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ELISÂNGELA OLEGÁRIO DA SILVA

**EFEITOS DA FUMONISINA B1, DESOXINIVALENOL E
ÁCIDO FÍTICO SOBRE EXPLANTES JEJUNAIS DE SUÍNOS:
AVALIAÇÃO MORFOLÓGICA, IMUNO-HISTOQUÍMICA,
EXPRESSÃO DE CITOCINAS E ESTRESSE OXIDATIVO**

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Tese apresentada ao Programa de Pós-Graduação em
Ciência Animal da Universidade Estadual de Londrina
como requisito parcial para a obtenção do título de
Doutora.

Orientadora: Prof^ª. Dr^ª. Ana Paula Frederico Rodrigues
Loureiro Bracarense

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BANCA EXAMINADORA

Orientadora: Prof^ª. Dr^ª. Ana Paula F.R.L. Bracarense
Universidade Estadual de Londrina – UEL

Prof. Dr. Caio Abércio da Silva
Universidade Estadual de Londrina – UEL

Prof. Dr. Emerson José Venâncio
Universidade Estadual de Londrina – UEL

Prof. Dr. Fernando Bittencourt Luciano
Pontifícia Universidade Católica – PUC

Prof^ª. Dr^ª. Joice Sifuentes dos Santos
Universidade Norte do Paraná – UNOPAR

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*“...E aprendi que se depende sempre
De tanta, muita, diferente gente
Toda pessoa sempre é as marcas
Das lições diárias de outrs tantas pessoas
É tão bonito quando a gente entende
Que a gente é tanta gente
Onde quer que a gente vá
É tão bonito quando a gente sente
Que nunca está sozinho
Por mais que pens estar...”
](Caminhos do Coração-Gonzaguinha)*

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“Nenhum problema pode ser resolvido pelo mesmo estado de consciência que o criou. É preciso ir mais longe. Eu penso várias vezes e nada descubro. Deixo de pensar, mergulho em um grande silêncio e a verdade me é revelada.”

(Albert Einstein)

SILVA, Elisângela Olegário da. **Efeitos da fumonisina b1, desoxinivalenol e ácido fítico sobre explantes jejunais de suínos: avaliação morfológica, imuno-histoquímica, expressão de citocinas e estresse oxidativo.** 2018. 137 f. Tese (Doutorado em Ciência Animal)-Universidade Estadual de Londrina, Londrina, 2018.

RESUMO

O objetivo do presente estudo foi avaliar os efeitos tóxicos das micotoxinas desoxinivalenol (DON) e fumonisina B1 (FB1) sobre o intestino e investigar a ação moduladora do ácido fítico (IP6) por meio de um modelo *ex vivo*, analisando a morfologia, proliferação celular, apoptose, expressão de E-caderina e ciclooxigenase-2 (cox-2), estresse oxidativo e expressão de citocinas em jejuno de suínos. Para tal, no primeiro experimento, foram utilizados cinco suínos com 24 dias de idade, os quais foram eutanasiados, o jejuno foi excisado, os explantes colhidos (40 explantes/animal) com um punch de 8 mm de diâmetro e submetidos a oito tratamentos (seis explantes/tratamento) : controle (somente meio de cultura), IP6 5mM, FB1 70µM, DON 10 µM, DON 10 µM+ FB1 70 µM, DON 10µM + IP6 5 mM, FB1 70 µM+IP6 5 mM e DON 10 µM+ FB1 70 µM+IP6 5 mM, incubados durante quatro horas sob agitação constante em estufa a 37°C. Após esse período, três explantes de cada tratamento foram fixados em solução de formalina tamponada a 10% e processados para realização do exame histológico e imuno-histoquímico para os anticorpos anti-ki-67, anti-caspase-3, anti-E-caderina e anti-ciclooxigenase-2. Para a análise do estresse oxidativo, três explantes foram congelados em nitrogênio líquido, armazenados a -80°C e posteriormente processados para a avaliação dos níveis de glutathiona reduzida (GSH), substâncias reativas ao ácido tiobarbitúrico (TBARS) e capacidade da atividade antioxidante por meio dos testes de 2, 2-azino-bis-3-etil-benzotiazolína-6-ácido sulfônico (ABTS) e poder de redução do ferro (FRAP). Alterações morfológicas, diminuição da expressão de E-caderina, aumento da proliferação celular, apoptose, expressão de cox-2 e ocorrência de estresse oxidativo foram mais evidentes nos explantes expostos aos tratamentos com DON. A presença de IP6 reduziu significativamente as alterações morfológicas, proliferação celular, apoptose, expressão de cox-2 e estresse oxidativo, e aumentou a expressão de E-caderina nos explantes jejunais expostos às micotoxinas. Para avaliação da expressão de citocinas e peptídeos antimicrobianos, um segundo experimento com metodologia similar ao primeiro foi realizado. Explantes jejunais foram colhidos (21 explantes/animal) e submetidos aos seguintes tratamentos (três explantes/tratamento): controle (somente meio de cultura), FB1 70µM, FB1 70 µM+IP6 2,5 mM, FB1 70 µM+IP6 5 mM, DON 10 µM, DON 10µM + IP6 2,5 mM e DON 10µM + IP6 5 mM. Após a incubação, os explantes foram congelados em nitrogênio líquido e armazenados a - 80°C para avaliação da expressão das citocinas pró-inflamatórias (IL-1β, IL-6, IL-8, IL-10, IFN-γ, TNF-α) e anti-inflamatórias (IL-10) e β-defensinas 1 (pBD-1) e 2 (pBD-2) por meio da reação em cadeia pela polimerase em tempo real. A exposição às micotoxinas induziu a alterações na expressão das citocinas e β-defensinas. A presença de IP6, principalmente na dose de 5mM modulou os efeitos das micotoxinas, tornando a expressão da resposta inflamatória e antimicrobiana similar aos explantes controle. Os resultados do presente estudo evidenciaram os efeitos tóxicos da FB1 e DON sobre o jejuno de suínos, assim como o efeito protetor do IP6 em modular as alterações morfológicas, imunológicas e do estresse oxidativo induzido por tais micotoxinas.

Palavras-chave: Citocinas. Estresse oxidativo. Micotoxinas. Morfologia. IP6. Suínos.

SILVA, Elisângela Olegário da. **Effects of fumonisin B1, deoxynivalenol and phytic acid on jejunal explants of swine: morphologic and immunohistochemistry evaluation, cytokines expression and oxidative stress.** 2018. 137f. Thesis (Doctor's Degree in Animal Science)- Universidade Estadual de Londrina,Londrina, 2018.

ABSTRACT

The aim of the present study was to evaluate the toxic effects of mycotoxins fumonisin B1 (FB1) and deoxynivalenol (DON) on the intestine, and investigate the modulatory action of phytic acid (IP6) through of *ex vivo* model and assessment of morphology, cell proliferation, apoptosis, E-cadherin and cyclooxygenase-2 (cox-2) expression, oxidative stress and cytokines and antimicrobial peptides in jejunum of swine. In the first experiment, five pigs 24-days-old were euthanized and the jejunal explants were collected (40 explants/animal) using a punch of 8 mm in diameter and submitted to eight treatments (six explants/treatment): control (culture medium), IP6 5mM, FB1 70 μ M, DON 10 μ M, DON 10 μ M+ FB1 70 μ M, DON 10 μ M + IP6 5 mM, FB1 70 μ M+IP6 5 mM and DON 10 μ M+ FB1 70 μ M+IP6 5 mM, and incubated at 37°C under orbital shaking. After the incubation period, three explants *per* treatment were fixed in 10% neutral buffered formalin and processed for the histological examination and immunohistochemistry assay using antibodies against ki-67, cleaved caspase-3, e-cadherin and cox-2. Three explants were immediately frozen in liquid nitrogen and posteriorly stored at -80°C to the assessment of reduced glutathione (GSH), thiobarbituric acid reactive substances (TBARS), 2,2'-azino-bis-3-ethylbenzothiazoline-6-sulphonic acid (ABTS) and ferric reducing antioxidant power (FRAP) levels. Morphological changes, decrease of E-cadherin expression and increase of cell proliferation, apoptosis, cox-2 expression and oxidative stress were more evident in the explants exposed to DON treatments. The presence of IP6 significantly decreased the morphological changes, cell proliferation, apoptosis, cox-2 expression and oxidative stress, and increased the E-cadherin expression in the jejunal explants exposed to mycotoxins in all treatments. A second experiment with similar methodology was performed to evaluate the cytokines and antimicrobial peptides expression. The jejunal explants without serosa were collected (21 explants/animal) and submitted to treatments (three explants/treatment): control (medium culture), FB1 70 μ M, FB1 70 μ M+IP6 2.5 mM, FB1 70 μ M+IP6 5 mM, DON 10 μ M, DON 10 μ M + IP6 2.5 mM and DON 10 μ M + IP6 5 mM. After incubation, the explants were frozen in liquid nitrogen and posteriorly stored at -80°C to the assessment of pro- (IL-1 β , IL-6, IL-8, IL-10, IFN- γ , TNF- α) and anti-inflammatory (IL-10), and β -defensins 1 (pBD-1) and 2 (pBD-2) by the reverse transcription polymerase chain reaction quantitative real time assay. The exposition to mycotoxins induced to changes in the cytokines and β -defensins expression. The presence of IP6, mainly in the 5 mM concentration, modulated the mycotoxins effects, becoming the expression of inflammatory and antimicrobial response similar to the control explants. The results of present study evidenced the toxic effects of FB1 and DON on the swine jejunum, and the protective effect of IP6 in modulate the morphological and immunological changes, and the oxidative stress induced by these mycotoxins.

Keywords: Cytokines. Oxidative stress. Mycotoxins. Morphology. IP6. Swine.

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1 INTRODUÇÃO

As micotoxinas são metabólitos secundários de fungos que frequentemente são contaminantes presentes em cereais utilizados na alimentação humana e animal, comprometendo a saúde e gerando perdas econômicas que ultrapassam os 900 milhões de dólares por ano (DESJARDINS et al., 2003; WU et al., 2014). Devido a condições climáticas, produção e armazenagem dos grãos, a exposição às micotoxinas é inevitável, portanto, há uma necessidade crescente de estudos que objetivem prevenir ou mitigar seus efeitos tóxicos. Neste contexto, pesquisas com antioxidantes naturais têm evidenciado efeito benéfico e protetor contra a ação tóxica das micotoxinas em diferentes órgãos e espécies animais (ABIDIN et al., 2013; ABDEL-HAMID; FIRGANY, 2015; BEN SALEM et al., 2015).

O ácido fítico (IP6) é um antioxidante natural encontrado principalmente em cereais e legumes, cuja inibição da reação de Fenton e da produção de radicais livres, apresenta efeitos benéficos na prevenção e terapêutica de doenças degenerativas, metabólicas, inflamatórias e neoplásicas (ANEKONDA et al., 2011; KAPRAL et al., 2012). Estudos prévios *in vitro* (PACHECO et al., 2012) e *ex vivo* (SILVA et al., 2014) demonstraram efeitos protetores do IP6 sobre as alterações morfológicas induzidas pelas micotoxinas no intestino.

O trato gastrointestinal é uma importante barreira física e imunológica que protege o organismo contra a infecção de patógenos e à ação de substâncias tóxicas como as micotoxinas que são veiculados principalmente por meio dos alimentos (BOUHET; OSWALD, 2003). No entanto, mesmo com um complexo sistema de defesa, o intestino é um dos principais alvos dos efeitos tóxicos de diversas micotoxinas, com destaque para fumonisina B1 (FB1) e desoxinivalenol (DON), induzindo a alterações morfológicas e imunológicas que comprometem a homeostase e saúde intestinal.

Estudos evidenciaram que as alterações celulares desencadeadas pelas micotoxinas estão associadas a indução do estresse oxidativo com consequentes danos a síntese proteica, resposta inflamatória, lesão mitocondrial e ativação da apoptose (DEL REGNO et al., 2015; COSTA et al., 2016; LIU ; LU et al., 2017). A maioria dos estudos com este foco foi realizada *in vitro* e aborda o estresse oxidativo em rim e fígado expostos às micotoxinas. No entanto, a associação entre a indução do estresse oxidativo e os efeitos tóxicos no tecido intestinal não são conhecidos. Diante disto, os estudos *ex vivo* são importantes modelos pois preservam a morfologia tecidual e todos seus componentes de modo similar a modelos *in*

vivo, de modo a otimizar e minimizar uso de animais nos experimentos (RANDAL et al., 2011). Portanto, o objetivo do presente estudo foi avaliar os efeitos tóxicos das micotoxinas FB1 e DON e a ação modulatória do IP6 em explantes jejunais de suínos.

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2 REVISÃO DE LITERATURA

2.1 INTESTINAL EPITHELIAL BARRIER OF SWINE: COMPOUNDS, HOMEOSTASIS AND TOXIC EFFECT OF THE MYCOTOXINS¹

Summary

The intestinal epithelial barrier (IEB) plays an important role in the intestinal protection against pathogens and toxic substances. The mycotoxins are common contaminants of feed worldwide and are considered a risk factor to swine health. The intestine of pigs is an important target to toxic effects of the major mycotoxins. This review addresses the main compounds associated to defense and maintenance of the intestinal epithelial barrier and summarizes the data about toxic effects of the major mycotoxins aflatoxin B1, fumonisin B1, ochratoxin, patulin, zearalenone, and trichothecenes (deoxynivalenol, nivalenol, and T-2 toxin) on the IEB integrity and homeostasis of pigs.

Keywords: intestinal homeostasis, fungal toxins, toxic effects, pig.

Introduction

The intestinal mucosa has an important role in the absorption process of nutrients, water and electrolytes¹ and it is the first protection barrier against harmful microorganisms and toxic substances such as the mycotoxins.² The intestinal homeostasis and health depend on the balance between the microbiota, mucin production, compounds of intestinal epithelial cells and lamina propria elements.³ An imbalance in these protective elements causes changes in the intestinal permeability and anormal immune response, inducing the malabsorption of

¹ Manuscrito editado de acordo com as normas de publicação da Journal of Swine Health and Production (<https://www.aasv.org>)

nutrients and predispose to microbiological translocation, inflammatory and infectious diseases, and cancer development.⁴

Mycotoxins are secondary fungal metabolites often found as contaminants in almost all agricultural commodities worldwide and represent a risk for human and animal health.⁵ More than 400 different mycotoxins have been isolated and chemically characterized, however, the aflatoxins, fumonisins, ochratoxins, trichothecenes, and zearalenone represents the major medical and agricultural concern.⁶

Swine is one the most sensitive species for the action mycotoxins and the intestine is an important target of their toxic effects inducing an imbalance of the mechanisms of the maintenance and integrity intestinal.^{7,8} In addition, pigs are a useful model for translational research and clinical studies for improving human health due to the anatomical, physiological and immunological similarities.⁹

This review describes the compounds of intestinal epithelial barrier (IEB) involved in the maintenance of intestinal homeostasis and to summarize the toxic effects of the major mycotoxins on the IEB and their associated elements.

Components of maintenance, integrity, and defense of the intestinal epithelial barrier

The interaction between the components of intestinal epithelial barrier (IEB) intestinal such as epithelial cells (IEC), adherence and tight junctions, gap junctions, intracellular antioxidant mechanism, defensins, chemokines and cytokines expression, basal laminin, and mucus layer promoted health, homeostasis and microflora balance in the intestinal mucosa.^{2,3,10} In addition, other mucosal components as Paneth cells, immunoglobulins expression and gut-associated lymphoid tissue with its intraepithelial lymphocytes (IEL) play an important role in the protection and maintenance of IEB¹¹ (Fig. 1).

Swine are sensitive to most mycotoxins and the intestinal mucosa is frequently a target of their toxic effects.^{7, 12,13} Therefore, the knowledge of IEB functioning as the defense mechanism of intestinal tissue allows a better understanding of the toxic effects induced by the mycotoxins and their consequences to swine health.

Intestinal Epithelial Cells (IEC)

One layer of IEC (simple columnar epithelium) separates the intestinal lumen from subjacent tissue.¹⁴ The epithelial integrity is fundamental in maintaining the selective barrier and protection of the submucosa against aggressive agents.² The enterocytes (absorptive cells) are the most abundant cell type and are completely renewed in approximately three to five days.¹⁵ This turnover process is important to the regeneration of the intestinal mucosa and facilitates the exfoliation of infected enterocytes into the intestinal lumen.¹⁶ The microfold cells (M cells) are specialized enterocytes present in the follicle-associated epithelium overlying Peyer's patches region and facilitate the delivery of luminal antigen to intestinal lymphoid organs.¹⁴ The basal laminin subjacent to IEC, is an important structure involved in the molecules filtration and regulation of cell proliferation and differentiation.¹⁷

The IEC express a variety of pattern recognition receptors (PRRs) that recognize the pathogen-associated molecular patterns (PAMPs), produce interferon types I and III, antimicrobial peptides, cytokines and chemokines for recruitment and activation of immune system cells, and interacts with the mucus layer.^{14,18} This epithelial transcriptional response is mediated by factor nuclear kappa B (NF-kappaB) and the mitogen-activated protein kinases (MAPKs) p38, JNK and ERK, and interferon regulatory factor 3 (IRF 3).¹⁴

Intercellular junction protein

The physical barrier composed by the IEC is an important intrinsic mechanism of immunity and their function is maintained through of intercellular structures including tight junctions (occludin, claudin, zonula occludens 1 and 2), adherence junctions (E-cadherin) and desmosomes.^{2,19} These protein complexes provide an important physical barrier to

macromolecules and microorganisms, however, their structural organization is dynamic and inflammatory mediators as tumoral necrosis factor α (TNF- α), innate immune stimuli, enteric pathogens and food contaminants can influence the permeability, disrupting the junction proteins, and promoting bacterial invasion of intestinal mucosa.^{14,20} Communications junctions (gap junctions) play an important role in direct cell to cell communication and coordination through exchange of electrical currents, small molecules, hormones and ions.¹⁹

In pigs, the measurement of transepithelial electrical resistance (TEER) of IEC can be used as an indicator of the degree of organization of the tight junctions and epithelial integrity.^{21,22} In addition, immunohistochemistry assays can be used to evaluate the expression of junction proteins as E-cadherin and claudins.^{7,23} Besides the TEER evaluation, the paracellular tracer flux assays are used to evaluate the integrity of intercellular junction proteins in swine intestine through THE measurement of paracellular markers such as the fluorescent compounds [lucifer yellow (LY), horseradish peroxidase (HRP)] and fluorescently labeled compounds (fluorescein isothiocyanate-dextran (FITC-dextran) and fluorescein isothiocyanate-inulin (FITC-inulin) *in vitro*²¹ and *ex vivo*²⁴ studies. *In vivo*, the paracellular tracer transport is measured by testing the presence of macromolecular tracers in the blood such as FITC-dextran and mannitol.^{21,25}

Antioxidant defense mechanism

Reactive oxygen species (ROS) are normally produced in small quantities as consequence of endogenous reactions and are involved in normal cellular function such as maintenance of cell homeostasis, signal transduction, gene expression, and activation of receptors.²⁶ The cells present an antioxidant defense system able to inhibit the ROS generation, reduce oxidation and damage in DNA and in mitochondrial and cytoplasmatic membranes.²⁷ The antioxidant defense system in the intestine involve the thioredoxin system [thioredoxin (Trx) and thioredoxin reductases (TrxR)], vitamins C and E, glutathione (GSH) and the enzymatic antioxidants superoxide dismutase (SOD), glutathione peroxidase (GPx),

glutathione reductase (GR) and catalase (CAT).²⁸ The imbalance between the antioxidant defense and ROS production induce oxidative stress and chemical damage to DNA, proteins, and lipids, stimulating pathobiochemical mechanisms in the development of several intestinal diseases and cancer.^{10,28,29}

Several methods have been developed to evaluate the cellular oxidative damage, radical species formation and intracellular antioxidant mechanisms.³⁰ Most of the assays used to evaluate the oxidative stress involve the measurement of GSH and antioxidant enzymes such as CAT, GR, GPx and SOD³⁰, lipid peroxidation [malondialdehyde level (MDA)]³¹, protein oxidation (concentration of carbonyl) and oxidative stress consequences such as DNA damage (alkaline comet (SCGE) assay, cytokinesis-block micronucleus (CBMN) assay and Fpg-modified comet assay).³² Studies *in vitro*^{32,33} and *in vivo*³⁴⁻³⁶ have demonstrated that mycotoxins induce toxic effects through oxidative stress induction including ROS generation and a decrease in GSH and in endogenous antioxidants enzymes.

Cytokines, chemokines, and defensins

In the intestine, the pro-inflammatory cytokines IL-6, IL-8, IL-1 β , IFN- γ , and TNF- α are produced by IEC (enterocytes) and play an important role in chemoattracting and activating inflammatory cells. These cytokines are up-regulated in microbial infections and cellular injury because chemical and toxic agents induce an inflammatory response.³⁷ On the other hand, the expression of anti-inflammatory cytokines such as IL-4 and IL-10 can protect intestinal tissues from inflammation inhibiting the activation of inflammatory cells, controlling the influx of immune cells and regulating cellular growth and differentiation.³⁸ In pigs, infectious agents such as *Salmonella* spp. and *Schistosoma japonicum* can upregulation the pro-inflammatory cytokine response.^{39,40,41}

In pigs, β -defensins 1 and 2 are produced by enterocytes, goblet and Paneth cells^{42,43} promoting activities are important against bacteria, fungi, enveloped virus and bacterial

toxins, and regulating commensal microbiota, besides performing functions associated to phagocytosis, neutrophil recruitment, and regulation of pro and anti-inflammatory cytokines.⁴⁴ In addition, IEC produce antibacterial peptides that is an effector molecule of cytotoxic T and NK cells and the development important activity against bacteria and fungi.⁴⁵

The balance between the production of pro and anti-inflammatory cytokines, defensins and antibacterial peptides is essential in intestinal homeostasis resulting in protection against infectious agents, intestinal inflammation, cancer development and harmful effects of natural food contaminants such as mycotoxins.^{8,38,44} In pigs, studies showed that the exposure to mycotoxins at intestinal level promoted changes in the cytokines and antimicrobial peptides expression in a dose-time-dependent manner inducing an inflammatory stimuli or an immunosuppressive *status*.^{7,36,46,47}

Mucus Layer

The mucus layer is composed of mucins addressed with other proteins and lipids synthesized and secreted by goblet cells forming a continuous gel containing bicarbonate, that neutralizes pH at the epithelial surface.² Mucins are involved in gut physiology constituting a selective barrier permeable to nutrients.^{48,49} In addition, the mucus layer present an interaction with antimicrobial peptides such as α -defensin 6, intestinal alkaline phosphatase and IgA, and promoting the fixation of commensal bacteria, detoxification of bacterial endotoxins, and the retention of bacteria and toxins within the lumen. Therefore contribute to the bacteria-free zone between the epithelial surface and intestinal lumen.^{14,50}

In swine, dietary factors such as fiber, protein and anti-nutritional elements (tannin, lectin and protease inhibitor) influence the mucins production and the erosion of the mucus layer in the intestine.⁵¹ Furthermore, enteric infectious disease agents and ingestion of mycotoxins were associated to changes in the mucin production in the intestine of pigs.^{7,22,52-}

Microbiota and components of lamina propria

The intestinal microbiota presents important functions such as host defense by induction mucosal immune system and capacity to ferment components of the diet.⁵³ The microbial diversity and balance are influenced by several factors such as diet composition, weaning and heat stress in pigs.^{56,57} In addition, studies have demonstrated that mycotoxins exposition promoting changes into the microbiota and increase the translocation of pathogenic microorganisms.^{58,59}

Due to the large number and diversity of enteric bacteria, it is inevitable that some commensal microorganisms may infiltrate the epithelial barrier and accessing the lamina propria.³ However, there is a second line of defense that limits the microorganism ability to gain systemic access.⁴ This defense mechanism is composed by immunoglobulins (IgA, IgG, and IgM), Paneth cells (antimicrobial secretion), dendritic cells, macrophages, natural killer cells (NK cells) and gut-associated lymphoid tissue with its intraepithelial lymphocytes (IELs).^{4,60} The interaction between these compounds contributes with intestinal homeostasis and reinforces the IEB against bacterial and antigenic challenge.^{4,53} In pigs, *in vitro*^{62,63} and *in vivo*^{63,64} studies reported the toxic effects of mycotoxin on microbiota balance and innate immunological system compounds as shown in Table 1 and 2.

In vitro and ex vivo models

Most *in vitro* studies that have assessed the toxic effects of mycotoxins on the IEB was performed in human epithelial colorectal adenocarcinoma (Caco-2) culture cells line, due to features of these cells including spontaneous differentiation that result in polarized apical/mucosal and basolateral/serosal impermeable membranes and formation of the tight junction proteins between adjacent cells, result in a model that is structurally and functionally similar to IEC of the small intestine.^{65,66} In pigs, the intestinal porcine epithelial cell lines 1 and 2 (IPEC-1 and IPEC-2) allow the evaluation of intracellular defense mechanism, protein

junction, and TEER, and to these features, have been used to investigate the effect of mycotoxins on the IEC.⁶⁷⁻⁶⁹

Intestinal explants have been used as an *ex vivo* model to evaluate the intestinal tissue of pigs.⁷⁰ The advantage of this model is that the explants maintain the intestinal architecture; therefore, the cells, structures and interactions can be evaluated.^{66,71} This experimental model has been used in studies about the toxic effects of the mycotoxins on the intestine of swine.^{23,72,73}

Mycotoxins

The mycotoxins aflatoxin B1, fumonisin B1, ochratoxin A, patulin, zearalenone and the trichothecenes (deoxynivalenol, nivalenol, and T-2 toxin) are the main contaminants of the food and feed worldwide due to their toxic effects on human and animal health, have been investigated extensively.⁷⁴ In pigs, the mycotoxins exposure can cause feed refusal, weight loss, anorexia, vomiting, skin dermatitis, hemorrhagic lesions, immunological, gastrointestinal and respiratory problems^{5,8} promoting significant economic losses in the worldwide swine production. Several studies have demonstrated that the intestine of pigs^{7,13,23,47} is a target for most mycotoxins, inducing morphological, physiological and immunological changes, and predisposing the animal to enteric infections. Some studies have suggested that the toxic effects of the mycotoxin on the intestine of pigs are dose and time-dependent.^{70,73,75,76} The morphological, immunological, oxidative and lesional changes induced by mycotoxins are demonstrated in Table 1 and 2.

Aflatoxin B1 (AFB1)

Aflatoxins are produced mainly by *Aspergillus flavus* and *A. parasiticus*⁷⁷ and are natural contaminants of cereals, nuts, almonds, cottonseeds, and walnuts⁶. AFB1 is the most toxic and was associated with carcinogenic, hepatotoxic, nephrotoxic, genotoxic, immunotoxic, cardiotoxic and enterotoxic effects in humans and animals.⁷⁷ The toxicity of

AFB1 is associated mainly due to the binding of bioactivated AFB1-8,9-epoxide to cellular macromolecules, such as mitochondrial, nuclear nucleic acids and nucleoproteins, resulting in the cytotoxic effects.⁷⁸

At intestinal level, studies have demonstrated that AFB1 decrease the TEER and claudin-3 (CLDN3), claudin-4 (CLDN4), and occludin (OCL) expression, affecting the intestinal permeability and morphology.^{79,80} In pigs, the toxic effects of AFB1 were reported on the immunological system⁸¹, oocyte maturation⁸², liver⁸³, and kidney.⁸⁴ The few studies on the intestinal exposure to AFB1 have demonstrated its effect on the cytokines expression and induction of oxidative stress as observed in Table 1.

Fumonisin B1 (FB1)

The fumonisins produced predominantly mainly by *Fusarium verticillioides* and *F. proliferatum*, widespread found on corn, wheat, barley and rice contaminants.⁷⁴ In animals, intoxication by FB1 causes leukoencephalomalacia in horses⁸⁵, and carcinogenic, hepatotoxic, nephrotoxic and embryotoxic effects in laboratory animals⁸⁶. In addition, pulmonary edema, immunotoxic and enterotoxic effects were reported in pigs^{23,87}. At the cellular level, FB1 inhibits ceramide synthase, blocking the synthesis of sphingolipids, a class of membrane lipids that plays an important role in cell signaling transduction pathways and cell growth, differentiation and death.⁸⁶ Ceramide synthase inhibition results reduced levels of ceramide and intracellular accumulation of sphingolipids (So) and sphinganine (Sa). These free sphingoid bases are proapoptotic, cytotoxic, growth inhibitors and immunotoxic.⁸⁸

In swine, intoxication by FB1 was associated with toxic effects on immunological system⁸⁷, kidney⁸⁴, liver⁸⁹, lung⁸⁷ and intestine^{7,23}. At intestinal level, the FB1 induce morphological changes in villi, goblet cells, and enterocytes, histopathological lesions, changes in inflammatory cytokines expression and lamina propria components, induce to oxidative stress and predisposes the animal to enteric infections (Table 1).

Ochratoxin A (OTA)

Ochratoxins are produced by filamentous fungi species *Aspergillus* and *Penicillium* and occurs in nature in three different isoforms as ochratoxin A, B, and C.⁹⁰ The ochratoxin A is the most pathogenic animals and is found in a wide variety of foods and feed, including cereals, meat, dried fruits, nuts, coffee, wine and beer.⁹¹ Mammalian studies *in vitro*^{90,92} and *in vivo*^{93,94} have shown hepatotoxic, immunotoxic, enterotoxic, neurotoxic and teratogenic effects of OTA. The toxicity and carcinogenic mechanisms of OTA were associated with induction of oxidative stress⁹⁵, cell apoptosis⁹⁶, cell autophagy/mitophagy^{35,97} and protein synthesis inhibition.⁹⁸

In pigs, *in vitro*^{61,99} and *in vivo*^{35,100} studies have shown toxic effects of OTA-induced on the immunological system, kidney, and liver. Data about toxic effects on the intestinal are scarce (Table 1) and are associated with oxidative stress induced by OTA¹⁰¹. Most of the intestinal studies about OTA toxic effects were performed using Caco-2 cells and demonstrated a decrease in the TEER and protein expression of CLDN3 and CLDN4, an increase in permeability of HRP and 4 kDa FITC-dextran.¹⁰²⁻¹⁰⁴

Patulin (PAT)

Patulin is produced by several fungi species of the gender *Penicillium*, *Aspergillus*, *Paecilomyces*, and *Byssochlamys* and represents one of the main factors in losses of vegetables and fruits.¹⁰⁵ The toxic effects of PAT have been described *in vitro*¹⁰⁵⁻¹⁰⁷, *in vivo*^{108,109} and *ex vivo*⁷⁶ and were associated mainly to ROS generation, p53 protein, and cleaved caspase-3 activation. The rapid ROS generation observed in patulin toxicity is likely due to its electrophilic attack of the intracellular antioxidant enzymes containing sulfhydryl group as the glutathione¹¹⁰. At the intestinal level, *in vitro* studies using Caco-2 cells showed that PAT induced decrease of TEER and junctional proteins (CLDN4, OCLN and ZO-1) expression increase in paracellular permeability, translocation of commensal *Escherichia coli* and

expression of pro-inflammatory cytokines^{104,106,111,112}. In pigs, *in vitro* studies demonstrated the toxic effects of PAT on lymphocytes¹¹³ and in the renal cell line LLC-PK1¹¹⁴. However, toxic effects on the swine IEB remain poorly understood as observed in Table 1.

Zearalenone (ZEN)

Zearalenone is produced by *Fusarium* fungi and is commonly found in unprocessed maize kernel.⁵ ZEN and its metabolites (α -zearalenol [α -ZOL]; β -zearalenol [β -ZOL]) have a structural analogy to estrogen. The estrogenic activity of ZEN and its derivatives have been determined both *in vivo*.¹¹⁵⁻¹¹⁸

ZEN binds to estrogen receptors and causes alterations in the reproductive tract of humans, laboratory and domestic animals and was associated with decreased fertility, uterus enlargement, increased embryolethal resorptions, changes in the serum levels of progesterone and estradiol and endometrial adenocarcinoma.^{5,116} In addition, intoxication by ZEN can to induce hepatocarcinoma, enterotoxic, immunotoxic and nephrotoxic effects.³⁶

The swine is considered the animal species most sensitive to ZEN intoxication and its estrogenic activity was associated with alterations in fertility and reproduction.¹¹⁹ In addition, a decrease in feed intake and body weight, immunological changes, kidney lesions and oxidative stress induction have been associated with intoxication by ZEN.¹²⁰ At intestinal level, the ZEN induces significant morphological and immunological changes, oxidative stress and ROS production and imbalance of the microbiota (Table 1).

Trichothecenes

Trichothecenes represent a large family of toxins produced by *Fusarium*, *Mycrothecium* and *Stachybotrys* fungi and are a potential threat to human and animal health due to the contamination of grains and cereals worldwide.⁵ These families of mycotoxins are easily absorbed via the integumentary and gastrointestinal systems and have a rapid toxic effect on the immune system.⁸ Deoxynivalenol, nivalenol and T-2 toxin are considered the

most important trichothecenes due to their widespread occurrence and potential risk for health and economic losses.⁵

Deoxynivalenol (DON)

Deoxynivalenol is a trichothecene type B predominantly produced by *Fusarium graminearum* and *F. culmorum* species contaminating basic grains such as wheat, maize, barley, and oats.⁵ The exposure to DON has been associated with alterations of the intestinal, immune, endocrine and nervous systems in several animal species and humans.^{121,122} At the molecular level, DON induce ribotoxic stress inhibiting the protein synthesis by binding to the ribosomal RNA peptidyltransferase site, inducing phosphorylation MAPKs, promoting apoptosis, inducing changes to the inflammatory response and decreasing the expression of cell adhesion proteins.^{23,87,123}

In swine, the toxic effects induced by DON were reported mainly in the immunological system^{87,124}, kidney¹²⁰, liver⁸⁷, ovaries¹²⁵ and intestine⁷. Studies *in vivo*⁷, *ex vivo*^{21,23,72} and *in vitro*^{126,127} have demonstrated that the intestine is the major tissue affected by DON. The changes induced by DON in the compounds of the intestinal barrier of pigs are described in Table 2.

Nivalenol (NIV)

Nivalenol is a trichothecene type B and generally is a biologically active metabolite of DON, present in agricultural commodities.⁶⁸ Studies *in vivo*¹²⁸, *in vitro*¹²⁹ and *ex vivo*⁶⁸ have been established that at the molecular level, NIV such as DON induces inhibition of protein, DNA, and RNA synthesis, mitochondrial damage, cell apoptosis, decreases cellular viability and modulates the inflammatory response mainly to ROS generation affecting mostly the gastrointestinal tract and organs of the immune system. In pigs, the toxic effects induced by NIV were reported in hematological and immunological systems^{73,130} and liver¹³. In the intestine, the changes promoted by the NIV exposure were more severe when compared to

other trichothecenes.^{13,73,131} The toxic effects of NIV on the morphology, integrity and defense mechanism in the intestine are summarized in Table 2.

T-2 toxin

The T-2 toxin is classified as a trichothecene type A produced by several *Fusarium* species, mainly *Fusarium sporotrichiodes*, *F. poae* and *F. langsethiae* that is predominantly found in grains such as wheat, maize, rice, barley, oats and soybeans.¹³² Studies demonstrated the T-2 toxin poisoning affect the gastrointestinal tract, kidney, liver, heart, nervous, skin, immunological and reproductive systems, and embryogenic development in humans and.¹³³⁻¹³⁵ The T-2 toxin binds and inactivates the peptidyltransferase activity resulting in the inhibition of protein synthesis and disruption of the mitochondrial morphology, endoplasmic reticulum (ER) and other membranes.¹³⁶

Toxic effects on the immunological system^{137,138}, liver¹³⁹, ovaries¹⁴⁰ and intestine^{14,142} were reported in pigs. Table 2 summarizes the toxic effects induced by T2-toxin on IEB observed *in vivo*, *ex vivo* and *in vivo* studies.

Conclusion and future approach

Several studies have demonstrated the toxic effects of mycotoxins on the intestine of pigs. However, due to the quantity and complexity of the mechanisms involved in the maintenance of integrity and homeostasis of IEB, more studies are necessary to elucidate the pathways and factors associated to intestinal changes and lesions induced by the mycotoxins. Furthermore, the knowledge of intestinal defense mechanisms and how mycotoxins affect their compounds allow the development of strategies to mitigate the harmful impact of the mycotoxins on pigs production.

Conflict of interest

None reported.

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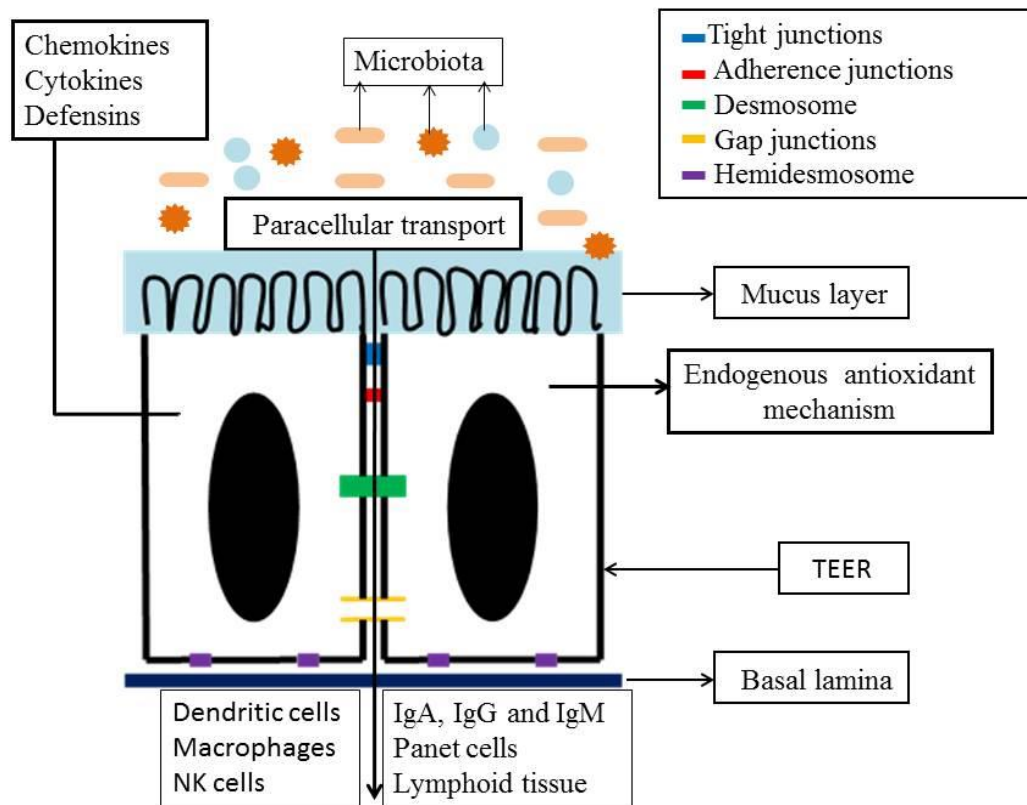


Figure 1. Components of maintenance, integrity, and defense associated with the IEB.

Table 1. Toxic effects of mycotoxins AFB1, FB1, OTA, PAT and ZEN on the IEB compounds of pigs.

Mycotoxin	Model	Dose	Duration	Results	Reference
AFB1	<i>In vitro:</i> IPEC-1 cells	1.3 -100 μ M	48 h	-Increase of IL-8 (1.3 and 2 μ M) -Decrease of IL-8 (50 and 100 μ M)	Del Rio Garcia et al ¹⁴³
	<i>In vivo:</i> Piglets	200,000 dpm	10-60 m	-Increase of DNA adduct formation - Decrease of GSH and GST	Tulayakul et al ¹⁴⁴
FB1	<i>In vitro</i> IPEC-1 cells	50–500 μ M	16-28 h	-Decrease of TEER -Decrease of IL-8	Bouhet et al ¹⁴⁵ Bouhet et al ¹⁴⁶ Loiseau et al ¹⁴⁷
	IPEC-2J cells	2.5-40 μ M	48 h	-Decrease of cell viability -Increase of IL-1 α , IL-1 β , IL-6, IL-8, TNF- α and MCP-1.	Wan et al ⁶⁷ Wan et al ⁴³
		20–200 μ M	4 h	-Increase in translocation of pathogenic <i>Escherichia coli</i>	Bouhet and Oswald ²⁰
	<i>Ex vivo :</i> Jejunal explants	10 -70 μ M	2-3 h	-Increase in TEER -Increase in permeability of HRP -Villi atrophy and fusion -Vacuolation and flattening of enterocytes -Increase of caspase-3 expression	Lalles et al ²⁴ Silva et al ²³
	<i>In vivo:</i> Piglets (proximal and distal small intestine)	2.8 μ M/Kg bw	14 days	-Decrease of villi height -Villi atrophy and fusion -Lymphatic vessel dilation -Interstitial edema -Decrease of IL-1 β , IL-10, IL-2 and IFN- γ	Grenier et al ⁴⁷
	Piglets (small and large intestine)	0.5 mg/ kg bw	7 days	-Increase translocation of pathogenic <i>Escherichia coli</i> -Downregulation of IL-8 -Villi atrophy and fusion -cytoplasmic vacuolation of enterocytes -apical necrosis of villi -edema of lamina propria -Decrease of cell proliferation -Increase of lymphocytes, eosinophils and plasma cells in lamina propria -Upregulation of IL-10 and IFN- γ (jejunum) -Upregulation of TNF- α and IL-1 β (ileum) -Decrease the OCL and E-cadherin expression	Oswald et al ⁵⁸ Bouhet et al ¹⁴⁶
Piglets (jejunum and ileum)	6 mg/kg feed	28 days		Bracarense et al ⁷	
OTA	<i>In vivo:</i> Piglets (duodenum and colon)	0.05 mg/kg feed	30 days	-Downregulation of NF- κ B, iNOS, IL-6, IL-8, IL-12, IL-17 expression. -Decrease the Nrf2 gene expression. -Increase SOD.	Marin et al ¹⁰¹
PAT	<i>Ex vivo:</i> jejunal explants	10-100 μ M	4h	-Decrease of goblet cells. -Increase of cell apoptosis.	Maidana et al ⁷⁶
ZEN	<i>In vitro:</i> IPEC-1 cells	10-50 μ M	24 h	-Decrease the cell viability. -Downregulation of IL-6, IL-8 and TNF- α	Marin et al ¹⁴⁸ Braicu et al ¹⁴⁹
	IPEC-J2 cells	6 -50 μ g/mL	48 h	-Increase MDA -Decrease GSH, CAT, SOD and MMP -Decrease of cell viability. -Up-regulation of pBD-1 and 2 expression -Upregulation of NLRP3 inflammasome, pro-IL-1 β , pro-IL-18 and caspase 1	Wan et al ⁶⁷ Fan et al ⁴⁶ Fan et al ¹⁵⁰
		2.5-40 μ M	48 h	-Up-regulation of pBD-1 and 2 expression -Decrease of cell viability	Wan et al ⁶⁷ Wan et al ⁴³
	PBMC cells	5-10 μ M	7 days	-Upregulation of IgA, IgG and IgM	Marin et al ⁶²

Table 1. Toxic effects of mycotoxins AFB1, FB1, OTA, PAT and ZEN on the IEB compounds of pigs (continuation).

Mycotoxin	Model	Dose	Duration	Results	Reference
ZEN	<i>In vivo:</i>				
	Gilts (small intestine)	200-400 µg/kg bw	7 days	-Increase the Paneth cells on the bottom of intestinal crypts -Increased activity of the goblet cells	Obrenski et al ¹⁵¹
	Pigs	33.2 µg/kg feed	14 days	-Decrease of goblet cells -Increase of inflammatory cells (lymphocytes and plasma cells)	Obrenski et al ¹⁵²
	Gilts (jejunum, duodenum)	8 µg /Kg bw	42 days	-Upregulation of IL-4 and IL-10	Obrenski ¹⁵³
		40 µg /Kg bw	42 days	-Increase the goblet cells (villi) - Increase the lymphocytes into mucosal epithelium and lamina propria -Changes in microvilli distribution	Przybylska-Gomowicz et al ¹⁵⁴ Lewczuk et al ¹⁵⁵
	Gilts/pigs (Ileal Peyer's patches)	100 µg/kg feed	42 days	-Increase lymphocyte apoptosis	Obrenski ¹⁵⁶
				-Upregulation of IL-12 and IL-1β -Decrease of CD21 ⁺ expression on B cells	Obrenski et al ¹⁵⁷ Obrenski et al ¹⁵⁸
	Growing pigs (ileum)	10 mg /kg bw	3 days	-Decrease the NK cells proliferation -Affect digestibility of tryptophan amino acid	Poniatowska-Broniek ¹⁵⁹ Joa et al ¹⁶⁰
	Piglets (jejunum and ileum)	1.5 mg/kg feed	28 days	-Decrease of villi height and goblet cells. -Atrophy and fusion villi, and edema of lamina propria	Gerez et al ¹³
	Sows/growing pigs (jejunum)	2.77 mg /kg bw	35/70 days	-Decrease of villi height - Decrease SOD -Increase MDA and GPx -Upregulation of IL-1β, IL-6 and TNF-α -Changes in microflora	Liu et al ³⁶

AFB1- Aflatoxin B1; FB1-Fumonisin B1; OTA-Ochratoxin A; PAT-Patulin; ZEN-Zealanone

Bw: body weight; CAT-catalase; GSH- glutathione; GST- glutathione S-transferase; GPx- glutathione peroxidase; HRP-horseradish peroxidase; MCP-1- monocyte chemoattractant protein-1; MDA- malondialdehyde; MMP- mitochondrial membrane permeability; OCL-occludin; PBMC- peripherical blood mononuclear cells; SOD-

Table 2. Toxic effects of trichothecenes (DON, NIV and T2-toxin) on the IEB compounds of pigs.

Mycotoxin	Model	Dose	Duration	Results	References
DON	<i>In vitro:</i> IPEC-1 cells	0.67-150 µM	24-48 h	-Decrease the cell viability. -Decrease the TEER -Decrease the CLD4 and ZO-1 expression. -Increase in permeability to 4 kDa FITC-dextran. - Increase in translocation of commensal <i>Escherichia coli</i> . -Increase the caspase 3 expression.	Pinton et al ²¹ Pinton et al ¹²³ Diesing et al ¹⁶¹ Alassane-Kpembé et al ¹²
	IPEC-J2 cells	0.67-33.7 µM	12-72 h	-Decrease the CLDN3, CLDN4 and ZO-1 expression. -Decrease cell viability. -Increase in permeability to 4 kDa FITC-dextran. - Increase in translocation of pathogenic <i>Salmonella Typhimurium</i> . - Increase in translocation of <i>Escherichia coli</i> -Increase the caspase-3 expression. -Increase DNA fragmentation. -Increase the MAPKs p38, ERK and JNK activation. -Increase the IL-12, IL-6, IL-8 and TNF-α expression -Up-regulation of pBD-1 and 2 expression	Diesing et al ¹⁶¹ Vandenbroucke et al ¹⁶² Goossens et al ¹⁴¹ Wan et al ⁴³ Gu et al ¹⁶³ Ling et al ⁶⁹
	<i>Ex vivo:</i> jejunal explants	1-10µM	2-4 h	- Increase permeability to 4 kDa FITC-dextran -Villi atrophy and fusion -Loss of apical enterocytes, - Apical villi necrosis -Changes in enterocytes morphology. -Decrease mucin production -Increase the caspase-3 and Cox-2 expression. -Decrease the E-cadherin expression.	Pinton et al ²¹ Basso et al ⁷² Lucioli et al ¹⁶⁴ Silva et al ²³ Cheat et al ⁷³ Pinton et al ¹⁶⁵
	<i>In vivo:</i> Pigs (jejunum)	28.9 µg/kg/feed	14 days	-Decrease goblet cells number -Increase of lymphocytes and plasma cells (lamina propria)	Obremski et al ¹⁵²
	Piglets (duodenum, jejunum, ileum and colon)	0.9-3.5 mg/Kg feed	10 -28days	-Villi atrophy and fusion -Edema of lamina propria -Apical villi necrosis. -Decrease in villi height and crypt depth. -Decrease of goblet cells -- Decrease of lymphocytes and plasma cells in lamina propria. -Decrease epithelial cell proliferation -Decrease of E-cad, CLDN3, CLDN4, ZO-1 and 2 expression. -Increase IL-1β, IL-2, IL-6, IL-12p40, MIP-1β and TNF-α expression. -Changes in the vaccinal immunoglobulin expression -Changes in the microbiota.	Pinton et al ⁶⁴ Pinton et al ²¹ Waché et al ⁶³ Bracarense et al ⁷ Alizadeh et al ¹⁶⁶ Cheat et al ⁷³ Gerez et al ¹³ Lessard et al ¹⁶⁷

Table 2. Toxic effects of trichothecenes (DON, NIV and T2-toxin) on the IEB compounds of pigs (continuation).

Mycotoxin	Model	Dose	Duration	Results	References
DON	<i>In vivo:</i> Piglets (jejunum loops)	3.5 mg/kg feed +1-10 μ M	28 days+24 h	-Increase epithelial cells apoptosis	Cheat et al ¹²⁸
	Piglets (jejunum and ileum)	1.3- 2.5 mg/kg feed	3-4 weeks	-Atrophy and fusion villi -Edema of lamina propria -Flattening of enterocytes -Loss of apical enterocytes. -Decrease of villi height and goblet cells -Decrease epithelial cell proliferation -Increase epithelial and immune cells apoptosis -Increase IgA	Hedman et al ¹⁶⁸ Cheat et al ⁷³ Gerez et al ¹³
	Pigs (serum blood)	5.7 mg/kg feed	4 weeks	-Increase IgG and IgM	Goyarts et al ¹⁶⁹
	Piglets (serum blood)	2.2-2.5mg/kg feed	9 weeks	-Increase IgA	Pinton et al ⁶⁴
	Gilts (Jejunum, duodenum)	12 μ g/ kg bw	6 weeks	-Increase the mucosal thickness. -Increase the crypt depth -Increase the goblets cells number (villi). - Increase the lymphocytes into mucosal epithelium and lamina propria	Przybylska- Gornowicz et al ¹⁵⁴ Lewczuk et al ¹⁵⁵
	NIV	<i>In vitro:</i> IPEC-1 cells	0.12-150 μ M	24 h	-Decrease the cell viability
IPEC-J2 cells		0.25-2 μ M	48 h	-Up-regulation of pBD-1 and 2 expression. -Decrease the cell viability.	Wan et al ⁶⁷ Wan et al ⁴³
<i>Ex vivo:</i> jejunal explants		1,3 and 10 μ M	4 h	-Villi atrophy and fusion -Apical denudation of villi -Edema in lamina propria -Flattening of enterocytes	Cheat et al ⁷³
<i>In vivo:</i> Piglets (jejunum and ileum)		1.3- 2.5 mg/kg feed	3-4 weeks	-Atrophy and fusion villi -Edema of lamina propria -Flattening of enterocytes -Loss of apical enterocytes. -Decrease of villi height and goblet cells -Decrease epithelial cell proliferation -Increase epithelial and immune cells apoptosis -Increase IgA	Hedman et al ¹⁶⁸ Cheat et al ⁷³ Gerez et al ¹³

Table 2. Toxic effects of trichothecenes (DON, NIV and T2-toxin) on the IEB compounds of pigs (continuation).

Mycotoxin	Model	Dose	Duration	Results	References
T2-toxin	<i>In vitro:</i> IPEC-1 cells	0.3-100 nM	48 h	-Decrease the cell proliferation -Increase the villi fusion -Loss of apical enterocytes -Edema in lamina propria	Koif-Clauw et al ¹⁷⁰
	IPEC-2J cells	0.21-210 nM	1-72 h	-Decrease the cell viability -Decrease the TEER Increase in permeability of doxycycline and paromomycin -Increase in translocation of <i>Salmonella typhimurium</i>	Goossens et al ¹⁴¹ Verbrugge et al ⁵⁹
	<i>Ex vivo:</i> jejunal explants	0.3-100 nM	4h	-Increase the villi fusion -Loss of apical enterocytes -Edema in lamina propria	Koif-Clauw et al ¹⁷⁰
	<i>In vivo:</i> Piglets (duodenum, jejunum, ileum, cecum and colon)	1.5-2.5 mg/ kg bw	16-35 h	-Submucosal edema -Necrosis of epithelial cells in crypt region -Depletion and necrosis of ileal Peyer's patches -Increase of apoptosis	Quiroga et al ¹³³
	Pigs (jejunum)	11.5 µg/kg feed	14 days	-Decrease goblet cells -Increase lymphocytes and plasma cells (lamina propria)	Obrenski et al ¹⁵²
	Piglets (small intestine) Piglets (Ileal Payer's patches)	15-83 µg/kg feed 200 µg/kg feed	23 days 14-42 days	-Increase the translocation of <i>Salmonella typhimurium</i> -Decrease the IL-4 and IL-10 expression -Decrease the CD21 ⁺ expression on B cells	Verbrugge et al ⁵⁹ Obrenski et al ¹⁴²

AFB1 - Aflatoxin B1; FB1 -Fumonisin B1; OTA-Ocratoxin A; PAT-Patulin; ZEN-Zearalenone

bw: body weight; CAT -catalase; CLDN3-claudin 3; CLDN4- Claudin 4; Cox-2: cyclooxygenase-2; GSH- glutathione; GST - glutathione S-transferase; GPx- glutathione peroxidase; HRP-horseradish peroxidase; MCP -1 - monocyte chemoattractant protein-1; MDA- malondialdehyde; MMP- mitochondrial membrane permeability; PBMC- peripheral blood mononuclear cells; SOD- superoxide dismutase; TEER- transepithelial electrical resistance; ZO-1- zonula occluden 1; ZO-2- zonula occluden 2.

2.2 EFFECTS OF PHYTIC ACID ON INTESTINE: *IN VITRO*, *EX VIVO* AND *IN VIVO* STUDIES

Introduction

Phytic acid (IP6) is found mainly in vegetables and grains and its protective effect has been related to its antioxidant potential in inhibiting radical oxygen species (ROS) production (GRAF; EATON, 1985; VUCENIK; SHAMSUDDIN, 2006). However, little is known about the other possible interactions and signals of this acid in human and animal cells. This review describes the properties and biological functions of IP6, and summarize its protective effects on intestine in several pathological conditions.

Chemical, biological properties and intracellular functions

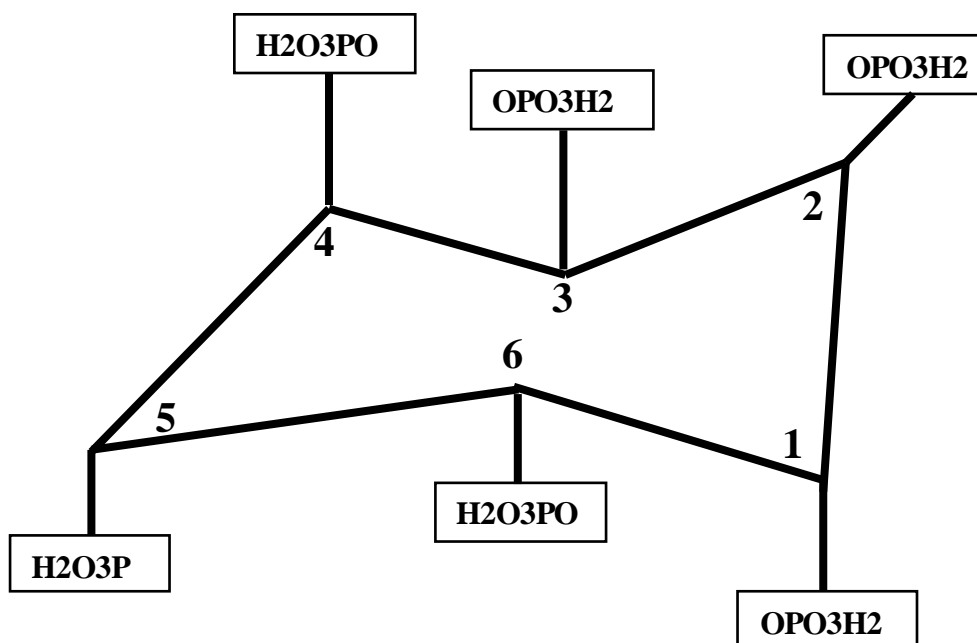
Phytic acid (IP6, InsP6, inositol hexaphosphate, inositol hexaphosphate or myo-inositol-1,2,3,4,5,6 - hexaphosphate) is a natural antioxidant found naturally in the form of salts (phytate Na_2Mg_5 , K_2Mg_5 and Ca_2Mg_5) in cereals, vegetables, nuts and natural oils (SILVA et al., 2016), and comprises 60-90% of the total phosphorus present in the seeds used in food and feed (LOLAS et al., 1976; GRAF; EATON, 1990). The grouping and position of phosphates at 1,2 and 3 (axial-equatorial-axial) is responsible for specific interaction with iron (Figure 1). This biological interaction results in highly stable complexes and inhibits the Fenton reaction, which is associated with their antioxidant capacity (GRAF; EATON, 1990).

IP6 has been considered as an anti-nutritional factor due the high affinity for polyvalent cations such as Cu^{2+} , Zn^{2+} , Ni^{2+} , Co^{2+} , Mn^{2+} , Fe^{3+} and Ca^{2+} (GRAF; EATON, 1990). However, the chelation with minerals is dependent on several factors, including the proportion of phytate: metal and the pH in the gastrointestinal tract (GRAF; EATON 1990). Moreover, in balanced diets, the inhibitory effects of IP6 in the binding of minerals is low (SCHLEMMER et al., 2009).

Studies in human and animal models have shown the preventive and therapeutic effects of IP6 on the inhibition of platelet aggregation (VUCENIK et al., 1999), inhibit metabolic disturbances (ONOMI et al., 2004; FOSTER et al., 2017), neurodegenerative (Anekonda et al., 2011) and cardiovascular (OBATA; NAKASHIMA, 2016) diseases. In addition, IP6 has been associated with the prevention of kidney stone formation and

osteoporosis (FUSTER et al., 2017), and presented anti-inflammatory and anticancer effects (VUCENIK et al., 2005; KAPRAL et al., 2015).

Figure 1. Molecular structure and configuration of IP6.



In mammalian cells, the inositol is mainly found in cell membranes as phosphatidylinositol. The inositol polyphosphates has an important role in the control of several cellular functions, such as endocytosis (ZI et al., 2000), exocytosis (EFANOV et al., 1997), traffic of ions and proteins traffic (SHEARS, 1996), export of mRNA from the nucleus to the cytoplasm (YORK et al., 1999), DNA repair (MA; LIEBER, 2002), protein enveloping (MACBETH et al., 2005), cell division and differentiation (MENNITI et al., 1993), and oocyte maturation (JI et al., 1989). Moreover, the inositol phosphates present complex patterns of interaction in the phosphorylation and dephosphorylation cycles, renewing the *pools* of intracellular inositol phosphate (SEEDS et al., 2005).

Intestinal effect of IP6

At the intestinal level, the IP6 is rapidly uptaken by cells, transported to the intracellular region by pinocytosis and/or endocytosis receptor-mediated, and dephosphorylated into inositol phosphates with fewer phosphate groups (VUCENIK;

SHAMSUDDIN, 1994). This rapid dephosphorylating of IP6 may be associated with beneficial effects on the growth, differentiation and cell cycle regulation (VUCENIK; SHAMSUDDIN, 2006).

Most studies have used rats and mice as animal models to study the intestinal effects of IP6 (Table 1). Nonetheless, pigs have similar characteristics with humans regarding the degradation and absorption of IP6, which occurs mostly in the stomach, upper portion of the small intestine and colon (SCHLEMMER et al., 2001). This similarity makes pigs the most suitable experimental model for the study of the effects of IP6 on cancer, inflammatory diseases, and other diseases, especially in comparison with laboratory animals. The intestinal favorable effects of IP6 are dose-dependent and were demonstrated mainly by modulation of morphological changes, cell proliferation and apoptosis, transport of proteins and inflammatory response as summarized in Table 1.

Modulation of morphological changes

The aberrant crypt foci (ACF) are groups of abnormal tube-like glands in the mucosa of the colon and rectum. ACF is a precursor change before colorectal polyps formation and is one of the earliest tissue alteration seen in the colon that may result in cancer development (OCHIAI et al., 2014). Rodents are the main experimental model to study chemical toxicity and diets that might prevent the ACF and colorectal cancer (ALMAGRAMI et al., 2014; ROUHOLLAHI et al., 2015; REHMAN et al., 2018). The administration of IP6 in drinking water (PRETLOW et al., 1992) and feed (CHALLA et al., 1997) reduced the incidence of ACF induced by azoxymethane in the colon of rats. In pigs, IP6 reduced the histological changes such as atrophy and villi fusion, epithelial degeneration and necrosis, flattening of enterocytes and increased the villi height in jejunal explants exposed to fumonisin B1 (FB1) and deoxynivalenol (DON), (SILVA et al., 2014). The modulation of these intestinal morphological changes are associated with IP6 capacity to induce reversal of abnormal cells back to well-differentiated phenotype, modulate the cell proliferative stages, and inhibit the oxidative stress (YANG; SHAMSUDDIN, 1995; SILVA et al., 2014; LIU et al., 2015).

Table 1- Protective effects of IP6 on intestinal tissue in pathological conditions.

Pathological Condition	Model	IP6 dose	Duration	Results	Reference	
Colon cancer	<i>In vitro:</i> Caco-2	1-5 mM	1-24 h	-Decrease of iNOS expression. -Decrease of TGF- β 1 -Decrease of IL-8 expression -Decrease of TNF- α expression -Increase of TGF- β 2 and TGF- β 3	CHOLEWA et al., 2008; WAWSZCZYK et al., 2012; KAPRAL et al., 2013; KAPRAL et al., 2015; KAPRAL et al., 2017.	
		1- 10 mM	12-24 h	-Inhibition of p38 MAPK -Decrease of cell proliferation -Decrease of cells in S phase (maintenance in G1-phase) -Decrease of AKT1 and S6K1 -Increase of p21 and CDNK1 B -Increase caspase 9 e 3		
	HT-29 cells	100-400 μ g/mL	12-48 h	-Decrease cell proliferation -Decrease PI3K and AKT of expression -Decrease of ephosphorylation of AKT (pAKT) -Increase of apoptosis	NURUL-HUSNA et al., 2010; LIU et al., 2015	
			24-72 h	-Arrest of Go/G1 phase cell -Decrease of cell proliferation -Increase of Bax expression -Decrease of Bcl-xl expression -Increase of caspase-8 and 3 expression	SHAFIE et al., 2013.	
		0.2- 5 mM	24-72 h	-Decrease of the cell proliferation -Increase of caspase-3 activation	SCHROTEROVA et al., 2010.	
		0.33-20 mM	1-6 d	-Decrease of DNA synthesis -Decrease of PCNA expression -Decrease of mucin marker GalGalNAC -Increase of alkaline phosphatase activity -Induction of cell differentiation	YANG; SHAMSUDDIN, 1995.	
	<i>In vivo:</i> Mice	80 mg/bw	20 d	-Decrease tumoral growth -Decrease of EMC proteins collagen IV, LN and FN in tumoral metastasis microenvironment -Decrease of integrin- β 1, MMP-9, VEGF and TGF- β expression in tumor	FU et al., 2016	
			Rats	0.2-0.5% w/v (drinking water)	8-20 w	-Decrease of β -catenin expression -Decrease of ki-67 expression -Decrease of Cox-2 expression -Decrease of incidence of ACF
	High fat diet	<i>In vivo:</i> Rats	1.02% feed	13-20 w	-Decrease of incidence of ACF -Increased of natural killer cells activity	CHALLA et a., 1997; ZHANG et al., 2005.
				39 w	-Inhibited tumor growth -Decrease of AKT expression -Decrease of c-Myc -Increase of inactive β -catenin	YU et al., 2017.
Mycotoxins exposure	<i>In vitro:</i> IPEC-1	0.5-1 mM	24 h	-Increase of the cell viability -Increase of TEER	PACHECO et al., 2012.	
	<i>Ex vivo:</i> Jejunal explants	2.5 – 5 mM	4 h	-Decrease of morphological changes -Decrease of ki-67 expression -Decrease of caspase 3 expression -Decrease of cox-2 expression	SILVA et al., 2014.	

ACF- aberrant crypt foci; TEER- transepithelial electrical resistance

Modulation of cell proliferation and apoptosis

IP6 could regulate the cell cycle to block uncontrolled cell division and force malignant cell either to differentiation by binding to the insulin-like growth factor II (IGF-II), decreasing DNA synthesis, proliferating cell nuclear antigen (PCNA), ki-67 protein and blocking ERK 1/2 mitogen-activated protein kinase (MAPK) signaling to arrest the cells in

the G0/G1 phase of the cell proliferation cycle (SHAMSUDDIN, 1999; SILVA et al., 2014; SILVA et al., 2016).

Several studies have demonstrated that IP6 increase the apoptosis in intestinal tumoral cells (SCHROTEROVÁ et al., 2010; SHAFIE et al., 2013; LIU et al., 2015). Alternatively, our group have demonstrated that IP6 can protect the intestinal cells against mycotoxins-induced apoptosis in intestinal explants of swine (SILVA et al., 2014) similar to inhibition of apoptosis in rat dopaminergic neural cell line (N-27) exposed to iron (XU et al., 2006). These results suggest that IP6 modulates apoptosis to protect the cells and to prevent the development of pathological changes.

IP6 can induce cell apoptosis through the up-regulation of the Bax mitochondrial (intrinsic pathway) (SHAFIE et al., 2013). The up-regulation of Bax by IP6 induce cytochrome C release from the mitochondria in combination with caspase-9, apoptosis-activating factor 1 (Apaf-1) and adenosine triphosphate (ATP) to process procaspase-3 which then activates caspase-3 (KATUNUMA et al., 2001; LI et al., 2004).

In addition, the role of IP6 on apoptosis modulation can be associated to antioxidant effects and modulation of inositol hexaphosphato kinase-2 (Insp6K2) action, since the deletion of this enzyme prevents apoptosis and the translocation of Insp6K2 from nuclei to mitochondria is associated with cell death (NAGATA et al., 2016).

Antioxidant effects and modulation of immunological response

Studies have demonstrated that IP6 can modulate the inflammatory response of IEC through regulating the expression and secretion of cytokines, and chemokines (KAPRAL et al., 2013). IP6 decreases the expression of pro-inflammatory cytokines and chemokines that play role in the maintenance of inflammatory response. This anti-inflammatory action of IP6 was observed in inflammatory bowel diseases studies (CHOLEWA et al., 2008; KAPRAL et al., 2013).

Due their high antioxidant capacity, the IP6 inhibit lipid peroxidation and subsequent mechanisms associated to inflammatory response such as mitogen-activated protein kinases (MAPks) activation, nitric oxide synthase (iNOS) and ciclooxigenase-2 (Cox-2) expression. The oxidative stress can induce the activation of p38 MAPK that stimulate the proinflammatory cytokines expression such TNF- α , IL-1, IL-6 and IL-8 (LEE et al,1994). In addition, the activation of p38 MAPK was associated to expression of Cox-2 (CUENDA; ROUSSEAU, 2007). In addition, the IP6 decrease the expression of Cox-2 by inhibition of

rate-limiting step to catalyze the conversion of arachidonic acid into prostaglandins and suppression of β -catenin activity (SAAD et al., 2013).

The nitric oxide synthase (iNOS) family catalyzes the synthesis of nitric oxide (NO) and it can be regulated at the transcriptional level in response to proinflammatory cytokines (DAVIES et al., 1995). The activation of iNOS induce to prolonged overproduction of NO with cytotoxic effects by increase of membrane lipid peroxidation and permeability, DNA damage and suppression of DNA repair enzymes (LYONS, 1995). At intestinal level the overproduction of NO was associated to chronic inflammatory response (KAPRAL et al., 2015). The IP6 demonstrated important action as inhibitor of the iNOS transcription in Caco-2 cells stimulate with pro-inflammatory agents (KAPRAL et al., 2015).

Effects of IP6 on P-glycoprotein efflux

The P-glycoprotein (P-gp) is a member of the ATP-binding cassette (ABC) transporter superfamily (UEDA et al., 2011). In the IEC, the P-gp is located mainly in the apical membrane and mediates the efflux of fargoing substrates, protect the tissue against toxic effects of xenobiotics and regulates drugs absorption and intracellular disposition (UEDA et al., 2011; SILVA et al., 2015). P-gp substrates such as antiviral (HIV protease inhibitor), antipsychotic (perospirone), antiarrhythmic (digoxin) and anticancer (vincristine) can specifically bind with P-gp and be transported out of the cell by this molecule, causing insufficient intracellular drug concentrations and decreasing of therapeutic efficacy (SILVA et al., 2015). The IP6 inhibits P-gp efflux and is thereby a potential P-gp inhibitor, and can co-administrated with p-gp substrate drugs to enhance their therapeutic effects (LI et al., 2018).

Conclusion

Studies have demonstrated benefic effects of IP6 on intestine in inflammatory and carcinogenic diseases, and mycotoxins exposition through antioxidant and anti-inflammatoy action, and modulation of apoptosis and cell proliferation. The intracellular pathways and interactions of IP6 in the intestine are not completely understood, and more studies are necessary to elucidate its effects, preventive and therapeutic applications.

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2.3 Mycotoxins and oxidative stress: where are we?

E.O. da Silva¹, A.P.F.L. Bracarense^{1*} and I.P. Oswald^{2*}

¹*Universidade Estadual de Londrina, Laboratory of Animal Pathology, Campus Universitário, Rodovia Celso Garcia Cid,*

Km 380, Londrina, Paraná 86051-990, Brazil; ²*Université de Toulouse, Toxalim, Research Center in Food Toxicology,*

INRA, UMR 1331 ENVT, INP-PURPAN, 31076 Toulouse, France; ana.bracarense@pq.cnpq.br; isabelle.oswald@inra.fr

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Abstract

Mycotoxins are the most common contaminants of food and feed worldwide and are considered an important risk factor for human and animal health. Oxidative stress occurs in cells when the concentration of reactive oxygen species exceeds the cell's antioxidant capacity. Oxidative stress causes DNA damage, enhances lipid peroxidation, protein damage and cell death. This review addresses the toxicity of the major mycotoxins, especially aflatoxin B₁, deoxynivalenol, nivalenol, T-2 toxin, fumonisin B₁, ochratoxin, patulin and zearalenone, in relation to oxidative stress. It summarises the data associated with oxidative stress as a plausible mechanism for mycotoxin-induced toxicity. Given the contamination caused by mycotoxins worldwide, the protective effects of a variety of natural compounds due to their antioxidant capacities have been evaluated. We review data on the ability of vitamins, flavonoids, crocin, curcumin, green tea, lycopene, phytic acid, L-carnitine, melatonin, minerals and mixtures of anti-oxidants to mitigate the toxic effect of mycotoxins associated with oxidative stress.

Keywords: antioxidants, mycotoxins, oxidative stress.

1. Introduction

Mycotoxins are secondary fungal metabolites often found as contaminants in agricultural commodities all over the world and pose a risk for human and animal health (Bennett and Klich, 2003; Wu *et al.*, 2014a). More than 400 different mycotoxins have been isolated and chemically characterised. Those of major medical and agricultural concern are aflatoxins, fumonisins, ochratoxins, trichothecenes, zearalenone (ZEA) and patulin (PAT) (Wu *et al.*, 2014a).

The molecular mechanisms behind the toxic effects of the major mycotoxins are established and oxidative stress and the generation of free radicals have been shown to be implicated in mycotoxin toxicity (Adhikari *et al.*, 2017; Wang *et al.*, 2016). Indeed, the imbalance between free radicals and the antioxidant defence systems can cause chemical damage to DNA, proteins and lipids, as observed upon exposure to mycotoxins (Assi, 2017).

As human and animal exposure to mycotoxins is unavoidable, effective ways to mitigate their harmful impacts are required. Several studies have demonstrated the beneficial effects of antioxidant substances in the prevention and treatment of various diseases (Li *et al.*, 2015). In this context, the use of natural antioxidants has been shown to mitigate and/or prevent the toxic effects of mycotoxins (Sorrenti *et al.*, 2013).

The aims of this review are first to describe the cellular mechanisms involved in the physiological control and imbalance of free radical generation; second to summarise the toxic effects of the major mycotoxins associated with oxidative stress; and third, to present the main natural antioxidants used to mitigate the toxic effects of these mycotoxins.

2. Oxidative stress: physiological control and damage caused by overproduction of free radicals

One consequence of aerobic conditions is activation of oxidative mechanisms and the subsequent generation of reactive oxygen species (ROS) (Droge, 2002). Cells have developed primary and secondary enzymatic systems to avoid ROS-induced damage (Valko *et al.*, 2007). Superoxide dismutase (SOD), catalase (CAT), glutathione reductase (GR) and glutathione peroxidase

characterised as primary antioxidant enzymes that trigger the breakdown of free radicals or combine toxic compounds with glutathione (GSH). The mechanisms of

action of these enzymes are diverse. SOD breaks down the superoxide anion radical into H₂O and O₂, whereas CAT catalyses the decomposition of hydrogen peroxide (H₂O₂) into water and oxygen. GPx reduces hydrogen peroxide to water and GR can regenerate GSH (Droge, 2002). By contrast, glutathione S-transferase (GST), a secondary detoxification enzyme, acts by binding ROS to GSH (Hayes and Strange, 1995) or by detoxifying lipid peroxides (Pickett and Lu, 1989).

Other mechanisms, including cysteine and GSH, are also involved in physiological control of ROS generation (Droge, 2002). GSH interacts with multiple antioxidant enzymes, modulating the action of GR, GPx and GST (a decrease in GSH content reduces enzymatic activity).

A control mechanism also exists for the expression of enzymes with antioxidant activity. Control is regulated by antioxidant response elements (AREs) that are activated by nuclear factor erythroid 2-related factor 2 (Nrf2) (Jin *et al.*, 2014). Nrf2-ARE is considered to be an important signalling pathway associated with antioxidant activity. Cells subjected to oxidative stress induce Nrf2 translocation to the nucleus, thereby activating genes encoding antioxidant enzymes and detoxifying enzymes of phase II (e.g. SOD) through ARE binding. Interestingly, although high antioxidant induction is associated with Nrf2 when this pathway is activated by ROS, the response is limited because ROS also activates a cell death-signalling pathway (Jin *et al.*, 2014; Valko *et al.*, 2007).

Organelles such as peroxisomes and mitochondria provide membrane-limited compartments specialised in redox activities. Consumption of oxygen leads to the production of H₂O₂, which oxidises some molecules. Furthermore, these organelles contribute to metabolic functions as they contain CAT, an enzyme that decomposes the H₂O₂ and prevents intracellular accumulation of this compound (Valko *et al.*, 2007). Cellular respiration in mitochondria creates one of the main superoxide production sites. During this process, ATP is produced by the electron transport chain and during energy transduction, free radical superoxide is formed, which has been associated with the cell pathophysiology in several diseases (Droge, 2002; Valko *et al.*, 2007).

Generation of oxidative stress, free radicals, and damage to DNA, proteins and lipids

Cells in homeostasis may produce free radicals as a result of physiological reactions (cellular respiration, for example). A variety of exogenous factors can promote oxidative stress and overproduction of free radicals (Young and Woodside, 2001). Oxidative stress occurs in cells when the production of ROS, such as hydroxyl radical (HO), perhydroxyl radical (HOO[•]), superoxide anion (O₂^{•-}) and reactive nitrogen species (RNS) including nitric oxide (NO), exceeds the antioxidant capacity of a cell (Valko *et al.*, 2007). Changes in intracellular antioxidant systems or in the production of free radicals can result in oxidative stress (Halliwell and Whiteman, 2004). Increased ROS production alters and/or activates several intracellular mechanisms that promote oxidative damage to DNA, proteins and membrane lipids. Lipid peroxidation may also lead to cell death. The mechanisms involved in the induction of cell apoptosis caused by the generation of ROS include activation of p53, mitogen-activated protein kinases (MAPKs), caspases and changes in the Bcl-2/Bax expression (Farley *et al.*, 2006).

Cells in homeostasis are maintained in a redox state through the association of the iron and copper redox couple. However, in a situation of oxidative stress, when superoxide is overproduced, the 'free iron' (Fe²⁺) is released into the cytoplasm. This release considerably increases the oxidative stress, and leads to the generation of other reactive radicals through the Fenton reaction. In this reaction, Fe²⁺ and H₂O₂ generate one of the most harmful radicals, the reactive hydroxyl (Fe²⁺ + H₂O₂ → Fe³⁺ + •OH⁺OH⁻). Transition metal ions, mainly iron, have been implicated in the generation of highly reactive radicals leading to DNA and membrane damage. Cellular and organelle membranes are attractive targets for oxidation due to the polyunsaturated fatty acid residues of phospholipids (Birben *et al.*, 2012). Secondary ROS metabolites can be produced, including endoperoxides (cyclisation reaction) and malondialdehyde (MDA), the toxic final product of lipid peroxidation, which is potentially mutagenic (Birben *et al.*, 2012; Marnett, 1999).

The level of cytosolic calcium (Ca²⁺) can be increased by ROS generation through an influx of extracellular Ca²⁺ or mobilisation of intracellular Ca²⁺ stores (Droge, 2002). This increase in the cytosolic Ca²⁺ level contributes to the activation of protein kinase C alpha and to the transcriptional induction of the activator protein 1 (AP1), c-Fos and c-Jun (Maki *et al.*, 1992). MAPK signalling cascades are activated through a variety of membrane receptors (receptor tyrosine

kinases, protein tyrosine kinases, receptors of cytokines and growth factors, and heterotrimeric G protein-coupled receptors) and are regulated by phosphorylation and dephosphorylation on serine and/or threonine residues (Droge, 2002). The association between oxidative stress and the generation of free radicals can activate the MAPK pathway, mainly c-Jun N-terminal kinase (JNK) and p38, resulting in cell apoptosis (Allen and Tressini, 2000).

Another important free reactive radical produced in biological systems is NO. NO is a normal cellular metabolite with different functions in cells including neurotransmission, maintaining vascular tone, defence, smooth muscle relaxation and immune regulation (Bergendi *et al.*, 1999). Like with ROS, a nitrosative stress occurs following overproduction of RNS and disruption of the antioxidant system (Ridnour *et al.*, 2004). The mechanisms of cell damage induced by nitrosative stress include changes in protein structure (through nitrosylation reactions) leading to inhibition of their function (Valko *et al.*, 2007) and cell apoptosis. The induction of apoptosis by NO is associated with a decrease in the concentration of cardiolipin, an important component of the inner mitochondrial membrane. This molecule contributes to the optimal function of enzymatic systems involved in mitochondrial energy metabolism. A decrease in the cardiolipin level results in disruption of the electron transport chain, changes in mitochondria permeability and the release of cytochrome C into the cytosol (Droge, 2002). Furthermore, free radicals, such as superoxide anion and NO, are produced by phagocytic cells during the respiratory burst occurring in the inflammatory process. Together, these radicals can react to produce the peroxynitrite anion (ONOO⁻), a molecule that is a powerful oxidant and can cause DNA fragmentation and lipid oxidation.

The generation of free radicals can increase the expression of cyclooxygenase-2 (COX-2), and of arachidonic acid metabolism, promote the upregulation of proinflammatory cytokines, such as tumour necrosis factor (TNF), interleukin (IL)-1, IL-6 and IL-8, thereby inducing a chronic inflammatory response and the stimulation of more free radicals (Reuter *et al.*, 2010). Extensive data has shown that oxidative stress contributes to the inflammatory process, which, in turn, leads to overproduction of reactive radical species thereby promoting a harmful feedback process that increases cellular damage.

The primary function of the respiratory chain is to use the energy produced to transfer electrons into the mitochondrial intermembrane space. However, a small percentage of electrons escape from the mitochondrial space, producing superoxide (Birben *et al.*, 2012). In normal conditions, the production of superoxide is

limited by SOD, which transforms the anion into hydrogen peroxide (Droge, 2002). Under oxidative stress, overproduction of superoxide occurs via activation of nicotinic adenine dinucleotide phosphate (NADPH) and depletion of SOD (Birben *et al.*, 2012). Under oxidative stress, some organelles including peroxisomes, mitochondria and endoplasmic reticulum (ER) are affected by the overproduction of free radicals, mainly associated with lipid peroxidation. The peroxisome damage leads to CAT depletion and intracellular accumulation of H₂O₂ (Valko *et al.*, 2007). The mitochondria are an important target for injury induced by oxidative stress caused via endogenous metabolic processes and/or exogenous oxidative influences (Guo *et al.*, 2013). The mitochondrial damage to DNA caused by oxidative stress can result in a decrease in proteins that are important for electron transport, leading to the generation of ROS and the dysregulation of organelles, which, in turn, activate cell apoptotic mechanisms (Van Houten *et al.*, 2006). Furthermore, radicals such as NO⁻ and ONOO⁻ are responsible for detrimental changes in the mitochondrial respiratory chain (Sas *et al.*, 2007). The structural changes in mitochondrial proteins result in altered function in which enzymatic systems of the electron-transport chain (nicotinamide adenine dinucleotide dehydrogenase, cytochrome-c-oxidase, and adenosine triphosphate synthase) are the main targets of the free radicals (Van Houten *et al.*, 2006).

ROS can also alter mitochondrial phospholipids resulting in lipid peroxidation, which, in turn, increases mitochondrial membrane permeability. The mitochondrial permeability transition pore (MPTP) can be induced by ROS generation due to the oxidation of thiol groups on the adenine nucleotide translocator (part of the MPTP) (Valko *et al.*, 2007). ONOO⁻ can also affect mitochondrial homeostasis and energy production by inactivating enzymatic systems and promoting the release of mitochondrial Ca²⁺ (Douarre *et al.*, 2012). The intracellular elevation of the Ca²⁺ level also changes mitochondrial membrane potential (MMP) and induces the production of superoxide radicals, resulting in a vicious cycle (Douarre *et al.*, 2012). The mitochondrial excess of Ca²⁺ contributes with the formation of MPTP, to osmotic swelling and rupture of the outer mitochondrial membrane (Douarre *et al.*, 2012). These mitochondrial changes caused by oxidative stress can lead to cell apoptosis due to the release of cytochrome-c, changes in Bcl2/Bax expression (down-regulation of the Bcl2 protein and an increase in Bax expression), activation of MAPKs and casp3 (Anuradha *et al.*, 2001; Farley *et al.*, 2006).

The ER is an organelle that regulates protein synthesis, drug detoxification, carbohydrate metabolism, lipid biosynthesis and Ca²⁺ homeostasis. Oxidative stress and

ROS generation deregulate the ER functions and release Ca²⁺ into the cytosol (Minasyan *et al.*, 2017). The ER and mitochondria interact physiologically and functionally at sites called mitochondrial associated membranes. The damage to ER caused by oxidative stress results in mitochondrial dysfunction and cell apoptosis (Kim *et al.*, 2008).

3. Response to mycotoxins and oxidative stress: interaction in *in vitro*, *in vivo* and *ex vivo* models

The mycotoxins aflatoxin B₁ (AFB₁), deoxynivalenol (DON), nivalenol (NIV), fumonisin B₁ (FB₁), ochratoxin A (OTA), PAT and ZEA are the main contaminants of food and feed worldwide and have been extensively studied due to their toxic effects on the human and the animal health (Wu *et al.*, 2014a). Several aspects of the intracellular action of mycotoxins have been elucidated: the induction of oxidative stress and ROS generation have become one of the major triggers of their lesional mechanisms, as observed in *in vitro*, *in vivo* and *ex vivo* studies. The oxidative stress mechanisms associated with AFB₁, DON, NIV, T-2 toxin (T-2), FB₁, OTA, PAT and ZEA are summarised in Figure 1 and

Aflatoxin B₁

Aflatoxins are fungal metabolites mainly produced by *Aspergillus flavus* and *Aspergillus parasiticus* (Saini and Kaur, 2012). More than 10 forms of aflatoxins are known, among which the main ones are AFB₁ and aflatoxins B₂

(AFB₂), G₁ (AFG₁), G₂ (AFG₂), M₁ (AFM₁) and M₂ (AFM₂) (Kumar *et al.*, 2017). Aflatoxins are natural contaminants of cereals (maize, rice, oats, barley and sorghum), groundnuts, pistachio nuts, almonds, cottonseed and walnuts (Wu *et al.*, 2014a). Milk can be contaminated by AFM₁, which is a principal hydroxylated-AFB₁ metabolite biotransformed by hepatic cytochrome P450 in cows fed an AFB₁ contaminated diet (Bennet and Klick, 2003).

The toxicity of AFB₁ is mainly associated with the binding of bioactivated AFB₁-8,9-epoxide to cellular macromolecules, such as mitochondria, nuclear nucleic acids and nucleoproteins, with cytotoxic effects (Bennet and Klick, 2003).

Studies *in vitro* (Liu and Wang, 2016; Mary *et al.*, 2012; Wang *et al.*, 2017) and *in vivo* (Abdel-Wahhab and Aly, 2003; Shi *et al.*, 2015) demonstrated that oxidative stress plays a major role in the toxic effects of AFB₁. The main consequences of ROS generation induced by AFB₁ are damage to DNA (Wang *et al.*, 2017; Zhang *et al.*, 2015b)

and mitochondrial lesions (Liu and Wang, 2016) as summarised in Figure 1. AFB₁ uncouples mitochondrial oxidative phosphorylation, reduces MMP and induces mitochondrial permeability (Liu and Wang, 2016; Shi *et al.*, 2015). The mitochondrial alterations associated with oxidative stress activate cytochrome C, modulate Bcl2/

Bax gene expression and activate caspase 9 and caspase 3 (Liu and Wang, 2016; Mary *et al.*, 2017; Wang *et al.*, 2017) leading to cell apoptosis. Mary *et al.* (2017) also reported that hepatocytes treated with AFB₁ increase the expression

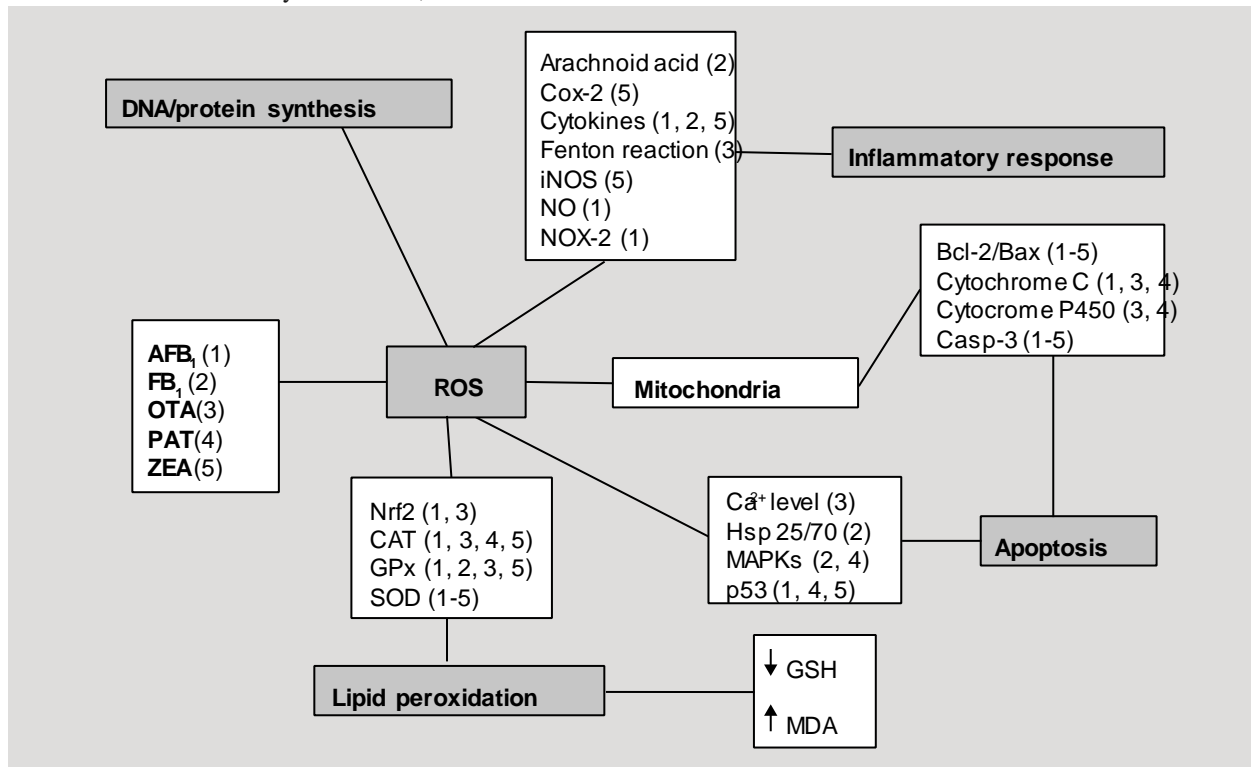


Figure 1. Summary of the intracellular lesions associated with oxidative stress induced by the main mycotoxins that contaminate food and feed. AFB₁ = aflatoxin B₁; FB₁ = fumonisin B₁; OTA = ochratoxin A; PAT = patulin; ZEA = zearalenone. The numbers between brackets indicate the mycotoxins involved in each process.

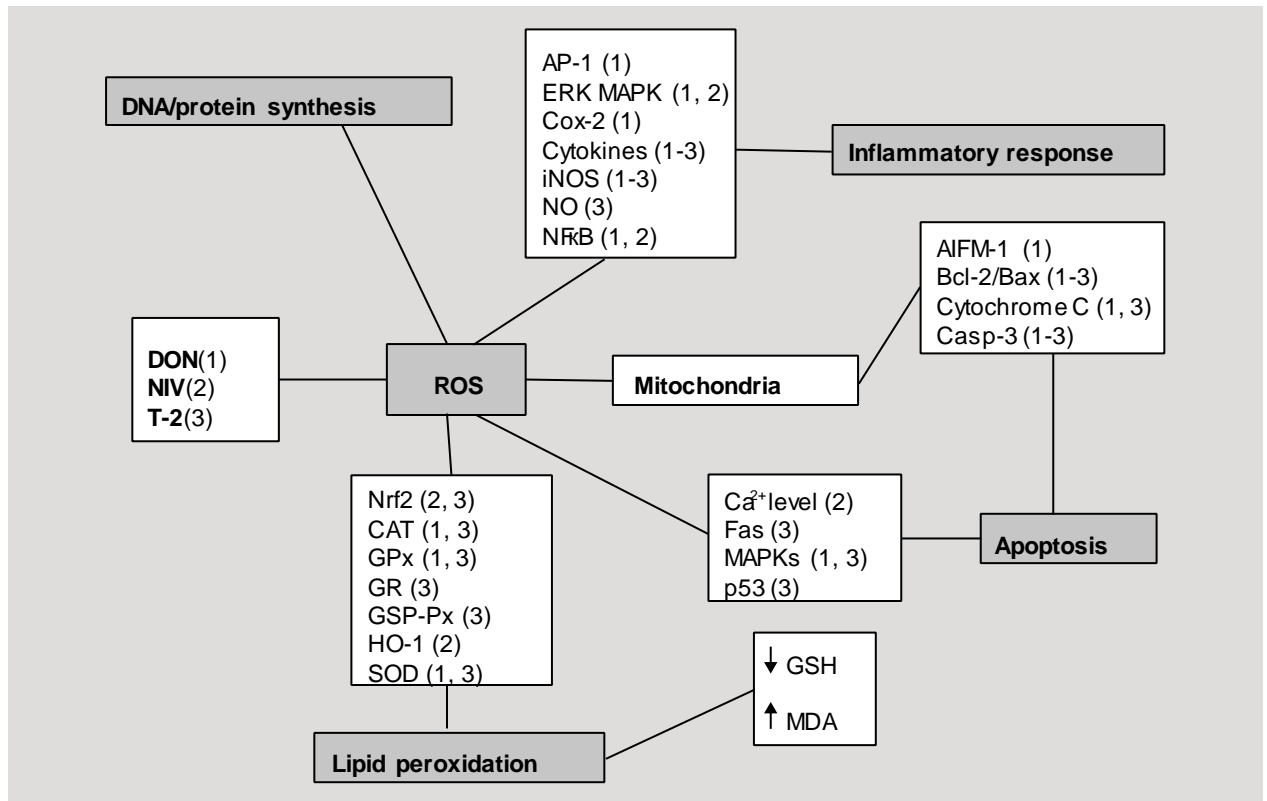


Figure 2. Summary of the intracellular lesions associated with oxidative stress induced by trichothecenes that contaminate food and feed. DON = deoxynivalenol; NIV = nivalenol; T-2 = T-2-toxin. The numbers between brackets indicate the mycotoxins involved in each process.

of the p53 gene, which was associated with an increase in cell apoptosis.

Recent studies have shown that AFB₁ causes changes in intracellular antioxidant mechanisms such as Nrf2, SOD, GPx and CAT expression (Liu and Wang *et al.*, 2016; Wang *et al.*, 2017), inhibiting antioxidant enzymes and causing an increase in lipid peroxidation (LPO) and a decrease in the level of GSH (Ma *et al.*, 2015; Maurya and Trigun, 2016). Moreover, ROS generation induced by AFB₁ modulates the inflammatory response through up-regulation of pro-inflammatory cytokines TNF- α , IL-1 α , IL-1 β and IL-6 and NO expression, by reducing anti-inflammatory cytokine IL-4 expression, inducing cytochrome P450 activity, increasing arachidonic acid metabolism, and activating the NADPH oxidase (NOX)2 dependent signalling pathway, thereby promoting the autophagy of pro-inflammatory macrophages M1 (An *et al.*, 2017; Ma *et al.*, 2015; Meissonier *et al.*, 2007)

Deoxynivalenol

DON is a type B trichothecene predominantly produced by *Fusarium graminearum* and *Fusarium culmorum* (Bennet

and Klich, 2003). Exposure to DON has been associated with alterations in the intestinal, immune, endocrine and nervous systems in several animal species and in humans (Maresca *et al.*, 2013; Payros *et al.*, 2016; Pestka, 2010a). At a molecular level, DON causes ribotoxic stress, inducing MAPK phosphorylation, promoting apoptosis, resulting in changes in the inflammatory response and decreasing the expression of cell adhesion proteins (Pierron *et al.*, 2016; Silva *et al.*, 2014).

Studies *in vitro* (Li *et al.*, 2014; Yang *et al.*, 2014; Zbynovska *et al.*, 2013) and *in vivo* (Borutova *et al.*, 2008; Osselaere *et al.*, 2013) established the toxic effects of DON associated with oxidative stress and ROS generation as observed in the Figure 2. DON alters the intracellular antioxidant defence system in target tissues such as liver, kidney, lymphoid organs, intestine and blood/serum as demonstrated by an increase in MDA concentration (Li *et al.*, 2014) and a decrease in GSH, SOD, CAT and GPx levels (Hou *et al.*, 2013; Strasser *et al.*, 2013; Zbynovska *et al.*, 2013).

The oxidative stress signalling pathway induced by DON has been suggested to be one of the mechanisms behind DNA fragmentation, cell death and apoptosis (Frankic *et al.*, 2008; Zhang *et al.*, 2009) as well as the

inhibition of protein synthesis and an increase in carbonyl content (Strasser *et al.*, 2013). Furthermore, alterations in the surface of lysosomal membranes lead to lysosomal fragility, a decrease in the MMP, an increase in membrane permeability and consequent deregulation of Bcl-2/Bax expression (leading to release of cytochrome C and activation of caspase 3, 8, 9 and apoptosis inducing factor mitochondrion associated 1) have been associated with ROS generation induced by DON (Kouadio *et al.*, 2005; Li *et al.*, 2014; Sun *et al.*, 2015). It has also been established that the ribotoxic stress induced by DON can stimulate apoptosis via activation of the p38 MAPK (Pestka *et al.*, 2008).

In addition, DON-induced oxidative stress can modulate the inflammatory response through up-regulation of pro-inflammatory cytokines including IL-1 β , IL-2, IL6, IL-8, TNF- α , down-regulation of anti-inflammatory IL-4 and IL-10, selective activation of ERK MAPK, NF κ B and AP-1, and increased and decreased expression of intracellular proteins involved in innate immunity, such as cyclooxygenase-2 (Cox-2) and inducible nitric oxide synthase (iNOS), respectively (Cano *et al.*, 2013; Graziani *et al.*, 2015; Pestka *et al.*, 2010b).

Nivalenol

NIV is another type B trichothecene and is generally a biologically active metabolite of DON, present in agricultural commodities (Bennet and Klich, 2003). NIV is not as prevalent as DON, but NIV showed higher acute toxicity than DON (Alassane-Kpembé *et al.*, 2015; Cheat *et al.*, 2015). Studies *in vivo* (Cheat *et al.*, 2015), *in vitro* (Alassane-Kpembé *et al.*, 2015; Del Regno *et al.*, 2015; Marzocco *et al.*, 2009) and *ex vivo* (Alassane-Kpembé *et al.*, 2017; Cheat *et al.*, 2015) reported that NIV, such as DON, induce inhibition of protein, DNA and RNA synthesis, mitochondrial damage, cell apoptosis, decreases cellular viability and modulate inflammatory response mainly due to ROS generation associated with induction of oxidative stress as demonstrated in Figure 2, affecting the gastrointestinal tract and organs of the immune system.

The oxidative stress induced by NIV promotes ROS release via the NADPH oxidase signalling pathway, decreases the GSH level, alters Ca²⁺ homeostasis and activates nuclear factor kappa beta (NF- κ B) (Del Regno *et al.*, 2015). This ROS generation induces DNA and mitochondrial damage, activation of extracellular regulated kinase (ERK) MAPK, changes in Bcl-2 expression, up-regulation of Bax gene and activation of caspase 3, thereby promoting cell apoptosis (Marzocco *et al.*, 2009). The oxidative stress induced by NIV

stimulates the antioxidant intracellular mechanisms of defence through an increase in heme oxygenase-1 (HO-1) and activation of Nrf2 (Del Regno *et al.*, 2015). In addition, the NIV-induced oxidative stress modulates the inflammatory response by activation of NF- κ B, upregulation of pro-inflammatory cytokines such as IL-8, IL-1 α , IL-1 β , IL-17A, IL-22, interferon (IFN)- α and an increase in iNOS expression (Alassane-Kpembé *et al.*, 2017; Del Regno *et al.*, 2015; Marzocco *et al.*, 2009).

T-2 toxin

T-2 is a type A trichothecene produced by several *Fusarium* species, mainly *Fusarium sporotrichioides*, *Fusarium poae* and *Fusarium langsethiae*. Studies have demonstrated that T-2 affects the gastrointestinal tract, kidney, liver, heart, skin, the nervous, immunological, and reproductive systems, and embryonic development in humans and animals (Agrawal *et al.*, 2012; Li *et al.*, 2011; Meissonnier *et al.*, 2008).

The main molecular target of trichothecenes is the ribosomal unit, affecting initiation of the polypeptide chain (Li *et al.*, 2011). Like other trichothecenes, T-2 binds and inactivates peptidyl transferase activity resulting in inhibition of protein synthesis and disruption of the mitochondrial morphology, ER and other membranes (Adhikari *et al.*, 2017). Studies *in vitro* (Chen *et al.*, 2008; Yang *et al.*, 2016; Zhang *et al.*, 2016) and *in vivo* (Chaudhari and Lakshmana, 2010) provided evidence that T-2-induced oxidative stress is associated with an increase in ROS generation and DNA, protein and lipid peroxidation leading to cell apoptosis.

The oxidative stress induced by T-2 promotes Fas upregulation, p53 activation, down-regulation of Bcl-2 and up-regulation of the pro-apoptotic factor Bax causing cytochrome C release, caspase 3 activation and cell apoptosis (Chen *et al.*, 2008; Zhang *et al.*, 2018) (Figure 2). ROS generation causes a decrease in Nrf2 expression, changes in the intracellular antioxidant enzymes GPx, GR, SOD and CAT, promoting a decrease in GSH level and an increase in MDA level (Wu *et al.*, 2014b; Yang *et al.*, 2016).

Another apoptosis signalling pathway linked to oxidative stress induced by T-2 is through the activation of JNK1, p38 MAPK, increase in heat shock protein (Hsp) 70 expression, increase in iNOS activity and NO release, causing mitochondrial damage and activation of caspase 3 (Chaudhari and Lakshmana, 2010; Li and Pestka, 2008). In addition, studies have shown that T-2 can modulate the inflammatory response by increasing the expression of pro-inflammatory cytokines such as TNF- α , IL-6, IL-1 β and IL-11 (Agrawal *et al.*, 2012; Zhou *et al.*, 2014).

Fumonisin B₁

Fumonisin are a group of mycotoxins mainly produced by *Fusarium verticillioides* and *Fusarium proliferatum* (Voss *et al.*, 2001). At least 15 related fumonisin compounds have been identified so far, but FB₁ is the most significant fumonisin due to its toxicity and widespread occurrence (Voss *et al.*, 2007).

At cellular level, FB₁ inhibits ceramide synthase, blocking the synthesis of sphingolipids, a class of membrane lipids that play an important role in cell signalling transduction pathways and cell growth, differentiation, and death (Grenier *et al.*, 2012; Voss *et al.*, 2007). Ceramide synthase inhibition leads to reduced levels of ceramide and intracellular accumulation of sphingolipids (So) and sphinganine (Sa). These free sphingoid bases are pro-apoptotic, cytotoxic growth inhibitors and are immunotoxic (Loiseau *et al.*, 2007; Voss *et al.*, 2001, 2007).

Studies *in vitro* (Domijan *et al.*, 2015; Mary *et al.*, 2012) and *in vivo* (Abbes *et al.*, 2016; Hassan *et al.*, 2015) revealed the potential of FB₁ to induce oxidative stress with consequent ROS generation, cytotoxic effects and apoptosis. The action of FB₁ on ROS generation has been considered a consequence rather than a mechanism of its toxicity (Galvano *et al.*, 2002; Wang *et al.*, 2016). However, some studies showed that FB₁ was able to increase the rate of oxidation, promote the production of free radicals and accelerate the chain reactions associated with lipid peroxidation in membranes (Hassan *et al.*, 2015; Stockmann-Juvala and Savolainen, 2008). These changes were demonstrated in different animal models by alterations in GPx and SOD expression, increase in MDA production and decrease in the GSH level (Abbes *et al.*, 2016; Domijan *et al.*, 2007; Poersch *et al.*, 2014).

The increase in ROS production induced by FB₁ has also been associated with inhibition of DNA synthesis and DNA fragmentation (Kouadio *et al.*, 2005; Wang *et al.*, 2016), inhibition of protein synthesis (Domijan *et al.*, 2007), mitochondrial injury with consequent deregulation of calcium homeostasis and caspase 3 activation, induction of cytochrome P450 activity with an increase in arachidonic acid metabolism and modulation of inflammatory response (Abbes *et al.*, 2016; Domijan and Abramov, 2011; Mary *et al.*, 2017). Some studies have demonstrated that perturbations of the cellular redox state due the FB₁ exposition can activate MAPKs and Hsp 25/70. Both signalling pathways can affect cell survival and are involved in the regulation of apoptosis (Lalles *et al.*, 2010; Rumora *et al.*, 2007) (Figure 1).

Ochratoxin A

Ochratoxins are a group of mycotoxins produced by filamentous fungal species such as *Aspergillus* and *Penicillium* and occur in nature in three different isoforms: ochratoxin A, B and C. OTA is the most pathogenic to humans and animals, and is found in a wide range of foods and feed, including cereals, meat, dried fruits, nuts, coffee, wine and beer (Bennet and Klich, 2003; Limonciel and Jennings, 2014; Malir *et al.*, 2016).

Studies involving mammalian species *in vitro* (Bhat *et al.*, 2016; Gayathri *et al.*, 2015; Lautert *et al.*, 2014; Li *et al.*, 2015) and *in vivo* (Aydin *et al.*, 2003; Tanaka *et al.*, 2016) showed nephrotoxic, hepatotoxic, immunotoxic, enterotoxic, neurotoxic and teratogenic effects of OTA. The toxicity and carcinogenic mechanisms of OTA have been associated with induction of oxidative stress (Costa *et al.*, 2016), cell apoptosis (Ramya and Padma, 2013), cell autophagy/mitophagy (Gan *et al.*, 2017; Qian *et al.*, 2017) and protein synthesis inhibition (Mally and Dekant, 2009).

ROS generation has been reported to trigger OTA toxicity (Zhu *et al.*, 2017). Several oxidative stress mechanisms elicited by OTA have been proposed through *in vivo* (AbdelWahhab *et al.*, 2017; Gan *et al.*, 2017) and *in vitro* studies (Bhat *et al.*, 2016; Ramya *et al.*, 2014) (Figure 1). OTA can cause damage due to oxidative stress through the generation of hydroxyl radicals via the Fenton reaction, via flavoprotein NADPH-cytochrome P450 activation and inhibition of Nrf2 activation and gene transcription. In addition, OTA can decrease the expression of the intracellular antioxidant enzymes GPx, CAT, SOD and GR (AbdelWahhab *et al.*, 2017; Bhat *et al.*, 2016) as demonstrated by an increase in MDA levels.

ROS generation increased by OTA promotes the activation of the apoptosis signalling pathway through the mitochondrial lipid peroxidation, promoting loss of mitochondria membrane potential, increasing membrane permeability (Bhat *et al.*, 2016), activating JNK MAPKs (Zhu *et al.*, 2017) and affecting the ER calcium channels with consequent release of the calcium into cytosol (Sheu *et al.*, 2017). These lesional mechanisms promote changes in the Bcl-2 family, inducing the expression of Bax, facilitating the release of cytochrome C and the activation of caspase 3 in the cytosol.

Patulin

PAT is a mycotoxin produced by several fungal species of the genera *Penicillium*, *Aspergillus*, *Paecilomyces* and *Byssoschlamys* and is a common contaminant of apples and its products, rotten fruit, mouldy feed and stored cheese (Tannous *et al.*, in press).

The toxic effects of PAT have been described *in vitro* (Assunção *et al.*, 2016; Jayashree *et al.*, 2017; Zhang *et al.*, 2015a), *in vivo* (Boussabbeh *et al.*, 2016b; Lu *et al.*, 2017;) and *ex vivo* (Maidana *et al.*, 2016) mainly associated with ROS generation and activation of p53 protein and cleaved caspase 3 (Assunção *et al.*, 2016; Boussabbeh *et al.*, 2016b; Jayashee *et al.*, 2016; Jin *et al.*, 2016) (Figure 1).

PAT has a strong affinity for sulfhydryl groups (Tannous *et al.*, in press). Therefore, the rapid ROS generation observed in the PAT toxicity is likely due to its electrophilic attack of the intracellular antioxidant enzymes containing the sulfhydryl group, mainly GSH (Jin *et al.*, 2016). PAT decreases SOD and CAT activity, promoting an increase in MDA levels (Zhang *et al.*, 2015a).

ROS generation also leads to lipid peroxidation, modulation of p38 MAPK expression, injury of cellular membranes and consequent DNA damage (Jin *et al.*, 2016). The activation of p53 is initiated by ROS generation that results in an increase in ROS generation (feedback loop) due to the increase in p53-induced gene 3 (PIG 3) expression that induces the inhibition of an antioxidant enzyme CAT (Jin *et al.*, 2016). In addition, p53 activation induces mitochondrial damage and caspase 3 activation leading to cell apoptosis (Boussabbeh *et al.*, 2016b). PAT also modulates other mechanisms associated with apoptosis regulation: it decreases Bcl-2 expression and increases Bax, cytochrome C and P450 expression (Boussabbeh *et al.*, 2016b; Jin *et al.*, 2016). Some studies have demonstrated that the generation of ROS causes mitochondrial damage and activates caspase 3 due to ER stress induced by PAT (Boussabbeh *et al.*, 2015, 2016a).

Zearalenone

ZEA is a resorcylic acid lactone derived mycotoxin produced by *Fusarium* fungi and is a contaminant commonly found in unprocessed maize kernels. ZEA and its metabolites (α - and β -zearalenol) have structural analogy to oestrogens. The oestrogenic activity of ZEA and its derivative has been demonstrated both *in vivo* (Koraichi *et al.*, 2012) and *in vitro* (Frizzell *et al.*, 2011; Parveen *et al.*, 2009).

ZEA toxic effects can be induced by mechanisms that are not associated with its oestrogenic activity. ZEA affects the integrity of DNA and mitochondria,

decreases cell proliferation and modulates the inflammatory response (Liu *et al.*, 2017; Marin *et al.*, 2015). These cytotoxic and genotoxic effects may be connected with oxidative stress generated by ZEA (Marin *et al.*, 2015). Some studies *in vivo* (Liu *et al.*, 2017; Marin *et al.*, 2015) and *in vitro* (Hassen *et al.*, 2007; Qin *et al.*, 2015) demonstrated the capacity of ZEA to induce ROS and lipid peroxidation, causing oxidative DNA and mitochondrial damage, apoptosis and modulation of pro- and anti-inflammatory cytokines as observed in Figure 1. The inhibition of protein and DNA synthesis caused by the oxidative stress was related to fragmentation of DNA, production of micronuclei and formation of DNA adduct (Abid-Es sefi *et al.*, 2004). Furthermore, the decrease in cell proliferation could be the result of cell arrest in the G2/M phase induced by ZEA (Abid-Es sefi *et al.*, 2003).

The generation of ROS by ZEA exposure led to an increase in iNOS and Cox-2 expression, and up-regulation of proinflammatory and down-regulation of anti-inflammatory cytokines (Marin *et al.*, 2015). Studies *in vivo* (Liu *et al.*, 2017; Marin *et al.*, 2015) and *in vitro* (Hassen *et al.*, 2007; Qin *et al.*, 2015) showed that ZEA also increases MDA levels due to the modulation of intracellular antioxidant mechanisms: decrease in GSH levels and SOD activity, increase in GPx and CAT activities. The latter enzymes are involved in intracellular antioxidant activity of the hydrogen peroxide conversion, consequently, the increase in GPx and CAT activities could be associated with an intracellular compensatory mechanism to scavenge ROS generation induced by ZEA (Marin *et al.*, 2015). Recent studies showed that ZEA-ROS generation increased the expression of p53, decreased MMP, promoting a decrease in anti-apoptotic Bcl-2 gene expression, leading to Bax expression and caspase 3 activation (Fan *et al.*, 2017). Therefore, the mitochondrial damage induced by the oxidative stress due to ZEA exposure can result in cell apoptosis.

4. Antioxidants and mycotoxins: does a protective effect exist?

Antioxidants are able to compete with other oxidisable substrates at relatively low concentrations, and thus to significantly delay or inhibit the oxidation of the substrates (Diplock *et al.*, 1998). The physiological role of antioxidants is to prevent damage to cellular components arising as a consequence of chemical reactions involving free radicals. In recent years, studies demonstrated that the generation of oxidative stress of free radicals, mainly ROS and RNS, plays an important role in the development of several diseases, including cancer (Reuter *et al.*, 2010; Zuo *et al.*, 2015). Similar protective action of antioxidants, mainly of

natural origin, has been observed against the toxic effects of several mycotoxins (Sorrenti *et al.*, 2013).

The protective properties of antioxidants are probably due to their ability to act as free radical scavengers, thereby protecting DNA, cell proteins and lipids from mycotoxin-induced damage. Many natural substances have been used for their ability to modulate the oxidative stress caused by mycotoxins, including ascorbate (vitamin C), tocopherol (vitamin E), carotenoid (vitamin A) and the flavonoids (Diplock *et al.*, 1998; Sorrenti *et al.*, 2013; Strasser *et al.*, 2013). Several studies have also demonstrated the ability of crocin, curcumin, green tea,

lycopene, phytic acid, L-carnitine, melatonin and minerals to modulate mycotoxin-induced oxidative stress (Meki *et al.*, 2004; Moosavi *et al.*, 2016; Salem *et al.*, 2016; Silva *et al.*, 2014; Verma and Mathuria, 2008; Zheng *et al.*, 2013).

Vitamins

Vitamins, mainly vitamins A, C and E, and their precursors act as free radical scavengers. These vitamins reduce oxidative stress and mycotoxin-induced damage to the cells (Strasser *et al.*, 2013). The main effects of vitamins A, C and E on the cellular oxidative stress induced by mycotoxins observed in *in vitro* and *in vivo* studies are listed in Table 1.

Table 1. Effects of antioxidant vitamins A, C and E in mycotoxin studies.

Mycotoxin ¹	Experimental model	Antioxidant effects ²	Reference	
Vitamin A AFB ₁	<i>in vitro</i> : human lymphocytes	increase GSH, GPx and SOD; decrease MDA	Alpsoy <i>et al.</i> , 2009	
	<i>in vitro</i> : microsomal enzymes	inhibit microsomal enzymes and reduce the bioactivation of AFB ₁	Wheeler <i>et al.</i> , 2006	
	<i>in vitro</i> : HepG2 cells	decrease the bioactivation of AFB ₁ ; decrease apoptosis; inhibit p53 mutation	Reddy <i>et al.</i> , 2006	
	<i>in vivo</i> : mice	decrease the mitotic and meiotic clastogeny	Sinha and Dharmshila, 1994	
	DON	<i>in vitro</i> : murine lymphoma cells	decrease the lipid (MDA) and protein peroxidation	Strasser <i>et al.</i> , 2013
	OTA	<i>in vivo</i> : rats	increase GSH and GPx; decrease apoptosis	Palabiyik <i>et al.</i> , 2013
	ZEA	<i>in vivo</i> : mice	decrease DNA adduct formation	Ghedira-Chekir <i>et al.</i> , 1998; Grosse <i>et al.</i> , 1997
Vitamin C AFB ₁	<i>in vitro</i> : woodchuck hepatocytes	decrease DNA adduct formation	Yu <i>et al.</i> , 1994	
	<i>in vitro</i> : human lymphocytes	increase GSH, GPx and SOD; decrease MAD level	Alpsoy <i>et al.</i> , 2009	
	<i>in vitro</i> : microsomal enzymes	inhibit microsomal enzymes and reduce the bioactivation of AFB ₁	Wheeler <i>et al.</i> , 2006	
	<i>in vivo</i> : rats	increase AFB ₁ metabolism to AFM ₁	Gradelet <i>et al.</i> , 1998	
	<i>in vivo</i> : guinea pig	decrease the GSH level; decrease the cytochrome P450 level	Netke <i>et al.</i> , 1997	
	<i>in vivo</i> : rabbits	decrease the number of abnormal and dead sperms	Salem <i>et al.</i> , 2001	
	<i>in vivo</i> : rohu (<i>Labeo rohita</i>)	increase serum lysozyme activity; enhance phagocytic ratio; immunostimulatory effect	Sahoo and Mukherjee, 2003	
	DON	<i>in vitro</i> : rat erythrocytes	decrease the haemolytic effect	Rizzo <i>et al.</i> , 1992
		<i>in vitro</i> : murine lymphoma cells	decrease the lipid (MDA) and protein peroxidation	Strasser <i>et al.</i> , 2013
		<i>in vivo</i> : rats	increase the CAT, SOD and GST activities; increase GSH level; decrease MDA level	Atroshi <i>et al.</i> , 1995; Rizzo <i>et al.</i> , 1994
	OTA	<i>in vivo</i> : mice	decrease apoptosis	Atroshi <i>et al.</i> , 2000a
T-2	<i>in vitro</i> : rat erythrocytes	decrease the haemolytic effect	Rizzo <i>et al.</i> , 1992	
	<i>in vivo</i> : rats	increase CAT, SOD, GST and GSH level	Atroshi <i>et al.</i> , 1995; Rizzo <i>et al.</i> , 1994	
ZEA	<i>in vivo</i> : piglets	increase T-AOC, SOD and GPx; decrease MDA level	Shi <i>et al.</i> , 2017	

	<i>in vivo</i> : mice	decrease DNA adduct formation	Ghedira-Chekir <i>et al.</i> , 1998; Grosse <i>et al.</i> , 1997
Vitamin E			
AFB ₁	<i>in vitro</i> : HepG2 cells	decreased p53 mutation; decreased DNA adduct formation; decreased apoptosis	Reddy <i>et al.</i> , 2006; Abdel-Hamid and Firqany, 2015
	<i>in vitro</i> : human lymphocytes	increased GST, GPx and SOD; decreased MDA level	Alpsoy <i>et al.</i> , 2009
	<i>in vitro</i> : microsomal enzymes	inhibited of microsomal enzymes and reduce the bioactivation of AFB ₁	Wheeler <i>et al.</i> , 2006
	<i>in vivo</i> : rats	increased the CAT, SOD and GST; decreased MDA level; decreased cytochrome P-450 activity	Cassandi <i>et al.</i> , 1993
	<i>in vivo</i> : mice	increased 3β- and 17β-hydroxysteroid dehydrogenases activities and serum testosterone levels	Verma and Nair, 2002
DON	<i>in vitro</i> : rat erythrocytes	decreased the haemolytic effect	Rizzo <i>et al.</i> , 1992
	<i>in vitro</i> : murine lymphoma cells	decreased the lipid (MDA) and protein peroxidation	Strasser <i>et al.</i> , 2013
	<i>in vivo</i> : piglets	decreased DNA damage	Frankic <i>et al.</i> , 2008
	<i>in vivo</i> : rats	increased the CAT, SOD and GST and GSH level; decreased MDA level	Atroshi <i>et al.</i> , 1995; Rizzo <i>et al.</i> , 1994
FB ₁	<i>in vivo</i> : rats	decrease DNA fragmentation; decreased the Ca ²⁺ nuclei; decreased the AST/ALT	Atroshi <i>et al.</i> , 1999
OTA	<i>in vitro</i> : porcine fibroblasts	decreased DNA fragmentation	Fusi <i>et al.</i> , 2010
	<i>in vitro</i> : HepG2 cells	decreased DNA fragmentation, Bax expression and casp-3 activation	Gayathri <i>et al.</i> , 2015
	<i>in vivo</i> : rats	increase the protein level; decreased the AST, ALT, AP and γGT	Atroshi <i>et al.</i> , 2000b
	<i>in vivo</i> : mice	decreased apoptosis	Atroshi <i>et al.</i> , 2000a

Table 1. Continued.

Mycotoxin ¹	Experimental model	Antioxidant effects ²	Reference
Vitamin E			
PAT	<i>in vitro</i> : HepG2 cells	decreased p53 activation; decreased DNA damage	Ayed-Boussema <i>et al.</i> , 2013
T-2	<i>in vitro</i> : chicken lymphocytes	increased lymphocyte proliferation	Jaradat <i>et al.</i> , 2006
	Vero cells	decreased Hsp 70 expression	El Golli <i>et al.</i> , 2006
	<i>in vitro</i> : rat erythrocytes	decreased the haemolytic effect	Rizzo <i>et al.</i> , 1992
	<i>in vivo</i> : chicken	decreased MDA level	Hoehler and Marquardt, 1996
	<i>in vivo</i> : rats	increased the CAT, SOD and GST and GSH level; increase the protein level; decreased MDA level, AST, ALT, AP and γGT.	Atroshi <i>et al.</i> , 1995, 2000a.; Rizzo <i>et al.</i> , 1994
ZEA	<i>in vivo</i> : mice	decreased DNA adduct formation	Ghedira-Chekir <i>et al.</i> , 1998; Grosse <i>et al.</i> , 1997

¹ AFB₁ = aflatoxin B₁; DON = deoxynivalenol; FB₁ = fumonisin B₁; NIV = nivalenol; OTA = ochratoxin A; PAT = patulin; T-2 = T-2 toxin; ZEA = zearalenone. ² ALT = alanine transaminase; AP = alkaline phosphatase; AST = aspartate transaminase; CAT = catalase; GPx = glutathione peroxidase; GSH = glutathione; GST = glutathione S-transferase; γGT = gamma-glutamyl transpeptidase; MDA = malondialdehyde, SOD = superoxide dismutase; T-AOC = total antioxidative capacity.

Vitamin A has three active forms: retinol, retinal, and retinoic acid (retinoids), which are essential for physiological functions, including reproduction, vision, growth, and maintenance of epithelial tissues. The antioxidative effects of vitamin A have been associated with inhibiting cytochrome P450-mediated metabolism of toxic substances and preventing mutagenic epoxies from binding to DNA, thereby forming epoxides and competing with mutagenic epoxides in reaction with DNA (Diplock *et al.*, 1998). The toxic effects of AFB₁, DON, OTA and ZEA have been shown to be reduced in interaction with vitamin A in *in vitro* and *in vivo* models. The beneficial effects include increased levels of antioxidant enzymes (GSH, GPx), a decrease in mycotoxin bioactivation and in cell death (Table 1).

Vitamin C or ascorbic acid is a lactone synthesised in the liver of many species. It is a first-line antioxidant that has beneficial effects including protecting cell membranes, proteins and nucleic acids from oxidation. Its biological action and antioxidant characteristic are associated with its ability to donate electrons. At physiological levels, vitamin C is a powerful scavenger of oxygen-derived free radicals such as superoxide radical anion, H₂O₂, the hydroxyl radical, and singlet oxygen in plasma and tissues (Diplock *et al.*, 1998). In addition, ascorbic acid is an efficient scavenger of reactive nitrogen oxide species, thereby avoiding nitrosative stress and cell damage (Rock *et al.*, 1996). Vitamin C also interacts with GSH, reducing GSH production, which, in turn, reduces oxidative stress. The main effects of vitamin C on mycotoxin induced-toxicity are reducing lipid peroxidation and increasing levels of antioxidant enzymes. These and other effects have been described for AFB₁, DON, OTA, T-2 and ZEA (Table 1). Reduced adduct formation, decreased apoptosis and enhancement of phagocytosis have been reported for AFB₁ and ZEA (Ghedira-Chekir *et al.*, 1998; Sahoo and Mukherjee, 2003).

Vitamin E refers to a group of substances that includes tocopherols and tocotrienol derivatives. There are two forms of vitamin E, γ -tocopherol and α -tocopherol. α -tocopherol is the most biologically active form of vitamin E (Traber and Sies, 1996) and the major function is that of a peroxy radical scavenger, interrupting the propagation of free radicals. In addition, vitamin E interacts with reactive nitrogen oxide species and singlet oxygen, thereby maintaining the integrity of polyunsaturated fatty acids in cell membranes (Rock *et al.*, 1996). Vitamin E has been shown to act favourably against seven mycotoxins (AFB₁, DON, FB₁, OTA, PAT, T-2 and ZEA) (Table 1). Its actions are similar to those of vitamins A and C, although decreased DNA fragmentation and damage of DON, FB₁ and OTA was also reported (Atroshi *et al.*, 1999; Frankic *et al.*, 2008; Gayathri *et al.*, 2015). In addition, reduced Hsp 70 expression and increased lymphocyte proliferation were described for T-2 (El Gholli *et al.*, 2006; Jaradat *et al.*, 2006).

Flavonoids

The flavonoids are the most common hydroxylated phenolic substances that are synthesised by plants. Sources of flavonoids are citrus fruits, berries, red wine and tea (Diplock *et al.*, 1998). The function of flavonoids is associated with its structure, which includes a number of structurally different subgroups, including flavonols (quercetin, kaempferol, myricetin), flavanols (catechin and epicatechin), isoflavones (genistein), flavones (apigenin, hesperetin), flavanones (naringenin, taxifolin) and/or anthocyanidins (cyanidin, malvidin) (Rice-Evans and Miller, 1996). The biological function of antioxidants is connected with their capacity to scavenge free radicals (peroxy radical and hydroxyl radical), as well as chelating metals involved in the Fenton reaction (Rice-Evans and Miller, 1996).

The flavonol quercetin is one of the most effective polyphenolic substances linked to a reduction in the levels of ROS and reactive nitrogen species. In previous *in vivo* and *in vitro* studies, quercetin was shown to modulate the effects of oxidative stress caused by T-2, AFB₁ and OTA resulting in an increase in Nrf2 expression, SOD and GPx activity as well as total antioxidant status and GSH levels (Abdel-Wahhab *et al.*, 2017; Capcarova *et al.*, 2015; Choi *et al.*, 2010; Ramyaa and Padma, 2013; Ramyaa *et al.*, 2014). On the other hand, quercetin was associated with a decrease in ER oxidative stress, ROS generation, MAD level, P450 and NADPH activity, cytochrome C release, casp-3 activation cell apoptosis, Cox-2 and NO expression, TNF- α , IL-6 and IL-2 and a decrease in DNA damage (Abdel-Wahhab *et al.*, 2017; Ramyaa and Padma, 2013; Ramyaa *et al.*, 2014).

Recent studies demonstrated the antioxidant effects of other flavonoids on oxidative stress induced by mycotoxins. Proanthocyanidin increased Nrf2 expression, SOD, GPx, CAT activities, GSH level, and decreased MDA content, DNA damage and the expression of pro-inflammatory cytokines (IL-1 β , TNF- α , IL-6 and IFN- γ) in rats and mice subjected to AFB₁ (Long *et al.*, 2016c) and ZEA (Long *et al.*, 2016b) diets. Cyanidin decreased DNA damage, ROS production, lipid hydroperoxide and iNOS, and increased HO-1 activity and non-protein thiol groups in rats, in a pig kidney cell line (LLC-PK1), and in human fibroblasts exposed to OTA (Sorrenti *et al.*, 2012). Baicalein, wogonin and hesperidin increased cell viability and decreased genotoxicity and casp-3 activation in mice and neural crest cells

exposed to AFB₁ (Nones *et al.*, 2013; Ueng *et al.*, 2001). Zhong *et al.* (2017) reported that the apigenin re-established MMP, increased Bcl-2 expression, decreased Bax, p53 activation and the cytochrome C release in human embryonic kidney cells 293 (HEK 293 cells) treated with PAT. With the addition of silymarin to their diet, mice subjected to FB₁ contaminated feed showed decreased TNF- α expression and casp-8 activation (Sozmen *et al.*, 2014).

Crocin, curcumin, green tea, lycopene and phytic acid

Crocin is a major bioactive compound and is mainly found in *Gardenia jasminoides* and saffron. Water and ethanol extracts of crocin displayed antioxidant activity against O₂⁻ and HO radicals (Xiao *et al.*, 2017). Curcumin is a hydrophobic polyphenol derived from turmeric, a compound extracted from the root of *Curcuma longa* L. rhizome. Curcumin has diverse biological functions and its structure, which is composed of methoxy groups and phenols, is associated with its properties (Zheng *et al.*, 2017). The antioxidant action of crocin and curcumin on the molecular effects of mycotoxins *in vitro* and *in vivo* are summarised in Table 2.

Green tea is derived from *Camellia sinensis* leaves and contains a wide range of bioactive compounds of which one third are composed of polyphenols of which the majority are flavonoids. Catechins (GTCs) are one of the main flavonoids in green tea. GTCs have antioxidant capacity to scavenge ROS such as O₂⁻, H₂O₂ and HO radicals (Cooper *et al.*, 2005). Lycopene is the most abundant carotenoid (nonvitamin A) in orange fruits and vegetables, mainly tomatoes and derived products and is responsible for their bright red colour. Lycopene is a recognised antioxidant and has been considered the most efficient in scavenging single oxygen (Mordente *et al.*, 2011). Phytic acid (IP6) is a saturated cyclic acid commonly found in plant tissues and seeds; and its antioxidant effect is on ROS production mainly due its capacity to chelate iron, thereby inhibiting the Fenton reaction (Silva and Bracarense, 2016). The antioxidant effects of green tea, lycopene and IP6 on mycotoxin-induced oxidative stress *in vitro* and *in vivo* studies are listed in Table 3.

L-carnitine

L-carnitine is an endogenous mitochondrial membrane compound that plays a prominent role in facilitating the transport of long-chain fatty acids into mitochondria and the oxidation pathway (Adeva-Andany *et al.*, 2017). L-carnitine decreases oxidative stress, increases endogenous antioxidant defence capacity, protects mitochondria against lipid oxidation, and decreases apoptosis through the inhibition of mitochondrial swelling and cytochrome C release (Adeva-Andany *et al.*, 2017). L-carnitine has been shown to decrease ROS production, MDA level, casp-3 activation, DNA and protein damage, and to increase MMP and GSH levels in rats and quails subjected to AFB₁ or T-2 contaminated diets (Citil *et al.*, 2005; Moosavi *et al.*, 2016; Yatim and Sachan, 2001).

Melatonin

Melatonin is a hormonal product of the pineal gland that controls reproductive functions, modulates immune system activity, limits tumorigenesis and effectively inhibits oxidative stress (Reiter, 1997). Antioxidant effects of melatonin reported in rats exposed to AFB₁ and OTA contaminated diets included an increase in the GSH level and in the activity of CAT, GPx, GSH, GST, GR and SOD (Abdel-Wahhab *et al.*, 2005; Meki *et al.*, 2004; Sutken *et al.*, 2007), a decrease in MDA and LPO content (Abdel-Wahhab *et al.*, 2005; Sutken *et al.*, 2007; Yenilmez *et al.*, 2010) and decreased expression of NO, Hsp 70 and casp-3 (Meki *et al.*, 2001, 2004).

Table 2. Effects of antioxidant food compounds (crocin and curcumin) in mycotoxins studies.

Mycotoxin ¹	Experimental model	Antioxidant effects ²	Reference
Crocin			
AFB ₁	<i>in vivo</i> : rats	increase GSH level, GPx and GST activities; decrease DNA damage	Lin and Wang, 1986; Wang <i>et al.</i> , 1991
PAT	<i>in vivo</i> : mice	increase GSH level and Bcl-2 expression; re-establish the MMP; decrease p53 activation, Bax expression and cytochrome C release; decrease MDA content, Hsp 70 expression, casp-3 activation and CAT; decrease DNA damage	Boubassabbeh <i>et al.</i> , 2016a,b
ZEA	<i>in vitro</i> : HCT11 and HEK293 cells	decrease MDA content, ER stress and DNA damage	Ben Salem <i>et al.</i> , 2015b
	<i>in vivo</i> : mice	increase Bcl-2 expression; decrease Bax, Hsp 70 expression and activities; decrease MDA content, CAT and SOD activities; decrease protein carbonyl generation	Ben Salem <i>et al.</i> , 2015a; Salem <i>et al.</i> , 2016
Curcumin			
AFB ₁	<i>in vitro</i> : human primary hepatocytes	decrease DNA damage	Gross-Steinmeyer <i>et al.</i> , 2009
	<i>in vivo</i> : broiler chickens	increase GSH level, CAT, GST and SOD activities; decrease cytochrome P450 expression; decrease IL-6 expression	Gowda <i>et al.</i> , 2009; Yarru <i>et al.</i> , 2009
	<i>in vivo</i> : mice	increase ATPase and SDH; increase GSH level, CAT, GPx and SOD activities; decrease DNA and protein damage	Mathuria and Verma, 2007a,b; Verma and Mathuria, 2008, 2009; Verma <i>et al.</i> , 2008
	<i>in vivo</i> : rats	increase GSH level, CAT, SOD, GPx and GST activities; increase Bcl-2 expression; decrease Bax expression; decrease casp-3 activation; decrease DNA and protein adduct formation	Abdel-Wahhab <i>et al.</i> , 2016; E-Bahr, 2015; Nayak and Sashidhar, 2010; Poapolathep <i>et al.</i> , 2015
ZEA	<i>in vivo</i> : rats	decrease MDA content; decrease DNA fragmentation	Ismail <i>et al.</i> , 2015
	sow	increase GSH level, CAT and SOD activities	Qin <i>et al.</i> , 2015
¹ AFB ₁ = aflatoxin B ₁ ; PAT = patulin; ZEA = zearalenone.			
² ATPase = adenosine triphosphatase; CAT = catalase; GPx = glutathione peroxidase; GSH = glutathione; GST = glutathione S-transferase; MDA = malondialdehyde; MMP = mitochondrial membrane potential; SDH = succinate dehydrogenase; SOD = superoxide dismutase.			

Minerals

Several minerals are dietary constituents involved in the antioxidant defence system, acting directly as antioxidants or promoting detoxifying enzymes (Sorrenti *et al.*, 2013). Antioxidant enzymes, such as GPx and SOD require a dietary supply of selenium (Se), copper (Cu) and zinc (Zn) (Wang *et al.*, in press). Se is an essential micronutrient associated with S-dependent enzymes, including GPx, thioredoxin reductases, iodothyronine deiodinases, and selenophosphate synthetases (Wang *et al.*, 2016). Se has been shown to increase the antioxidant function of CAT, GSH, GPx and SOD, decrease MDA content, increase the level of GSH and to modulate DON-induced immunosuppression in piglet lymphocytes and broiler chickens exposed to DON (Placha *et al.*, 2009; Wang *et al.*, in press). Long *et al.* (2016a,b) observed that Se increased GPx and SOD activities and Bcl-2 expression, decreased MDA content, Bax and casp-3 expression in mice fed with ZEA.

Zn exerts its antioxidant activity either in an acute way or on a long-term basis. In the first form, zinc acts by stabilising protein sulphhydryl groups against oxidation and exchanging redox active metals (copper and iron) (Zheng *et al.*, 2013). In the second form, Zn induces the expression of metallothioneins, which act as electrophilic scavengers. Moreover, zinc is a co-factor of the SOD enzyme that catalyses superoxide anions into less toxic O₂ and H₂O₂ and modulates the activity of GPx and glutamylcysteine synthetase, through the activation of metal response transcription factor-1 (MTF-1) (Powell, 2000). Zheng *et al.* (2013) demonstrated the antioxidant effect of zinc as being an increase in SOD activity and a decrease in ROS generation and in DNA damage in HepG2 cells exposed to OTA.

Table 3. Effects of antioxidant food compounds (green tea/catechin, lycopene and phytic acid) in mycotoxins studies.

Mycotoxin ¹	Experimental model	Antioxidant effects ²	Reference
Green tea/catechin			
AFB ₁	<i>in vitro</i> : chicken hepatocytes	increase Bcl2-expression; increase SOD, CAT, GR activities; decrease MDA content; decrease Bax and NF-κB expression; decrease TNF-α, IL-1β and IL-6 expression	Oskoueian <i>et al.</i> , 2015
	<i>in vitro</i> : HepG2	decrease ROS production	Corcuera <i>et al.</i> , 2012
	<i>in vivo</i> : rats	decrease the cytochrome 450 content; decrease DNA damage; decrease cell proliferation (promotion phase cancer)	Tulayakul <i>et al.</i> , 2007 Qin <i>et al.</i> , 2000
FB ₁	<i>in vivo</i> : rats	increase GSH level	Marnewick <i>et al.</i> , 2009
OTA	<i>in vitro</i> : LLC-PK1 cells	increase cell viability; decrease ROS production; decrease DNA damage	Costa <i>et al.</i> , 2007
PAT	<i>in vivo</i> : mice	increase GSH level; decrease MDA content; decrease protein carbonyl formation; decrease p53 and casp-3 activation; decrease DNA damage	Jayashree <i>et al.</i> , 2017; Song <i>et al.</i> , 2014
Lycopene			
AFB ₁	<i>in vivo</i> : rats	decrease DNA adduct formation	Tang <i>et al.</i> , 2007
OTA	<i>in vivo</i> : rats	increase GSH level and GPx activity; decrease MDA content; decrease apoptosis; decrease DNA damage	Aydin <i>et al.</i> , 2013; Palabyik <i>et al.</i> , 2013
T-2	<i>in vivo</i> : chicks	increase GSH level; decrease MDA content	Leal <i>et al.</i> , 1999
ZEA	<i>in vivo</i> : mice	increase GSH level; increase CAT, GPx, GST, GR and SOD activities; increase IL-10 expression; decrease TNF-α, IL-1β, IL-2 and IL-6 expression	Boeira <i>et al.</i> , 2015
Phytic acid			
AFB ₁	<i>in vivo</i> : rats	increase GSH level; increase CAT and SOD activities	Abu El-Saad and Mahmoud, 2009
DON	<i>in vitro</i> : IPEC-1 cells	increase TEER	Pacheco <i>et al.</i> , 2012
	<i>ex vivo</i> : piglet intestine	decrease Cox-2 and casp-3 expression	Silva <i>et al.</i> , 2014
	<i>in vivo</i> : piglet intestine	decrease Cox-2 and casp-3 expression	Silva <i>et al.</i> , 2014

¹ AFB₁ = aflatoxin B₁; FB₁ = fumonisin B₁; OTA = ochratoxin A; PAT = patulin; T-2 = T-2 toxin; ZEA = zearalenone.

² CAT = catalase; GPx = glutathione peroxidase; GR = glutathione reductase; GSH = glutathione; GST = glutathione S-transferase; IL = interleukin; MDA = malondialdehyde; NF-κB = nuclear factor kappa beta; ROS = reactive oxygen species; SOD = superoxide dismutase; TEER = transepithelial electrical resistance; TNF-α = tumour necrosis factor alpha

Mixtures

Several studies have demonstrated that mixtures of natural substances reduce the oxidative stress lesions caused by mycotoxins. The combination of L-carnitine, vitamin E, selenium, melatonin, coenzyme Q10 and tamoxifen (Abidin *et al.*, 2013; Atroshi *et al.*, 2000; Sutken *et al.*, 2007; Yenilmez *et al.*, 2010) increased protective effects on DNA, proteins and lipids against OTA-induced toxicity compared to the individual effects of the compounds.

Moreover, the combination of coenzyme Q10, L-carnitine, alpha-tocopherol and selenium, garlic and curcumin (ElBarbary, 2016), black tea and curcumin (Alm-Eldeen *et al.*, 2015) displayed potent antioxidant effects against the toxic effects of AFB₁. In T-2-induced oxidative stress experiments, the increase in the level of GSH and the decrease in DNA damage were more apparent in mixtures of coenzyme Q10, L-carnitine, alpha-tocopherol and selenium (Atroshi *et al.*, 1999) and tamoxifen, vitamin E, and Se (Atroshi *et al.*, 1997, 2000).

5. Conclusions

Oxidative stress, ROS and RNS generation induced by mycotoxins have been associated with their cytotoxic effects on DNA, protein synthesis and mitochondria. These effects have been confirmed in different assays on cell membranes, proteins or nucleic acids, but the mechanisms involved in the activation of the signalling pathways that results in cell death or increased permeability for the different mycotoxins remain uncertain. Which factors are involved in activation? Dose, duration of exposure, and animal species are some of the aspects that need to be investigated in addition to the molecular characteristics of mycotoxins. In addition, most available data were acquired in *in vitro* studies or mice/rat models. New data from other animal models, especially those of economic interest are still lacking.

Several antioxidants have demonstrated their beneficial effects in mitigating and/or preventing the toxic effects of mycotoxins in *in vitro*, *in vivo* and *ex vivo* experimental models, but again the mechanisms and pathways involved in these effects are still not fully understood, pointing to a wide range of research opportunities. Although numerous studies have demonstrated the protective and preventive effect of antioxidants on mycotoxins-induced oxidative stress, the choice of the most appropriate nutritional methods requires knowledge of the type of antioxidants in the diet, their bioavailability and food sources, and the exact intake required to achieve these protective effects.

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3 OBJETIVOS

3.1 OBJETIVO GERAL

- Avaliar os efeitos tóxicos da micotoxinas fumonisina B1 (FB1) e desoxinivalenol (DON), e o efeito modulador do ácido fítico (IP6) sobre explantes jejunais de suínos.

3.2 OBJETIVOS ESPECÍFICOS

- Determinar os efeitos da FB1 e DON sobre a morfologia intestinal, apoptose, proliferação celular, expressão de E-caderina, ciclooxigenase-2 (cox-2) e estresse oxidativo.
- Caracterizar os efeitos do IP6 nos explantes jejunais expostos a FB1 e ao DON sob avaliação dos parâmetros morfológicos, proliferação celular, apoptose, expressão E-caderina, (cox-2) e estresse oxidativo.
- Avaliar os efeitos da FB1 e DON sobre a expressão de RNAm para as citocinas pró-inflamatórias (IL-1 β , IL-6, IL-8, IFN- γ , TNF- α), anti-inflamatória (IL-10), e β -defensinas 1 (pBD-1) e 2 (pBD-2).
- Avaliar os efeitos do IP6 na resposta inflamatória por meio da avaliação da expressão de RNAm para as citocinas pró-inflamatórias (IL-1 β , IL-6, IL-8, IL-10, IFN- γ , TNF- α) e anti-inflamatória (IL-10), e na expressão das β -defensinas 1 e 2 em explantes jejunais expostos a FB1 e DON.

4 ARTIGO 1

PHYTIC ACID DECREASES THE OXIDATIVE STRESS AND THE INTESTINAL LESIONS INDUCED BY FUMONISIN B1 AND DEOXYNIVALENOL IN SWINE²

Abstract

The purpose of the present study was to investigate the effects of phytic acid (IP6) on morphological and immunohistochemical parameters, and on the oxidative stress response of intestinal explants of pigs exposed to fumonisin B1 (FB1) and deoxynivalenol (DON) alone and in combination. The jejunal explants were exposed to treatments: control, IP6 5mM, DON 10 μ M, FB1 70 μ M, DON 10 μ M plus FB1 70 μ M, DON 10 μ M + IP6 5mM, FB1 70 μ M + IP6 5mM and DON 10 μ M plus FB1 70 μ M + IP6 5 mM. Decrease of villi height and goblet cells density were more evident in DON and DON plus FB1 treatments. In addition, a significant increase in cell apoptosis and cell proliferation, and a decrease of E-cadherin expression were observed in the same groups. Mycotoxin exposure increased cyclooxygenase-2 (Cox-2) expression and decreased the cellular antioxidant capacity. Increase in lipid peroxidation was observed in DON and FB1 treated groups. IP6 showed beneficial effects such as reduction on intestinal morphological changes, cell apoptosis, cell proliferation and Cox-2 expression, and an increase in E-cadherin expression when compared with DON, FB1 alone or associated. IP6 inhibited the oxidative stress and increased the antioxidant capacity in the explants exposed to mycotoxins.

Keywords: Mycotoxins, IP6, reactive oxygen species, morphology, jejunum, pigs

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Introduction

The mycotoxins fumonisin B1 (FB1) and deoxynivalenol (DON) are the most frequently contaminants in agricultural commodities worldwide, and represent a risk for human and animal health (Escrivá et al., 2015). The exposure to mycotoxins is inevitable, therefore, there is a requirement of effective approaches to mitigate or even eliminate their harmful impacts. In the last years, research involving nutraceutical substances and compounds is constantly increasing due to their excellent preventive and therapeutic effects (Adhikari et al., 2017).

FB1 and DON are mycotoxins mainly produced by *Fusarium* spp. that commonly contaminate maize, wheat, barley and oat (Alshannaq and Yu, 2017). The intracellular action of these mycotoxins has been elucidated, and the induction of oxidative stress and generation of radical oxygen species (ROS) play an important role in their toxic effects as observed *in vivo* (Osselaere et al., 2013; Abbes et al., 2016) and *in vitro* (Li et al., 2014; Domijan et al., 2015). Other toxic effects have been reported altering the intestinal morphology (expression of cell junction proteins, cell proliferation and apoptosis, production of mucin) and modulating the inflammatory response (deregulation of anti and pro-inflammatory cytokines and overexpression of ciclooxigenase-2 (cox-2) (Pinton et al., 2010; Bracarense et al., 2012; Basso et al., 2013; Wan et al., 2013; Silva et al., 2014). However, the association between intestinal lesions and oxidative stress induced by FB1 and DON has not been elucidated.

Phytic acid (IP6) is a natural antioxidant widely present in cereals and legumes (Silva and Bracarense, 2016). Several studies have demonstrated the preventive and therapeutic effects of IP6 in diseases associated to mineral and endocrine disturbances, chronic inflammation, and cancer development (Onomi et al., 2004; Kapral et al., 2012; Fuster et al., 2017). Specifically in models of intestinal inflammation and cancer, IP6 showed favorable

effects decreasing the aberrant crypts formation, increasing cell viability, downregulating pro-inflammatory cytokines and chemokines and decreasing Cox-2 expression (Cholewa et al., 2008; Saad et al., 2013; Kapral et al., 2015).

Swine is one of the most sensitive species to toxic effects of FB1 and DON (Bracarense et al., 2012). Furthermore, the similarity with human intestinal physiology and immune system as well as with the absorption of IP6 (Schlemmer et al., 2001) makes pigs an ideal experimental model to study the toxic effects induced by mycotoxins and strategies to mitigate the toxicity using IP6. In addition, most studies focusing on the effects of FB1 and DON on the oxidative stress were performed *in vitro* or using laboratory animals and chickens (Silva et al., 2018).

In previous *in vitro* (Pacheco et al., 2012) and *ex vivo* (Silva et al., 2014) studies we have showed that IP6 exposure decreased the intestinal lesions induced by FB1 and DON. Nevertheless, the interaction of IP6 on the oxidative stress response produced by mycotoxins in the intestine is not clear. The aim of the present study was to investigate the action of IP6 on the toxic effects induced by FB1 and DON alone and in association on the intestine focusing on the oxidative stress response, morphology, goblet cells density, cell proliferation and apoptosis, E-cadherin and cox-2 expression using jejunal explants of pigs.

Material and Methods

Animals and reagents (FB1, DON and phytic acid)

Five 24-days-old crossbred (Landrace x Large White X Duroc) piglets ($7.9 \text{ kg} \pm 0.72$) were used in the present study. All animal experimental procedures were performed in accordance with the institutional animal care and use committee (CEUA/UEL/Brazil-process n° 4173.2014.05). The purified DON (MW: 296.32; Sigma–Aldrich, St. Louis, MO, USA) and FB1 (MW: 721.83; Cayman Chemical Company, Michigan, USA) were dissolved in

ultrapure water at final concentration of 10 μM for DON and 70 μM for FB1 and stored at 4 °C. The concentrations of FB1 (70 μM) and DON (10 μM) used were described in previous studies (Lucioli et al., 2013; Silva et al., 2014) and are equivalent to 3 mg/ kg feed and 50.5 mg/kg feed, respectively.

The phytic acid salt (MW: 819; Sigma–Aldrich, St. Louis, MO, USA) was dissolved in distilled water in a concentration of 15 mM and the pH adjusted to 7.2. Posteriorly, the solution was stored at -20 °C before dilution in explant culture media. The IP6 concentration of 5 mM used was chosen according preview study (Silva et al., 2014).

Ex vivo experimental model

The piglets were euthanized (acepromazine 1%, sodium pentobarbital 40 mg/Kg and KCl 15%), subsequently, the jejunum was excised, and samples 5 cm in length were collected, washed with PBS pH 7,2 solution and opened longitudinally. From each animal, six explants (replicates) were collected to each treatment using a punch 8mm in diameter. The total number of 48 explants were collected from each piglet and laid in 6 well plates (three explants/well) with 3 mL of the following treatments: control (A, B, C and D) - only culture media (DMEM; Gibco-BRL Life Technologies, Carlsbad, CA) plus penicillin/streptomycin (1.25 $\mu\text{L}/\text{mL}$ -Gibco-BRL Life Technologies, Carlsbad, CA), gentamicin (10 $\mu\text{L}/\text{mL}$ -Novafarma, São Paulo, SP, Brazil), fetal bovine serum (100 $\mu\text{L}/\text{mL}$, Invitrogen, São Paulo, SP, Brazil) and L-glutamine (0.4 $\mu\text{L}/\text{mL}$ - Sigma Aldrich, St. Louis, MO, USA); and culture media with IP6 5 mM (E, F, G and H). The explants were incubated at 37 °C using orbital shaking. After one hour, DON (10 μM) was added in the B, D, F and H treatments, and FB1 (70 μM) in the C, D, G and H treatments. The explants returned to incubation under orbital shaking for more three hours. After the incubation period, three explants of each treatment were fixed in 10% neutral buffered formalin solution, dehydrated in alcohols and embedded in paraffin for the histological and immunohistochemical evaluation. Three explants were

immediately frozen in liquid nitrogen and posteriorly stored at -80°C to the assessment of reduced glutathione (GSH), thiobarbituric acid reactive substances (TBARS), 2,2'-azino-bis-3-ethylbenzothiazoline-6-sulphonic acid (ABTS) and ferric reducing antioxidant power (FRAP) levels.

Histological and immunohistochemical assessment

Sections of $3\mu\text{m}$ were stained with Hematoxylin and Eosin (H&E) for histopathological evaluation. An intestinal histological score previously described (Silva et al., 2014) was used to compare the morphological changes and lesions between the treatments. The frequency of each morphological change and lesion was evaluated as previously described (Silva et al., 2014). The following morphological and lesional criteria were included in the score: flattening of enterocytes, villi atrophy and fusion, interstitial edema, lymphatic vessel dilation, loss of apical enterocytes, cell vacuolation and necrotic debris. The lesional score was calculated by taking into the extent of each lesion (according to intensity or frequency observed, scored from 0 to 2; 0-diffuse, 1-moderate and 2-absent).

The villi height was measured randomly on 10 villi using an image analysis system (MOTIC Image Plus Motic Instruments, Richmond, Canada) at 100x magnification. Sections of the jejunum samples were submitted to Periodic Acid-Schiff (PAS) staining to evaluate the goblet cells density. Positive stained goblet cells were counted randomly in 10 villi per explant and their respective bilateral crypts, at 200x magnification.

Sections of the same explants used to histopathological examination were submitted to immunohistochemical assay. The evaluation of apoptosis, cell proliferation, cell junction expression and Cox-2 expression were performed using antibodies against cleaved caspase-3 (Casp3) (anti-Asp 175, 1:200 dilution, Cell Signaling Technology, Beverly, MA, USA), Ki-67 (anti-7B11, 1:50 dilution, Zymed, Waltham, MA, USA), E-cadherin (anti-4A2C7, 1:50,

Zymed, Waltham, MA, USA) and Cox-2 (anti-CX-294, 1:100 dilution, Dako, Santa Clara, CA, USA), respectively. The protocols, positive and negative controls were used according to the manufacturer's instructions.

The positive immunoexpression of Ccasp3 and Ki-67 was estimated by counting strongly positive immunostaining of the cytoplasm (Ccasp3) and nucleus (Ki-67) in five random fields in the crypt region/explant at 400x magnification. The expression of E-cadherin was estimated by the evaluation of five fields in the enterocytes of villi region at 200x magnification. The staining was considered positive when homogeneous and strong basolateral membrane staining of the enterocytes was observed. The expression of Cox-2 was estimated by evaluating five fields in the crypt region at 200x magnification. Fields were considered positive when 50% or more of the cells were positively immunostained. The total number of fields evaluated in the three explants per treatment/animal were 15.

GSH levels measurement

GSH levels were determined spectrophotometrically by an adapted method described by Sedlack and Lindsay (1968). The frozen intestinal samples were homogenized using Tissue Tearor (Biospec, São Paulo, SP, Brazil) in cold EDTA buffer (40.02 M). The homogenate was treated with 50% trichloroacetic acid (50% w/v) and centrifuged (1500g for 15min), and the supernatant (1 mL) was mixed with 2 mL of a solution 0.4M Tris-HCl, pH 8.9. The samples were vortex-mixed and 10mM dithiobisnitrobenzoic acid was added followed by vortex-mixing. Posteriorly, the samples were allowed to stand for 5 minutes before being read at 412 nm (Multiskan GO Microplate Spectrophotometer, ThermoScientific, Vantaa, Finland). A standard curve was prepared using different concentrations of GSH, in addition to the other reagents mentioned before. Results were presented as nmol GSH/mg of jejunum.

Lipid peroxidation measurement (TBARS)

Lipid peroxidation in the jejunum explants was assessed by determining TBARS levels using an adapted method previously described by Guedes et al. (2006). For this assay, trichloroacetic acid (10%) was added to the homogenate to precipitate proteins followed by centrifugation (1000g, 3min, 4°C). The protein-free supernatant was separated and mixed to thiobarbituric acid (0.67%). The mixture was kept in water bath (15 min, 100°C). Malondialdehyde (MDA), an intermediate product of lipid peroxidation, was determined by the difference between absorbances at 535 and 572 nm using a microplate spectrophotometer reader. The results were presented as TBARS (nmol MDA/mg of jejunum).

ABTS and FRAP assays

The ability of intestinal explants in the different treatments to resist oxidative damage was determined by its free radical scavenging (ABTS assay) and ferric reducing (FRAP assay) properties. The frozen jejunal samples collected were homogenized in ice-cold 1.15% KCl buffer solution. Samples were centrifuged (200g for 10min at 4°C) and the supernatants were used in both assays (ABTS and FRAP) according to Katalinic et al. (2005). The diluted ABTS solution (200 µL) was mixed with 10 µL of sample in each well. After 6 minutes of incubation at 25°C, the absorbance was measured at 730 nm (Multiskan GO Microplate Spectrophotometer, ThermoScientific, Vantaa, Finland). For FRAP assay, the supernatants (10 µL) were mixed with the prepared FRAP reagent (150 µL). The reaction mixture was incubated at 37°C for 30 minutes, and the absorbance was measured at 595 nm. The results of ABTS and FRAP assays were equated using a standard Trolox curve (0.02–20 nmol). Considering these are Trolox equivalent antioxidant capacity (TEAC) assays, results were presented as µmol Trolox equivalent/mg of jejunum.

Statistical analysis

The means of the lesional score, intestinal morphometry, number of goblet cells, positive immunostaining cells for Ki-67 and Ccasp3, positive fields for E-cadherin and Cox-2,

and the mean levels of GSH, TBARS, ABTS and FRAP assays were used for statistical analysis. The data are presented as the means with their standard errors and were analyzed using the free software Action 2.3 (Campinas, SP, Brazil). One-way analysis of variance (ANOVA) followed by a multiple comparison procedure (Tukey's test) was used for means statistical analysis of the lesional score, intestinal morphometry, goblet cells, Ki-67, Ccasp3, E-cadherin and Cox-2. The Duncan's test was used to compare the results of GSH, TBARS, ABTS and FRAP assays. P values of ≤ 0.05 were considered significant.

Results

Morphology assessment

After 3 hours of mycotoxins exposure alone or in association, the explants exhibited moderate to severe jejunal lesions mainly in DON plus FB1 treatment (Fig. 1A). The main histological changes observed included multifocal to diffuse cytoplasmic vacuolation and flattening of enterocytes, atrophy and villi fusion, lack of apical epithelium and necrotic debris (Fig.1E-G). Histological scores decreased significantly in the explants exposed to DON (30.2%), FB1 (23%) and DON plus FB1 (38%) compared with the control group. The jejunum exposed to DON presented a significant decrease in the histological score of 9.4% compared to FB1 alone ($p \leq 0.05$) and the treatment DON plus FB1 showed a significant decrease of 23.3% compared to FB1 ($p \leq 0.05$).

Alternatively, when explants were pre-treated with IP6, the histological scores exhibited a significant increase when compared with explants exposed to mycotoxins alone or associated (Fig. 1A). Explants submitted to IP6 alone presented a significant improvement ($p \leq 0.05$) of 24.2% in the morphological score when compared to the control (Fig. 1A, C-D). In addition, explants exposed to IP6 plus mycotoxins exhibited an increase of 42.7% (DON+IP6), 28.6% (FB1+IP6) and 40.4% (DON+FB1+IP6) compared to the respective

treatments with the mycotoxins alone ($p \leq 0.05$). The main histopathological lesions observed in the explants submitted to IP6 pre-treatment were cytoplasmic vacuolation and interstitial edema. The jejunal explants submitted to DON plus IP6 and FB1 plus IP6 showed a lesional score similar to the control treatment ($p \leq 0.05$) (Fig. 1A).

Jejunal explants exposed to mycotoxins exhibited a significant decrease ($p \leq 0.05$) in villi height compared with the control (DON- 40.4%; FB1- 30% and DON plus FB1- 45.4%). However, explants exposed to IP6 and treated with mycotoxins exhibited a significant increase ($p \leq 0.05$) of 54.6% compared to DON alone, 33% compared to FB1 alone and 47% compared to DON plus FB1 (Fig. 1B). The jejunal explants exposed to mycotoxins plus IP6 showed a villi height similar to the control explants ($p \leq 0.05$) (Fig. 1B, I-K).

The number of goblet cells in the villi of explants exposed to DON alone and DON plus FB1 decreased significantly ($p \leq 0.05$), when compared to control (35.6% and 35%, respectively) (Fig. 2). In the crypt region, the number of goblet cells decreased in DON (34.4%) and DON plus FB1 (39%) treatments ($p \leq 0.05$). Explants exposed to DON+IP6 and DON+FB1+IP6 showed a significant increase ($p \leq 0.05$) in goblet cells density in the crypt region compared to DON alone (40.7%) and DON plus FB1 (53%).

The morphological evaluation showed that the pre-treatment with IP6 in jejunal explants exposed to mycotoxins resulted in an improve of histological score, villi height and goblet cells density similar to observed in the control treatment ($p > 0.05$) (Fig. 1-2).

Caspase-3, Ki-67, E-cadherin and Cox-2 expression

Casp-3 expression, which indicates cell apoptosis, decreased 37.3% in the jejunal explants exposed to IP6 compared to the control treatment ($p \leq 0.05$). A significant increase in Casp-3 expression was observed in explants exposed to DON (95.5%) and DON plus FB1 (135.5%) when compared to the control group ($p \leq 0.05$). In addition, an increase of 49.6% in cell apoptosis ($p \leq 0.05$) was verified in DON plus FB1 group compared to FB1 alone.

Nonetheless, a significant decrease of cell apoptosis was observed in DON plus IP6 (46.8%), FB1 plus IP6 (39%) and DON/FB1 plus IP6 (46.8%) groups compared to the respective treatments with the mycotoxins alone ($p \leq 0.05$) (Fig. 3A-D).

Explants exposed to IP6 exhibited a decrease of 32.5% ($p \leq 0.05$) in ki-67 expression compared to control samples. Meanwhile, an increase in cell proliferation ($p \leq 0.05$) was observed in explants exposed to DON (28.4%) and DON plus FB1 (40%) when compared to control explants. Jejunal explants submitted to DON plus FB1 treatment, showed a significant increase ($p \leq 0.05$) of 24.7% in the cell proliferation compared to FB1 alone. The presence of IP6 induced a significant decrease ($p \leq 0.05$) in the cell proliferation of jejunal explants exposed to DON (30.3%) and DON plus FB1 (29.6%) compared to explants exposed only to DON and DON plus FB1 (Fig. 3E-H).

In general, exposure to DON alone or associated induced a significant reduction in E-cadherin expression (25.8% and 31%, respectively compared to the control; 20.3% and 26%, respectively compared to the FB1 treatment). However, when explants were pre-incubated with IP6 and subsequently exposed to the mycotoxins, an increase in E-cadherin immunostaining was observed compared to explants exposed to DON (28%), FB1 (15%) and DON plus FB1 (35%) ($p \leq 0.05$) alone (Fig. 4A-D).

The immunoexpression of Cox-2 (parameter used to evaluate the inflammatory response) showed a decrease of 68% in the jejunum treated with IP6 compared with the control samples. In spite of this, explants submitted to the mycotoxins showed a significant increase in Cox-2 expression ($p \leq 0.05$) (150% for DON, 109% for FB1 and 113% for DON plus FB1 compared to the control). The presence of IP6 induced a significant decrease ($p \leq 0.05$) of 51%, 50% and 45.2% in explantes exposed to DON, FB1 and DON plus and FB1, respectively (Fig. 4E-H).

Overall, the addition of IP6 in the culture medium of explants exposed to mycotoxins results in an expression of Casp-3, Ki-67, E-cadherin and Cox-2 similar to control explants indicating a beneficial effect of this product in reducing the toxic effects

Oxidative stress evaluation

Jejunal exposure to DON and FB1 induced a significant increase in TBARs levels (62.8% and 54.2%, respectively), while exposure to IP6 resulted in decreased levels when compared to control explants (40%). On the other hand, explants exposed to IP6 and mycotoxins alone or combined showed decreased levels of TBARs (Table 2) compared to explants exposed to mycotoxins ($p \leq 0.05$).

The capacity to respond to oxidative stress was evaluated through GSH, FRAP and ABTS levels. Jejunal explants submitted to mycotoxins treatments showed a significant decrease in endogenous GSH levels compared to the control (DON 62%; FB1 51.8%; DON plus FB1 46.4%) (Table 2). The presence of IP6 induced an increase in GSH levels of 131% and 105.5% compared to DON and FB1 alone; in the explants exposed to DON plus FB1, the IP6 increase was 65.1% in the GSH content.

Explants exposed to mycotoxins presented a significant decrease in the ABTS scavenging ability (DON 33.6%; FB1 35.5%; DON plus FB1 31.1%) compared to the control explants, while pre-exposure to IP6 promoted a significant increase in ABTS capacity in explants exposed to DON (67.9%), FB1 (107%) and DON plus FB1 (105.4%) (Table 2). The ferric reducing ability showed a significant increase in explants exposed to IP6+FB1 (20.6%) and IP6+DON+FB1 (21.4%) compared to explants exposed to these same mycotoxins (Table 2). The previous exposition of jejunal explants to IP6 inhibited the toxic effects of mycotoxins on the lipid peroxidation and the cellular antioxidant capacity .

Discussion

This study investigated the protective effect of IP6 on the jejunum explants of swine exposed to FB1 and DON. Intestinal morphological changes induced by these mycotoxins alone (Silva et al., 2014) or in association (Bracarense et al., 2012) have been previously established and were similar to the observed in the present study. The intestinal epithelial cells (IEC) changes observed after explants exposure to mycotoxins such as cytoplasmic vacuolation, fattening, necrosis and loss of microvilli were probably induced by an increase in cytoplasmic and mitochondrial permeability and may be associated to ROS generation, resulting in lipid peroxidation as observed *in vitro* (Li et al., 2014; Domijan et al., 2015) and *in vivo* (Osselaere et al., 2013; Abbes et al., 2016).

The reduction in the number of goblet cells and villi height evidenced mainly in DON and FB1 plus DON groups are may linked to increased levels of apoptosis. This association is supported by an increased caspase-3 immunostaining in these groups. DON induce apoptosis by direct lesion of mitochondria (ribotoxic stress) and can also activate the extrinsic pathway through TNF- α as a consequence of intestinal inflammation (Li et al., 2014). Considering the concentration of DON used and the short period of incubation, the elevated apoptosis index observed may be associated with the activation of the intrinsic apoptosis pathway linked to the oxidative stress and changes in mitochondrial membrane potential (MMP), deregulation of Bcl-2/Bax expression, release of cytochrome C and consequent activation of caspase-3. In addition, it has been established that DON can modulate the cell proliferation and apoptosis through activation of MAPKs, mainly ERK1/2, JNK 1/2 and p38 (Yang et al., 2000; Pestka, 2003; Luciola et al., 2013). This modulation of cell proliferation was observed in the present study. The explants exposed to DON alone and FB1 plus DON showed discrete elevation of cell proliferation in the crypt region and it likely occurred as a tissue response to IEC lesions and high apoptosis level induced by DON.

Alterations in cell junction proteins (Basso et al., 2013), transepithelial electrical resistance (TEER) and paracellular permeability (Pinton et al., 2010) were associated with DON intestinal toxicity. In the present study, explants exposed to DON and FB1 plus DON showed a decreased E-cadherin expression compared with the control treatment. This reduction is possibly associated to morphological changes observed in the IEC and the oxidative stress, since the ROS generation induced by DON is associated to inhibition of protein synthesis (Strasser et al., 2013) and activation of mitogen activated protein kinases (MAPKs) (Pinton et al., 2010).

Besides deregulation of cell proliferation and apoptosis, the oxidative stress can induce an overexpression of Cox-2 (Reuter et al., 2010). Cox-2 is an enzyme involved in the metabolism of arachidonic acid which is strongly induced by p38 MAPK activation and proinflammatory stimuli such as the expression of TNF- α , IL-1, IL-6 and IL-8 (Cuenda and Rousseau, 2007). Studies have been demonstrated that FB1 and DON induced upregulation of pro-inflammatory cytokines in pigs (Bracarense et al., 2012; Grenier et al., 2012) and increase the expression of Cox-2 (Silva et al., 2014). In the present study, the expression of Cox-2 increased significantly in all mycotoxins treatments demonstrating its role as biomarker of intestinal oxidative stress and inflammatory response in this model. Evaluation of oxidative stress involves free radicals generation (resulting in lipid peroxidation) and antioxidant capacity. In this study, mycotoxins alone or associated affected both mechanisms. An increase in lipid peroxidation was observed mainly in the monocontaminated treatments (~1.5 fold). On the other hand, the GSH levels decreased after mycotoxin exposure (~2.2 fold) and also the ABTS and FRAP levels (~1.5 and 1.1 fold, respectively).

Reduction in superoxide dismutase (SOD), catalase (CAT), glutathione peroxidase (GPx) and GSH levels were reported in *in vitro* and *in vivo* studies after DON (Hou et al., 2013; Strasser et al., 2013; Zbynovska et al., 2013) and FB1 exposure (Domijan et al., 2015;

Abbes et al., 2016). DON toxicity was associated with ROS generation giving rise to changes in lysosomal membrane, and increase in mitochondrial membrane permeability with consequent deregulation of Bcl-2/Bax genes, releasing of cytochrome C and activation of caspase-3 (Li et al.,2014; Sun et al., 2015). Similarly to DON, the oxidative stress induced by FB1 results in mitochondrial lesion and activation of caspase-3 (Abbes et al., 2016; Wang et al., 2016; Mary et al., 2017). The effects of DON on oxidative stress parameters were more evident than FB1, however, no significant difference was verified. We hypothesize that explants exposed to FB1 present similar oxidative stress to DON because the former presented less epithelial cells in apoptosis executor phase (activation of caspase-3) compared to DON treatment. Therefore, the real potential of oxidative stress induced by DON was masked, since several studies have demonstrated that DON rapidly induces a ribotoxic stress and ROS generation mainly affecting cells with high cell division index, such as intestinal epithelial cells (Pestka and Smolinski, 2005). The oxidative stress induced by FB1 occurs indirectly via the intracellular accumulation of sphingolipids (Grenier et a., 2012), a toxic mechanism with slower progression compared to DON toxic effect at ribosomal level.

The presence of IP6 induced a protective effect on all histological parameters evaluated. This effect could be observed by the increased histological score, villi height and goblet cell density compared to jejunal explants exposed to the mycotoxins alone and associated treatments. The beneficial effects of IP6 are associated with its antioxidant capacity, mainly its ability to inhibit the Fenton reaction and formation of hydroxyl radicals (Graf and Eaton, 1990). The evaluation of cell proliferation, apoptosis and E-cadherin expression suggest that IP6 modulate the toxic effects through a decrease in ROS generation and consequently less changes in cell permeability and MAPKs activation resulting in the maintenance of protein synthesis. The elevated reduction of apoptosis by IP6 observed in all mycotoxins treatment demonstrated their potent antioxidant effect, since ROS generation is

directly linked to apoptosis activation. Similar modulation of cell viability was observed in bowel inflammatory studies (Challa et al., 1997; Jenab and Thompson, 2000; Kapral et al., 2015). IP6 promoted a significant reduction in the Cox-2 expression compared to explants control and exposed to all mycotoxins treatments. This reduction in the expression of Cox-2 observed in the present study can be associated to the ability of IP6 to inhibit the ROS production, lipid peroxidation and decrease the inflammatory stimuli (Norazalina et al., 2010). Moreover, studies demonstrated that IP6 reduced the expression of Cox-2 by inhibition of p38 MAPK and conversion of arachidonic acid into prostaglandins, and suppression of β -catenin activity (Norazalina et al., 2010; Shafie et al., 2013; Kapral et al., 2015).

In the evaluation of oxidative stress, the presence of IP6 decreased in 66.6% and 48.8% the MDA levels in the explants submitted to DON and FB1 treatments, respectively. The presence of IP6 reduced 48.8% of MDA content compared with mycotoxins combined treatment. Furthermore, the IP6 promoted a significant increase in the GSH level and antioxidant capacity in jejunal explants exposed to mycotoxins. Nevertheless, IP6 ability to protect the cell against oxidative stress was associated with inhibition of ROS generation, increase of GSH level, CAT, GPx and SOD content, and decrease of lipid peroxidation (MDA) in hepatocarcinogenesis studies in rats (Lee et al., 2005; Abdel-Hamid et al., 2007; Foster et al., 2017), however, data about the effect of IP6 on oxidative stress at intestinal level are scarce. The present results demonstrate that the protective effect of IP6 on the intestinal oxidative stress is associated with its capacity in decrease the lipid peroxidation and increase the antioxidant capacity of the tissue.

The morphological changes and oxidative stress response were more evident in explants exposed to DON and DON plus FB1 treatments and are associated to rapid and direct induction of oxidative stress by DON compared to FB1-induced injury. Besides FB1 and

DON co-contamination of food and feed has been reported worldwide (Binder et al., 2007) with the possibility of synergistic toxic effects (Bracarense et al., 2012), the histopathological, immunohistochemistry and oxidative stress parameters evaluated showed no synergistic effect. The synergistic, additive, less-than additive or antagonist effects observed in mycotoxins multi-contaminations depend of concentration, period of exposition, experimental model and specie susceptibility (Grenier; Oswald, 2011).

Conclusion

The mycotoxins DON and FB1, alone or in association induced changes in morphology, protein junction, cell proliferation, and apoptosis on swine jejunum. These toxic effects are associated to an oxidative stress response, including lipid peroxidation and antioxidant capacity. However, more studies are necessary to elucidate the mechanism and pathways of oxidative stress induced by the mycotoxins at intestinal level. The IP6 exerts benefits effects upon the jejunum, modulating the changes induced by the mycotoxins and protecting the cells against the oxidative stress. In this context, the IP6 antioxidant additives shown efficient properties in mitigate and prevent the toxic effects of the DON and FB1 on the jejunum explants of pigs.

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Treatment	GSH (nmol/ mg of protein)	TBARS (Δ OD A ₅₃₅ -A ₅₃₂ / mg protein)	ABTS (nmol/Trolox Eq/ mg of protein)	FRAP (nmol Trolox Eq/ mg of protein)
Control	21.79±0.49 ^a	0.35±0.04 ^a	60.70±6.65 ^a	60.23±1.68 ^{abc}
IP6	23.24±2.39 ^a	0.21±0.02 ^b	64.00±8.19 ^{ab}	57.14±2.77 ^{abc}
DON	8.27±2.25 ^b	0.58±0.05 ^c	40.26±5.93 ^c	51.40±2.90 ^c
DON+IP6	19.17±2.37 ^a	0.19±0.02 ^b	67.60±4.19 ^{abd}	66.15±2.31 ^{abd}
FB1	10.50±3.66 ^b	0.54±0.03 ^{cd}	39.14±8.66 ^c	58.99±5.25 ^{abc}
FB1+IP6	21.56±1.67 ^a	0.22±0.03 ^b	81.00±2.64 ^{ad}	71.77±1.91 ^d
DON+FB1	11.67±1.64 ^b	0.43±0.06 ^{ad}	41.83±1.09 ^c	55.77±5.35 ^{bc}
DON+FB1+IP6	19.26±1.52 ^a	0.23±0.02 ^b	85.75±5.60 ^d	67.71±8.86 ^{ad}

Table 1. Effects of FB1, DON and IP6 on the oxidative stress in jejunal explants of swine.

Mean values with their standard errors (n 5 animals). Duncan's test.

Mean values with unlike superscript letters (column) were significantly different for each test ($p \leq 0.05$).

GSH-reduced glutathione; TBARS- thiobarbituric acid reactive substances; ABTS-2,2'-azino-bis(3-ethylbenzothiazoline-6-sulphonic acid);

FRAP- ferric reducing antioxidant power

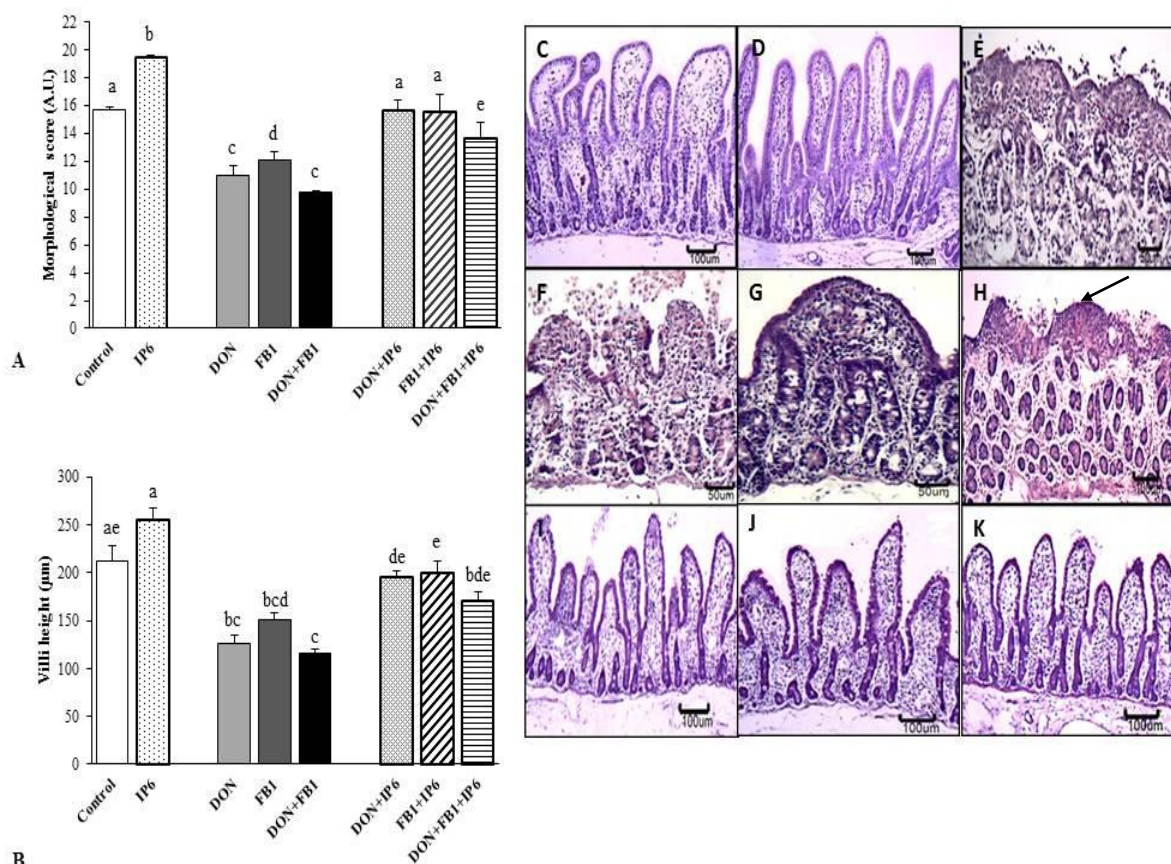


Figure 1. Effects of DON, FB1 alone or associated and IP6 on histological morphology in jejunal explants. **A**-Morphological score (AU-Arbitrary Units). **B**-Villi height (μm). Mean values with unlike superscript letters were significantly different ($p \leq 0.05$). **C**-Control treatment. HE, bar $100\mu\text{m}$. **D**-IP6 5 mM treatment. HE, bar $100\mu\text{m}$. **E**-DON 10 μM alone: severe villi atrophy and fusion, and loss of the apical enterocytes. HE, bar $50\mu\text{m}$. **F**-FB1 alone: severe loss of apical enterocytes. HE, bar $50\mu\text{m}$. **G**-DON 10 μM plus FB1: severe villi fusion. HE, bar $50\mu\text{m}$. **H**-DON 10 μM plus FB1: flattened enterocytes (arrow), villi atrophy and loss of enterocytes. HE, bar $100\mu\text{m}$. **I**- DON 10 μM + IP6 5 mM: histological aspects similar to the control group. HE, bar $100\mu\text{m}$. **J**-FB1+IP6 5 mM: histological aspects similar to the control group. HE, bar $100\mu\text{m}$. **K**-DON 10 μM plus FB1 + IP6 5 mM: histological aspects similar to the control group. HE, bar $100\mu\text{m}$.

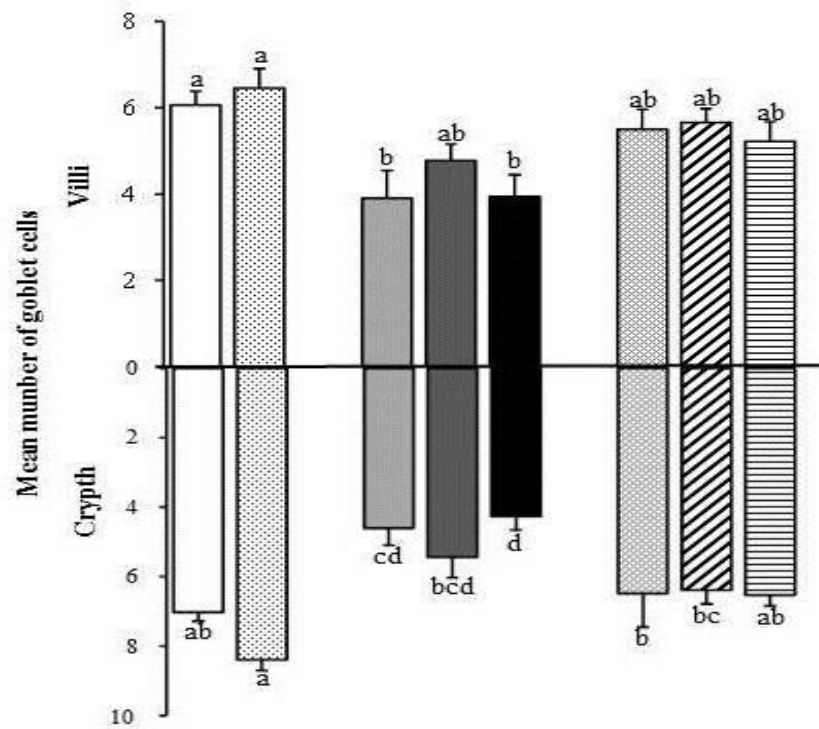


Figure 2. Mean goblet cells density on villi and crypt of jejunal explants. Control treatment □; IP6 5 mM ■; DON 10 μM ■; DON 10 μM + IP6 5 mM ▤; FB1 70 μM ▩; FB1 70 μM + IP6 5 mM ▨; DON 10 μM plus FB1 70 μM ▤; DON 10 μM plus FB1 70 μM + IP6 5 m ▥. Mean values with unlike superscript letters were significantly different ($p \leq 0.05$).

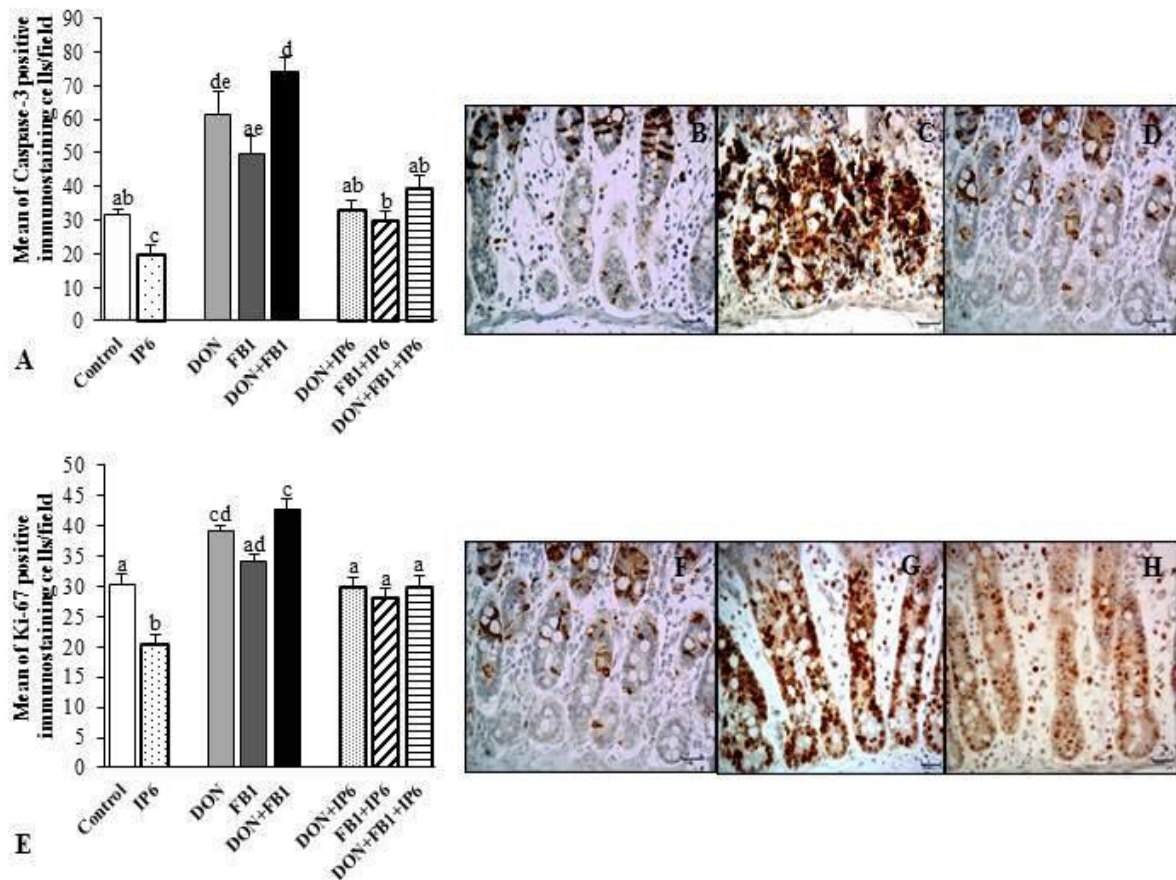


Figure 3. Effects of DON, FB1 alone or associated and IP6 on apoptosis (Casp-3) and cell proliferation (ki-67) in jejunal explants. **A-** Mean number of Casp-3 immunostained cells per field on explants exposed to different treatments. Mean values with unlike superscript letters were significantly different ($p \leq 0.05$). **B-** Control treatment: mild Casp-3 cytoplasmic immunostaining in crypt cells. **C-** DON 10 μM plus FB1 70 μM : diffuse Casp-3 cytoplasmic immunostaining in crypt cells. **D-** DON 10 μM plus FB1 70 μM + IP6 5 mM: decrease in Casp-3 cytoplasmic immunostaining in crypt cells. **E-** Mean number of ki-67 immunostained cells per field on explants exposed to different treatments. Mean values with unlike superscript letters were significantly different ($p \leq 0.05$). **F-** Control treatment: mild ki-67 nuclear immunostaining in crypt cells. **G-** DON 10 μM plus FB1 70 μM : diffuse ki-67 nuclear immunostaining in crypt cells. **H-** DON 10 μM plus FB1 70 μM + IP6 5 mM: decrease in ki-67 nuclear immunostaining in crypt cells. (B-D; F-H: immunoperoxidase method, bar 25 μm).

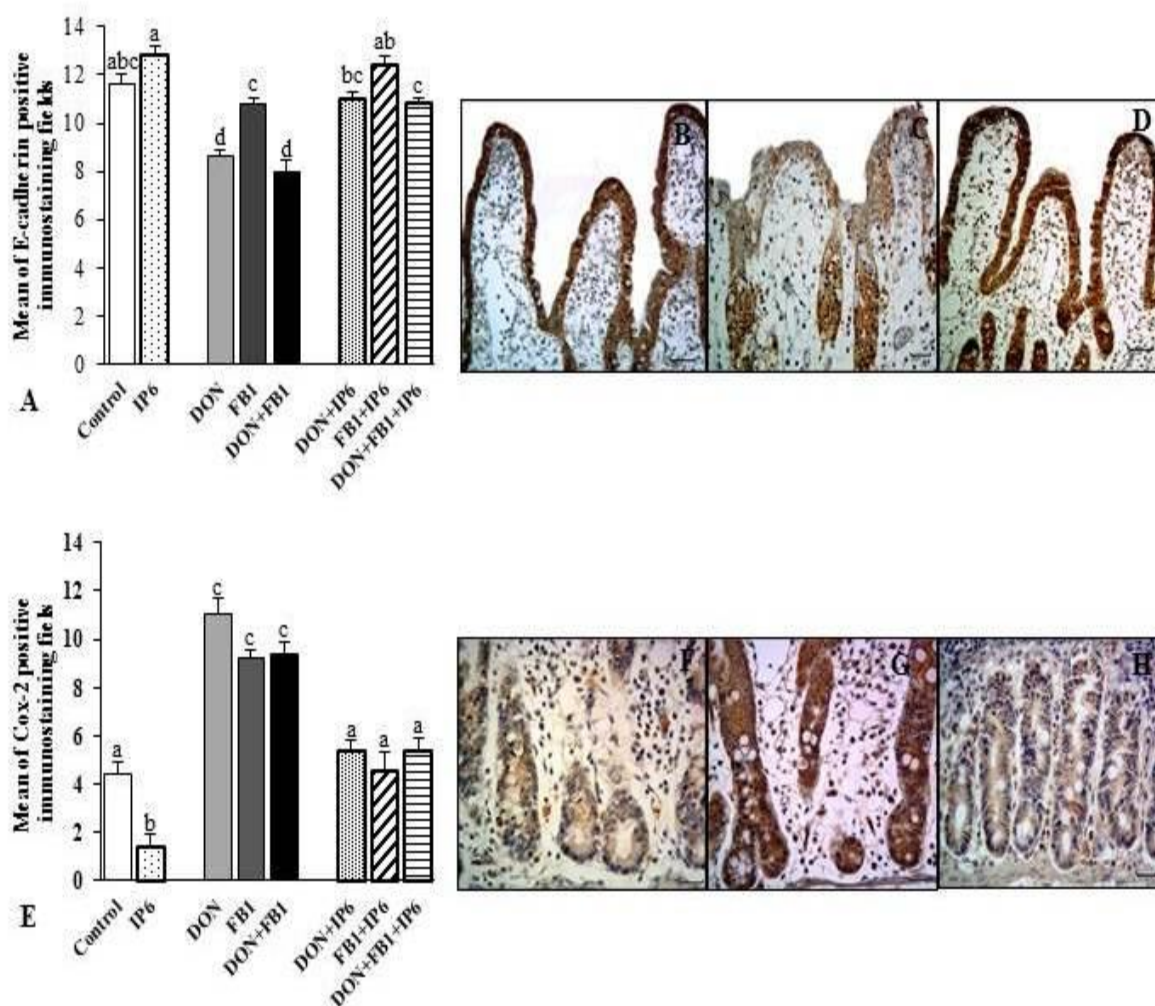


Figure 4. Effects of DON, FB1 alone or associated and IP6 on the E-cadherin and Cox-2 expression in jejunal explants. **A-** Mean of E-cadherin positive immunostaining per fields on explants exposed to different treatments. Mean values with unlike superscript letters were significantly different ($p \leq 0.05$). **B-** Control treatment: strong and homogeneous E-cadherin immunostaining in epithelial cells. bar $50 \mu\text{m}$. **C-** DON $10 \mu\text{M}$: mild and non-homogeneous E-cadherin immunostaining in epithelial cells. bar $25 \mu\text{m}$. **D-** DON $10 \mu\text{M}$ + IP6 5mM : strong and homogeneous E-cadherin immunostaining in epithelial cells similar to control treatment. bar $50 \mu\text{m}$. (B-D: immunoperoxidase method). **E-** Mean of Cox-2 positive immunostaining per fields on explants exposed to different treatments. Mean values with unlike superscript letters were significantly different ($p \leq 0.05$). **F-** Control treatment: mild Cox-2 cytoplasmic immunostaining in crypt cells. **G-** DON $10 \mu\text{M}$: diffuse and strong Cox-2 cytoplasmic immunostaining in crypt cells. **H-** DON $10 \mu\text{M}$ + IP6 5mM : decrease in Cox-2 cytoplasmic immunostaining in crypt cells similar to control treatment. (B-D: immunoperoxidase method, bar $25 \mu\text{m}$).

5 Artigo 2

PHYTIC ACID MODULATES THE IMMUNOLOGICAL RESPONSE OF CYTOKINES AND β -DEFENSINS IN PORCINE INTESTINE EXPOSED TO DEOXYNIVALENOL AND FUMONISIN B1³

Abstract

The worldwide occurrence of mycotoxins in agricultural products represents a risk for human and animal health and is linked to significant economic losses. Therefore, there is a requirement of researches and strategies to mitigate or even eliminate their harmful impacts. This study investigated the effects of phytic acid (IP6) on the immunological response of pro-inflammatory (IL-1 β , IL-6, IL-8, IL-10, IFN- γ , TNF- α) and anti-inflammatory (IL-10) cytokines and β -defensins 1 (pBD-1) and 2 (pBD-2) in porcine jejunal explants exposed to deoxynivalenol (DON) and fumonisin B1 (FB1). The jejunal explants were exposed during 4 h to the following treatments: control, DON (10 μ M), DON plus IP6 2.5 mM or 5 mM, FB1 (70 μ M), FB1 plus IP6 2.5mM or 5 mM. The expression levels of the cytokines were measured by RT-PCR. The explants exposed to DON showed an increase in the expression of IL-1 β and IL-8 and a decrease in the levels of IL-6, IFN- γ , IL-10 and pBD-2 ($p < 0.05$). The presence of IP6, mainly the higher concentration (5mM), decreased the expression of IL-8 and increased the expression of pBD-1 and 2 compared to DON alone ($p < 0.05$). FB1 induced a significant decrease in the levels of most of the pro-inflammatory cytokines, IL-10 and pBD-1, and an increase in IL-1 β expression ($p < 0.05$). The addition of IP6 5 mM induced significant increase of TNF- α expression compared to FB1 ($p < 0.05$). Taken together, the results suggest that IP6 modulates immunological changes induced by DON and FB1 on intestinal mucosa resulting in beneficial effects that contribute to intestinal homeostasis and health.

Keywords: DON, FB1, IP6, intestinal immunology, swine.

Introduction

³ Artigo editado de acordo com as normas de publicação da revista Food and Chemical Toxicology (<https://www.journals.elsevier.com/food-and-chemical-toxicology>)

The intestine is a complex organ with several functions that serves as a primary barrier against the ingestion of antigens, chemicals, natural toxins and contaminated food (Bouhet; Oswald, 2005). The intestinal epithelial cells play an important role in the intestinal barrier and mucosal immune system by the local production of inflammatory mediators (cytokines and chemokines) and antimicrobial peptides (AMPs) (Bevins et al., 1999; Stadnyk, 2002).

Cytokines are important mediators in the regulation of immune and inflammatory responses (Stadnyk, 2002) produced by cells of the immune system (macrophages, lymphocyte, dendritic cells) as well as intestinal epithelial cells (Oswald, 2006). In the intestine, the cytokines IL-6, IL-8, IL-1 β , IFN- γ and TNF- α are chemotactic and activators of inflammatory cells, and are produced by normal enterocytes. These cytokines are up-regulated in microbial infections and cellular injury due to chemical and toxic agents inducing an inflammatory response (Jung et al., 1995; Stadnyk, 2002). On the other hand, the expression of anti-inflammatory cytokines as IL-4 and IL-10 can protect intestinal tissues from inflammation by the inhibition of inflammatory cells activation, control of the influx of immune cells and regulation of cellular growth and differentiation (Huang et al., 1996; Szkaradkiewicz et al., 2009).

Defensins are the major family of AMPs and can be distinguished in α - and β -defensins (Bevins et al., 1999). The α -defensins are constituents of the primary granules of granulocytes as neutrophils and may be expressed in Paneth cells (Selsteed et al., 1992) and were identified in humans, monkeys and rodents (Yang et al., 2002). The β -defensins are synthesized by epithelial cells lining the respiratory, urogenital and gastrointestinal systems of mammals (Fellermann; Stange, 2001). In the intestine, besides the enterocytes, the β -defensins were found in the goblet and Paneth cells (Cobo; Chadee, 2013). The role of β -defensins 1 and 2 has been investigated in the gastrointestinal tract of humans (Zilbauer et al.,

2005; Cobo; Chadee, 2013) and swine (Veldhuizen et al., 2009; Wan et al., 2013). It was reported that their antimicrobial activities are important to protect the intestinal mucosa against pathogens and regulation of commensal microbiota, besides performing functions associated to phagocytosis, neutrophil recruitment, regulation of pro-inflammatory and anti-inflammatory cytokines, facilitation of maturation and antigen uptake by dendritic cells (Yang et al., 2002; Cobo; Chadee, 2013). The balance in the production of pro-inflammatory, anti-inflammatory cytokines and defensins is essential to intestinal homeostasis, protection against infectious agents, intestinal inflammation, cancer development and harmful effects of natural food contaminants as mycotoxins (Szkaradkiewicz et al., 2009; Cobo; Chadee, 2013; Pinton, Oswald, 2014).

Deoxynivalenol (DON) and fumonisin B1 (FB1) are mycotoxins produced by *Fusarium* species and represent a health risk factor to humans and animals due to the worldwide occurrence as natural contaminants of cereals (Streit et al., 2013). Enterocytes and immune cells of the intestine are targets for the action of the DON and FB1 (Pinton; Oswald, 2014). Several studies have shown that these mycotoxins alter the expression of pro-inflammatory and anti-inflammatory cytokines (Bouhet; Oswald, 2007; Bracarense et al., 2012; Cano et al., 2013), compromising the intestinal immunological response (Pinton; Oswald, 2014). The immunotoxic effects of DON and FB1 are associated with protein synthesis inhibition through binding to the 28S ribosomal RNA peptidyltransferase site (Pestka, 2008) and inhibition of the ceramide synthase, blocking the synthesis of the sphingolipids (Soriano et al., 2005), respectively. Moreover, both mycotoxins act on mechanisms associated with the regulation of cytokines expression as mitogen-activated protein kinases (MAPKs) (Pinelli et al., 1999; Pinton et al., 2010) and cyclooxygenase-2 (Cox-2) (Silva et al., 2014) expression. However, the effects of DON and FB1 on the intestinal β -defensins expression are not well established.

As such, the search to inhibit or minimize the toxic effects of mycotoxins has been growing worldwide with the objective to improve food quality and nutritional aspects. Previous researches have demonstrated the importance of nutraceutical foods as IP6 in the prevention and treatment of several diseases (Moraes; Colla, 2006; Khatiwada et al., 2011; Mazzio et al., 2017). IP6 is a natural antioxidant widely present in cereals, legumes, nuts, oils seeds, spores, needles and pollen (Graf; Eaton, 1990). The antioxidant action of IP6 was associated with its capacity to inhibit the production of radical oxygen species (ROS) (Graf; Eaton, 1985). In the intestine, IP6 inhibits the development of colon cancer (Norazalina et al, 2010; Schroterová et al., 2010), the secretion of pro-inflammatory cytokines in inflammatory diseases (Wawszczyk et al., 2012; Kapral et al., 2014), and modulates the luminal microbiota (Okazaki et al., 2015; Sekita et al., 2016). To the best of authors' knowledge, there are no previous studies focusing on the immunological effects of IP6 in intestine exposed to mycotoxins.

Pigs have morphological, physiological and immunological similarities with the human gastrointestinal tract as well as similarities in the absorption of IP6 (Schlemmer et al., 2001), making them an excellent experimental model. Our research group seeks to elucidate the mechanisms involved in the toxic effects of DON and FB1. In addition, we are interested in investigating natural substances, such as IP6 that may inactivate or minimize the toxic effects of mycotoxins. Therefore, this study investigated the effects of IP6 on the expression of cytokines and defensins in the jejunum of pigs exposed to DON and FB1 using an *ex vivo* model.

Material and methods

Animals

Five 24-days-old crossbred (Landrace x Large White X Duroc) piglets ($7.9 \text{ kg} \pm 0.72$) were used in the present study. All animal experimentation procedures were performed in accordance with the ethics committee on the use of animals (CEUA/UEL/Brazil-process n° 4117.2014.05).

Phytic acid

Phytic acid (inositol hexaphosphoric acid) dodecasodium salt from rice (MW: 819) was purchased from Sigma–Aldrich (St. Louis, MO, USA). The salt was dissolved in distilled water and the pH was adjusted to 7.2 before the solution was passed through a membrane filter. The resultant solution was stored at $-20 \text{ }^{\circ}\text{C}$ before dilution in explant culture media. The IP6 concentration of 2.5 mM and 5 mM used in this study were chosen according a preview experiment with explants of jejunum swine (Silva et al., 2014).

DON and FB1 mycotoxins

The purified DON (MW: 296.32) and FB1 (MW: 721.83) mycotoxins were purchased from Sigma–Aldrich (St. Louis, MO, USA) and Cayman Chemical Company (Michigan, USA), respectively. The mycotoxins were dissolved in ultrapure water at a final dilution of $10 \text{ }\mu\text{M}$ for DON and $70 \text{ }\mu\text{M}$ for FB1 and stored at $4 \text{ }^{\circ}\text{C}$. The concentration of mycotoxins used was equivalent to 3 mg kg^{-1} feed and 50.5 mg kg^{-1} feed for DON and FB1, respectively.

Jejunal explants technique

The piglets were euthanized by the administration of acepromazine 1% ($0.1 \text{ mL}/10 \text{ Kg}$) IM, sodium pentobarbital ($40 \text{ mg}/\text{Kg}$) IV and, subsequently, KCl 15% solution IV. The jejunum was rapidly excised, and samples 5 cm in length were collected, washed with buffer solution and opened longitudinally. The explants were collected using a biopsy punch (8 mm).

From each animal, three jejunal explants without the serosa layer were collected to each treatment (21 explants were sampled and placed in 6 well plates (three explants/well) with 3 mL of the following treatments: control (A) and (B and C groups) - only culture media (DMEM- Dulbecco's modified Eagle's medium (Gibco®) plus penicillin/streptomycin (1.25 µL/mL-Gibco®), gentamicin (10 µL/mL-Novafarma®), fetal bovine serum (100 µL/mL-Invitrogen®) and L-glutamine (0.4 µL/mL- Sigma Aldrich®); culture media with IP6 2.5 mM (D and E) and culture media with IP6 5 mM (F and G). The explants were incubated at 37°C under orbital shaking. After one hour, DON (10 µM) was added in the B, D, F and FB1 (70 µM) in the C, E and G and treatments. The explants were returned to incubation by orbital shaking for an additive three hours. After the incubation period, the explants of each treatment were collected, flash-frozen in liquid N₂ and stored at -80°C until processed for determination of cytokine mRNA.

Determination of the expression of mRNA encoding for cytokines by real-time PCR

The sequences and concentration of the primers (Invitrogen®) used in the present study are detailed in Table 1. The jejunal explants tissue of each treatment was homogenized and the total RNA was extracted using the Trizol (Invitrogen®) according to the manufacturer's instructions. Concentration, integrity and quality of RNA were determined spectrophotometrically. The reverse transcription of the RNA was performed using M-MLV RT (Invitrogen®) and random primers (2 min at 37°C, 1h at 37°C and 15 min at 65°C). Real-time PCR assays were performed on 15 ng cDNA (RNA equivalent) in 20µl volume reaction per well using the Platinum SYBR Green qPCR SuperMix-UDG (Invitrogen®) and the thermocycler Rotor-Gene Q 5 Plex-HRM (Qiagen®).

The amplification conditions were as follows: 95°C for 10 min followed by forty cycles of 95°C for 15s and 60°C for 1 min. RNA non-reverse transcript was used as a non-template control to verify that no genomic DNA amplification signal existed. Specificity of

PCR products was checked at the end of the reaction by analyzing the curve of dissociation. The sequences and concentration of the primers used are detailed in Table 1. Amplification efficiency and initial fluorescence were determined using the DART-PCR method. The values obtained were then normalized by the housekeeping gene ribosomal protein L32 (RPL 32) and the gene expression was calculated relative to the control group, as previously described (Devriendt et al., 2009).

Statistical Analysis

Data are present as means with their standard errors and were analyzed using the software R (2.11.1.) One-way analysis of variance (ANOVA) followed by a multiple comparison procedure (Duncan's test) was used for statistical analysis. P values of ≤ 0.05 were considered significant.

Results

To evaluate the effect of IP6 on the expression of cytokines and β -defensins on porcine intestine exposed to DON and FB1 we quantified the gene expressions of coding for six cytokines (IL-1 β , IL-6, IL-8, IL-10, IFN- γ and TNF- α) and β -defensins 1 and 2 (pBD-1 and pBD-2) as described in Table 2.

The jejunal explants exposed to DON showed a significant increase in IL-1 β and IL-8 and a decrease in IL-6, IL-10, IFN- γ and pBD-2 expression ($p < 0.05$). No significant reduction was also observed in the expression of TNF- α (25%) and pBD-1 (84%). On the other hand, when explants were pre-treated with 5 mM of IP6, the expression of IL-8 was significantly reduced and pBD-1 and pBD-2 showed a significant increase in their expressions when compared to DON exposure ($p < 0.05$). The presence the IP6 reduced in 53% the expression of IL-1 β in explants exposed to DON, but with no significance ($p > 0.05$). The expression of TNF- α showed no significant change in explants exposed to DON; however, a significant reduction was observed in explants exposed to DON+IP6 5 mM when compared to the

control ($p < 0.05$). The presence of IP6 2.5mM and 5 mM increased non-significantly the expression of IL-6 (two folds) and IL-10 (seven folds) compared to DON treatment.

The effects of FB1 on the intestinal immunological response were characterized by a significant increase in the expression of IL-1 β and a decrease in the levels of IL-6, IL-8, IL-10, IFN- γ , TNF- α and pBD-1 ($p < 0.05$). The presence of IP6 5 mM induced a significant increase in the expression of TNF- α compared with FB1 ($p < 0.05$). In addition, IP6 5 mM reduced the expression of IL-1 β (six folds) compared with FB1 alone and increased the expression of IL-6 (two folds), IL-8 (three folds), IL-10 (100 folds), IFN- γ (five folds) and pBD-1 (three folds).

Discussion

In the present study, we investigated the effect of IP6 on the response of pro- and anti-inflammatory cytokines and β -defensins expression in jejunal explants exposed to DON and FB1. The intestinal morphological and immunological changes induced by these mycotoxins have been established (Grenier et al., 2011; Bracarense et al., 2012; Silva et al., 2014). However, the effect of DON and FB1 on the expression of cytokines, chemokines and defensins in the intestine are not yet largely investigated. Efforts to inhibit and minimize the toxic effects of mycotoxins have been an area of research interested for our group (Grenier et al., 2012; Silva et al., 2014; Pierron et al., 2016). Although several mechanisms for the anticancer action of IP6 have been elucidated (Tantivejkul et al., 2003; Vucenik; Shamsuddin, 2006; Bizarri et al., 2016; Silva et al., 2016), there are few data to explain its effects on cytokine genes expression in intestine (Wawszczyk e tal., 2012; Kapral et al., 2013). In addition, there are no data about the effect of IP6 on the intestinal defensins expression. In this study, a protective effects of IP6 on immunological changes induced by DON and FB1 in the intestinal tissue was observed.

The intestinal samples submitted to DON treatment showed a significant increase on IL-1 β (2.5 fold) and IL-8 (3 fold) expression, similarly to previous reports (Bracarense et al., 2012; Cano et al., 2013). The increase of both cytokines was associated to the development of intestinal cancer development and inflammatory bowel diseases (Jijon et al., 2002; Sasaki et al., 2002; Lewis et al., 2006; Rizzo et al., 2011). Previous studies about immunological changes induced by DON suggest that it may play a role in intestinal inflammatory diseases due to the overexpression of pro-inflammatory cytokines (Cano et al., 2013; Alassane-Kpembi et al., 2016). The decrease of IL-10 expression observed suggest that DON may inhibit anti-inflammatory cytokines, since the main function of IL-10 is to limit and terminate inflammatory responses (Szkardkiewicz et al., 2009). Therefore, the modulation of IL-10 expression by DON can induce a persistent intestinal inflammatory response with consequent changes on epithelial junction protein expression and increase of intestinal susceptibility to microorganism infections as reported previously (Pinton and Oswald, 2014; Alizadeh et al., 2015; Reddy et al., 2018). In the present study, we observed a decrease of IL-6, IFN- γ and TNF- α differing to previous studies (Bracarense et al., 2012; Cano et al., 2013; Alizadeh et al., 2015). These differences may be related to concentration/dose, duration of the exposure to DON and experimental model, since these factors may influence on mycotoxins effects (Prelusky et al., 1988).

Explants exposed to the pre-treatment with IP6 presented decrease of the IL-8, IL-1 β and TNF- α expression, and increase of IL-6, IFN- γ and anti-inflammatory IL-10 expression. These results showed the IP6 may modulate the immunological changes induced to DON similar to previous studies using human colonic epithelial cells (Caco-2) in which the IP6 exerts inhibitory control on the activation of the inflammatory pathways during carcinogenesis through decreased of TNF- α , IL-6 and IL-8 (Bizzarri et al., 2016; Wawszczyk et al., 2012).

In the present study, exposure to FB1 induced a decrease in pro-inflammatory cytokines expression, excepting IL-1 β that increased. These results differ from others studies where an increase in pro-inflammatory cytokines was reported (Bracarense et al., 2012; Halloy et al., 2005). Probably, these differences are related to the doses and period of exposure that may influence the immunological *status*, inducing an immunosuppressive or immunostimulatory response. The FB1-induced decrease observed in most of the cytokines evaluated suggest an immunotoxic effect, contributing with a reduction in immune cells recruitment and an increased susceptibility to intestinal infections (Oswald et al., 2003). The explants exposed previously to IP6 showed an increase of IL-6, IL-8, IFN- γ , IL-10 expression and decrease the IL-1 β . Similar to observed in explants exposed to DON, the IP6 regulated the immunological changes induced by FB1. Our results evidenced that IP6 modulate the cellular mechanisms and microenvironment to prevent the tissue lesion as observed in other studies (Silva et al., 2014; Zadjel et al., 2013; El-Saad and Mahmoud, 2007; Vucenik and Shamsuddin, 2006).

The β -defensins are peptides produced by epithelial cells that exert an important role in intestinal inflammatory diseases and infections, since its expression may be stimulated by microbial components and pro-inflammatory cytokines (Cobo et al., 2013). The porcine pBD-1 is a homologue of human β -defensin 2 (hBD-2) (Dybvig et al., 2011) and pBD-2 is considered an orthologue of human β -defensin 1 (hBD-1). In pigs the immunological response against infections in the respiratory system (Elahi et al., 2006) and intestine (Velduizen et al., 2009) were associated with these peptides. In humans, the pBD-2 production decreased the inflammation and mucosal lesions in colitis (Han et al., 2015). However, the effects of mycotoxins on β -defensins expression are not well established. In an *in vitro* study using IPEC-2 cells, the exposure to DON (2 μ M) and FB1 (40 μ M) for 48 hours induced an increase in pBD-1 and pBD-2 expression (Wan et al., 2013). In our study, we

observed that both mycotoxins induced significant decreases in expression of defensins. DON (10 μ M) reduced the expression of pBD-2 (99%) and FB1 (70 μ M) the pBD-1(99%) expression. These controversial results are probably related to the different doses used and mainly to period of exposure to the mycotoxin. The *ex vivo* model used in this study was chosen because maintains the complex patterns of cellular differentiation seen *in vivo* (Randall et al., 2011). Therefore, we believe that our results are closer to that occurs in *in vivo* exposure to mycotoxins. Changes in the regulation of the β -defensins expression induced by DON and FB1 may cause modifications in the homeostatic state of microbiota on the mucosal epithelium, increasing the susceptibility to intestinal infections.

There are no data about the action of IP6 on the intestinal production of β -defensins and the effects on the anti-inflammatory response are not well established. In this study, the modulatory effects of IP6 on the expression of cytokines and β -defensins in jejunal explants exposed to DON and FB1 were more evident in the concentration of 5 mM, similarly to previous reports (Kapral et al., 2010; Silva et al., 2014) that demonstrated a protective effect of IP6 associated to higher doses.

In the explants exposed to DON, the pre-treatment with IP6 increased the levels of pBD-1 and 2. In the explants exposed to FB1, the IP6 induced an increase in the expression of pBD-1 and decrease pBD-2. Interestingly, the effects of IP6 were more evident in explants exposed to DON, probably it is related to the antioxidant action of IP6 on the higher oxidative stress and ROS generation induced by DON compared to FB1.

In a previous study, we showed that IP6 induced a protective effect on the jejunal mucosa of pigs exposed to DON and FB1 by the recovery of intestinal morphology, increase of E-cadherin expression and decrease of cell apoptosis and expression of Cox-2 (Silva et al., 2014). The present study demonstrated that IP6 also exerts a protective and modulatory effect on the intestinal immunology of piglets exposed to DON and FB1.

The beneficial effects of IP6 are associated with the antioxidant action inhibiting ROS production through Fenton reaction (Graf; Eaton, 1985). Besides, IP6 also modulates the activation of MAPKs and NF- κ B (Zhang et al., 2015), cell proliferation and apoptosis signal transduction (Jenab; Thompson, 2000; Silva et al., 2014), expression of Cox-2 (Silva et al., 2014), cellular differentiation and morphology preservation. In addition, IP6 may induce an increase in *Lactobacillus* spp. and a decrease in intestinal pathogenic bacteria (Okazaki et al., 2014; Sekita et al., 2016), promoting advantageous effects through modulation of intestinal microbiota.

In conclusion, the present study demonstrated that DON and FB1 induce changes in the expression of intestinal cytokines and β -defensins. These immunological alterations can compromise the intestinal homeostasis and increase the susceptibility to development of intestinal diseases. Intestinal exposure to IP6 led to a beneficial modulation on immunological changes induced by the mycotoxins, contributing to the maintenance of intestinal health. Therefore, the ingestion of IP6 may help the intestinal homeostasis and microbiota, improve the absorption of nutrients and the defense against infectious agents and toxins as mycotoxins. Further studies are necessary to elucidate the interaction between mycotoxins and IP6 on the intestinal immunological response focusing on the β -defensins and other antimicrobial peptides.

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Table 1. Nucleotide sequence of primers for real-time PCR

Gene	Primers sequences	GenBank no.	Reference
RPL-32	F (300 nM) TGCTCTCAGACCCCTTGTGAAG R (300 nM) TTTCCGCCAGTTCCGCTTA	NM_001001636	Pinton et al., 2010
IL-1 β	F (300 nM) GAGCTGAAGGCTCTCCACCTC R (300 nM) ATCGCTGCATCTCCTTGAC	NM_001005149	Devriendt et al., 2009
IL-6	F (300 nM) GGCAAAAGGGAAAGAATCCAG R (300 nM) CGTTCTGTGACTGCAGCTTATCC	NM_214399	Grenier et al., 2011
IL-8	F (300 nM) GCTCTCTGTGAGGCTGCAGTTC R (900nM) AAGGTGTGGAATGCGTATTATGC	NM_213867	Grenier et al., 2011
IL-10	F (300 nM) GGCCAGTGAAGAGTTTCTTTC R (300 nM) CAACAAGTCGCCATCTGGT	NM_214041	Bracarense et al., 2012
IFN- γ	F (300 nM) TGGTAGCTCTGGGAAACTGAAATG R (300 nM) GGCTTTGCGCTGGATCG	NM_213948	Royae et al., 2004
TNF- α	F (300 nM) ACTGCACTTCGAGGTTATCGG R (300 nM) GGCGACGGGCTTATCTGA	NM_214022	Meissonnier et al., 2008
pBD-1	F (141 nM) CTCCTCCTTGTATTCCTCCT R (141 nM) GGTGCCGATCTGTTTCAT	NM_213838	Wang et al., 2013
pBD-2	F (148 nM) GACTGTCTGCCTCCTCTC R (148 nM) GGTCCTTCAATCTGTTG	NM_214442	Wang et al., 2013

RPL-32, ribosomal protein L32; F- forward; R- reverse

Table 2. Effect of IP6 on the mRNA expression of cytokines in swine jejunum exposed to DON and FB1.

Cytokine	Control		DON		DON+IP6 2.5 mM		DON+IP6 5 mM	
	Mean	SEM	Mean	SEM	Mean	SEM	Mean	SEM
IL-1 β	1.00 ^a	0.99	2.66 ^b	2.59	3.25 ^{ab}	3.22	1.27 ^{ab}	1.25
IL-6	1.00 ^a	0.99	0.21 ^b	0.21	0.43 ^{ab}	0.26	0.44 ^{ab}	0.26
IL-8	1.00 ^a	0.60	3.21 ^b	3.57	0.55 ^{ab}	0.34	0.62 ^a	0.62
IL-10	1.00 ^a	1.00	0.07 ^b	0.07	0.61 ^{ab}	0.34	0.55 ^{ab}	0.27
IFN- γ	1.00 ^a	0.38	0.67 ^b	0.33	0.75 ^{ab}	0.38	0.76 ^{ab}	0.38
TNF- α	1.00 ^a	1.00	0.75 ^{ab}	0.75	0.70 ^{ab}	0.70	0.53 ^b	0.53
pBD-1	1.00 ^{ab}	0.39	0.16 ^a	0.08	0.69 ^{ab}	0.69	1.72 ^b	0.61
pBD-2	1.00 ^{ac}	0.99	0.01 ^b	0.01	0.56 ^{ac}	0.53	0.68 ^{ac}	0.45
Cytokine	Control		FB1		FB1+IP6 2.5 mM		FB1+IP6 5 mM	
	Mean	SEM	Mean	SEM	Mean	SEM	Mean	SEM
IL-1 β	1.00 ^a	0.99	1.37 ^b	0.85	0.49 ^{ab}	0.44	0.23 ^{ab}	1.18
IL-6	1.00 ^a	0.99	0.03 ^b	0.03	0.08 ^{ab}	0.04	0.06 ^{ab}	0.06
IL-8	1.00 ^a	0.57	0.14 ^b	0.14	0.35 ^{ab}	0.30	0.53 ^{ab}	0.44
IL-10	1.00 ^a	0.61	0.00 ^b	0.00	0.01 ^{ab}	0.01	0.01 ^{ab}	0.01
IFN- γ	1.00 ^a	0.06	0.02 ^b	0.00	0.08 ^{ab}	0.07	0.10 ^{ab}	0.09
TNF- α	1.00 ^a	0.99	0.00 ^b	0.00	0.57 ^{ab}	0.27	1.10 ^a	1.10
pBD-1	1.00 ^a	0.98	0.01 ^b	0.01	0.03 ^{ab}	0.01	0.03 ^{ab}	0.03
pBD-2	1.00 ^a	0.59	2.22 ^{ab}	1.66	1.18 ^{ab}	0.94	0.76 ^{ab}	0.40

Mean values with their standard errors (n 5 animals). Duncan's test.

^{a,b} Mean values with unlike superscript letters (line) were significantly different for each cytokine ($p \leq 0.05$).

6 CONCLUSÕES

- As micotoxinas FB1 (70 μ M) e DON (10 μ M) induziram alterações morfológicas significativas nos explantes jejunais. Além disso, principalmente os tratamentos com DON, induziram a uma diminuição da expressão de E-caderina e aumento da apoptose, proliferação celular, expressão da cox-2 e estresse oxidativo.
- A presença de IP6 (5mM) diminuiu significativamente as alterações morfológicas, proliferação celular, apoptose, expressão de cox-2 e o estresse oxidativo nos explantes jejunais expostos a FB1 e DON. Ainda, o IP6 aumentou significativamente a expressão de E-caderina.
- As micotoxinas FB1 (70 μ M) e DON (10 μ M) induziram a alterações na expressão do RNAm de citocinas pró- e anti-inflamatórias e β -defensinas 1 e 2.
- O IP6, principalmente na concentração de 5 mM, modulou as alterações induzidas por FB1 e DON na expressão de citocinas pró- e anti-inflamatórias e β -defensinas 1 e 2.

ANEXO

ANEXO A



Universidade
Estadual de Londrina

COMISSÃO DE ÉTICA NO USO DE ANIMAIS

OF. CIRC. CEUA N ° 034/2014

Londrina, 09 de Março de 2014.

Prezada Pesquisadora,

A CEUA/Uel reunida em 18 de Março de 2014 avaliou o projeto de pesquisa intitulado **“Efeito do ácido fítico sobre a morfologia intestinal, produção de citocinas e expressão de proteínas de junção e MAPKs em explantes intestinais de suínos expostos à Desoxinivalenol e fumosina B1”**, processo CEUA n° 4173.2014.05, pesquisa do Centro de Ciências Agrárias de sua responsabilidade. Esclarecidos os aspectos metodológicos solicitados o projeto está **aprovado** para execução entendendo-se que os princípios éticos postulados pelo Conselho Nacional de Controle de Experimentação Animal estão respeitados.

Serão utilizados 6 suínos da linhagem D_{XL}W_{xL}, idade 24 dias, peso aproximado 7,8kg sendo 3 machos e 3 fêmeas, os mesmos animais serão utilizados em outro experimento que utilizará probióticos e prebióticos ao invés do ácido fítico. Cada suíno representa uma repetição experimental. Os animais após o desmame serão aclimatizados por três dias, alimentados com ração adequada e água *ad libitum*, sendo mantidos em baias individuais na Fazenda Escola. O projeto tem como objetivo analisar os efeitos do ácido fítico sobre explantes intestinais de suínos expostos às micotoxinas desoxinivalenol e fumonisina B1 isoladas ou associadas. Após o período de desmame, eles serão eutanasiados (acepromazina 1% (0,1 mL/10kg) IM, seguindo de pentobarbital sódico (40mg/Kg) IV e solução de KCL15% IV) e coletados os fragmentos intestinais para a realização do experimento. De cada suíno serão coletados 60 fragmentos de duodeno e distribuídos como replicatas (6) nos diferentes tratamentos. Após a coleta dos fragmentos, as carcaças dos animais serão coletadas por empresa conveniada com a UEL. O processo está aprovado para execução em 37 meses.

Cumpra orientar que caso pretendam-se quaisquer alterações no protocolo experimental aprovado, deve-se submeter o novo protocolo à apreciação da CEUA/Uel anteriormente à execução das modificações.

Sem mais para o momento, subscrevo-me. Cordialmente,

Prof. Dr. Waldiceu Aparecido Verri Junior
Coordenador da CEUA/Uel

Ilma. Sra.

Profa. Dra. Ana Paula Frederico R.L Bracarense

Coordenadora do Projeto

Centro de Ciências Agrárias

Departamento de Medicina Veterinária Preventiva

Com cópia para Sra Égle Maria de Sousa (Chefe da DCA/PROPPG), Diretor(a) do Centro de Ciências Agrárias.