 β maturation by decreasing levels of cleaved caspase and IL-1 β via mitophagy. [58].
Curcumin	Rat	150 mg/kg, i.p. 1, 5 and 10 μ M (<i>in vitro</i>)	<i>In vivo</i> , curcumin reduces edema, inflammatory cell infiltration, and NLRP3 inflammasome activation. <i>In vitro</i> , curcumin inhibits NF- κ B and pro-inflammatory mediators, prevents mitochondrial-derived oxidative stress and damage, and inhibits NLRP3 activation after MSU stimulation. [59]
Loganin	Mice	5 and 30 mg/kg, p.o. 25, 50 and 100 μ M (<i>in vitro</i>)	<i>In vivo</i> , loganin reduces MSU-induced NLRP3 inflammasome activation and mitochondrial stress. <i>In vitro</i> , loganin inhibits ASC-speck formation, caspase-1 and IL-1 β production, and mitochondrial dysfunction. [60]

- 1 BMDM – Bone marrow-derived macrophages; MSU – monosodium urate; p.o. – per oral; LC3 -Microtubule-associated protein 1A/1B-light chain
- 2 3; HMGB1 - High Mobility Group Box 1; GA – Gout Arthritis; ROS – Reactive oxygen species; i.v. intravenous; ATP - Adenosine 5'-triphosphate;
- 3 P2Y6 - P2Y purinoceptor 6; NLRP3 - NOD-, LRR- and pyrin domain-containing protein 3; SNP – single nucleotide polymorphism; i.p. –
- 4 intraperitoneal; NF- κ B – Nuclear factor kappa B; ASC – apoptosis-associated speck-like protein containing a CARD.

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Table 3 – Inhibitors of inflammasome NLRP3, cytokines, complement system, Toll-like receptor 4 (TLR4) and related signaling pathways NLRP3, and inducers of Nrf2 and antioxidant genes

Drug target	Compound	Animal	Dose/concentration and Administration Route	Observed Outcome	Reference
Inhibitors of NLRP3	Cucurbitacin B	mouse	2.5 mg/kg, i.p. 0.1 $\mu\text{mol/L}$ (<i>in vitro</i>)	Reduces edema and leukocyte recruitment. <i>In vitro</i> , cucurbitacin B reduces the expression of NLRP3 inflammasome components (<i>i.e.</i> NLRP3, ASC, pro-caspase-1, and por-IL-1 β). Inhibit ATP and MSU-induced production of por-IL-1 β .	[150]
	Baecklein E	mouse	50 mg/kg, p.o. 1.6 μM (<i>in vitro</i>)	Inhibits MSU-induced edema, leukocyte recruitment, and NF- κB activation, resulting in the reduction of NLRP3, pro-caspase-1, and IL-1 β at mRNA and protein levels. <i>In vitro</i> , baecklein E suppresses ATP-induced IL-1 β maturation in J774A.1 LPS-primed macrophages. Impairs NLRP3 inflammasoma assemble by inhibition of NF- κB and MAPKs signaling pathways. Inhibits ROS production and mitochondrial damage in macrophages.	[151]
	Rhein	<i>In vitro</i>	2.5 – 5.0 $\mu\text{g/mL}$	Suppresses ASC-speck formation and NLRP3 inflammasome activation through the reduction in the levels of activated caspase-1 and mature IL-1 β . Rhein also	[152]

Doliroside A	Rat	10- 40 mg/kg, p.o. 15 – 60 μ M (<i>in vitro</i>)	reduces MSU-induced TNF- α production in macrophages. Reduces edema, thermal hyperalgesia, and restores weight-bearing asymmetry. Decreases MSU-induced leukocyte recruitment, synovial inflammation, and hyperplasia. <i>In vitro</i> , doliroside A, inhibits caspase-1 activation and IL-1 β maturation, impairing LPS-induced priming and inflammasome activation.	[153]
Gentiopicroside	mouse	200 mg/kg, i.p. 5000 μ M (<i>in vitro</i>)	Reduces edema, mechanical and thermal hyperalgesia, and leukocytes recruitment. Inhibits NLRP3, ASC, and pro-caspase-1 expression, and CASPASE-1 activity. Treatment also decreases the levels of TNF- α , IL-1 β , and IL-6 <i>in vivo</i> . <i>In vitro</i> , gentiopicroside reduce the expression of NLRP3, ASC, and pro-caspase-1, accompanied by the reduction in IL-1 β , IL-18, and IL-6.	[154]
Cardamonin	mouse	2.5 mg/kg, i.p. 5 μ M (<i>in vitro</i>)	Pre- or post-MSU injection treatment reduces MSU-induced edema and leukocytes recruitment to the knee joint. In J774A.1 macrophage cardamonin reduces NLRP3 expression, activated CASPASE-1 and mature IL-1 β .	[155]

Alantolactone	mouse	20 mg/kg, i.p. 2 μ M (<i>in vitro</i>)	Alleviates MSU-induced edema, leukocytes recruitment, and IL-1 β levels in the articular tissue in mice. <i>In vitro</i> , in BMDM culture, alantolactone inhibits ATP-induced production of IL-1 β in macrophages, suppresses IL-1 β secretion, caspase-1 activation, and pyroptosis by directly bound to the NACHT domain of NLRP3 and blocking NLRP3 inflammasome assembly. Alan of NLRP3 inflammasomes. Alantolactone probably targets the Arg335 residues in NLRP3 leading to suppression of NLRP3-NEK7 interaction.	[156]
Corilagin	mouse	20 mg/kg, i.p. 40 μ M (<i>in vitro</i>)	Reduces MSU-induced leukocyte recruitment, activated caspase-1, IL-1 β , and TNF- α levels in articular tissue. <i>In vitro</i> , corilagin reduces ATP-, Nigericin-, and MSU-induced pyroptosis, LDH release, ASC-speck formation, and the levels of activated CASPASE-1, gasdermin D N-terminal fragment (GSDMD-NT), and IL-1 β in BMDM culture through the reduction of mtROS levels and the blockage of NLRP3-TXNIP interaction.	[157]
β -Caryophyllene	Rat	100 – 400 mg/kg	Reduces leukocyte recruitment, edema, and mechanical hyperalgesia. Inhibits the activation of NLRP3 inflammasome by	[158]

	JQ-1 (bromodomain-containing protein 4 inhibitor)	Rat	25 mg/kg, i.a. 1 μ M (<i>in vitro</i>)	reducing the expression levels of all its components via the modulation of NF- κ B activation. Reduces leukocyte recruitment, edema, mechanical hyperalgesia and IL-1 β in the articular tissue. Reduces pro-caspase-1 expression and activation <i>in vivo</i> and <i>in vitro</i> (THP-1 human monocytes). Blocks pyroptosis, inhibits NF- κ B activation and the expression of NLRP3 inflammasome components.	[159]
Inhibitors of ASC and ASC-speck formation	Quercetin	-	100 μ M (<i>in vitro</i>)	Inhibits ASC speck formation and oligomerization in BMDM cells <i>in vitro</i> .	[160].
	Quercetin	Mice	100 mg/kg, s.c.	Reduces mechanical hyperalgesia, leukocyte recruitment, TNF- α , IL-1 β , and NF- κ B phosphorylation. Decreases oxidative stress and increases endogenous antioxidants, including the expression of Nrf2 and HO-1 mRNA. All observed effects were blocked by Naloxone, thus indicating an opioid-similar mechanism.	[109]
	Caffeic acid phenethyl ester	-	0.5, 1, 5 or 10 μ M (<i>in vitro</i>)	Blocks MSU-induced interaction between inflammasome components NLRP3 and ASC <i>in vitro</i> . Suppressed MSU crystal-induced formation of ASC oligomers.	[161]

Polysaccharide extract from <i>Isatidis Radix</i>	-		Reduces ASC oligomerization induced by nigericin, ATP, poly (I:C), MSU, and intracellular LPS. Reduces the number of nigericin-induced specks. Inhibited inflammasome formation.	[162]
Spirodalesol	Mice	0.25, 0.50, or 1 μ M (in vitro) 5 or 10 mg/kg	Reduces LPS+ATP-induced NLRP3 activation and caspase-1 cleavage, IL-1 β release. Increases LPS-induced endotoxemia survival in mice and decreases IL-1 β production.	[163]
Spirodalesol analog 8A	-	0.3, 1.0, or 3.0 μ M (in vitro) 5 or 10 mg/kg	Reduce ASC speck formation and prevents its recruitment by NLRP3. In consequence, inhibited the activation of caspase-1 and the maturation of IL-1 β <i>in vitro</i> . <i>In vivo</i> increases LPS-induced endotoxemia survival in mice and decreases IL-1 β production.	[164]
TRAF1	Mice	Knockout	TRAF1 inhibits NLRP3 activation by inducing ASC linear ubiquitination and degradation, thus reducing inflammasome assembly. Importantly, the knockout for <i>Traf1</i> (<i>Traf1</i> ^{-/-}) enhanced the release of IL-1 β on human macrophages <i>in vitro</i> , and MSU-induce GA symptoms in mice. <i>Traf1</i> ^{-/-} mice presented enhanced edema formation, increased leukocytes infiltration, and cytokines production.	[165]

Inhibitors of caspase-1	NSC697923	Mice	10 mg/kg, i.p. 5 μ M (<i>in vitro</i>)	Blocks CAPASE-1 activity by bidding in a favorable conformation in the active pocket, suppress NF- κ B activation, and inhibits its interaction with receptor interacting protein-2, impairing NLRP3 priming and IL-1 β maturation. <i>In vivo</i> , NSC697923 reduces MSU-induced edema, NLRP3 expression, pro-caspase-1 activation, and IL-1 β maturation. [65]
	Coptisine	Mice	11.61 mg/kg, i.v. 1–30 μ M (<i>in vitro</i>)	Blocks CASPASE-1 also by bidding in a favorable conformation in the active pocket. Inhibits the binding between pro-caspase-1 and ASC, reduced NLRP3 expression, and ATP- and MSU-induced IL-1 β maturation, <i>in vitro</i> and <i>in vivo</i> , respectively. [64]
Inhibitors and role of cytokines, complement system, Toll-like receptor 4 (TLR4) and related signaling pathways	DF2162 (DF) CXCR1/2 allosteric antagonist	Mice	15 mg/kg, p.o.	Reduces mechanical hyperalgesia, neutrophil recruitment, MPO activity, and cell adhesion in synovial vasculature. [61].
	Fucoidin		20 mg/kg, i.v.	
	Reparixin	Mice	30 mg/kg, s.c.	Reduces the accumulation of neutrophils and the amount IL-1 β in the joints. [66].
	(S,R)-3-(4-hydroxyphenyl)-4,5-dihydro-5-isoxazole acetic acid Macrophage Migration Inhibitory factor (MIF)		150 μ g/site, i.a. 1 mg/kg, i.p.	

IL-33	Mice	IL-33 receptor (ST2) knockout (ST2 ^{-/-})	ST2 ^{-/-} reduces evoked and non-evoked pain behaviors. <i>In vitro</i> , IL-33 enhances the release of IL-1 β and TNF- α in BMDM culture, which are decreased in ST2 ^{-/-} culture. [23]
Anti-IL-17A	Mice	10 mg/joint, i.a.	Reduces MSU-induced inflammation, including leukocyte recruitment, MPO activity, and edema. Reduces the levels of MCP-1, IL-1 α , IL-1 β , IL-16, IL-17, the complement protein C5a, and B lymphocyte chemoattractant (BLC). Pain was not measured. [68]
Complement system	Mice	knockout	C3a and C5a receptors knockout (C3ar ^{-/-} , C5ar ^{-/-}) reduces MSU-induced leukocyte recruitment and IL-1 β production. [69].
Lipopolysaccharide from <i>Rhodobacter sphaeroides</i> (LPS-RS)	Mice	25 mg/joint, i.a.	Reduces nociception and inflammation, decreases IL-1 β and nitric oxide production. [71]
iSYK (OXSI 2)		25 nmol/joint, i.a.	
Aminoguanidine (AMG)		100 mg/joint, i.a.	
AS605240	Mice	50 mg/kg, s.c.	Reduces mechanical hyperalgesia, neutrophil recruitment, CXCL1 and ROS levels. Reduces NLRP3 activation, capase-1 cleavage, and IL-1 β maturation. [72]
Inducers of Nrf2 and antioxidant genes	Mice	Gallic Acid 20-80 μ M (<i>in vitro</i>) 100 mg/kg, i.a.	Inhibits LPS-primed macrophages ATP-, nigericin-, or MSU-induced LDH release and pyroptosis. Blocks NLRP3 by decreasing [78]

Palmatine (PAL)	Mice	20, 40 and 80 μ M (<i>in vitro</i>) 25 – 100 mg/kg, p.o.	<p>NLRP3-NEK7 interaction, ASC oligomerization, thereby reducing CASPASE-1 and IL-1β levels. Increases the expression of Nrf2 and blocks mitochondrial ROS production. Nrf2 antagonism (ML385) or expression inhibition (siRNA) revert the protective effects of Gallic Acid <i>in vitro</i>. <i>In vivo</i>, Gallic acid treatment reduces edema, leukocyte recruitment, and inhibits inhibit IL-1β and caspase 1 (p20) production.</p> <p>In LPS-primed THP-1 macrophages, PAL [77] inhibits MSU-induced mRNA expression and levels of pro-inflammatory cytokines (IL-1β, IL-6, IL-18, and TNF-α) in a dose-dependent manner. PAL increases the levels of endogenous antioxidants (SOD and GSH) and decreases lipid peroxidation (reduces MDA levels). PAL reduces NF-κB/NLRP3 signaling pathways through inhibiting the phosphorylation of p-65 and IκBα, blocking the expression of NLRP3, ASC, IL-1β and Caspase-1, which was accompanied by increase in antioxidant protein expression of Nrf2 and HO-1. <i>In vivo</i>, PAL reduces MSU-induced edema, leukocytes recruitment, the production of pro-inflammatory cytokines</p>
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Hesperidin Methylchalcone	Mice	30 mg/kg, p.o.	(IL-1 β , IL-6, IL-18, and TNF- α), and MDA, while increases the levels of SOD and GSH. Reduces MSU-induced hyperalgesia, edema, and leukocyte recruitment in a dose-dependent manner. Modulates MSU-induced oxidative stress by increasing the levels of GSH, FRAP and ABTS, and decreasing superoxide anion and NO levels in the knee joint. Reduces the levels of pro-inflammatory cytokines (IL-1 β , TNF- α , IL-6) and IL-10, while increases the levels of TGF- β . Importantly, the treatment induces the expression of Nrf2 and HO-1 and decreases the mRNA levels of NLRP3, ASC, pro-caspase-1, and pro-IL-1 β . [79]
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1 p.o. – per oral; i.p. – intraperitoneal; i.a. – intraarticular; MSU – monosodium urate; NLRP3 - NACHT, LRR, and PYD domains-containing protein 3; ASC – apoptosis-
2 associated speck-like protein containing a CARD; ATP - Adenosine triphosphate; MAPK - mitogen-activated protein kinases (MAPK); LPS - Lipopolysaccharides; BMDM –
3 Bone marrow-derived macrophages; NEK7 - Ser/Thr kinase NEK7; TXNIP - thioredoxin-interacting protein; mtROS – mitochondrial reactive oxygen species; LDH – lactate
4 dehydrogenase; NF- κ B – Nuclear factor kappa B; Nrf2 - NF-E2-related factor 2; HO-1 - Heme oxygenase-1; ATP – Adenosine 5'-triphosphate; TRAF1 - Tumor necrosis factor
5 receptor associated factor 1; i.v. – intravenous; s.c. – subcutaneous; CXCR1/2 - C-X-C chemokine receptor 1/2; MPO – myeloperoxidase; CCL1 – Chemokine (C-C motif)
6 ligand 1; ROS – Reactive oxygen species; siRNA - small interfering RNA; SOD - superoxide dismutase; GSH – glutathione , MDA - malondialdehyde; I κ B α - nuclear factor
7 of kappa light polypeptide gene enhancer in B cells inhibitor, alpha; FRAP assay – ferric reducing antioxidant power; ABTS assay - relative ability of antioxidants to scavenge
8 the ABTS; NO – nitric oxide.

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Table 4 – Inducers of protein kinase A (PKA), miRNA and cirRNA, Mediators and molecules regulating inflammation resolution, and neuroinflammation and neuro-immune communication

Drug target	Compound	Animal	Dose/concentration and Administration Route	Observed Outcome	Reference
Inducers of PKA				Inhibited ASC protein oligomerization, and consequently, speck formation during NLRP3 inflammasome assembly. This condition has been reversed by PKA inhibitor H89, evidencing a modulatory effect of treatment upon catalytic activity of PKA.	[82].
	Wedelolactona	-	40 μ mol/L (<i>in vitro</i>)		
miRNA and cirRNA	miR-223	-	<i>In vitro</i>	Inhibited NLRP3 inflammasome activation and IL-1 β in macrophages.	[86]
	miR-223	-	<i>In vitro</i>	Inhibited NLRP3 inflammasome activation and IL-1 β in neutrophils.	[87]
	miR-223-3p	-	<i>In vitro</i>	Reduces NLRP3, caspase-1, and IL-1 β at mRNA and protein levels in fibroblast-like synoviocytes.	[88]
	circHIPk3	Mice	<i>In vivo/in vitro</i>	Increases inflammation by sponging miRNA-192 and miRNA-561 and promotes toll-like receptor 4 (TLR4)-NLRP3 signaling. Genetic deletion of circHIPK3 reverted gouty arthritis in mice.	[90]

Mediators and molecules regulating inflammation resolution	Resolvin D1 (RvD1)	Mice	3 ng/animal, i.p. or i.t. 100 ng/mL (<i>in vitro</i>)	Reduced mechanical hyperalgesia, edema, and restore rear member weight distribution. Disrupted nociceptor neuron activation and CGRP release. Reduced leucocyte recruitment, macrophage activation and IL-1 β maturation (<i>in vivo and in vitro</i>). Blocked CGRP-induced enhancement of MSU crystal phagocytosis and IL-1b release.	[96]
	15d-PGJ2-loaded nanocapsules	Mice	30 mg/kg, s.c.	Reduces mechanical hyperalgesia, edema, leukocyte recruitment, and oxidative stress. Decrease the levels of IL-1 β , TNF- α , IL-6, IL-17, IL-33, and increases the levels of IL-10 in the knee joint. Blocks IL-1 β release in macrophages culture <i>in vitro</i> . All observe effects were PPAR- γ dependent.	[95]
	Stigmasterol	Mice	15 mg/kg, p.o.	Reduces mechanical hyperalgesia, neutrophil recruitment, and IL-1 β levels.	[124]
	β -sitosterol	Mice	25 mg/kg, p.o.	Reduces edema.	[115]
	MK886	Mice	3 mg/kg, p.o.	Reduces mechanical hyperalgesia, neutrophil recruitment, and the levels of IL-1 β and CXCL1.	[61]
	CP105696	Mice	-	Reduces mechanical hyperalgesia, neutrophil recruitment, and the levels of IL-1 β and CXCL1. <i>In vitro</i> , reduces	

	AnxA1-active N-terminal peptide (Ac ₂₋₂₆)	Mice	150 mg/mice, i.p.	LTB ₄ - or MSU-induced ROS production. Pre-treatment decreases neutrophil recruitment, IL-1 β , and CXCL1 production in periarticular joint tissue. Post-treatment decreases neutrophil accumulation, IL-1 β , and mechanical hyperalgesia, and improves the histopathological score. Increases neutrophils apoptosis and shortens resolution phase interval.	[97]
	AT-01-KG	Mice	1.7 μ g/kg, i.p.	Reduces neutrophil recruitment, IL-1 β and CXCL1 production, and tissue damage. Diminishes hypernociception. Induces neutrophil apoptosis and increases subsequent efferocytosis. Effects were dependent of ALX/FPR ₂ .	[98]
Neuroinflammation and neuro-immune communication	Resolvin D1 (RvD1)	Mice	3 ng/animal, i.p. or i.t. 100 ng/mL (<i>in vitro</i>)	Disrupted nociceptor neuron activation and CGRP release. Reduced leucocyte recruitment, macrophage activation and IL-1 β maturation (<i>in vivo and in vitro</i>). Blocked CGRP-induced enhancement of MSU crystal phagocytosis and IL-1 β release.	[96]
	SB366791	Mice	10 nmol/joint, i.a.	Inhibits pain-like behavior, hyperalgesia, allodynia, and articular oedema. Reduces leucocyte infiltration and IL-1 β production.	[32]
	HC-030031	Mice	300 nmol/paw, i.pl.	Decreases thermal hyperalgesia, non-evoke pain like behavior, and edema. Reduces the expression of TRPA1 and	[101]

GSK219	Mice	5 mg/kg, i.p. 1 μ M (<i>in vitro</i>)	TRPV1, leukocyte recruitment, and IL-1 β levels. Reduces mechanical and thermal hyperalgesia, edema, leukocyte recruitment, and MPO activity. Reduces MSU-induced IL-1 β release in cultured synovial macrophages.	[102]
SB366791	Mice	100 nmol/joint, i.a.	Reduces nociception and inflammation.	[71]
Retigabine	Rat	15 mg/kg, i.p.	Reduced mechanical and thermal hyperalgesia.	[104]
Flupirtine	Rat	20 mg/kg, i.p.		
[Ru(bpy) ₂ (NO)SO ₃](PF ₆)	Mice	1 mg/kg, s.c.	Reduces mechanical hyperalgesia, edema, leukocytes recruitment, oxidative stress, and cytokine levels (IL-1 β , TNF- α , and IL-6). Inhibits NF- κ B activation and IL-1 β maturation. Decreases neuronal activation and capsaicin induced Ca ²⁺ influx.	[106]

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- 1 ASC – apoptosis-associated speck-like protein containing a CARD; NLRP3 - NACHT, LRR, and PYD domains-containing protein 3; CGRP –
2 calcitonin gene-related peptide; MSU – monosodium urate; PPAR- γ – proliferator-activated receptor γ ; CXCL1 – Chemokine (C-C motif) ligand
3 1; LTB₄ – leukotriene B₄; ROS – reactive oxygen species; ALX/FPR₂ - formyl peptide receptor 2; i.p. – intraperitoneal; i.t. – intrathecal; i.a.
4 intraarticular; i.pl. – intraplanar; TRPA1 - potential do receptor transitório, subfamília A, membro 1; TRPV1 – transient receptor potential
5 vanilloid 1; MPO – myeloperoxidase; NF- κ B – Nuclear Factor kappa B; s.c. subcutaneous

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Table 5 – Antioxidants, multitarget drugs, and plants extracts, traditional Chinese medicine, and gut microbiota.

Drug target	Compound	Animal	Dose/concentration and Administration Route	Observed Outcome	Reference
Antioxidants, multitarget drugs, and plants extracts	Quercetin	Mice	15 mg/kg, p.o.	Reduces mechanical hyperalgesia, neutrophil recruitment, and IL-1 β levels.	[124]
	Phenolic chlorogenic acid	Mice	15 mg/kg, p.o.	Reduces mechanical hyperalgesia, leukocyte recruitment, TNF- α , IL-1 β , and NF- κ B phosphorylation. Decreases oxidative stress and increases endogenous antioxidants, including the expression of Nrf2 and HO-1 mRNA. All observed effects were blocked by Naloxone, thus indicating an opioid-dependent mechanism.	[109]
	Cinnamic acid	Mice	15 mg/kg, p.o.		
	Quercetin	Mice	100 mg/kg, s.c.		
	<i>Ouratea spectabilis</i> stems extract	Mice	10, 30 and 100 mg/kg, p.o.	Inhibited recruitment of leukocytes, and IL-1 β and CXCL1 levels.	[113]
Calycosin	Mice		Reduces articular pain, edema, and neutrophils recruitment. Inhibited the expression of AIM2 inflammasome, caspase-1, ASC, and IL-1 β , also	[114]	

Hesperidin Methyl chalcone	Mice	30 mg/kg, p.o.	blocking the phosphorylation of NF- κ B. The treatment also inhibited p62-keap-1 pathway. Reduces mechanical hyperalgesia, edema, leukocyte recruitment, cytokine production (IL-1 β , TNF- α , IL-6, and IL-10), and oxidative stress. Restores the levels of endogenous antioxidants. Increases the levels of TGF- β . Reduces NF- κ B activation and the expression of mRNA for the components of NLRP3. Diminished the maturation of IL-1 β <i>in vitro</i> .	[79]
Trans-chalcone	Mice	30 mg/kg, p.o.	Reduces mechanical hyperalgesia, edema, leukocytes recruitment, IL-1 β , TNF- α , and IL-6 levels, phosphorylation of NF- κ B, and oxidative stress. Restores the levels of endogenous antioxidants. Increases the levels of TGF- β . Reduces the expression of mRNA for the components of NLRP3. Diminished the maturation of IL-1 β <i>in vitro</i> .	[110]
Naringenin	Mice	150 mg/kg, p.o.	Inhibited mechanical hyperalgesia and edema, leukocyte infiltration to the synovial tissue, cytokines production (IL-1 β , TNF- α , IL-6, and IL-17).	[111]

				Reduced NF- κ B activation, oxidative stress, and the expression of NLRP3 inflammasome components.	
Apigenin	Mice	25 mg/kg, p.o.		Inhibit paw edema and reduces XOD activity.	[115]
Luteolin	Mice	25 mg/kg, p.o.		Reduces edema.	
Eremantholide C	Mice	25 mg/kg, p.o.			
Triterpernoid luteol	Mice	25 mg/kg, p.o.		Inhibited MSU-induced mechanical hyperalgesia, neutrophils recruitment and edema.	
Acid-3-O- β -D-glucopyranoside	-	10 – 40 μ g/mL (<i>in vitro</i>)		Reduces MSU-induced IL-1 β , TNF- α , and IL-6 production.	[116]
Budlein-A	Mice	10 mg/kg, p.o.		Reduced mechanical hyperalgesia, edema, leukocyte recruitment, and MSU crystal phagocytosis. Decreases the activation of NF- κ B (<i>in vitro and in vivo</i>), the expression of mRNA for pro-IL-1 β and TNF- α . Inhibits TNF- α and IL-1 β release <i>in vitro</i> suggesting NF- κ B- and NLRP3-related mechanisms.	[119]
Lychnopholide	Mice	5 mg/kg, p.o.		Reduces mechanical hyperalgesia,	[118]
Eremantholide C	Mice	2.5 – 10 mg/kg, p.o.		neutrophils recruitment, oxidative stress, and TNF- α levels.	
Goyazensolide	Mice	2.5 mg/kg, p.o.			
Stephalagine	Mice	1 mg/kg, p.o.		Reduces mechanical and thermal hyperalgesia, non-evoked pain	[166]

				behavior, leukocytes recruitment, and IL-1 β levels.	
Berberine	Rat	50 mg/kg, i.p.		Reduced thermal hyperalgesia and edema. <i>In vitro</i> , increases Nrf2 and endogenous antioxidants mRNA expression. Decreases caspase-1 activation and IL-1 β maturation.	[120]
Tetrahydropalmatine	Mice	40 mg/kg, i.p.		Reduces mechanical and thermal hyperalgesia, edema, leukocytes recruitment, levels of pro-inflammatory cytokines (IL-1 β , IL-18, IL-6, and TNF- α). Decreases the expression of all inflamassoma NLRP3 components at mRNA and protein level. Inhibits oxidative stress and restores the levels of endogenous antioxidants.	[121]
β -carotin	Mice	Diet <i>ad libitum</i>		Reduces mechanical hyperalgesia, edema, and uric acid levels in the plasma. Decreases leukocyte recruitment, and the levels of pro-inflammatory cytokines in the footpad and serum (IL-1 β , TNF- α , and IL-6).	[167]
Resveratrol	Rat	50 mg/kg, p.o.		Improves gait score and reduces MSU-induced synovitis. In MSU-induced peritonitis, resveratrol reduces neutrophil recruitment, levels of IL-1 β	[58]

				and IL-18, and increases macrophage recruitment to the peritoneal cavity. <i>In vitro</i> , reduces IL-1 β maturation by decreasing levels of cleaved caspase and IL-1 β via mitophagy.	
Caffeic acid	Mice	10 mg/kg, p.o.		Reduces hyperalgesia, leukocytes recruitment, and pro-inflammatory cytokines (IL-1 β , IL-6 and TNF- α).	[123]
<i>p</i> -Coumaric acid	Mice	100 mg/kg, p.o.		Reduces edema and oxidative stress. Restore endogenous antioxidants. Reduces pain in acid acetic-induced peritonitis.	[168]
Cis-Aconitic Acid	Mice	30 mg/kg, p. o.		Reduces leukocyte recruitment and NF- κ B activation.	[169]
Fingolimod phosphate	Mice	5 mg/kg, i.p. 2.5 μ M (<i>in vitro</i>)		Activates PPA2 and inhibits inflammatory monocytes and neutrophils, and the production of IL-1 β . Increased the recruitment of anti-inflammatory non-classical monocytes macrophages. Activation of PPA2 inhibits xanthine oxidase (XOD)-induced ROS production in M1 macrophages.	[112].
<i>Coffea arabica</i> extract (caffeic and chlorogenic acid)	Mice	25 – 225 mg/kg, p.o.		Reduces hyperalgesia, leukocytes recruitment, and pro-inflammatory cytokines (IL-1 β , IL-6, and TNF- α).	

	<i>Lychnophora pinaster</i> aerial athanolic extract (rutin, quercetin, lupeol, stigmasterol, caffeic acid, and chlorogenic acid)	Mice	375 mg/kg, p.o.	Reduces mechanical hyperalgesia, leukocyte recruitment, and the levels of pro-inflammatory cytokines (TNF- α and IL-1 β).	[112].
	<i>Lychnophora trichocarpha</i> extract (luteolin, apigenin, lupeol, eremantholide C, and licnopholide)	Mice	250 mg/kg, p.o.	Reduces MSU-induced edema. Decreases oxonate-induced hyperuricemic in mice.	[170]
	PD123319	Mice	10 pmol/joint, i.a.	AT ₂ R antagonisms reduces evoked and non-evoked pain behaviors, edema formation, leukocyte recruitment, IL- 1 β levels, NO concentrations, and AT ₂ R mRNA expression.	[170]
	SSR240612	Rat	10 nmol/articulation	Reduces evoked and non-evoked pain behaviors and edema.	[127]
Traditional Chinese medicine (TCM)	Huzhen Tongfeng Formula	Rabbit	0.7 g/kg, p.o.	Reduces leukocyte recruitment. The study also indicates a mechanism related to the inhibition of arachidonic acid metabolism.	[133]
	Huzhen Tongfeng Formula	Rat	0.25, 0.50, and 1 g/kg, p.o.	Reduces edema and leukocyte recruitment, accompanied by the reduction of IL-1 β , IL-6, and TNF- α levels.	[134].
	<i>Clerodendranthus spicatus</i> (kidney tea)	Mice	200 mg/kg, p.o.	Reduces edema in the gouty arthritis model. Reduces pain in acetic-acid- induced writhing test. From 32	[131]

			isolated compounds, 9 presents anti-gouty proprieties, 4 of those have analgesic effects.	
Simiao	Mice	4, 8, and 16 g/kg/day, p.o.	Reduces pain, edema, neutrophils recruitment, uric acid levels in the plasma and the related enzymes. Decreases serum levels of pro-inflammatory cytokines (IL-1 β , IL-9, IFN- γ , MIP-1 α and MIP-1 β).	[130]
Modified Simiaowan	Rat	10 g/kg, p.o.	Reduces edema and neutrophil recruitment. Presents analgesic effects in acetic acid-induced writhing in mice.	[132]
<i>Mollugo pentaphylla</i> extract	Mice	300 mg/kg, p.o.	Restores rear member weight distribution. Reduces edema, cytokines levels in the paw tissue (IL-1 β and TNF- α), and the mRNA expression of NF- κ B and components of inflamassoma NLRP3.	[171]
Qu-Zhuo-Tong-Bi (QZTB)	Rat	500 mg/kg, p.o.	Reduces edema, evoked and non-evoked pain behaviors. Decreases the expression of NLRP3 at mRNA and protein levels. Reduces IL-1 β and TNF- α levels in the ankle tissue.	[172]
Zisheng Shenqi	Rat	40 mg/kg, p.o.	Reduces edema, inflammation, the levels of IL-1 β and TNF- α . Decreases the activation of NF- κ B, and the	[173]

	<i>Dolichos falcata</i> Klein ethanol extract (acid-3-O-β-D-glucopyranoside and doliroside A)	Rat	40 mg/kg, p.o.	expression of NLRP1 and NLRP6. Increases endogenous antioxidants (SOD, GSH, GSH-Px). Reduces mechanical hyperalgesia, edema, and restores rear member weight distribution. Decreases the levels of pro-inflammatory cytokines (IL-1β, TNF-α, and IL-6) in the serum and synovial fluid. The observed effects are attributed to two isolated compounds acid-3-O-β-D-glucopyranoside and doliroside A.	[116]
	Sam-Myo-Whan	Mice	200 mg/kg, p.o.	Restores changes in rear limbs weight distribution. Reduces edema, leukocyte recruitment (MPO activity), IL-1β, and TNF-α levels.	[129]
Gut microbiota	Febuxostat	Clinical	Under treatment – no dose specification.	Restores gut microbiota diversity and its potential for purine metabolism.	[136]
	<i>Lacticaseibacillus rhamnosus</i> 1155	Hypouricemic rats	1.5 × 10 ⁸ CFU/day, p.o.	Restore gut diversity, resulting in the reduction of plasma uric acid. Increase in urate secretion in the feces.	[140]
	<i>Limosilactobacillus fermentum</i> 2644		Alone or in combination.		
	<i>Lactobacillus paracasei</i> X111	Mice	1.5 × 10 ⁹ CFU, p.o.	Decreases serum levels of urate and restored gut microbiota diversity	[141]
	Baihu decoction	Rat	5.84 and 35 g/kg/d, p.o.	Restored gut microbiota and reduced GA symptoms.	[174]

1 p.o. – per oral; HO-1 – heme oxygenase-1; s.c. – subcutaneous; CXCL1 – Chemokine (C-C motif) ligand 1; AIM2 - Interferon-inducible protein AIM2; ASC - Apoptosis-associated speck-like protein containing a CARD; Keap-1 – Kelch-like ECH-associated protein 1; NF-κB – nuclear factor kappa B; NLRP3 - NOD-, LRR- and pyrin domain-

- 1 containing protein 3; XOD – xanthine oxidase; MSU – monosodium urate; i.p. – intraperitoneal; i.a. – intraarticular; Nrf2 - nuclear factor erythroid 2–related factor 2; AT₂R -
- 2 angiotensin II type 2 receptor; NLRP1 - NLR Family Pyrin Domain Containing 1; NLRP6 - NOD-like receptor family pyrin domain containing 6; SOD - superoxide
- 3 dismutase; GSH – Glutathione; GSH-Px – Glutathione peroxidase; MPO – myeloperoxidase; GA – gouty arthritis.

1 *Research article*

2 **3.3 RvD1 disrupts nociceptor neuron and macrophage**
3 **activation, and neuroimmune communication reducing pain**
4 **and inflammation in gouty arthritis in mice**
5

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1 **Data availability statement**

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3 The data that support the findings of this study are available from the corresponding
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5

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21

22 **Author contribution statement**

23

24 Authors' contribution is disclosed in the manuscript and described as follows:

25 **Conceptualization:** T.H. Zaninelli, V. Fattori, and W.A. Verri; **investigation and data**
26 **curation:** T.H. Zaninelli, V. Fattori, T. Santos-Saraiva, S. Badaro-Garcia, L. Staurengo-Ferrari,
27 K.C. Andrade, N. A. Artero, C.R. Ferraz, M.M. Bertozzi, F. Rasquel-Oliveira, M.F. Manchope,
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29 **acquisition:** M.S. Rogers, R. Casagrande, and W.A. Verri; **methodology:** T.H. Zaninelli, V.
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31 and W.A. Verri; **project administration:** T.H. Zaninelli; **supervision:** V. Fattori, M.S. Rogers,
32 and W.A. Verri; **visualization:** T.H. Zaninelli, V. Fattori, and W.A. Verri; **writing–original**
33 **draft:** T.H. Zaninelli, V. Fattori, and W.A. Verri; **writing – editing and reviewing:** all authors.
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Conflict of interest disclosure

The authors declare no conflicts of interest.

Ethics approval statement

All authors acknowledge that all animal experiments were approved by the Londrina State University ethics committee (CEUA-UEL) under process number 22186.2016.37, which is an Institutional representative and works under the Brazilian law regulations by the Brazilian National Council for the Control of Animal Experimentation (CONCEA). Moreover, as described in the *Methods* section under *Compliance with requirements for studies using animals* (subtopic 2.2) all experiments were conducted in accordance with the International Association for Study of Pain (IASP) and ARRIVE 2.0 guidelines.

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1 **Abstract**

2

3 **Background and purpose:** Gouty arthritis is characterised by an intense inflammatory
4 response to monosodium urate crystals (MSU), which induces severe pain. Current therapies
5 are often ineffective in reducing gout-related pain. Resolvin D1 (RvD1) is a specialised pro-
6 resolving lipid mediator with anti-inflammatory and analgesic properties. In this study, we
7 evaluated the effects and mechanisms of action of RvD1 in an experimental mouse model of
8 gouty arthritis, an aim that was not pursued previously in the literature.

9 **Experimental approach:** Male mice were treated with RvD1 (intrathecally or
10 intraperitoneally) before or after intraarticular stimulation with MSU. Mechanical hyperalgesia
11 was assessed using an electronic von Frey aesthesiometer. Leukocyte recruitment was
12 determined by knee joint wash cell counting and immunofluorescence. IL-1 β production was
13 measured by ELISA. Phosphorylated NF-kB and apoptosis-associated speck-like protein
14 containing CARD (ASC) were detected by immunofluorescence, and mRNA expression was
15 determined by RT-qPCR. CGRP release was determined by EIA and immunofluorescence.
16 MSU crystal phagocytosis was evaluated by confocal microscopy.

17 **Key results:** RvD1 inhibited MSU-induced mechanical hyperalgesia in a dose- and time-
18 dependent manner by reducing leukocyte recruitment and IL-1 β production in the knee joint.
19 Intrathecal RvD1 reduced the activation of peptidergic neurons and macrophages as well as
20 silenced nociceptor to macrophage communication and macrophage function. CGRP stimulated
21 MSU phagocytosis and IL-1 β production by macrophages. RvD1 downmodulated this
22 phenomenon directly by acting on macrophages, and indirectly by inhibiting CGRP release and
23 CGRP-dependent activation of macrophages.

24 **Conclusions and implications:** This study reveals a hitherto unknown neuro-immune axis in
25 gouty arthritis that is targeted by RvD1.

26

27 **Keywords:** specialised pro-resolving lipid mediator; rheumatic diseases; gout; CGRP;
28 neuroimmune; MSU; phagocytosis.

29

- 1 **List of abbreviations**
- 2
- 3 **AITC**: allyl isothiocyanate
- 4 **AKT**: protein kinase B
- 5 **ALX/FPR2**: lipoxin receptor/N-formyl peptide receptor-2
- 6 **ASC**: apoptosis-associated speck-like protein containing a caspase recruitment domain
- 7 **BMDM**: bone marrow-derived macrophages
- 8 **CAIA**: collagen antibody-induced arthritis
- 9 **CFA**: complete Freund's adjuvant
- 10 **CGRP**: calcitonin gene-related peptide
- 11 **DAPI**: 4',6-diamidino-2-phenylindole
- 12 **DRG**: dorsal root ganglia
- 13 **eGFP**: enhanced green fluorescent protein
- 14 **ELISA**: enzyme-linked immunosorbent assay
- 15 **GA**: gouty arthritis
- 16 **GM-CSF**: granulocyte/monocyte colony stimulating factor
- 17 **GPR18**: G protein-coupled receptor 18
- 18 **GPR32**: G protein-coupled receptor 32
- 19 **i.a.**: intra-articular
- 20 **i.p.**: intraperitoneal
- 21 **i.t.**: intrathecal
- 22 **I- κ B**: inhibitor of kappa B
- 23 **IL-1 β** : interleukin 1-beta
- 24 **IL-1R1**: interleukin 1 receptor type I
- 25 **IL-6**: interleukin 6
- 26 **LDH**: lactate dehydrogenase
- 27 **LPS**: lipopolysaccharide
- 28 **LysM**: lysozyme M
- 29 **MaR1**: maresin 1
- 30 **MSU**: monosodium urate
- 31 **Nav1.8**: voltage-gated sodium channel 1.8
- 32 **NF- κ B**: nuclear factor kappa B
- 33 **NLRP3**: NLR family pyrin domain containing 3
- 34 **PI3K**: phosphatidylinositol 3-kinase
- 35 **pNF- κ B**: phosphorylated nuclear factor kappa B
- 36 **PPAR γ** : peroxisome proliferator-activated receptor gamma
- 37 **RPMI**: Roswell Park Memorial Institute 1640 media
- 38 **RT-qPCR**: real time quantitative polymerase chain reaction
- 39 **RvD1**: resolvin D1
- 40 **RvD2**: resolvin D2
- 41 **RvE1**: resolvin E1
- 42 **SPM**: specialized pro-resolving mediator
- 43 **SWB**: static weight bearing
- 44 **TNF- α** : tumor necrosis factor alpha
- 45 **TRAP**: tartrate-resistant acid phosphatase
- 46 **TRP**: transient receptor potential channels
- 47 **TRPA1**: transient receptor potential ankyrin subtype 1
- 48 **TRPV1**: transient receptor potential vanilloid subtype 1
- 49 **TRPV3**: transient receptor potential vanilloid subtype 3
- 50 **TRPV4**: transient receptor potential vanilloid subtype 4

1 **Bullet point summary**

2

3 **What is already known**

- 4 • Novel therapies with improved efficacy in reducing gout pain and inflammation
5 are needed.
- 6 • Resolvin D1 (RvD1) is an anti-inflammatory and analgesic pro-resolution lipid in
7 other disease models.

8 **What this study adds**

- 9 • RvD1 disrupts nociceptor neuron and macrophage activation, and their CGRP-
10 dependent neuroimmune communication.
- 11 • CGRP enhances MSU phagocytosis and IL-1 β production and RvD1
12 downmodulated this phenomenon directly and indirectly.

13 **Clinical significance**

- 14 • RvD1 reduces gouty arthritis pathology and symptoms by mechanisms that are
15 different from current treatments.
- 16 • A hitherto unknown disease mechanism in gouty arthritis that is targeted by
17 RvD1 was uncovered.

1 **1. Introduction**

2 Gouty arthritis (GA) is an intermittent disease, the most common form of inflammatory
3 arthritis, and gout flares are considered one of the most painful acute conditions known
4 (Martinon et al., 2006; So and Martinon, 2017; Perna et al., 2020). The incidence and
5 prevalence of gout have increased in developed and developing countries; gout affects
6 approximately 10% of the worldwide population (SY et al., 2011; Kuo et al., 2015). Gout is
7 caused by high levels of blood uric acid (hyperuricaemia) resulting in the formation and
8 deposition of monosodium urate (MSU) crystals on articular and periarticular tissues (Dalbeth
9 and Haskard, 2005). Resident macrophages (type A synoviocytes) phagocytose MSU crystals
10 and produce pro-inflammatory mediators triggering neutrophil recruitment (Dinarello, 2009)
11 and excruciating pain (Faires and Mccarty, 1962). The physiopathology of gout is dependent
12 on NLRP3 (NLR family pyrin domain containing 3) inflammasome engagement, activation and
13 caspase-1-mediated maturation of interleukin (IL)-1 β (Martinon et al., 2006; Amaral et al.,
14 2012). The current understanding of gout arthritis pathology highlights IL-1 β as the primary
15 pro-inflammatory cytokine in both inflammation and pain.

16 Even though GA flares are self-limiting in humans (up to 10 days), if left untreated,
17 continued MSU deposition can induce joint damage, movement limitation, and increase the
18 probability of recurrent acute flares (Schlesinger and Thiele, 2010; So and Martinon, 2017).
19 The management of gout consists of urate-lowering therapies and control of acute flares. In
20 fact, the main reason for patients to seek medical care is intense and debilitating pain during
21 gout episodes (Rees et al., 2014). Currently, steroidal and non-steroidal anti-inflammatories,
22 colchicine and biological agents are used in the control of gout flares (So and Martinon, 2017).
23 However, these drugs lack safety in patients with comorbidities, cause side effects, present high
24 cost, or offer non-satisfactory analgesic effect (Rees et al., 2014). Therefore, novel analgesic
25 drugs are still needed to the treatment of gout.

1 Resolvin D1 (7S,8R,17S-trihydroxy-4Z,9E,11E,13Z,15E,19Z-docosahexaenoic acid, RvD1) is
2 a specialised pro-resolving lipid mediator (SPM) derived from the metabolization of the ω -3
3 polyunsaturated fatty acid, docosahexaenoic acid (Bannenberg and Serhan, 2010). RvD1
4 actively orchestrates the process of inflammation resolution and has anti-inflammatory and
5 analgesic proprieties described in experimental murine models (Krishnamoorthy et al., 2010; Ji
6 et al., 2011; Liao et al., 2012; Benabdoune et al., 2016; Benabdoun et al., 2019). Notably, SPMs
7 also exert their biological effect by modulating neuronal activation (Bang et al., 2010; Xu et al.,
8 2010; Park et al., 2011; Fattori et al., 2019; Perna et al., 2020), which reinforce their analgesic
9 property. Thus, the broad analgesic effect and multiple mechanisms already known position
10 RvD1 as a candidate to be tested in the context of GA. In this study, we addressed the anti-
11 inflammatory and analgesic effects of RvD1 in a mouse model of MSU-induced GA.

1 2. Methods

2 2.1. Experimental procedures

3 Male Swiss mice were treated with resolvin D1 (RvD1) (Cayman Chemicals, Ann
4 Arbor, MI, USA, cat. # 10012554) at 0.3, 3, or 30 ng per animal or vehicle (3.2% ethanol in
5 saline) either via intrathecal (i.t., between L4 – L6 vertebrae, 10 μ L) or intraperitoneal (i.p.; 200
6 μ L) injection 0.5 h before intra-articular injections of monosodium urate (MSU) (100 μ g/10 μ L,
7 i.a.). Mechanical hyperalgesia and oedema were evaluated 1, 3, 5, 7, and 15 h after MSU
8 stimulus. The 0.5h pre-treatment time was selected as a starting time point considering
9 pharmacokinetic proprieties and according to previously studies from our group (Ruiz-
10 Miyazawa et al., 2018; Staurengo-Ferrari et al., 2018; Rossaneis et al., 2019). Based on the
11 results of this first set of experiments, mice were treated with 3 ng of RvD1 or vehicle (i.p. or
12 i.t.) 72, 24, 48, or 0.5 h before MSU crystal injection, followed by assessment of mechanical
13 hyperalgesia and oedema at the same time points. This pre-treatment experiment was intended
14 to identify the protocol that achieves maximal RvD1 activity. Based on these experiments, the
15 dose of 3 ng and pre-treatment time of 72 h were chosen for subsequent experiments. Post-
16 treatment protocols were also performed. Mice were stimulated with MSU and treated with
17 RvD1 (3 ng/animal, i.t. or i.p.) 0.5 or 2h later. Mechanical hyperalgesia and oedema were
18 evaluated 0, 1, 3, 5, 7, and 15 h after MSU stimulus. For the post-treatment of 0.5h, at the end
19 of the experiment, the knee joint cell wash was collected to determine leukocyte recruitment.
20 The effects of intrathecal pre-treatment were evaluated at the knee joint inflammation through
21 leukocytes recruitment, calcitonin gene-related peptide CGRP⁺ fibres fluorescence intensity in
22 the synovial tissue, and interleukin-1 β (IL-1 β) production. In dorsal root ganglia (DRG)
23 neurons, the effects were evaluated by real time quantitative polymerase chain reaction (RT-
24 qPCR) for transient receptor potential vanilloid subtype 1 (*Trpv1*), voltage-gated sodium
25 channel 1.8 (*Nav1.8*), *Substance P*, and calcitonin gene-relates peptide (*Calca*) mRNA

1 expression, and immunofluorescence for phosphorylated nuclear factor kappa B (p-NF- κ B) and
2 CGRP. The effects of systemic RvD1 treatment (i.p.) were evaluated in leukocyte recruitment
3 and IL-1 β production. RvD1 effects were also determined *in vitro*. The role of RvD1 in CGRP
4 release was investigate in cultured DRG neurons. NF-kB activation, maturation of IL-1 β , and
5 crystal phagocytosis were determined in bone marrow-derived macrophages (BMDM). The
6 number of animals or biological samples used in each experimental procedure is summarised
7 in Tables S1-S9, and figures' legends.

8

9 2.2. Compliance with requirements for studies using animals

10 Male healthy Swiss (25-30 g, 8 weeks old), C57BL/6 (20-25 g, 8 weeks old) mice from
11 Londrina State University (Londrina, Parana, Brazil), and healthy LysM-eGFP (20-25 g, 8
12 weeks old, C57BL/6 background) transgenic mice from University of Sao Paulo - Ribeirao
13 Preto Medical School (Ribeirao Preto, Sao Paulo, Brazil), were used in this study. Transgenic
14 LysM-eGFP C57BL/6 background mice express enhanced green fluorescent protein (eGFP)
15 controlled by the lysozyme M promoter (LysM) active in neutrophils and macrophages. This
16 mouse strain was used as a reporter mouse for leukocyte recruitment. All mice were housed in
17 standard clear cages (6 mice per cage), with wood shavings bedding, free access to food and
18 bottled water, light/dark cycle of 12/12h and controlled temperature (21 \pm 1 $^{\circ}$ C). In this study,
19 we used a total of 645 animals. Block randomization was used to randomize subjects into groups
20 resulting in equal sample sizes at all time points for each experiment. The investigators were
21 blinded to groups in all experiments for all parameters, including behaviour analyses, all data
22 acquisition, sample processing, and data analyses. Animals were under isoflurane anaesthesia
23 (3% v/v in O₂) for intrathecal treatment and gout arthritis induction. Euthanasia was performed
24 under isoflurane anaesthesia (5% v/v in O₂) followed by decapitation. Harvested samples were
25 coded and randomised for processing. Animal care and handling procedures were approved by

1 Londrina State University Ethics Committee (process number 22186.2016.37) and were in
2 accordance with the International Association for Study of Pain (IASP) and ARRIVE 2.0
3 guidelines (Lilley et al., 2020). Due to funding, sex was not considered as a variable in this
4 study, therefore, whether the present results are replicated in females remains to be determined.
5 All efforts were made to minimize the number of animals and their suffering.

6

7 *2.3. MSU Crystal preparation and Induction of knee inflammation*

8 MSU crystal preparation was adapted from Nishimura *et al.* 1997 (Nishimura et al.,
9 1997). Briefly, 672 mg of uric acid (cat. sc-213135A, Santa Cruz Biotechnology, Dallas, TX,
10 USA), was dissolved in 200 mL of boiling single distilled water containing 800 mg of NaOH
11 (cat. # 01H1028.01.AH, Labsynth, Diadema, SP, Brazil). The pH was adjusted to 7.2 and the
12 solution was gradually cooled by stirring at room temperature. The solution was filtered through
13 a 0.22 µm membrane and incubated overnight (4°C, under low agitation) to form the crystals.
14 Crystals were collected by centrifugation (3000g, 2 min at 4°C), washed twice with pure
15 ethanol, and air dried. The crystals were sterilised by heating (180°C, 2h) and stored at sterile
16 environment until use. Joint inflammation was induced by the intra-articular (i.a.)
17 administration of MSU (100 µg/10 µL of sterile saline) into the right knee joint of mice under
18 isoflurane anaesthesia (3% v/v in O₂). Control animals received an i.a. injection of sterile saline
19 (10µL).

20

21 *2.4. Evaluation of knee joint mechanical hyperalgesia and oedema*

22 Femur-tibial joint mechanical hyperalgesia was evaluated by an electronic version of
23 von Frey filaments as previously described (Ruiz-Miyazawa et al., 2018). Briefly, mice were
24 placed in acrylic cages with a wire grid floor. The measurement was performed only when the

1 animals were quiet and with all four paws on the grid floor. The method consists of an electronic
2 pressure-meter, with a force transducer fitted with polypropylene tip (Insight instruments,
3 Ribeirao Preto, SP, Brazil). To evaluate knee joint pain, we used a large tip (4.15 mm² area,
4 2.30 mm of diameter) to exclude subcutaneous effects. An increased perpendicular force was
5 applied to the central area of the hind paw surface to induce flexion of femur-tibial joint
6 followed by hind paw withdrawal. A digital analgesimeter recorded the intensity of the
7 maximum force applied (in grams) when the paw was withdrawn. The test was performed at
8 the times: 1, 3, 5, 7, and 15 h. The results are expressed as withdrawal mechanical threshold in
9 grams. Knee joint oedema was assessed with a dial thickness gauge calliper (Mitutoyo) before
10 (zero time), and after MSU intra-articular injections at the times 1, 3, 5, 7, and 15 h. Oedema
11 was determined for each mouse knee joint by the difference between the indicated times and
12 time zero. The results are expressed as Δ mm.

13

14 2.5. Static weight bearing (SWB)

15 Unilateral peripheral inflammation produces changes in weight distribution toward the
16 non-injured paw (Laboureyras et al., 2009). Changes in rear member weight distribution were
17 evaluated using the SWB apparatus (model BIO-SWB-TOUCH-M, Bioseb, France). The
18 device consists of an acrylic chamber where the animal is comfortably maintained while the
19 hind paws rest on two individual weight sensor plates (left and right). The animal stands and
20 makes a natural adjustment to the degree of pain by adapting weight distribution on the non-
21 injured rear paw. The value of the weight applied on each sensor is displayed on the LCD screen
22 of the control unit. Mice were habituated for at least four consecutive days prior to the
23 behavioural testing. The experiment was conducted in a quiet, temperature-controlled room.
24 The measurements were performed before (baseline values), 7 and 15 h after the MSU stimulus.

1 The results are expressed as right·left⁻¹ paw ratio, which was calculated by using the mean of
2 three measurements at 0 (baseline value), 7, and 15 h after MSU injection.

3

4 *2.6. Leukocyte migration*

5 The knee joint wash was collected 15h after MSU injection to measure leucocyte
6 recruitment. The articular cavities were wash 3 times with 3.3 µL of saline with 1mM EDTA,
7 then diluted to a final volume of 50 µL to evaluate leukocyte migration. The wash solution was
8 diluted in Turk's solution 1:2 (used to lyse the erythrocytes) and the total number of leukocytes
9 was determined in a Neubauer chamber (haemocytometer). Differential cell counts
10 (mononuclear and polymorphonuclear) were determined in Rosenfeld-stained slides using a
11 light microscope. The results are expressed in number of cells per cavity. Leukocyte recruitment
12 was also determined using LysM-eGFP transgenic mice. Animals were pre-treated with RvD1
13 (i.t.) and stimulated with MSU. The knee joint was collected and processed for
14 immunofluorescence staining. The fluorescence intensity of eGFP⁺ cells within the periarticular
15 tissue was used as a secondary measurement of immune cells recruitment.

16

17 *2.7. Immunofluorescence staining*

18 Fifteen hours after MSU stimulus the knee joint and L4-L6 vertebrae associated DRGs
19 were dissected and post-fixed in 4% paraformaldehyde for 24 hours. Knee joints were
20 decalcified in 20% EDTA (m/v), under agitation (100 rpm) at 37°C for 48 h. The knee joint and
21 DRG samples were incubated in sucrose 30% (m/v) (72 hours, 4°C) and embedded in optimum
22 cutting temperature reagent. The blocks were sectioned in a cryostat at 20 and 15µm of
23 thickness, respectively. All samples were blocked with 5% bovine serum albumin (BSA) in

1 phosphate buffered saline with 0.3% Triton 100-X. The knee joint sections were stained with
2 rabbit anti-mouse CGRP (1:500, cat. # C8198, Millipore Sigma; RRID:AB_259091) followed
3 by secondary goat anti-rabbit Alexa Fluor 647 (1:500, cat. # A-21235, Thermo Fisher Scientific;
4 RRID:AB_2535804), the nuclei were stained with DAPI (1:1000, cat. # 14285, Cayman
5 Chemicals). For DRG staining we used mouse anti-mouse phospho-NFκB (1:200, cat. # sc-
6 136548, Santa Cruz Biotechnology; RRID:AB_10610391) and rabbit anti-mouse CGRP
7 (1:500, cat. # C8198, Millipore Sigma; RRID:AB_259091) followed by goat anti-mouse Alexa
8 Fluor 647 (1:500, cat. # A-21236, Thermo Fisher Scientific; RRID:AB_2535805) and goat anti-
9 rabbit Alexa Fluor 488 (1:500, cat. # A-11008, Thermo Fisher Scientific; RRID:AB_143165),
10 respectively. For *in vitro* immunofluorescence, bone marrow-derived macrophages were
11 stained with anti-mouse phosphorylated-NFκB (1:200, cat. # sc-136548, Santa Cruz
12 Biotechnology; RRID:AB_10610391), followed by goat anti-mouse Alexa Fluor 594
13 secondary antibody (1:500, cat. # A21125, Thermo Fisher Scientific, RRID:AB_141593); and
14 anti-mouse ASC/TMS1 (1:75, cat. # NBP1-78977, Novus Biologicals; RRID:AB_11015255),
15 followed by goat anti-rabbit Alexa Fluor 647 secondary (1:500, cat. # A-21235, Thermo Fisher
16 Scientific; RRID:AB_2535804). DNA were also stained with DAPI (1:1000, cat. # 14285,
17 Cayman Chemicals). Image acquisition and analysis of fluorescence intensity were performed
18 using a Confocal Microscope (TCS SP8, Leica Microsystems, Mannheim, Germany).

19

20 2.8. RT-qPCR

21 Right rear paw innervating DRGs (L4-L6) were dissected into TRIzol™ reagent, and
22 the total RNA was extracted following the manufacturer's instructions. The wavelength
23 absorption ratio (260/280 nm) was between 1.8 – 2.0 for all samples, indicating good RNA
24 purity as determined by spectrophotometry. Reverse transcription of total RNA to cDNA and

1 qPCR were performed using GoTaq® 2-Step RT-qPCR System (Promega, Madison, WI, USA)
2 on a StepOnePlus™ Real-Time PCR System (Applied Biosystems®, Thermo Fisher Scientific,
3 Waltham, MA, USA). Relative gene expression was determined using the comparative $2^{-(\Delta\Delta Ct)}$
4 method. The primers sequence used in this study were *Trpv1* sense: 5'-TTC CTG CAG AAG
5 AGC AAG AAG C-3', *Trpv1* antisense: 5'- CCC ATT GTG CAG ATT GAG CAT-3'; *Nav1.8*
6 sense: 5'-GTG TGC ATG ACC CGA ACT GAT-3', *Nav1.8* antisense: 5'-CAA AAC CCT CTT
7 GCC AGT ATC T-3'; *Substance p* sense: 5'-GGT ACC GCA AAA TCG AAC-3', *Substance*
8 *p* antisense: 5'-GGC ATC GAT TTC CTC TGC-3', *Calca* sense: 5'-CCC TTT CCT GGT TGT
9 CAG CA-3', *Calca* antisense: 5'-TGG GCT GCT TTC CAA GAT TGA-3'. The expression of
10 *Gapdh* mRNA was used as a reference gene to normalise data.

11

12 2.9. CGRP release

13 As previously described (Fattori et al., 2019), DRG neurons from naïve mice were
14 cultured for 1 week in Neurobasal-A medium (Gibco™, Thermo Fisher Scientific Waltham,
15 MA, U.S.) with half of the medium being replaced with fresh media every 2 days. On the 7th
16 day, neurons were treated either with vehicle (0.1% ethanol in medium) or different
17 concentrations of RvD1 (1-100 ng/mL) before stimulus with capsaicin (500 nM) for 1 h at 37°C,
18 in a humidified incubator with 5% CO₂. The supernatant was collected for CGRP concentration
19 determination using a CGRP EIA kit following the manufacturer's instructions (Cayman
20 Chemical, Ann Arbor, MI, U.S.). The results are expressed in pg/mL.

21

22 2.10. Bone marrow-derived macrophages (BMDM) preparation and IL-1 β maturation assay

1 BMBM were obtained according previous described (Staurengo-Ferrari et al., 2018). In
2 summary, bone marrow cells were isolated from femurs and tibiae of C57BL/6 mice (8weeks
3 old). The flushed cells were cultured in RPMI 1640 media supplemented with 10% FBS, 2 mM
4 L-glutamine, 100 U/mL penicillin, 100 µg/mL streptomycin and 20% of L929 cell conditioned
5 medium as source of granulocyte/monocyte colony stimulating factor (GM-CSF). The cells
6 were cultured for 7 days at 37°C in a humidified incubator with 5% CO₂. On the 7th day,
7 BMDMs were collected in PBS, washed in RPMI 1640, and seeded at 1.5x10⁵ cells/well on a
8 96-well plate for IL-1β levels determination. BMDMs were primed with 500 ng/ml of
9 lipopolysaccharide (LPS) from *Escherichia coli* (Santa Cruz Biotechnology, Dallas, TX, U.S.)
10 (signal 1) and 3 h later were stimulated with MSU (450 µg/mL) (signal 2) for 5h. Cells were
11 treated with vehicle (ethanol in media 0.1%) or RvD1 (1-100 ng/mL) prior to signal 1. For
12 instance, in protocol 1 (P1) cells were not treated, in protocol 2 (P2) BMDMs were treated with
13 vehicle, and in protocol 3 (P3) cells were treated with RvD1 for 0.5 hours. In the sequence, P2
14 and P3 were then LPS-primed and MSU stimulated. After MSU incubation, the supernatant
15 was collected to determine IL-1β levels by ELISA. The results are expressed as picograms (pg)
16 per millilitre (mL). The supernatant was also used to determine cell viability as per LDH release
17 (Promega, Madison, WI, U.S.), and the results are expressed in percentage of LDH release.

18 In another set of experiments, 4x10⁵ cells were seeded onto a round glass cover slip (13
19 mm) on a 24-well plate for phospho-NF-κB and ASC immunostaining. Cells were treated either
20 before signal 1, with 100 ng/mL of RvD1 or vehicle (P2 or P3, respectively). After incubation,
21 cells were fixed and stained as above. Results are expressed as phospho-NF-κB fluorescence
22 intensity and percentage of colocalization with the nucleus (DAPI staining).

23 The effect of CGRP in IL-1β maturation was also explored in this *in vitro* approach. In
24 protocol 5 (P5), cells were primed with LPS (signal 1) for 2 hours, followed by CGRP (10 –

1 100 nM, GenScript Biotech, Piscataway, NJ, U.S) for 1 hours, and stimulated with MSU (signal
2 2). After 5 hours, the supernatant was collected for IL-1 β level determination. The
3 concentration of 100 nM of CGRP was chosen to for the next experiments (P1 – P7). The results
4 are expressed as pg/mL of sample.

5

6 *2.11. Phagocytosis assay*

7 BMDMs were seeded on round glass cover slip (13 mm) onto a 24-well plate at the
8 density of 1×10^6 cells/well. Macrophage treatment, stimulus concentrations, and incubation
9 period were based in the *in vitro* experimental design. Therefore, cells were treated either with
10 RvD1 (100 ng/mL) or vehicle (0.1% ethanol) 0.5 h before LPS (500 ng/mL) or vehicle
11 (medium) for 2 h, following CGRP (100 nM) or vehicle (media) treatment. Then, cells were
12 stimulated with MSU crystals (450 μ g/mL) and incubated at 37°C, 5% CO₂ for 5 h. The
13 phagocytosis index was determined by confocal microscopy (Leica, SP8, Wetzlar, Germany).
14 Briefly, images were acquired in a random field of each one of the 8 biological samples. The
15 number of total cells and cells with crystals (phagocytised MSU particles) were used to generate
16 the phagocytosis index. The results are expressed as MSU phagocytosis (cells with MSU
17 crystals inside, %).

18

19 *2.12. Cytokine measurement*

20 Knee joint samples were homogenised in 500 μ L of phosphate buffered saline
21 containing protease inhibitors. Samples were centrifuged (4500 rpm \times 15 min \times 4°C). The
22 supernatant of homogenised tissue, or of *in vitro* culture supernatant were stored for further
23 quantification. The levels of IL-1 β were determined by enzyme-linked immunosorbent assay

1 (ELISA), using an Invitrogen kit (Thermo Fisher Scientific, Carlsbad, CA, U.S.). The results
2 are expressed as pg/mg of protein, or pg/mL of culture supernatant.

3

4 *2.13. Experimental design and statistical analysis*

5 Data were analysed using GraphPad Prism statistical software (GraphPad Software,
6 Inc., USA-500.288, version 8.0). The investigators were blinded to groups in all experiments
7 for all parameters, including behaviour analyses, all data acquisition, sample processing, and
8 data analyses. Data was submitted to Shapiro-Wilk normality test and Brown-Forsythe
9 homogeneity test before proceeding to parametric or non-parametric analysis. Results are
10 presented as means \pm SEM (standard error of the mean, for data with Gaussian distribution) or
11 median + range (for data with non-Gaussian distribution). The number of mice used for each
12 experiment is as indicated in the figure legends and Tables S1-S9. Sample size was determined
13 using G*Power3.1 (Erdfelder et al., 2009). The effect size f was determined using the
14 population mean, power of analysis was set to 0.95, and a probability error of 0.05. The method
15 of block randomization was used to randomize subjects into groups resulting in equal sample
16 sizes at all time points for each experiment. The average value between two (or three for SWB,
17 specifically) technical replicates were considered as the final value (data plotted and analysed)
18 for each experiment for each animal or biological sample. Technical replicates were not
19 considered as independent samples. Two-way ANOVA was used for repeated measurements,
20 to compare groups and doses at all time-points when the parameters were measured at different
21 time-points after the stimulus. The analysed factors were treatments, time, and time versus
22 treatment interaction. For one time-point analysis, data with Gaussian distribution and
23 homogeneous were analysed by one-way ANOVA followed by Tukey's post-hoc test. Kruskal-
24 Wallis followed by Dunn's multiple comparison test was performed for non-Gaussian-

1 distributed data or data without variance homogeneity. $P < 0.05$ was considered significant. For
2 detailed information on statistical analysis please see Tables S1-S8, which includes information
3 on data normality, homogeneity, one- or two-way ANOVA F and P values. The data and
4 statistical analysis comply with the recommendations of the British Journal of Pharmacology
5 on experimental design and analysis in pharmacology.

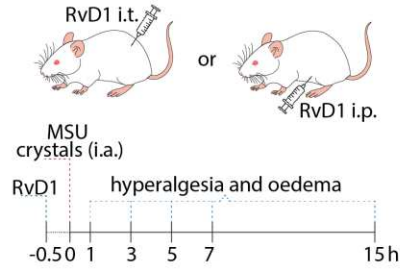
6

1 3. Results

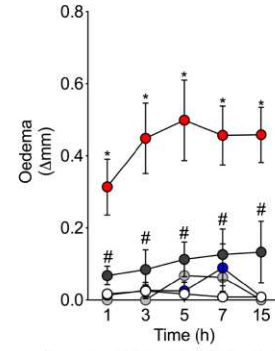
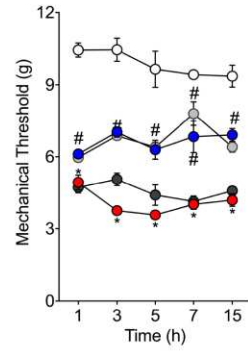
2 3.1. *RvD1 reduces mechanical hyperalgesia and oedema in a time- and dose-dependent* 3 *manner.*

4 First, we measured the efficacy of resolvin D1 (RvD1) treatment in monosodium urate
5 (MSU)-induced mechanical hyperalgesia (**Fig. 1A**). We used the intraperitoneal (i.p.) route to
6 evaluate systemic effects of RvD1 and the intrathecal (i.t.) route to measure neuronal inhibition.
7 Doses of 3 and 30 ng of RvD1 administered 30 min before MSU injection reduced mechanical
8 hyperalgesia and oedema to a similar extent, regardless of the administration route. Thus, we
9 selected 3 ng of RvD1 for further work (**Fig. 1B – C**). RvD1 has a long-lasting analgesic effect
10 in a range of days (Huang et al., 2011). Because of that, we asked whether increasing the time
11 of pre-treatment would still allow observing analgesia by RvD1 administration. Mice were
12 treated with RvD1 (3ng/animal), 72h, 48h, 24h, or 0.5 hours before MSU injection (**Fig. 1D**).
13 Even though RvD1 reduced mechanical hyperalgesia and oedema at all tested time points (**Fig.**
14 **1E – F**), 72h pre-treatment showed the best inhibition for both delivery routes (**Fig. 1E – F**).
15 The vehicle (3.2% ethanol in saline) showed no effect. Based on these results, the dose of 3 ng
16 and pre-treatment time of 72 h were chosen for subsequent experiments. Rear member weight
17 distribution using static weight-bearing (SWB) is a non-evoked measurement of pain
18 (Laboureyras et al., 2009). RvD1 i.t. or i.p. pre-treatment restored rear leg weight-bearing
19 distribution (**Fig. 1G**). We next addressed if RvD1 exert analgesic and anti-inflammatory
20 effects when administrated after MSU stimulus. RvD1 (3 ng/animal, i.t. or i.p.) post-treatment
21 (30 min or 2h) reduced MSU-induced mechanical hyperalgesia and oedema (**Supplementary**
22 **Fig. S1B, S2B**).

A Dose-response protocol

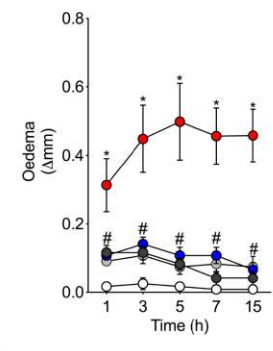
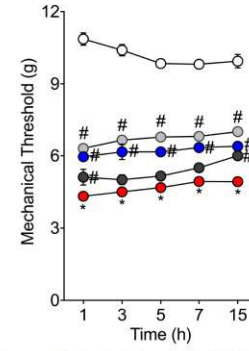


B Dose-response intrathecal route

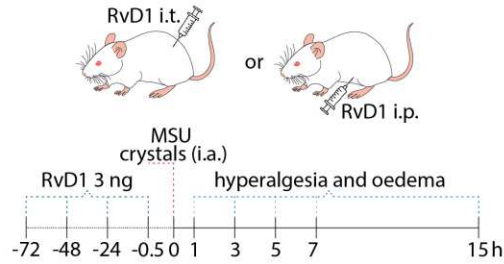


○ saline ● vehicle ● RvD1 0.3 ng ● RvD1 3 ng ● RvD1 30 ng

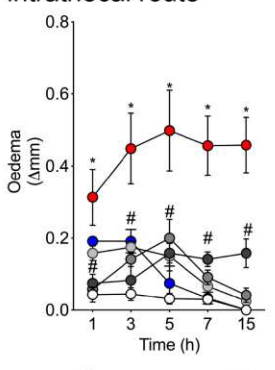
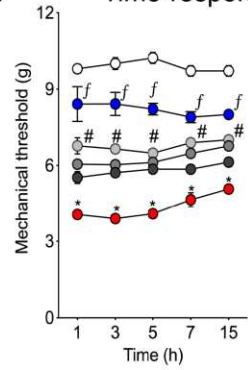
C Dose-response intraperitoneal route



D Time-response protocol

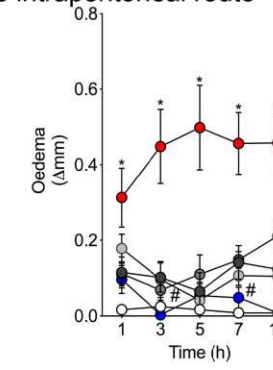
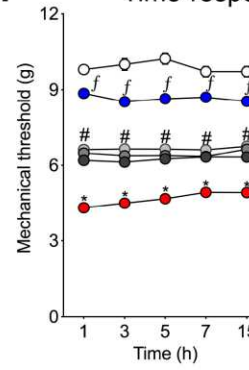


E Time-response intrathecal route

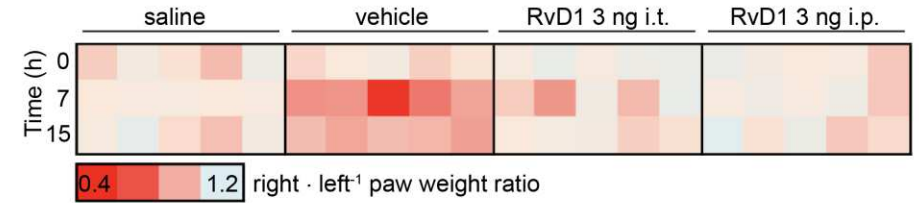
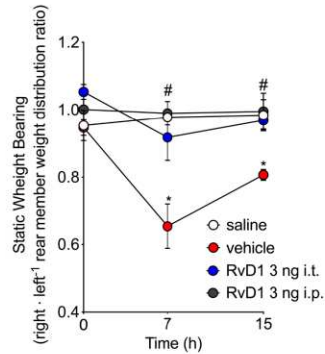
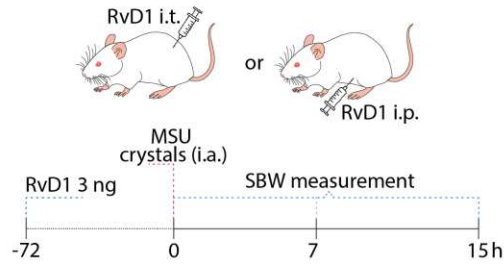


○ saline ● vehicle ● RvD1 3ng (0.5h) ● RvD1 3ng (24h) ● RvD1 3ng (48h) ● RvD1 3ng (72h)

F Time-response intraperitoneal route



G Static weight-bearing (SWB)



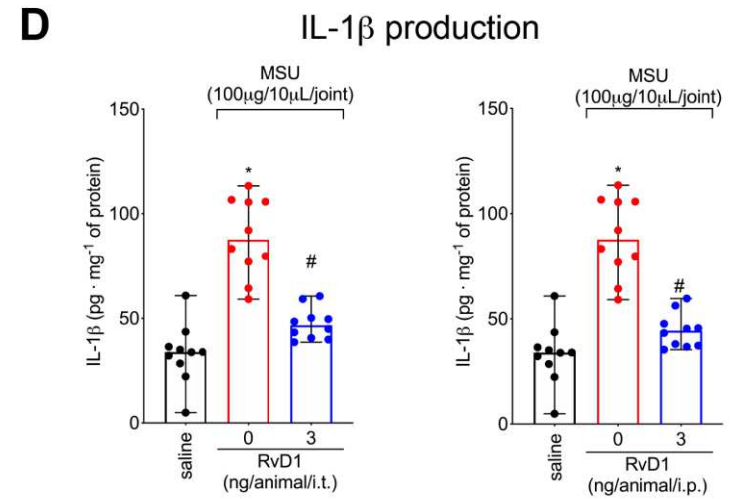
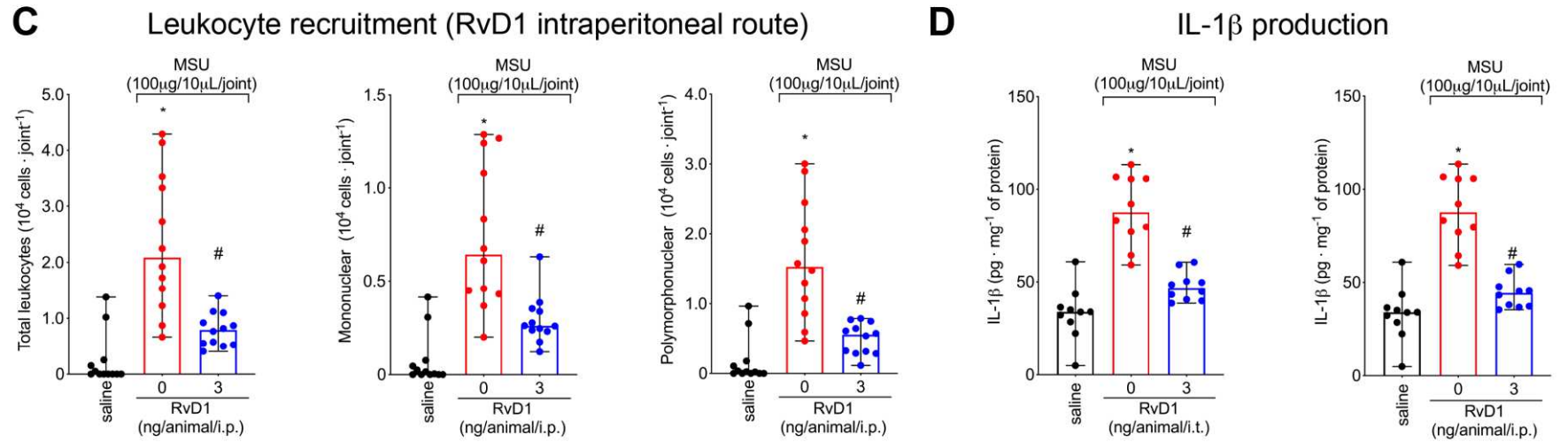
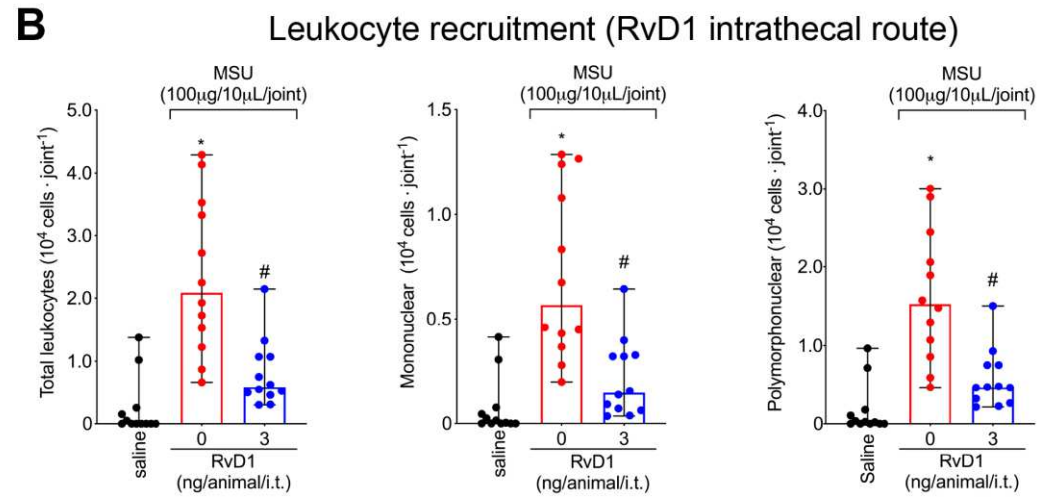
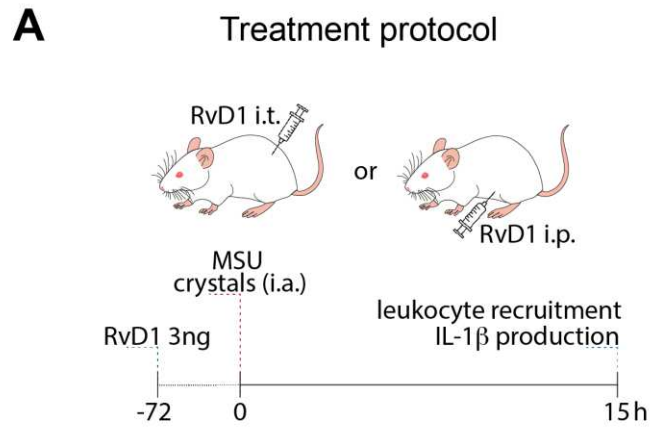
1 **Figure 1. RvD1 reduces mechanical hyperalgesia and oedema in a time- and dose-dependent manner and restores rear leg weight**
2 **distribution** (A and D) dose-response treatment protocol scheme. Mechanical hyperalgesia (B and E left; C and F left) and oedema (B and E right;
3 C and F right) were evaluated 1, 3, 5, 7, and 15h after MSU stimulus (100 μ g per knee joint). Results from mechanical hyperalgesia are presented
4 as paw withdrawal threshold (in grams) and for oedema as Δ of knee joint size (in mm). (G) SWB (Static Weight Bearing) was used as a
5 nonreflexive method of pain measurement. The graph and heat map shows the right:left⁻¹ rear leg ratio of each mouse over time. Results are
6 presented as mean \pm SEM of measurements, n = 6 (von Frey and oedema), and n = 5 (SWB) mice per group (*P < 0.05 vs. saline, # P < 0.05 vs.
7 vehicle-treated group, *f* P < 0.05 vs. vehicle-treated and other pre-treatment groups). All statistical information and analysis are presented in Table
8 S1 in the supplementary material.

1 3.2. *RvD1 inhibits leukocyte recruitment and IL-1 β production in the knee joint.*

2 Leukocyte recruitment to the knee joint is a hallmark of rheumatic diseases. Treatment with
3 RvD1 via both delivery routes (**Fig. 2A**) reduced MSU-induced recruitment of total leukocyte,
4 neutrophils, and mononuclear cells (**Fig. 2 B – C**). RvD1 post-treatment also reduced leukocyte
5 recruitment (**Supplementary Fig. S1C**). Cellular recruitment is dependent on cytokine
6 production in the inflamed tissue and the pro-inflammatory cytokine IL-1 β plays a crucial role
7 in GA (Martinon et al., 2006). Regardless of the administration route (i.p. or i.t.), RvD1 reduced
8 IL-1 β levels to a similar extent in the knee tissue (**Fig. 2D**). Of interest, RvD1 systemic
9 treatment (i.p.) did not induce liver or kidney toxicity (**Supplementary Fig. S3**).

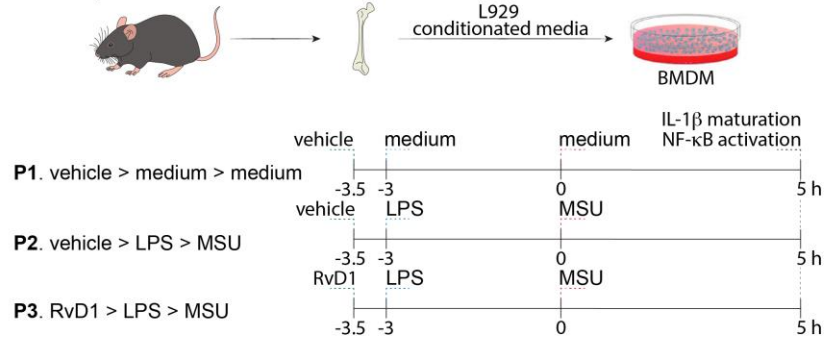
11 3.3. *RvD1 decreases interleukin-1 β (IL-1 β) maturation, ASC protein expression, and NF- κ B 12 activation in macrophages in vitro.*

13 The inflammasome NLRP3 (NLR family pyrin domain containing 3) machinery is
14 composed of the NLRP3, the adaptor molecule ASC (apoptosis-associated speck-like protein
15 containing a caspase recruitment domain), pro-caspase-1, and pro-IL-1 β . It is an essential
16 mechanism in GA pathology (Martinon et al., 2006). The transcription factor NF- κ B regulates
17 the expression of those components. Therefore, we investigated the RvD1 effect on NF- κ B
18 activation, ASC expression, and IL-1 β production using bone marrow-derived macrophages
19 (BMDMs) (Fig. 3A). In this *in vitro* system, IL-1 β release is dependent on 2 signals:
20 lipopolysaccharide (LPS) priming (signal 1) and MSU-triggered NLRP3 inflammasome
21 assembling (signal 2) to produce mature IL-1 β (Martinon et al., 2006). Treating with RvD1 at
22 100 ng/mL before LPS-priming (signal 1) reduced IL-1 β production (Fig. 3B). None of the
23 RvD1 concentrations or stimuli reduced cell viability as measured by LDH release (Fig. 3B).
24 RvD1 also reduced ASC expression, NF- κ B phosphorylation (Fig. 3C), and NF- κ B
25 translocation to the nucleus (Fig. 3D), indicating important anti-inflammatory mechanisms.

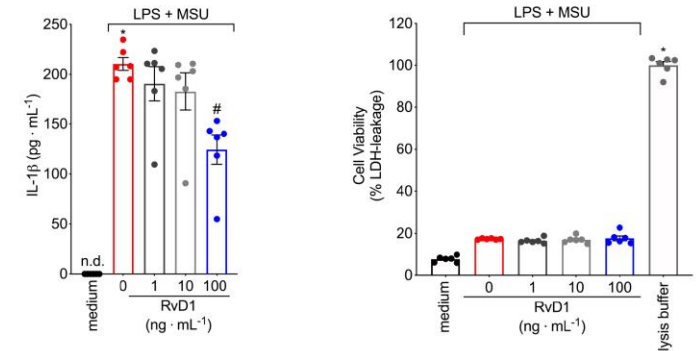


1 **Figure 2. RvD1 inhibits leukocyte recruitment and IL-1 β production in the knee joint.** (A) treatment protocol scheme for inflammatory
2 infiltrate and IL-1 β evaluation in the knee joint. Leukocyte recruitment to the knee joint was evaluated 15hrs after MSU injection. Results are
3 expressed as number of cells per knee joint cavity, and are presented as median and range of measurements, n = 12 mice per group (*P < 0.05 vs.
4 saline, # P < 0.05 vs. vehicle-treated group). (D) Fifteen hours after the stimulus the knee joint tissue was processed and the concentration of IL-
5 1 β was determined by ELISA. Results are expressed as picograms per milligram of protein, and are presented as median and range of
6 measurements, n = 10 mice per group per experiment (*P < 0.05 vs. saline, # P < 0.05 vs. vehicle-treated group). All statistical information and
7 analysis are presented in Table S2 in the supplementary material.

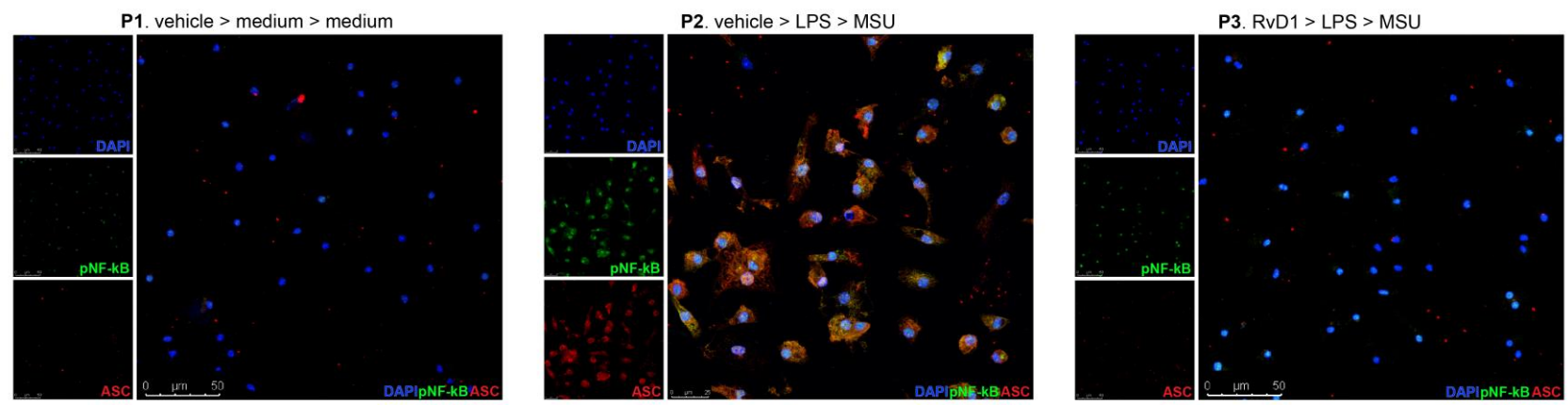
A *in vitro* protocols



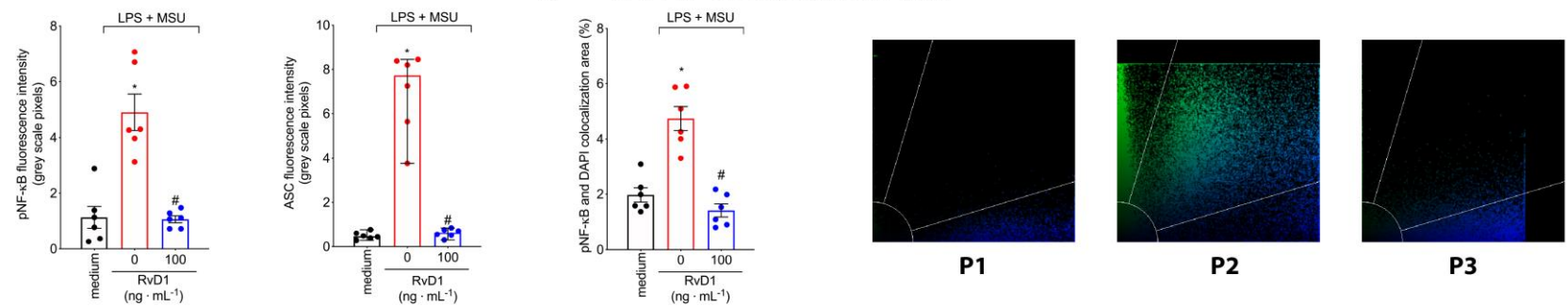
B



C



D DAPI-NF- κ B colocalization area

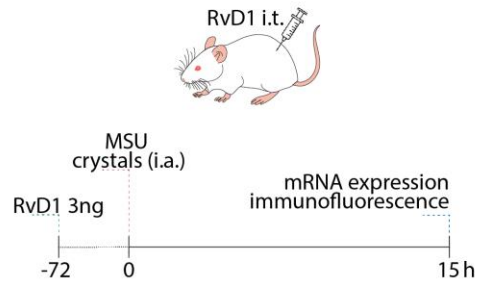


1 **Figure 3. RvD1 decreases IL-1 β maturation, ASC protein expression, and NF- κ B activation in macrophages in vitro.** (A) Schematic view
2 of bone marrow-derived macrophages preparation and *in vitro* treatment protocols. (B) *in vitro* IL-1 β levels and treatment cytotoxicity. Results are
3 presented as mean \pm SEM of measurements, n = 6 individual biological samples per treatment protocol (*P < 0.05 vs. medium, # P < 0.05 vs.
4 vehicle-treated cells). (C) BMDMs were treated according to the presented protocols and were stained for ASC and phospho-NF- κ B. Results of
5 fluorescence intensity in grey scale value are expressed in mean \pm SEM for phospho-NF- κ B and median and range for ASC of, n = 6 (*P < 0.05
6 vs. medium, # P < 0.05 vs. vehicle-treated cells). (D) DAPI and phospho-NF- κ B colocalization area. Results are expressed in percentage of
7 colocalization area. Immunostaining results are presented as mean \pm SEM of measurements, n = 6 individual biological samples per treatment
8 protocol per experiment (*P < 0.05 vs. medium, # P < 0.05 vs. vehicle-treated cells). All statistical information and analysis are presented in Table
9 S3 in the supplementary material

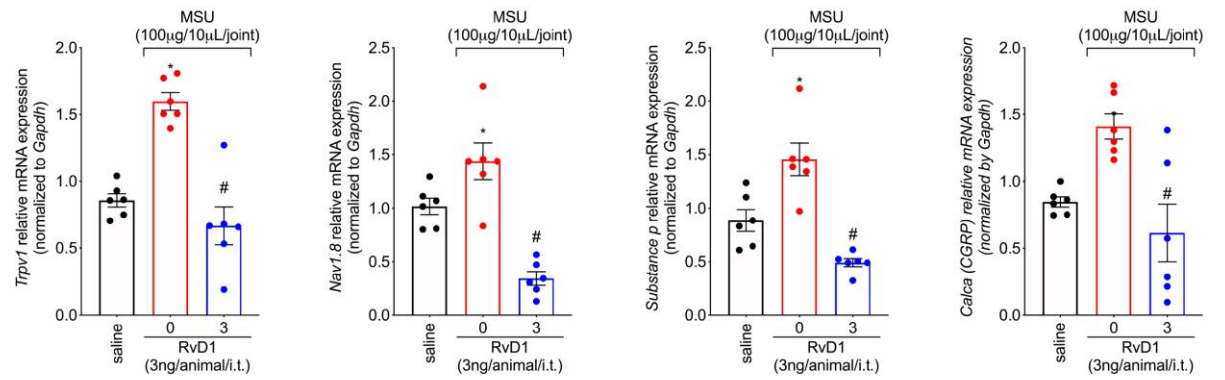
1 3.4. *RvD1 reduces MSU-induced activation of CGRP⁺ nociceptors in vivo, blocks CGRP*
2 *release in the knee joint periarticular tissue and in cultured DRG neurons*

3 Ion channel expression is intimately related to neuronal activation and pain perception
4 during gout flares (Hoffmeister et al., 2014; Qiu et al., 2021) (**Fig. 4A**). We observed that i.t.
5 RvD1 reduced MSU-induced increase of *Trpv1*, *Nav1.8*, *Substance P*, and *Calca* (calcitonin
6 gene-related peptide gene) mRNA levels (**Fig. 4B**). Furthermore, RvD1 reduced not only
7 overall fluorescence intensity of phosphorylated-NF- κ B but also its fluorescence intensity in
8 CGRP⁺ DRG neurons indicating lessened activation of CGRP⁺ neurons upon RvD1 treatment
9 (**Fig. 4C**). However, could RvD1 be acting directly on nociceptors activation or indirectly by
10 reducing macrophage activation? We observed that capsaicin (a TRPV1 agonist) induces the
11 release of CGRP by DRG neurons, which was reduced by RvD1 in a concentration-dependent
12 manner. Thus, RvD1 can directly silence nociceptor sensory neurons decreasing the release of
13 neuropeptides such as CGRP (**Fig. 4D**). Next, combining fluorescence analysis of LysM-eGFP
14 (a reporter mouse for mature neutrophils) (Faust et al., 2000) with staining of peptidergic fibres
15 using CGRP antibody, we determined whether RvD1 blocks leukocyte recruitment near CGRP⁺
16 fibres (**Fig. 4E**). RvD1 reduced eGFP fluorescence intensity surrounding CGRP⁺ fibres, which
17 might indicate a reduction of LysM-eGFP⁺ neutrophils recruitment towards these CGRP⁺ axons
18 (**Fig. 4E**). CGRP fluorescence intensity is inversely proportional to its release and can be used
19 as an indirect measurement (Hoffmann et al., 2002). We infer that RvD1 reduces neuronal
20 activation by reducing CGRP expression in DRG neurons and the activation of CGRP⁺ neurons
21 (enhanced NF- κ B phosphorylation) (**Fig. 4A-C**). Moreover, RvD1 reduced CGRP release *in*
22 *vitro* (**Fig. 4D**) and *in vivo*, as measured by CGRP fluorescence intensity in the axons
23 innervating the periarticular tissue (**Fig. 4E**). CGRP in turn, exerts its peripheral functions via
24 immune cells. Therefore, by silencing CGRP⁺ neurons, RvD1 disrupts the communication
25 between nociceptive neurons and immune cells.

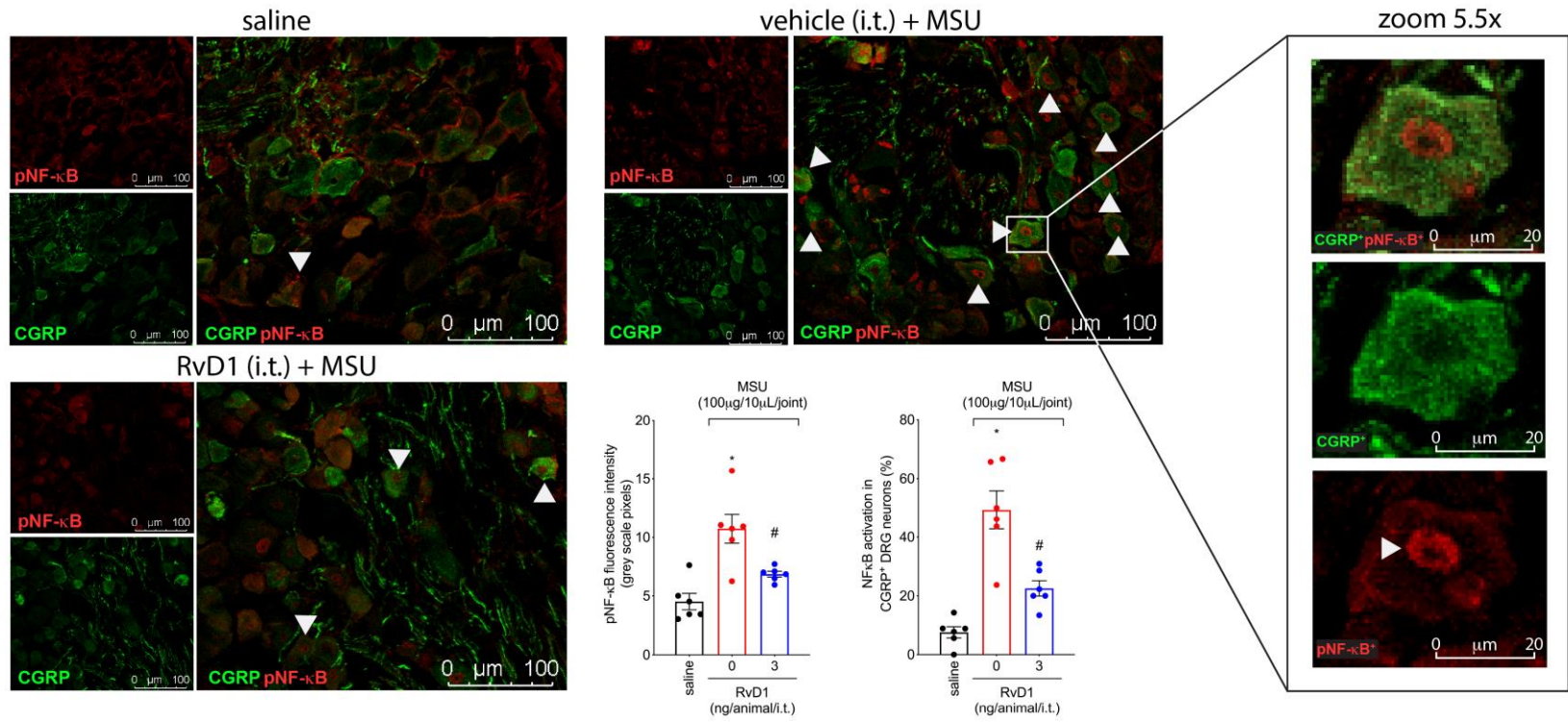
A Treatment protocol

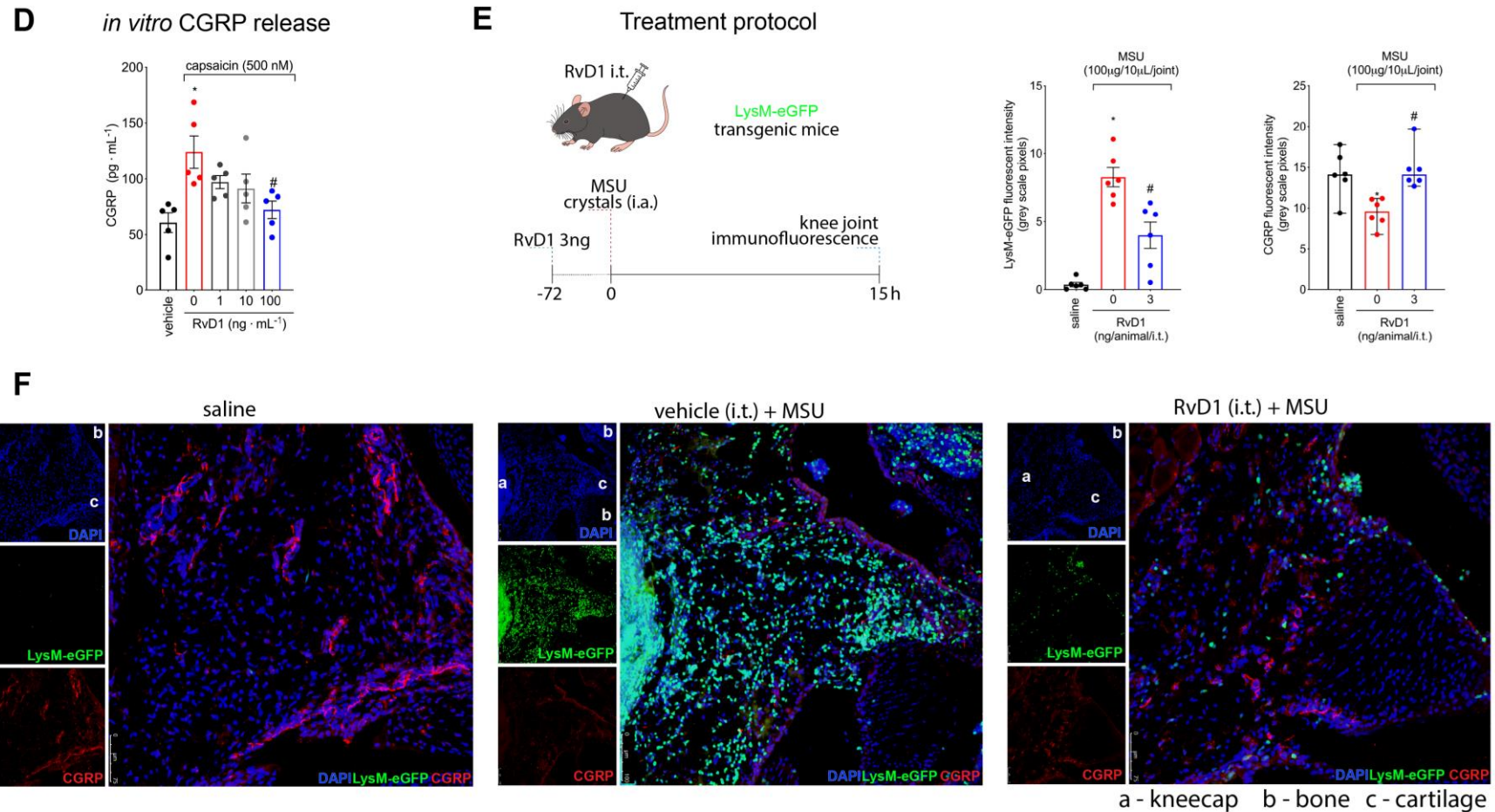


B



C





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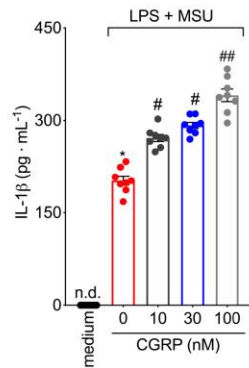
2 **Figure 4.** RvD1 reduces MSU-induced activation of CGRP⁺ nociceptors in vivo, blocks CGRP release in the knee joint periarticular tissue and in
 3 cultured DRG neurons (A) Schematic representation of the protocol. The DRGs (ipsilateral, vertebrae L4 – L6) were dissected and processed for
 4 RT-qPCR (B) or immunostaining (C). Results are presented as mean \pm SEM of measurements, $n = 6$ mice per group (* $P < 0.05$ vs. saline, # $P <$
 5 0.05 vs. vehicle-treated group). (D) CGRP release determined by EIA using cultured DRG neurons from naïve mice. Results are expressed as

1 picograms per millilitres of culture supernatant, are presented as mean \pm SEM of measurements, n = 5 per treatment protocol (*P < 0.05 vs. saline,
2 # P < 0.05 vs. vehicle-treated group). (E) Treatment protocol scheme of LysM-eGFP mice and determination of LysM+ cells in the knee joint.
3 Results are expressed as fluorescence intensity in grey scale pixels and are presented as mean \pm SEM of measurements, n = 6 mice per group (*P
4 < 0.05 vs. saline, # P < 0.05 vs. vehicle-treated group; for CGRP fluorescence intensity (E right), results are presented as median and range, n = 6
5 mice per group (*P < 0.05 vs. saline, # P < 0.05 vs. vehicle-treated group). (F) LysM-eGFP knee joint immunofluorescence representative images.
6 All statistical information and analysis are presented in Table S4 in the supplementary material.

1 3.5. *RvD1 decreases CGRP enhancement of macrophage release of IL-1 β and phagocytosis*
2 *of MSU crystals.*

3 Because CGRP increases the phagocytosis of other inert molecules (Ichinose and Sawada,
4 1996), we investigated the activity of CGRP in macrophage activation and MSU crystal
5 phagocytosis. Since RvD1 (i.t.) reduces CGRP release, this approach would indicate whether
6 this lipid could indirectly modulate MSU phagocytosis by reducing CGRP release. However,
7 as RvD1 is active when injected i.p., we reason that it could also directly interfere with MSU
8 crystals phagocytosis. Thus, BMDMs were subjected to different treatment protocols (P1 – P7)
9 (**Fig. 5A**). CGRP increased IL-1 β release in a concentration-dependent manner with the
10 concentration of 100 nM being significantly different compared to the other lower
11 concentrations (**Fig. 5B, P5 protocol**). Therefore, this concentration was chosen to the next
12 experiments. CGRP increased phagocytosis of MSU crystals by macrophages (**Fig. 5C, E**).
13 Interestingly, it also increased the phagocytosis of MSU crystals in naïve macrophages (*i.e.* non
14 LPS-primed BMDMs) (**Fig. 5C, E, P7 protocol**) although this difference was not statistically
15 significant. CGRP also increased IL-1 β concentrations in the culture supernatant (**Fig. 5D, P1**
16 **– P7**), demonstrating that CGRP might have an important role in GA pathophysiology.
17 Importantly, RvD1 treatment reduced not only MSU phagocytosis (P4), and CGRP potentiation
18 of MSU crystal internalization (P6), but also IL-1 β maturation (**Fig. 5C – E**). Table S9 makes
19 a summary list of all experiments, methods, n, figures and in which table all the statistical details
20 can be found.

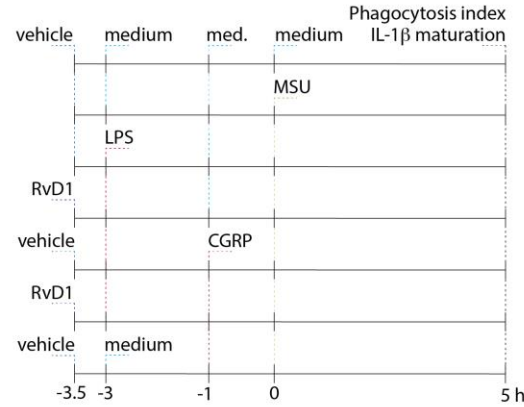
A IL-1 β maturation (P5)



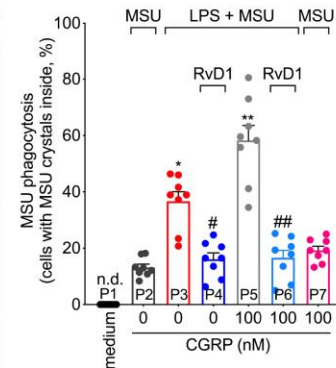
B

- P1.** vehicle > med. > med. > med.
P2. vehicle > med. > med. > MSU
P3. vehicle > LPS > med. > MSU
P4. RvD1 > LPS > med. > MSU
P5. vehicle > LPS > CGRP > MSU
P6. RvD1 > LPS > CGRP > MSU
P7. vehicle > med. > CGRP > MSU

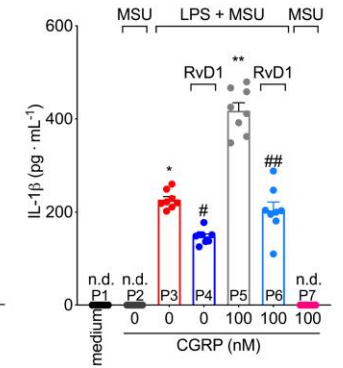
CGRP *in vitro* protocol



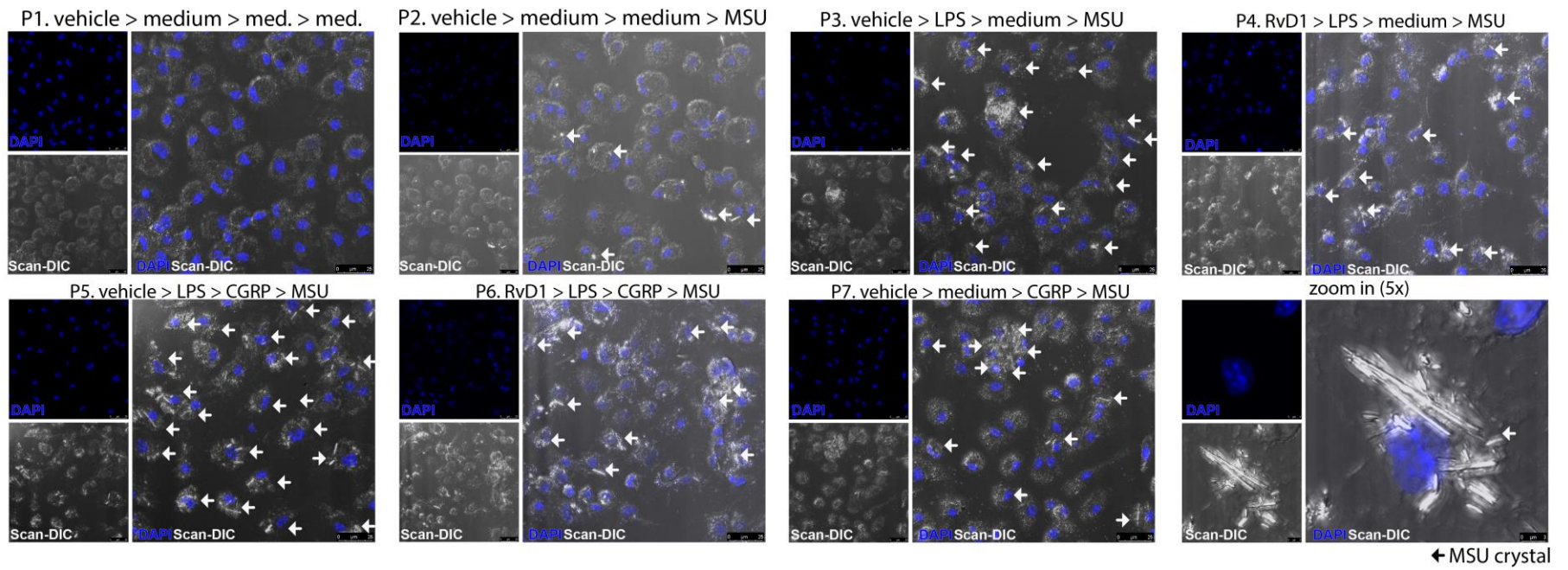
C phagocytosis index



D IL-1 β maturation



E



1

2 **Figure 5. RvD1 decreases CGRP enhancement of macrophage release of IL-1 β and phagocytosis of MSU crystals.** (A) *In vitro* protocols for
3 CGRP effect in potentiate MSU-induced IL-1 β production. Cells were treated according to P5. IL-1 β levels were determined via ELISA, the results
4 are expressed as picograms per millilitres of culture supernatant, and are presented as mean \pm SEM of measurements, n = 8 per treatment protocol
5 (*P < 0.05 vs. medium, # P < 0.05 vs. vehicle-treated group, ## P < 0.05 vs. CGRP 10 and 30 nM treated group). (B) *in vitro* protocol for MSU
6 crystals phagocytosis assay (C and E) and determination of IL-1 β levels (D). Results are expressed as MSU phagocytosis (cells with MSU crystals
7 inside, %) and IL-1 β levels in picograms per millilitre, for C and D respectively, and are presented as mean \pm SEM of measurements, n = 8 samples
8 per treatment protocol (*P < 0.05 vs. P1 and P2, **P<0.05 vs. P3 group, # P < 0.05 vs. P3 group; ## P< 0.05 vs. P5). (E, white arrow points to
9 macrophages with phagocytised MSU) Representative images from the phagocytosis index. Genetic material is in blue (DAPI staining). All
10 statistical information and analysis are presented in Table S5 in the supplementary material.

1 4. Discussion

2 We report that either intrathecal (i.t.) or intraperitoneal (i.p.) administration of RvD1 reduced
3 MSU-induced pain and inflammation with time-dependent efficacy. RvD1 i.t. treatment reduced
4 pain, oedema, leukocyte recruitment and IL-1 β production in the knee joints of gouty mice. RvD1
5 i.t. treatment reduced MSU-induced mRNA expression of pain-related ion channels (*Trpv1* and
6 *Nav1.8*), neuropeptides (*substance P* and *Calca*), and the activation of DRG neurons, as observed
7 by the reduction of NF- κ B activation in CGRP⁺ neurons. Thus, i.t. RvD1 acts by silencing neurons
8 reducing CGRP release. In turn, CGRP is the link explaining the activity of i.t. RvD1 in GA since
9 this neuropeptide increased the phagocytosis of MSU crystals and IL-1 β release by macrophages.
10 RvD1 also acted directly on macrophages reducing MSU crystals phagocytosis and IL-1 β release
11 to stop the inflammatory response. Thus, RvD1 inhibits nociceptor neuron and macrophage
12 activation, and interrupts the neuro-immune communication between these cells reducing the MSU
13 crystal-induced acute flare in male mice.

14 Although gout is more prevalent in men (8.21%) than women (2.33%) (SY et al., 2011; Kuo
15 et al., 2015), risk factors for developing the disease does not differ between sexes (Evans et al.,
16 2019). While differential activation of spinal cord immune cells plays a role in pain and analgesia
17 in males and females (Mogil and Bailey, 2010; Sorge et al., 2015), to the date, no study reports
18 sex-dependent differences in pain during GA. Although we acknowledge the importance of sex-
19 dependent variables and this is a limitation of our study, it was out of the scope to determine
20 whether GA pain and RvD1's effect differ between female vs male mice.

21 RvD1 half-life after intravenous (i.v.) administration is of approximately 4.77 hours in mice,
22 and undetectable after 8 h, but detectable in tissues, such as submandibular salivary gland, within
23 5 min after administration (Yellepeddi et al., 2021). RvD1 also increases miRNAs expression,

1 which explain its resolution effects at later time points (Bannenberg et al., 2005; Recchiuti and
2 Serhan, 2012; Sun et al., 2020). Evidence also supports that RvD1 can induce the production of
3 itself and other SPMs such as lipoxin A₄ (Bathina and Das, 2021). Thus, RvD1 activity is a time-
4 dependent process involving the modulation of gene expression, immune cell activity and
5 phenotype, modulation of endogenous SPM production and is not solely dependent on RvD1
6 presence at the time of evaluation. In fact, RvD1 analgesia with the 72h pre-treatment was higher
7 than earlier time points before MSU injection. Our findings corroborate data demonstrating in a
8 model of paw incision induced pain that a single i.t. treatment with RvD1 produces 10 days of
9 analgesia (Huang et al., 2011). This time-dependent effect is also observed with other SPMs.
10 Maresin 1 pre-treatment provides 5 days of analgesia, while post-treatment confers analgesia for
11 3 days (Fattori et al., 2019). Thus, the time-dependent increase in efficacy indicates that SPMs,
12 RvD1 included, might be good candidates for prevention and treatment of chronic, painful
13 conditions. In the case of GA, the acute flares tend to be more frequent upon the chronicity of the
14 inflammatory process, thus, a preventive treatment with RvD1 is rational. Although post-treatment
15 with RvD1 also provides analgesia in GA, the mechanistic studies were mostly pre-treatment
16 protocols, and this is a limitation of our study.

17 NLRP3 inflammasome activation culminates in IL-1 β maturation and release, a pivotal innate
18 immune event in GA (Martinon et al., 2006; Amaral et al., 2012; So and Martinon, 2017). This
19 mechanism consists of an auto-amplification loop that accounts for leukocyte recruitment, NF- κ B
20 activation, and the production of macrophage-derived mediators (Amaral et al., 2012, 2016). All
21 these factors are responsible for nociceptive neurons sensitisation and unbearable pain in GA
22 (Binshtok et al., 2008; Marcotti et al., 2018). Thus, we next investigated the effect of RvD1 on IL-
23 1 β maturation *in vitro*. In BMDM, two signals are required for IL-1 β release. Signal 1 or priming,

1 is related to NF- κ B activation and its downstream pathways, culminating in the expression of all
2 inflammasome components (NLRP3, ASC, pro-caspase-1) and pro-IL-1 β . Signal 2 or activation,
3 is triggered by MSU crystals phagocytosis, phagolysosome lysis and NLRP3 inflammasome
4 activation by cathepsin release (Martinon et al., 2006). Herein, we demonstrate that RvD1 (100
5 ng/mL, 265.6 nM) downmodulates macrophage activation by reducing NF- κ B phosphorylation,
6 its translocation to the nucleus, and the expression of the NLRP3 inflammasome adaptor molecule
7 ASC. More importantly, these events are accompanied by a reduction in IL-1 β levels in the culture
8 supernatant, thus, demonstrating a functional outcome. Our data confirm that RvD1 reduces NF-
9 κ B activation (Krishnamoorthy et al., 2010; Liao et al., 2012; Wu et al., 2017; Yin et al., 2017) or
10 inflammasome activation in other models (Li et al., 2017; Yin et al., 2017) as well as clinical score,
11 oedema, leukocyte recruitment, and bone-resorption in a model of collagen antibody-induced
12 arthritis (Benabdoun et al., 2019). Thus, the literature sustains the mechanisms observed in our *in*
13 *vitro* and *in vivo* approaches in MSU arthritis.

14 Limbs, skin, and joints are highly innervated by a subset of sensory neurons responsible for
15 pain perception, called nociceptors (Cai et al., 2019). Pro-inflammatory lipid mediators,
16 chemokines, and cytokines sensitise and activate those neurons causing pain (Ji et al., 2014; Pinho-
17 Ribeiro et al., 2017). The expression of ion channels, such as those of TRP family, are also related
18 to the increase in neuronal activity. RvD1 blocks allyl isothiocyanate (AITC)-induced TRP ankyrin
19 subtype 1 (TRPA1) current (Park et al., 2011). RvD1 blocks calcium influx and animal behaviours
20 triggered by TRPA1, TRPV3, and TRPV4 agonists (Bang et al., 2010). TRPV1 plays a crucial role
21 in GA nociceptive and inflammatory responses in rats (Hoffmeister et al., 2014). Because of this
22 direct effect on nociceptor and TRPV1⁺ neuron participation in gout physiopathology, we next
23 addressed the effects of RvD1 on nociceptors *in vivo*. Our data suggest that RvD1 reduced MSU-

1 induced neuronal sensitisation by decreasing the mRNA expression of pain-related ion channels
2 (*Nav1.8* and *Trpv1*) and neuropeptides (*Substance P* and *Calca*). These phenomena are also
3 observed with other SPMs. For instance, MaR1 reduces TRPV1 and Nav1.8 mRNA expression,
4 and capsaicin neuronal activation (Fattori et al., 2019). RvE1 reduces TNF- α -induced excitatory
5 postsynaptic currents frequency in spinal cord neurons (Xu et al., 2010) while RvD2 reduces
6 TRPV1 sensitisation (Payrits et al., 2020; Perna et al., 2020).

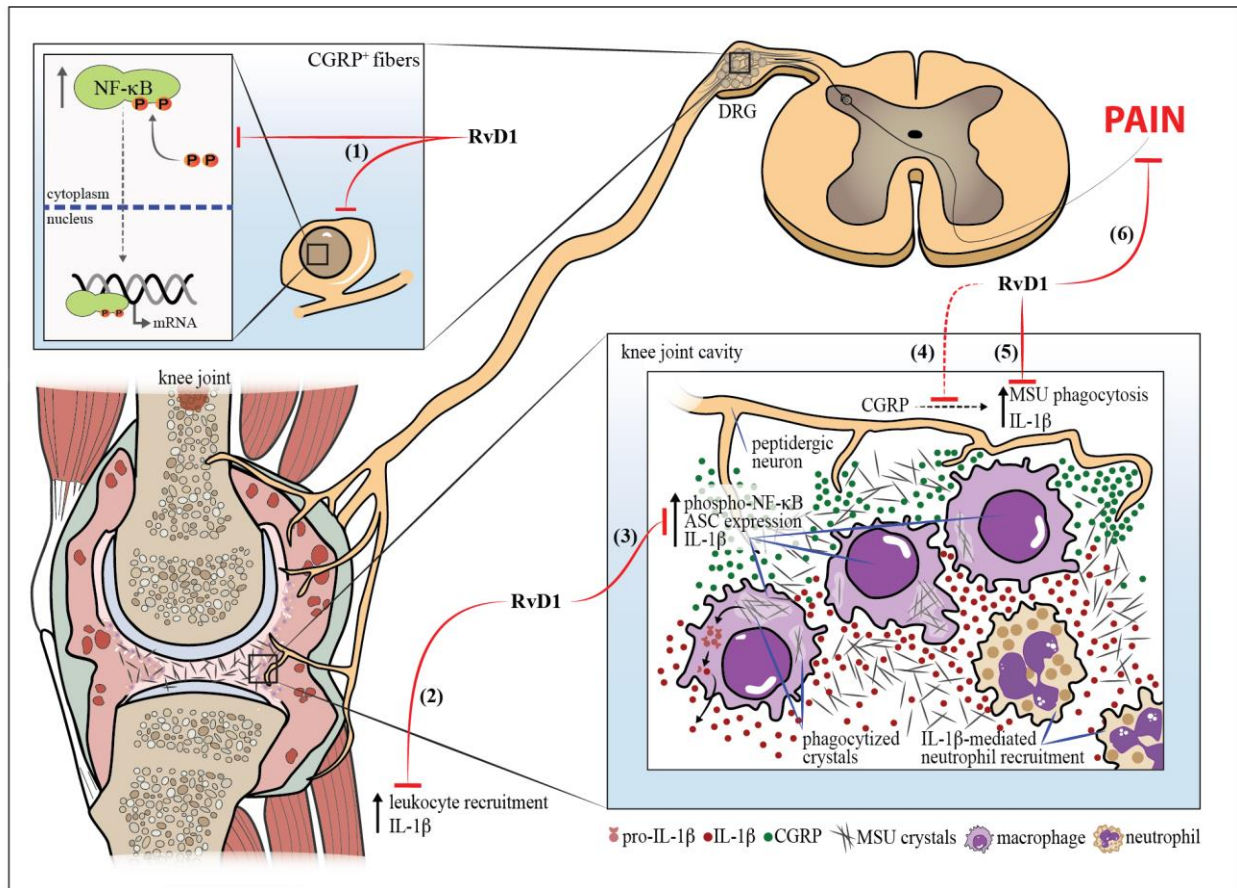
7 The activation of neurons upon noxious stimuli triggers the release of neuropeptides. As a
8 result, the levels of CGRP are increased in the synovial fluid of GA patients during active flares
9 (Hernanz et al., 1993). Because RvD1 diminished CGRP mRNA expression, we determined
10 whether RvD1 could reduce the activation of peptidergic nociceptors. We demonstrated that RvD1
11 reduced CGRP release in cultured DRG neurons, corroborating a study demonstrating that RvD1
12 blocks CGRP release by trigeminal nociceptors (Payrits et al., 2020). *In vivo* we showed that RvD1
13 reduced CGRP mRNA expression in the DRG and restored CGRP staining in the axons of
14 peripheral nociceptor neurons innervating the knee joints; this was used as a surrogate of CGRP
15 release. RvD1 also reduced the activation of CGRP⁺ DRG neurons as observed by reduced pNF-
16 kB detection in CGRP⁺ DRG neurons. The present data corroborate our group's findings showing
17 for the first time that the SPM MaR1 blocks CGRP release (Fattori et al., 2019), which was
18 confirmed by an independent group (Allen et al., 2020). Since in GA leukocytes are recruited to
19 the surroundings of CGRP⁺ neurons in the knee joints and CGRP enhances macrophage particles
20 phagocytosis (Ichinose and Sawada, 1996), we then investigated the role of CGRP in MSU crystals
21 phagocytosis and IL-1 β maturation. To our knowledge, we demonstrate for the first time that
22 CGRP enhances MSU phagocytosis and IL-1 β release, which were reduced by RvD1. These
23 findings indicate that RvD1 limits phagocytosis and the consequent IL-1 β release through direct

1 and indirect mechanisms. Indirectly, RvD1 reduces neuronal activation and CGRP release, which
2 reduces the peripheral functions of CGRP during GA such as leukocyte recruitment, MSU
3 phagocytosis, and IL-1 β maturation. RvD1 inhibits macrophage activation directly further
4 reducing MSU phagocytosis and IL-1 β release to limit pain and inflammation in GA. Therefore,
5 we demonstrated a functional consequence of inhibiting neuronal CGRP release and its role in
6 neuro-immune interactions in the GA disease context.

7

8 **5. Conclusion**

9 RvD1 (i.t. or i.p.) displays time-dependent analgesic effect and immunoresolvent activity
10 in GA (**Fig. 6**) acting in the range of nanograms (3 ng per mouse). RvD1 reduces NF- κ B activation
11 decreasing MSU-induced IL-1 β production in BMDM *in vitro*. I.t. treatment with RvD1 reduced
12 DRG neuron mRNA expression and decreased activation of CGRP⁺ neurons. *In vitro*, RvD1
13 blocked capsaicin-induced CGRP release. In turn, CGRP activates macrophages, enhancing MSU
14 crystals phagocytosis and IL-1 β maturation. Thus, there is a previously unrecognised
15 neuroimmune axis in GA pathophysiology. Importantly, the inhibition of neuronal activation and
16 CGRP release might be closely related to the observed overall disease improvement. It is also
17 noteworthy that the safe preclinical profile, the long-lasting effect (Huang et al., 2011), and the
18 high efficacy at low doses, place SPMs such as RvD1 as important candidates for translational
19 studies and clinical research towards the development of rheumatic disease therapy based on
20 RvD1.



1
2 **Figure 6. RvD1 action mechanisms in gouty arthritis.** (1) Intrathecal RvD1 reduces neuronal
3 activation by decreasing NF-κB activation in peptidergic fibres (CGRP⁺), and *in vitro* CGRP
4 release. (2) Intrathecal or intraperitoneal RvD1 reduces leucocyte recruitment to the knee joint and
5 IL-1β production. (3) In BMDMs, RvD1 reduces macrophage activation by decreasing LPS/MSU-
6 induced NF-κB phosphorylation, ASC expression, and IL-1β maturation and release. (4) RvD1
7 (i.t.) diminishes CGRP release in the knee joint periarticular tissue, which might be related to
8 RvD1 effects on DRG neurons (1). We also demonstrated that CGRP increases MSU crystal
9 phagocytosis and IL-1β maturation *in vitro*. (5) RvD1 reduces MSU phagocytosis, IL-1β
10 maturation, and CGRP-mediated crystals internalization. Lastly, via all mechanisms herein
11 described, RvD1 (6) abrogates articular pain in this pre-clinical mouse model of gouty arthritis.
12

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9

10 **Author contribution**

11 **Conceptualization:** T.H. Zaninelli, V. Fattori, and W.A. Verri; **investigation and data curation:**
 12 T.H. Zaninelli, V. Fattori, T. Santos-Saraiva, S. Badaro-Garcia, L. Staurengo-Ferrari, K.C.
 13 Andrade, N. A. Artero, C.R. Ferraz, M.M. Bertozzi, F. Rasquel-Oliveira, M.F. Manchope, F.A.
 14 Amaral, M.M. Teixeira, S.M. Borghi, M.S. Rogers, R. Casagrande, W.A. Verri Jr; **funding**
 15 **acquisition:** M.S. Rogers, R. Casagrande, and W.A. Verri; **methodology:** T.H. Zaninelli, V.
 16 Fattori, and W.A. Verri; **resources:** F.A. Amaral, M.M. Teixeira, M.S. Rogers, R. Casagrande,
 17 and W.A. Verri; **project administration:** T.H. Zaninelli; **supervision:** V. Fattori, M.S. Rogers,
 18 and W.A. Verri; **visualization:** T.H. Zaninelli, V. Fattori, and W.A. Verri; **writing—original draft:**
 19 T.H. Zaninelli, V. Fattori, and W.A. Verri; **writing – editing and reviewing:** all authors. All
 20 authors have read and approved the final version of the manuscript.

21

22 **Declaration of interests**

23 The authors declare no conflicts of interest.

24

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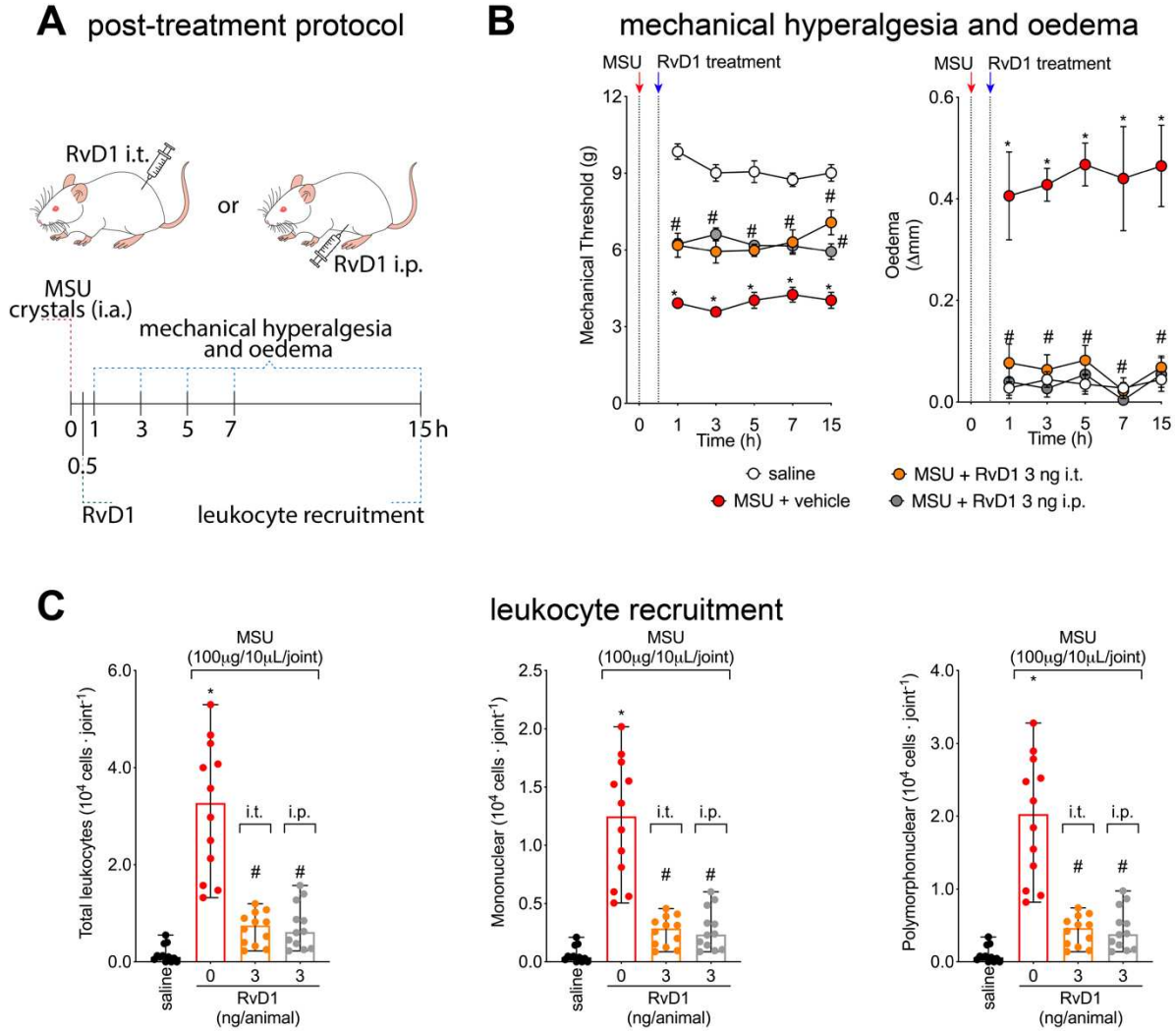
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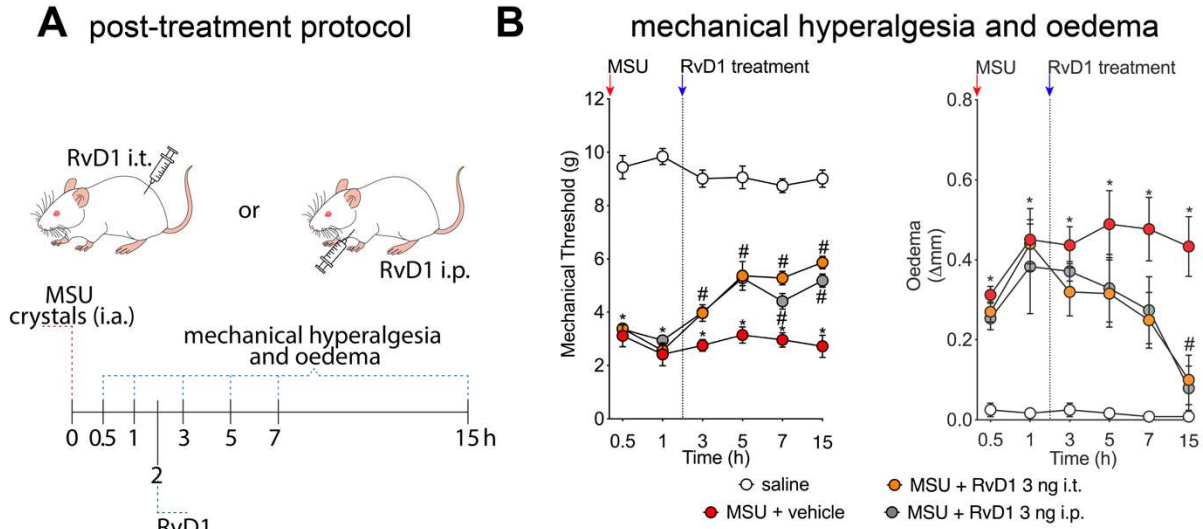
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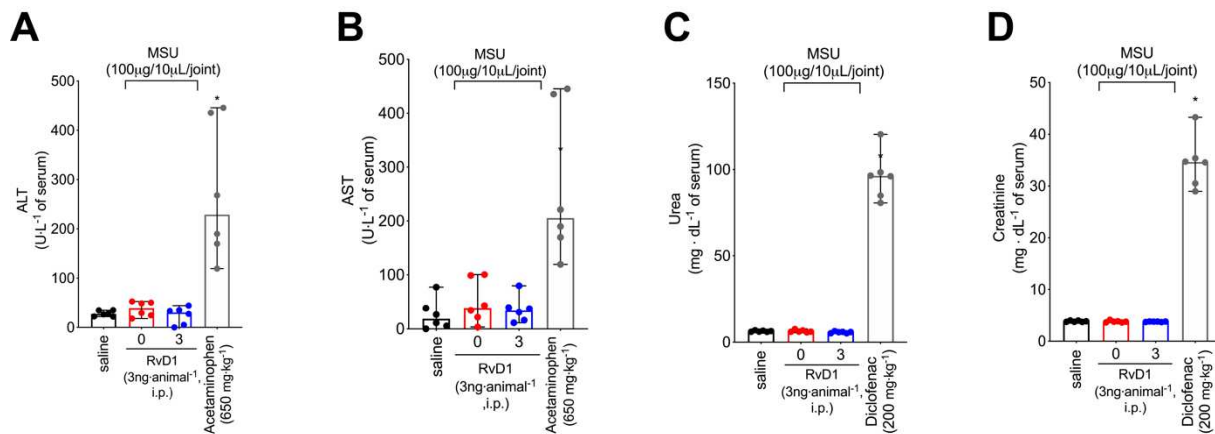
Appendices



Supplementary Figure S1. RvD1 post-treatment reduces mechanical hyperalgesia, oedema, and leukocyte recruitment. (A) post-treatment protocol scheme. Mechanical hyperalgesia (B left) and oedema (B right) were evaluated 1, 3, 5, 7, and 15h after MSU stimulus (100 μg per knee joint). Results from mechanical hyperalgesia are presented as paw withdrawal threshold (in g) and for oedema as Δ of knee joint size (in mm). Results are presented as mean \pm SEM of measurements, $n = 6$ mice per group (* $P < 0.05$ vs. saline, # $P < 0.05$ vs. vehicle-treated group). (C) Leukocyte recruitment to the knee joint was evaluated 15hrs after MSU injection. Results are expressed as number of cells per knee joint cavity, and are presented as median and range, $n = 12$ mice per group (* $P < 0.05$ vs. saline, # $P < 0.05$ vs. vehicle-treated group). All statistical information and analysis are presented in Table S6 in the supplementary material.

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Supplementary Figure S2. RvD1 administered 2h after MSU injection reduces mechanical hyperalgesia and oedema. (A) post-treatment protocol scheme. Mechanical hyperalgesia (B left) and oedema (B right) were evaluated 0.5, 1, 3, 5, 7, and 15h after MSU stimulus (100 μ g per knee joint). Results from mechanical hyperalgesia are presented as paw withdrawal threshold (in g) and for oedema as Δ of knee joint size (in mm). Results are presented as mean \pm SEM of measurements, $n = 6$ mice per group (* $P < 0.05$ vs. saline, # $P < 0.05$ vs. vehicle-treated group). All statistical information and analysis are presented in Table S7 in the supplementary material.

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Supplementary Figure S3. Systemic treatment with RvD1 does not induce liver, kidney, or stomach toxicity. Blood was collected 87 h (72h pre-treatment + 15 h of MSU stimulus) after RvD1 (3 ng/animal, i.p.) or vehicle (3.2% ethanol in saline) to assess (A) alanine transaminase (ALT), (B) aspartate aminotransferase (AST) levels in plasma samples. Acetaminophen (650 mg·kg⁻¹, p.o.) was used as a control drug for liver injury and samples were

collected 10h after the stimulus. Plasma samples were also used to determine (C) urea and (D) creatinine levels. Diclofenac ($200 \text{ mg}\cdot\text{kg}^{-1}$, p.o) was used as a control drug for kidney injury and samples were collected 24h after stimulus. Results are expressed as units per litre of serum for AST and ALT, and milligrams per decilitre of serum for urea and creatinine. Results are presented as median and range, $n = 6$ mice per group. (* $p < 0.05$ vs. all groups). All statistical information and analysis are presented in Table S8 in the supplementary material.

Summary of statistical analysis

Table S1. Statistical information from results shown in Figure 1.

Result	Shapiro-Wilk test				Brown-Forsythe		Statistical test	Post-test	F value	P value		
	Group	n	W value	P value	F value	P value						
Figure 1B (left)	saline	6	0.8025	0.0849	F (4,20) = 0.2617	0.8990	Two-way ANOVA	Tukey	Time x Dose: F (16, 100) = 3.158	P=0.0002		
	Vehicle + MSU	6	0.9192	0.5245							Time: F (3.239, 80.97) = 2.536	P=0.0581
	RvD1 0.3 + MSU	6	0.9975	0.9982							Dose: F (4, 25) = 120.9	P<0.0001
	RvD1 3 + MSU	6	0.8704	0.2680							Subject: F (25, 100) = 2.427	P=0.0010
	RvD1 30 + MSU	6	0.9108	0.4725								
Figure 1B (right)	saline	6	0.8810	0.3140	F (4,20) = 0.6311	0.6460	Two-way ANOVA	Tukey	Time x Dose: F (16, 100) = 1.110	P=0.3566		
	Vehicle + MSU	6	0.7857	0.0616							Time: F (3.536, 88.39) = 3.344	P=0.0171
	RvD1 0.3 + MSU	6	0.9193	0.5252							Dose: F (4, 25) = 16.63	P<0.0001
	RvD1 3 + MSU	6	0.8781	0.1129							Subject: F (25, 100) = 9.035	P<0.0001
	RvD1 30 + MSU	6	0.8110	0.2139								
Figure 1C (left)	saline	6	0.8446	0.1779	F (4,20) = 0.4891	0.7437	Two-way ANOVA	Tukey	Time x Dose: F (16, 100) = 4.612	P<0.0001		
	Vehicle + MSU	6	0.9083	0.4576							Time: F (2.986, 74.65) = 4.512	P=0.0059
	RvD1 0.3 + MSU	6	0.8676	0.2567							Dose: F (4, 25) = 368.4	P<0.0001
	RvD1 3 + MSU	6	0.9343	0.6258							Subject: F (25, 100) = 2.656	P=0.0003
	RvD1 30 + MSU	6	0.9407	0.6707								

Figure 1C (right)	saline	6	0.8810	0.3140	F (4,20) = 1.121	0.3745	Two-way ANOVA	Tukey	Time x Dose: F (16, 100) = 3.220	P=0.0002		
	Vehicle + MSU	6	0.7857	0.0616							Time: F (2.380, 59.51) = 3.144	P=0.0420
	RvD1 0.3 + MSU	6	0.8188	0.1143							Dose: F (4, 25) = 17.65	P<0.0001
	RvD1 3 + MSU	6	0.8770	0.2959							Subject: F (25, 100) = 16.97	P<0.0001
	RvD1 30 + MSU	6	0.8810	0.3140								
Figure 1E (left)	saline	6	0.8582	0.2217	F (5, 24) = 0.5674	0.7241	Two-way ANOVA	Tukey	Time x Dose: F (20, 120) = 2.712	P=0.0004		
	Vehicle + MSU	6	0.8803	0.3106							Time: F (2.131, 63.93) = 3.846	P=0.0242
	RvD1 3 (30') + MSU	6	0.9669	0.8552							Dose: F (5, 30) = 135.7	P<0.0001
	RvD1 3 (24h) + MSU	6	0.8435	0.1747								
	RvD1 3 (48h) + MSU	6	0.9876	0.9708								
	RvD1 3 (78h) + MSU	6	0.8881	0.3476							Subject: F (30, 120) = 4.427	P<0.0001
Figure 1E (right)	saline	6	0.8406	0.1665	F (5, 24) = 0.9776	0.4514	Two-way ANOVA	Tukey	Time x Dose: F (20, 120) = 5.535	P<0.0001		
	Vehicle + MSU	6	0.7857	0.0616							Time: F (4, 120) = 8.571	P<0.0001
	RvD1 3 (30') + MSU	6	0.8034	0.0863							Dose: F (5, 30) = 14.21	P<0.0001
	RvD1 3 (24h) + MSU	6	0.9396	0.6631								
	RvD1 3 (48h) + MSU	6	0.8659	0.2501								
	RvD1 3 (78h) + MSU	6	0.8608	0.2310							Subject: F (30, 120) = 11.18	P<0.0001
Figure 1F (left)	saline	6	0.8582	0.2217	F (5, 24) = 1.884	0.1347	Two-way ANOVA	Tukey	Time x Dose: F (20, 120) = 3.218	P<0.0001		

	Vehicle + MSU	6	0.9083	0.4576					Time: F (2.927, 87.80) = 1.912	P<0.1350
	RvD1 3 (30') + MSU	6	0.9227	0.5478						
	RvD1 3 (24h) + MSU	6	0.8362	0.1546						
	RvD1 3 (48h) + MSU	6	0.7861	0.0621					Dose: F (5, 30) = 295.6	P<0.0001
	RvD1 3 (78h) + MSU	6	0.9231	0.5502					Subject: F (30, 120) = 6.470	P<0.0001
Figure 1F (right)	saline	6	0.8810	0.3140	F (5, 24) = 0.6116	0.6919	Two-way ANOVA	Tukey	Time x Dose: F (20, 120) = 2.025	P=0.0104
	Vehicle + MSU	6	0.7857	0.0616					Time: F (3.275, 98.24) = 0.8287	P=0.4900
	RvD1 3 (30') + MSU	6	0.9572	0.7887						
	RvD1 3 (24h) + MSU	6	0.9462	0.7103						
	RvD1 3 (48h) + MSU	6	0.9193	0.5251					Dose: F (5, 30) = 16.19	P<0.0001
	RvD1 3 (78h) + MSU	6	0.9204	0.5325					Subject: F (30, 120) = 6.159	P<0.0001
Figure 1G	Saline	5	0.8950	0.3699	F (3,8) = 2.418	0.1415	Two-way ANOVA	Tukey	Time x Dose: F (6, 32) = 3.299	P=0.0122
	Vehicle + MSU	5	0.9994	0.9552					Time: F (2, 32) = 6.248	P=0.0051
	RvD1 i.t. + MSU	5	0.9998	0.9710					Dose: F (3, 16) = 12.50	P=0.0002
	RvD1 i.p. +MSU	5	0.9710	0.7285					Subject: F (16, 32) = 1.177	P=0.3355

Table S2. Statistical information from results shown in Figure 2.

Result	Shapiro-Wilk test				Brown-Forsythe		Statistical test	Post-test	F value	P value
	Group	n	W value	P value	F value	P value				
Figure 2B (left)	Saline	12	0.5949	<0.0001	F (2, 33) = 7.371	0.0023	Kruskal-Wallis	Dunn	22.60	<0.0001
	Vehicle + MSU	12	0.9415	0.5171						
	RvD1 + MSU	12	0.8317	0.0220						
Figure 2B (middle)	Saline	12	0.6094	<0.0001	F (2, 33) = 7.922	0.0015	Kruskal-Wallis	Dunn	21.59	<0.0001
	Vehicle + MSU	12	0.8772	0.0808						
	RvD1 + MSU	12	0.8637	0.0544						
Figure 2B (right)	Saline	12	0.6026	<0.0001	F (2, 33) = 6.566	0.0040	Kruskal-Wallis	Dunn	22.43	<0.0001
	Vehicle + MSU	12	0.9539	0.6950						
	RvD1 + MSU	12	0.8379	0.0261						
Figure 2C (left)	Saline	12	0.5950	<0.0001	F (2, 33) = 10.38	0.0003	Kruskal-Wallis	Dunn	22.82	<0.0001
	Vehicle + MSU	12	0.9415	0.5171						
	RvD1 + MSU	12	0.9390	0.4850						
Figure 2C (middle)	Saline	12	0.6094	<0.0001	F (2, 33) = 9.355	0.0006	Kruskal-Wallis	Dunn	22.97	<0.0001
	Vehicle + MSU	12	0.8969	0.1446						
	RvD1 + MSU	12	0.8566	0.0443						
Figure 2C (right)	Saline	12	0.6026	<0.0001	F (2, 33) = 8.669	0.0009	Kruskal-Wallis	Dunn	22.52	<0.0001
	Vehicle + MSU	12	0.9539	0.6950						
	RvD1 + MSU	12	0.9176	0.2665						

Figure 2D (left)	Saline	10	0.9254	0.4040	F (2, 27) = 3.726	0.0372	Kruskal- Wallis	Dunn	21.65	<0.0001
	Vehicle + MSU	10	0.9273	0.4220						
	RvD1 + MSU	10	0.9083	0.2697						
Figure 2D (right)	Saline	10	0.9254	0.4040	F (2, 27) = 3.450	0.0463	Kruskal- Wallis	Dunn	21.57	<0.0001
	Vehicle + MSU	10	0.9273	0.4220						
	RvD1 + MSU	10	0.8986	0.2116						

Table S3. Statistical information from results shown in Figure 3.

Result	Shapiro-Wilk test				Brown-Forsythe		Statistical test	Post-test	F value	P value
	Group	n	W value	P value	F value	P value				
Figure 3B (right)	No stimuli	6	Not included*	Not included*	F (3, 20) = 0.3715	0.7744	One-way ANOVA	Tukey	F (3, 20) = 44.60	<0.0001
	LPS + MSU + vehicle	6	0.9070	0.4169						
	LPS + MSU + RvD1 1 ng	6	0.8913	0.3250						
	LPS + MSU + RvD1 10 ng	6	0.9264	0.5528						
	LPS + MSU + RvD1 100 ng	6	0.9134	0.4589						
Figure 3B (left)	No stimuli	6	0.9244	0.5373	F (5, 30) = 1.606	0.1887	One-way ANOVA	Tukey	F (5, 30) = 1362	<0.0001
	LPS + MSU + vehicle	6	0.8715	0.2321						
	LPS + MSU + RvD1 1 ng	6	0.8512	0.1609						
	LPS + MSU + RvD1 10 ng	6	0.8978	0.3613						
	LPS + MSU + RvD1 100 ng	6	0.8349	0.1181						
	Triton x-100	6	0.8081	0.0694						
Figure 3C (left)	Saline	6	0.8727	0.2370	F (2, 15) = 1.820	0.1960	One-way ANOVA	Tukey	F (2, 15) = 24.41	<0.0001
	Vehicle + MSU	6	0.8594	0.1871						
	RvD1 + MSU	6	0.9202	0.5068						
Figure 3C (right)	Saline	6	0.9740	0.9183	F (2, 15) = 4.746	0.0253	Kruskal-Wallis	Dunn	11.94	0.0002
	Vehicle + MSU	6	0.8384	0.1265						
	RvD1 + MSU	6	0.9598	0.8181						
Figure 3D	Saline	6	0.8875	0.3054	F (2, 15) = 2.293	0.1353	One-way ANOVA	Tukey	F (2, 15) = 30.84	<0.0001
	Vehicle + MSU	6	0.9211	0.5131						
	RvD1 + MSU	6	0.9049	0.4036						

* Non-detected values.

Table S4. Statistical information from results shown in Figure 4.

Result	Shapiro-Wilk test			Brown-Forsythe		Statistical test	Post-test	F value	P value	
	Group	n	W value	P value	F value					P value
Figure 4B (Trpv1)	Saline	6	0.9670	0.8720	F (2,15) = 0.7677	0.4815	One-way ANOVA	Tukey	F (2, 15) = 26.64	<0.0001
	Vehicle + MSU	6	0.9136	0.4608						
	RvD1 + MSU	6	0.8892	0.3138						
Figure 4B (Nav1.8)	Saline	6	0.9270	0.5572	F (2, 25) = 0.6011	0.5609	One-way ANOVA	Tukey	F (2, 15) = 23.41	<0.0001
	Vehicle + MSU	6	0.8844	0.2900						
	RvD1 + MSU	6	0.9831	0.9658						
Figure 4B (Sub P)	Saline	6	0.9372	0.6364	F (2, 15) = 1.331	0.2936	One-way ANOVA	Tukey	F (2, 15) = 20.34	<0.0001
	Vehicle + MSU	6	0.8724	0.2360						
	RvD1 + MSU	6	0.8730	0.2383						
Figure 4B (Calca)	Saline	6	0.9265	0.5537	F (2, 15) = 3.645	0.0513	One-way ANOVA	Tukey	F (2, 15) = 8.752	0.0030
	Vehicle + MSU	6	0.8878	0.3070						
	RvD1 + MSU	6	0.9179	0.4903						
Figure 4C (left)	Saline	6	0.8426	0.1369	F (2, 15) = 1.279	0.3071	One-way ANOVA	Tukey	F (2, 15) = 14.31	0.0003
	Vehicle + MSU	6	0.9068	0.4157						
	RvD1 + MSU	6	0.9796	0.9498						
Figure 4C (right)	Saline	6	0.9489	0.7310	F (2, 15) = 2.849	0.0894	One-way ANOVA	Tukey	F (2, 15) = 25.43	0.0030
	Vehicle + MSU	6	0.9201	0.5060						
	RvD1 + MSU	6	0.9463	0.7102						
Figure 4D	No stimulus	5	0.8516	0.1996	F (4,20) = 0.4872	0.7450	One-way ANOVA	Tukey	F (4, 20) = 5.371	0.0042
	Vehicle + Caps	5	0.8444	0.1775						
	RvD1 1 ng + Caps	5	0.9013	0.4168						
	RvD1 10 ng + Caps	5	0.9368	0.6436						
	RvD1 100 ng + Caps	5	0.9126	0.4834						
Figure 4E (left)	Saline	6	0.8188	0.0861	F (2,15) = 3.621	0.0521	One-way ANOVA	Tukey	F (2, 15) = 31.92	<0.0001
	Vehicle + MSU	6	0.9499	0.7398						
	RvD1 + MSU	6	0.8946	0.3432						

Figure 4E (right)	Saline	6	0.9430	0.6832	F (2,15) = 0.1099	0.8966	Kruskal- Wallis	Dunn	9.556	0.0036
	Vehicle + MSU	6	0.9081	0.4242						
	RvD1 + MSU	6	0.7797	0.0383						

Table S5. Statistical information from results shown in Figure 5.

Result	Shapiro-Wilk test				Brown-Forsythe		Statistical test	Post test	F value	P value
	Group	n	W value	P value	F value	P value				
Figure 5A	No stimuli	8	Not included*	Not included*	F (3, 28) = 1.175	0.3370	One-way ANOVA	Tukey	F (3, 28) = 61.90	<0.0001
	LPS+ vehicle + MSU	8	0.9761	0.9411						
	LPS+CGRP 10 nM +MSU	8	0.9508	0.7197						
	LPS+CGRP 30 nM +MSU	8	0.9477	0.6882						
	LPS+CGRP 100 nM +MSU	8	0.9807	0.9661						
Figure 5C	P1	8	Not included*	Not included*	F (5, 42) = 2.226	0.0693	One-way ANOVA	Tukey	F (5, 42) = 33.32	<0.0001
	P2	8	0.9120	0.3681						
	P3	8	0.8485	0.0919						
	P4	8	0.9614	0.8236						
	P5	8	0.9638	0.8456						
	P6	8	0.9164	0.4012						
	P7	8	0.9528	0.7391						
Figure 5D	P1	8	Not included*	Not included*	F (3, 28) = 2.752	0.0613	One-way ANOVA	Tukey	F (3, 28) = 60.85	<0.0001
	P2	8	Not included*	Not included*						
	P3	8	0.9245	0.4678						
	P4	8	0.9155	0.3941						
	P5	8	0.9249	0.4709						
	P6	8	0.9249	0.4706						
	P7	8	Not included*	Not included*						

* Non-detected values.

Table S6. Statistical information from results shown in Supplementary Figure S1.

Result	Shapiro-Wilk test			Brown-Forsythe		Statistical test	Post-test	F value	P value	
	Group	n	W value	P value	F value					P value
Figure S1B (left)	Saline	6	0.7979	0.0778	F (3,16) = 0.2926	0.8302	Two-way ANOVA	Tukey	Time x Dose: F (12, 80) = 1.998	=0.0350
	Vehicle + MSU	6	0.9255	0.5662					Time: F (3.379, 67.58) = 0.7484	=0.5417
	RvD1 i.t. + MSU	6	0.8263	0.1305					Dose: F (3, 20) = 95.83	<0.0001
	RvD1 i.p. +MSU	6	0.9102	0.4688					Subject: F (20, 80) = 3.106	=0.0002
Figure S1B (right)	Saline	6	0.8192	0.1151	F (3, 16) = 0.7903	0.5168	Two-way ANOVA	Tukey	Time x Dose: F (12, 80) = 0.2813	=0.9907
	Vehicle + MSU	6	0.9297	0.5945					Time: F (2.016, 40.32) = 0.8449	=0.4378
	RvD1 i.t. + MSU	6	0.8274	0.1329					Dose: F (3, 20) = 40.43	<0.0001
	RvD1 i.p. +MSU	6	0.8948	0.3820					Subject: F (20, 80) = 4.843	<0.0001
Figure S1C (left)	Saline	12	0.8021	0.0099	F (3,44) = 21.05	<0.0001	Kruskal-Wallis	Dunn	34.99	<0.0001
	Vehicle + MSU	12	0.9350	0.4360						
	RvD1 i.t. + MSU	12	0.9359	0.4463						
	RvD1 i.p. +MSU	12	0.8968	0.1441						
Figure S1C (middle)	Saline	12	0.8021	0.0099	F (3, 44) = 21.05	<0.0001	Kruskal-Wallis	Dunn	34.99	<0.0001
	Vehicle + MSU	12	0.9350	0.4360						
	RvD1 i.t. + MSU	12	0.9359	0.4463						
	RvD1 i.p. +MSU	12	0.8968	0.1441						
	Saline	12	0.8021	0.0099		<0.0001		Dunn	34.99	<0.0001

**Figure S1C
(right)**

Vehicle + MSU	12	0.9350	0.4360	F (3,44) = 21.05
RvD1 i.t. + MSU	12	0.9359	0.4463	
RvD1 i.p. +MSU	12	0.8968	0.1441	

Kruskal-
Wallis

Table S7. Statistical information from results shown in Supplementary Figure S2.

Result	Shapiro-Wilk test			Brown-Forsythe		Statistical test	Post test	F value	P value	
	Group	n	W value	P value	F value					P value
Figure S2B (left)	Saline	6	0.8992	0.3692	F (3,20) = 0.6037	0.620	Two-way ANOVA	Tukey	Time x Dose: F (15, 100) = 7.303	<0.0001
	Vehicle + MSU	6	0.9303	0.5821					Time: F (5, 100) = 12.88	<0.0001
	RvD1 i.t. + MSU	6	0.9248	0.5406					Dose: F (3, 20) = 241.4	<0.0001
	RvD1 i.p. +MSU	6	0.9337	0.6093					Subject: F (20, 100) = 2.359	=0.0028
Figure S2B (right)	Saline	6	0.8532	0.1670	F (3,20) = 2.202	0.1194	Two-way ANOVA	Tukey	Time x Dose: F (15, 100) = 1.608	=0.0848
	Vehicle + MSU	6	0.8107	0.0732					Time: F (5, 100) = 4.939	=0.0004
	RvD1 i.t. + MSU	6	0.9508	0.7470					Dose: F (3, 20) = 29.73	<0.0001
	RvD1 i.p. +MSU	6	0.8727	0.2373					Subject: F (20, 100) = 2.044	=0.0110

Table S8. Statistical information from results shown in Supplementary Figure S3.

Result	Group	Shapiro-Wilk test		Brown-Forsythe		Statistical test	Post test	P value		
		W value	P value	F value	P value					
Figure S2A	Saline	6	0.8850	0.2927	F (3, 20) = 9.083	0.0005	Kruskal-Wallis	Dunn	13.81	0.0032
	Vehicle + MSU	6	0.8771	0.2561						
	RvD1 + MSU	6	0.8827	0.2815						
	Acetaminophen + vehicle	6	0.8282	0.1038						
Figure S2B	Saline	6	0.8772	0.2565	F (3, 20) = 3.279	0.0423	Kruskal-Wallis	Dunn	14.05	0.0028
	Vehicle + MSU	6	0.8609	0.1923						
	RvD1 + MSU	6	0.8912	0.3247						
	Acetaminophen + vehicle	6	0.8712	0.2311						
Figure S2C	Saline	6	0.8835	0.2853	F (3, 20) = 4.534	0.0140	Kruskal-Wallis	Dunn	16.10	0.0011
	Vehicle + MSU	6	0.8590	0.1857						
	RvD1 + MSU	6	0.9428	0.6817						
	Diclofenac + vehicle	6	0.8996	0.3717						
Figure S2D	Saline	6	0.8304	0.1083	F (3, 20) = 4.711	0.0120	Kruskal-Wallis	Dunn	13.38	0.0039
	Vehicle + MSU	6	0.8656	0.2093						
	RvD1 + MSU	6	0.8558	0.1751						
	Diclofenac + vehicle	6	0.8996	0.3717						

Table S9. Summary list of experiments

Experiment	n (animals or biological samples) per experimental group	Method description topic	Figure	Statistical details
Mechanical hyperalgesia (electronic Von Frey)	6	2.4 Evaluation of knee joint mechanical hyperalgesia and oedema	Fig. 1B, C, E, and F (left) Fig. S1 B (left) Fig. S2 B (left)	Table S1 Table S6 Table S7
Knee joint oedema measurement (calliper)	6	2.4 Evaluation of knee joint mechanical hyperalgesia and oedema	Fig. 1B, C, E, and F (right) Fig. S1 B (right) Fig. S2 B (right)	Table S1 Table S6 Table S7
Static weight bearing (SWB)	5	2.5. Static weight bearing (SWB)	Fig. 1G	Table S1
Leukocyte recruitment (knee joint wash)	12	2.6. Leukocyte migration	Fig. 2 B, C Fig. S1 C	Table S2 Table S6
Knee joint IL-1 β levels (ELISA)	10	2.12. Cytokine measurement	Fig. 2 D	Table S2
<i>In vitro</i> IL-1 β maturation assay	6	2.10. Bone marrow-derived macrophages (BMDM) preparation and IL-1 β maturation assay	Fig. 3 B (left)	Table S3
Cell viability (LDH leakage)	6		Fig. 3B (right)	
<i>In vitro</i> pNF- κ B and ASC immunofluorescence and colocalization analysis	6	2.7. Immunofluorescence staining	Fig. 3 C, D	
mRNA expression levels (RT-qPCR)	6	2.8. RT-qPCR	Fig. 4 B	Table S4
CGRP and pNF- κ B immunofluorescence in the dorsal root ganglia (DRG)	6	2.7. Immunofluorescence staining	Fig. 4 C	
<i>In vitro</i> capsaicin-induced CGRP release	5	2.9. CGRP release	Fig. 4 D	
LysM-eGFP mice knee joint and CGRP immunostaining	6	2.7. Immunofluorescence staining	Fig. 4 E, F	

CGRP effects in IL-1 β maturation (ELISA)	8	2.10. Bone marrow-derived macrophages (BMDM) preparation and IL-1 β maturation assay	Fig. 5 A	
Phagocytosis index	8	2.11. Phagocytosis assay	Fig. 5 B, C, E	Table S5
RvD1 and CGRP effects in IL-1 β maturation (ELISA)	8	2.10. Bone marrow-derived macrophages (BMDM) preparation and IL-1 β maturation assay	Fig. 5 B, D	
In vivo RvD1 toxicity (biochemical tests)	6	AST, ALT, Urea, and creatinine levels	Fig. S3	Table S8

1 *Research article – in preparation*

2 **3.4 Inhibition of soluble epoxide hydrolase with TPPU**
3 **ameliorates MSU-induced pain in a mouse model of gouty**
4 **arthritis**

5
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1 **Abstract**

2
3 The contemporary understanding of the resolution of inflammation process places lipid mediators
4 as important players in tissue regeneration. During inflammation, the metabolism of aradonic
5 acid, in a specific enzyme-dependent manner, yield lipoxins, prostaglandins, leukotrienes, and
6 epoxyeicosatrienoic acids (EETs). EETs and specialized pro-resolving mediators (SPMs) are
7 endogenous molecules that exerts anti-inflammatory and analgesic effects. The biological action
8 of EETs, however, is limited due to their rapid metabolism by soluble epoxide hydrolase (sEH).
9 Gouty arthritis is an intermittent inflammatory disease that affects approximately 10% of word
10 population. Gout is characterized by acute flares accompanied joint inflammation and unbearable
11 pain spaced by asymptomatic phases. Available therapies present limited efficacy, undesired side
12 effects, and high costs. Thus, the development of novel therapies is necessary. Therefore, the aim
13 of this study was to investigate the effects of systemic treatment with N-[1-(1-oxopropyl)-4-
14 piperidinyl]-N'-[4-(trifluoromethoxy)phenyl]-urea (TPPU), in a mouse model of MSU-induced
15 gouty arthritis. For that, mice were treated with TPPU per oral gavage (p.o.) 0.5h before and 8h
16 after MSU intra-articular injection in the right knee joint. Knee joint mechanical (electronic
17 version of the von Frey filament) and thermal hyperalgesia (Hargreaves), and edema (caliper) were
18 determined 1, 3, 5, 7, and 15h after stimulus. Changes in rear member weight distribution were
19 assessed by the static weight bearing at 1, 5, and 15 h after MSU injection. IL-1 β levels in the knee
20 joint was determined 15 h after gout induction by ELISA. We observed that TPPU treatments at 1
21 mg/kg (p.o.) 0.5h before and 8h after gout induction reduced mechanical and thermal hyperalgesia,
22 decreased MSU-induced edema, and restored rear limbs weight distribution. Treatments also
23 decreased the levels of IL-1 β in the knee joint, a key cytokine in gouty arthritis physiopathology.
24 We provide evidence that systemic TPPU administration produces analgesic effects in a MSU-
25 induced gout model, and therefore it might be an important therapeutic tool towards developing
26 treatments for gouty arthritis pain.

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29

30 **Keywords:** epoxyeicosatrienoic acids, soluble epoxide hydrolase, hyperalgesia.

1 **1. Introduction**

2 Gouty arthritis is the most common case of inflammatory arthritis and is considered one of
3 the most painful acute conditions (Ragab et al., 2017). Epidemiologically, the incidence and
4 prevalence of gout have increased numbers in both developed and developing countries affecting
5 approximately 10% of the world population (Kuo et al., 2015; So and Martinon, 2017). Gout is
6 caused by increased levels of uric acid (hyperuricaemia) resulting in the formation and deposition
7 of monosodium urate (MSU) crystal on articular and periarticular tissues (Dalbeth and Haskard,
8 2005). The recognition of MSU crystals by macrophages evokes neutrophil recruitment (Dinarello,
9 2009), intense production of pro-inflammatory mediators (McGonagle and McDermott, 2006), and
10 excruciating pain (Faires and Mccarty, 1962). This prototypical inflammatory disease
11 physiopathology lay on NLRP3 inflammasome engagement, activation, and its IL-1 β -mediated
12 maturation (Martinon et al., 2006; Amaral et al., 2012). The pro-inflammatory cytokine IL-1 β is a
13 key molecule in gout physiopathology (Martinon et al., 2006).

14 Despite, gouty arthritis is self-limited in human (up to 10 days), if left untreated, the
15 continued MSU deposition can induce joint damage, movement limitation, and increases the
16 probability of acute flares (Schlesinger and Thiele, 2010; So and Martinon, 2017). The
17 management of gout consists in urate-lowering therapies and control of acute flares. Currently,
18 steroidal and non-steroidal anti-inflammatories, colchicine, and biological agents are used in the
19 control of gout flares (So and Martinon, 2017). However, these drugs lack safety for a significant
20 fraction of patients, offer undesirable side effects, present high costs, and offer non-satisfactory
21 analgesic effects for some patients (Rees et al., 2014). Therefore, novel analgesic drugs are still
22 needed to the treatment of gout.

1 Epoxyeicosatrienoic acids (EETs) are eicosanoids derived from the metabolism of
2 arachidonic acid via enzymes of cytochrome P450, specifically by CYP450-2C and CYP2J (Shi
3 et al., 2022). The metabolism yields four biologically active EET, the 5,6-EET, 8,9-EET, 11,12-
4 EET, and 14,15-EET (Shi et al., 2022) that are rapidly converted in less active dihydroxy-
5 eicosatrienoic acids (DHETs) by soluble epoxide hydrolase (sEH). Therefore, sEH activity is
6 considered one of the main determinants of bioavailable EETs. Compelling evidence has
7 demonstrated that EETs have protective properties, including anti-inflammatory, analgesic, and
8 anti-fibrotic effects (Bystrom et al., 2011; Imig, 2012; Inceoglu et al., 2012; Chen et al., 2015).
9 However, due the rapid metabolism of EETs by sEH, pharmacological approaches with isolated
10 EETs are challenging. Therefore, targeting the inhibition of sEH might be an improved alternative
11 to overcome the endogenous activity of EETs (Wagner et al., 2017). The present study aimed to
12 evaluate the effects of N-[1-(1-oxopropyl)-4-piperidinyl]-N'-[4-(trifluoromethoxy)phenyl]-urea
13 (TPPU), an sEH inhibitor, in MSU-induced acute gouty arthritis in mice.

1 **2. Material and Methods**

2 ***2.1. Experimental Procedures***

3 Mice were treated with TPPU (0.3, 1, or 3 mg/kg, p.o.) or vehicle (2% DMSO, 20% Tween
4 80 in saline) 0.5 h before intra-articular injection of MSU (100 µg/10 µL, i.a.). Mechanical
5 hyperalgesia and edema were evaluated 1, 3, 5, 7, and 15 h after MSU stimulus. Based on these
6 results, mice were treated with TPPU (1 mg/kg, p.o. gavage) or vehicle 0.5 h before and 8h after
7 gouty arthritis induction. Mechanical hyperalgesia and edema were evaluated 1, 3, 5, 7, and 15 h
8 after intra-articular stimulus. Based on these results, 1 mg/kg (p.o. gavage) and two treatments (0.5
9 h before and 8 h after MSU stimulus) were chosen to conduce the following experiments. Heat
10 thermal hyperalgesia was assessed by hot plate and Hargreaves apparatus at 1, 3, 5, 7, and 15 h
11 after MSU intra-articular injection. Rear limb weight distribution was evaluated using Static
12 Weight Bearing at 1, 5, and 15 hours after stimulus.

13

14 ***2.2. Animals***

15 Male Swiss (8 weeks old, 25-30 g) mice from Londrina State University (Londrina, Paraná,
16 Brazil), were used in this study. All mice were housed in standard clear cages with free access to
17 food and water, light/dark cycle of 12/12h and temperature of 21^o±1°C. All behavioral testing was
18 performed between 9 a.m. and 5 p.m. in a temperature-controlled room. Animal care and handling
19 procedures were approved by Londrina State University Ethics Committee (process number
20 2518.2018.40) and were in accordance with the International Association for Study of Pain (IASP)
21 guidelines. All efforts were made to minimize the number of animals used and their suffering.

22

23 ***2.3. Chemicals and Drugs***

1 Materials were obtained from the following sources: Uric acid (Sigma, Saint Louis,
2 Missouri, USA), N-[1-(1-oxopropyl)-4-piperidinyl]-N'-[4-(trifluoromethoxy)phenyl]-urea
3 (TPPU) (Cayman Chemicals, Ann Arbor, Michigan, USA).

4 5 ***2.4. MSU Crystal preparation and Induction of MSU-induced knee inflammation***

6 MSU crystals were prepared as previously described (Nishimura et al., 1997). Briefly, 672
7 mg of uric acid (cat. sc-213135A, Santa Cruz Biotechnology, Dallas, TX, USA), was dissolved in
8 200 mL of boiling single distilled water containing 800 mg of NaOH (cat. # 01H1028.01.AH,
9 Labsynth, Diadema, SP, Brazil). The pH was adjusted to 7.2 and the solution was gradually cooled
10 by stirring at room temperature. The crystals were collected by centrifugation (3000g, 2 min at
11 4°C). The crystals were evaporated and sterilized by heating at 180 °C for 2h and stored in a sterile
12 environment until use. The joint inflammation was induced by the intra-articular (i.a.)
13 administration of MSU (100 µg/10 µL) into the right knee joint of mice under isoflurane anesthesia
14 as previously described (Zaninelli et al., 2022). Control animals received an i.a. injection of sterile
15 saline (10µL).

16 17 ***2.5. Evaluation of knee joint hyperalgesia and edema***

18 The mechanical hyperalgesia of femur-tibial joint was evaluated by an electronic von Frey
19 apparatus. Mice were placed in acrylic cages with a wire grid floor, and the stimulations were
20 performed only when the animals were quiet and with the four paws on the grid floor. This method
21 consists of an electronic pressure-meter, with force transducer fitted with polypropylene tip
22 (Insight instruments, Ribeirao Preto, SP, Brazil). To evaluate knee joint pain, it was used a large
23 tip (4.15 mm²), to exclude subcutaneous effect (Guerrero et al., 2006). An increase perpendicular

1 force was applied to the central area of the plantar surface of the hind paw to induce flexion of
2 femur-tibial joint followed by hind paw withdrawal. A digital analgesimeter recorded the intensity
3 of the force applied (in grams) when the paw was withdrawal. The test was performed at 1, 3, 5,
4 7, and 15 h (Zaninelli et al., 2022). The investigators were blinded to the treatment and groups.
5 The results are expressed as withdrawal mechanical threshold in grams.

6 Keen joint edema was assessed with a dial thickness gauge caliper (Mitutoyo) before (zero
7 time), and after MSU intra-articular injections at 1, 3, 5, 7, and 15 h. The edema was determined
8 for each mouse knee joint by the difference between the times indicated and zero time. The results
9 are expressed as $\Delta\text{mm}/\text{joint}$.

10

11 ***2.6. Static weight bearing (SWB)***

12 Unilateral peripheral inflammation produces changes in weight distribution toward the non-
13 injured paw (Laboureyras et al., 2009). Changes in rear member weight distribution were evaluated
14 using the SWB apparatus (model BIO-SWB-TOUCH-M, Bioseb, France). Mice were habituated
15 for at least four consecutive days prior to the behavioural testing. During the experiment, animals
16 were comfortably maintained in acrylic chamber while the hind paws rest on two individual weight
17 sensor plates (left and right). The animal stands and makes a natural adjustment to the degree of
18 pain by adapting weight distribution on the non-injured rear limb. The measurements were
19 performed before (baseline values), 7 and 15 h after the MSU stimulus. The results are expressed
20 as left/right limb ratio, which was calculated by using the mean of three measurements at 0
21 (baseline value), 1, 5, and 15 h after MSU injection (Zaninelli et al., 2022).

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23 ***2.7. Thermal hyperalgesia (hot plate)***

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Heat thermal hyperalgesia was performed using a hot plate at $52\text{ }^{\circ}\text{C} \pm 1^{\circ}\text{C}$ as previously described (Fattori et al., 2019). The endpoint was characterized by the removal of the paw followed by clear hind paw flinching or licking movements. The reaction time was registered when the following responses were observed jumping, clear paw flinching or paw licking. The results are expressed by withdrawal latency (in seconds) of measurements at 1, 3, 5,7, and 15 h after intra-articular MSU injection. A cut-off of 20 seconds was set to avoid tissue damage. The investigators were blinded to the treatment and experimental groups.

2.8. Thermal hyperalgesia (Hargreaves apparatus)

Mice were allowed to habituate to the apparatus for at least 2h during three consecutive days before the measurements. After habituation, a baseline measurement was obtained. To measure pain sensitivity to a heat stimulus (heat hyperalgesia), mice were placed on a glass plate of a Hargreaves apparatus (Model 390G, IITC Life Science, Woodland Hills, CA, USA). A radiant heat source was used to stimulate the paw by gradually increasing the temperature of the plantar surface. The results are expressed by withdrawal latency (in seconds) of measurements at 1, 3, 5,7, and 15 h after intra-articular MSU injection. In this experiment, the device was set to 30% of radiant heat source intensity and a cut-off time of 15s of exposure to prevent tissue damage. The investigators were blinded to the treatment and experimental groups.

2.9. Cytokine measurement

1 Knee joint samples were homogenized in 500 μ L of buffer containing protease inhibitors.
2 Samples were centrifuged (3000 rpm \times 15 min \times 4°C). IL-1 β levels were determined from the
3 supernatant by enzyme-linked immunosorbent assay (ELISA), using eBioscience kits (Thermo
4 Fisher Scientific, Vienna, Austria). The results are expressed as pictograms (pg) of cytokine per
5 mg of protein.

6

7 ***2.10. Data analysis***

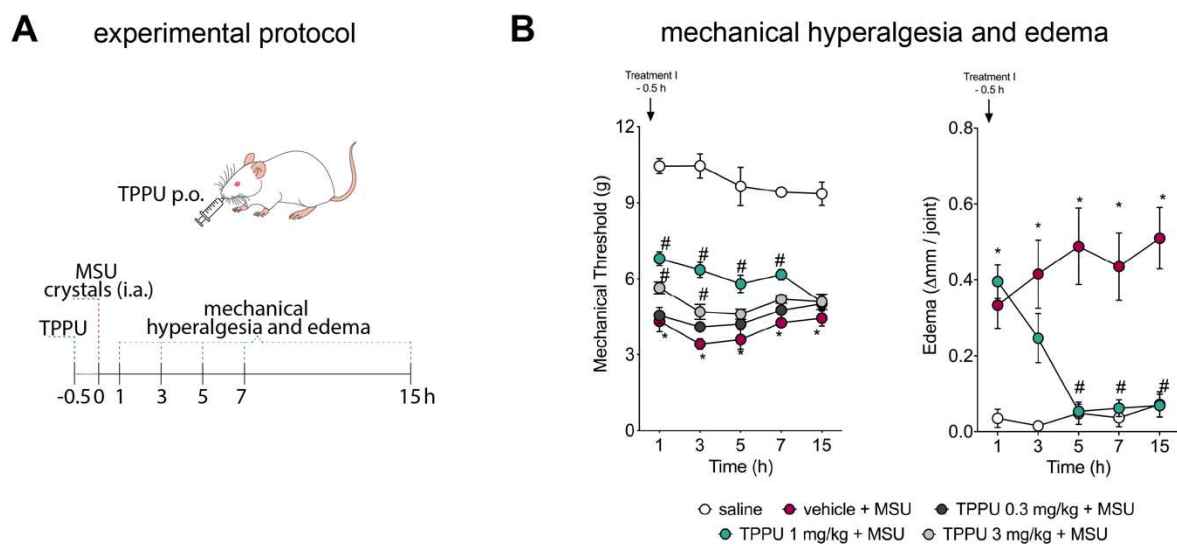
8 Data were analyzed using GraphPad Prism statistical software (GraphPad Software, Inc.,
9 USA-500.288, version 8.0). Results are presented as means \pm SEM of measurements made on 6
10 mice/samples per group per experiment and are representative of two independent experiments.
11 Two-way repeated measures ANOVA was used to compare groups and doses at different time
12 points. The analyzed factors were treatments, time, and time versus treatment interaction. Data
13 collected in a single time point, with normal Gaussian distribution and variance homogeneity was
14 analyzed by one-way ANOVA followed by Tukey's test. $P < 0.05$ was considered significant.

15

16 **3. Results**17 **3.1. TPPU decreases MSU-induced mechanical hyperalgesia and edema**

18 We first addressed whether TPPU could reduce MSU-induced mechanical hyperalgesia and
 19 edema. MSU injection induced mechanical hyperalgesia (Fig. 1B left) and edema (Fig. 1B right)
 20 at all evaluated time points. Treatment with TPPU at 0.3, 1 or 3 mg/kg (p.o.) reduced mechanical
 21 hyperalgesia up to 7 and 3 hours after MSU injection, respectively. The dose of 1 mg/kg/p.o.
 22 reduced MSU-induced edema at time points of 5, 7 and 15 h after the stimulus (Fig. 1B right). The
 23 vehicle (2% DMSO, 20% Tween 80 in saline) showed no effect.

24



25

26 **Figure 1. TPPU reduces MSU-induced hyperalgesia and edema.** A. scheme of experimental

27 protocol for mechanical hyperalgesia and edema measurements as well as treatment schedule.

28 Mechanical hyperalgesia (B left) and edema (B right) were evaluated 1, 3, 5, 7, and 15h

29 stimulus (100 μ g per knee joint). Results from mechanical hyperalgesia are presented as paw30 withdrawal threshold (in grams) and for edema as Δ of knee joint size (in mm). Results are

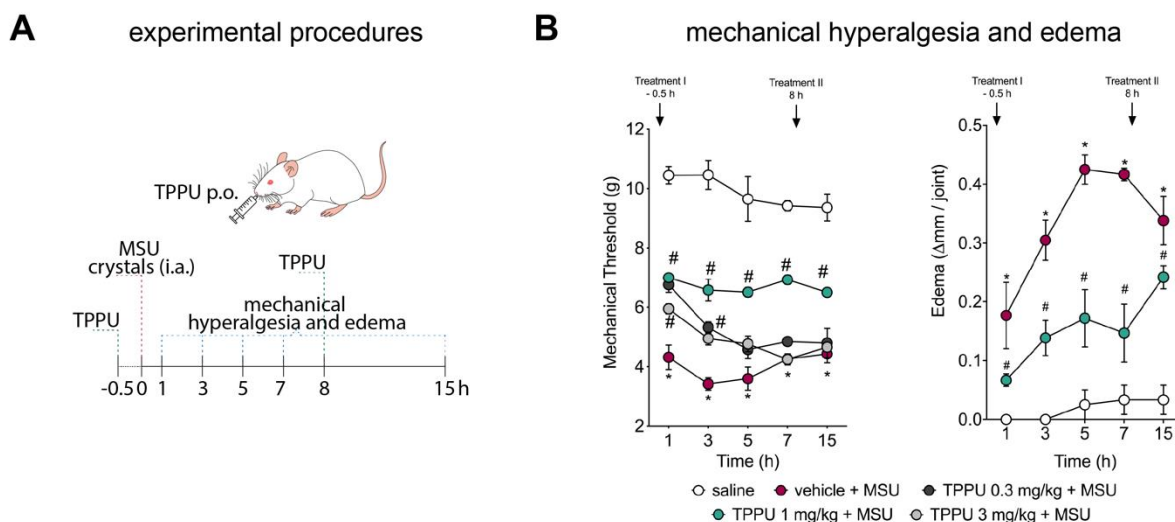
31 presented as mean \pm SEM of measurements, $n = 6$ mice per group (* $P < 0.05$ vs. saline, # $P < 0.05$
 32 vs. vehicle-treated group).

33

34 **3.2. A second treatment with TPPU prolongs its analgesic effects**

35 Next, we addressed whether a second treatment with TPPU 8 h after the stimulus would
 36 prolong or offer additional analgesic effects (Fig. 2A). Thus, mice were treated with TPPU (0.3,
 37 1, or 3 mg/kg/p.o.) 0.5 h before and 8 h after MSU injection. TPPU at 1 mg/kg/p.o. reduced
 38 mechanical hyperalgesia (Fig. 2B left) and edema (Fig. 2B right) in all evaluated time points.
 39 Therefore 1 mg/kg/p.o. administered 0.5 h before and 8 h after MSU injection was chosen for the
 40 following experiments.

41



42

43 **Figure 2. A second treatment with TPPU prolongs its analgesic effects.** A. scheme of
 44 experimental protocol for mechanical hyperalgesia and edema measurement as well as with the
 45 two treatments with TPPU, 0.5h before and 8 h after MSU stimulus. Mechanical hyperalgesia (B
 46 left) and edema (B right) were evaluated 1, 3, 5, 7, and 15h after MSU stimulus (100 μ g per knee

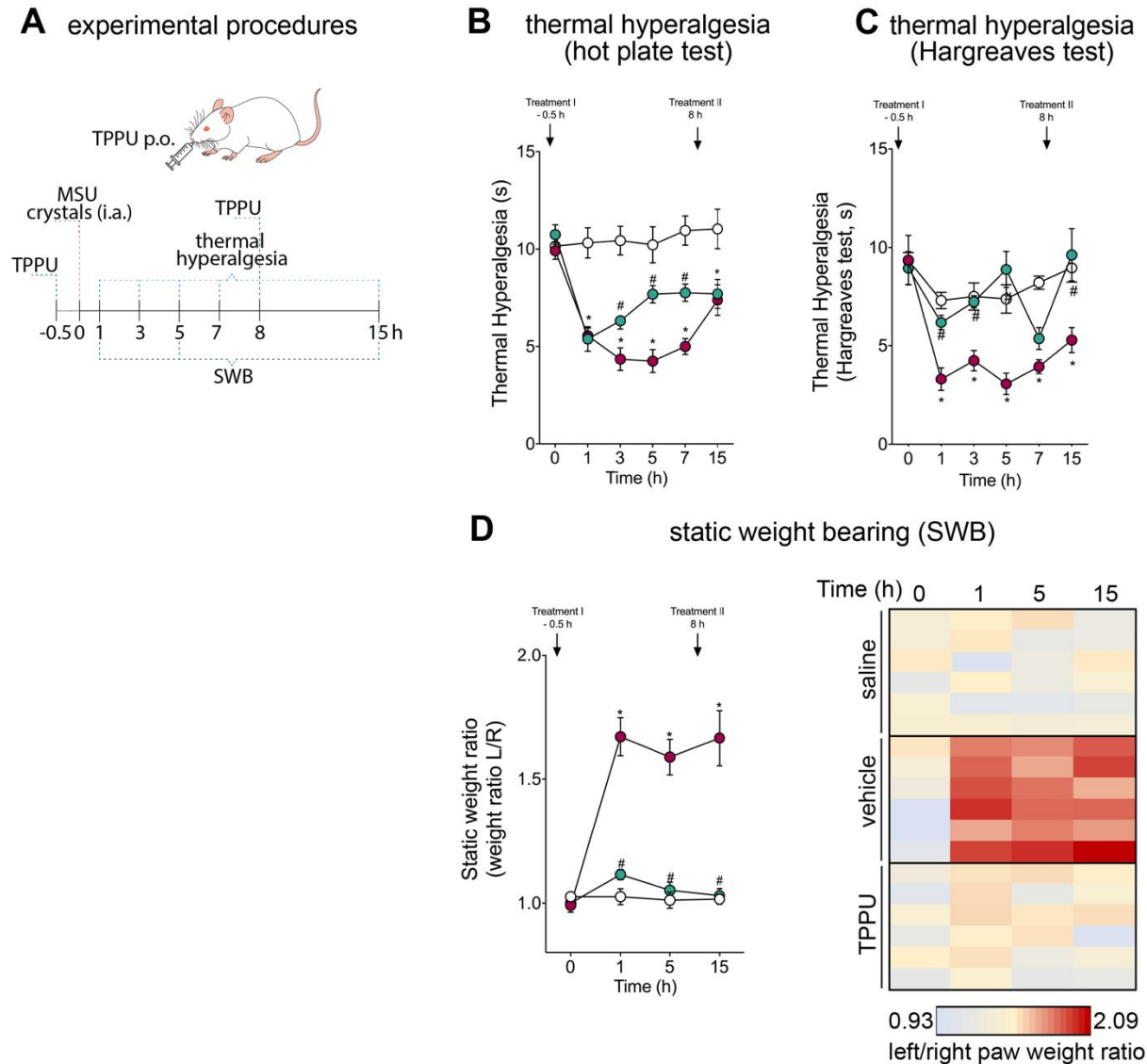
47 joint). Results from mechanical hyperalgesia are presented as paw withdrawal threshold (in grams)
48 and for edema as Δ of knee joint size (in mm). Results are presented as mean \pm SEM of
49 measurements, n = 6 mice per group (*P < 0.05 vs. saline, # P < 0.05 vs. vehicle-treated group).

50

51 ***3.3. TPPU reduces MSU-induced heat thermal hyperalgesia and restores changes in rear***
52 ***limbs weight distribution***

53 Intra-articular MSU injection induces thermal hyperalgesia (Hoffmeister et al., 2014).
54 Therefore, we next evaluate the effect of TPPU treatments in heat thermal hyperalgesia by hot
55 plate test and Hargreaves apparatus. TPPU reduced heat thermal hyperalgesia in at 3, 5, and 7 h
56 after MSU injection as per hot plate test (Fig. 3B). On the other hand, as observed per Hargreaves
57 apparatus test (Fig. 3C), TPPU treatments reverted MSU-induced thermal hyperalgesia at the time
58 points of 1, 3, 5, and 15 h after the stimulus. In another set of experiments, we determined the
59 effects of TPPU in changes in rear members weight distribution. Vehicle-treated mice dislocated
60 weight distribution towards the no-injured paw, weight on the left paw is higher than in the right
61 paw (Fig. 3D). TPPU treatments restored MSU-induced changes in weight distribution, equalizing
62 the weight equally to both paw (Fig. 3D).

63



64

65 **Figure 3. TPPU reduces MSU-induced heat thermal hyperalgesia and restores changes in rear**

66 **limbs weight distribution.** A. scheme of experimental protocol scheme for thermal hyperalgesia

67 and the static weight bearing as well as treatment schedule. Thermal hyperalgesia by hot plate test

68 (B) and as per Hargreaves test (C) were evaluated 1, 3, 5, 7, and 15h after MSU stimulus (100 μ g

69 per knee joint). (D) SWB (Static Weight Bearing) was used as a nonreflexive method of pain

70 measurement and was assessed 1, 5, and 15h after MSU stimulus. Results from thermal

71 hyperalgesia are presented latency in seconds and for SWB as left per right paw weight ratio.

72 Results are presented as mean \pm SEM of measurements, n = 6 mice per group (*P < 0.05 vs. saline,
 73 # P < 0.05 vs. vehicle-treated group).

74

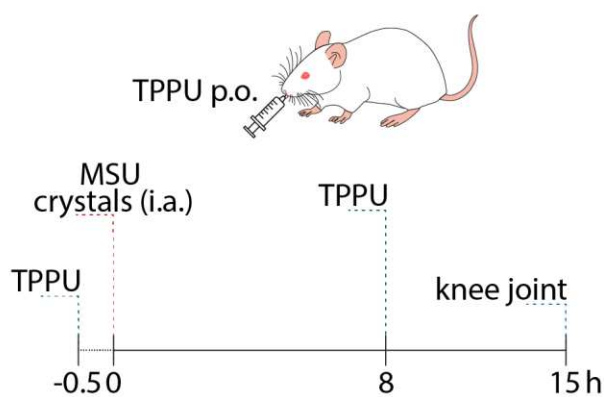
75 **3.4. TPPU reduces knee joint levels of IL-1 β**

76

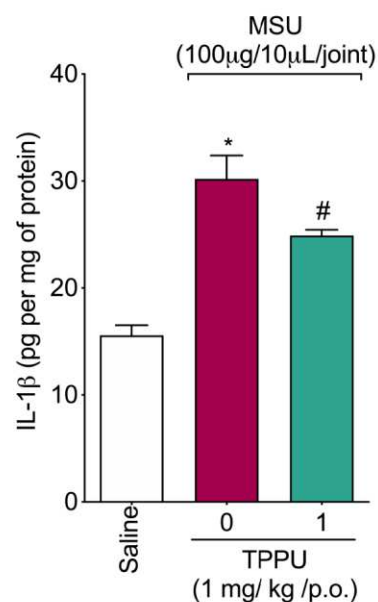
77 IL-1 β is a pivotal cytokine in gouty arthritis pathophysiology (Martinon et al., 2006). In fact,
 78 TPPU has been shown to reduce inflammasome assembly and thereby IL-1 β production by mouse
 79 peritoneal cavity macrophages (Luo et al., 2020). Thus, we next evaluate the effects of TPPU
 80 treatments in the levels of IL-1 β in the knee joint by ELISA. We observed that TPPU reduced
 81 MSU-induced levels of IL-1 β (Fig. 4B).

82

A experimental procedures



B IL-1 β



83

84 **Figure 4. TPPU reduces knee joint levels of IL-1 β .** A. scheme of experimental protocol for knee
85 joint sampling and IL-1 β level determination. (B) Fifteen hours after the stimulus the knee joint
86 tissue was processed and the concentration of IL-1 β was determined by ELISA. Results are
87 expressed as picograms per milligram of protein, and are presented as median and range of
88 measurements, n = 8 mice per group per experiment (*P < 0.05 vs. saline, # P < 0.05 vs. vehicle-
89 treated group).

90

91 4. Discussion

92

93 In this study, we demonstrated that systemic inhibition of soluble epoxide hydrolase (sEH)
94 reduced MSU-induced pain. TPPU treatment reduced mechanical and thermal hyperalgesia,
95 decreased edema, and restored changes in rear member weight distribution. Moreover, TPPU
96 decreases the levels of IL-1 β in the knee joint, a pivotal cytokine in this condition.

97 Currently, the management of gout acute flares consists in the use of NSAIDs, colchicine,
98 glucocorticoids and biological agents (So and Martinon, 2017). However, these drugs must be used
99 with caution in patients with comorbidities (NSAIDs), often causes severe side effects (NSAIDs,
100 colchicine, and corticoids), present high cost (biological agents), or possess non-satisfactory
101 analgesic effects in some patients (Rees et al., 2014). The contemporary understanding of the
102 inflammation resolution shed light in the imperative role of pro-resolutive lipid mediators in the
103 process (Fattori et al., 2020). In fact, endogenous levels of pro-resolutive mediators might be
104 correlated to rheumatic diseases status and symptoms (Zaninelli et al., 2021). Therefore, targeting
105 lipid metabolism in the resolution of inflammation might be an assertive therapeutic approach.

106 Although aradonic acid metabolites are remembered for their pro-inflammatory profile, the
107 cytochrome P450 catalyzes the reactions to form EETs, lipid mediators with well described
108 protective effect (Shi et al., 2022) that are also precursors for SPMs synthesis (Schmelzer et al.,
109 2005). However, due to EETs rapid conversion by sHE in less bioactive compounds, the literature
110 on its pharmacological activity is very scarce, at least in the field of rhematic conditions. For
111 instance, although 14,15-EET was demonstrated to inhibit bone resorption and osteoclastogenesis
112 in ovariectomized rat (Guan et al., 2015), however is imperative to consider the activity of sEH
113 and its implication in this scenario. Therefore, the use of sEH inhibitors (sEHi) is a widely explored

114 approach for arthritis treatment. Herein, we demonstrate that TPPU, an sEHi, diminish MSU-
115 induced mechanical and thermal pain in a mouse model of gout, which corroborate other studies
116 evaluating TPPU pharmacological proprieties in rhematic conditions (Teixeira et al., 2020;
117 Trindade-da-Silva et al., 2020).

118 In gouty arthritis, the ion channel transient receptor potential cation channel subfamily V
119 member 1 (TRPV1) is upregulated in nociceptor neurons (Xu et al., 2022) and have been described
120 to participate in MSU-induced hyperalgesia and edema (Hoffmeister et al., 2011, 2014). Since
121 thermal hyperalgesia is also a significant complain among patients, we next sought determined
122 whether TPPU would reduce heat thermal hyperalgesia. We observed that treatment with TPPU
123 significantly reduced MSU-induced thermal hyperalgesia. TRPV1 is activated by heat, therefore,
124 while our data suggest that TPPU might modulate TRPV1 expression or activation, it remains to
125 be determined whether this is a direct effect or secondary to the inhibition of inflammation.

126 The pro-inflammatory cytokine IL-1 β is a pivotal molecule in gout pathophysiology (Martinon
127 et al., 2006) and pain signaling (Binshtok et al., 2008). In fact, mice lacking NLRP3 show reduced
128 pain and edema during gout (Amaral et al., 2012). Importantly, both treatment schedules with
129 TPPU reduce MSU-induced IL-1 β levels in the knee joint, which contribute to TPPU-induced
130 analgesic effects. Our data corroborates previous research showing that TPPU inhibits IL-1 β
131 maturation by blocking NLRP3 inflammasome assembly *in vivo* in a mouse model of LPS-induced
132 lung injury and *in vitro* in mouse peritoneal macrophages (Luo et al., 2020). It is also noteworthy
133 mentioning that TPPU restores MSU-induced changes in rear limbs weight distribution,
134 corroborating the analgesic results obtained by evoked-pain measurements (mechanical and
135 thermal hyperalgesia). Altogether, our findings suggest that TPPU may serve as an important

136 therapeutic tool towards developing novel treatment for gouty arthritis pain and might increase the
137 life quality of affected individuals.

138

1 **Conflict of interest**

2 Authors declare no conflict of interest.

3

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7

1 4 CONSIDERAÇÕES FINAIS

2
3 No presente trabalho foi demonstrado que o processo de resolução da
4 inflamação está intimamente ligado aos sinais e sintomas de doenças reumáticas.
5 Além disso, explorar esse sistema pode ser uma alternativa terapêutica para doenças
6 de caráter inflamatório. Neste sentido, foi demonstrado que o SPM RvD1, e o sEHi
7 TPPU apresentam efeitos analgésicos em um modelo de artrite gotosa induzido por
8 cristais de MSU em camundongo. Especificamente referente ao item 3.2 desta tese,
9 RvD1 reduz os sinais clínicos da AG, através da redução da hiperalgisia mecânica,
10 edema, e recrutamento de leucócitos totais para a articulação do joelho. RvD1
11 também reduz a liberação de IL-1 β , uma citocina chave na fisiopatologia da doença.
12 Importaneamente, esses efeitos foram observados através do tratamento sistêmico
13 (intraperitoneal) ou via intratecal (i.t.). Portanto, sugerindo um possível efeito da RvD1
14 em neurônios nociceptores e a existência de um eixo neuroimune na AG. De fato, o
15 presente trabalho demonstrou que a RvD1 inibe a ativação de neurônios nociceptores
16 e reduz a liberação de CGRP *in vitro* e *in vitro*. Além disso, foi estabelecido pela
17 primeira vez que o CGRP aumenta a fagocitose de cristais de MSU e a liberação de
18 IL-1 β em cultura de macrófagos, fenômenos que são reduzidos com o tratamento com
19 a RvD1. Portanto nesse artigo concluímos não apenas os efeitos analgésico e anti-
20 inflamatórios da RvD1, mas também estabelecemos um novo alvo terapêutico sobre
21 a participação do CGRP na fisiopatologia da AG. No segundo artigo de pesquisa (item
22 3.3), foi demonstrado que o sEHi TPPU também apresenta efeitos analgésicos e anti-
23 inflamatórios, reduzindo a hiperalgisia mecânica, térmica e o edema, além de reduzir
24 a produção de IL-1 β no tecido articular. Em conclusão, neste trabalho demonstramos
25 o papel analgésico de duas moléculas explorando a terapêutica da resolução do
26 processo inflamatório. Além disso, também desvendamos um eixo de comunicação
27 neuroimune na artrite gotosa, contribuindo para a compreensão de novos mecanismos
28 fisiopatológicos da doença e estabelecendo novos alvos terapêuticos.

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APÊNDICE A

1 APÊNDICE A – Publicações de artigos científicos 2 durante o período de doutorado (2018-2022)

3
4 Bertozzi, Mariana M., Telma Saraiva-Santos, **Tiago H. Zaninelli**, Felipe A.
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APÊNDICE B

1 **APÊNDICE B – TRABALHO DESENVOLVIDO NO**
2 **PERÍODO DE DOUTORAMENTO SANDUÍCHE –**
3 **PROGRAMA DE DOUTORADO-SANDUÍCHE NO**
4 **EXTERIOR (PDSE) (2019-2020)**

5
6 **Targeting NGF but not VEGF or BDNF signaling**
7 **reduce endometriosis-associated pain in mice**
8

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1 Abstract

2
3 Endometriosis is a painful estrogen-dependent inflammatory disease that affects ~15% of the
4 female population. Current therapies present limited to no efficacy for a significant fraction of
5 patients. While linked to endometriosis, a direct demonstration of the contribution of vascular
6 endothelial growth factor receptor-1 (VEGFR1), nerve growth factor (NGF), or brain-derived
7 nerve factor (BDNF) have yet to be investigated. We found that the VEGFR1 agonists VEGFA,
8 VEGFB, PlGF, and sVEGFR1 were abundant in peritoneal fluid of endometriosis patients.
9 Despite receptor occupancy revealing that VEGFR1 agonist levels might be sufficient to elicit
10 pain, blocking VEGF signaling with anti-VEGF or in tamoxifen-induced VEGFR1 knockout
11 did not reduce pain or lesion size in mice. Similar effects were observed by targeting BDNF-
12 TrkB with an anti-BDNF. On the other hand, entrectinib (pan-Trk inhibitor) or anti-NGF
13 treatments reduced evoked pain, spontaneous pain, and thermal discomfort. This suggests NGF-
14 TrkA signaling, but not BDNF-TrkB or VEGF-VEGFR1, mediates endometriosis-associated
15 pain.

16
17 **Keywords: neurotrophins, VEGFR1, visceral pain**

1 **1. Introduction**

2
3 Endometriosis is an estrogen-dependent inflammatory disease characterized by the presence
4 of endometrial-like tissue in the abdominal cavity or pelvic space (Bulun, 2009). The disease
5 affects 10% - 15% of the worldwide female population in reproductive age (Parasar et al.,
6 2017). The most accepted theory to endometriosis genesis is the retrograde menstruation (Laux-
7 Biehlmann et al., 2015; McKinnon et al., 2015). During this process, danger-associated
8 molecular patterns (DAMPs) activate resident immune cells and trigger inflammation (Izumi et
9 al., 2018). The inflammatory process is orchestrated by pro-inflammatory mediators and growth
10 factors secreted by activated immune cells (Wu et al., 2017; Izumi et al., 2018). The
11 inflammatory milieu enriched in growth factors favors processes of angiogenesis and
12 neurogenesis, resulting in vascularized and innervated endometriotic lesions teemed of
13 activated immune cells (Abramiuk et al., 2022). This inflammation is key to pain, which is the
14 main clinical feature of endometriosis (Laux-Biehlmann et al., 2015; McKinnon et al., 2015).

15 Endometriosis-associated pain appears as chronic pelvic pain, dysmenorrhea, dyspareunia,
16 and dyschezia, affecting the social and professional life quality and mental health of patients
17 with endometriosis (Facchin et al., 2015). For instance, patients with endometriosis lose
18 approximately 10.8 h of work weekly, because of reduced effectiveness during work due to
19 pain (Nnoaham et al., 2011). Currently, endometriosis-associated pain treatment lies on non-
20 steroidal anti-inflammatory drugs (NSAIDs), analgesics, hormonal therapy, and the surgical
21 removal of the lesions (Anaf et al., 2002). Nevertheless, current treatments show limited
22 efficacy in reducing pain and often present unwanted side effects (Anaf et al., 2002).
23 Importantly, up to 30% of patients with endometriosis do not respond to the current therapies.
24 Therefore, there is an unmet need to develop or repurpose effective and safe drugs for the
25 treatment of endometriosis-associated pain.

26 In the endometriotic milieu, nerve growth factor (NGF) and vascular endothelial growth
27 factor (VEGF) are important mediators in the process of neurogenesis and angiogenesis,
28 respectively. In addition to their growth-related role, those mediators are also described to be
29 involved in pain (Bonnington and McNaughton, 2003; Selvaraj et al., 2015). Strong evidence
30 suggest that lesion growth and inflammatory milieu maintenance is dependent of VEGFR1
31 (Sekiguchi et al., 2019). VEGF, moreover, is among a 28 panel of biomarker candidates for
32 non-invasive endometriosis diagnose confirmation (Vodolazkaia et al., 2012). In addition,
33 VEGF levels correlate with C-reactive protein in endometriosis patents, suggesting excessive
34 systemic angiogenic activity in endometriosis patients (Xavier et al., 2006). In cancer, tumor-

1 derived VEGF-A/B, and PlGF-2 are involved in increased pain sensitivity through selective
2 activation of VEGFR1 (Selvaraj et al., 2015). Similarly, compelling evidence demonstrate that
3 NGF might be involved in endometriosis pain (Kajitani et al., 2013). High expression of NGF
4 in deep adenomyotic nodules is correlated to hyperalgesia (Anaf et al., 2002) and both NGF
5 and TrkA expression in human lesions correlate with deep dyspareunia (Peng et al., 2018).
6 Supporting this, a recent GWAS study highlights that NGF is associated with migraine and
7 dysmenorrhea during endometriosis (Nilufer et al., 2018). This might indicate that genetic
8 variations on NGF could be predictive for endometriosis pain. Therefore, targeting this
9 signaling might be an alternative to endometriosis-associated pain treatment.

10 Although they have an imperative role as growth factors in endometriosis progression and
11 possible participation in endometriosis-associated pain, VEGFR1 or TrkA signaling has yet to
12 be explored as therapeutic targets. Therefore, we aimed at determining the role of the
13 angiogenic factor VEGF as well as the neurotrophins NGF and BDNF during in endometriosis-
14 associated pain using our validated mouse model of endometriosis. This model mimics neuronal
15 and behavioral changes consistent with the disease phenotype in women (Fattori et al., 2020).
16 Moreover, resulting lesions exhibit features that resemble human lesions such as the presence
17 of nerve fibers, glands, and immune cells. The model responds to clinically active drugs such
18 as letrozole and danazol, and therefore, might be useful for finding novel or repurposed
19 analgesic therapies (Fattori et al., 2020).

2. Materials and Methods

2.1. Patient samples

Samples of peritoneal fluid (PF) were collected from patients undergoing exploratory laparoscopy surgery for endometriosis at Brigham and Women Hospital (Boston, MA, USA). The samples were collected by the surgeon Raymond M. Anchan and kept frozen until the determination of VEGFR1 agonist levels. The procedures were approved by the Ethics Committee, and PF sampling was performed only after patients' signed consent.

2.2. Animals

Healthy and immunological competent C57BL/6 (8 weeks old, 20-25g, female, strain # 664 [RRID:IMSR_JAX:000664]), B6.Cg-Flt1^{tm1.1Fong/J} (8 weeks old, 20-25g, male and female, Vegfr-1^{flox}, strain # 28098 [RRID:IMSR_JAX:028098]), and B6;129-Gt(ROSA)26Sor^{tm1(cre/ERT)Nat/J} (8 weeks old, 20-25g, male and female, R26CreER, strain # 4847 [RRID:IMSR_JAX:004847]) mice were purchased from The Jackson Laboratory (Bar Harbor, Maine, USA). Vegfr-1^{flox} and R26CreER were bred to generate tamoxifen-inducible Vegfr-1 knockout mice (Vegfr-1^{flox/flox}R26CreER^{+/-}, Vegfr-1^{flox/flox}R26CreER^{+/+}), and littermate controls (Vegfr-1^{flox/flox}R26CreER^{-/-}). All mice were housed in standard clear cages with free access to food and water. Light/dark cycle of 12/12h and controlled temperature (21°±1°C). The investigators were blind to groups and treatments in all experiments, including data acquisition, sample processing, and data analyses. The animals were under isoflurane anesthesia (3% v/v in O₂) for endometriosis induction, and tail snip sampling for genotyping. Carbon oxide (CO₂) inhalation was used for euthanasia. Animal care and handling procedures were approved by Boston Children's Hospital Institutional Animal Care and Use Committee (IACUC, protocol number 19-12-4054R) and were in accordance with the International Association for Study of Pain (IASP) and ARRIVE 2.0 guidelines. All efforts were made to minimize the number of animals and their suffering.

2.3. Drugs and antibodies

Tamoxifen (Sigma-Aldrich, cat# T5648), Entrectinib (InvivoChem, Libertyville, IL, USA, CAS 1108743-60-7, cat# V0609); rat anti-mouse VEGFR IgG1 antibody (Company, Cat# LSN3078374). anti-NGF (provided by Cygnal Therapeutics), anti-BDNF (provided by Cygnal Therapeutics), IgG control (provided by Cygnal Therapeutics).

2.4. Generation of VEGFR1 knockout mice

VEGFR1 knockout was induced by tamoxifen treatment in Vegfr-1^{flox/flox}R26CreER^{+/-} and Vegfr-1^{flox/flox}R26CreER^{+/+} mice. Littermate controls (Vegfr-1^{flox/flox}R26CreER) also received the treatment. Mice were treated via oral gavage with Tamoxifen (6 mg/mice/150 µL of corn oil) every other day for 10 consecutive days. Endometriosis was induced 7 days after the last tamoxifen administration. VEGFR1 KO was confirmed by genotyping and dorsal root ganglia (DRG) immunohistochemistry.

2.5. Induction of endometriosis

A non-surgical model of endometriosis-associated pain was induced as previously described (Fattori et al., 2020). Briefly, the mice were acclimatized at least one week before the experiment begin. Donor mice received a subcutaneous (s.c.) injection of 3 µg/mouse estradiol benzoate in sesame oil to stimulate the growth of the endometrium. Seven days later, the uteri of the donor mice were dissected and placed into a Petri dish containing Hank's Balanced Salt Solution (HBSS, Thermo Fisher Scientific, Waltham, MA, USA). The uteri horns were split longitudinally with a pair of scissors and the horns from each donor mouse were minced with scissors and scalpel one at the time, ensuring that the maximal diameter of each fragment was consistently smaller than 1 millimeter (mm). Each dissociated uterine horn was then injected intraperitoneally into a recipient mouse in 500 µL of HBSS. One donor mouse was used for every two endometriosis mice. Sham mice received an intraperitoneal injection of 500 µL of HBSS.

2.6. Experimental design

2.6.1. VEGFR1 signaling blockage

We used two approaches for VEGFR1 signaling blockage in endometriosis: i) immunotherapy using anti-VEGFR monoclonal antibody and ii) VEGFR1 knockout (KO). Mice bearing endometriosis were treated with a monoclonal antibody anti-VEGFR or IgG isotope (MF1, 45 mg/kg) subcutaneously (s.c.), twice a week starting 29 days post induction (29-56 d.p.i.). Mechanical hyperalgesia was assessed weekly. In the last week of treatments (42 – 56 d.p.i.) spontaneous abdominal behavior and thermal discomfort were quantified. On the 56th day mice were euthanatized, and lesion size was determined. In another set of experiments,

1 VEGFR1 conditional knockout was performed in CreER⁺ mice by tamoxifen administration (6
2 mg/animal) p.o. gavage every other day for 10 days. To account for the effects of VEGFR1 in
3 the tissue of donor and recipient mice, endometriosis was induced in KO and littermate controls
4 using uteri horn from KO or littermate control donor mice, totaling 4 experimental groups. After
5 endometriosis induction, mechanical hyperalgesia was determined weekly using von Frey
6 filaments. On the 56th d.p.i., lesions and DRG were harvested for VEGFR1 KO confirmation
7 by immunohistochemistry.

8 9 **2.6.2. NGF and BDNF signaling blockage**

10
11 To target neurotrophin signaling two strategies were used: i) immunotherapy using
12 neutralizing antibodies anti-NGF and anti-BDNF, and ii) pharmacological treatment with
13 entrectinib a pan-selective inhibitor of tropomyosin receptor kinase (Trk) A, B, and C. Mice
14 with endometriosis were treated with antibodies anti-NGF, anti-BDNF, or IgG isotope (10
15 mg/kg) subcutaneously (s.c.), twice a week beginning on day 29 post induction (29-56 d.p.i.).
16 Mechanical hyperalgesia was assessed weekly. In the last week of treatments (42 – 56 d.p.i.)
17 spontaneous abdominal behavior and thermal discomfort were quantified. Similarly, entrectinib
18 was administered per oral gavage in different treatment schedules to total 60 mg/kg/week per
19 group. Therefore, group 1 received entrectinib at 60 mg/kg once a week, group 2 at 20 mg/kg
20 three times a week, and group 3 at 15 mg/kg every other day. On the 56th day mice were
21 euthanatized, and lesion size was determined. In the last week of treatments (42 – 56 d.p.i.)
22 thermal discomfort was assessed for all groups, while spontaneous abdominal behavior was
23 quantified in group 1, which received a single weekly treatment with 60 mg/kg. On the 56th
24 day, lesions, blood, and femur were harvested for lesion size determination, liver and kidney
25 toxicity, and bone health assessment, respectively.

26 27 **2.7. Determination of VEGFR1 ligand levels**

28
29 The levels of VEGFA, VEGFB, PlGF, and soluble VEGFR1 (sFL-1) were determined by
30 Ella Automated Immunoassay System according to manufacturer's instructions (ProteinSimple,
31 Bio-Techne, Minneapolis, MN, USA). VEGFR1 occupancy was calculated according to ligand-
32 receptor affinity, as previously described (Kdr et al., 1994; Mac Gabhann and Popel, 2004;
33 Fischer et al., 2008; Wu et al., 2009; Papadopoulos et al., 2012; Anisimov et al., 2013; Clegg
34 and Mac Gabhann, 2017). The measurement of VEGF from mouse endometriosis lesions was

1 performed according to manufacturer's instructions using mouse VEGF quantikine ELISA Kit
2 (Cat# MMV00, R&D systems, Minneapolis, MN, USA).

3 4 **2.8. Immunostaining**

5
6 For VEGFR1 immunohistochemistry, the mouse dorsal root ganglia (DRG) were dissected
7 56 days after endometriosis induction and post-fixed in 4% paraformaldehyde in phosphate
8 buffered saline (PBS) (m/v) for 24h at room temperature (RT). Samples were dehydrated,
9 paraffin imbedded, and sectioned in a microtome (Harvard Medical School Histology Core). The
10 sections with 7 μm of thickness were deparaffinized and hydrated before antigen retrieval in
11 citrate buffer. Slides were heated in a microwave until they reached 90°C and let cooldown at
12 RT. Peroxidase blockage was performed with 3% hydrogen peroxide in methanol (v/v) for 15
13 min at RT. Sections were blocked in 3% bovine serum albumin (BSA) in PBS 0.5% triton-X
14 100 (m/v/v) for 1h at RT. Samples were incubated with primary antibody rabbit anti-mouse
15 VEGFR1 (Abcam, Cambridge, UK, cat# 32152, 1:200 dilution in PBS-T [RRID:AB_778798])
16 overnight at 4°C. Slides were washed and incubated with goat anti-rabbit-HRP secondary
17 antibody for 30 min at RT (Vector Laboratories, Newark, CA, USA, cat# MP-7451
18 [RRID:AB_2631198]). Color was developed using HRP substrate kit (Vector Laboratories,
19 cat# SK-4105 [RRID:AB_2336520]) for 1 min and 45 seconds at RT. Slides were washed and
20 counterstained with gills III Formulation hematoxylin for 6 seconds, washed and dehydrated
21 before slide mounting with PermountTM mounting medium (Fisher Scientific, Waltham, MA,
22 USA, cat# SP15-100).

23 For immunofluorescence analysis, mice DRG and endometriotic lesions were dissected and
24 post-fixed in 4% paraformaldehyde in phosphate buffered saline (PBS) (m/v) for 24h at 4°C.
25 Samples were then dehydrated with 30% sucrose in PBS (m/v) for 48h at 4°C, following by
26 30% sucrose in PBS and optimum temperature cutting reagent (OCT) (1:1, v/v) for 24h at 4°C.
27 DRG and lesions were frozen in OCT, sectioned in a cryostat (16 μm of thickness), and placed
28 in salinized slides. Sections were hydrated with PBS, blocked in 5% BSA in PBS 0.5% triton-
29 X 100 (m/v/v) for 1h at RT, following overnight incubation at 4°C with primary antibodies.
30 Mouse anti-mouse phosphorylated-NF- κB (pNF- κB , Santa Cruz Biotechnology, Dallas, TX,
31 USA, cat# sc-136548, 1:200 [RRID:AB_10610391]), rabbit anti-mouse TrkA (Invitrogen,
32 Waltham MA, USA, cat. # MA5-32123, 1:100 [RRID:AB_2809414]), rabbit anti-mouse NGF
33 (Abcam, Boston, MA, USA, cat. # AB52918, 1:300 [RRID:AB_881254]), and β -III tubulin

1 (Novus Biologicals, Centennial, CO, USA, cat. # NB120-11314, 1:200 [RRID:AB_792496]).
2 Slices were then incubated with specific secondary antibody as follows: goat anti-mouse Alexa
3 Fluor 594 secondary antibody (1:500, cat. # A21125, Thermo Fisher Scientific
4 [RRID:AB_141593]), goat anti-rabbit Alexa Fluor 647 secondary (1:500, cat. # A-21235,
5 Thermo Fisher Scientific [RRID:AB_2535804]), and goat anti-rabbit Alexa Fluor 488 (1:500,
6 cat. # A-11008, Thermo Fisher Scientific [RRID:AB_143165]). DAPI was used to stain nuclei
7 (Cayman Chemicals, Ann Arbor, MI, USA, cat. # 14285). Images were acquired and processed
8 on a confocal microscope using 20x objective (Zeiss LSM 880 laser scanning microscope with
9 Airyscan, Carl Zeiss Microscopy, Thornwood, NY, USA).

11 **2.9. Animal behavior**

12 **2.9.1. Evoked abdominal mechanical hyperalgesia**

13 Mechanical hyperalgesia was assessed as previously described (Fattori et al., 2020).
14 Briefly, mice were allowed to habituate to the apparatus for at least 2 h during three consecutive
15 days before the beginning of measurements. Pain intensity to a mechanical stimulus
16 (mechanical hyperalgesia) was measured using von Frey filaments. The experimenter was
17 trained, and care was taken to not stimulate the same point consecutively and the area of external
18 genitalia was avoided. Jump or paw flinches were considered as a withdrawal response (Laird
19 et al., 2001; Gonzalez-Cano et al., 2013). The mechanical threshold was determined by the up
20 and down method starting with 0.4g filament and calculated using a modified version of the
21 open source software Up-Down Reader (Gonzalez-Cano et al., 2018).

23 **2.9.2. Thermal gradient**

24 The thermal gradient assay was performed as previously described (Fattori et al., 2020).
25 Mice were placed in a metallic base catwalk with a continuous temperature gradient (7–50 °C).
26 Animals walked freely while being video-recorded from above (Bioseb, France). Each run
27 lasted 1.5 h, and two mice were simultaneously recorded in separate corridors. After an
28 exploration period (30 minutes), the mouse showed a distinct preference, indicating the most
29 comfortable temperature range. Data was presented by the time spent (in seconds) on each zone
30 set at specific temperatures during 60 minutes.

32 **2.9.3. Spontaneous pain behaviors**

33

1 For spontaneous abdominal pain measurements, it was quantified by licking of the
2 abdomen, stretching the abdomen (abdominal contortions), and squashing of the lower
3 abdomen against the floor as previously described (Fattori et al., 2020). Briefly, direct
4 abdominal licking was quantified during 10 minutes using bottom-up video recording as the
5 number of times the mouse directly groomed the abdominal region without going for any other
6 region before or after the behavior. For the abdominal contortion, mice were placed in
7 individual chambers and the number of abdominal contortions was quantified for 10 minutes.
8 Positive responses consist of a contraction of the abdominal muscle together with stretching of
9 hind limbs. For abdominal squashing, it was quantified the number of times the mice pressed
10 the lower abdominal region against the floor for 5 min. In all testing, the investigators were
11 blinded to the groups and treatments.

12

13 **2.10. Liver and kidney toxicity determination**

14

15 On the 56th d.p.i., mice were euthanatized, and the blood was collected into heparinized
16 collection tubes through cardiac puncture. Plasma was separated by centrifugation (3200 rpm,
17 10 min, 4°C). Kidney or liver toxicity was determined by the levels of urea, alanine
18 aminotransferase (ALT), and aspartate aminotransferase (AST) in the plasma. The levels were
19 determined by commercial kinetics kits according to manufacturer's instructions.

20

21 **2.11. Micro-computerized tomography analysis (μ CT)**

22

23 The right femur was collected 56 days after endometriosis induction from entrectinib or
24 vehicle treated mice. Samples were fixed in paraformaldehyde 4% in PBS (m/v) for 24 h and
25 maintained in 70% ethanol (v/v) until μ CT analysis. The samples were scanned on a Bruker
26 SkyScan 1173 microtomograph (Bruker BioSpin Corporation, Kontich, Belgium). The
27 NRecon, DataViewer, CTVox, and CTAn softwares were used for reconstruction and treatment
28 of the images. The parameters analyzed after image acquisition were bone surface, volume,
29 density, total porosity, and open-pore volume.

30

31 **2.12. Statistical analysis**

32

1 Results are presented as mean \pm SEM. The data was analyzed using the software
2 GraphPad Prism version 8 (GraphPad Software, San Diego, CA, USA). Mechanical
3 hyperalgesia was analyzed by Two-way repeated measure analysis of variance (ANOVA),
4 followed by Tukey's *post hoc*. One-way ANOVA followed by Tukey's *post hoc* was used to
5 analyze data from experiments of single time point. Comparison between two groups was
6 conducted using Student's t-test. For all analysis, statistical differences were considered
7 significant when $p < 0.05$.

3. Results

3.1. Levels of VEGFR1 ligands are increased in the peritoneal fluid of endometriosis patients and in mouse lesions

VEGF has been long recognized as one of the most important proangiogenic factors in endometriosis (McLaren et al., 1996; Xavier et al., 2006; Kajdos et al., 2022). Therefore, we first addressed the levels of VEGFR1 agonists in the peritoneal fluid of patients undergoing endometriosis surgery (**Fig. 1 A-B**). We found that the levels of VEGFA, VEGFB, PlGF, and sVEGFR1 were abundant in most evaluated samples (**Fig. 1B**). Based on the VEGFR1 calculated occupancy, the levels of VEGFR1 agonists are believed to be sufficient to elicit pain (**Fig. 1C**). To determine whether VEGF would be also present in our model, we next measured VEGFA levels in the mouse lesions. We demonstrated that VEGFA levels are increased in endometriotic lesions (**Fig. 1F**) and that its receptor VEGFR1 is consistently expressed in DRG neurons in naïve and endometriosis-bearing mice (**Fig. 1G**). Therefore, based in previous published work (Selvaraj et al., 2015) and the present evidence, we hypothesized that VEGF – VEGFR1 signaling might be important in endometriosis-associated pain.

3.2. VEGF neutralization or VEGFR1 ablation do not reduce endometriosis-associated pain or thermal discomfort in mice

To determine the extent to which VEGF signaling is important for endometriosis-associated pain, we next targeted this signaling using two different strategies. First, we want to determine whether VEGFR1 neutralization with an anti-VEGFR1 monoclonal antibody (MF-1) would reduce endometriosis-associated pain in mice. We found that treatment with anti-VEGFR1 did not alter endometriosis-induced mechanical hyperalgesia (**Fig. 2B left**) or lesion size (**Fig. 2B right**). Since spontaneous pain is the main complaint of patients with endometriosis, we next determined whether treatment with MF-1 would reduce endometriosis-associated spontaneous pain. We found that none of the spontaneous abdominal-related behaviors (licking, squashing, or contortions) were reduced by the treatment (**Fig. 2C**). Next, we assessed the mice's own determination of discomfort using the thermal gradient assay. We confirmed that sham mice prefer temperatures 27 to 36 °C with a stronger preference for 34 °C while mice with endometriosis exhibited a more dispersed pattern ranging from 22 to 36 °C with no single preferred temperature (Fattori et al., 2020). In corroboration with our previous results, blocking VEGF-VEGFR1 signaling did restore the changes in thermal selection, as observed the disperse pattern in MF-1-treated mice (**Fig. 2D**). Since we observed that treatment with anti-VEGFR1 did not reduce pain, we next wanted to establish whether the presence of VEGFR1 in donor

1 tissue could be the reason why lesions are able to establish in the peritoneal cavity. Therefore,
2 we first developed a conditional tamoxifen-induced cre-dependent knockout mouse line (**Fig.**
3 **2E and F**). VEGFR1 floxed mice and littermate controls (LM) were treated with tamoxifen to
4 induce VEGFR1 cre-dependent ablation (**Fig. 2F**). Ablation of VEGFR1 was confirmed by
5 immunohistochemistry in the dorsal root ganglia (DGR) (**Fig. 2G**). We performed a four-group
6 experiment using VEGFR1-floxed and LM control mice as donors or recipients to determine
7 extent to which the lack of VEGFR1 in donor tissue (mimicking retrograde menstruation) or in
8 a combination of donor and recipient play a role in endometriosis lesion formation and pain
9 (**Fig. 2H left**). In none of the investigated scenarios of VEGFR1 depletion did they demonstrate
10 to have analgesic effects (**Fig. 2H right**). Therefore, while levels of VEGFR1 ligands are
11 increased (both in humans and mice), our data indicate that neither VEGFR1 from donor nor
12 from recipient mice contribute to endometriosis-associated pain.

14 **3.3. NGF-TrkA signaling is activated during endometriosis**

15 Patients with endometriosis have higher levels of NGF in lesion as well as genetic variations
16 that correlates NGF to pain (Woolf et al., 1994; Guerios et al., 2006; Kajitani et al., 2013;
17 Nilufer et al., 2018). This indicates that NGF might play an important role in endometriosis.
18 Thus, we next investigated whether NGF could play a role in endometriosis using our validated
19 mouse model (**Fig. 3A**). By immunofluorescence we showed that NGF is present in mouse
20 lesions, and interestingly, nociceptors seem to be closely located to this NGF gradient, as
21 observed by colocalization between NGF and β -tubulin III (TUJ3), a pan-neuronal marker (**Fig.**
22 **3B**). In the DRG, lesion bearing mice displayed higher percentage of TrkA-expressing neurons
23 as well as increased percentage of TrkA⁺pNF- κ B⁺ in comparison to sham (**Fig. 3C bottom, D**).
24 Altogether, this data suggests that NGF-TrkA signaling is activated during endometriosis and
25 might contribute to pain in this model.

27 **3.4. NGF neutralization, but not BDNF, reduces endometriosis-associated pain** 28 **and thermal discomfort in mice**

29 We next sought to determine the contribution of the neurotrophins NGF and BDNF in our
30 validated mouse model of endometriosis-associated pain. For that, we disrupted neurotrophin
31 receptor signaling using neutralizing antibodies and determined mechanical hyperalgesia,
32 lesion size, spontaneous behaviors, and thermal discomfort (**Fig. 4A**). We observed that anti-
33 NGF immunotherapy, but not anti-BDNF, considerably reduced mechanical hyperalgesia from

1 the 42nd to 56th days after endometriosis induction (**Fig. 4B left**). Although analgesic effects
2 were maintained up to 56 d.p.i. in mice treated with anti-NGF, no differences were observed in
3 lesion size (**Fig. 4B right**). Based on these results, we next analyzed non-evoked pain-
4 associated behaviors and thermal discomfort only using anti-NGF therapy (**Fig. 4C-D**). We
5 found that the treatment with anti-NGF reduced endometriosis-induced abdominal licking (**Fig.**
6 **4C left**) and squashing (**Fig. 4C middle**). A decrease in abdominal contortions was also
7 observed, however it was not statistically different from IgG-treated mice (**Fig. 4C right**).
8 Lastly, we investigated the effects of anti-NGF therapy in thermal discomfort using the
9 thermogradient assay (**Fig. 4D**). Anti-NGF reduced thermal discomfort, restoring the amplitude
10 of time spent in specific thermal zones, when compared to isotope-treated mice (**fig. 4D**).
11 Therefore, our results show that NGF-TrkA signaling, but not BDNF-TrkB, contributes to
12 endometriosis-associate pain.

14 **3.5. Entrectinib, a pan-Trk inhibitor, reduces endometriosis-associated pain and** 15 **thermal discomfort in mice**

16 Given that we found NGF-TrkA signaling be activated during endometriosis, we next
17 sought to investigate whether entrectinib (a pan Trk inhibitor), an FDA-approved drug for
18 cancer (Drilon et al., 2017; Desai et al., 2022; Mercier et al., 2022; Osman and Tuncbilek,
19 2022), could show efficacy in our model. Since entrectinib has been linked to increased risk of
20 bone fractures (clinicaltrials.gov, NCT02650401)(Desai et al., 2022), we wanted to first
21 determine a treatment schedule that could reduce pain and would not induce bone loss. We
22 chose a weekly dose of 60 mg/kg in three different treatment schedules (**Fig. 5A, T1, T2, and**
23 **T3**). Entrectinib reduced mechanical hyperalgesia in all selected treatment schedules from day
24 42 to 56 post endometriosis induction (**Fig. 5B left**). Although entrectinib treatment did not
25 change lesion size (**Fig. 5B right**), the weekly delivery of 60 mg/kg was more effective in
26 restore thermal comfort when compared to vehicle treated mice (**Fig. 5C**). The effects of T1
27 and T2 showed a milder reduction to thermal discomfort, and therefore, the weekly dose of 60
28 mg/kg was chosen for the next experiments (**Fig. 5C**). Next, we determined the effect of weekly
29 treatment with entrectinib in spontaneous pain and found that it reduced all endometriosis-
30 associated spontaneous behaviors (**Fig. 5D**). Therefore, our data suggest that disruption in
31 neurotrophins-Trk signaling is effective in reducing endometriosis-associated pain.

33 **3.6. Weekly treatment with entrectinib does not induce weight change, liver or** 34 **kidney toxicity, or bone loss in mice**

1 As mentioned, clinical trials with entrectinib in children and young adults demonstrated a
2 high incidence of bone fractures (clinicaltrials.gov, NCT02650401)(Desai et al., 2022). Even
3 though the weekly dose proposed here is much lower than the ones used in clinical trials, even
4 after human equivalent dose determination, we sought to determine kidney and liver function,
5 and bone loss in mice (**Fig. 6A**). Weekly treatment with entrectinib did not induce weight
6 changes (**Fig. 6B**), nor kidney or liver function alteration as per levels of urea (**Fig. 6C**), alanine
7 aminotransferase (ALT) (**Fig. 6D Left**), or aspartate transaminase (AST) (**Fig. 6D right**) in the
8 plasma, respectively. Moreover, weekly treatment did not alter bone parameters in the femur,
9 as determined per micro-computerized tomography analysis (**Fig. 6E**). No significant changes
10 were observed in femur surface, volume, density, or porosity in the evaluated dose and
11 schedules of treatment. We found, however, that increased dosing, such as every other day (**Fig**
12 **6, T1**) or three times a week (**Fig 6, T2**), reduced bone porosity (**Fig. 6E**). This indicates that
13 increased treatment schedules, rather than dose, might be a limiting factor for entrectinib use.

1 4. Discussion

2 In this study we demonstrated that NGF, but not VEGFR1 signaling, is associated to
3 endometriosis-related spontaneous and evoked pain responses. Neither the neutralization of
4 VEGFR1 with antibodies nor the VEGFR1 conditional knockout mice relieved endometriosis-
5 associated pain. On the other hand, we showed that blocking NGF signaling with entrectinib a
6 pan-Trk inhibitor, reduced abdominal mechanical pain as well as spontaneous pain.
7 Specifically, we demonstrated that pain during endometriosis is mediated via NGF-TrkA
8 signaling, since blocking NGF (but not BDNF) reduced pain.

9 While it is widely recognized that VEGFR1 and its ligands (*e.g.*, VEGF, PlGF, or soluble
10 VEGFR1) are present in the fluids of endometriosis patients, there is very limited evidence of
11 the therapeutic benefit of targeting VEGF. To the best of our knowledge, there is no evidence
12 of targeting this angiogenic growth factor for endometriosis-related pain (Liu et al., 2016).
13 Importantly, VEGF receptors are pivotal in embryo implantation and development, which
14 explain how some pregnancies in tyrosine kinase inhibitor-treated cancer patients have been
15 linked to miscarriage and birth defects (Pye et al., 2008; Vandenbroucke et al., 2017). This was
16 later confirmed in animal models (Abe et al., 2013), which might be a limiting factor to the use
17 of VEGFR-targeting therapies and explain the lack of data exploring this axis. In corroboration
18 with the literature, we observed that VEGFA/B, PlGF, and sVEGFR1 were elevated in the
19 peritoneal fluid of patients undergoing endometriosis surgery. Moreover, through occupancy
20 mathematical determination, the levels of those mediators are abundant to induce VEGFR1
21 activation and potential signaling. In addition, using our validated mouse model, we found high
22 levels of VEGF in the lesions as well as the presence of its receptor in primary nociceptor
23 neurons, suggesting a possible signaling axis to pain sensitivity. Nonetheless, blocking VEGF
24 signaling with anti-VEGF or cKO did not reduce pain or lesion size. This indicates that while
25 present in the lesion and peritoneal fluid, VEGF-VEGFR1 signaling does not mediate pain in
26 our model.

27 Neurotrophic factors, such as NGF, have been described to participate in inflammatory pain
28 (Woolf et al., 1994) and neuropathic pain (Reis et al., 2022). NGF contributes indirectly and
29 directly to nociceptor neuron sensitization and pain. NGF signaling via tropomyosin receptor
30 kinase A (TrkA) in immune cells (*e.g.*, mast cells, basophils, macrophages) (Bischoff and
31 Dahinden, 1992; Horigome et al., 1993; Susaki et al., 1996; Tal and Liberman, 1997) result in
32 the release of NGF and other pro-nociceptive molecules, such as interleukin (IL)-1 β (Lindholm
33 et al., 1987). Directly, NGF induced nociceptor neurons sensitization and activation
34 (Bonnington and McNaughton, 2003). For instance, in a rat model of complete Freund's

1 adjuvant (CFA)-induced inflammatory pain, treatment with anti-NGF reduced thermal and
2 mechanical hyperalgesia (Woolf et al., 1997). Specifically for endometriosis, a recent GWAS
3 study highlights that variance among genes, such as NGF is associated with pain during the
4 disease (Nilufer et al., 2018). Therefore, we hypothesized that neurotrophins (*e.g.*, NGF and
5 BDNF) participate in endometriosis-associated pain. Our data shows that NGF is co-localized
6 with TUJ3 in endometriosis and that TrkA⁺ DRG neurons are activated during endometriosis.
7 This corroborates human findings that show both NGF and TrkA are highly expressed in
8 endometriosis lesions, and this is correlated with nerve fiber density and deep dyspareunia
9 (Peng et al., 2018). In corroboration, we found that anti-NGF immunotherapy reduced
10 endometriosis-associated evoked and spontaneous pain behaviors in mice. Anti-NGF treatment
11 reduced mechanical hyperalgesia, abdominal licking, squashing, and contortions, and decreased
12 thermal discomfort. Similarly, in a model of cyclophosphamide-induced cystitis, treatment with
13 anti-NGF reduces peripheral hypersensitivity in mice (Guerios et al., 2006). Pain inhibition was
14 also observed in the same model of cystitis in rats, when animals were treated with the NGF
15 sequestering protein REN1820 (Hu et al., 2005). Humanized anti-NGF monoclonal antibodies
16 have been clinically tested in osteoarthritis (Lane et al., 2010; Brown et al., 2012a, 2013;
17 Spierings et al., 2013; Balanescu et al., 2014), low back pain (Katz et al., 2011), diabetes-
18 associated neuropathy (Bramson et al., 2013), and interstitial cystitis (Evans et al., 2011),
19 corroborating the observed phenomena. On the other hand, we found that anti-BDNF
20 immunotherapy did not reduce any of the evaluated parameters. Altogether, this indicates that
21 NGF-TrkA signaling, but not BDNF-TrkB, mediates pain during endometriosis in our model.

22 To further test our hypothesis, we treated mice with entrectinib, a small molecule approved
23 by the FDA to treat solid tumors (Osman and Tuncbilek, 2022). Herein, we demonstrated
24 weekly treatments with low doses of entrectinib (60 mg/kg) reduced evoked and non-evoked
25 pain behaviors in mice. This suggests that punctual disturbance in NGF-TrkA signaling, by
26 weekly treatments with entrectinib, is sufficient to decrease endometriosis-associated pain. This
27 effect is likely to be via NGF-TrkA signaling since pain (evoked and spontaneous) in our model
28 was reduced after treatment with anti-NGF, but not anti-BDNF. It is important to mention that
29 spontaneous pain is the most common feature of endometriosis. In our model, spontaneous
30 pain behaviors such as abdominal licking, contortions, and squashing are observed throughout
31 the duration of the model. These behaviors are partially reduced by hormonal drugs such as
32 letrozole and danazol, indicating this model accurately reflects endometriosis pain
33 pathophysiology (Fattori et al., 2020). Herein, we observed that both entrectinib and anti-NGF
34 treatments were able to restore not only evoked pain, but also the changes in the spontaneous

1 behaviors and in thermal selection. Since lack of drug efficacy at reducing ongoing pain drives
2 most endometriosis therapy failure, our data indicates that targeting NGF-TrkA signaling might
3 be effective at reducing endometriosis pain.

4 It is also noteworthy to mention that NGF targeting therapies are often linked to undesired
5 side effects. For instance, peripheral edema, paresthesia, arthralgia, and headache are listed as
6 the most common side effects with anti-NGF therapy (Bannwarth and Kostine, 2014; Yang et
7 al., 2020). Moreover, while all studies show that anti-NGF decrease pain, in a portion of patients
8 with osteoarthritis, anti-NGF therapy was correlated to joint destruction and the need of total
9 joint replacement (Brown et al., 2012b; Hochberg, 2015). Similarly, treatments with entrectinib
10 in children and young adults increased the incidence of bone fractures (clinicaltrials.gov,
11 NCT02650401) (Desai et al., 2022). Based on the clinical relevance of NGF-targeting treatment
12 for endometriosis pain management, we addressed the safety of entrectinib in the dose and
13 schedule of treatment tested in this study. Herein, we demonstrated that weekly treatment with
14 entrectinib at 60 mg/kg did not induce changes in weight gain, liver, or kidney toxicity, nor
15 bone morphology. Therefore, at the pre-clinical level, we found that low doses of entrectinib
16 reduces endometriosis-associated pain while not showing significant side effects.

17 18 **5. Conclusion**

19
20 In this study we demonstrated that while VEGFR1 agonists are upregulated in the peritoneal
21 fluid of endometriosis patients, blocking this signaling does not reduce pain. On the other hand,
22 we found that the neurotrophin NGF (but not BDNF) is key for endometriosis-associated pain.
23 Blocking this signaling with anti-NGF or entrectinib is effective at reducing abdominal
24 mechanical pain, spontaneous pain, and thermal discomfort in our model. Moreover, weekly
25 treatments with entrectinib did not show significant side effects in mice. Lack of drug efficacy
26 at reducing ongoing pain drives most endometriosis therapy failure. Therefore, our study
27 pinpoints NGF as key in endometriosis-associated pain and establishes NGF-TrkA signaling as
28 a potential target for the development of novel therapies for endometriosis.

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9 **Author contribution**

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14 **ablation:** D. Sim and H. Bukhari; **resources:** A.C. Andreello; D. Bree, T. Zheng, J. Wagner,
15 W.A. Verri Jr, and M.S. Rogers; **project administration:** T.H. Zaninelli; **supervision:** V.
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17 Jr, and M.S. Rogers; **writing–original draft:** T.H. Zaninelli; **writing – editing and reviewing:**
18 all authors. All authors have read and approved the final version of the manuscript.

19

20 **Declaration of interests**

21 The authors declare no conflicts of interest.

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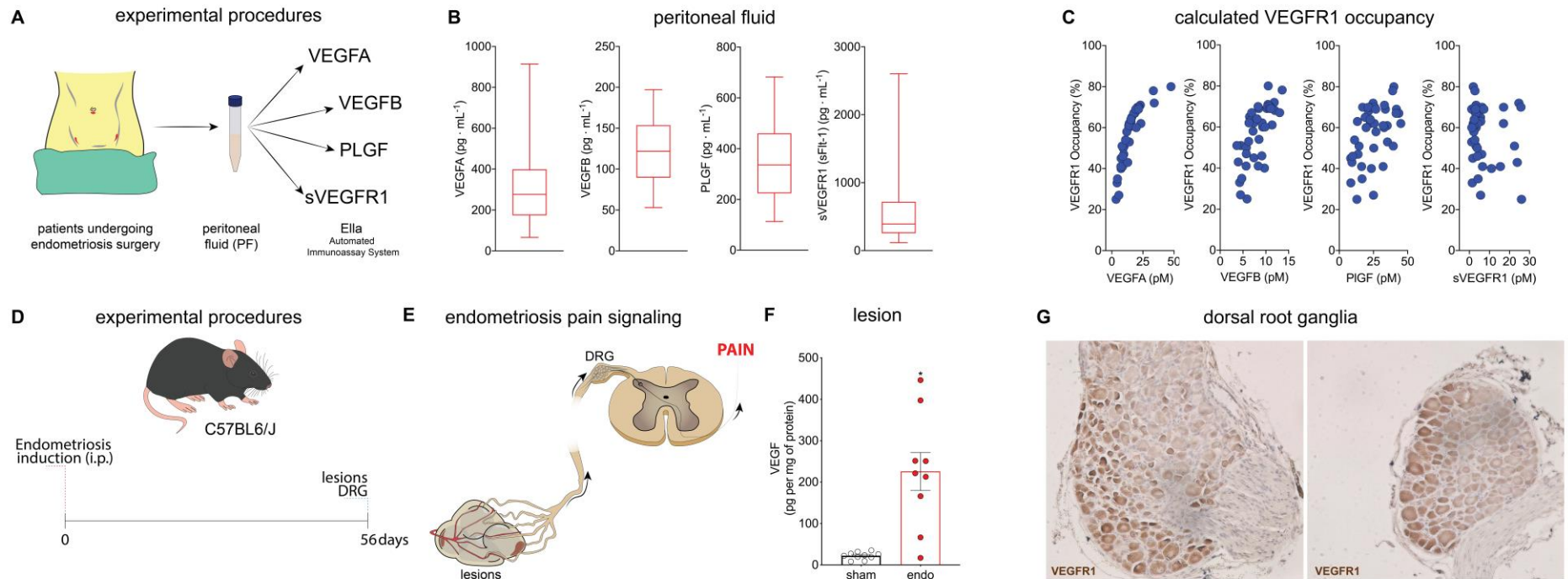
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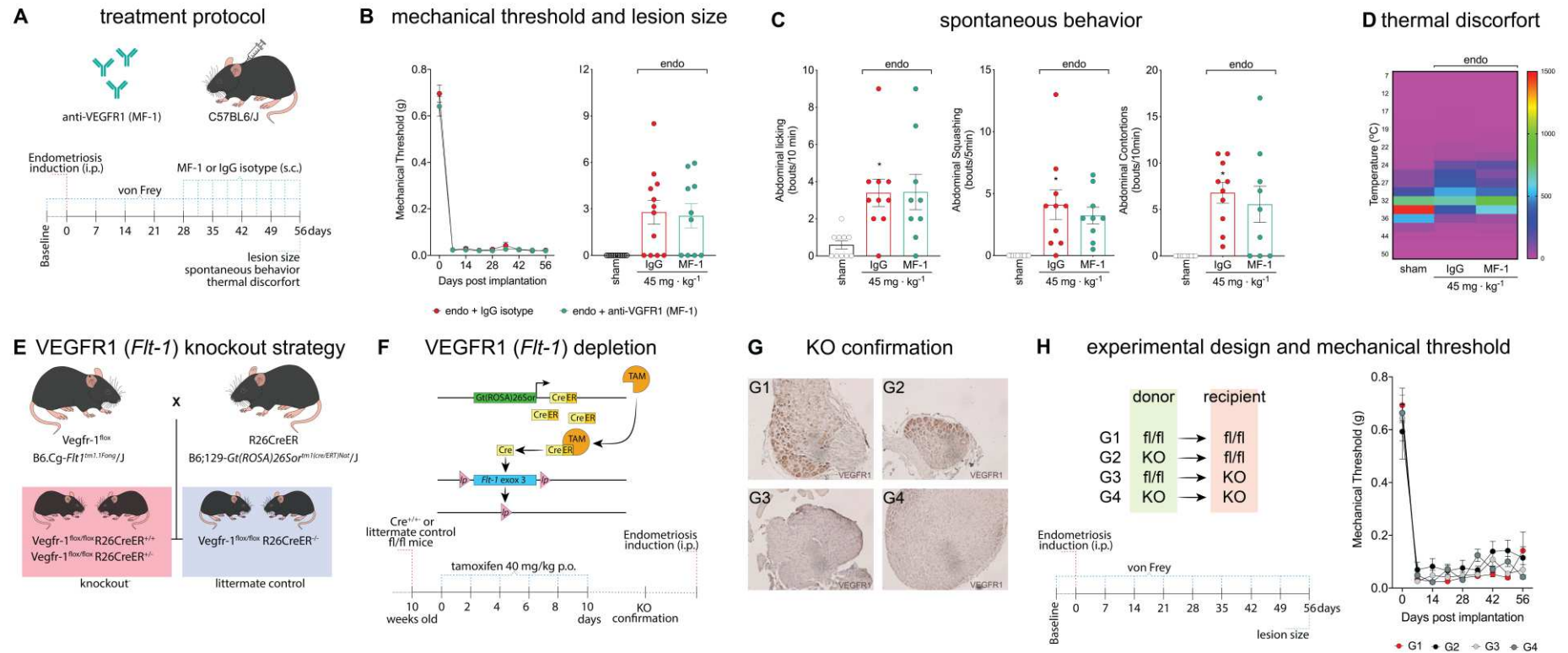
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 2 **Figure 1. Levels of VEGFR1 ligands are increased in the peritoneal fluid of endometriosis patients and in mouse lesions.** (A) experimental
 3 procedures for peritoneal fluid collection of endometriosis patients (B) levels of VEGFA, VEGFB, PIGF, and sVEGFR1 in peritoneal fluid samples
 4 determined by Ella[®]. Data is present in box and whisker charts representing the levels of each mediator in $\text{pg} \cdot \text{mL}^{-1}$. (C) VEGFR1 mathematical
 5 calculated occupancy (D) Experimental procedures and timepoints for tissue collection in our mouse model. (E) scheme of pain signalling in
 6 endometriosis: endometriotic lesions are highly innervated by nociceptor sensory neurons, which have their cell bodies in the dorsal root ganglia
 7 (DRG). Upon activation, those pseudo-unipolar neurons synapse in the spinal cord with second orders neurons that transfer the message to the
 8 brain to be interpreted as pain. (F) 56 days after endometriosis induction, lesions were collected for determination of VEGF levels by ELISA.

- 1 Results are presented as mean \pm SEM of VEGF levels, $n = 10$ (sham – uteri horn tissue), and $n = 9$ (endo) mice per group (* $P < 0.05$ vs. sham).
 2 (G) expression profile of VEGFR1 expression in DRG nociceptors determined by immunohistochemistry 56 days after endometriosis induction.
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 6 **Figure 2. VEGF neutralization or VEGFR1 ablation do not reduce endometriosis-associated pain or thermal discomfort in mice.** (A)
 7 scheme of the treatment protocol with anti-VEGFR1 (MF-1) antibody and IgG control. (B) mechanical response before (zero) and after (7, 14, 21,

1 28, 35, 42, and 56 days) endometriosis induction was determined using von Frey filaments. Results are presented as mean \pm SEM of mechanical
2 threshold, n = 10 mice per group. (C) spontaneous behaviours measurements. Results are expressed as mean \pm SEM of abdominal licking,
3 squashing, and contortions bouts per minute, n = 10. (*P < 0.05 vs. sham). (D) thermal discomfort heatmap. Heatmap shows mean time spent in
4 each temperature zone for IgG control- or MF-1-treated mice. Data is present as mean \pm SEM of the amplitude of permanence in seconds in each
5 thermal zone during 60 min. (E) breeding scheming for generation of VEGFR1 tamoxifen-induced cre-dependent knockout strategy. (F) scheme
6 of tamoxifen-induced cre-dependent VEGFR1 knockout and tamoxifen treatment protocol. (G) DRG neuron representative images for VEGFR1
7 knockout confirmation determined per IHC analysis. G1-G2 from littermate controls and G3-G4 from knockout mice n = 10. (H) Endometriosis
8 induction protocol scheme with receptor and donor combinations. Mechanical response before (zero) and after (7, 14, 21, 28, 35, 42, and 56 days)
9 endometriosis induction using von Frey filaments. Results are presented as mean \pm SEM of mechanical threshold, n = 10 mice per group.

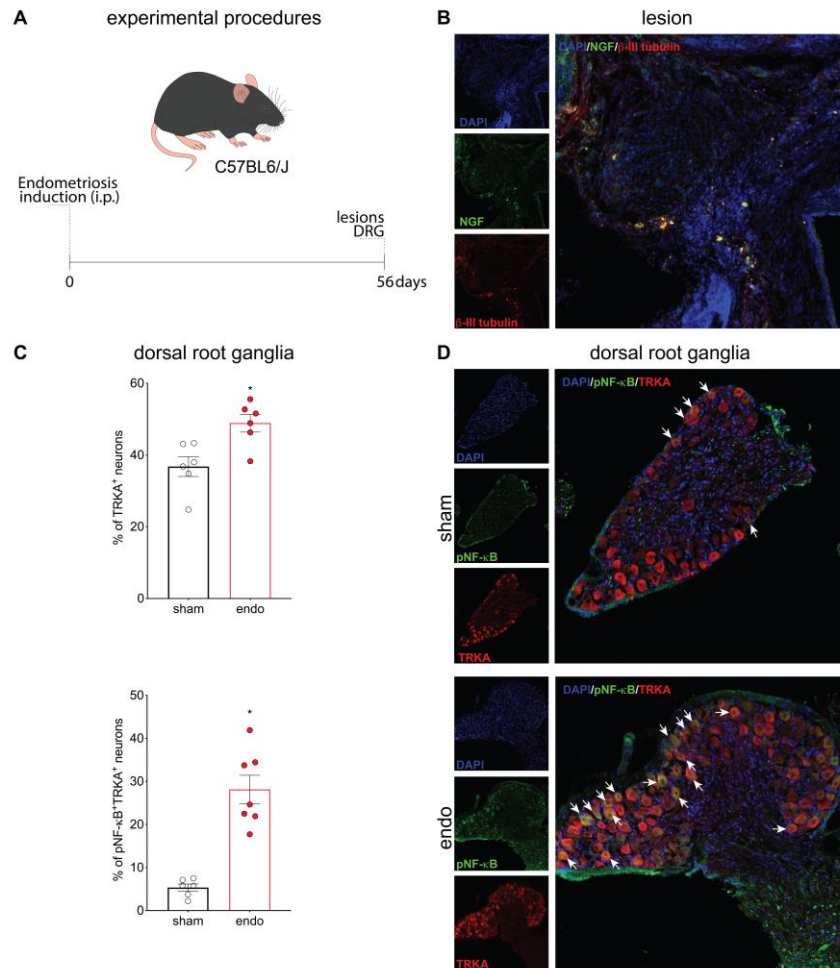
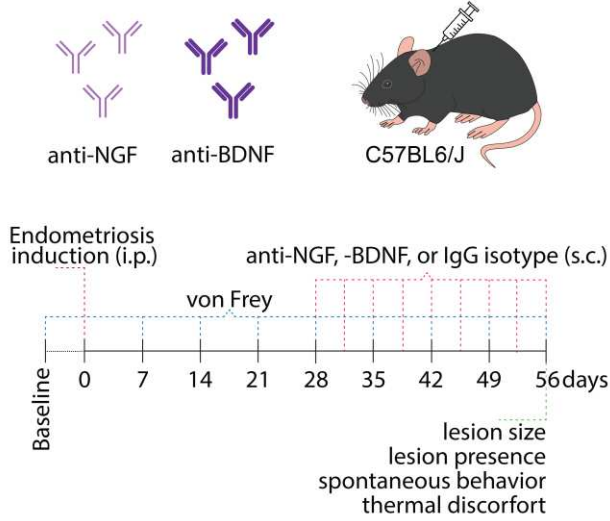
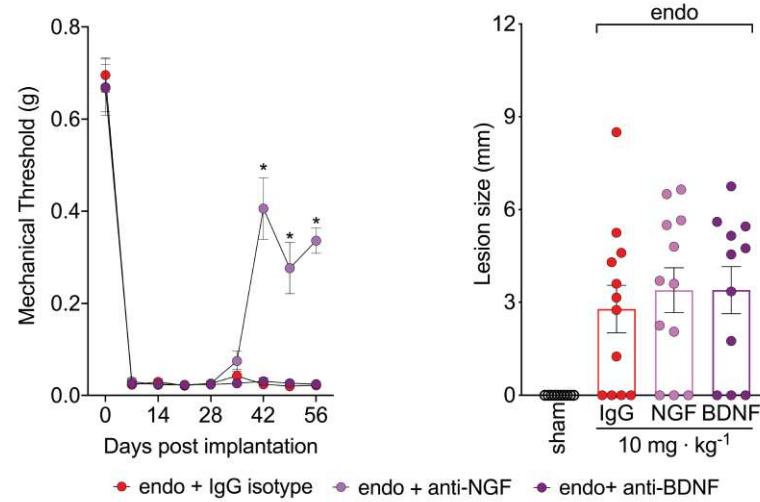


Figure 3. NGF-TrkA signaling is activated during endometriosis.
 (A) scheme of experimental procedures. (B) representative image from endometriotic lesions stained for NGF and beta-III tubulin. (C) quantification of TrkA⁺ and pNF-κB⁺TrkA⁺ neurons in dorsal root ganglia (DRG) of sham and endometriosis lesion-bearing mice. Results are presented as mean ± SEM of the percentage of positive neurons. n = 6 or 7 mice per group. (*P < 0.05 vs. sham). (D) Representative images of DRG neurons stained for TrkA (red) and pNF-κB (green) by confocal microscopy.

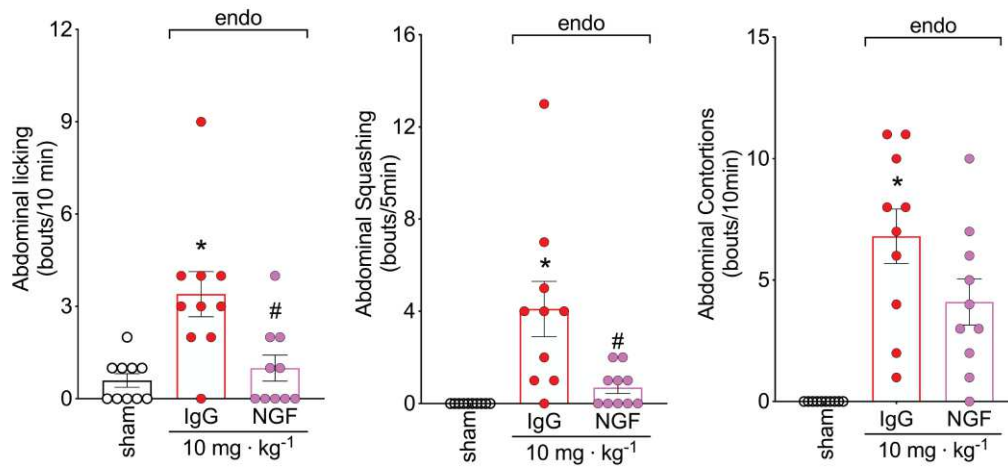
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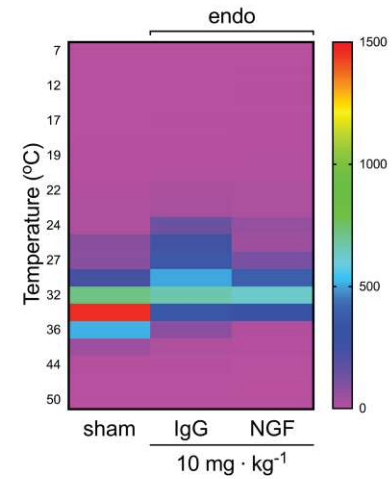
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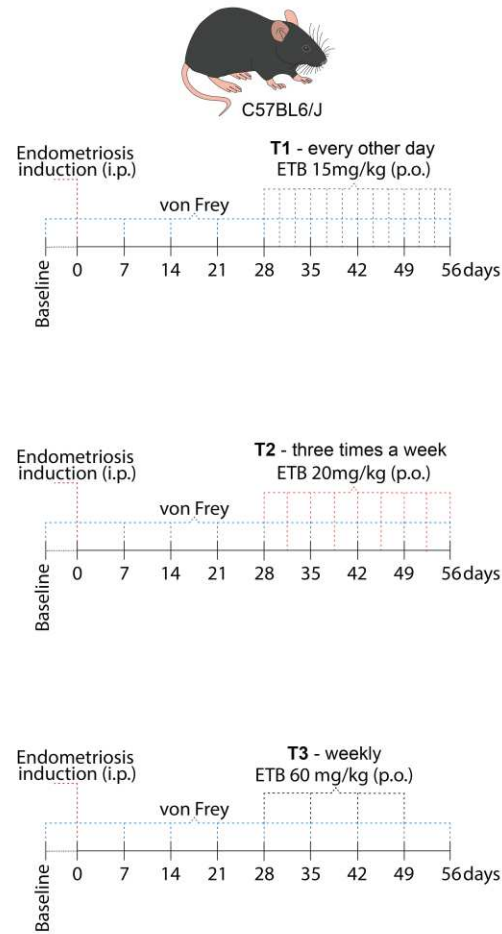


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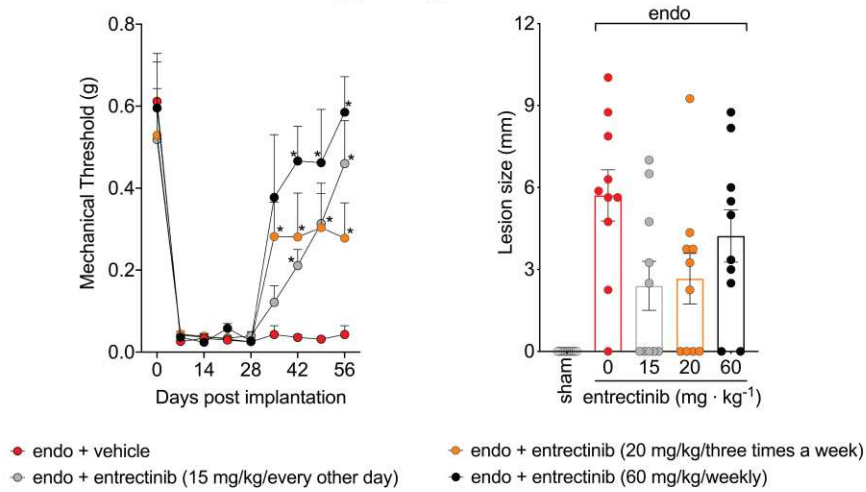


1 **Figure 4. NGF neutralization, but not BDNF, reduces endometriosis-associated pain and thermal discomfort in mice.** (A) scheme of the
2 treatment protocol with IgG control, anti-NGF, or anti-BDNF antibodies. (B) mechanical response before (zero) and after (7, 14, 21, 28, 35, 42,
3 and 56 days) endometriosis induction using von Frey filaments. Results are presented as mean \pm SEM of mechanical threshold, n = 10-12 mice per
4 group (*P < 0.05 vs. IgG treated group). (C) spontaneous behaviours measurements. For abdominal licking, the total number of times that mice
5 directly groomed the abdominal region (without going for any other body region before or after the behavior) was quantified for 10 minutes. For
6 abdominal squashing, the number of times the mice pressed the lower abdominal region against the floor was quantified for 5 minutes. Sham mice
7 do not display abdominal squashing. Abdominal contortions were quantified for 10 minutes by counting the number of contractions of the
8 abdominal muscle together with stretching of hind limbs. Sham mice did not display abdominal contortions. Results are expressed as mean \pm SEM
9 of abdominal licking, squashing, and contortions bouts per minute, n = 10. (*P < 0.05 vs. sham, # P < 0.05 vs. IgG control). (D) thermal discomfort
10 heatmap. Heatmap shows mean time spent in each temperature zone for IgG control-, anti-NGF-, or anti-BDNF-treated mice. Data is present as
11 mean \pm SEM of the amplitude of permanence in seconds in each thermal zone during 60 min.

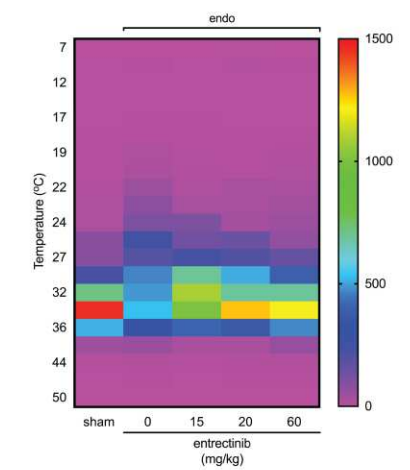
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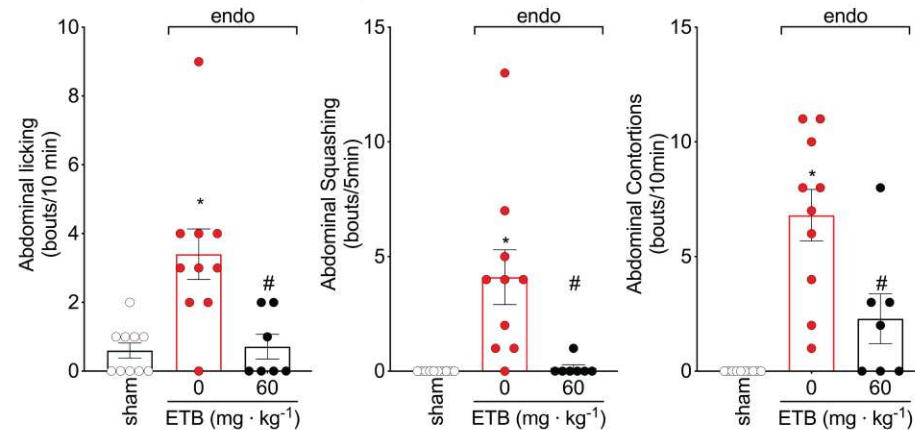
B mechanical hyperalgesia and lesion size



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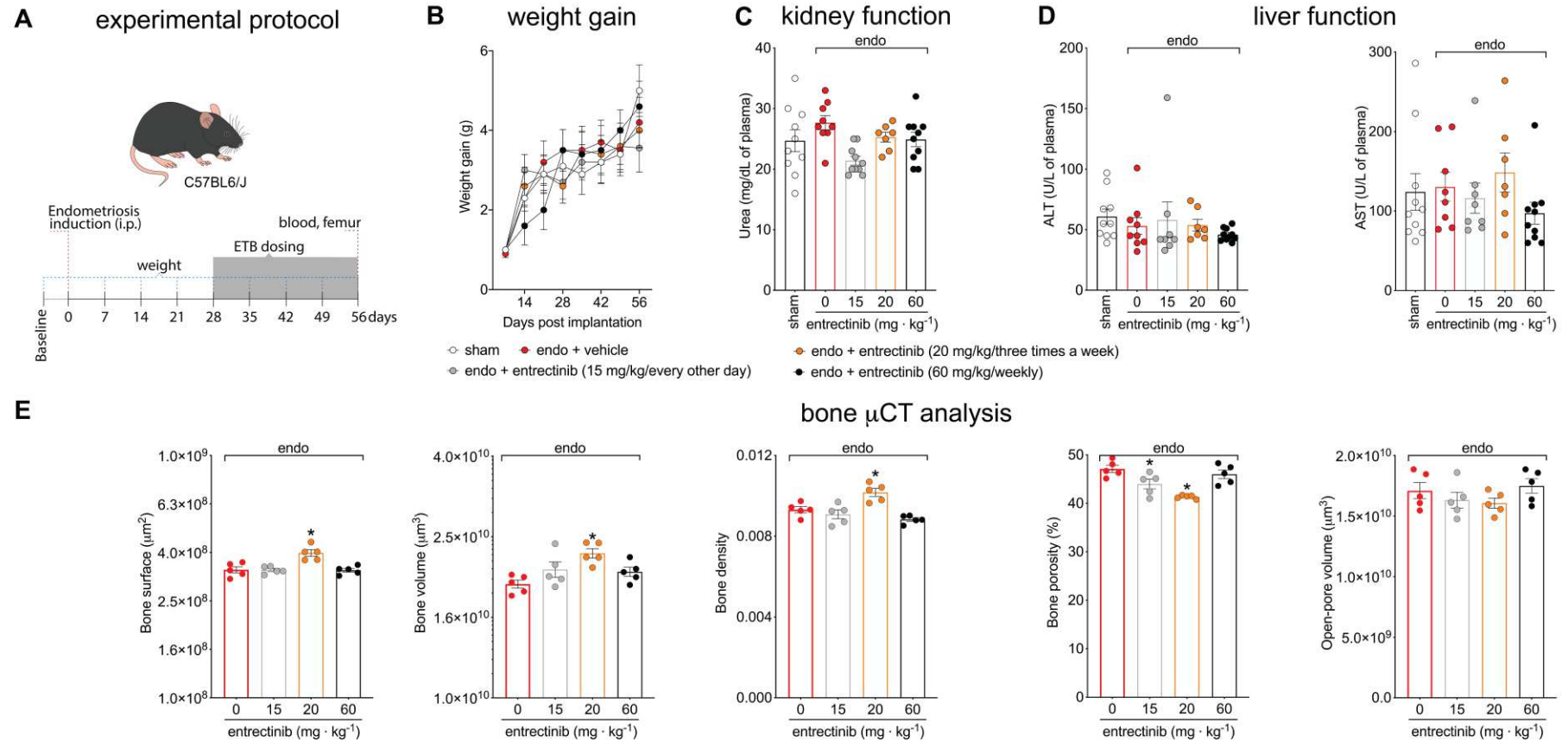


D spontaneous behavior



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2 **Figure 5. Entrectinib, a pan-Trk inhibitor, reduces endometriosis-associated pain and thermal discomfort.** (A) scheme of the treatment
3 protocol with entrectinib. T1 – 15 mg/kg every other day; T2 – 20 mg/kg three times a week; and T3 – 60 mg/kg weekly. In all schedules of

1 treatment, the weekly dose is 60 mg/kg. (B left) mechanical response before (zero) and after (7, 14, 21, 28, 35, 42, and 56 days) endometriosis
2 induction using von Frey filaments. Results are presented as mean \pm SEM of mechanical threshold, n = 10 mice per group (*P < 0.05 vs. vehicle-
3 treated group). (B right) lesion size. Results are presented as mean \pm SEM of lesion size in mm, n = 10 mice per group. (C) spontaneous behaviours
4 measurements. For abdominal licking, the total number of times that mice directly groomed the abdominal region (without going for any other
5 body region before or after the behaviour) was quantified for 10 minutes. For abdominal squashing, the number of times the mice pressed the lower
6 abdominal region against the floor was quantified for 5 minutes. Sham mice do not display abdominal squashing. Abdominal contortions were
7 quantified for 10 minutes by counting the number of contractions of the abdominal muscle together with stretching of hind limbs. Sham mice did
8 not display abdominal contortions. Results are expressed as mean \pm SEM of abdominal licking, squashing, and contortions bouts per minute, n =
9 10. (*P < 0.05 vs. sham, # P < 0.05 vs. vehicle-treated group). (D) thermal discomfort heatmap. Data is present as mean \pm SEM of the amplitude
10 of permanence in seconds in each thermal zone during 60 min.



1

2 **Figure 6. Weekly treatment with entrectinib does not induce weight change, liver or kidney toxicity, or bone loss in mice.** (A) scheme of
 3 experimental protocol for determination of entrectinib safety using the different treatment schedules. (B) mouse weight was determined weekly.
 4 Results are presented as mean \pm SEM in grams, $n = 7-10$ mice per group. (C) kidney function was determined by measuring urea plasma levels.
 5 Results are presented as mean \pm SEM of urea levels, $n = 7-10$ mice per group. (D) liver function was determined by measuring ALT and AST

- 1 plasma levels. Results are presented as mean \pm SEM of AST and ALT levels, n = 7-10 mice per group. (E) Microcomputed tomography of bone
- 2 (femur) was used to determine bone loss. Results are presented as mean \pm SEM, n = 5 mice per group.

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ANEXO I

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ANEXO I – Comprovante de publicação do artigo de revisão no periódico *Frontiers in Physiology*



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Harnessing Inflammation Resolution in Arthritis: Current Understanding of Specialized Pro-resolving Lipid Mediators' Contribution to Arthritis Physiopathology and Future Perspectives

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ANEXO II

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3 **ANEXO II – Comprovante de submissão do artigo**
4 **científico no periódico *Expert Opinion on Therapeutic***
5 ***Targets***
6

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ANEXO III

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ANEXO III – Comprovante de publicação do artigo científico no periódico *British Journal of Pharmacology*

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RESEARCH ARTICLE



RvD1 disrupts nociceptor neuron and macrophage activation and neuroimmune communication, reducing pain and inflammation in gouty arthritis in mice

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