



UNIVERSIDADE  
ESTADUAL DE LONDRINA

---

KENJI WILLIAM RUIZ MIYAZAWA

**O EFEITO ANALGÉSICO DA VIMPOCETINA DEPENDE DA  
INIBIÇÃO DA PRODUÇÃO DE CITOCINAS E ESTRESSE  
OXIDATIVO PERIFÉRICO E ESPINAL**

---

Londrina  
2013

**U E L**

**O EFEITO ANALGÉSICO DA VIMPOCETINA DEPENDE  
DA INIBIÇÃO DA PRODUÇÃO DE CITOQUINAS E  
ESTRESSE OXIDATIVO PERIFÉRICO E ESPINAL**

**2013**

KENJI WILLIAM RUIZ MIYAZAWA

**O EFEITO ANALGÉSICO DA VIMPOCETINA DEPENDE DA  
INIBIÇÃO DA PRODUÇÃO DE CITOCINAS E ESTRESSE  
OXIDATIVO PERIFÉRICO E ESPINAL**

Dissertação apresentada ao Programa de Pós-Graduação em Patologia Experimental da Universidade Estadual de Londrina, como requisito à obtenção do título de Mestre em Patologia Experimental.

Orientador: Prof. Dr. Waldiceu A. Verri Jr.

Londrina  
2013

**Catálogo elaborado pela Divisão de Processos Técnicos da Biblioteca Central da  
Universidade Estadual de Londrina.**

**Dados Internacionais de Catalogação-na-Publicação (CIP)**

M685e Miyazawa, Kenji William Ruiz.  
O efeito analgésico da vimpocetina depende da inibição da produção de citocinas  
estresse oxidativo periférico e espinal / Kenji William Ruiz Miyazawa. – Londrina  
2013.  
84 f.: il.

Orientador: Waldiceu Aparecido Verri Junior.  
Dissertação (Mestrado em Patologia Experimental) – Universidade Estadual de  
Londrina, Centro de Ciências Biológicas, Programa de Pós-Graduação em Patologia  
Experimental, 2013.  
Inclui bibliografia.

1. Inflamação – Teses. 2. Dor – Teses. 3. Hiperalgisia – Teses. 4. Citocinas – Teses.  
5. Estresse oxidativo – Teses. 6. Patologia experimental – Teses. I. Verri Junior, Waldiceu  
Aparecido. II. Universidade Estadual de Londrina. Centro de Ciências Biológicas.  
Programa de Pós-Graduação em Patologia Experimental. III. Título.

CDU 616-092

KENJI WILLIAM RUIZ MIYAZAWA

**O EFEITO ANALGÉSICO DA VIMPOCETINA DEPENDE DA  
INIBIÇÃO DA PRODUÇÃO DE CITOCINAS E ESTRESSE  
OXIDATIVO PERIFÉRICO E ESPINAL**

Dissertação apresentada ao Programa de Pós-Graduação em Patologia Experimental da Universidade Estadual de Londrina, como requisito à obtenção do título de Mestre em Patologia Experimental.

**BANCA EXAMINADORA**

---

Orientador: Prof. Dr. Waldiceu A. Verri Junior  
Universidade Estadual de Londrina- UEL

---

Prof. Dr. Marcelo Henrique Napimoga  
Faculdade São Leopoldo Mandic - SLMANDIC

---

Prof. Dr. Wander Rogerio Pavanelli  
Universidade Estadual de Londrina- UEL

Londrina, 25 de Abril de 2013.

## **DEDICO**

*“Dedico este trabalho primeiramente a Deus, pois sem Ele, nada seria possível e não estaríamos aqui reunidos, desfrutando, juntos, destes momentos que nos são tão importantes”.*

*“A minha formação como profissional não poderia ter sido concretizada sem a ajuda de meus amáveis e eternos pais Kenji Pedro Miyazawa e Maria Eunice Ruiz Miyazawa, que, no decorrer da minha vida, proporcionaram-me, além de extenso carinho e amor, os conhecimentos da integridade, da perseverança e de procurar sempre a Deus à força maior para o meu desenvolvimento como ser humano. Por essa razão, gostaria de dedicar e reconhecer à vocês, minha imensa gratidão e sempre amor.”*

## AGRADECIMENTOS

*Realizar um agradecimento pode não ser tarefa fácil, nem justa. Para não correr o risco da injustiça agradeço de antemão a todos que de alguma forma passaram pela minha vida e contribuíram para a construção de quem sou hoje.*

*E agradeço, particularmente, a algumas pessoas pela contribuição direta na construção deste trabalho:*

*Ao Prof. Dr. Waldiceu Aparecido Verri Junior, por me dar a oportunidade de trabalhar em seu laboratório e fazer parte de sua equipe durante esses dois anos. Por ter sido companheiro na orientação dessa dissertação e pelas discussões teóricas que travamos durante esse período. Agradeço pela sua paciência e atenção e pela sua determinação admirável, onde não media esforços para ajudar. Muito Obrigado.*

*Aos colegas de Laboratório: Ana Carla, Larissa, Carla, Miriam, Cássia, Felipe, Jean, Karla, Suelen, Mab, Paula, Renata, Renato, Sergio, Talita, Thacy, Victor e Marília. Obrigado pela disposição e pelas diferentes maneiras que cada um colaborou para o desenvolvimento desse trabalho, desde discussões científicas realizadas no laboratório ao auxílio com a manutenção dos animais.*

*Aos técnicos Zui e Pedro, pela grande ajuda fornecida e pelos inúmeros reagentes pesados e emprestados durante a realização desse trabalho.*

*As minhas irmãs, Danielle e Cibele, pelo carinho e força que me dão, por estarmos sempre juntos nos momentos mais importantes, por poder “contar” com vocês!*

*Gostaria de agradecer a minha namorada em especial, Suelen Santos da Silva, pelas horas de carinho e companheirismo que sempre me dedicou, pelas noites perdidas que passou me ajudando e pela paciência. Amo-te muito! E obrigado por tudo.*

*As duas pessoas que sobremaneira me auxiliam acadêmica, profissional e afetivamente, meus pais Kenji Pedro Miyazawa e Maria Eunice Ruiz Miyazawa.*

*Ao apoio financeiro da Coordenadoria de Aperfeiçoamento de Pessoal de Nível Superior (CAPES) e CNPq (Brasil), SETI/Fundação Araucária, Governo do Estado do Paraná, Fundação de Amparo à Pesquisa do Estado de São Paulo (FAPESP).*

“Todos os homens sonham, mas não da mesma maneira. Aqueles que sonham de noite nos recantos poeirentos das suas mentes acordam para descobrir que foi tudo em vão; Mas os que sonham de dia são homens perigosos, pois podem realizar os seus sonhos de olhos abertos, para os tornar possíveis. Foi o que eu fiz.” T. E Lawrence “Lawrence of Arabia”

MIYAZAWA, Kenji William Ruiz. **O efeito analgésico da vimpocetina depende da inibição da produção de citocinas e estresse oxidativo periférico e espinal.** 2013. 84f. Dissertação (Mestrado em Patologia Experimental) – Universidade Estadual de Londrina. Londrina-Pr, 2013.

## RESUMO

A vimpocetina é um agente nootrópico utilizado para o tratamento de disfunção cognitiva, como acidente vascular encefálico e distúrbios de memória. Estudos recentes em diferentes modelos demonstraram que além dos efeitos nootrópicos, já conhecidos, este fármaco apresenta atividade anti-inflamatória e analgésica. Baseados nestes dados, propomos investigar o efeito analgésico da vimpocetina em diferentes modelos de estímulos inflamatórios para determinar seus efeitos anti-inflamatórios e antinociceptivos, assim como determinar seus possíveis mecanismos de ação. O comportamento da dor manifesta foi avaliado por ácido acético e fenil-p-benzoquinona (PBQ) responsáveis por induzir contorções abdominais e formalina e adjuvante completo de Freund (CFA) responsáveis por induzir os movimentos de agitação da pata. Hiperalgisia mecânica foi avaliada por uma versão eletrônica do método de von Frey, hiperalgisia térmica pela placa quente, o recrutamento de neutrófilos pela atividade de mieloperoxidase (MPO), a produção de citocinas foram avaliadas nas amostras da medula (L4-L6) e pele da pata por ELISA, já a atividade antioxidante foi analisada pela diminuição dos níveis de glutathione (GSH). Os resultados obtidos apontam que a vimpocetina quando administrada via oral inibe a dor manifesta induzidas pelo ácido acético (até 56%), fenil-p-benzoquinona (81%), formalina (0-5 min-36% e 15-30 min-54%) e CFA (36%). A vimpocetina também foi capaz de inibir a atividade de MPO induzida por carragenina (até 69%), hiperalgisia mecânica (até 78%) e térmica (até 100%), produção de IL-1 $\beta$  e TNF $\alpha$  na medula (65 e 64%, respectivamente) e na pele da pata (49 e 73%, respectivamente), e a depleção dos níveis de GSH na pele da pata e na medula (99 e 50%, respectivamente). No modelo do CFA, a vimpocetina inibiu a atividade de MPO (68%); hiperalgisia mecânica (até 30%) e térmica (até 100%), a produção de IL-1 $\beta$  e TNF $\alpha$  na pele da pata (41 e 53%, respectivamente) e na medula (84 e 79%, respectivamente), e a depleção dos níveis de GSH na pele da pata e na medula (60 e 61%, respectivamente). Em conclusão, a vimpocetina foi capaz de reduzir a dor inflamatória por mecanismos relacionados à redução do recrutamento de neutrófilos, produção de citocinas e estresse oxidativo.

**Palavras chaves:** Vimpocetina. Inflamação. Citocinas. Estresse oxidativo. Dor. Hiperalgisia.

Miyazawa, Kenji William Ruiz. **Analgesic effect of vinpocetine: spinal and peripheral inhibition of cytokines production and oxidative stress.** 2013. 84f. Dissertation (Master's degree in Experimental Pathology) – Universidade Estadual de Londrina. Londrina-Pr, 2013.

## ABSTRACT

Vinpocetine is a nootropic agent used for memory improvement. Recent studies demonstrated some of its anti-inflammatory and analgesic effects. Herein, the analgesic effect and mechanisms of vinpocetine were further addressed. Overt pain-like behavior was assessed by acetic acid and phenyl-p-benzoquinone-induced writhing response and formalin and complete Freund's adjuvant (CFA)-induced paw flinches. Mechanical hyperalgesia was investigated using an electronic anesthesiometer, thermal hyperalgesia using the hot-plate, the recruitment of neutrophils by myeloperoxidase (MPO) activity, cytokines production in spinal cord (L4-L6) and paw skin samples by ELISA, antioxidant activity by the levels of reduced glutathione (GSH). Vinpocetine inhibited the overt pain-like behavior induced by acetic acid (up to 56%), phenyl-p-benzoquinone (81%), formalin (0-5 min-36% and 15-30 min-54%) and CFA (36%). Vinpocetine also inhibited carrageenin-induced MPO activity (up to 69%), mechanical (up to 78%) and thermal (up to 100%) hyperalgesia, IL-1 $\beta$  and TNF- $\alpha$  production in the spinal cord and paw skin (65 and 64%, and 49 and 73%, respectively), and GSH depletion in paw skin and spinal cord (99 and 50%, respectively). In the model of CFA model, vinpocetine inhibited the MPO activity (68%); mechanical (up to 30%) and thermal (up to 100%) hyperalgesia, IL-1 $\beta$  and TNF- $\alpha$  production in paw skin and spinal cord (41 and 53%, and 84 and 79%, respectively), and GSH depletion in paw skin and spinal cord (60 and 61%, respectively). Vinpocetine reduces inflammatory pain by mechanisms related to reduction of cytokine production and oxidative stress.

**Key words:** Vinpocetine. Inflammation. Cytokine. Oxidative stress. Pain. Hyperalgesia.

---

**Abbreviations:** AST, Aspartate aminotransferase; ALT, Alanine aminotransferase; cAMP, cyclic adenosine monophosphate; CFA, Complete Freund's adjuvant; DTNB, 5,5'-dithiobis-(2-nitrobenzoic acid); ELISA, Enzyme-linked immunosorbent assay; GSH, Reduced glutathione; HTAB, Hexadecyltrimethylammonium bromide; IL-1 $\beta$ , Interleukin-1 beta; MPO, Myeloperoxidase; PBQ, Pphenyl-p-benzoquinone; TNF $\alpha$ , Tumor necrosis factor alpha.

## LISTA DE ABREVIATURAS E SIGLAS

|                  |   |
|------------------|---|
| ALT –            | Alanina Aminotransferase  |
| AST –            | Aspartato Aminotransferase  |
| ATP-             | Trifosfato de adenosina   |
| A $\beta$ -      | Fibra nervosa do tipo A-beta  |
| A $\delta$ -     | Fibra nervosa do tipo A-delta                                       |
| C-               | Fibra nervosa do tipo C   |
| Ca+2-            | Cálcio  |
| CINC-1-          | Quimiocina de ratos análoga a IL-8 em humanos                       |
| CGRP-            | Peptídeo relacionado ao gene da calcitonina                         |
| Cg –             | Carragenina   |
| cAMP -           | Monofosfato cíclico de adenosina                                    |
| cGMP -           | Monofosfato cíclico de guanosina                                    |
| CFA -            | Complete Freund's adjuvant  |
| DMSO –           | Dimetilsulfóxido  |
| EDTA -           | ácido etilenodiamino tetra-acético                                  |
| ELISA –          | Ensaio Imunoenzimático  |
| GRD -            | Gânglio da raiz dorsal  |
| GSH –            | Glutationa  |
| HTAB -           | Hexadecyltrimethylammonium bromide                                  |
| IL-1 $\beta$ -   | Interleucina-1 beta   |
| h-               | Hora  |
| IASP-            | Associação Internacional para o Estudo da Dor                       |
| IL-              | Interleucina  |
| IL-1-            | Interleucina 1  |
| IL-1 $\beta$ -   | Interleucina 1 Beta   |
| IL-8-            | Interleucina 8  |
| IL-10-           | Interleucina 10   |
| i.p -            | Intraperitoneal   |
| i.pl –           | Intraplantar  |
| K <sup>+</sup> - | Potássio  |
| KC -             | Quimiocina derivada de queratinócitos corresponde à IL-8 em humanos |

|                    |                               |
|--------------------|-------------------------------|
| Mg-                | Miligrama                     |
| mg/kg-             | Miligrama por quilo           |
| min-               | Minuto(s)                     |
| mL-                | Mililitro                     |
| mL/kg-             | Mililitro por quilograma      |
| m/s-               | Metro por segundo             |
| µg/kg-             | Micrograma por quilograma     |
| µL-                | Microlitro                    |
| µL/grama-          | Microlitro por grama          |
| Na <sup>+</sup> -  | Sódio                         |
| MPO -              | Mieloperoxidase               |
| PBQ -              | phenyl-p-benzoquinone         |
| PGE <sub>2</sub> - | Prostaglandina E <sub>2</sub> |
| PKA-               | Proteinocinases A             |
| PKC-               | Proteinocinases C             |
| pg -               | picogramas                    |
| p.o –              | per oral                      |
| TNF-               | Fator de Necrose Tumoral      |
| TNFα-              | Fator de Necrose Tumoral Alfa |
| TNFR1-             | Receptor de TNF Tipo 1        |
| TRIS -             | tris(hidroximetil)aminometano |
| v.o –              | via oral                      |

## SUMÁRIO

|          |  |    |
|----------|--|----|
| <b>1</b> | <b>INTRODUÇÃO</b> .....  | 14 |
| 1.1      | Processos Inflamatórios e Dor .....  | 14 |
| 1.2      | Participação das citocinas no processo doloroso .....  | 16 |
| 1.3      | Vimocetina.....  | 19 |
| <b>2</b> | <b>OBJETIVOS</b> .....   | 21 |
| 2.1      | Objetivo geral .....   | 21 |
| 2.2      | Objetivo específico .....  | 21 |
| <b>3</b> | <b>ARTIGO PARA PUBLICAÇÃO Analgesic effect of vinpocetine:<br/>spinal and peripheral inhibition of cytokines production and<br/>oxidative stress</b> ..... | 22 |
|          | <b>Abstract</b> .....  | 24 |
| <b>1</b> | <b>Introduction</b> .....  | 25 |
| <b>2</b> | <b>Material and Methods</b> .....  | 27 |
| 2.1      | <i>Animals</i> .....   | 27 |
| 2.2      | <i>Drugs and Stimuli</i> .....   | 27 |
| 2.3      | <i>Mechanical Hyperalgesia test</i> .....  | 27 |
| 2.4      | <i>Writing Response Tests</i> .....  | 28 |
| 2.5      | <i>Formalin and CFA Test</i> .....   | 28 |
| 2.6      | <i>Hot Plate Test</i> .....  | 29 |
| 2.7      | <i>Myeloperoxidase (MPO) Activity</i> .....  | 29 |
| 2.8      | <i>Dosing of Aminotransferases</i> .....   | 30 |
| 2.9      | <i>Cytokine Measurement</i> .....  | 30 |
| 2.10     | <i>GSH measurement</i> .....   | 30 |
| 2.11     | <i>Experimental Procedures</i> .....   | 31 |
| 2.12     | <i>Statistical Analysis</i> .....  | 31 |
| <b>3</b> | <b>Results</b> .....   | 33 |
| 3.1      | <i>Vinpocetine inhibits acetic acid- and phenyl-p-benzoquinone (PBQ)-<br/>induced writhing response and formalin and CFA-induced paw flinches</i> .....    | 33 |

|          |   |    |
|----------|---|----|
| 3.2      | <i>Vinpocetine inhibited carrageenin- induced hiperalgesia and myeloperoxidase (MPO) activity</i> .....   | 33 |
| 3.3      | <i>Post-treatment with vinpocetine inhibited CFA-induced hyperalgesia and MPO activity</i> .....  | 34 |
| 3.4      | <i>Vinpocetine inhibited carrageenin-induced IL-1<math>\beta</math> and TNF<math>\alpha</math> production</i> .....   | 35 |
| 3.5      | <i>Post-treatment with vinpocetine inhibited CFA-induced IL-1<math>\beta</math> and TNF<math>\alpha</math> production</i> .....   | 35 |
| 3.6      | <i>Pretreatment and post-treatment with vinpocetine inhibited carrageenin and CFA, respectively,-induced depletion of reduced glutathione</i> .....                     | 35 |
| 3.7      | <i>Effect of prolonged treatment with vinpocetine on plasma level of aspartate aminotransferase (AST) and alanine aminotrasferase (ALT), stomach MPO activity</i> ..... | 36 |
| <b>4</b> | <b>Discussion</b> .....   | 37 |
|          | <b>References</b> .....   | 41 |
|          | <b>REFERÊNCIAS</b> .....  | 59 |
|          | <b>ANEXO</b> .....  | 66 |
|          | <b>ANEXO A - Preparation and Submission of Manuscripts</b> .....  | 67 |

# 1 INTRODUÇÃO

## 3 1.1 Processos Inflamatórios e Dor

5 A primeira defesa do organismo frente a um dano tecidual é a resposta inflamatória. A  
6 inflamação é um processo biológico complexo desencadeado pelas células imune no local da  
7 lesão a fim de promover eventos vasculares culminando na passagem de células e moléculas  
8 do sangue para os tecidos, para que ocorra a eliminação do agente agressor (MESQUITA et  
9 al., 2010; BALESTIERI, 2006).

10 Os eventos inflamatórios podem ser desencadeados após dano celular causado por  
11 microrganismos, agentes físicos (radiação, trauma, queimaduras), químicos (toxinas,  
12 substâncias cáusticas), necrose tecidual e/ou reações imunológicas (ABBAS; JANEWA,  
13 2000; GOMES-LEAL, 2002).

14 Os mediadores inflamatórios produzidos pelas células no local da lesão agem em  
15 conjunto, induzindo modificações morfológicas e funcionais peculiares ao processo tais como  
16 rubor, calor, dor, edema e perda da função (ABBAS; JANEWA, 2000; CONTRAN, 2000;  
17 GOMES-LEAL, 2002). Vários são os mediadores pró-inflamatórios envolvidos nesse  
18 processo, como por exemplo, os eicosanoides (prostaglandinas, tromboxanos e leucotrienos),  
19 fator de ativação plaquetária (PAF), aminas vasoativas (histamina e serotonina), citocinas pró-  
20 inflamatórias (IL-1, IL-8, TNF- $\alpha$  IFN- $\alpha$ ), óxido nítrico, ou ainda ser provenientes do plasma,  
21 como: componentes do sistema complemento, sistema de coagulação, sistema fibrinolítico e  
22 cininas (BOOTHE, 2001; ROCHA, 2001; CARVALHO et al., 2004).

23 A ativação de células residentes como macrófagos e mastócitos induz a produção de  
24 citocinas pró-inflamatórias como fator de necrose tumoral-alfa (TNF- $\alpha$ ) e interleucina- 1beta  
25 (IL-1 $\beta$ ), às quais ativam as células endoteliais que passam a expressar moléculas de adesão da  
26 família das selectinas e integrinas, importantes no processo de transmigração dos leucócitos  
27 do sangue para o tecido (COTRAN, 2000). Esta emigração dos leucócitos ativados para o  
28 foco inflamatório ocorre por meio de substâncias quimioatraentes. Dentre elas podemos citar  
29 como moléculas endógenas os componentes do sistema complemento C3a e C5a,  
30 leucotrienos, citocinas e quimiocinas como IL-8 e como moléculas exógenas, os produtos  
31 bacterianos (lipopolisacarídeos de bactérias gram negativas- LPS). As principais células a  
32 chegarem ao local do foco inflamatório são neutrófilos seguidos de macrófagos e linfócitos

1 que agem principalmente na fagocitose e apresentação ou reconhecimento de peptídeos do  
2 agente agressor (BALESTIERE, 2006).

3 Diversos mediadores envolvidos no processo inflamatório são responsáveis pelos  
4 eventos vasculares da inflamação, podendo, muitos deles estimular os neurônios sensoriais  
5 locais, contribuindo para o desenvolvimento da dor (GILMAN et al., 2006; SPINOSA et al.,  
6 2006; RANG et al., 2007; ROTH et al., 2009).

7 A dor é uma sensação extremamente importante e essencial para o sistema de defesa do  
8 corpo, pois nos adverte de que a integridade do organismo está sendo ameaçada ou que ocorre  
9 alguma disfunção (FERREIRA et al., 2013), porém, por outro lado, pode trazer consequências  
10 desagradáveis tais como estresse, sofrimento, distúrbios nas relações sociais e econômicas  
11 (LOESER; MELZACK, 1999; BRENNAN et al., 2007).

12 A Associação Internacional para o Estudo da Dor (*International Association for the*  
13 *Study of Pain*, IASP) definiu dor como “uma experiência sensorial e/ou emocional  
14 desagradável, associada ou não ao dano potencial dos tecidos”. Deste mesmo modo, a IASP  
15 redefiniu a sensibilização dos nociceptores em alodinia, que é caracterizada como uma  
16 resposta dolorosa a estímulos inócuos que envolvem uma mudança no sentido da dor, da  
17 qualidade de uma sensação sendo um estímulo sensorial que em situações normais não  
18 provocam dor, já a hiperalgesia seria a resposta dolorosa aumentada a um estímulo  
19 previamente doloroso (IASP, 2012).

20 A dor, quando desencadeada pelo processo inflamatório, é resultante, basicamente, da  
21 participação de mediadores inflamatórios específicos, provenientes do tecido lesionado, com  
22 os neurônios sensoriais nociceptivos periféricos. Estes mediadores podem não somente  
23 sensibilizar estes nociceptores, como também pode desencadear resposta dolorosa manifesta  
24 (HARDY et al., 1950; BJÖRKMAN, 1995).

25 Esta resposta dolorosa, de maneira geral, é devida a transformação dos estímulos em  
26 potenciais de ação que, por meio das fibras nervosas periféricas, são transferidos para o  
27 sistema nervoso central de forma organizada (RANG et al., 1991; FERREIRA, 2008).

28 A percepção do estímulo nocivo ou nociceptivos seja ele mecânico, químico, térmico  
29 ou de um mediador inflamatório, como a bradicinina, que ativa os neurônios periféricos  
30 sensibilizados (HARDY et al., 1950), são capazes de provocar injúria tecidual, sendo estes  
31 detectados pelos nociceptores (neurônios nociceptivos). Os nociceptores são terminações  
32 nervosas livres de fibras aferentes primárias, que quando ativadas, conduzem os estímulos  
33 nocivos (BJÖRKMAN, 1995). Estes estímulos são recebidos pelos nociceptores localizados  
34 nas extremidades periféricas das fibras nervosas aferentes, que sofrem modificações

1 funcionais de sua excitabilidade neuronal após o contato com mediadores inflamatórios. Estes  
2 mediadores podem ser liberados por meio das células danificadas no trauma ou após o  
3 reconhecimento de um antígeno no organismo por células residentes, como os macrófagos  
4 (FERREIRA, 1993; RIBEIRO et al., 2000).

5 Existem três tipos principais de fibras aferentes primárias (A- beta ( $A\beta$ ), A- delta ( $A\delta$ )  
6 e as do tipo C), que transmitem os estímulos periféricos ao sistema nervoso central. Com isto,  
7 forma-se o sistema nociceptivo, que é um segmento do sistema nervoso que possui fibras  
8 nervosas caracteristicamente distribuídas nos tecidos, sendo responsáveis pela informação  
9 dolorosa (RANG et al., 1991). As fibras  $A\beta$  e  $A\delta$  são mielinizadas e as do tipo C são  
10 amielinizadas. As fibras A- $\beta$ , são importantes para a manutenção da integridade do animal e  
11 desencadeiam respostas rápidas. A informação sensorial que chega a essas camadas é  
12 transmitida para os centros superiores de processamento por neurônios secundários,  
13 conhecidos como neurônios de ampla faixa dinâmica (WDR – *wide dynamic range neurons*),  
14 os quais conduzem as informações geradas por estímulos de diferentes naturezas (DUBNER  
15 et al., 1989; MILLAN, 1999; BONICA, 1990). A fibra  $A\delta$  conduzem os estímulos mais  
16 rapidamente, em torno de 12-30 m/s e respondem a estímulos térmicos e mecânicos, enquanto  
17 as fibras do tipo C conduzem os estímulos de baixa velocidade (0.5 – 2 m/s), porém, com  
18 maior intensidade e respondem a estímulos de origem térmica, mecânica e química (RANG et  
19 al., 1991; JULIUS, BASBAUM, 2001). Existe também “outra classe de nociceptores  
20 chamados que “silenciosos” ou “adormecidos” (*silent ou sleeping nociceptors*). Estes  
21 nociceptores não respondem a estímulos térmicos e mecânicos em tecidos não inflamados,  
22 mas são ativados durante o processo inflamatório (SCHAIBLE; SCHIMIDT, 1988).

23 A interpretação ou compreensão da experiência da sensação da dor é entendida  
24 como função cortical, que analisa a informação recebida em locais especializados em detectar,  
25 localizar e determinar a intensidade do estímulo em áreas corticais responsáveis pela  
26 interpretação do processo doloroso (FERREIRA et al., 2010).

27

## 28 1.2 Participação das citocinas no processo doloroso

29

30 As citocinas possuem papel essencial na formação dos sinais locais ou sistêmicos de  
31 inflamação. São polipeptídeos produzidos por diferentes tipos celulares, principalmente  
32 linfócitos e macrófagos ativados, bem como células do endotélio, epitélio e tecido conjuntivo,  
33 em resposta a uma variedade de estímulos desencadeados por vírus, parasitas, bactérias e seus

1 produtos ou em resposta a outras citocinas (VERRI, 2007). Atualmente, já foram descritas  
2 mais de 200 citocinas diferentes (BILATE, 2007), que são responsáveis por modular funções  
3 celulares e são produzidas durante respostas imunes e inflamatórias, sendo sua secreção  
4 transitória e estreitamente regulada (COTRAN et al., 2006; LIN et al., 2000; SOMMER et al.,  
5 2010).

6 Um dos papéis desenvolvidas pela citocinas está na indução de mediadores  
7 necessários para conduzir a resposta inflamatória aos locais de infecção e lesão. De modo  
8 geral, esses mediadores são fundamentais para desenvolvimento da dor e da inflamação. As  
9 primeiras citocinas descritas na fisiopatologia do processo inflamatório foram: IL-1 $\beta$ , TNF- $\alpha$ ,  
10 IL-6 e as quimiocinas, IL-8, quimiocina quimioatraentes de neutrófilos 1 (CINC-1) e  
11 quimiocina derivada dos queratinócitos (KC) (VERRI et al., 2006). A IL-1 $\beta$  e o TNF- $\alpha$   
12 participam das reações pró-inflamatórias agudas e crônicas, assim como dos processos de  
13 reparo e de resolução. São principalmente produzidas por macrófagos ativados e podem  
14 estimular, secundariamente, a liberação de mais citocinas (COTRAN et al., 2006; RANG et  
15 al., 2007).

16 As citocinas IL-1 $\beta$  e TNF $\alpha$ , são responsáveis por atuar diretamente sobre receptores  
17 específicos dos neurônios sensitivos e levam à síntese de outros efetores, como por exemplos  
18 outras citocinas, quimiocinas, prostanoídes, neurotrofinas, óxido nítrico, cininas, lipídeos,  
19 trifosfato de adenosina (ATP) e membros da via do complemento. Esses elementos, por sua  
20 vez, causam proliferação e hipertrofia de células gliais no sistema nervoso central, com a  
21 liberação de citocinas pró-inflamatórias relevantes, como TNF $\alpha$ , IL-1 $\beta$  e IL-6, formando uma  
22 rede complexa de ativação interdependente (ZHANG; AN, 2007; SHAVIT et al., 2006,  
23 OBATA et al., 2006; MILLER et al., 2009).

24 O TNF $\alpha$  reduz o limiar para a ativação de fibras nervosas periféricas do tipo C  
25 relativas a estímulos mecânicos, através de extravasamento de plasma, gerando alodínia  
26 mecânica. Este aumenta as correntes iônicas nos canais de sódio resistentes à tetrodotoxina  
27 nos neurônios do gânglio da raiz dorsal (GRD) através da ativação de receptores TNFR1 e da  
28 proteína quinase ativada por mitógeno p38 (p38 MAPK). Este, em geral, é encontrado junto  
29 aos canais de sódio Nav 1.8 no GRD, e sua fosforilação direta provoca aumento na  
30 intensidade de corrente, o que contribui para dor inflamatória e neuropática. O TNF também  
31 atua na condutância dos canais de potássio por meio da ativação da PKC, o que afeta a  
32 capacidade de as células gliais permitirem a saída de potássio intracelular e removerem o  
33 glutamato liberado após um estímulo, resultando em maior vulnerabilidade neuronal  
34 (SOMMER et al., 2010; HUDMON et al., 2008).

1 O TNF $\alpha$  e a IL-1 $\beta$  ativam os receptores B2, causando hiperalgesia inflamatória. A  
2 própria bradicinina pode induzir a secreção dessas citocinas a partir de macrófagos, formando  
3 um ciclo vicioso de nocicepção. É importante notar que a IL-1 $\beta$  isolada é incapaz de estimular  
4 os neurônios do GRD, porém, com IL-6 e TNF $\alpha$ , produz aumento rápido da sensibilidade de  
5 TRPV1 e da liberação de CGRP, o que leva à sensibilização térmica. O TNF, IL-1 $\beta$  e a IL-6  
6 são potentes indutores da cicloxigenase-2 e, em consequência, da PGE<sub>2</sub>, tanto no local da  
7 lesão quanto na medula espinal, aumentando a sensibilidade dos neurônios a estímulos  
8 dolorosos químicos, térmicos e mecânicos (SOMMER et al., 2010; SHAVIT et al., 2006;  
9 MILLER et al., 2009; MCMAHON et al., 2006; BUVANENDRAN et al., 2006; CUNHA et  
10 al., 2007).

11 Existem diferentes modelos experimentais no qual se pode avaliar a eficácia de um  
12 fármaco com prováveis propriedades analgésica e anti-inflamatória. Dentre eles podemos citar  
13 os modelos de dor manifesta como as contorções abdominais induzidas por ácido acético e  
14 fenil-p-benzoquinona, adjuvante completo de Freund (CFA) e teste da formalina. Nesses  
15 modelos, os estímulos inflamatórios induz a liberação de mediadores que ativam os  
16 nociceptores induzindo uma resposta comportamental considerada nociceptiva por ser inibida  
17 por um fármaco analgésico. No teste da formalina, apresenta-se em duas fases, sendo a  
18 primeira fase neurogênica 0-5 minutos mediados pela liberação de mediadores como  
19 histamina e serotonina, e receptores acoplados a canal iônico. Já a segunda fase conhecida  
20 como fase inflamatória, pois depende da produção de citocinas e outros mediadores (VERRI  
21 et al., 2006). Em outro modelo, como da carragenina, a hiperalgesia inflamatória é mediada  
22 pela secreção de TNF- $\alpha$  e quimiocina derivada de queratinócitos (KC) (corresponde à IL-8 em  
23 humanos). O TNF- $\alpha$  e o KC estimulam a subsequente produção de IL-1 $\beta$  que, por sua vez,  
24 induz a expressão de cicloxigenase 2 (COX-2), a qual participa da transformação de ácido  
25 araquidônico em prostanóides. Dentre os prostanóides produzidos está a PGE<sub>2</sub>, que promove a  
26 sensibilização dos nociceptores e a hiperalgesia (CUNHA et al., 2005; LORAM et al., 2007).  
27 Além da IL-1 $\beta$  propiciar a indução da expressão de COX-2, o próprio TNF- $\alpha$  e a PGE<sub>2</sub>  
28 podem induzi-la (BERTOLINI; OTTANI; SANDRINI, 2001). O KC também pode contribuir  
29 com a sensibilização do nociceptor por mediar à produção de aminas simpatomiméticas, como  
30 noradrenalina e dopamina, as quais atuam diretamente sobre o nociceptor aumentando a sua  
31 excitabilidade (CUNHA et al., 2005; KHASAR; MCCARTER; LEVINE, 1999;  
32 NAKAMURA; FERREIRA, 1987).

33 Logo existem diversos modelos que são extremamente úteis para avaliação do efeito e  
34 mecanismo de ação de drogas analgésicas e anti-inflamatórias.

### 1 1.3 Vimpocetina

2

3 A vimpocetina ((3 $\alpha$ ,16 $\alpha$ )-Eburnamenine-14-carboxylic acid ethyl ester) um derivado  
4 sintético do alcalóide vincamina extraído da planta pervinca, *Vinca minor*, que foi  
5 originalmente descrito como sendo um vasodilatador cerebral (KÁRPÁTI; SZPORNY, 1976).  
6 Este fármaco possui um efeito neuroprotetor em vários modelos experimentais, reduzindo a  
7 lesão neuronal que ocorre em condições de hipóxia ou isquemia (KÁRPÁTI; SZPORNY,  
8 1976; RISCHKE; KRIEGLSTEIN, 1990).

9 Este fármaco foi comercializado primeiramente sob o nome comercial Cavinton  
10 (Hungria) em 1978. Desde então, a vimpocetina tem sido amplamente utilizada em muitos  
11 países para o tratamento preventivo de disfunção cognitiva, incluindo demência, acidente  
12 vascular encefálico (AVE) senil e distúrbios de memória (BAGOLY et al., 2007).

13 Vimpocetina, bem como vincamina, são usadas na Europa, Japão e México como  
14 agentes farmacêuticos para o tratamento de distúrbios vasculares cerebrais e cognitivos. Nos  
15 países como os Estados Unidos, a vimpocetina é comercializada como um suplemento  
16 dietético, e até o presente momento, não há relatos de efeitos colaterais significativos,  
17 toxicidade, ou contraindicações nas doses terapêuticas desta. O mecanismo proposto para as  
18 ações da vimpocetina é o de vasodilatador cerebral que melhora fluxo sanguíneo cerebral  
19 (TAMAKI; MATSUMOTO, 1985; KIM et al., 2001). Este composto diminui a resistência  
20 vascular cerebral, a viscosidade do sangue, a agregação plaquetária e aumenta a fluidez dos  
21 glóbulos vermelhos sanguíneos (KISS; KÁRPÁTI, 1996).

22 A vimpocetina atua aumentando o metabolismo cerebral por aumentar a recaptção de  
23 oxigênio e glicose do sangue além de estimular a produção de ATP neuronal (SZOBOR;  
24 KLEIN, 1976). Além disso, estudos recentes demonstraram que a vimpocetina age via  
25 modulação dos níveis de AMP cíclico (AMPc) e GMPc por ser um inibidor de fosfodiesterase  
26 (PDE-1) (BEAVO, 1995), devido a esses fatores com o aumento dos níveis de GMPc e  
27 consequentemente de proteína quinase G (PKG), observa-se que há abertura (fosforilação) de  
28 canais de potássio (K<sup>+</sup>ATP), o que contrabalança o aumento do potencial de membrana,  
29 evitando a despolarização e o disparo de potenciais de ação, causando a analgesia (SACHS;  
30 CUNHA; FERREIRA, 2004; DASTIDAR et al., 2007; FAN CHUNG, 2006). Além disso,  
31 estudos realizados com a vimpocetina demonstraram que I $\kappa$ B quinase (IKK), é um outro alvo  
32 celular da vimpocetina, e que esse fármaco é capaz de atenuar a ativação do NF- $\kappa$ B induzida  
33 por TNF- $\alpha$  e subsequente produção mediadores pró-inflamatórios em vários tipos de células,

1 incluindo células musculares lisas vasculares endoteliais, células e macrófagos mostrando que  
2 a vimpocetina é um potente agente anti-inflamatório. A vimpocetina se mostrou capaz de  
3 inibir os mediadores pró-inflamatórios (TNF- $\alpha$  e IL-1 $\beta$ ) assim como o processo inflamatório  
4 intersticial de leucócitos polimorfonucleares em um modelo de inflamação pulmonar em rato  
5 induzidos por TNF- $\alpha$  ou LPS, além de demonstrar a inibição da quimiotaxia e da adesão de  
6 monócitos que são os processos críticos durante a inflamação (JEON et al., 2010). Um efeito  
7 adicional da vimpocetina que não tem sido relacionada com a inibição de fosfodiesterase é a  
8 redução do stress oxidativo como demonstrado pela prevenção da diminuição de glutathiona  
9 reduzida (GSH) e de produção de malondialdeído induzidas por injeção intracerebral de  
10 brometo etídio (ABDEL-SALAM, 2011). Há evidências de que espécies reativas de oxigênio  
11 e nitrogênio produzidas no local da inflamação auxiliam na promoção da hiperalgisia  
12 (KEEBLE et al., 2009; NDENGELE et al., 2008). A influência do estresse oxidativo sobre a  
13 hiperalgisia se dá pelo fato de que o ânion superóxido e o peroxinitrito ativam fatores de  
14 transcrição como a proteína ativadora 1 (AP-1), NF $\kappa$ B, além de MAP quinases, culminando  
15 na indução da expressão de COX-2 e aumentando a produção de prostanóides, o que promove  
16 a sensibilização dos nociceptores (LITTLE; DOYLE; SALVEMINI, 2012). Estímulos  
17 inflamatórios, como a carragenina são capazes de induzirem a formação de produtos do  
18 estresse oxidativo e esses produtos medeiam a uma resposta nociceptiva, uma vez que há uma  
19 diminuição nos níveis de ânion superóxido e peroxinitrito ocorre uma redução no edema e da  
20 hiperalgisia (KHATTAB, 2006; LITTLE; DOYLE; SALVEMINI, 2012; NDENGELE et al.,  
21 2008).

22 Existe também evidência de que a vimpocetina reduz as correntes de sódio  
23 tetrodotoxina Nav 1.8 no gânglio da raiz dorsal derivada de células neuronais, o que sugere  
24 um efeito analgésico da vimpocetina (ZHOU et al., 2003). Corroborando com esses dados,  
25 estudos prévios demonstraram que a vimpocetina apresenta atividade analgésica, que reduz o  
26 número de contorções abdominais induzidas por ácido acético por um mecanismo dependente  
27 de adenosina (ABDEL-SALAM, 2006), bem como no comportamento de dor induzida por  
28 formalina (CSILLIK et al., 2008). Indicando que esta droga nootrópica pode ser útil no  
29 controle da dor.

30 Baseados nestes dados nós propomos investigar o efeito analgésico da vimpocetina em  
31 diferentes modelos nociceptivos e determinar seus possíveis mecanismos de ação.

32

33

## 2 OBJETIVOS

### 2.1 Objetivo geral

Investigar a atividade analgésica da vimpocetina em diferentes modelos de inflamação, bem como seu mecanismo de ação.

### 2.2 Objetivo específico

- Avaliar o efeito analgésico do tratamento com vimpocetina em modelos experimentais por meio de diferentes estímulos nociceptivos (ácido acético, fenil-p-benzoquinona (PBQ), modelo da carragenina, formalina, CFA);

- Avaliar o efeito analgésico da vimpocetina em modelos de inflamação aguda e prolongada;

- Avaliar se a vimpocetina inibe a hiperalgesia mecânica e térmica;

- Avaliar se a vimpocetina inibe a migração de neutrófilos;

- Avaliar se o efeito analgésico da vimpocetina estaria relacionado à inibição da produção de citocinas pró-hiperalgésicas como IL-1 $\beta$  e TNF $\alpha$ ;

- Avaliar o efeito antioxidante da vimpocetina pelos níveis de glutathiona reduzida;

- Avaliar se a vimpocetina causa algum dano hepático por meio da dosagem das Alanina transaminase (ALT) e Aspartato transaminase (AST) e/ou danos gástrico por meio da avaliação da atividade de mieloperoxidase (MPO).

1 **3 ARTIGO PARA PUBLICAÇÃO**

2

3 Este trabalho foi realizado no Laboratório de Dor, Inflamação, Neuropatia e Cancêr,  
4 dando origem a o artigo científico Analgesic effect of vinpocetine: spinal and peripheral  
5 inhibition of cytokines production and oxidative stress. Kenji W. R. Miyazawa, Ana C.  
6 Zarpelon, Larissa Staurengo-Ferrari, Miriam S. N. Hohmann, Gabriela F. Pavão-de-Souza,  
7 Sergio H. Ferreira, Jose C. Alves-Filho, Thiago M. Cunha, Fernando Q. Cunha, Rubia  
8 Casagrande, Waldiceu A. Verri, Jr.

9 As formatações do artigo seguem as normas da revista Pharmacology biochemistry  
10 and behavior (Anexo).

11

12

13

14

15

16

17

18

19

20

21

1 **Analgesic effect of vinpocetine: spinal and peripheral inhibition of cytokines production**  
2 **and oxidative stress**

Kenji W. R. Miyazawa<sup>1</sup>, Ana C. Zarpelon<sup>1</sup>, Larissa Staurengo-Ferrari<sup>1</sup>, Miriam S. N. Hohmann<sup>1</sup>, Gabriela F. Pavão-de-Souza<sup>1</sup>, Sergio H. Ferreira<sup>2</sup>, Jose C. Alves-Filho<sup>2</sup>, Thiago M. Cunha<sup>2</sup>, Fernando Q. Cunha<sup>2</sup>, Rubia Casagrande<sup>3</sup>, Waldiceu A. Verri, Jr<sup>1\*</sup>.

<sup>1</sup>Departamento de Patologia, Centro de Ciências Biológicas, Universidade Estadual de Londrina, Rod. Celso Garcia Cid PR 445, Km 380 Cx. Postal 6001, 86051-990, Londrina, Parana, Brazil. Fax: + 55 43 3371-4267, Tel: + 55 43 3371-4387. <sup>2</sup>Department of Pharmacology, Faculty of Medicine of Ribeirão Preto, University of São Paulo, Avenida Bandeirantes, 3900, Ribeirão Preto, São Paulo 14049-900, Brazil. <sup>3</sup>Department of Pharmaceutical Sciences, University Hospital (Health Science Centre), Av. Robert Koch, 60, 86038-350, Londrina State University, Parana, Brazil.

**Author for correspondence:** Prof. Waldiceu A. Verri Jr, PhD.

Present address: Departamento de Patologia, Universidade Estadual de Londrina, Rod. Celso Garcia Cid KM480 PR445, CEP 86051-990, Cx Postal 6001, Londrina, Paraná, Brasil. Tel: + 55 43 3371 4979. Fax: + 55 43 3371 4387. E-mails: waverri@uel.br or waldiceujr@yahoo.com.br

1 **Abstract**

2

3 Vinpocetine is a nootropic agent used for memory improvement. Recent studies demonstrated  
 4 some of its anti-inflammatory and analgesic effects. Herein, the analgesic effect and  
 5 mechanisms of vinpocetine were further addressed. Overt pain-like behavior was assessed by  
 6 acetic acid and phenyl-p-benzoquinone-induced writhing response and formalin and complete  
 7 Freund's adjuvant (CFA)-induced paw flinches. Mechanical hyperalgesia was investigated  
 8 using an electronic anesthesiometer, thermal hyperalgesia using the hot-plate, the recruitment  
 9 of neutrophils by myeloperoxidase (MPO) activity, cytokines production in spinal cord (L4-  
 10 L6) and paw skin samples by ELISA, antioxidant activity by the levels of reduced glutathione  
 11 (GSH). Vinpocetine inhibited the overt pain-like behavior induced by acetic acid (up to 56%),  
 12 phenyl-p-benzoquinone (81%), formalin (0-5 min-36% and 15-30 min-54%) and CFA (36%).  
 13 Vinpocetine also inhibited carrageenin-induced MPO activity (up to 69%), mechanical (up to  
 14 78%) and thermal (up to 100%) hyperalgesia, IL-1 $\beta$  and TNF- $\alpha$  production in the spinal cord  
 15 and paw skin (65 and 64%, and 49 and 73%, respectively), and GSH depletion in paw skin  
 16 and spinal cord (99 and 50%, respectively). In the model of CFA model, vinpocetine inhibited  
 17 the MPO activity (68%); mechanical (up to 30%) and thermal (up to 100%) hyperalgesia, IL-  
 18 1 $\beta$  and TNF- $\alpha$  production in paw skin and spinal cord (41 and 53%, and 84 and 79%,  
 19 respectively), and GSH depletion in paw skin and spinal cord (60 and 61%, respectively).  
 20 Vinpocetine reduces inflammatory pain by mechanisms related to reduction of cytokine  
 21 production and oxidative stress.

22

23 **Key words:** Vinpocetine, inflammation, cytokine, oxidative stress, pain, hyperalgesia.

24

25

26

27

28

29

30

31

32

33

34

35

36

37

38

39

40

---

41 **Abbreviations:** AST, Aspartate aminotransferase); ALT, Alanine aminotransferase; cAMP,  
 42 cyclic adenosine monophosphate; CFA, Complete Freund's adjuvant; DTNB, 5,5'-dithiobis-  
 43 (2-nitrobenzoic acid); ELISA, Enzyme-linked immunosorbent assay; GSH, Reduced  
 44 glutathione; HTAB, Hexadecyltrimethylammonium bromide; IL-1 $\beta$ , Interleukin-1 beta; MPO,  
 45 Myeloperoxidase; PBQ, Pphenyl-p-benzoquinone; TNF $\alpha$ , Tumor necrosis factor alpha.

## 1    **1    Introduction**

2

3            Vinpocetine ((3 $\alpha$ ,16 $\alpha$ )-Eburnamenine-14-carboxylic acid ethyl ester) is a synthetic  
4 ethyl ester of the alkaloid apovincamine, which is isolated from the leaves of *Vinca minor*,  
5 commonly known as the lesser periwinkle (Lőrincz et al., 1976). It has been used for more  
6 than 20 years in certain European countries and Japan as a protective agent to reduce brain  
7 damage resulting from an ischemic infarct (Bönöczk et al., 2000; Feigin et al., 2001;  
8 McDaniel et al., 2003). In fact, the main therapeutic uses of vinpocetine are related to its  
9 effect of improving cerebral circulation and metabolism in the management of various types  
10 of cerebrovascular circulatory disorders such as cerebral infarction and residual cerebral  
11 hemorrhage (Luo et al., 2006), and for the treatment of cognitive disorders and related  
12 symptoms (Bönöczk et al., 2000; Feigin et al., 2001; McDaniel et al., 2003). Vinpocetine has  
13 also been marketed as a nootropic agent for the improvement of memory (DeNoble et al.,  
14 1986).

15            Regarding the mechanisms of vinpocetine it has been demonstrated that it selectively  
16 inhibits phosphodiesterase-1 (van Staveren et al., 2001) resulting in increased cAMP and  
17 cGMP levels (Beavo, 1995), an effect that has been related to its vasodilation effects (Jeon et  
18 al., 2010). On the other hand, studies have shown that vinpocetine has potent anti-  
19 inflammatory actions that are caused by a direct inhibition of the I $\kappa$ B kinase complex (IKK)  
20 in a phosphodiesterase blockade-independent manner, resulting in reduced production of  
21 major proinflammatory cytokines such as IL-1 $\beta$  and TNF- $\alpha$  (Mizokami et al., 2012). An  
22 additional effect of vinpocetine that has not been related to inhibition of phosphodiesterase is  
23 the reduction of oxidative stress as shown by the prevention of decrease of reduced  
24 glutathione (GSH) levels and malondialdehyde production induced by ethidium bromide  
25 intracerebral injection (Abdel-Salam et al., 2011).

1           There is also evidence that vinpocetine reduces tetrodotoxin Nav1.8 sodium currents  
2 in dorsal root ganglion-derived neuronal cell line, which suggests an analgesic effect (Zhou et  
3 al., 2003). In agreement that vinpocetine presents analgesic activity; it reduces the number of  
4 abdominal contortions induced by acetic acid by an adenosine-dependent mechanism (Abdel-  
5 Salam, 2006) as well as formalin-induced overt pain-like behavior (Csillik et al., 2008).

6           Importantly, inflammatory pain depends on cytokines such as  $\text{TNF}\alpha$  and  $\text{IL-1}\beta$  since  
7 they are produced upon inflammatory stimulus and targeting these cytokines with antibodies,  
8 soluble receptors or drugs that inhibit their production reduces the nociceptive behavior in a  
9 variety of models including antigen-induced arthritis, carrageenin, acetic acid, formalin and  
10 complete Freund's adjuvant (Chichorro et al., 2004; Cunha et al., 2005; Ribeiro et al., 2000;  
11 Safieh-Garabedian et al., 1995; Verri et al., 2009). These cytokines are also responsible for  
12 recruiting neutrophils to the inflammatory foci that further contribute by the production of  
13 nociceptive mediators (Cunha et al., 2008). Besides the peripheral contribution of neutrophils,  
14 the peripheral inflammation also induces cytokine-dependent activation of neurons, astrocytes  
15 and microglia in the spinal cord (Svensson et al., 2003). There is also evidence that oxidative  
16 stress contributes to inflammatory hyperalgesia in the carrageenin model (Valério et al.,  
17 2009).

18           Considering the evidence mentioned above, the present study further investigated the  
19 analgesic effect of vinpocetine and whether its analgesic mechanism would depend on  
20 inhibition of cytokine production and oxidative stress.

21

22

23

24

25

## 2 Material and Methods

### 2.1 *Animals*

Male Swiss mice (25-30 g) from the Universidade Estadual de Londrina, Londrina, Paraná, Brazil were used in this study. Mice were housed in standard clear plastic cages with free access to food and water and a light/dark cycle of 12-12h and kept at 21°C. All behavioral testing was performed between 9 a.m. and 5 p.m. in a temperature-controlled room. Animal care and handling procedures were approved by the Ethics Committee of the Universidade Estadual de Londrina (process number 13278.2011.3). All efforts were made to minimize the number of animals used and their suffering.

### 2.2 *Drugs and Stimuli*

Materials were obtained from the sources as follows: vinpocetine (Marjan Indústria & Comércio Ltda, São Paulo, Brazil), carrageenin (FMC Corp, Philadelphia, PA, United States), acetic acid and formaldehyde (Mallinckrodt Baker, S.A., Mexico, Mexico City), complete Freund's adjuvant and phenyl-*p*-benzoquinone (PBQ) (Sigma Chemical Company, St.Louis, MO), and indomethacin (Prodome, Campinas, SP, Brazil).

### 2.3 *Mechanical Hyperalgesia test*

Mechanical hyperalgesia was tested in mice as previously reported (Cunha et al., 2004). In a quiet room, mice were placed in acrylic cages (12x10x17 cm) with wire grid floors, 15-30 minutes before the start of testing. Stimulation was performed only when animals were quiet, did not display exploratory movements or defecation, and was not resting

1 on their paws. In these experiments, an electronic pressure-meter was used. It consists of a  
2 hand-help force transducer (electronic anesthesiometer; insight, Riberão Preto, SP, Brazil)  
3 adapted with 0.5mm<sup>2</sup> polypropylene tip. The investigator was trained to apply the tip  
4 perpendicularly to the central area of hindpaw with a gradual increase in pressure. The end  
5 point was characterized by the removal of the paw followed by clear flinching movements.  
6 After the paw withdrawal, the intensity of the pressure was recorded automatically and the  
7 value for the response was obtained by average of three measurements. The animals were  
8 tested before and after treatment and the results of flexion-elicited threshold was expressed by  
9 delta ( $\Delta$ ) withdrawal threshold in grams (g).

10

#### 11 2.4 *Writing Response Tests*

12

13 The phenyl-p-benzoquinone (PBQ) and acetic acid-induced writhing models were  
14 performed as previously described (Verri et al., 2008). PBQ (diluted in DMSO 2% / saline),  
15 acetic acid (0.6% v/v, diluted in saline), or vehicle was injected into the peritoneal cavities of  
16 mice pre-treated with vinpocetine (1-30 mg/kg, p.o route). Each mouse was placed in a large  
17 glass cylinder and the intensity of nociceptive behavior was quantified by counting the total  
18 number of writhes occurring between 0 and 20 minutes after stimulus injection. The writhing  
19 response consisted of a contraction of the abdominal muscle together with a stretching of hind  
20 limbs. The intensity of writhing response was expressed as the cumulative writhing score over  
21 20 minutes.

22

#### 23 2.5 *Formalin and CFA Test*

24

25 The number of paw flinches were determined between 0-30 minutes after intraplantar  
26 injection of 25 $\mu$ L of formalin 1.5% or CFA (10 $\mu$ L) as previously described (DeNoble et al.,  
27 1986; Valério et al., 2009). The period was divided in intervals of 5 minutes, and clearly

1 demonstrated the presence of first and second phases, which are characteristic of method  
2 (DeNoble et al., 1986; Valério et al., 2009). Results were presented as first (0-5min) and  
3 second phase (15-30min).

#### 4 5 2.6 *Hot Plate Test*

6  
7 Mice were placed in a 10 cm-wide glass cylinder on a hot plate (IITC Life Science  
8 Inc. Woodland Hills, CA) maintained at 55°C. The reaction time was scored when the animal  
9 jumped or licked its paws. A maximum latency (cut-off) was set at 30s to avoid tissue damage  
10 (Verri et al., 2005).

#### 11 12 2.7 *Myeloperoxidase (MPO) Activity*

13  
14 MPO activity was used as an index of neutrophil accumulation (Bradley et al., 1982;  
15 Casagrande et al., 2007). Samples were collected in 50 mM K<sub>2</sub>PO<sub>4</sub> buffer (pH=6.0)  
16 containing 0.5% HTAB (Hexadecyltrimethylammonium bromide), and were homogenized  
17 using a PolytronR (PT3100). After the homogenates were centrifuged at 16,100 g for 2 min,  
18 the resulting supernatant was assayed spectrophotometrically for MPO activity determination  
19 at 450 nm (Victor3™ 1420-050 Multilabel Counter (Perkin-Elmer® Precisely) with three  
20 readings within 1 min. The MPO activity of the samples was compared with a standard curve  
21 of neutrophils. Briefly, a 10 µL sample was mixed with 200 µL 50 mM phosphate buffer, pH  
22 6.0, containing 0.167 mg/mL *o*-dianisidine dihydrochloride and 0.015% hydrogen peroxide.  
23 The results were presented as the MPO activity (number of neutrophils x 10<sup>4</sup>/mg of tissue).

24  
25  
26  
27

## 2.8 *Dosing of Aminotransferases*

Plasma levels of aspartate aminotransferase (AST) and serum alanine aminotransferase (ALT) were used as indicators of hepatotoxicity (Fracasso et al., 1990; Ribeiro-Rama et al., 2011). These assays were performed using kits from Labtest<sup>®</sup> (Lagoa Santa, Minas Gerais, Brazil).

## 2.9 *Cytokine Measurement*

Paw skin and spinal cord (L4-L6) samples were homogenized in 500  $\mu$ l of buffer containing protease inhibitors, and IL-1 $\beta$  and TNF- $\alpha$  levels were determined as described previously (Verri et al., 2007; Verri et al., 2006) by an enzyme-linked immunosorbent assay (ELISA) using eBioscience kits. The results are expressed as pictograms (pg) of cytokine/ 100 mg of paw or spinal cord tissues.

## 2.10 *GSH measurement*

Samples of paw skin and spinal cord were collected and maintained at -80°C for at least 48 h. The sample was homogenized with 200  $\mu$ L of 0.02 M EDTA. The homogenate was mixed with 25  $\mu$ L of 50% trichloroacetic acid and was homogenized three times during 15 min. The mixture was centrifuged (15 min x 1500 g x 4 °C). The supernatant was added to 200  $\mu$ L of 0,2 M TRIS buffer, pH 8.2, and 10  $\mu$ L of 0,01M DTNB. After 5 min, the absorbance was measured at 412 nm against a reagent blank with no supernatant. A standard curve was performed with standard GSH. The results are expressed as GSH per mg of protein (Sedlak et al., 1968).

## 2.11 *Experimental Procedures*

Mice received per oral (p.o.) pretreatment with vinpocetine (1, 3, 10 or 30 mg/Kg/saline) 1 h before inflammatory stimulus or post-treatment 1 h after CFA injection. The dose of inflammatory stimuli were determined in our laboratory and based on previously studies (Cunha et al., 2005; Mizokami et al., 2012; Pavao-de-Souza et al., 2012; Valério et al., 2007; Valério et al., 2009; Verri et al., 2009; Zarpelon et al., 2012). The writhing response was evaluated for 20 min after i.p. injection of PBQ (1890 µg/kg) or acetic acid 0.6% (10 ml/kg). The number of formalin (formalin 1.5%, 25 µl/paw) or CFA (10µL/paw)-induced flinches was evaluated for 30 min after stimulus. Mechanical and thermal hyperalgesia was evaluated 1-9 h after carrageenin (100 µg/25 µl/paw) or 1-7 days after CFA (10 µl/paw) injection, neutrophil migration was evaluated in paw skin by MPO activity assay 9 h after carrageenin (100 µg/25 µl/paw) or 7 days after CFA (10 µl/paw) injection. IL-1β and TNFα level was measured in paw skin and spinal cord 3 hours after carrageenin or in the 7<sup>th</sup> day after CFA injection 3 h after the last treatment with vinpocetine. The level of aspartate aminotransferase (AST), alanine aminotrasferase (ALT) and myeloperoxidase (MPO) activity in the stomach were assessed after 7 days of daily p.o. treatment with vehicle (saline or Tris/HCL buffer, pH 8.0), vinpocetine (30 mg/kg) or indomethacin (1,5 mg/kg diluted in Tris/HCL buffer, pH 8.0) 5 h after the last treatment. All inflammatory stimuli injected i.pl. induced only ipsilateral nociception. Experiments were double blind.

## 2.12 *Statistical Analysis*

Results are presented as means ± SEM of measurements made on 5-10 (indicated in the legends) animals in each group in each experiment and are representative of two independent experiments. Two-way analysis of variance (ANOVA) was used to compare the

1 groups and doses at all times (curves) when the hyperalgesic responses were measured at  
2 different times after the stimulus injection. The analyzed factors were treatments, time, and  
3 time *versus* treatment interaction. When there was a significant time *versus* treatment  
4 interaction, one-way ANOVA followed by Tukey's t-test was performed for each time. On  
5 the other hand, when the hyperalgesic responses were measured once after the stimulus  
6 injection, the differences between responses were evaluated by one-way ANOVA followed by  
7 Tukey's t-test. Additionally, comparative statistical analysis between two groups were done  
8 using *t* test. Statistical differences were considered to be significant at  $P < 0.05$ .

9

10

11

12

13

14

15

16

17

18

19

20

21

22

23

24

25

## 1   **3    Results**

2

### 3    3.1    *Vinpocetine inhibits acetic acid- and phenyl-p-benzoquinone (PBQ)-induced writhing* 4    *response and formalin and CFA-induced paw flinches.*

5

6           In the first series of experiments, the analgesic effect of vinpocetine was evaluated in  
7   acetic acid-, PBQ-, formalin- and CFA-induced pain-like behaviors. Mice were treated with  
8   vinpocetine (1, 3, 10, and 30 mg/kg p.o.) or vehicle (saline) (Fig. 1A) 1 hour before acetic  
9   acid injection. Vinpocetine at the doses of 3-30 mg/kg inhibited the writhing response induced  
10   by acetic acid. The dose of 1 mg/kg of vinpocetine presented no effect. The dose of 10 mg/kg  
11   of vinpocetine was selected for the next experiments on overt pain-like behavior considering  
12   that it achieved maximal effect (56% inhibition), which was similar to the effect of 30 mg/kg  
13   of vinpocetine. Vinpocetine inhibited the writhing response (81%) induced by phenyl-p-  
14   benzoquinone (PBQ) (Fig. 1B), first (36%) and second phases (54%) of formalin-induced  
15   flinch (Fig. 1C), and complete Freund's adjuvant (CFA)-induced flinch (36%, Fig. 1D).

16

### 17   3.2    *Vinpocetine inhibited carrageenin- induced hiperalgesia and myeloperoxidase (MPO)* 18    *activity.*

19           Mice were treated with vinpocetine (3, 10 and 30 mg/kg, p.o.) 1 h before carrageenin  
20   (100 µg/25 µL) i.pl. injection, and at indicated time points mechanical (Fig. 2A) and thermal  
21   (Fig. 2B) hyperalgesia were evaluated followed by sample collection for MPO activity (Fig.  
22   2C) determination. Carrageenin induced significant mechanical hyperalgesia, which was not  
23   affected by 3 mg/kg of vinpocetine. On the other hand, 10 mg/kg of vinpocetine significantly  
24   inhibited carrageenin-induced mechanical hyperalgesia between 5-9 h with significant  
25   differences with the lower dose of vinpocetine tested at 7 and 9 h. The dose of 30 mg/kg of

1 vinpocetine inhibited carrageenin-induced mechanical hyperalgesia between 3 and 9 h (up to  
2 78%), with significant differences compared to the lower doses of vinpocetine between 5 and  
3 9 h (Fig. 2A). In the sample treatment schedule, vinpocetine also inhibited carrageenin-  
4 induced thermal hyperalgesia at 30 mg/kg (up to 100%). Furthermore, 10 mg/kg of  
5 vinpocetine significantly inhibited carrageenin-induced thermal hyperalgesia at 5 h with  
6 significant differences with the lower dose of vinpocetine and carragennin (Fig. 2B). In the 9<sup>th</sup>  
7 h after carrageenin injection, the MPO activity was reduced by the treatment with 30 mg/kg of  
8 vinpocetine (69%) without significant effect with the lower doses of vinpocetine though the  
9 dose of 3 mg/kg presented a tendency of reduction (Fig. 2C). The dose of 100 mg/kg of  
10 vinpocetine did not present additional effect compared to the dose of 30 mg/kg (data not  
11 shown). Taking into account the results of Fig. 2, the dose of 30 mg/kg of vinpocetine was  
12 selected for next experiments in the carrageenin and CFA models of hyperalgesia.

13

### 14 3.3 *Post-treatment with vinpocetine inhibited CFA-induced hyperalgesia and MPO* 15 *activity.*

16 Mice were treated with vinpocetine (30 mg/kg, p.o.) 1 h after i.pl. injection of CFA  
17 (10 $\mu$ L/paw) plus 3 h before each daily measurement. Vinpocetine inhibited the CFA-induced  
18 mechanical (Fig. 3A) hyperalgesia (up to 30%) in all intervals tested and thermal hyperalgesia  
19 (up to 100%) between the 3<sup>rd</sup> - 7<sup>th</sup> day (Fig. 3B). In the 7<sup>th</sup> day of treatment after CFA  
20 injection it was observed a reduction of MPO activity (68%) by vinpocetine treatment (Fig.  
21 3C).

22

23

24

25

1 3.4 *Vinpocetine inhibited carrageenin-induced IL-1 $\beta$  and TNF $\alpha$  production.*

2  
3 Mice were treated with vinpocetine (30 mg/kg, *po*) 1h before i.pl. injection of  
4 carrageenin, and samples of cutaneous paw skin and spinal cord (L4-L6) were collected 3 h  
5 after stimulus injection for IL-1 $\beta$  and TNF $\alpha$  measurement (Fig. 4). Carrageenin induced  
6 significant production of IL-1 $\beta$  and TNF $\alpha$  in the paw skin (Figs. 4A and 4B, respectively) and  
7 spinal cord (Figs. 4C and 4D, respectively), which was inhibited by vinpocetine (49 and 73%  
8 and 65 and 64%, respectively) (Fig. 4).

9  
10 3.5 *Post-treatment with vinpocetine inhibited CFA-induced IL-1 $\beta$  and TNF $\alpha$  production.*

11  
12 Mice were treated with vinpocetine (30 mg/kg, *p.o.*) 1 h after i.pl. injection of CFA.  
13 Mice also received daily treatment with vinpocetine thereafter until the 7<sup>th</sup> day in which 3 h  
14 after treatment samples of cutaneous paw skin and spinal cord (L4-L6) were collected for IL-  
15 1 $\beta$  and TNF $\alpha$  measurement (Fig. 5). CFA induced significant production of IL-1 $\beta$  and TNF $\alpha$   
16 in the paw skin (Figs. 5A and 5B, respectively) and spinal cord (Figs. 5C and 5D,  
17 respectively), which was inhibited by vinpocetine (41 and 53%, and 84 and 79%,  
18 respectively) (Fig. 5).

19  
20 3.6 *Pretreatment and post-treatment with vinpocetine inhibited carrageenin and CFA,*  
21 *respectively,-induced depletion of reduced glutathione (GSH).*

22  
23 Mice were treated with vinpocetine (30 mg/kg, *p.o.*) 1 h before i.pl. injection of  
24 carrageenin or 1h after CFA injection. The CFA group also received daily treatment with  
25 vinpocetine. Samples of cutaneous paw skin and spinal cord (L4-L6) were collected 3 h after  
26 carrageenin (Figs. 6A and 6B, respectively) or 3 h after the 7<sup>th</sup> treatment with vinpocetine in

1 the CFA model (Figs. 6C and 6D, respectively) for GSH measurement (Fig. 4). Carrageenin  
2 and CFA induced significant decrease of GSH in the paw skin (Fig. 6A [99%] and 6C [60%],  
3 respectively) and spinal cord (Fig. 6B [50%] and 6D [61%], respectively), which was  
4 inhibited by vinpocetine.

5

6 *3.7 Effect of prolonged treatment with vinpocetine on plasma level of aspartate*  
7 *aminotransferase (AST) and alanine aminotrasferase (ALT), stomach MPO activity.*

8

9 Mice received daily *po* treatment with vehicle (saline or tris[2-amino-2-  
10 hydroxymethylpropan-1,3-diol]/HCl buffer, pH 8.0), vinpocetine (30 mg/kg) or indomethacin  
11 (1,5 mg/kg diluted in Tris/HCL buffer, pH 8.0) during 7 days. Samples of plasma and  
12 stomach were collected 3 h after the last treatment. Vinpocetine did not induce increase of  
13 AST (Fig. 7A) and ALT (Fig. 7B) in plasma samples or MPO activity in stomach samples  
14 (Fig. 7C). On the other hand, the positive control indomethacin induced significant increase of  
15 plasma AST (Fig. 7A) and ALT (Fig. 7B), and stomach MPO activity (Fig. 7C).

16

17

18

19

20

21

22

23

24

25

## 4 Discussion

Vinpocetine is a nootropic agent that has been used for the improvement of memory. Nevertheless, there is pre-clinical evidence that it also exerts analgesic effects in acetic acid- (Abdel-Salam, 2006) and formalin (Csillik et al., 2008)-induced overt pain-like behavior. In the present study, we extended the investigation on the analgesic activity of vinpocetine demonstrating that it reduces the nociceptive responses in other models. Importantly, the analgesic mechanism of vinpocetine was related to inhibition of cytokine production and oxidative stress in the inflammatory foci and spinal cord.

Vinpocetine reduced the overt pain-like behavior induced by acetic acid, phenyl-p-benzoquinone, formalin and complete Freund's adjuvant (CFA). Importantly, vinpocetine exerted analgesic effect as pretreatment and post-treatment in the mechanical and thermal hyperalgesia induced by carrageenin and CFA respectively. The nociceptive responses in these models have in common the dependency of cytokines, including TNF $\alpha$  and IL-1 $\beta$  (Chichorro et al., 2004; Cunha et al., 2005; Safieh-Garabedian et al., 1995; Verri et al., 2008; Verri et al., 2006). In fact, there is increased production of these cytokines and targeting these cytokines using antibodies, receptor antagonists, soluble receptors or drugs that inhibit their synthesis reduces the nociceptive responses (Chichorro et al., 2004; Cunha et al., 2005; Safieh-Garabedian et al., 1995; Verri et al., 2008; Verri et al., 2006). Therefore, the present results line up well with the notion that the inhibition of carrageenin- and CFA-induced TNF $\alpha$  and IL-1 $\beta$  production represents an important analgesic mechanism of vinpocetine. Furthermore, it has been shown that vinpocetine inhibits I $\kappa$ B kinase kinase (IKK) resulting in reduced NF $\kappa$ B activation in TNF $\alpha$ - and LPS-induced lung inflammation (Jeon et al., 2010). The inhibition of IKK activation by vinpocetine is independent of phosphodiesterase inhibition

1 (Jeon et al., 2010), which further corroborates that inhibition of cytokine production is a  
2 relevant mechanism of action of vinpocetine.

3 In addition to nociception, TNF $\alpha$  and IL-1 $\beta$  are also relevant cytokines in the  
4 recruitment of leukocytes. In this sense, it was observed that vinpocetine inhibited cytokine  
5 production and as a consequence the myeloperoxidase (MPO) activity. MPO is mainly  
6 expressed by neutrophils and macrophages (Verri et al., 2010) indicating that these cellular  
7 populations could be reduced by vinpocetine treatment in the carrageenin and CFA models.  
8 Neutrophils contribute to hyperalgesia by further producing nociceptive mediators (Cunha et  
9 al., 2008; Verri et al., 2009) as well as macrophages are important resident cells in the  
10 detection and amplification of inflammation and nociception (Ribeiro et al., 2011).

11 Cytokines have close relationship with oxidative stress. For instance, TNF $\alpha$  induces  
12 the activation of NADPH oxidase by PKC and MAP kinases mechanisms resulting in  
13 superoxide anion production (Kilpatrick et al., 2005). Conversely, superoxide anion activates  
14 NF $\kappa$ B to induce cytokine production (Verri et al., 2012). In agreement with this interaction, it  
15 was observed that vinpocetine inhibited the decrease of GSH levels induced by carrageenin  
16 and CFA in the inflammatory foci and spinal cord. It has also been demonstrated that  
17 vinpocetine reduces the oxidative stress in a model of toxic demyelination in rat brain  
18 (Valério et al., 2009), however, the relation of oxidative stress and cytokines was not  
19 addressed.

20 In the peripheral inflammation induced by carrageenin and CFA there is also  
21 activation of spinal cord cells, including neurons, microglia and astrocytes. It is possible that  
22 the peripheral inhibition of cytokine production resulted in the reduction of cytokine  
23 production in the spinal cord, but it was not disproved that vinpocetine could be acting  
24 peripherally and in the spinal cord. Nevertheless, it is more likely that vinpocetine could be

1 acting in both sites to inhibit cytokine production since NFκB is activated in both sites in both  
2 models (Fehrenbacher et al., 2012; Jeon et al., 2010; Medina, 2010; Ren and Dubner, 2010).

3 The present data do not intend to disprove other mechanisms of action of vinpocetine,  
4 but rather demonstrate this previous unrecognized analgesic mechanism e.g. inhibition of  
5 cytokine production and oxidative stress. It has been described that vinpocetine blocks the  
6 retrograde axoplasmic transport of NGF, which was proposed as an analgesic mechanism of  
7 action (Csillik et al., 2008). Vinpocetine also blocks Nav1.8 sodium currents indicating that it  
8 can directly block nociceptor activation (Zhou et al., 2003). In fact, we observed that  
9 vinpocetine reduced the first phase of formalin test, which is considered a neuronal phase  
10 (Chichorro et al., 2004); therefore, corroborating that the analgesic effect of vinpocetine could  
11 dependent on neuronal blockade of nociceptive transmission. Additionally, vinpocetine  
12 inhibited carrageenin- and CFA-induced thermal hyperalgesia, demonstrating that it can  
13 inhibit inflammatory thermal hyperalgesia and not only supra-spinal-dependent thermal  
14 hyperalgesia as observed in naïve animals (Abdel-Salam, 2006; Le et al., 2001).

15 The daily treatment with vinpocetine during 7 days was capable of reducing CFA-  
16 induced mechanical and thermal hyperalgesia, and MPO activity. Importantly, this effectively  
17 analgesic treatment schedule did not induce increase of plasma AST and ALT indicating no  
18 hepatic lesion as well as did not induce increase of MPO activity in stomach tissue indicating  
19 no gastric ulcer formation (Mizokami et al., 2012). The control indomethacin induced  
20 significant increase of AST and ALT plasma levels and MPO activity in the stomach as  
21 expected for non-steroidal anti-inflammatory drugs that are not selective to cyclooxygenase-2  
22 (Wallace et al., 1995). Therefore, 7 days of treatment with vinpocetine seems a safe analgesic  
23 protocol and is compatible with the time profile of most of non-severe inflammatory  
24 conditions (Valério et al., 2007). Others have also demonstrated that vinpocetine presents no  
25 serious side effect (Kemeny et al., 2005).

1           Concluding, the effect of vinpocetine was demonstrated in a variety of models from  
2 acute overt pain-like behavior to prolonged inflammatory hyperalgesia (CFA model) with a  
3 dose-dependent effect. The datas do not intend to disprove other mechanisms of action of  
4 vinpocetine, but rather demonstrate this previous unrecognized analgesic mechanism e.g.  
5 inhibition of cytokine production and oxidative stress. In fact, we observed that vinpocetine  
6 reduced the first phase of formalin test, which is considered a neuronal phase (Chichorro et  
7 al., 2004); therefore, corroborating that the analgesic effect of vinpocetine could dependent on  
8 neuronal blockade of nociceptive transmission. Additionally, vinpocetine inhibited  
9 carrageenin- and CFA-induced thermal hyperalgesia, demonstrating that it can inhibit  
10 inflammatory thermal hyperalgesia and not only supra-spinal-dependent thermal hyperalgesia  
11 as observed in naïve animals (Abdel-Salam, 2006; Le et al., 2001).

12

### 13 **Conflict of interest**

14 The authors declare that they have no conflict of interest.

15

### 16 **Acknowledgment**

17           The authors would like to thank the technical support of Pedro S. R. Dionísio Filho,  
18 Jesus A. Vargas, Talita P. Domiciano (receives a technician fellowship from Fundação  
19 Araucária) and Miriam S. N Hohmann (receives a technician fellowship from Conselho  
20 Nacional de Desenvolvimento Científico e Tecnológico [CNPq]). This work was supported  
21 by grants from SETI/Fundação Araucária, Paraná State Government, Fundação de Amparo à  
22 Pesquisa do Estado de São Paulo (FAPESP), Coordenadoria de Aperfeiçoamento de Pessoal  
23 de Nível Superior (CAPES) and CNPq (Brazil),

24

25

1 **References**

2

3 Abdel-Salam OM: "Vinpocetine and piracetam exert antinociceptive effect in visceral pain  
4 model in mice." *Pharmacol Rep* 2006; **58**(5): 680-691.

5

6 Abdel-Salam OM, Khadrawy YA, Salem NA, Sleem AA: "Oxidative stress in a model of  
7 toxic demyelination in rat brain: the effect of." *Neurochem Res* 2011; **36**(6): 1062-1072.

8

9 Beavo JA: "Cyclic nucleotide phosphodiesterases: functional implications of multiple  
10 isoforms." *Physiol Rev* 1995; **75**(4): 725-748.

11

12 Bradley PP, Priebat DA, Christensen RD, Rothstein G: "Measurement of cutaneous  
13 inflammation: estimation of neutrophil content with an enzyme marker." *J Invest Dermatol*  
14 1982; **78**(3): 206-209.

15

16 Bönöczk P, Gulyás B, Adam-Vizi V, Nemes A, Kárpáti E, Kiss B, Kapás M, Szántay C,  
17 Koncz I, Zelles T, Vas A: "Role of sodium channel inhibition in neuroprotection: effect of  
18 vinpocetine." *Brain Res Bull* 2000; **53**(3): 245-254.

19

20 Casagrande R, Georgetti SR, Verri WA, Borin MF, Lopez RF, Fonseca MJ: "In vitro  
21 evaluation of quercetin cutaneous absorption from topical formulations and its functional  
22 stability by antioxidant activity." *Int J Pharm* 2007; **328**(2): 183-190.

23

24 Chichorro JG, Lorenzetti BB, Zampronio AR. "Involvement of bradykinin, cytokines,  
25 sympathetic amines and prostaglandins in formalin-induced orofacial nociception in rats." *Br*  
26 *J Pharmacol* 2004; **141**(7): 1175-1184.

- 1 Csillik B, Mihály A, Krisztin-Péva B, Farkas I, Knyihár-Csillik E. "Mitigation of nociception  
2 via transganglionic degenerative atrophy: possible mechanism of vinpocetine-induced  
3 blockade of retrograde axoplasmic transport." *Ann Anat* 2008; **190**(2): 140-145.  
4
- 5 Cunha TM, Verri WA, Schivo IR, Napimoga MH, Parada CA, Poole S, Teixeira MM,  
6 Ferreira SH, Cunha FQ: "Crucial role of neutrophils in the development of mechanical  
7 inflammatory hyperalgesia." *J Leukoc Biol* 2008; **83**(4): 824-832.  
8
- 9 Cunha TM, Verri WA, Silva JS, Poole S, Cunha FQ, Ferreira SH: "A cascade of cytokines  
10 mediates mechanical inflammatory hyperalgesia in mice." *Proc Natl Acad Sci U S A* 2005;  
11 **102**(5): 1755-1760.  
12
- 13 Cunha TM, Verri WA, Vivancos GG, Moreira IF, Reis S, Parada CA, Cunha FQ, Ferreira SH:  
14 "An electronic pressure-meter nociception paw test for mice." *Braz J Med Biol Res* 2004;  
15 **37**(3): 401-407.  
16
- 17 DeNoble VJ, Repetti SJ, Gelpke LW, Wood LM, Keim KL: "Vinpocetine: nootropic effects  
18 on scopolamine-induced and hypoxia-induced retrieval deficits of a step-through passive  
19 avoidance response in rats." *Pharmacol Biochem Behav* 1986; **24**(4): 1123-1128.  
20
- 21 Dubuisson D, Dennis SG: "The formalin test: a quantitative study of the analgesic effects of  
22 morphine, meperidine, and brain stem stimulation in rats and cats." *Pain* 1977; **4**(2): 161-174.  
23

- 1 Feigin VL, Doronin BM, Popova TF, Gribatcheva EV, Tchervov DV: "Vinpocetine treatment  
2 in acute ischaemic stroke: a pilot single-blind randomized clinical trial." *Eur J Neurol* 2001;  
3 **8**(1): 81-85.  
4
- 5 Fehrenbacher JC, Vasko MR, Duarte DB. Models of inflammation: Carrageenan- or complete  
6 Freund's Adjuvant (CFA)-induced edema and hypersensitivity in the rat. *Curr Protoc*  
7 *Pharmacol* 2012; 5 (4).  
8
- 9 Fracasso ME, Leone R, Cuzzolin L, Del Soldato P, Velo GP, Benoni G: "Indomethacin  
10 induced hepatic alterations in mono-oxygenase system and faecal *Clostridium perfringens*  
11 enterotoxin in the rat." *Agents Actions* 1990; **31**(3-4): 313-316.  
12
- 13 Jeon KI, Xu X, Aizawa T, Lim JH, Jono H, Kwon DS, Abe J, Berk BC Li , JD, Yan C:  
14 "Vinpocetine inhibits NF-kappaB-dependent inflammation via an IKK-dependent but PDE-  
15 independent mechanism." *Proc Natl Acad Sci U S A* 2010; **107**(21): 9795-9800.  
16
- 17 Kemeny V, Molnar S, Andrejkovics M, Makai A, Csiba L. "Acute and chronic effects of  
18 vinpocetine on cerebral hemodynamics and neuropsychological performance in multi-infarct  
19 patients." *J Clin Pharmacol* 2005; **45**(9): 1048-1054.  
20
- 21 Kilpatrick LE, Sun S, Li H, Vary TC, Korchak HM. "Regulation of TNF-induced oxygen  
22 radical production in human neutrophils: role of delta-PKC." *J Leukoc Biol* 2010; **87**(1): 153-  
23 164.  
24

- 1 Le Bars D, Gozariu M, Cadden SW: "Animal models of nociception." *Pharmacol Rev* 2001;  
2 **53**(4): 597-652.
- 3
- 4 Luo Y, Chen D, Ren L, Zhao X, Qin J: "Solid lipid nanoparticles for enhancing vinpocetine's  
5 oral bioavailability." *J Control Release* 2006; **114**(1): 53-59.
- 6
- 7 Lörincz C, Szász K, Kisfaludy L: "The synthesis of ethyl apovincamate."  
8 *Arzneimittelforschung* 1976; **26**(10a): 1907.
- 9
- 10 McDaniel M A, Maier SF, Einstein GO: "Brain-specific" nutrients: a memory cure?"  
11 *Nutrition* 2003; **19**(11-12): 957-975.
- 12
- 13 Medina A E: "Vinpocetine as a potent antiinflammatory agent." *Proc Natl Acad Sci U S A*  
14 2010; **107**(22): 9921-9922.
- 15
- 16 Mizokami SS, Arakawa NS, Ambrosio SR, Zarpelon AC, Casagrande R, Cunha TM, Ferreira  
17 SH, Cunha FQ, Verri WA: "Kaurenoic acid from *Sphagneticola trilobata* Inhibits  
18 Inflammatory Pain: effect on cytokine production and activation of the NO-cyclic GMP-  
19 protein kinase G-ATP-sensitive potassium channel signaling pathway." *J Nat Prod* 2012;  
20 **75**(5): 896-904.
- 21
- 22 Pavao-de-Souza GF, Zarpelon AC, Tedeschi GC, Mizokami SS, Sanson JS, Cunha TM,  
23 Ferreira SH, Cunha FQ, Casagrande R, Verri WA: "Acetic acid- and phenyl-p-benzoquinone-  
24 induced overt pain-like behavior depends on spinal activation of MAP kinases, PI(3)K and  
25 microglia in mice." *Pharmacol Biochem Behav* 2012; **101**(3): 320-328.

1  
2  
3  
4  
5  
6  
7  
8  
9  
10  
11  
12  
13  
14  
15  
16  
17  
18  
19  
20  
21  
22  
23  
24

Ren k, Dubner, R. Interactions between the immune and nervous systems in pain. *Nat Med* 2010; **16**(11): 1267–1276.

Ribeiro-Rama AC, Figueiredo IV, Veiga FJ, Castel-Branco MM, Cabrita AM, Caramona MM: "Hepatic and renal toxicities of indomethacin acid, salt form and complexed forms." *Fundam Clin Pharmacol* 2011; **25**(5): 599-607.

Ribeiro RA, Vale ML, Thomazzi SM, Paschoalato AB, Poole S, Ferreira SH, Cunha FQ. "Involvement of resident macrophages and mast cells in the writhing nociceptive response induced by zymosan and acetic acid in mice." *Eur J Pharmacol* 2000; **387**(1): 111-118.

Safieh-Garabedian B, Poole S, Allchorne A, Winter J, Woolf CJ: "Contribution of interleukin-1 beta to the inflammation-induced increase in nerve growth factor levels and inflammatory hyperalgesia." *Br J Pharmacol* 1995; **115**(7): 1265-1275.

Sedlak J, Lindsay RH. Estimation of total, protein-bound, and nonprotein sulphhydryl groups in tissue with Ellman's reagent. *Analytical Biochem* 1968; **25**:192-205.

Svensson CI, Marsala M, Westerlund A, Calcutt NA, Campana WM, Freshwater JD, Catalano R, Feng Y, Protter AA, Scott B, Yaksh TL. "Activation of p38 mitogen-activated protein kinase in spinal microglia is a critical link in inflammation-induced spinal pain processing." *J Neurochem* 2003; **86**(6): 1534-1544.

- 1 Valério DA, Cunha TM, Arakawa NS, Lemos HP, Da Costa FB, Parada CA, Ferreira SH,  
2 Cunha FQ, Verri WA: "Anti-inflammatory and analgesic effects of the sesquiterpene lactone  
3 budlein A in mice: inhibition of cytokine production-dependent mechanism." *Eur J Pharmacol*  
4 2007; **562**(1-2): 155-163.
- 5
- 6 Valério DA, Georgetti SR, Magro DA, Casagrande R, Cunha TM, Vicentini FT, Vieira SM,  
7 Fonseca MJ, Ferreira SH, Cunha FQ, Verri WA: "Quercetin reduces inflammatory pain:  
8 inhibition of oxidative stress and cytokine production." *J Nat Prod* 2009; **72**(11): 1975-1979.
- 9
- 10 van Staveren WC, Markerink-van Ittersum M, Steinbusch HW, de Vente J "The effects of  
11 phosphodiesterase inhibition on cyclic GMP and cyclic AMP accumulation in the  
12 hippocampus of the rat." *Brain Res* 2001; **888**(2): 275-286.
- 13
- 14 Verri WA, Cunha TM, Ferreira SH, Wei X, Leung BP, Fraser A, McInnes IB, Liew FY,  
15 Cunha FQ: "IL-15 mediates antigen-induced neutrophil migration by triggering IL-18  
16 production." *Eur J Immunol* 2007; **37**(12): 3373-3380.
- 17
- 18 Verri WA, Cunha TM, Magro DA, Domingues AC, Vieira SM, Souza GR, Liew FY, Ferreira  
19 SH, Cunha FQ: "Role of IL-18 in overt pain-like behaviour in mice." *Eur J Pharmacol* 2008;  
20 **588**(2-3): 207-212.
- 21
- 22 Verri WA, Cunha TM, Magro DA, Guerrero AT, Vieira SM, Carregaro V, Souza GR,  
23 Henriques M, Ferreira SH, Cunha FQ. "Targeting endothelin ETA and ETB receptors inhibits  
24 antigen-induced neutrophil migration and mechanical hypernociception in mice." *Naunyn*  
25 *Schmiedebergs Arch Pharmacol* 2009; **379**(3): 271-279.

1

2 Verri WA Jr, Souto FO, Vieira SM, Almeida SC, Fukada SY, Xu D, Alves-Filho JC, Cunha  
3 TM, Guerrero AT, Mattos-Guimaraes RB, Oliveira FR, Teixeira MM, Silva JS, McInnes IB,  
4 Ferreira SH, Louzada-Junior P, Liew FY, Cunha FQ. IL-33 induces neutrophil migration in  
5 rheumatoid arthritis and is a target of anti-TNF therapy. *Ann Rheum Dis* 2010;  
6 **69**(9):1697:703.

7 Verri WA, Cunha TM, Parada CA, Poole S, Cunha FQ, Ferreira SH: "Hypernociceptive role  
8 of cytokines and chemokines: targets for analgesic drug development?" *Pharmacol Ther* 2006;  
9 **112**(1): 116-138.

10

11 Verri WA, Cunha TM, Parada CA, Wei XQ, Ferreira SH, Liew FY, Cunha FQ: "IL-15  
12 mediates immune inflammatory hyperalgesia by triggering a sequential release of IFN-  
13 gamma, endothelin, and prostaglandin." *Proc Natl Acad Sci USA* 2006; **103**(25): 9721-9725.

14

15 Verri WA, Molina RO, Schivo IR, Cunha TM, Parada CA, Poole S, Ferreira SH, Cunha FQ:  
16 "Nociceptive effect of subcutaneously injected interleukin-12 is mediated by endothelin (ET)  
17 acting on ETB receptors in rats." *J Pharmacol Exp Ther* 2005; **315**(2): 609-615.

18

19 Verri Jr WA, Vicentini FTMC, Baracat MM, Georgetti SR, Cardoso, RDR, Cunha TM, et al.  
20 Flavonoids as anti-inflammatory and analgesic drugs: Mechanisms of action and perspectives  
21 in the development of pharmaceutical forms. In: AttaurRahman FRS, editor. *Studies in*  
22 *Natural Products Chemistry*, Oxford: Elsevier; 2012, **36**:297-330.

23 Wallace, JL, McKnight GW, Bell CJ. "Adaptation of rat gastric mucosa to aspirin requires  
24 mucosal contact." *Am J Physiol* 1995; **268**(1 Pt 1): G134-138.

25

1 Zarpelon AC, Pinto LG, Cunha TM, Vieira SM, Carregaro V, Souza GR, Silva JS, Ferreira  
2 SH, Cunha FQ, Verri WA Jr: "Endothelin-1 induces neutrophil recruitment in adaptive  
3 inflammation via TNFalpha." *Can J Physiol Pharmacol* 2012; **90**(2): 187-199.

4 Zhou X, Dong XW, Crona J, Maguire M, Priestley T: "Vinpocetine is a potent blocker of rat  
5 NaV1.8 tetrodotoxin-resistant sodium channels." *J Pharmacol Exp Ther* 2003; **306**(2): 498-  
6 504.

7

8

9

10

11

12

13

14

15

16

17

18

19

20

21

22

23

24

25

## 1 Legends

2

3 **Figure 1. Vinpocetine inhibited overt pain-like behavior.** Panel A: mice were treated with  
4 vinpocetine (1, 3, 10, and 30 mg/kg/saline, p.o) or vehicle (saline) 1 h before acetic acid  
5 injection (0.6% v/v, diluted in saline, 10 ml/kg, p.o.). Panel B-D: mice were treated with  
6 vinpocetine (10 mg/kg, p.o.) or vehicle (saline) 1 h before i.p. injection of phenyl-p-  
7 benzoquinone (PBQ, 1890 µg/kg diluted in DMSO 2% in saline, panel B), or i.pl. injection of  
8 formalin (25 µL of 1.5% formalin in saline, panel C) or CFA (10 µL, panel D). The  
9 cumulative number of writhings (writhing score) was evaluated for 20 min (Panels A-B) and  
10 total number of flinches (Panels C and D) were evaluated for 30 min. \* $P < 0.05$  compared  
11 with the saline group, # $P < 0.05$  compared to the vehicle group and  $^fP < 0.05$  compared to the  
12 vehicle group and the dose of 1 mg/kg of vinpocetine. One-way ANOVA followed by  
13 Tukey's t test. (n = 6).

14

15 **Figure 2. Vinpocetine inhibited carrageenin- induced hyperalgesia and myeloperoxidase**  
16 **(MPO) activity.** Mice were treated with vinpocetine (3, 10 or 30 mg/kg/saline, p.o.) or  
17 vehicle (saline) 1 h before carrageenin (100 µg/25 µL) injection. Mechanical (Panel A) and  
18 thermal (Panel B) hyperalgesia were assessed at indicated time points after carrageenin  
19 administration using an electronic pressure and hot plate tests, respectively. Myeloperoxidase  
20 (MPO) activity was determined in samples collected 9 h after carrageenin injection. \* $P < 0,05$   
21 compared to saline group, # $P < 0,05$  compared with carrageenin + vehicle group,  $^fP < 0,05$   
22 compared to the dose of 3 mg/kg of vinpocetine and  $^{ff}P < 0,05$  compared to the dose of 10  
23 mg/kg of vinpocetine and at dose 30mg/kg. One-way ANOVA followed by Tukey's t test. (n  
24 = 6).

1 **Figure 3. Post-treatment with vinpocetine inhibited CFA-induced hyperalgesia and MPO**  
2 **activity.** Mice were treated with vinpocetine (30 mg/kg, p.o.) 1 h after Complete Freund's  
3 adjuvant (CFA) (10 µl/paw) injection. i.pl route. Mechanical (Panel A) and thermal (Panel B)  
4 hyperalgesia were assessed 3 h after treatment with vinpocetine in the indicated days after  
5 CFA injection using an electronic pressure and hot plate tests, respectively. Myeloperoxidase  
6 (MPO) activity was determined in samples collected 3 h after the last treatment with  
7 vinpocetine in the 7<sup>th</sup> day. \* $P < 0,05$  compared to saline group, and # $P < 0,05$  compared to  
8 CFA + vehicle group. One-way ANOVA followed by Tukey's t test. (n = 6).

9

10 **Figure 4. Vinpocetine inhibited carrageenin-induced IL-1 $\beta$  and TNF $\alpha$  production.** Mice  
11 were treated with vinpocetine (30 mg/kg, p.o.) or vehicle 1 h before i.pl injection of  
12 carrageenin, and after 3 h paw skin (Panels A and B) and spinal cord (Panels C and D)  
13 samples were collected for the determination of IL-1 $\beta$  (Panels A and C) and TNF $\alpha$  (Panels B  
14 and D) production. \* $P < 0.05$  compared to saline group, and # $P < 0.05$  compared to  
15 carrageenin + vehicle group. One-way ANOVA followed by Tukey's t test. (n = 5).

16

17 **Figure 5. Post-treatment with vinpocetine inhibited CFA-induced IL-1 $\beta$  and TNF $\alpha$**   
18 **production.** Mice were treated with vinpocetine (30 mg/kg, p.o.) or vehicle 1 h after and  
19 everyday in the following 7 days after i.pl injection of CFA. Three hours after the last  
20 treatment with vinpocetine, paw skin (Panels A and B) and spinal cord (Panels C and D)  
21 samples were collected for the determination of IL-1 $\beta$  (Panels A and C) and TNF $\alpha$  (Panels B  
22 and D) production. \* $P < 0.05$  compared to saline group, and # $P < 0.05$  compared to CFA +  
23 vehicle group. One-way ANOVA followed by Tukey's t test. (n = 5).

24

1 **Figure 6. Pretreatment and post-treatment with vinpocetine inhibited carrageenin- and**  
2 **CFA, respectively,-induced decrease of reduced glutathione (GSH).** Panels A-B: Mice  
3 were treated with vinpocetine (30 mg/kg, p.o.) or vehicle 1 h before i.pl injection of  
4 carrageenin, and after 3 h paw skin (Panels A) and spinal cord (Panels B) samples were  
5 collected for the determination of GSH levels. Panels C-D: Mice were treated with  
6 vinpocetine 1 h after and everyday in the following 7 days after i.pl injection of CFA. Three h  
7 after the last treatment with vinpocetine, paw skin (Panels C) and spinal cord (Panels D)  
8 samples were collected for the determination of GSH levels. \* $P < 0.05$  compared to saline  
9 group, and # $P < 0.05$  compared to CFA + vehicle or CFA + vehicle groups. One-way  
10 ANOVA followed by Tukey's t test. (n = 5).

11

12 **Figure 7. Effect of prolonged treatment with vinpocetine on plasma level of aspartate**  
13 **aminotransferase (AST) and alanine aminotrasferase (ALT), stomach MPO activity.**  
14 Mice received daily p.o treatment with vinpocetine (30mg/kg), indomethacin (1,5 mg/kg  
15 diluted in Tris/HCL buffer, pH 8.0) or vehicle. In the 7<sup>th</sup> day, 3 h after the last treatment, mice  
16 were terminally anesthetized and blood samples were collected for the determination of the  
17 levels of AST (Panel A) and ALT (Panel B). Stomach samples were collected for MPO  
18 activity determination (Panel C). There was no difference between vehicles of vinpocetine  
19 and indomethacin. \* $P < 0.05$  compared to saline group. One-way ANOVA followed by  
20 Tukey's t test. (n = 10).

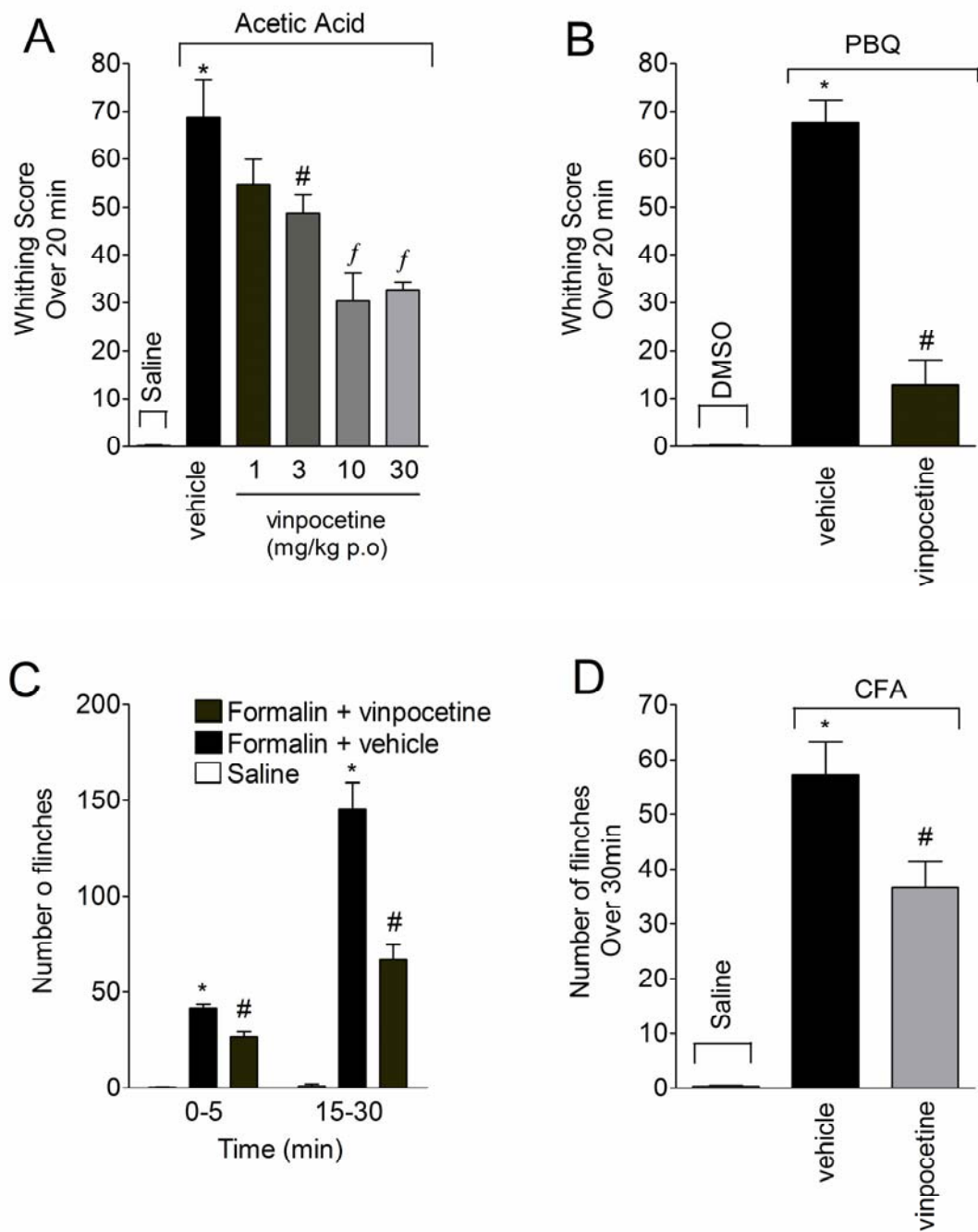
21

22

23

24

1 Figure 1



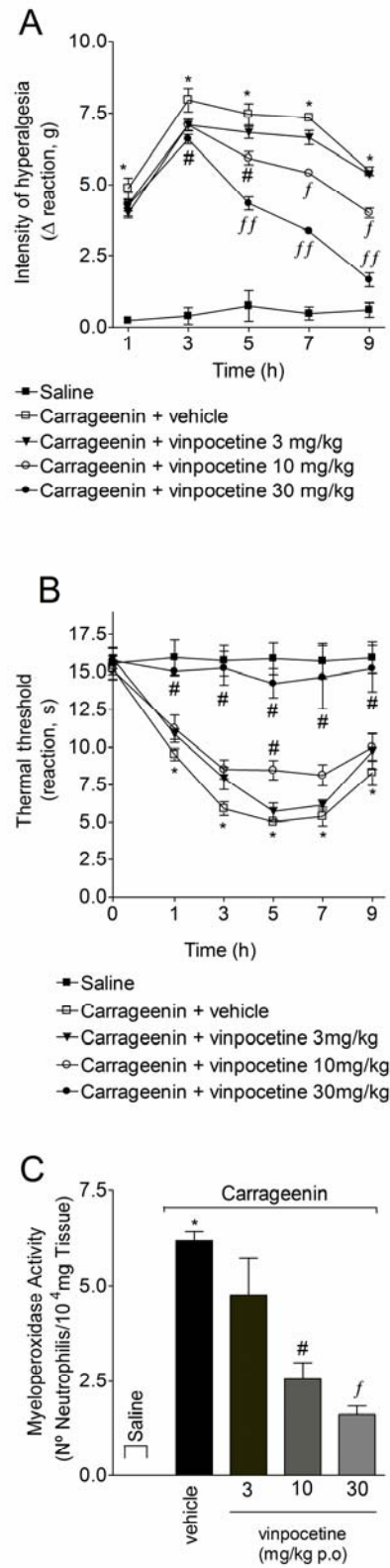
2

3

4

5

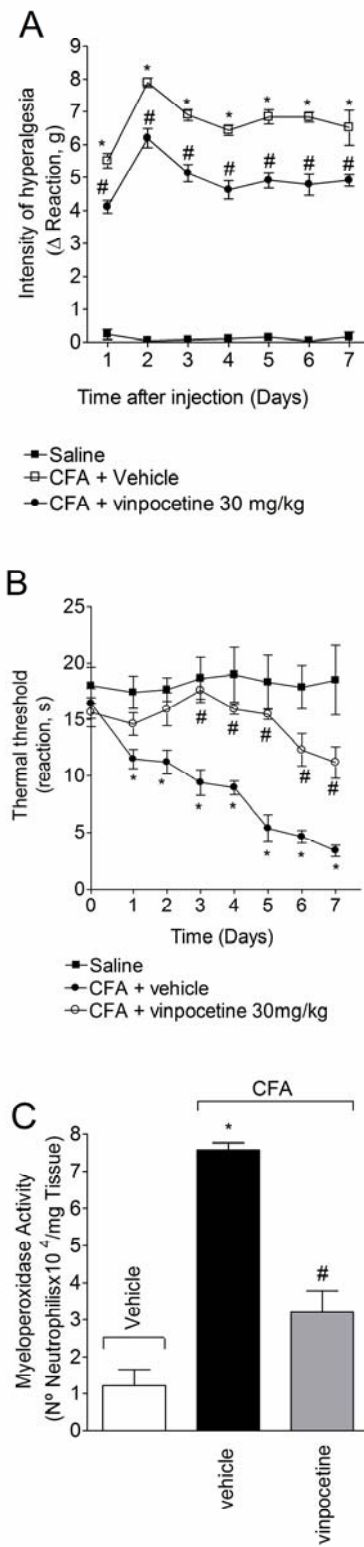
1 Figure 2



2

3

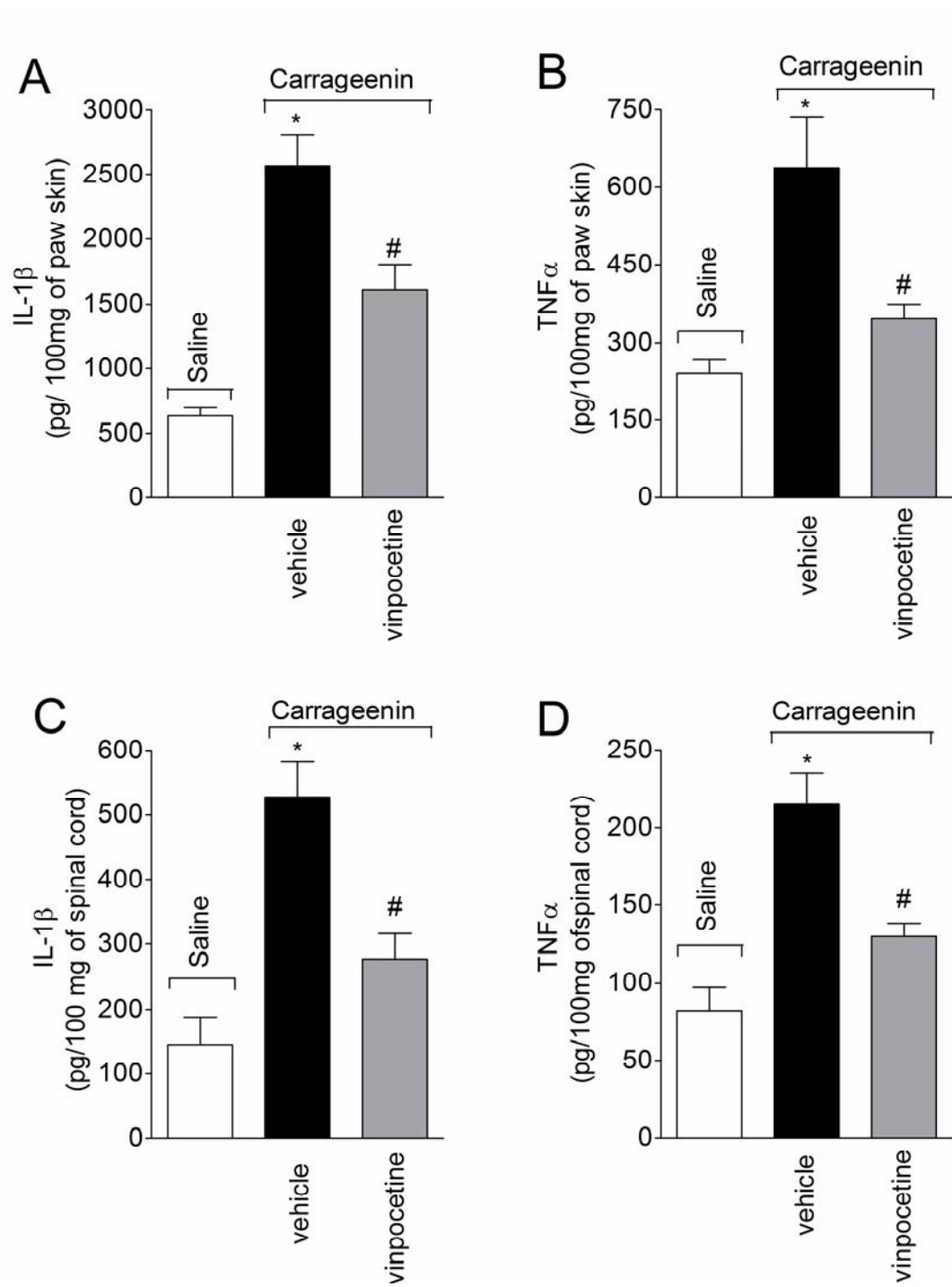
1 Figure 3



2

3

1 Figure 4

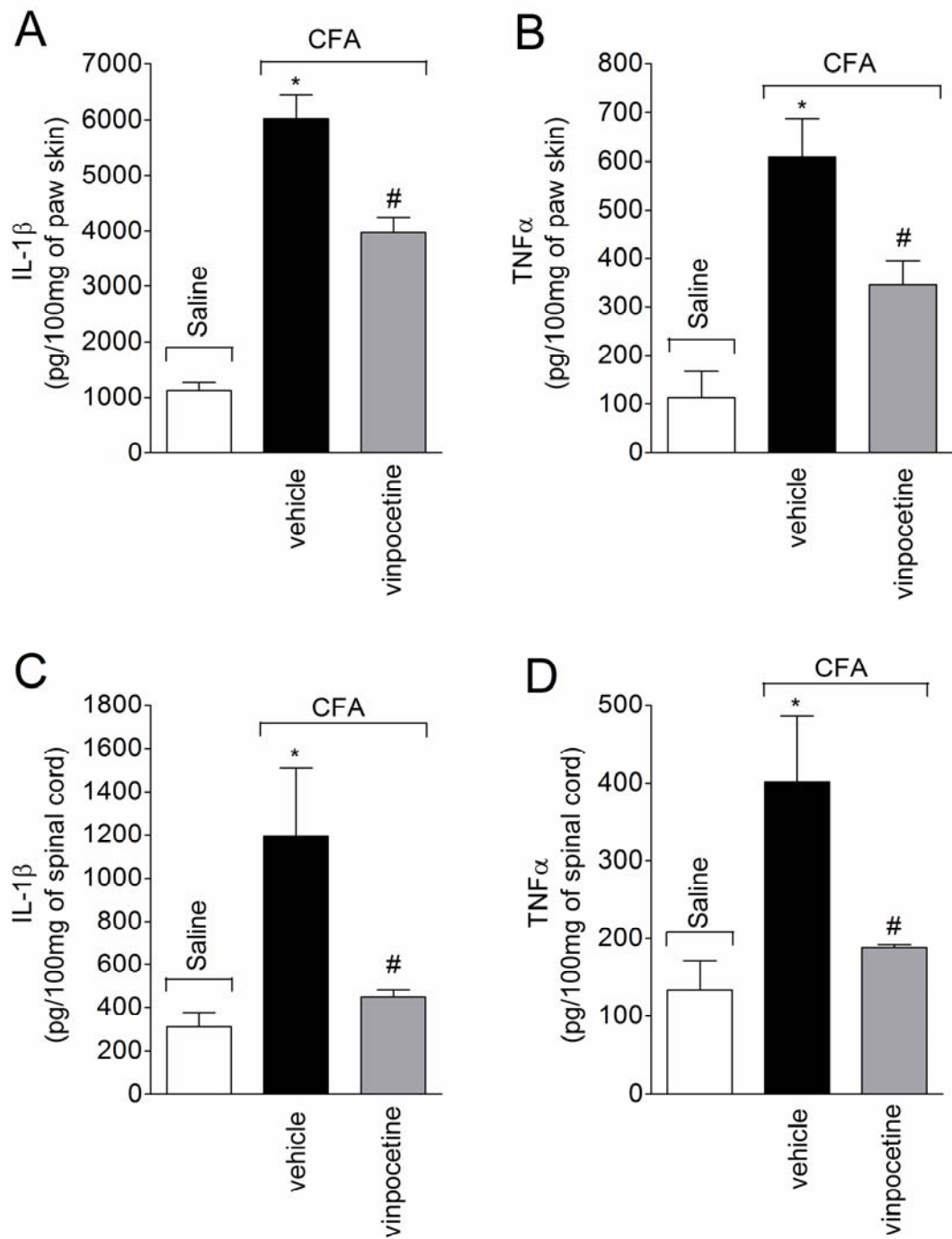


2

3

4

1 Figure 5



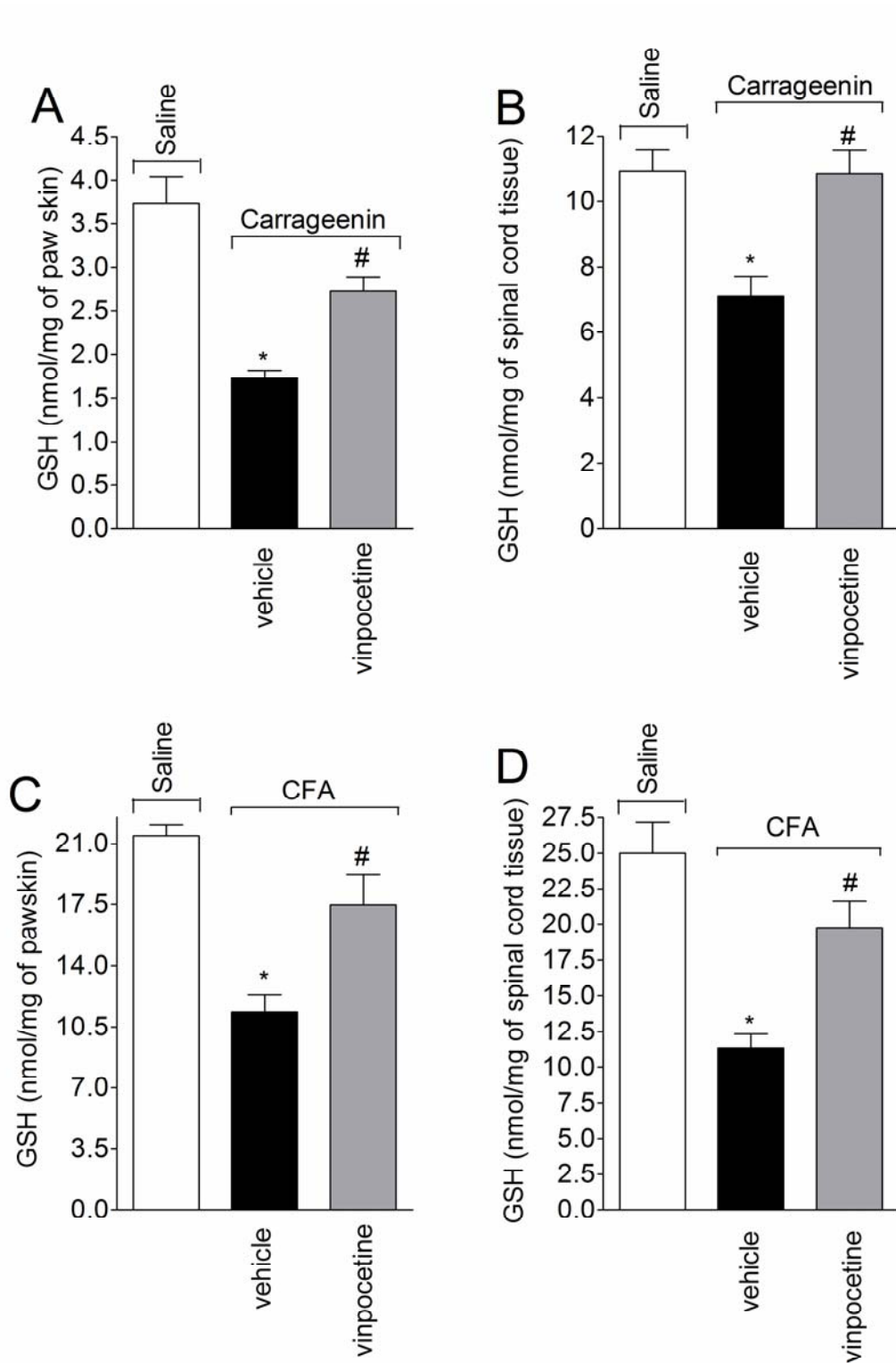
2

3

4

5

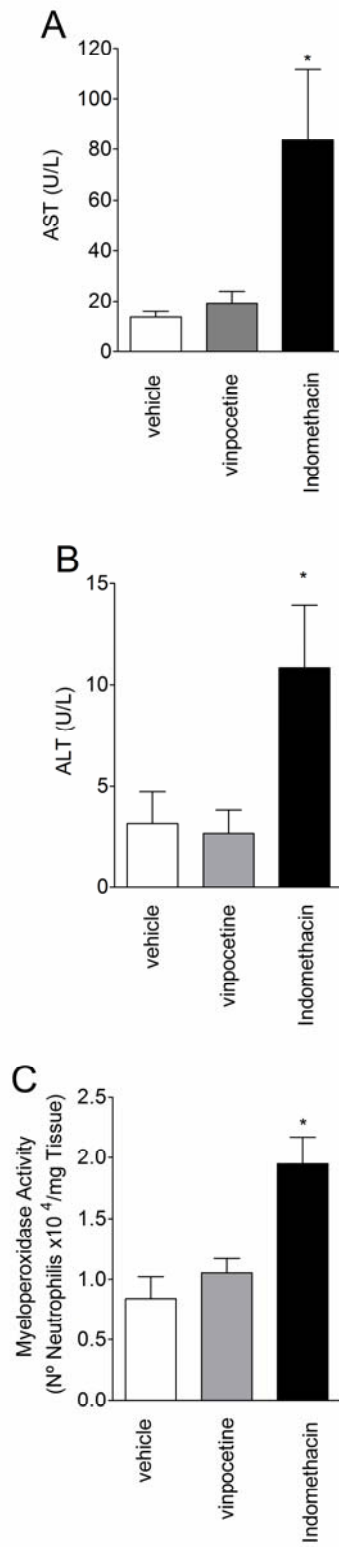
1 Figure 6



2

3

1 Figure 7



## REFERÊNCIAS

1  
2  
3  
4  
5  
6  
7  
8  
9  
10  
11  
12  
13  
14  
15  
16  
17  
18  
19  
20  
21  
22  
23  
24  
25  
26  
27  
28  
29  
30  
31  
32  
33

ABBAS, A. K.; JANEWA, C. A. Improving on Nature in the Twenty-First Century. **JR. Immunology Cell**; 100: 129-138, 2000.

ABDEL-SALAM, O. M. "Vinpocetine and piracetam exert antinociceptive effect in visceral pain model in mice." **Pharmacol Rep**, **58**(5): 680-691, 2006.

ABDEL-SALAM, O. M.; KHADRAWY, Y. A.; SALEM, N. A.; SLEEM, A. A. "Oxidative stress in a model of toxic demyelination in rat brain: the effect of." **Neurochem Res**, **36**(6): 1062-1072, 2011.

BAGOLY, E.; FEHER, G.; SZAPARY, L. The role of vinpocetine in the treatment of cerebrovascular diseases based in human studies. **Orv Hetil** **148**:1353-1358, 2007.

BALESTIERI, F. M. P. *Imunologia*. Editora Manole, 2006.

BERTOLINI, A.; OTTANI, A.; SANDRINI, M. Dual acting anti-inflammatory drugs: a reappraisal. **Pharmacol Res**, London, v. 44, n. 6, p. 437-450, dez 2001.

BEAVO, J. A. Cyclic nucleotide phosphodiesterases: Functional implications of multiple isoforms. **Physiol Rev** **75**:725-748, 1995.

BILATE, A. M. B. Inflamação, citocinas, proteínas de fase aguda e implicações terapêuticas. **Temas de Reumatologia Clínica** **8** (2), 47-51, 2007.

BOOTHE, D. M. Anti-inflammatory drugs. In: Boothe, D. M. *Small Animal Clinical Pharmacology and Therapeutics*. Philadelphia: W.B. Saunders Company, p. 281-311, 2001.

BONICA, J. J. Evolution and current status of pain programs. **J Pain Symptom Manage**. **5**(6):368-74, Dec 1990.

- 1 BJÖRKMAN, R. Central antinociceptive effects of non-steroidal anti-inflammatory drugs and  
2 paracetamol. **Acta Anaesthesiologia Scandinavica**, v.39, n.103, p.1-44, 1995.
- 3
- 4 BRENNAN, F.; CARR, D. B.; COUSINS, M. Pain management: A fundamental human right.  
5 **Anesthesia & Analgesia**, v.105, p.205-221, 2007.
- 6
- 7 BUVANENDRAN, A.; KROIN, J. S.; BERGER, R. A., et al. – Upregulation of prostaglandin  
8 E2 and interleukins in the central nervous system and peripheral tissue during and after  
9 surgery in humans. **Anesthesiology**,104:403-410, 2006.
- 10
- 11 CARVALHO, W. A., CARVALHO, R. D. S.; RIOSSANTOS, F. Analgésicos inibidores  
12 específicos da ciclooxigenase-2: avanços terapêuticos. **Revista Brasileira de Anestesiologia**  
13 v. 54, 2004.
- 14
- 15 CONTRAN, R. S.; KUMAR, V. K.; COLLINS, T. **Robbins Patologia Estrutural e**  
16 **Funcional**. 6ª ed.; Rio de Janeiro: **Editora Guanabara Koogan S.A** 2000.
- 17
- 18 COTRAN, R.S.; KUMAR, V.; COLLINS, T. Patologia Estrutural e Funcional. 7ª ed. Rio de  
19 Janeiro: **Editora Guanabara Koogan**, 2006.
- 20
- 21 CSILLIK, B.; MIHÁLY, A.; KRISZTIN-PÉVA, B.; FARKAS, I.; KNYIHÁR-CSILLIK, E.  
22 "Mitigation of nociception via transganglionic degenerative atrophy: possible mechanism of  
23 vinpocetine-induced blockade of retrograde axoplasmic transport." **Ann Anat**, **190**(2): 140-  
24 145, 2008.
- 25
- 26 CUNHA, T. M. et al. A cascade of cytokines mediates mechanical inflammatory  
27 hypernociception in mice. **Proc Natl Acad U S A**, Washington, v. 102, n. 5, p. 1755- 1760,  
28 fev 2005.
- 29
- 30 CUNHA, T. M.; VERRI, W. A. JR.; FUKADA, S. Y et al. TNF-alpha and IL-1beta mediate  
31 inflammatory hypernociception in mice triggered by B1 but not B2 kinin receptor. **Eur J**  
32 **Pharmacol**;573:221-229, 2007.
- 33

- 1 DASTIDAR, S. G.; RAJAGOPAL, D.; RAY, A. Therapeutic benefit of PDE4 inhibitors in  
2 inflammatory diseases. **Curr Opin Investig Drugs**. 8:364–372, 2007.
- 3
- 4 DUBNER, R.; HARGREAVES, K. M. The neurobiology of pain and its modulation. **Clin J**  
5 **Pain**. 5 Suppl 2:S1-4; discussion S4-6, 1989.
- 6
- 7 FAN CHUNG, K. Phosphodiesterase inhibitors in airways disease. **Eur J Pharmacol**  
8 533:110–117, 2006.
- 9
- 10 FERREIRA, S. H. The role of interleukins and nitric oxide in the mediation of inflamamatory  
11 pain and its control by peripheral analgesics. **Drugs**, v.46, n.1, p.1-9, 1993.
- 12
- 13 FERREIRA, K.A.S.L. Dor e qualidade de vida relacionada a saúde de pacientes com câncer:  
14 influência das citocinas pro-inflamatória TNF- $\alpha$ , IL-6, IL-8 e IL1- $\beta$ . **Tese de doutorado**  
15 **apresentada à Escola de Enfermagem da Universidade de São Paulo**, 2008.
- 16
- 17 FERREIRA, S. H.; FERRARI, L. F.; CUNHA, T. M.; Nascimento, p.g.b.d.; Verri, W.A.;  
18 Cunha, F.Q. dor inflamatória. Disponível em: <[http://www.dol.](http://www.dol.inf.br/Html/DorInflamatoria.html)  
19 [inf.br/Html/DorInflamatoria.html](http://www.dol.inf.br/Html/DorInflamatoria.html)>, Acessado em: outubro/2013.
- 20
- 21 GILMAN, A. G.; GOODMAN, L. S.; RALL, T. W.; MURAD, F. Goodman & Gilman's the  
22 pharmacological basis of therapeutics. 11a ed. Rio de Janeiro: **Grow-Hill**, 2006.
- 23
- 24 GOMES-LEAL, W. Inflamação Aguda, Resposta Glial e Degeneração Axonal em um  
25 Modelo de Excitotoxicidade na Medula Espinhal. 20D2. 197f. Tese (Pós-Graduação em  
26 Ciências Biológicas -Área de concentração em Neurociências) -Centro de Ciências  
27 Biológicas, Universidade Federal do Pará, Belém, 2002.
- 28
- 29 HARDY, J. D.; WOLFF, H. G.; GOODELL, H. Experimental evidence on the nature of  
30 cutaneous hyperalgesia. **The Journal Clinical Investigation**, v.29, n.1, p.115-140, 1950.
- 31
- 32 HUDMON, A.; CHOI, J. S.; TYRRELL, L et al. – Phosphorylation of sodium channel  
33 Na(v)1.8 by p38 mitogen-activated protein kinase increases current density in dorsal root  
34 ganglion neurons. **J Neurosci**. 28:3190- 3201, 2008;

1  
2  
3  
4  
5  
6  
7  
8  
9  
10  
11  
12  
13  
14  
15  
16  
17  
18  
19  
20  
21  
22  
23  
24  
25  
26  
27  
28  
29  
30  
31  
32

IASP – International Association for the Study of Pain. IASP Taxonomy. 2012. Disponível em: <<http://www.iasp-pain.org/Content/NavigationMenu/GeneralResource Links/Pain Definitions/default.htm>>. Acesso em: 09 de outubro de 2012.

JEON, K. I.; XU, X.; AIZAWA, T.; LIM, J. H.; JONO, H.; KWON, D. S.; ABE, J. I.; BERK, B. C LI, J. D.; YAN, C. "Vinpocetine inhibits NF-kappaB-dependent inflammation via an IKK-dependent but PDE-independent mechanism." **Proc Natl Acad Sci U S A**, **107**(21): 9795-9800, 2010.

JULIUS, D.; BASBAUM, A. I. Molecular mechanisms of nociception. **Nature**, v.413, p.203-210, 2001.

KÁRPÁTI, E.; SZPORNY, L. General and cerebral haemodynamic activity of ethyl apovincamate. **Arzneimittelforsch**; 26:1908-1912, 1976.

KEEBLE, J. E. et al. Hydrogen peroxide is a novel mediator of inflammatory hyperalgesia, acting via transient receptor potential vanilloid 1-dependent and independent mechanism. **Pain**, Amsterdam, v. 141, p. 135-142, jan 2009.

KHASAR, S. G.; MCCARTER, G.; LEVINE, J. D. Epinephrine produces a beta- adrenergic receptor-mediated mechanical hyperalgesia and in vitro sensitization of rat nociceptor. **J Neurophysiol**, Washington, v. 81, n. 3, p. 1104-1112, mar 1999.

KHATTAB, M. M. TEMPOL, a membrane permeable radical scavenger, attenuates peroxynitrite and superoxide anion-enhanced carrageenan-induced paw edema and hyperalgesia: a key role for superoxide anion. **Eur J Pharmacol**, Amsterdam, v. 548, n. 1-3, p. 167-173, out 2006.

KISS, B.; KÁRPÁTI, E. Mechanism of action of vinpocetine. **Acta Pharm Hung**; 66:213-224, 1996.

- 1 KIM, D.; RYBALKIN, S. D.; PI, X.; WANG, Y.; ZHANG, C.; MUNZEL, T.; BEAVO, J. A.;  
2 BERK, B. C.; YAN, C. Upregulation of phosphodiesterase 1A1 expression is associated with  
3 the development of nitrate tolerance. *Circulation* **104**:2338-2343, 2001.  
4
- 5 LIN, E.; CALVANO, S. E.; LOWRY, S. F. Inflammatory cytokines and cell response in  
6 surgery. *Surgery*;127:117-126, 2000.  
7
- 8 LITTLE, J. W.; DOYLE, T.; SALVEMINI, D. Reactive nitroxidativo species and  
9 nociceptive processing: determining the roles for nitric oxide, superoxide, and peroxynitrite  
10 in pain. *Amino Acids*, Wien, v. 42, n. 1, p. 75-94, jan 2012.  
11
- 12 LORAM, L. C. et al. Behavioural, histological and cytokine responses during hyperalgesia  
13 induced by carrageenan injection in the rat tail. *Physiol Behav*, Oxford, v. 92, n. 5, p. 873-  
14 880, dez 2007.  
15
- 16 LOESER, J. D.; MELZACK, R. Pain: **An Overview**. *Lancet*, v.353, p.1607-1609, 1999.  
17
- 18 MESQUITA, D. JR.; ARAÚJO, J. A. P.; CATELAN, T. T. T.; SOUZA, A. W. S.; SILVA, N.  
19 P.; ANDRADE, L. E. C.; CRUVINEL, W. M. “Aspectos celulares e moleculares da  
20 inflamação”. *Sinopse da Reumatologia*. p 66-81, 2010.  
21
- 22 MILLAN, M. J. The induction of pain: an integrative riew. *Prog Neurobiol.*: 57(1):1 1-164.  
23 Jan, 1999.
- 24 MILLER, R. J.; JUNG, H.; BHANGOO, S. K et al. – Cytokine and chemokine regulation of  
25 sensory neuron function. *Handb Exp Pharmacol*;(194):417-449, 2009.  
26
- 27 MCMAHON, S.; BENNETT, D.; BEVAN, S. Inflammatory Mediators and Modulators of  
28 Pain, em: McMahon S, Koltzenburg M - Wall and Melzacks Textbook of Pain. 5th Ed,  
29 Philadelphia, **Elsevier Churchill Livingstone**; 49-72, 2006.  
30
- 31 NDENGELE, M. M. et al. Cyclooxygenases 1 and 2 contribute to peroxynitrite- mediated  
32 inflammatory pain hypersensitivity. *FASEB J, Bethesda*, v. 22, p. 3154-3164, set 2008.  
33

- 1 OBATA, H.; EISENACH, J. C.; HUSSAIN, H et al. – Spinal glial activation contributes to  
2 postoperative mechanical hypersensitivity in the rat. **J Pain**;7:816-822, 2006.
- 3
- 4 RANG, H.P.; BEVAN, S.; DRAY, A. Chemical activation of nociceptive peripheral neurons.  
5 **British Medical Bulletin**, v.47, n.3, p.534-548, 1991.
- 6
- 7 RANG, H.P.; DALE, M.M.; RITTER, J.M.; MOORE. P.K. Farmacologia. 6ª Ed. **Editora**  
8 **Elsevier**, 2007.
- 9
- 10 RISCHKE, R., KRIEGLSTEIN, J. Effects of vinpocetine on local cerebral blood flow and  
11 glucose utilization seven days after forebrain ischemia in the rat. **Pharmacology**; 41:153-160,  
12 1990.
- 13
- 14 RIBEIRO, R.A.; VALE, M.L.; THOMAZZI, S.M.; PASCHOALATO, A.B.; POOLE, S.;  
15 FERREIRA, S.H.; CUNHA, F.Q. Involvement of resident macrophages and mast cells in the  
16 writhing nociceptive response induced by zymosan and acetic acid in mice. **European**  
17 **Journal of Pharmacology**, v.387, n.1, p.111-118, 2000.
- 18 ROCHA, M. F. G. Avanços na Terapia Antiinflamatória Não-Esteróide em Cães e Gatos.  
19 **Ciência Animal**, v.11, p. 55-59, 2001.
- 20
- 21 ROTH, J.; RUMMEL, C.; BARTH, S.W.; GERSTBERGER, R.; HÜBSCHLE, T. Molecular  
22 aspects of fever and hyperthermia. **Immunology And Allergy Clinics of North America**,  
23 v.29, p.229-245, 2009.
- 24
- 25 SACHS, D.; CUNHA, F. Q.; FERREIRA, S. H. Peripheral analgesic blockade of  
26 hypernociception: activation of arginine/NO/cGMP/protein kinase G/ATP-sensitive K<sup>+</sup>  
27 channel pathway. **Proc Natl Acad Sci U S A**. 2004 Mar 9;101(10):3680-5. Epub Feb 27,  
28 2004.
- 29
- 30 SCHAIBLE, H.G.; SCHMIDT, R. F. Time course of mechanosensitive changes in articular  
31 afferents during a developing experimental arthritis. **J. Neurophysiol.** 60: 2180-2195, 1998.
- 32

- 1 SHAVIT, Y.; FRIDEL, K.; BEILIN, B . Postoperative pain management and  
2 proinflammatory cytokines: animal and human studies. **J Neuroimmune Pharmacol**;1:443-  
3 451, 2006.
- 4
- 5 SOMMER, C.; WHITE, F. Cytokines, Chemokines, and Pain, em: Beaulieu P, Lussier D,  
6 Porreca F et al. – **Pharmacology of Pain**. 1st Ed, Seattle, IASP Press;279-302, 2010
- 7
- 8 SPINOSA, H.S.; GÓRNIK, S.L.; BERNARDI, M.M. Farmacologia aplicada a Medicina  
9 Veterinária. 4ª ed. Rio de Janeiro: **Guanabara Koogan**, 2006.
- 10
- 11 SZOBOR, A.; KLEIN, M. Ethyl apovincamate therapy in neurovascular diseases.  
12 *Arzneimittelforschung* **26**:1984-1989, 1976.
- 13
- 14 TAMAKI, N.; MATSUMOTO, S. Agents to improve cerebrovascular circulation and  
15 cerebral metabolism--vinpocetine. **Nippon Rinsho** 43:376-378, 1985.
- 16
- 17 VERRI JÚNIOR, W. A. et al. Hypernociceptive role of cytokines and chemokines: targets  
18 for analgesic drug development? **Pharmacol Ther**, Oxford, v. 112, n. 1, p. 116-138, out  
19 2006.
- 20
- 21 VERRI, W. A., JR.; CUNHA, T. M.; PARADA, C. A.; POOLE, S.; LIEW, F. Y.;  
22 FERREIRA, S. H.; CUNHA, F. Q. Antigen-induced inflammatory mechanical  
23 hypernociception in mice is mediated by IL-18. **Brain Behav. Immunol.**, 21, 535-543, 2007.
- 24
- 25 ZHANG, J. M.; AN, J. Cytokines, inflammation, and pain. **Int Anesthesiol Clin**;45:27-37,  
26 2007.
- 27
- 28 ZHOU, X.; DONG, X. W.; CRONA, J.; MAGUIRE, M.; PRIESTLEY, T. "Vinpocetine is a  
29 potent blocker of rat NaV1.8 tetrodotoxin-resistant sodium channels." **J Pharmacol Exp**  
30 **Ther**, **306**(2): 498-504, 2003.
- 31
- 32

1

2

3

4

5

6

7

8

9

10

**ANEXO**

11

12

13

14

15

16

## ANEXO A

### Preparation and Submission of Manuscripts

#### INTRODUCTION

Pharmacology Biochemistry & Behavior publishes original reports in the areas of pharmacology and biochemistry in which the primary emphasis and theoretical context are behavioral. Contributions may involve clinical, preclinical, or basic research. Purely behavioral studies and toxicology studies will not be published unless they have directly demonstrable relevance to the areas of pharmacology or biochemistry.

#### Types of paper

Prompt publication of original articles will be the standard procedure and no brief or rapid communications will be considered. Articles will be published in the following formats:

**Original Investigations:** Original high-quality research reports of systematic, comprehensive studies; preliminary data will not be published. Manuscripts that describe a new method, technique, or apparatus pertinent to the aims and scope of the journal will also be considered. Although there is no specific page limitation for this type of submission, articles should generally fall within the range of 5-10 printed pages (15-24 typewritten pages), including tables, figures, and references.

**Mini-Reviews:** Mini-Reviews should generally be no more than 5000 words (excluding references) and 60 references. Figures and Tables (2-3 per article) may be included if authors obtain permission for reproducing data from prior publications; as a general rule, authors should reduce their word length by about 300 words for each Figure/Table included.

**Review Articles:** A limited number of relevant and timely theoretical review articles and results of symposia will be published. Generally these review articles will be solicited by the Editorial Board, but authors are encouraged to submit a letter of interest accompanied by a brief outline (less than 2 pages) of the proposed review to the Editors.

**Special Issues:** A limited number of special issues reflecting timely new research areas or topics will be published. Generally these special issues will be solicited by the Editorial Board, but authors are encouraged to submit suggestions. A guest editor will be appointed for these special issues.

1 **Page charges**

2

3 This journal has no page charges.

4

5 **BEFORE YOU BEGIN**

6

7 *Ethics in publishing*

8

9 For information on Ethics in publishing and Ethical guidelines for journal publication  
10 see <http://www.elsevier.com/publishingethics> and <http://www.elsevier.com/ethicalguidelines>.

11

12 *Policy and ethics*

13

14 The work described in your article must have been carried out in accordance with The  
15 Code of Ethics of the World Medical Association (Declaration of Helsinki) for experiments  
16 involving humans <http://www.wma.net/en/30publications/10policies/b3/index.html>; EU  
17 Directive 2010/63/EU for animal experiments  
18 [http://ec.europa.eu/environment/chemicals/lab\\_animals/legislation\\_en.htm](http://ec.europa.eu/environment/chemicals/lab_animals/legislation_en.htm); Uniform  
19 Requirements for manuscripts submitted to Biomedical journals <http://www.icmje.org>. This  
20 must be stated at an appropriate point in the article.

21

22 *Conflict of interest*

23

24 All authors are requested to disclose any actual or potential conflict of interest  
25 including any financial, personal or other relationships with other people or organizations  
26 within three years of beginning the submitted work that could inappropriately influence, or be  
27 perceived to influence, their work. See also <http://www.elsevier.com/conflictsofinterest>.

28

29 *Submission declaration and verification*

30

31 Submission of an article implies that the work described has not been published  
32 previously (except in the form of an abstract or as part of a published lecture or academic  
33 thesis or as an electronic preprint, see <http://www.elsevier.com/postingpolicy>), that it is not  
34 under consideration for publication elsewhere, that its publication is approved by all authors

1 and tacitly or explicitly by the responsible authorities where the work was carried out, and  
2 that, if accepted, it will not be published elsewhere in the same form, in English or in any  
3 other language, including electronically without the written consent of the copyright-holder.  
4 To verify originality, your article may be checked by the originality detection service  
5 CrossCheck <http://www.elsevier.com/editors/plagdetect>.

### 7 ***Changes to authorship***

8  
9 This policy concerns the addition, deletion, or rearrangement of author names in the  
10 authorship of accepted manuscripts:

11 Before the accepted manuscript is published in an online issue: Requests to add or  
12 remove an author, or to rearrange the author names, must be sent to the Journal Manager from  
13 the corresponding author of the accepted manuscript and must include: (a) the reason the  
14 name should be added or removed, or the author names rearranged and (b) written  
15 confirmation (e-mail, fax, letter) from all authors that they agree with the addition, removal or  
16 rearrangement. In the case of addition or removal of authors, this includes confirmation from  
17 the author being added or removed. Requests that are not sent by the corresponding author  
18 will be forwarded by the Journal Manager to the corresponding author, who must follow the  
19 procedure as described above. Note that: (1) Journal Managers will inform the Journal Editors  
20 of any such requests and (2) publication of the accepted manuscript in an online issue is  
21 suspended until authorship has been agreed.

22 After the accepted manuscript is published in an online issue: Any requests to add,  
23 delete, or rearrange author names in an article published in an online issue will follow the  
24 same policies as noted above and result in a corrigendum.

### 26 ***Copyright***

27  
28 Upon acceptance of an article, authors will be asked to complete a 'Journal Publishing  
29 Agreement' (for more information on this and copyright see  
30 <http://www.elsevier.com/copyright>). Acceptance of the agreement will ensure the widest  
31 possible dissemination of information. An e-mail will be sent to the corresponding author  
32 confirming receipt of the manuscript together with a 'Journal Publishing Agreement' form or a  
33 link to the online version of this agreement.

1           Subscribers may reproduce tables of contents or prepare lists of articles including  
2 abstracts for internal circulation within their institutions. Permission of the Publisher is  
3 required for resale or distribution outside the institution and for all other derivative works,  
4 including compilations and translations (please consult <http://www.elsevier.com/permissions>).  
5 If excerpts from other copyrighted works are included, the author(s) must obtain written  
6 permission from the copyright owners and credit the source(s) in the article. Elsevier has  
7 preprinted forms for use by authors in these cases: please consult  
8 <http://www.elsevier.com/permissions>.

### 9 10 ***Retained author rights***

11  
12           As an author you (or your employer or institution) retain certain rights; for details you  
13 are referred to: <http://www.elsevier.com/authorsrights>.

### 14 15 ***Role of the funding source***

16  
17           You are requested to identify who provided financial support for the conduct of the  
18 research and/or preparation of the article and to briefly describe the role of the sponsor(s), if  
19 any, in study design; in the collection, analysis and interpretation of data; in the writing of the  
20 report; and in the decision to submit the article for publication. If the funding source(s) had no  
21 such involvement then this should be stated. Please see <http://www.elsevier.com/funding>.

### 22 23 ***Funding body agreements and policies***

24  
25           Elsevier has established agreements and developed policies to allow authors whose  
26 articles appear in journals published by Elsevier, to comply with potential manuscript  
27 archiving requirements as specified as conditions of their grant awards. To learn more about  
28 existing agreements and policies please visit <http://www.elsevier.com/fundingbodies>.

### 29 30 ***Open access***

31  
32           This journal does not ordinarily have publication charges; however, authors can now  
33 opt to make their articles available to all (including non-subscribers) via the ScienceDirect  
34 platform, for which a fee of \$3000 applies (for further information on open access see

1 <http://www.elsevier.com/about/open-access/open-access-options>). Please note that you can  
2 only make this choice after receiving notification that your article has been accepted for  
3 publication, to avoid any perception of conflict of interest. The fee excludes taxes and other  
4 potential costs such as color charges. In some cases, institutions and funding bodies have  
5 entered into agreement with Elsevier to meet these fees on behalf of their authors. Details of  
6 these agreements are available at <http://www.elsevier.com/fundingbodies>. Authors of  
7 accepted articles, who wish to take advantage of this option, should complete and submit the  
8 order form (available at <http://www.elsevier.com/locate/openaccessform.pdf>). Whatever  
9 access option you choose, you retain many rights as an author, including the right to post a  
10 revised personal version of your article on your own website. More information can be found  
11 here: <http://www.elsevier.com/authorsrights>.

12

### 13 ***Language (usage and editing services)***

14

15 Please write your text in good English (American or British usage is accepted, but not  
16 a mixture of these). Authors who feel their English language manuscript may require editing  
17 to eliminate possible grammatical or spelling errors and to conform to correct scientific  
18 English may wish to use the English Language Editing service available from Elsevier's  
19 WebShop <http://webshop.elsevier.com/languageediting/> or visit our customer support site  
20 <http://support.elsevier.com> for more information.

21

### 22 ***Submission***

23

24 Submission to this journal proceeds totally online and you will be guided stepwise  
25 through the creation and uploading of your files. The system automatically converts source  
26 files to a single PDF file of the article, which is used in the peer-review process. Please note  
27 that even though manuscript source files are converted to PDF files at submission for the  
28 review process, these source files are needed for further processing after acceptance. All  
29 correspondence, including notification of the Editor's decision and requests for revision, takes  
30 place by e-mail removing the need for a paper trail.

31

32 <http://ees.elsevier.com/pbb/>

33

### 34 ***Referees***

1  
2 Please submit, with the manuscript, the names, addresses and e-mail addresses of 4  
3 potential referees (not from the same institution). Note that the editor retains the sole right to  
4 decide whether or not the suggested reviewers are used.

5  
6 *Additional information*

7  
8 The accepted abbreviation for Pharmacology Biochemistry and Behavior for  
9 bibliographic citation is Pharmacol Biochem Behav.

10  
11 **PREPARATION**

12  
13 *Use of wordprocessing software*

14  
15 It is important that the file be saved in the native format of the wordprocessor used.  
16 The text should be in single-column format. Keep the layout of the text as simple as possible.  
17 Most formatting codes will be removed and replaced on processing the article. In particular,  
18 do not use the wordprocessor's options to justify text or to hyphenate words. However, do use  
19 bold face, italics, subscripts, superscripts etc. When preparing tables, if you are using a table  
20 grid, use only one grid for each individual table and not a grid for each row. If no grid is used,  
21 use tabs, not spaces, to align columns.

22 The electronic text should be prepared in a way very similar to that of conventional  
23 manuscripts (see also the Guide to Publishing with Elsevier:  
24 <http://www.elsevier.com/guidepublication>). Note that source files of figures, tables and text  
25 graphics will be required whether or not you embed your figures in the text. See also the  
26 section on Electronic artwork.

27 To avoid unnecessary errors you are strongly advised to use the 'spell-check' and  
28 'grammar-check' functions of your wordprocessor.

29  
30 **Article structure**

31  
32 *Subdivision - numbered sections*

33

1           Divide your article into clearly defined and numbered sections. Subsections should be  
2 numbered 1.1 (then 1.1.1, 1.1.2, ...), 1.2, etc. (the abstract is not included in section  
3 numbering). Use this numbering also for internal cross-referencing: do not just refer to 'the  
4 text'. Any subsection may be given a brief heading. Each heading should appear on its own  
5 separate line.

#### 6 7 *Introduction*

8           State the objectives of the work and provide an adequate background, avoiding a  
9 detailed literature survey or a summary of the results.

#### 10 11 *Material and methods*

12           Provide sufficient detail to allow the work to be reproduced. Methods already  
13 published should be indicated by a reference: only relevant modifications should be described.

#### 14 15 *Results*

16           Results should be clear and concise.

#### 17 18 *Discussion*

19           This should explore the significance of the results of the work, not repeat them. A  
20 combined Results and Discussion section is often appropriate. Avoid extensive citations and  
21 discussion of published literature.

#### 22 23 *Conclusions*

24           The main conclusions of the study may be presented in a short Conclusions section,  
25 which may stand alone or form a subsection of a Discussion or Results and Discussion  
26 section.

#### 27 28 *Appendices*

29           If there is more than one appendix, they should be identified as A, B, etc. Formulae  
30 and equations in appendices should be given separate numbering: Eq. (A.1), Eq. (A.2), etc.; in  
31 a subsequent appendix, Eq. (B.1) and so on. Similarly for tables and figures: Table A.1; Fig.  
32 A.1, etc.

## 1 **Essential title page information**

2  
3 • **Title.** Concise and informative. Titles are often used in information-retrieval  
4 systems. Avoid abbreviations and formulae where possible.

5 • **Author names and affiliations.** Where the family name may be ambiguous (e.g., a  
6 double name), please indicate this clearly. Present the authors' affiliation addresses (where the  
7 actual work was done) below the names. Indicate all affiliations with a lower-case superscript  
8 letter immediately after the author's name and in front of the appropriate address. Provide the  
9 full postal address of each affiliation, including the country name and, if available, the e-mail  
10 address of each author.

11 • **Corresponding author.** Clearly indicate who will handle correspondence at all  
12 stages of refereeing and publication, also post-publication. Ensure that phone numbers (with  
13 country and area code) are provided in addition to the e-mail address and the complete postal  
14 address. Contact details must be kept up to date by the corresponding author.

15 • **Present/permanent address.** If an author has moved since the work described in the  
16 article was done, or was visiting at the time, a 'Present address' (or 'Permanent address') may  
17 be indicated as a footnote to that author's name. The address at which the author actually did  
18 the work must be retained as the main, affiliation address. Superscript Arabic numerals are  
19 used for such footnotes.

## 20 21 **Abstract**

22  
23 A concise and factual abstract is required. The abstract should state briefly the purpose  
24 of the research, the principal results and major conclusions. An abstract is often presented  
25 separately from the article, so it must be able to stand alone. For this reason, References  
26 should be avoided, but if essential, then cite the author(s) and year(s). Also, non-standard or  
27 uncommon abbreviations should be avoided, but if essential they must be defined at their first  
28 mention in the abstract itself.

## 29 30 **Graphical abstract**

31  
32 A Graphical abstract is optional and should summarize the contents of the article in a  
33 concise, pictorial form designed to capture the attention of a wide readership online. Authors  
34 must provide images that clearly represent the work described in the article. Graphical

1 abstracts should be submitted as a separate file in the online submission system. Image size:  
2 Please provide an image with a minimum of  $531 \times 1328$  pixels (h  $\times$  w) or proportionally  
3 more. The image should be readable at a size of  $5 \times 13$  cm using a regular screen resolution of  
4 96 dpi. Preferred file types: TIFF, EPS, PDF or MS Office files. See  
5 <http://www.elsevier.com/graphicalabstracts> for examples.

6 Authors can make use of Elsevier's Illustration and Enhancement service to ensure the  
7 best presentation of their images also in accordance with all technical requirements:  
8 Illustration Service.

### 10 **Highlights**

11  
12 Highlights are mandatory for this journal. They consist of a short collection of bullet  
13 points that convey the core findings of the article and should be submitted in a separate file in  
14 the online submission system. Please use 'Highlights' in the file name and include 3 to 5 bullet  
15 points (maximum 85 characters, including spaces, per bullet point). See  
16 <http://www.elsevier.com/highlights> for examples.

### 18 **Keywords**

19  
20 Immediately after the abstract, provide a maximum of 6 keywords, using American  
21 spelling and avoiding general and plural terms and multiple concepts (avoid, for example,  
22 'and', 'of'). Be sparing with abbreviations: only abbreviations firmly established in the field  
23 may be eligible. These keywords will be used for indexing purposes.

### 25 **Abbreviations**

26  
27 Define abbreviations that are not standard in this field in a footnote to be placed on the  
28 first page of the article. Such abbreviations that are unavoidable in the abstract must be  
29 defined at their first mention there, as well as in the footnote. Ensure consistency of  
30 abbreviations throughout the article.

## 1 **Acknowledgements**

2

3 Collate acknowledgements in a separate section at the end of the article before the  
4 references and do not, therefore, include them on the title page, as a footnote to the title or  
5 otherwise. List here those individuals who provided help during the research (e.g., providing  
6 language help, writing assistance or proof reading the article, etc.).

7

## 8 **Database linking**

9

10 Elsevier encourages authors to connect articles with external databases, giving their  
11 readers one click access to relevant databases that help to build a better understanding of the  
12 described research.

13 Please refer to relevant database identifiers using the following format in your article:  
14 Database: xxxx (e.g., TAIR: AT1G01020; CCDC: 734053; PDB: 1XFN). See  
15 <http://www.elsevier.com/databaselinking> for more information and a full list of supported  
16 databases.

17

## 18 *Math formula*

19 Formulas and Equations. Structural chemical formulas, process flow-diagrams, and  
20 complicated mathematical expressions should be kept to a minimum. Usually chemical  
21 formulas and flow-diagrams should be drawn in India ink for reproduction as line cuts. All  
22 subscripts, superscripts, Greek letters, and unusual characters must be clearly identified.

23

24

## 25 **Footnotes**

26

27 Footnotes should be used sparingly. Number them consecutively throughout the  
28 article, using superscript Arabic numbers. Many wordprocessors build footnotes into the text,  
29 and this feature may be used. Should this not be the case, indicate the position of footnotes in  
30 the text and present the footnotes themselves separately at the end of the article. Do not  
31 include footnotes in the Reference list.

32

- Table footnotes

33

- Indicate each footnote in a table with a superscript lowercase letter.

34

## 1 **Artwork**

### 2 Electronic artwork

#### 3 General points

- 4 • Make sure you use uniform lettering and sizing of your original artwork.
- 5 • Embed the used fonts if the application provides that option.
- 6 • Aim to use the following fonts in your illustrations: Arial, Courier, Times New Roman,
- 7 Symbol, or use fonts that look similar.
- 8 • Number the illustrations according to their sequence in the text.
- 9 • Use a logical naming convention for your artwork files.
- 10 • Provide captions to illustrations separately.
- 11 • Size the illustrations close to the desired dimensions of the printed version.
- 12 • Submit each illustration as a separate file.

13 A detailed guide on electronic artwork is available on our website:

14 <http://www.elsevier.com/artworkinstructions>

15

16 **You are urged to visit this site; some excerpts from the detailed information are given**  
17 **here.**

18

#### 19 *Formats*

20 If your electronic artwork is created in a Microsoft Office application (Word,  
21 PowerPoint, Excel) then please supply 'as is' in the native document format.

22 Regardless of the application used other than Microsoft Office, when your electronic artwork  
23 is finalized, please 'Save as' or convert the images to one of the following formats (note the  
24 resolution requirements for line drawings, halftones, and line/halftone combinations given  
25 below):

- 26 • EPS (or PDF): Vector drawings, embed all used fonts.
- 27 • TIFF (or JPEG): Color or grayscale photographs (halftones), keep to a minimum of  
28 300 dpi.
- 29 • TIFF (or JPEG): Bitmapped (pure black & white pixels) line drawings, keep to a  
30 minimum of 1000 dpi.
- 31 • TIFF (or JPEG): Combinations bitmapped line/half-tone (color or grayscale), keep to a  
32 minimum of 500 dpi.

33

1 **Please do not:**

- 2 • Supply files that are optimized for screen use (e.g., GIF, BMP, PICT, WPG); these typically  
3 have a low number of pixels and limited set of colors;  
4 • Supply files that are too low in resolution;  
5 • Submit graphics that are disproportionately large for the content.

6

7 **Color artwork**

8

9 Please make sure that artwork files are in an acceptable format (TIFF, EPS or MS  
10 Office files) and with the correct resolution. If, together with your accepted article, you  
11 submit usable color figures then Elsevier will ensure, at no additional charge, that these  
12 figures will appear in color on the Web (e.g., ScienceDirect and other sites) regardless of  
13 whether or not these illustrations are reproduced in color in the printed version. **For color  
14 reproduction in print, you will receive information regarding the costs from Elsevier  
15 after receipt of your accepted article.** Please indicate your preference for color: in print or  
16 on the Web only. For further information on the preparation of electronic artwork, please see  
17 <http://www.elsevier.com/artworkinstructions>. Please note: Because of technical complications  
18 which can arise by converting color figures to 'gray scale' (for the printed version should you  
19 not opt for color in print) please submit in addition usable black and white versions of all the  
20 color illustrations.

21

22 **Figure captions**

23

24 Ensure that each illustration has a caption. Supply captions separately, not attached to  
25 the figure. A caption should comprise a brief title (not on the figure itself) and a description of  
26 the illustration. Keep text in the illustrations themselves to a minimum but explain all symbols  
27 and abbreviations used.

28

29 **Tables**

30

31 Number tables consecutively in accordance with their appearance in the text. Place  
32 footnotes to tables below the table body and indicate them with superscript lowercase letters.  
33 Avoid vertical rules. Be sparing in the use of tables and ensure that the data presented in  
34 tables do not duplicate results described elsewhere in the article.

## 1 **References**

2

### 3 *Citation in text*

4         Please ensure that every reference cited in the text is also present in the reference list  
5 (and vice versa). Any references cited in the abstract must be given in full. Unpublished  
6 results and personal communications are not recommended in the reference list, but may be  
7 mentioned in the text. If these references are included in the reference list they should follow  
8 the standard reference style of the journal and should include a substitution of the publication  
9 date with either 'Unpublished results' or 'Personal communication'. Citation of a reference as  
10 'in press' implies that the item has been accepted for publication.

11

### 12 *Web references*

13         As a minimum, the full URL should be given and the date when the reference was last  
14 accessed. Any further information, if known (DOI, author names, dates, reference to a source  
15 publication, etc.), should also be given. Web references can be listed separately (e.g., after the  
16 reference list) under a different heading if desired, or can be included in the reference list.

17

### 18 *References in a special issue*

19         Please ensure that the words 'this issue' are added to any references in the list (and any  
20 citations in the text) to other articles in the same Special Issue.

21

### 22 *Reference style*

23 Text: All citations in the text should refer to:

24         1. Single author: the author's name (without initials, unless there is ambiguity) and the  
25 year of publication;

26         2. Two authors: both authors' names and the year of publication;

27         3. Three or more authors: first author's name followed by 'et al.' and the year of  
28 publication.

29         Citations may be made directly (or parenthetically). Groups of references should be  
30 listed first alphabetically, then chronologically.

31         Examples: 'as demonstrated in wheat (Allan, 2000a, 2000b, 1999; Allan and Jones,  
32 1999). Kramer et al. (2010) have recently shown ....'

1 List: References should be arranged first alphabetically and then further sorted  
2 chronologically if necessary. More than one reference from the same author(s) in the same  
3 year must be identified by the letters 'a', 'b', 'c', etc., placed after the year of publication.

4 Examples:

5 Reference to a journal publication:

6 Van der Geer J, Hanraads JAJ, Lupton RA. The art of writing a scientific article. *J Sci*  
7 *Commun* 2010;163:51–9.

8  
9 Reference to a book:

10 Strunk Jr W, White EB. *The elements of style*. 4th ed. New York: Longman; 2000.

11 Reference to a chapter in an edited book:

12 Mettam GR, Adams LB. How to prepare an electronic version of your article. In:  
13 Jones BS, Smith RZ, editors. *Introduction to the electronic age*. New York: E-Publishing Inc;  
14 2009. p. 281–304.

15 Note shortened form for last page number. e.g., 51–9, and that for more than 6 authors  
16 the first 6 should be listed followed by "et al." For further details you are referred to "Uniform  
17 Requirements for Manuscripts submitted to Biomedical Journals" (*J Am Med Assoc*  
18 1997;277:927–34) (see also [http://www.nlm.nih.gov/bsd/uniform\\_requirements.html](http://www.nlm.nih.gov/bsd/uniform_requirements.html)).

19 *Journal abbreviations source*

20 Journal names should be abbreviated according to

21 Index Medicus journal abbreviations: <http://www.nlm.nih.gov/tsd/serials/lji.html>;

22 List of title word abbreviations: <http://www.issn.org/2-22661-LTWA-online.php>;

23 CAS (Chemical Abstracts Service):

24 <http://www.cas.org/content/references/corejournals>.

25  
26 **Video data**

27  
28 Elsevier accepts video material and animation sequences to support and enhance your  
29 scientific research. Authors who have video or animation files that they wish to submit with  
30 their article are strongly encouraged to include links to these within the body of the article.  
31 This can be done in the same way as a figure or table by referring to the video or animation  
32 content and noting in the body text where it should be placed. All submitted files should be  
33 properly labeled so that they directly relate to the video file's content. In order to ensure that  
34 your video or animation material is directly usable, please provide the files in one of our

1 recommended file formats with a preferred maximum size of 50 MB. Video and animation  
2 files supplied will be published online in the electronic version of your article in Elsevier Web  
3 products, including ScienceDirect: <http://www.sciencedirect.com>.

4 Please supply 'stills' with your files: you can choose any frame from the video or  
5 animation or make a separate image. These will be used instead of standard icons and will  
6 personalize the link to your video data. For more detailed instructions please visit our video  
7 instruction pages at <http://www.elsevier.com/artworkinstructions>. Note: since video and  
8 animation cannot be embedded in the print version of the journal, please provide text for both  
9 the electronic and the print version for the portions of the article that refer to this content.

### 11 **Supplementary data**

12  
13 Elsevier accepts electronic supplementary material to support and enhance your  
14 scientific research. Supplementary files offer the author additional possibilities to publish  
15 supporting applications, high-resolution images, background datasets, sound clips and more.  
16 Supplementary files supplied will be published online alongside the electronic version of your  
17 article in Elsevier Web products, including ScienceDirect: <http://www.sciencedirect.com>. In  
18 order to ensure that your submitted material is directly usable, please provide the data in one  
19 of our recommended file formats. Authors should submit the material in electronic format  
20 together with the article and supply a concise and descriptive caption for each file. For more  
21 detailed instructions please visit our artwork instruction pages at  
22 <http://www.elsevier.com/artworkinstructions>.

### 24 **Submission checklist**

25 The following list will be useful during the final checking of an article prior to sending  
26 it to the journal for review. Please consult this Guide for Authors for further details of any  
27 item.

28 Ensure that the following items are present:

29 One author has been designated as the corresponding author with contact details:

- 30 • E-mail address
- 31 • Full postal address
- 32 • Phone numbers

33 All necessary files have been uploaded, and contain:

- 34 • Keywords

- 1 • All figure captions
- 2 • All tables (including title, description, footnotes)

3 Further considerations

- 4 • Manuscript has been 'spell-checked' and 'grammar-checked'
- 5 • References are in the correct format for this journal
- 6 • All references mentioned in the Reference list are cited in the text, and vice versa
- 7 • Permission has been obtained for use of copyrighted material from other sources

8 (including the Web)

9 • Color figures are clearly marked as being intended for color reproduction on the Web  
10 (free of charge) and in print, or to be reproduced in color on the Web (free of charge) and in  
11 black-and-white in print

12 • If only color on the Web is required, black-and-white versions of the figures are also  
13 supplied for printing purposes

14 For any further information please visit our customer support site at  
15 <http://support.elsevier.com>.

### 16

17 *Additional information*

18 As part of the submission process your paper may be screened for English language  
19 usage and conformity to the guide for authors before it reaches the review stage. This is to  
20 ensure the journal's high standards are maintained and the review process is kept to a  
21 minimum. Passing this check is not a guarantee that your submission will subsequently  
22 proceed to the peer review process, which is a decision to be made at the sole discretion of the  
23 journal editor.

24 Drugs. Proprietary (trademarked) names should be capitalized. The chemical name  
25 should precede the trade, popular name, or abbreviation of a drug the first time it occurs. The  
26 manufacturer's name and location should be included in the text.

27 Anesthesia. In describing surgical procedures on animals, the type and dosage of the  
28 anesthetic agent should be specified. Curarizing agents are not anesthetics; if these were used,  
29 evidence must be provided that anesthesia of suitable grade and duration was employed.

### 30

31 **AFTER ACCEPTANCE**

### 32

33 *Use of the Digital Object Identifier*

34

1           The Digital Object Identifier (DOI) may be used to cite and link to electronic  
2 documents. The DOI consists of a unique alpha-numeric character string which is assigned to  
3 a document by the publisher upon the initial electronic publication. The assigned DOI never  
4 changes. Therefore, it is an ideal medium for citing a document, particularly 'Articles in press'  
5 because they have not yet received their full bibliographic information. Example of a  
6 correctly given DOI (in URL format; here an article in the journal Physics Letters B):  
7 <http://dx.doi.org/10.1016/j.physletb.2010.09.059>

8           When you use a DOI to create links to documents on the web, the DOIs are guaranteed  
9 never to change.

### 11 ***Proofs***

12  
13           One set of page proofs (as PDF files) will be sent by e-mail to the corresponding  
14 author (if we do not have an e-mail address then paper proofs will be sent by post) or, a link  
15 will be provided in the e-mail so that authors can download the files themselves. Elsevier now  
16 provides authors with DF proofs which can be annotated; for this you will need to download  
17 Adobe Reader version 7 (or higher) available free from <http://get.adobe.com/reader>.  
18 Instructions on how to annotate PDF files will accompany the proofs (also given online). The  
19 exact system requirements are given at the Adobe site:  
20 <http://www.adobe.com/products/reader/tech-specs.html>.

21           If you do not wish to use the PDF annotations function, you may list the corrections  
22 (including replies to the Query Form) and return them to Elsevier in an e-mail. Please list  
23 your corrections quoting line number. If, for any reason, this is not possible, then mark the  
24 corrections and any other comments (including replies to the Query Form) on a printout of  
25 your proof and return by fax, or scan the pages and e-mail, or by post. Please use this proof  
26 only for checking the typesetting, editing, completeness and correctness of the text, tables and  
27 figures. Significant changes to the article as accepted for publication will only be considered  
28 at this stage with permission from the Editor. We will do everything possible to get your  
29 article published quickly and accurately – please let us have all your corrections within 48  
30 hours. It is important to ensure that all corrections are sent back to us in one communication:  
31 please check carefully before replying, as inclusion of any subsequent corrections cannot be  
32 guaranteed. Proofreading is solely your responsibility. Note that Elsevier may proceed with  
33 the publication of your article if no response is received.

## 1 *Offprints*

2

3 The corresponding author, at no cost, will be provided with a PDF file of the article  
4 via email (the PDF file is a watermarked version of the published article and includes a cover  
5 sheet with the journal cover image and a disclaimer outlining the terms and conditions of use).  
6 For an extra charge, paper offprints can be ordered via the offprint order form which is sent  
7 once the article is accepted for publication. Both corresponding and co-authors may order  
8 offprints at any time via Elsevier's WebShop  
9 (<http://webshop.elsevier.com/myarticleservices/offprints>).

10 Authors requiring printed copies of multiple articles may use Elsevier WebShop's  
11 'Create Your Own Book' service to collate multiple articles within a single cover  
12 (<http://webshop.elsevier.com/myarticleservices/offprints/myarticlesservices/booklets>).

13

## 14 **AUTHOR INQUIRIES**

15

16 For inquiries relating to the submission of articles (including electronic submission)  
17 please visit this journal's homepage. For detailed instructions on the preparation of electronic  
18 artwork, please visit <http://www.elsevier.com/artworkinstructions>. Contact details for  
19 questions arising after acceptance of an article, especially those relating to proofs, will be  
20 provided by the publisher.

21 You can track accepted articles at <http://www.elsevier.com/trackarticle>. You can also  
22 check our Author FAQs at <http://www.elsevier.com/authorFAQ> and/or contact Customer  
23 Support via <http://support.elsevier.com>.